

FRESH CO

Scene+ MEMBERS SAVE MORE

ONLY
10⁸⁸
/lb

Fresh Boneless Beef Striploin 1/2
Cryovac Graded Product of Australia 23.99/kg
LIMIT OF 2
WHILE SUPPLIES LAST
Contrefilet de bœuf

حلال Halal

MEMBER PRICING
SAVE \$2
\$8

Cardinal Quarter Pound Beef Burgers
Frozen 678 g
Janes Ultimates Chicken Burgers
Frozen 852 g Burgers

\$10 without Scene+ Card

MEMBER PRICING
SAVE \$6
8⁹⁹

Swiss Chalet or Montana's Pork Back Ribs
Fully Cooked 600-650 g
Côtes de dos de porc

ONLY
1⁹⁹

Blueberries
Pint
Product of Canada, Canada No. 1
Bleuets

ONLY
2⁸⁸

Sweet Bell Peppers 4 pk
Product of Canada
or **Lemons 2 lb**
Product of South Africa 907 g
Poivrons ou citrons

ONLY
3⁹⁹

Taylor Farms Chopped Salad Kit 305-383 g
Assorted
Product of USA
Salade avec garnitures

SAVE UP TO \$2
3⁹⁹

Compliments Orange Juice Not From Concentrate 1.36 L or **Kraft Singles 410 g** reg 4.49-5.99
Jus d'orange ou fromage

SAVE \$1⁰⁵
4⁹⁴

Nestlé Real Dairy & Confectionery Frozen Dessert 1.5 L, Drumstick or Novelties 4-10 pk
55-140 mL reg 5.99
Dessert surgelé

500 PTS when you buy 4
SAVE UP TO \$1⁸⁰
2⁹⁹

Doritos 210-280 g or **Ruffles 180-200 g** reg 4.49-4.79
Croustilles

MEMBER PRICING
SAVE \$5
12⁹⁹

Tilda Pure Basmati Rice 4 kg or **Nongshim Bowl Noodle Soup 12x86 g** reg 18.49-19.99
Riz ou nouilles en bol

Locked & Low
1,000s of products locked down
While supplies last. Product selection may vary by store.

ONLY \$2

Modhani Dahi or Halal Yogurt 2% or 3.2% 750 g
Yogourt

ONLY \$3

Compliments Cookies 300 g
Biscuits

ONLY \$4

Chalo! Paneer 300 g
Paneer

ONLY \$5

Compliments Peanut Butter 1 kg
Beurre d'arachide

ONLY \$5

Häagen-Dazs Ice Cream 400-450 mL or **Novelties 3-4 pk**
Crème glacée

Fill your cart, fuel your savings
FRESH CO | Shell | Scene+

Save up to **15¢** per litre**
on fuel at participating Shell® locations when you scan your Scene+® card on purchases at FreshCo

	Spend at FreshCo	\$300	\$200	\$100	\$50
	Save at Shell®	15¢/L	10¢/L	5¢/L	3¢/L

PRODUCT SELECTION MAY VARY BY LOCATION

Flyer in effect July 16-22, 2026.
Prices in effect in Ontario, Excludes Thunder Bay.

Scan to check out our full deals

See the full flyer at FreshCo.com

FRESH CO

SAVE \$2

5.99

Gay Lea
butter
S A L T E DMADE WITH
100%
Canadian
Milk

454 g

Gay Lea Butter Salted or Unsalted 454 g limit of 4

Beurre

SAVE UP TO \$1.52

5.47

Kellogg's Family
Size Cereal Selected
Varieties 450-650 g or
Compliments Bagged
Jumbo Cereal 794 g
reg 6.00-6.99
Céréales

ONLY

3.29

Astro Yogurt
Tubs 500-750 g
or Khaas Halal or
Dahi Yogurt 750 g
Yogourt

SAVE 70¢

1.79

Oasis Juices,
Arizona Iced Tea
or Del Monte
Nectars 960 mL
reg 2.49
Jus, thé glacé ou
nectars

MEMBER PRICING

ONLY
19.9927.99
without
Scene+
CardTim Hortons
Coffee
Single Serve
K-Cups
30 pk
CaféScene⁺ 1,000 PTS = \$10 OF FREE GROCERIES100 PTS
when you buy 2

