

# food Basics

CANADIAN AND PROUD

# ALWAYS MORE FOR LESS

# CRAZY 8 SALE

**LOU'S KITCHEN**  
Quick n' Easy

**8 CRAZY 6.88 EACH**

LOU'S KITCHEN FULLY COOKED ENTRÉES 375 - 400 G SELECTED VARIETIES

**LOU'S KITCHEN**  
Quick n' Easy

FULLY COOKED PULLED PORK  
PORC EFFILOCHÉ

FULLY COOKED BEEF POT ROAST AU JUS  
BŔÔTI DE BŔEUF SAÏSIE AU JUS

**8 CRAZY 4.88 /LB**

HALAL AT SAME PRICE

MEDIUM GROUND BEEF FAMILY PACK WHILE QUANTITIES LAST 10.76/KG

**8 CRAZY 2.98 EACH**

VILLAGGIO BREAD BUNS 550 - 675 G 6 - 8'S SELECTED VARIETIES

VILLAGGIO CLASSICO ITALIAN STYLE BUNS 675 G

**8 CRAZY 10.88 /LB**

ALWAYS CANADIAN

FRESH ATLANTIC SALMON FILLETS FAMILY PACK 23.99/KG

**8 CRAZY 5.88 EACH**

CASABLANCA HONEY 1 KG DIVYA BROWN SUGAR 3.62 KG

DIVYA BROWN SUGAR 8 LB

CASABLANCA CLASSICS PURE & PURE HONEY MIEL 1 KG

**8 CRAZY 4.98 EACH**

NESTLE REAL DAIRY ICE CREAM 1.5L NOVELTIES 4 - 10'S SELECTED VARIETIES

DRUMSTICK VANILLA

Real Dairy French Vanilla

**8 CRAZY 2.88 EACH**

LAY'S POTATO CHIPS 200 - 235 G SELECTED VARIETIES

Lay's CLASSIC CLASSIQUE

Lay's Magic Masala

**8 CRAZY 7.48 EACH**

COCA-COLA, CANADA DRY GINGER ALE OR PEPSI SOFT DRINKS 12 X 355 ML SELECTED VARIETIES

CANADA DRY GINGER ALE

Coca-Cola

PEPSI

**8 CRAZY 4.88 EACH**

LACTANTIA BUTTER 454 G SELECTED VARIETIES

Lactantia COUNTRY CHURNED Butter UNSALTED 454 g

Lactantia COUNTRY CHURNED Butter SALTED 454 g

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, APRIL 23<sup>RD</sup> TO WEDNESDAY, APRIL 29<sup>TH</sup>, 2026  
PRICES IN THIS FLYER AVAILABLE AT ALL ETOBICOKE, MISSISSAUGA, NORTH YORK, RICHMOND HILL, SCARBOROUGH, TORONTO, THORNHILL, EMERALD PARK, MARKHAM, AJAX, OSHAWA, COURTICE, NEWMARKET, PICKERING, AND 8910 HWY 50 BLDG F, 10886 HURONTARIO STREET, 227 VODDEN ST. BRAMPTON STORE LOCATIONS ONLY.  
To view local store flyer, visit [foodbasics.ca](http://foodbasics.ca), where you can create an account (or sign into your account) and select your preferred location.

# food Basics

CANADIAN AND PROUD

# CRAZY



**8**  
**CRAZY**  
**1.98**  
EACH

STRAWBERRIES  
PRODUCT OF U.S.A. OR MEXICO  
NO. 1 GRADE 454 G



**8**  
**CRAZY**  
**88¢**  
EACH

SEEDLESS CUCUMBERS  
PRODUCT OF ONTARIO  
CANADA NO. 1 GRADE



**8**  
**CRAZY**  
**88¢**  
/LB

NAVEL SEEDLESS ORANGES  
PRODUCT OF U.S.A.  
1.94/KG



YELLOW ONIONS  
PRODUCTION ONTARIO,  
CANADA NO. 1 GRADE  
10 LB

**8**  
**CRAZY**  
**2.88**  
EACH

GET READY TO SAVE! GREAT PRICES START  
PRICES IN THIS FLYER AVAILABLE AT ALL ETOBICOKE, MISSISSAUGA, NORTH YORK,  
NEWMARKET, PICKERING, AND 8910 HWY 50 BLDG

