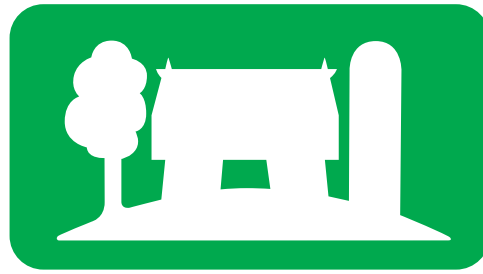


Fresh savings effective two weeks

Thursday, April 9 to
Wednesday, April 22, 2026
Sign-up for your E-flyer
today at highlandfarms.ca

Follow us and
get the latest
deals & savings!



HIGHLAND FARMS

START FRESH

owned and operated since 1963
Check out highlandfarms.ca for more tasty goodness.



5⁹⁹
/lb
13.21/kg

Fresh Ontario
SAVE MORE! Chicken Breast Boneless & Skinless

Cauliflower
Product of U.S.A.
No. 1 Grade

3⁹⁹
each

SAVE MORE!



3⁹⁹
300-
430g

General Mills
Cheerios or
Presweet Cereal
Selected Varieties



2⁹⁹
each

Allen's
Fruit Juice 8x200ml
Kiju Organic Juice
4x200ml or 1L



1⁹⁹
198g

Unico
Solid Light Tuna in Oil



1⁹⁹
900g

Italpasta
Pasta
Assorted Regular Cuts

Canada AAA



7⁹⁹
/lb
17.61/kg

Fresh Beef
Inside Round Roast
Product of Canada



6⁹⁹
650-
750g

Liberté
Greek Yogourt
Selected Varieties



7⁹⁹
each

Bragg Organic
Apple Cider Vinegar
946ml or Unico
Grapeseed Oil
750ml



1⁶⁹
/100g

San Daniele
Mortadella Regular, Light or Hot
Freshly Sliced at the Deli



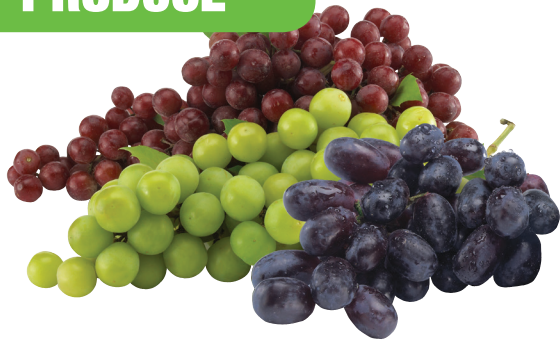
Grown
at Highland Farms
Orchards



2⁹⁹
4lb
cello bag

Fresh Apples
Red or
Golden Delicious or
Ida Red or Matsu
Fancy Grade

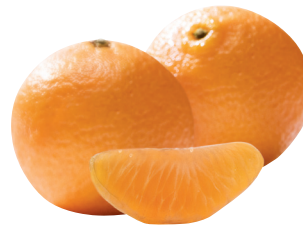
PRODUCE



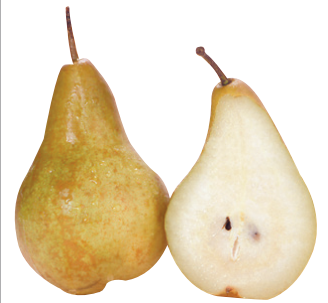
3⁹⁹ Red, Green or Black Seedless Grapes
/lb
8.80/kg No. 1 Grade



3⁹⁹ Blueberries
Product of Mexico
or Peru
6oz
No. 1 Grade



2⁹⁹ Orri
Seedless
Clementines
/lb
6.59/kg
Product of Israel



1⁹⁹ Bosc Pears
/lb
4.39/kg
Product of U.S.A.
Extra Fancy Grade



2⁹⁹ Ontario Homegrown
Greenhouse Tomatoes on the Vine
/lb
6.59/kg No. 1 Grade



1⁶⁹ Ontario Homegrown
Seedless Cucumbers
each
No. 1 Grade



1⁹⁹ Ontario Homegrown
Greenhouse
Large Eggplants
/lb
4.39/kg

FLORAL



Fresh Hydrangea
Assorted Colours
Product of Ontario

19⁹⁹
6" pot



1⁹⁹ Romaine Lettuce
each
Product of U.S.A.

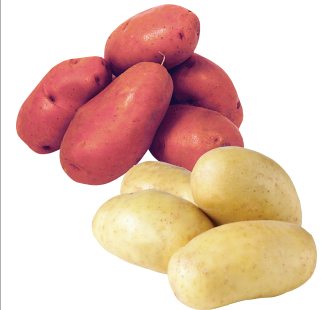


Green Onions
Product of Mexico

99¢
bunch



1⁹⁹ Spinach
bunch
Product of U.S.A.