SAVE \$1.20

2.49

Yoplait Tubes 8 pk or
Minigo 6 pk
Yogourt250 PTS
when you buy 2

SAVE \$1.50

4.99

Frito-Lay Value Size
Potato Chips, Tortilla
Chips, Snacks or
Popcorn 275-535 g
reg 6.49
Croustilles, grignotines ou
maïs soufflé500 PTS
when you buy 3

SAVE \$1.30

2.99

Minute Maid, Five Alive or Fuze Iced
Tea Beverages 8-10x200 mL
Boissons100 PTS
when you buy 2

SAVE UP TO \$1.30

2.99

Old Dutch
Potato Chips or
Ridgies 200-235 g or
Restaurante Tortilla
Chips 275-290 g
reg 3.49-4.29
Croustilles100 PTS
when you buy 2

SAVE UP TO \$1

5.99

Jif Peanut
Butter 1 kg or
Smucker's Jam
310-500 mL
Selected Varieties
reg 6.49-6.99
Beurre d'arachide ou confiture300 PTS
when you buy 2

SAVE UP TO \$4

7.99

Nestlé Cerelac
Baby Cereal 400 g
reg 10.99-11.99
Céréales pour bébé400 PTS
when you buy 2

SAVE UP TO \$5

32.99

Pampers Super Pack Diapers 44-102 pk
Selected Varieties reg 35.99-37.99
Couches100 PTS
when you buy 1

SAVE \$7

12.99

Bounty Paper Towel 6-12 rolls reg 19.99
Essuie-toutScene⁺
DIGITAL
EXCLUSIVEJuly 16-22, 2026
*terms and conditions applyLoad this offer and get
100 pts for every
Compliments Extra Lean
Ground Turkey 450 g
Dinde hachée100*
ptsLoad this offer and
get 25% off for every
Compliments Frozen
Fruit 300-600 g
Fruits congelés25%*
off

* Offer valid from July 7 to August 31, 2026 at participating Sobeys, Safeway, FreshCo, Chialo FreshCo, Thrifty Foods locations in Canada. With Scene+ card and minimum qualifying grocery purchase of \$50 or more made in a single transaction, receive a fuel savings coupon on the receipt valid for the prescribed Cent Per Litre savings for redemption on fuel purchases at participating Shell locations in Canada (excluding Shell Flying J locations). Minimum qualifying spend excludes taxes, gift cards, pre-paid cards, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Fuel savings coupon is redeemable at participating Shell locations (excluding Shell Flying J locations) from July 7 to September 14, 2026. One fuel savings coupon issued per customer per qualifying transaction. Maximum of 75 litres per fuel discount. Fuel savings coupon must be redeemed in-store, not redeemable at the fuel pump. Fuel savings coupon has no cash value. WEST Exclusions: FreshCo 100 Mile House 8945, FreshCo Williams Lake 8616 ONTARIO Exclusions: FreshCo Main & Jasperson 8674, FreshCo Ontario St 9721, FreshCo Mountain & First 9807, FreshCo Lindsay & Parkway 6571, FreshCo Brook & George 2927, FreshCo Kaler & Lundy's Lane 2801, FreshCo Espanola 6541, FreshCo Huntsville 4003, FreshCo Princess & Anderson 9772, FreshCo Mimith & Marlborough 9665, FreshCo Hawkesbury 9553, FreshCo Heritage Grove 4014

