



FORTINOS®



- ✓ Air Chilled
- ✓ Canadian grown
- ✓ Grain fed

5.99 lb
13.21/kg

PC® Blue Menu® boneless skinless chicken breast Club Pack or Mina Halal boneless skinless chicken breast

20127962_KG/21635763_KG

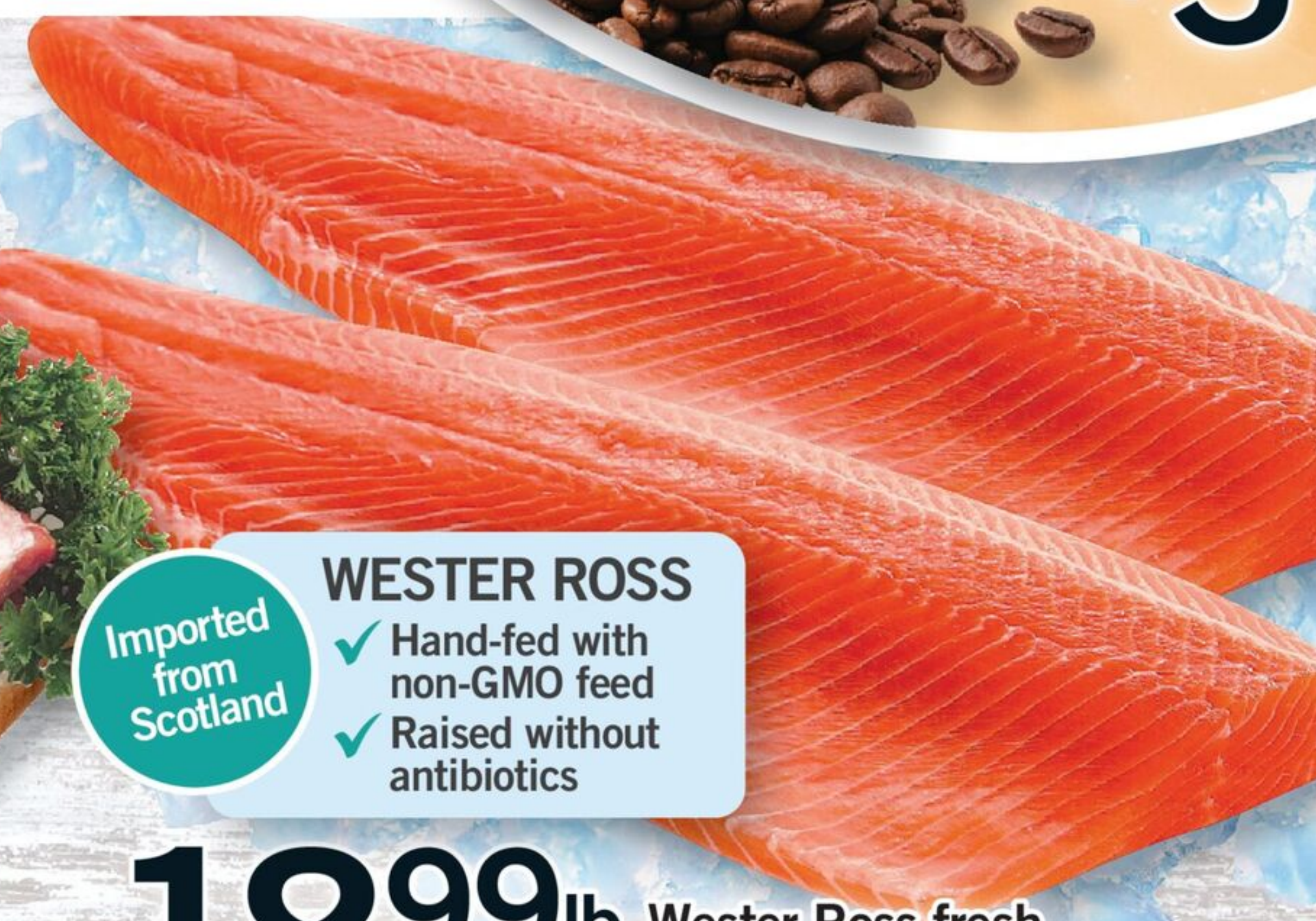


Breast Bone Removed
BETTER VALUE

3.99 lb
8.80/kg

St. Louis pork side ribs

21036398_KG



Imported from Scotland

WESTER ROSS

- ✓ Hand-fed with non-GMO feed
- ✓ Raised without antibiotics

18.99 lb
41.87/kg

Wester Ross fresh Atlantic salmon fillet

21722904_KG



2.99 each

blueberries 340 g, product of Canada, Canada no. 1 grade or large dragonfruit product of Ecuador