To view local store flyer, visit [foodbasics.ca](http://foodbasics.ca), where

# ALWAYS GREAT PRICE



IRRESISTIBLE MAMMOTH BUNS  
6-8'S  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**2.99**  
EACH



SELECTION SMOKED PORK SAUSAGE  
900 G  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**8.99**  
EACH



ALWAYS GREAT PRICE  
**4.44**  
EACH

IRRESISTIBLE SPARKLING WATER  
6 X 1 L  
SELECTED VARIETIES



SELECTION OR LIFE SMART ORGANIC PEANUT BUTTER  
500 G - 1 KG  
SELECTED VARIETIES

ALWAYS GREAT PRICE  
**4.44**  
EACH

# CRAZY 8 SALE

**Black Diamond** OLD • FORT Cheddar Cheese Fromage cheddar

**Black Diamond** MARBLE • MARBRÉ Cheddar Cheese Fromage cheddar

**Black Diamond** NATURAL CHEESE SLICES 220 - 240 G SELECTED VARIETIES

**Black Diamond** SHREDS 320 G

**400G**

**8 CRAZY 548 EACH**

**SAN DANIELE** PROSCIUTTO JAMON • HAM

**MASTRO** SALAMI GENOVA • DE GENÈS SALAMI

**MASTRO** SALAMI GENOVA • DE GENÈS SALAMI

**8 CRAZY 488 EACH**

**MASTRO OR SAN DANIELE SLICED DELI MEAT** 100 - 2 X 150 G SELECTED VARIETIES

**KRAFT** Cheez Whiz

**8 CRAZY 398 EACH**

**KRAFT CHEEZ WHIZ SPREAD** 450 G SELECTED VARIETIES

**GENERAL MILLS** Honey Nut Cheerios

**GENERAL MILLS** Cinnamon Toast Crunch

**8 CRAZY 348 EACH**

**125 points** when you buy 2 value of \$1

**GENERAL MILLS HONEY NUT CHEERIOS** 430 G

**CINNAMON TOAST CRUNCH** 354 G SELECTED VARIETIES

**Kraft** Velveeta slices • tranches

**Kraft** Singles Original Cheddar Original

**8 CRAZY 398 EACH**

**KRAFT SINGLES OR VELVEETA SLICES** 410 G SELECTED VARIETIES

**1L**

**Beatrice**

**Beatrice**

**8 CRAZY 198 EACH**

**BEATRICE CHOCOLATE MILK** 1L SELECTED VARIETIES

**CEDAR PHOENICIA** Chick Peas

**CEDAR PHOENICIA** Dark Red Kidney Beans

**8 CRAZY 148 EACH**

**CEDAR BEANS** 540 ML SELECTED VARIETIES

**Doritos** PROMADE TACHO CHEESE

**Smartfood** MAIS POPCORN SOUFFLE

**8 CRAZY 2/688**

**DORITOS TORTILLA CHIPS OR SMARTFOOD POPCORN** 150 - 235 G SELECTED VARIETIES

**CEDAR PHOENICIA** Long Grain Parboiled Rice

**CEDAR PHOENICIA** Patna Rice

**8 CRAZY 1098 EACH**

**CEDAR PATNA OR PARBOILED RICE** 8 KG SELECTED VARIETIES

**Cashmere**

**Sponge Towels** ULTRA

**Scotties** HOUSE & HOME

**8 CRAZY 688 EACH**

**CASHMERE BATHROOM TISSUE** 12 - 24'S

**SPONGE TOWELS** 3 - 6'S

**SCOTTIES FACIAL TISSUE** 6'S SELECTED VARIETIES

**SAVE \$3** when you buy any 1 Dempster's Bagels or Bread\* + 1 any Philadelphia Cream Cheese Product (227 g - 250 g) or Kraft Peanut Butter Spread (750 g - 1 kg)!