* The Scene+ Loyalty Program is available at all participating FRESHCO locations within ONTARIO. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McAfee/Peterbilt/Hortons/Starbucks products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. For full Scene+ Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. *Scene+, Scene & Design and the lion design are registered trademarks of Scene Plus P Corporation, used under license. Offers valid Thursday, July 16, 2026 to Wednesday, July 22, 2026. Prices in effect while supplies last. We reserve the right to limit quantities. No rainchecks except as advertised. All price savings shown in this flyer are measured against our lowest regular retail prices offered at our stores in the applicable trade area. Guarantee does not apply to banners owned, operated or franchised by Sobeys Capital Incorporated. Savings offered may differ by region. We reserve the right to correct any unintentional errors in this flyer and make changes to any of our programs without prior notice. See in-store or FreshCo.com for details. Our reference to "lowering prices", "low prices" and other similar statements in our ads is compared to the full-service banners operated by Sobeys Capital Incorporated. See in-store or FreshCo.com for full details of our Guarantees. All Guarantees are applied at our absolute discretion and we reserve the right to define competitor, trade area and to limit quantities. Not to be combined with any other offers and subject to change without notice. Guarantees do not apply to third party vendor products, prescriptions, gift cards, liquor, tobacco, clearance & limited-time products, loyalty and marketing initiatives and any products which may not be discounted by law (the "Limitations"). LOWEST PRICE GUARANTEE: Subject to the Limitations and excluding products sold within the store, if a discount competitor within the geographic trade area offers a lower price on an identical item by brand and size that we carry in this store, we will sell you that item for 1¢ less than the discount competitor's current advertised price in their flyer. Price matching will be done for the following banners: Ontario: No Frills, Food Basics, Real Canadian Superstore, and Walmart British Columbia, Alberta, Saskatchewan, and Manitoba; No Frills, Real Canadian Superstore, Walmart and Save-On Foods. Price match locations are subject to change based on regional circumstances. Does not apply to competitor errors. Limit of four (4) units of each price matched item per customer. DOUBLE FRESH GUARANTEE: Subject to Limitations, if you buy an eligible product from our store, use the product as intended, and the product does not meet your expectations, you can return the product with a receipt within 14 days of purchase and we will refund the purchase price and provide you with an identical replacement product (while supplies last). IN-STOCK GUARANTEE: Subject to Limitations and excluding seasonal and limited quantity products, if you find that we are out of stock of any product featured in that store's current flyer, we will provide you with a rain check that can be used to purchase the item for 10% off the current advertised price when the item is back in stock. PROMOS IN EFFECT IN ONTARIO, EXCLUDES THUNDER BAY

See the full flyer at FreshCo.com

FRESH CO

ONLY
3⁹⁹
ea or /lb



Green Seedless Grapes
Product of USA No. 1 Grade
8.80/kg or **Strawberries** 454 g
Product of Mexico No. 1 Grade
Raisins ou fraises

ONLY
1⁹⁷
ea or /lb



Spinach Bunch
Product of Canada or
Tomatoes on the Vine
Product of Canada,
Canada No. 1, 4.34/kg
Épinard ou tomates



ONLY
1²⁹
/lb



Canary, Hami, Jurassic or Santa Claus
Melons Product of USA 2.84/kg
Melons

ONLY
2⁹⁹
/lb



Yellow or White Flesh Nectarines
Product of USA No. 1 Grade 6.59/kg
Nectarines

ONLY
6⁹⁹



Bagged Red Onions 7 lb Product of
Egypt No. 1 Grade 3.18 kg
Oignons

ONLY
99¢



Cilantro or Green Onions
Product of Canada
Coriandre ou oignons verts



Clementines 2 lb
Product of South Africa
Clémentines



Golden Plums 1.5 L
Product of Ontario, Canada No. 1
Prunes



Romaine Hearts 3 pk
Product of Canada or
Cauliflower
Product of Canada,
Canada No. 1
Romaine ou chou-fleur



Seedless Cucumbers
Product of Ontario, Canada No. 1
Concombres

SAVE \$1
\$7



Compliments Extra Lean Ground Chicken 450 g
Poulet haché



Maple Lodge or Zabiha Halal Chicken Sausages
375-500 g or **Chicken Bacon** 375 g
Saucisses ou bacon

SAVE \$1
\$5



Butcher's Selection
Stampede Hotdogs or
Harvest Creek Halal
Chicken Wieners 900 g
Saucisses fumées



Best Buy Pork Breakfast Sausage
Patties or Links Frozen 1.2 kg
Galettes de saucisse ou saucisses



Best Buy
Chicken Wings
Frozen 1 kg
Ailes



Wong Wing
Entrées Frozen 400-680 g
Repas surgelés

SAVE UP TO \$1
\$5



MarcAngelo Italian Style Pork Sausage
450 g or **Chicken Skewers** 150 g
Saucisses ou brochettes

SAVE \$1
3⁴⁹



Fontaine Santé
Hummus 227-260 g
Hummus



Fantino & Mondello Deli
Meat 100-200 g
Charcuterie



Maple Leaf
Natural Selections
175 g
Charcuterie

SAVE \$3
5⁹⁹



Tre Stelle Mozzarella Ball 340 g
Fromage



Dempster's
Whole Grains,
Signature or Protein
Bread 600 g or
Malt Bread 340 g
Pain



Dempster's
Bagels 5-6 pk
Selected
Varieties
Bagels



Dempster's
Signature Buns
6-8 pk or
Pull-Apart
Rolls 12 pk
Pains ou petits pains

Scene 1,000 PTS = \$10 OF FREE GROCERIES

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See the full flyer at FreshCo.com