1⁴⁹ White, Red or Yellow
Flesh Potatoes
/lb
3.28/kg No. 1 Grade

BAKERY



3³⁹ D'Italiano
Sliced Bread
600-675g or
Sausage or Crustini
Buns pkg of 6-8
Assorted Varieties
each



2⁹⁹ Ace Bakery
Baguettes White,
Harvest Multigrain
or Ciabatta
350-
400g



Dufflet
8" Apple Blueberry Kuchen
19⁹⁹
each



28⁹⁹ La Rocca
8" Lemon Mousse Cake
each



4⁹⁹ Pepsi Soft Drinks Assorted Varieties 6x710ml



4⁹⁹ Highland Farms Country Kitchen Raw Pumpkin Seeds 275g



Old Dutch Potato Chips or Ridgies Selected Varieties **2/7⁵⁰** 200-235g



2/9⁰⁰ 6x222ml
Pepsi Mini Assorted Varieties

GROCERIES



1⁹⁹ 2L
Fruité Fruit Drinks Assorted Varieties



Dare Bear Paws 150-252g, Wagon Wheels 315-360g, Viva Puffs 300g or Ultimate Cookies 290-300g Selected Varieties **2/7⁰⁰**



5⁹⁹ 225ml
St. Dalfour Deluxe Spread Assorted Varieties



4⁴⁹ 796ml
Mutti Finely Chopped Polpa Tomatoes



1⁹⁹ 1750g
Allessia Sea Salt Shaker

2/5⁰⁰ 680ml
Molisana Passata Di Pomodoro



3/5⁰⁰ 540ml
Primo Canned Beans or Unico Beans Assorted Varieties



9⁹⁹ 2.84L
Mazola 100% Pure Corn or Canola Oil



1²⁹ 4L
Ice River Green Bottle Co. Distilled Water

2⁹⁹ each
Nature Valley Granola Bars 130-230g, Betty Crocker or Mott's Fruit Snacks or Cereal Treat Bars 120-226g Selected Varieties



5⁹⁹ 250g
Lavazza Espresso Ground Coffee Qualità Rossa or Crema E Gusto



1⁹⁹ 100g
Aurora Crostini

3⁹⁹ 160g
Rio Mare Insalatissime Selected Varieties



6⁹⁹ 4L
Old Dutch Liquid Laundry Detergent



3⁹⁹ 1.6L
Delmonte Chilled Fruit Juice Blends Assorted Varieties

Sealtest 1% Chocolate Milk **2/5⁰⁰** 1L



7⁴⁹ 2L
Organic Meadow Milk 2%, 3.8% or Lactose Free



Lactantia Margarine Olivina or Healthy Attitude **2/7⁰⁰** 427g



99¢ 200ml
Yoplait Yop Yogurt Drinks Assorted Varieties

6⁹⁹ 16x100g
iögo Yogourt Selected Varieties



5⁹⁹ 1L
Liberté Kéfir

4⁴⁹ 500ml
Olympic Organic Sour Cream

MEAT



5⁹⁹ /lb
13.21/kg
Fresh Ontario
Pork Shoulder
Blade Steak



6⁹⁹ /lb
15.41/kg
Fresh Ontario
Boneless Pork
Shoulder
Blade Roast



9⁹⁹ /lb
22.02/kg
Fresh Boneless &
Skinless Chicken
Breast Cutlets



18⁹⁹ /lb
41.87/kg
Fresh Beef Capless
Prime Rib Roast
Product of Canada



6⁹⁹ /lb
15.41/kg
Fresh
Lean Ground Beef



12⁹⁹ /lb
28.64/kg
Fresh Ontario
Lamb Shoulder Whole or Half



16⁹⁹ /lb
37.46/kg
Fresh Ontario
Whole Lamb Shoulder



22⁹⁹ /lb
50.68/kg
Fresh Ontario
Lamb Loin or Rib Chops



7⁹⁹ /lb
17.61/kg
New Zealand
Spring Lamb Leg
Frozen



54⁹⁹ each
Ontario
Lamb Spiedini
40-pc.
Frozen

DELI



11⁹⁹ 350g
Mastro
Classic Cacciatore
Hot or Mild



3⁴⁹ /100g
Mastro
Sopressata Salami
Sweet or Hot
Freshly Sliced
at the Deli



2⁹⁹ /100g
Tre Stelle
Provolone Cheese
Regular or Light
Freshly Sliced
at the Deli



11⁹⁹ 475g
Tre Stelle
Mascarpone
Cheese
5⁹⁹ 475g
Tre Stelle
Ricotta Bocconcini
Regular or Light
Cheese & Selected
Varieties



3⁴⁹ 250g
Skotidakis
Greek Yogurt Dip

SEAFOOD



12⁹⁹ /lb
28.64/kg
Fresh Steelhead
Trout Fillets



9⁹⁹ /lb
22.02/kg
Fresh
Wild Sole Fillets



5⁹⁹ /lb
13.21/kg
Fresh Whole
Cleaned Whiting



9⁹⁹ 340g
Aqua Star
Herb & Garlic Shrimp
Frozen



13⁹⁹ 454 g
Triple Crown
Raw Black
Tiger Shrimp
Easy Peel
21/25 count
Frozen

FROZEN FOODS

9⁹⁹ each
Baskin-Robbins
Ice Cream 946ml
or Sandwiches
4x125ml



3⁷⁹ 170-280g
Kellogg's
Eggo Waffles or
Pancakes
Selected Varieties
Frozen



9⁹⁹ 700g
Janes
Pub Style Chicken Nuggets, Strips, Burgers,
Fries or Popcorn Chicken
Frozen



850 ELLESMERE RD.
AT KENNEDY RD.
416.298.1999

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

9940 DUFFERIN ST.
AT MAJOR MACKENZIE DR. W.
905.832.4481

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.



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