**8 CRAZY 398 EACH**

**8 CRAZY 598 EACH**

**PHILADELPHIA CREAM CHEESE PRODUCT** 227 - 250 G SELECTED VARIETIES

**KRAFT PEANUT BUTTER** 750 G - 1 KG SELECTED VARIETIES

**BITE INTO CANADA'S FAVOURITE BREAKFAST\***

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# i earn with moi rewards

## moi rewards

i redeem and  
save on what  
i buy most often

redeem  
**500**  
points = **\$4**  
in rewards



join today and save

Limit of one Moi Rewards bonus offer per account per day. Certain conditions apply. see moirewards.ca for conditions. Moi Rewards is a trademark of Metro Inc.



THIS WEEK ONLY **4.99**  
EACH

PILLER'S  
LIVER SAUSAGE  
250 G  
SELECTED VARIETIES

**25**  
points



HALAL  
AT SAME  
PRICE

MAPLE LODGE OR ZABIHA HALAL  
ULTIMATE CHICKEN FRANKFURTERS  
900 G  
SELECTED VARIETIES

THIS WEEK ONLY **5.49**  
EACH

**30**  
points



THE LITTLE POTATO  
COMPANY POTATOES  
PRODUCT OF CANADA, 454 G  
SELECTED VARIETIES

THIS WEEK ONLY **3.77**  
EACH

**20**  
points



KRAFT PARMESAN  
SHREDDED CHEESE  
200 G  
SELECTED VARIETIES

LOCKED DOWN **8.99**  
EACH

**45**  
points



EARTH'S OWN OAT  
BEVERAGE  
946 ML  
SELECTED VARIETIES

LOCKED DOWN **2.99**  
EACH

**15**  
points



GIUSEPPE PIZZERIA  
EASY PIZZI  
560 - 600 G  
SELECTED VARIETIES

LOCKED DOWN **6.49**  
EACH

**35**  
points



SNACK PACK  
PUDDING OR  
GEL SNACK  
4'S  
SELECTED VARIETIES

LOCKED DOWN **1.99**  
EACH

**15**  
points



BUDWEISER ZERO  
ALCOHOL FREE BEER  
6 X 355 ML  
SELECTED VARIETIES

LOCKED DOWN **12.99**  
EACH

**55**  
points



JACK LINK'S  
BEEF JERKY  
230 G  
SELECTED VARIETIES

LOCKED DOWN **14.99**  
EACH

**55**  
points



CHRISTIE SNAK PAKS COOKIES  
150 - 200 G SELECTED VARIETIES

LOCKED DOWN **2/\$5**

**50**  
points  
when you buy  
any 2



DARE CANDY  
500 - 700 G  
SELECTED VARIETIES

LOCKED DOWN **3.99**  
EACH

**20**  
points



LYSOL ALL PURPOSE  
CLEANER  
650 - 950 ML, 1.2 L  
SELECTED VARIETIES

LOCKED DOWN **3.99**  
EACH

**20**  
points



GLADE PLUGINS  
SCENTED OIL REFILLS  
5'S  
SELECTED VARIETIES

LOCKED DOWN **18.99**  
EACH

**60**  
points

# CHOOSE CANADIAN



**GREEN CABBAGE**  
PRODUCT OF ONTARIO, CANADA, NO. 1 GRADE  
1.94/KG

**88¢**  
/LB



**WHOLE WHITE OR  
CREMINI MUSHROOMS**  
PRODUCT OF ONTARIO  
227 G

**2/\$5**



**SCHNEIDERS RED HOTS OR  
MAPLE LEAF TOP DOGS WIENERS**  
375 G OR  
**SCHNEIDERS MEAT PIES**  
330 - 400 G FROZEN SELECTED VARIETIES