FRESH CO

100 PTS
when you buy 2

SAVE \$1.20

6²⁹

Bubly 12x355 mL or **Montellier** Sparkling Water 10x355 mL
Eau pétillante

MEMBER PRICING

ONLY 8⁹⁹
without Scene+ Card

Coca-Cola, Canada Dry or Pepsi Soft Drinks 12x355 mL Selected Varieties
Boissons gazeuses

SAVE UP TO \$1.70

2⁹⁹

Lay's Potato Chips 177-235 g or **Smartfood** Popcorn 150-220 g
Croustilles ou maïs soufflé

SAVE UP TO \$1

6⁴⁹

Danone Oikos Yogurt 650-750 g or **Activia** Yogurt 12 pk
Yogourt

100 PTS
when you buy 2

SAVE \$1.20

6²⁹

Gatorade Beverage 6x591 mL or 8x355 mL
Boisson

SAVE \$1.20

2⁴⁹

Christie Crackers Selected Varieties 180 g
Craquelins

SAVE UP TO \$1.80

3⁴⁹

McCain Premium Superfries 454-650 g or **Breakfast Potatoes** 600-650 g reg 4.99-5.29
Frites ou pommes de terre

SAVE \$1

3⁹⁹

Del Monte Juice or Oasis Health Break or Smoothie 1.6 L
Jus ou boisson fouettée

MEMBER PRICING

SAVE 50¢
without Scene+ Card

2⁴⁹

1⁹⁹

Kraft BBQ Sauce 455 mL
Sauce BBQ

SAVE 80¢

5⁹⁹

Hellmann's Mayonnaise 710-890 mL
Mayonnaise

SAVE 50¢

3⁹⁹

Old El Paso Taco Kits 250-510 g
Ensembles à tacos

SAVE \$2

2⁹⁹

Tetley Tea 20-24 pk
Thé

ONLY \$4

Armstrong Natural Cheese Slices 220-240 g
Fromage

SAVE \$1

3⁴⁹

Betty Crocker Dunkaroos Cookies 168 g
Biscuits

SAVE \$1

6⁹⁹

Compliments Peanut Butter Filled Pretzels 680 g
Bretzels

ONLY \$1

Nestlé Chocolate Bars 33-60 g
Selected Varieties
Barres de chocolat

MEMBER PRICING

ONLY 4⁹⁹
without Scene+ Card

3⁹⁹

Compliments Frozen Fruit 300-600 g
Fruits congelés

SAVE 50¢

3⁴⁹

General Mills Cereal Selected Varieties 297-430 g reg 3.99
Céréales

SAVE \$1

3⁹⁹

Pure Leaf Iced Tea 1.75 L
Thé glacé

150 PTS
when you buy 2

SAVE UP TO \$2

5⁴⁹

Friskies Chef's Blend 1.42-1.5 kg, **Sizzlin' Sup-purr** 1.42 kg or **Lil' Lickables** 10 pk reg 6.99-7.49
Nourriture pour chats

200 PTS
when you buy 2

SAVE \$1.20

5⁷⁹

Fleecy Fabric Softener 1.36 L or **Dryer Sheets** 80 pk reg 6.99
Assouplissant textile ou feuilles pour sècheuse

50 PTS
when you buy 2

SAVE \$1

2⁴⁹

Skittles Candy or Gummies 130-170 g or **Starburst** 142-170 g
Bonbons ou friandises
gélifiées

MORE WAYS TO SAVE!

HOT PRICE

Scene+

Locked & Low

Look for these specially-marked items throughout our stores



SUMMER SNACKS



WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

ONLY
1.50

David Roberts
Ball Park
Snacks
110 g
Collations



ONLY
2.49

David Roberts
Hulled
Sunflower
Seeds 300 g
Graines de
tournesol



ONLY
2.99

David Roberts
In-Shell
Sunflower
Seeds 400 g or
Bar Mix 200 g
Graines de tournesol
ou grignotines de bar