**5.99**  
EACH



**LEGACY MARINATED  
BONELESS PORK LOIN  
OR PULLED PORK  
ROAST**  
800 - 900 G  
SELECTED VARIETIES



**10.99**  
EACH



**VILLAGGIO  
BREAD**  
550 - 675 G  
**BUNS**  
6 - 8'S  
SELECTED VARIETIES

**2.99**  
EACH



**DIMPLMEIER BREAD**  
454 - 500 G SELECTED VARIETIES

**2.99**  
EACH



**LACTANTIA  
BUTTER**  
454 G  
SELECTED VARIETIES

**4.88**  
EACH



**LAY'S  
POTATO  
CHIPS**  
200 - 235 G  
SELECTED VARIETIES

**2.88**  
EACH



**BLACK DIAMOND CHEESE  
SHREDS**  
**NATURAL CHEESE SLICES**  
400 G - 320 G  
220 - 240 G  
SELECTED VARIETIES

**5.48**  
EACH



**KRAFT  
DINNER  
NOODLE  
MEAL**  
12 X 200 G

**10.99**  
EACH



**ESKA  
SPRING  
WATER**  
24 X 500 ML

**4.99**  
EACH



**COCA-COLA, CANADA DRY  
GINGER ALE OR PEPSI SOFT DRINKS**  
12 X 355 ML SELECTED VARIETIES

**7.48**  
EACH



**KRAFT  
PEANUT BUTTER**  
750 G - 1 KG  
SELECTED VARIETIES

**5.98**  
EACH



**CASHMERE BATHROOM TISSUE** 12 = 24'S  
**SPONGE TOWELS** 12 = 24'S  
**ULTRA PAPER TOWELS** 3 = 6'S  
**SCOTTIES FACIAL TISSUE** 6'S  
SELECTED VARIETIES

**6.88**  
EACH

\*We are currently working on updating the origin of all our products. This information comes from certification agencies, product suppliers, and other Metro partners. We cannot be held liable for any information that may prove to be inaccurate.

# PRODUCE



GREEN ZUCCHINI  
PRODUCT OF MEXICO  
4.39/KG

THIS WEEK ONLY   
**1.99**  
/LB



**EXTRA LARGE**

GREEN OR RED SEEDLESS GRAPES  
PRODUCT OF SOUTH AFRICA OR CHILE, NO. 1 GRADE  
6.59/KG

THIS WEEK ONLY   
**2.99**  
/LB



RASPBERRIES  
PRODUCT OF U.S.A. OR MEXICO, NO. 1 GRADE  
170 G  
BLACKBERRIES  
PRODUCT OF MEXICO, NO. 1 GRADE  
150 - 170 G

THIS WEEK ONLY   
**3.99**  
EACH



WHOLE WHITE  
OR CREMINI  
MUSHROOMS  
PRODUCT OF ONTARIO  
227 G

THIS WEEK ONLY   
**2/\$5**



WE LOVE LOCAL  
Ontario

GREEN CABBAGE  
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE  
1.94/KG

THIS WEEK ONLY   
**88¢**  
/LB



CLEMENTINES  
PRODUCT OF MOROCCO  
2 LB

THIS WEEK ONLY   
**4.99**  
EACH



SWEET ASSORTED  
PEPPERS  
PRODUCT OF HONDURAS OR MEXICO  
PKG OF 4

THIS WEEK ONLY   
**4.99**  
EACH



ROMAINE  
HEARTS  
PRODUCT OF U.S.A.  
3 PK

THIS WEEK ONLY   
**4.99**  
EACH



RED MANGO  
PRODUCT OF BRAZIL OR PERU  
ATAULFO HONEY  
MANGO  
PRODUCT OF MEXICO

THIS WEEK ONLY   
**4/\$5**



SPINACH  
PRODUCT OF U.S.A.  
284 G

THIS WEEK ONLY   
**2.77**  
EACH



BLACK  
PLUMS  
PRODUCT OF CHILE  
NO. 1 GRADE  
5.49/KG

THIS WEEK ONLY   
**2.49**  
/LB



SUGAR SNAP OR SNOW PEAS  
PRODUCT OF GUATEMALA 170 - 227 G  
MINI CUCUMBERS  
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE, 397 G

THIS WEEK ONLY   
**3.99**  
EACH



IRRESISTIBLES  
NUTS  
200 - 250 G  
SELECTED VARIETIES

THIS WEEK ONLY   
**3.99**  
EACH



THE LITTLE POTATO COMPANY POTATOES  
PRODUCT OF CANADA  
454 G  
SELECTED VARIETIES

THIS WEEK ONLY   
**3.77**  
EACH

**20**  
points

# FLORAL



pickOntario  
10 STEM TULIPS  
WHILE SUPPLIES LAST  
THIS WEEK ONLY   
**8.88**  
EACH



THIS WEEK ONLY   
**\$15**  
EACH



DORMANT ROSE  
WHILE SUPPLIES LAST  
THIS WEEK ONLY   
**16.99**  
EACH



MAJESTY  
PALMS  
WHILE SUPPLIES LAST  
THIS WEEK ONLY   
**22.99**  
EACH

# MEAT



**HALAL AT SAME PRICE**

**FRESH FROM THE FARM OR ZABIHA HALAL WHOLE CHICKEN**  
AIR CHILLED  
SELECTED VARIETIES  
8.80/KG

**THIS WEEK ONLY**  
**3.99**  
/LB



**JOHNSONVILLE DINNER, BREAKFAST OR SMOKED SAUSAGES**  
375 - 500 G  
SELECTED VARIETIES

**35 points**



**THIS WEEK ONLY**  
**6.99**  
EACH



**PRIME RAISED WITHOUT ANTIBIOTICS EXTRA LEAN GROUND CHICKEN OR GROUND TURKEY**  
454 G SELECTED VARIETIES

**THIS WEEK ONLY**  
**6.99**  
EACH



**NEW ZEALAND FRESH LAMB SHOULDER CHOPS**  
FAMILY PACK  
SELECTED VARIETIES  
WHILE QUANTITIES LAST  
19.82/KG

**THIS WEEK ONLY**  
**8.99**  
/LB



**LIFE SMART NATURALIA FISH FILLETS**  
400 G FROZEN  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**8.99**  
EACH



**FRESH INSIDE BLADE ROAST OR STEAK FAMILY PACK**  
CUT FROM CANADA AA GRADE OR HIGHER  
SELECTED VARIETIES  
26.43/KG

**THIS WEEK ONLY**  
**11.99**  
/LB



**BUTCHER'S SELECTION ORIGINAL OR HARVEST GREEK HALAL CHICKEN WIENERS**  
900 G  
SELECTED VARIETIES

**25 points**  
**THIS WEEK ONLY**  
**4.49**  
EACH



**SCHNEIDERS RED HOTS OR MAPLE LEAF TOP DOGS WIENERS**  
375 G OR  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**5.99**  
EACH



**MARC ANGELO SOUVLAKI FAMILY PACKS**  
400 - 600 G  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**11.99**  
EACH



**SWISS CHALET FULLY COOKED BACK RIBS**  
600 G  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**11.99**  
EACH



**O'SOLE MIO FRESH PASTA**  
255 G  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**3.49**  
EACH



**SUMMER FRESH HUMMUS OR DIPS**  
200 - 227 G  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**3.49**  
EACH



**ST-HUBERT OR SWISS CHALET MEAT PIES**  
655 - 800 G  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**9.99**  
EACH



**SCHNEIDERS OR PRIME BREADED CHICKEN**  
600 - 700 G  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**11.99**  
EACH



**SELECTION BACON**  
375 G  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**4.99**  
EACH



**MONSIEUR GUSTAV GOUDA OR CHEDDAR OR NOTRE-DAME BRIE**  
170 - 200 G  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**5.49**  
EACH



**TRE STELLE RICOTTA OR BOCCONCINI**  
200 - 475 G  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**5.99**  
EACH



**MAPLE LEAF NATURAL SELECTIONS SLICED DELI MEAT**  
375 - 400 G  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**10.99**  
EACH



**NORTHERN KING WHOLE TILAPIA OR GOURMETA THAI COOKED 65 - 75 CT OR RAW SHRIMP 31 - 40 CT**  
300 G - 1 KG  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**7.49**  
EACH



**TORPEDO SHRIMP TO IRRESISTIBLE TORPEDO OR TEMPURA SHRIMP**  
284 - 340 G  
FROZEN  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**7.99**  
EACH



**SEASOUL TINY COOKED SHRIMP**  
340 G FROZEN  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**5.99**  
EACH



**CATCH OF THE DAY BREADED & BATTERED FISH FILLETS**  
350 G FROZEN  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**4.99**  
EACH