ONLY
\$3

Best Buy
Candy
200-225 g
Bonbons



ONLY
1.79

David Roberts In-Shell Peanuts 227 g
Arachides



ONLY
\$5

Rainbow or Fizzy Candy Belts 260 g
Bonbons



ONLY
\$6

JV Gallic or Celeste Mix 600 g
Bonbons



ONLY
\$14

JV Gummi or Sugared Mix 1.4 kg
Bonbons



ONLY
9.99

SunRype Fruit to Go 24 pk
Collation aux fruits



ONLY
\$4

YuPik Snacks 142-285 g
Collations





KICKOFF STARTS HERE

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

150 PTS
when you buy 2

SAVE 50¢
2.49

**Coca-Cola or
Canada Dry Soft Drinks**
2 L Selected Varieties
reg 2.99
Boissons gazeuses



100 PTS
when you buy 2

SAVE 50¢
3.99

Pepsi Soft Drinks
Mini Cans 6x222 mL
Boissons gazeuses



100 PTS
when you buy 4

SAVE \$2¹⁶ ON 4
4/\$5

Powerade 710 mL
Boisson



SAVE \$2
2.29

Gatorade 24x591 mL
Boisson



SAVE \$1⁸⁷ ON 3
3/\$5

**Jarritos
Soft Drinks 370 mL**
Boissons gazeuses

ONLY
\$2

**Chalo!
Juice 1 L**
Selected Varieties
Jus



SAVE \$1
4.99

Blue Diamond Almonds 170 g
Amandes



SAVE 70¢
3.29

La Cocina Tortilla Chips 400 g
Croustilles



SAVE \$4⁵⁰
7.99

Schneiders Pepperettes 250-375 g
Pepperettes



SAVE \$3
19.99

value
size

**Compliments Mixed Nuts or
Cashews Roasted & Salted 1.13 kg**
Noix



350 PTS
when you buy 3

ONLY
\$5

**Compliments
Potato Chips 750 g**
Croustilles



SAVE 50¢
3.99

**Compliments
Frozt Bite'z Sour Fruit 170 g reg 4.49**
Fruits enrobés de bonbons



SAVE \$1
2.99

**Taco Bell
Taco Sauce 207 mL**
Sauce à tacos



ONLY
\$5

Locked
&
Low

**Red Baron
Classic
Crust Pizza**
584-665 g
Déli-portions



80 PTS
when you buy 1

SAVE UP TO \$1⁷⁰
4.79

Hershey's Chocolate Pouches
160-235 g or Multipacks 172-232 g
Selected Varieties
Chocolat



100 PTS
when you buy 2

ONLY
\$2

Compliments Glazed Donuts
250 g or Mini Donuts 155 g
Beignes



ONLY
\$5

**Compliments
Loaf Cakes 344-400 g**
Gâteaux



COOL DEALS

NATIONAL ICE CREAM DAY JULY 19, 2026

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

SAVE UP TO \$1
449

Compliments
Moxii Ice Pops or
Fruit Bars 6 pk
reg 4.99-5.49
Sucettes glacées ou barres
aux fruits



SAVE \$2.29
\$4

Compliments
Ice Cream 1.5 L reg 6.29
Crème glacée

SAVE \$1.30
449



Panache Ice Cream 1 L reg 5.79
Crème glacée

SAVE \$1.30
449



Panache Ice Cream Bars 4 pk
reg 5.79
Barres crème glacées

SAVE \$1
599



Sorbelicious Sorbet Bars 8 pk
Barres de sorbet

SAVE \$2
499



Binggrae Melona Ice Bars 560 mL
Selected Varieties reg 6.99
Barres glacées

200 PTS
when you buy 2
ONLY 579



Ben & Jerry's Ice Cream 473 mL reg 5.99
Crème glacée

SAVE \$1
649



NanaShake NanaPops! Selected
Varieties 240 mL reg 7.49
Barres de dessert surgelées