# BAKERY

**DIMPFLMEIER BREAD**  
454 - 500 G  
SELECTED VARIETIES

**THIS WEEK ONLY**

**2.99**  
EACH

**NEW**

**FROM OUR ARTISAN OVEN**

**Stonemill**  
BAKEHOUSE • BOULANGERIE

**SAN FRANCISCO STYLE SOURDOUGH**  
BREAD • PAIN

550 g

**Stonemill**  
BAKEHOUSE • BOULANGERIE

**MULTIGRAIN RYE AUTHENTIC SOURDOUGH**

550 g

**THIS WEEK ONLY**

**4.49**  
EACH

**STONEMILL BREAD**  
454 - 550 G  
SELECTED VARIETIES

**Harvest GOLD**  
Roti HALKA PHULKA

**Dempster's**  
EST. 1890

**TORTILLAS ORIGINAL ORIGINALES**

**NO ARTIFICIAL FLAVOURS / COULEURS**

**DEMPSTER'S 7" OR TIA ROSA TORTILLAS**  
272 - 340 G

**HARVEST GOLD ROTI**  
10'S

**THIS WEEK ONLY**

**2.99**  
EACH

**JOS LOUIS**  
L'ORIGINAL

**VACHON SNACK CAKES**  
6 - 12'S  
SELECTED VARIETIES

**THIS WEEK ONLY**

**3.49**  
EACH

**GRANDMOTHER'S TARTS**  
680 G  
SELECTED VARIETIES

**BUTTER TARTS**

**THIS WEEK ONLY**

**5.49**  
EACH

## MORE GREAT SAVINGS FOR LESS

**Black Diamond**

**CHEESTRINGS FICELLO**  
100% REAL CHEESE  
MARBLE - MARBRÉ

**BLACK DIAMOND CHEESTRINGS OR CHEESE STICKS**  
252 - 336 G  
SELECTED VARIETIES

**LOCKED DOWN**

**6.99**  
EACH

**Takis**  
FUEGO

**Takis**  
MACHO EXPLOSION

**TAKIS TORTILLA CHIPS**  
198 - 260 G  
SELECTED VARIETIES

**LOCKED DOWN**

**3.29**  
EACH

**Christie**

**Toppables**  
CRACKERS

**CHRISTIE FAMILY SIZE CRACKERS**  
350 - 454 G  
SELECTED VARIETIES

**LOCKED DOWN**

**3.99**  
EACH

**triscuit**  
ORIGIN

**suprema**  
SALAME ROMANO

**GIUSEPPE PIZZERIA**  
STUFFED CRUST FARCIE

**DR. OETKER GIUSEPPE SUPREMA OR STUFFED CRUST PIZZA**  
487 - 724 G FROZEN SELECTED VARIETIES

**LOCKED DOWN**

**6.99**  
EACH

**Nestlé**

**Nesquik**  
MILKSHAKE

**HERSHEY CELLO CANDY**  
165 - 230 G  
SELECTED VARIETIES

**LOCKED DOWN**

**2.79**  
EACH

**Reese's**  
minis

**LOCKED DOWN**

**4.99**  
EACH

**MONSTER**  
ENERGY DRINKS

**MONSTER**  
ENERGY DRINKS

**MONSTER ENERGY DRINKS**  
510 - 473 ML  
SELECTED VARIETIES

**LOCKED DOWN**

**2.79**  
EACH

**ESKA**  
SPRING WATER

**LOCKED DOWN**

**4.99**  
EACH

**Fancy Feast**  
CAT FOOD

**FANCY FEAST CAT FOOD**  
85 G  
SELECTED VARIETIES

**LOCKED DOWN**

**90¢**  
EACH

**FRUITÉ**  
DRINK

**FRUITÉ**  
DRINK

**FRUITÉ DRINK**  
2 L  
SELECTED VARIETIES

**LOCKED DOWN**

**1.99**  
EACH

**BODYARMOR**  
HYDRATION DRINKS

**BODYARMOR**  
HYDRATION DRINKS

**BODYARMOR HYDRATION DRINKS**  
473 ML  
SELECTED VARIETIES

**LOCKED DOWN**

**1.99**  
EACH

**MAXWELL HOUSE**  
COFFEE CAPSULES

**MAXWELL HOUSE OR NABOB COFFEE CAPSULES**  
30'S  
SELECTED VARIETIES

**LOCKED DOWN**

**15.99**  
EACH

# LOCKED DOWN



**BECEL MARGARINE**  
427 G  
SELECTED VARIETIES

**LOCKED DOWN**  
**4 49**  
EACH



**CRAVE DINNER MEALS**  
200 - 340 G  
FROZEN  
SELECTED VARIETIES

**LOCKED DOWN**  
**3 88**  
EACH



**BURNBRAE NATUREGG EGG WHITES**  
1 KG  
SELECTED VARIETIES

**LOCKED DOWN**  
**8 99**  
EACH