ONLY \$5

Locked & Low



Häagen-Dazs Ice Cream
400-450 mL or
Novelties 3-4 pk
Crème glacée

SAVE \$1.50
549



Halo Top Frozen Dessert
473 mL reg 6.99
Dessert surgelé

ONLY \$10

Get
100 PTS
When you buy 1



Nestlé ParLOUR Vanilla
Dipped Bars 16 pk
Barres de dessert surgelées

Nestlé Drumstick
Value Size 10 pk
Barres de dessert surgelées



iöco Nano
Frozen Yogurt Pops 16 pk
Sucettes glacées au yogourt

Nestlé Share Pack 9 pk
Barres de dessert surgelées

HEALTH & BABY BARGAINS

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

400 PTS
when you buy 2

SAVE \$13
26⁹⁹

**Huggies
Snug & Dry or
Little Movers Diapers**
42-104 pk
Couches



SAVE \$5⁵⁰

14⁹⁹

**Pampers Jumbo
Swaddlers Diapers**
19-32 pk
Couches



SAVE \$7⁵⁰
26⁹⁹

**Pampers
Easy Ups Training
Underwear**
46-66 pk
Culottes d'entraînement



SAVE \$1

3⁴⁹

Pampers Baby Wipes
56-72 pk
Lingettes



500 PTS
when you buy 2

SAVE \$4
21⁹⁹

**Huggies
Natural Care Wipes** 560-704 pk
Lingettes



SAVE UP TO \$3

4⁹⁹

**Nestlé Gerber or Cerelac Baby
Cereal or Oatmeal** 180-227 g,
Selected Varieties
Céréales ou gruau



SAVE \$1

9⁹⁹

**Head &
Shoulders
Dandruff
Shampoo**
613 mL
Shampooing



SAVE UP TO \$1²⁰

1²⁹

**Colgate
Toothpaste**
52-95 mL or
**Extra Clean
Toothbrush**
1 ea Selected
Varieties
Dentifrice ou
brosse à dents



100 PTS
when you buy 2

SAVE UP TO \$4
6⁹⁹

**Colgate
Total Mouthwash I L, PerioGard or
Pro Relief Toothpaste** 70-120 mL or
360 or Bluey Toothbrush Twin Pack
Selected Varieties
Rince-bouche, dentifrice ou brosse à dents



200 PTS
when you buy 2

SAVE UP TO \$1⁵⁰
4⁹⁹

**Crest Scope
Mouthwash I L,
Pro-Health Rinse** 500 mL,
Gum Care Toothpaste 63 mL or
Oral-B Charcoal Toothbrush 1 ea
Selected Varieties
Rince-bouche, dentifrice ou brosse à dents



100 PTS
when you buy 2

SAVE \$1
3⁹⁹

**Softsoap
Hand Soap**
332 mL
Savon



SAVE \$4

11⁹⁹

**Boost Complete
Nutrition Shakes**
6x237 mL
Boissons fouettées



200 PTS
when you buy 2

SAVE UP TO \$2
4⁹⁹

U by Kotex Pads 14-22 pk,
Liners 64 pk or **Tampons** 16 pk
Selected Varieties
Serviettes, protège-dessous ou tampons



300 PTS
when you buy 2

SAVE UP TO \$2
5⁹⁹

**Always
Ultra Pads** 16-22 pk,
Infinity Pads or Liners 13-72 pk or
Tampax Radiant or Pearl Tampons
14-18 pk Selected Varieties
Serviettes, protège-dessous ou tampons



400 PTS
when you buy 2

SAVE \$6
18⁹⁹

Depend Pads
52-58 pk or
Underwear 12-19 pk or
Poise Pads or Liners 22-66 pk
Selected Varieties
Serviettes, sous-vêtements ou protège-
dessous



SAVE UP TO \$2

6⁴⁹

Poise Liners
16-54 pk Selected Varieties
Protège-dessous



SAVE \$2⁵⁰
2⁴⁹

**Lady or Men's Speed
Stick Deodorant** 45-70 g
Selected Varieties
Déodorant



50 PTS
when you buy 2

SAVE 50¢
6⁹⁹

**Degree
Antiperspirant
Sprays** 107 g
Antisudorifique



SAVE 50¢
8⁴⁹

Old Spice Deodorant
73-85 g Selected Varieties
Déodorant



EAST ASIAN FLAVOURS

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

MEMBER PRICING

ONLY
6⁹⁹
/lb 15.41/kg**Sliced Pork Belly**
Poitrine de porc**7⁹⁹**
/lb, 17.61/kgwithout
Scene+
CardSAVE \$1²⁰**3²⁹****KJ Dumplings
or Pork Buns**
380-450 g
Selected
Varieties
reg 4.49
Dumplings ou pains**ONLY**
3⁹⁹
/lb**Lychee Fruit**
Product of
China
8.80/kg
Litchi**ONLY**
1⁹⁹
/lb**Ginger Root**
Product of
China
4.39/kg
Racine de
gingembre**ONLY**
99¢
ea or /lb**Garlic 5 pk**
Product of
China or
Flat Cabbage
Product of
USA, No. 1
Grade 2.18/kg
Ail ou chou platSAVE 80¢
1⁹⁹**O'Food Real
Kimchi
Ramen Bowl**
140-153 g
reg 2.79
RamenSAVE UP TO \$1
4⁹⁹**Paldo
Gomtang Noodles**
408 g or
**Bibimmen Spicy
Cold Noodles** 520 g
reg 5.49-5.99
NouillesSAVE \$1⁵⁰
3⁹⁹**White Castle Butter Cookies** 454 g reg 5.49
BiscuitsSAVE 80¢
3⁹⁹**Orion
Turtle Chips**
160 g
Selected
Varieties
reg 4.79
CroustillesSAVE \$2
6⁹⁹**H&H Thai
Honey Dried
Mango** 454 g
reg 8.99
Mangue séchéeSAVE \$1
3⁹⁹**Glico Pocky Biscuit Sticks** 135-156 g
Selected Varieties reg 4.99
Bâtonnets de biscuitsSAVE \$1⁵⁰
6⁹⁹**Binggrae Flavored Milk Drinks**
6x200 mL Selected Varieties
reg 8.49
Boissons au laitSAVE 50¢
1⁹⁹**ITO EN
Oi Ocha
Green Tea
or Jasmine
Green Tea**
500 mL
reg 2.49
Thé vertSAVE \$1
3⁹⁹**Gold Kili Instant Matcha Latte**
10x25 g reg 4.99
Latté au matchaSAVE \$1
2⁴⁹**Shirakiku Seasoned Roasted
Seaweed Flakes Vegetables or
Seafood Flavour** 30 g reg 3.49
Flocons d'alguesSAVE \$1⁵⁰
4⁹⁹**Lee Kum Kee
Bottle Panda
Oyster Sauce**
580 g reg 6.49
Sauce aux huîtresSAVE 50¢
2⁹⁹**Thai
Kitchen
Coconut
Milk**
400 mL
reg 3.49
Lait de cocoSAVE \$1
2⁹⁹**S&B Golden
Curry Mix**
92 g
Selected
Varieties
reg 3.99
Mélange de cari

TREASURE COLLECTION



WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

SAVE \$1
3⁸⁸

Eight Treasures Basa Steaks
Frozen 500 g
Darnes de pangasius



SAVE \$2¹²
7⁸⁸

Eight Treasures Tilapia
Frozen 1.36 kg
Tilapia



SAVE \$2¹¹
11⁸⁸

Eight Treasures Whole Pompano
Frozen 800 g
Pompano



SAVE \$3
15⁹⁹

Eight Treasures Thai Jasmine Rice 8 kg
reg 18.99
Riz



SAVE 50¢
4⁴⁹

Eight Treasures Thai Jasmine Rice 2 kg
reg 4.99
Riz



ONLY
1⁹⁹

Eight Treasures Rice Vermicelli 400 g or **Rice Stick Noodles** 454 g
reg 2.29
Vermicelles ou nouilles



SAVE \$1
3⁹⁹

Eight Treasures Sesame Oil
185 mL
reg 4.99
Huile de sésame



SAVE 80¢
2⁹⁹

Eight Treasures Sweetened Condensed Milk 300 mL
reg 3.79
Lait condensé



ONLY
1¹⁹

Eight Treasures Coconut Milk 400 mL
reg 1.49
Lait de coco



FLAVOURS OF THE WORLD

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.



SAVE \$1
4⁹⁹

Lee Kum Kee Gluten Free or Less Sodium Soy Sauce 500 mL reg 5.99

Sauce soya



SAVE \$1⁵⁰
6⁹⁹

Lee Kum Kee Premium Oyster Flavoured Sauce 510 g reg 8.49

Sauce aromatisée aux huîtres



SAVE \$2
11⁹⁹

Lee Kum Kee Chicken Bouillon Powder 1 kg reg 13.99

Bouillon de poulet



SAVE \$2⁵⁰
5⁹⁹

Lee Kum Kee Pure Sesame Oil 445 mL reg 8.49

Huile de sésame



楊德貿易有限公司
YOUNG & YOUNG TRADING CO. LTD



SAVE \$1
2⁹⁹

Cocamax Coconut Water 1 L reg 3.99

Eau de noix de coco



SAVE \$1
2⁹⁹

Julie's Sandwich Biscuits 168-180 g reg 3.99

Biscuits



SAVE \$1
3⁹⁹

Nin Jiom Tin Original or Supermint Herbal Candy 60 g reg 4.99

Bonbons aux herbes



SAVE \$1
1⁹⁹

1st Choice Seasoned Seaweed 8x27 g reg 2.99

Algues



SAVE \$2
2⁹⁹

Grace Coconut Water 1 L reg 4.99

Eau de noix de coco



SAVE \$1⁷⁰
7²⁹

Grace Patties 600 g reg 8.99

Galettes



SAVE 74¢
1⁷⁵

Grace Vienna Sausages 113-130 g reg 2.49

Saucisses viennoises



SAVE \$2
5⁹⁹

Café Santo Domingo Ground Coffee 250 g WHILE SUPPLIES LAST or **La Fe Cassava Croquette or Maduros 907 g** reg 7.99