**TIM HORTONS COFFEE CAPSULES**  
12'S  
**GROUND COFFEE**  
300 G  
SELECTED VARIETIES

**LOCKED DOWN**  
**10 99**  
EACH



**RED ROSE ORANGE PEKOE TEA**  
70'S  
SELECTED VARIETIES

**LOCKED DOWN**  
**5 49**  
EACH



**AYLMER READY TO SERVE SOUP**  
540 ML  
SELECTED VARIETIES

**LOCKED DOWN**  
**2 99**  
EACH



**KRAFT DINNER NOODLE MEAL**  
12 X 200 G

**LOCKED DOWN**  
**10 99**  
EACH



**STAGG CHILI**  
425 ML  
SELECTED VARIETIES

**LOCKED DOWN**  
**3 79**  
EACH



**BILLY BEE HONEY**  
500 G

**LOCKED DOWN**  
**7 99**  
EACH



**KIKKOMAN SOY OR TERIYAKI SAUCE, TEMPURA MIX**  
295 - 296 ML  
283 G  
SELECTED VARIETIES

**LOCKED DOWN**  
**4 49**  
EACH



**DR. OETKER SHIRRIFF PIE FILLING**  
164 G  
SELECTED VARIETIES

**LOCKED DOWN**  
**2 99**  
EACH



**ROYAL CHINET DINNER PLATES**  
40'S  
SELECTED VARIETIES

**LOCKED DOWN**  
**8 49**  
EACH



**ALCAN ALUMINUM FOIL**  
EACH  
SELECTED VARIETIES

**LOCKED DOWN**  
**3 99**  
EACH



**GLAD CLING WRAP**  
90 M  
SELECTED VARIETIES

**LOCKED DOWN**  
**4 99**  
EACH

# ALWAYS GREAT PRICE



IRRESISTIBLES  
APPLE JUICE  
1.65 L  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**3.97**  
EACH



SELECTION VEGETABLES  
500 - 750 G FROZEN SELECTED VARIETIES

ALWAYS GREAT PRICE   
**2.99**  
EACH



LIFE SMART  
MARGARINE  
1.7 KG  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**9.88**  
EACH



SELECTION  
ICE MILK  
4 L  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**6.99**  
EACH



SELECTION  
POTATO  
CHIPS  
200 G  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**1.49**  
EACH



SELECTION  
MUSHROOMS  
284 ML  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**1.37**  
EACH



IRRESISTIBLES  
SNACKS  
142 G  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**2.49**  
EACH



SELECTION SOUP MIX  
4'S SELECTED VARIETIES



SELECTION  
MUSHROOMS  
284 ML  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**1.37**  
EACH



IRRESISTIBLES  
STRAINED  
TOMATOES  
PASSATA  
690 ML  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**2.49**  
EACH



SELECTION OR LIFE SMART  
DRY BEANS  
900 G  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**3.49**  
EACH



SELECTION  
SNACKS  
265 - 285 G  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**2.88**  
EACH



SELECTION  
JELLY POWDER  
85 G  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**99¢**  
EACH



IRRESISTIBLE  
CHOCOLATE  
COVERED  
ALMONDS  
300 G  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**6.99**  
EACH



SELECTION  
OATS  
1 KG  
INSTANT  
OATMEAL  
380 - 430 G  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**2.88**  
EACH



SELECTION  
RINSE AGENT  
621 ML  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**4.79**  
EACH



SELECTION  
SANDWICH BAGS  
300'S  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**6.99**  
EACH