Café moulu ou croquettes ou bananes plantains



A BRITE COMPANY



SAVE 50¢
3⁹⁹

Jarritos Soft Drink 1.5 L

Boisson gazeuse



50 PTS when you buy 1

SAVE 50¢
3⁹⁹

Alfa Medium Phyllo Pastry 450 g

Pâte phyllo



50 PTS when you buy 1

SAVE 50¢
8⁹⁹

Alfa Phyllo Twists 1 kg

Torsades de pâte phyllo



50 PTS when you buy 1

SAVE 50¢
8⁹⁹

Alfa Rollinis 1 kg

Rollinis

SOUTH ASIAN FLAVOURS

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

EVEREST
TRADERS INC.



SAVE \$1
4⁹⁹

**Nanak Regular or Malai
Paneer** 341 g reg 5.99

Paneer



SAVE \$5
12⁹⁹

Nanak Desi Ghee 800 g
reg 17.99

Ghee



SAVE \$2⁵⁰
9⁹⁹

**Nanak Veggie Burger
Patties** 640 g reg 12.49

Galettes



SAVE \$3
8⁹⁹

Nanak Rasmalai 850 g
Selected Varieties reg 11.99

Rasmalai

OIC
FOODS



SAVE \$1
7⁹⁹

**Brar's Paneer Veggie Burger or
Aloo Tikki** 690-750 g reg 8.99

Burger végété ou aloo tikki



SAVE \$1⁵⁰
10⁹⁹

Brar's Dahi Ke Kebab 750 g
reg 12.49

Kebab



SAVE \$1⁵⁰
5⁴⁹

Brar's Frozen Appetizers 454 g
Selected Varieties reg 6.99

Hors-d'œuvre



SAVE \$1
5⁹⁹

**Brar's Cumin Chilli or Black Pepper
Paneer** 300 g reg 6.99

Paneer

SAMOSA
SWEET FACTORY



100 PTS
when you buy 2
SAVE \$1
5⁹⁹

Apna Taste Kulfi Sticks 3x70 mL
Selected Varieties reg 6.99

Bâtonnets de kulfi



100 PTS
when you buy 2
SAVE 50¢
2⁴⁹

**Apna Taste Rabri Malai
Matka Kulfi** 80 mL reg 2.99

Kulfi



SAVE \$2
5⁹⁹

**Apna Taste Aloo Tikki or
Spring Rolls** 750 g-l kg reg 7.99

Aloo tikki ou rouleaux de printemps



50 PTS
when you buy 1
SAVE \$1⁵⁰
3⁹⁹

Apna Taste Samosas 550-660 g
Selected Varieties reg 5.49

Samosas

Super Asia
FOODS



ONLY
\$7

**Handi Tandoori Plain or
Garlic Naan** 1.02-1.28 kg

Naan



SAVE \$1⁵⁰
3⁹⁹

**Sherbon Mango or Guava
Juice** 2 L reg 5.49

Jus

25 PTS
when you buy 1
SAVE 70¢
2⁷⁹

Mitchell's Sauce 300 g
Selected Varieties reg 3.49

Sauce



SAVE 50¢
99¢

EBM Biscuits 105-178 g
Selected Varieties reg 1.49

Biscuits

EMPIRE
DISTRIBUTIONS INC.



SAVE \$1⁵⁰
3⁹⁹

**Savera
Paneer Cheese** 341 g reg 5.49

Paneer



50 PTS
when you buy 1
SAVE \$2
7⁴⁹

Savera Rasmalai 850 g
Selected Varieties reg 9.49

Rasmalai



50 PTS
when you buy 1
SAVE \$1
4⁴⁹

Canteen Cookies 340 g
Selected Varieties reg 5.49

Biscuits



50 PTS
when you buy 1
SAVE \$3
4⁹⁹

IDS Dosa Batter 900 mL
Selected Varieties reg 7.99

Pâte à dosa

YOU COULD

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Ultra or UltraPRO
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