SELECTION  
VALUE SIZE  
PARCHMENT  
PAPER  
59 ML  
SELECTED VARIETIES

ALWAYS GREAT PRICE   
**9.99**  
EACH



SELECTION  
BATHROOM  
TISSUE  
30 - 100'S

ALWAYS GREAT PRICE   
**19.99**  
EACH

# MORE



## CINCO DE MAYO FOR LESS



**YELLOW VIDALIA ONIONS**  
PRODUCT OF U.S.A., NO.1 GRADE  
3 LB  
**AVOCADOS**  
PRODUCT OF MEXICO OR PERU  
5 OR 6 PACK

**THIS WEEK ONLY**  
**4.99**  
EACH



**LEGACY MARINATED BONELESS PORK LOIN OR PULLED PORK ROAST**  
800 - 906 G  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**10.99**  
EACH



**LA COSTENA BEANS**  
528 - 546 ML  
**PEPPERS MARINADE**  
186 - 477 ML  
SELECTED VARIETIES

**LOCKED DOWN**  
**3.49**  
EACH



**CEDAR PATNA OR PARBOILED RICE**  
8 KG  
SELECTED VARIETIES

**LOCKED DOWN**  
**10.98**  
EACH



**CHARRAS CORN TOSTADAS OR HERDEZ GUACAMOLE SALSA**  
350 G, 431 ML  
SELECTED VARIETIES

**LOCKED DOWN**  
**4.49**  
EACH



**THE GREAT GENTLEMAN GINGER BEER**  
6 X 250 ML  
SELECTED VARIETIES

**LOCKED DOWN**  
**7.99**  
EACH



**JARRITOS SOFT DRINK**  
370 ML  
SELECTED VARIETIES

**LOCKED DOWN**  
**1.67**  
EACH



**MASECA CORN MEAL**  
1.8 KG  
SELECTED VARIETIES

**LOCKED DOWN**  
**8.99**  
EACH



**CHOLULA HOT SAUCE OR CREMOSA**  
150 - 236 ML  
**LA COSTENA SALSA**  
408 - 455 ML  
SELECTED VARIETIES

**LOCKED DOWN**  
**4.99**  
EACH



**TIA ROSA TORTILLAS**  
275 - 320 G  
SELECTED VARIETIES

**THIS WEEK ONLY**  
**2.99**  
EACH



**CHUBBY SOFT DRINK**  
250 ML  
SELECTED VARIETIES

**LOCKED DOWN**  
**50¢**  
EACH



**RUBICON FRUIT DRINKS**  
1 L  
SELECTED VARIETIES

**LOCKED DOWN**  
**2.49**  
EACH



**HERDEZ SALSA**  
453 G  
SELECTED VARIETIES

**LOCKED DOWN**  
**3.49**  
EACH

**LOCKED DOWN**  
**1.49**  
EACH



**CHOLULA TACO SEASONING**  
28 G  
SELECTED VARIETIES

**LOCKED DOWN**  
**1.67**  
EACH



**FRANK'S REDHOT SAUCE**  
354 ML  
SELECTED VARIETIES

**LOCKED DOWN**  
**4.49**  
EACH



# BRING HOME THE BELL

TACO BELL®

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## YOUR BASE



TACO BELL TACO KIT  
370 - 420 G  
SELECTED VARIETIES



TACO BELL SUPREME CRUNCHWRAP  
642 G  
SELECTED VARIETIES

LOCKED DOWN

**2.99**  
EACH

LOCKED DOWN

**3.99**  
EACH

LOCKED DOWN

**6.99**  
EACH

## YOUR FLAVOUR



TACO BELL NACHO CHEESE SAUCE  
425 G  
SELECTED VARIETIES

LOCKED DOWN  
**4.99**  
EACH



TACO BELL SAUCE  
207 ML  
SELECTED VARIETIES

LOCKED DOWN  
**2.49**  
EACH



TACO BELL CHIPOTLE SAUCE  
354 ML  
SELECTED VARIETIES

LOCKED DOWN  
**3.99**  
EACH



TACO BELL TACO SEASONING MIX  
28 G  
SELECTED VARIETIES

LOCKED DOWN  
**99¢**  
EACH

## YOUR ADD-ON'S



HALAL AT SAME PRICE



THIS WEEK ONLY

**4.88**  
/LB

MEDIUM GROUND BEEF FAMILY PACK  
WHILE QUANTITIES LAST  
10.76/KG