20080137001_EA/20168395001_EA



sweet bicolour corn \$2.99 pkg of 4

.29

sweet bicolour corn product of Ontario, Canada no. 1 grade each

20348977001_EA/20131170001_EA



First of the SEASON

2.99 each

large Maya mango product of Israel

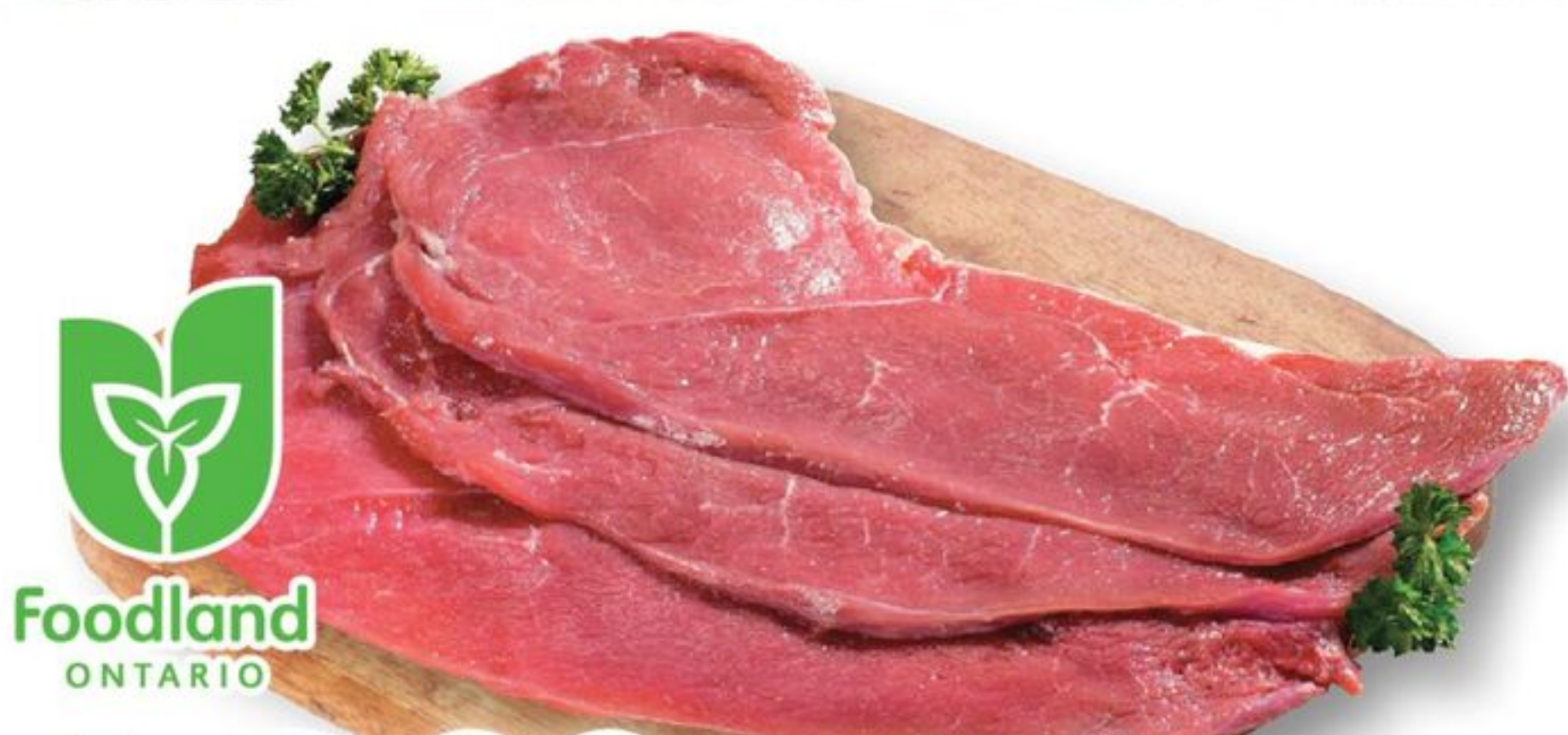
20812580001_EA



1.99 227 g

PC® Organics whole cremini or white mushrooms product of Ontario

21021565_EA



13.99 lb
30.84/kg

veal cutlets bottom round or sirloin tip

20844263_KG

LIMIT 6 \$4.77

After Limit \$6.00 ea

Raw shrimp skewers 31-40 count per lb frozen, 5 skewers per pack, 300 g

21723322_EA



HIT OF THE MONTH



7.99 400 g

PC® feta cheese selected varieties

20216975_EA/20219690_EA



3.49 227 g

PC® dips selected varieties

20574522_EA



Optimum 2,000 (pts)

9.99 each

Swiss Chalet BBQ pork back ribs 600 g or Montana's BBQ pork back ribs 650 g selected varieties, fully cooked

21022221_EA/21203458_EA



5.99 125-150 g

Mastro salami deli meat selected varieties

21060834_EA/21061099_EA

Country Harvest bread 600 g, jumbo buns 6/8's or Wonder hot dog or hamburger buns 8's, selected varieties

21178642_EA/20711614_EA

2.99 each



.99

Cedar pita selected varieties, 330 g

21509333_EA/21509350_EA

5.99 each

Cracker Barrel cheese bars 400 g, shreds 250-320 g or Black Diamond Cheestrings or cheese sticks 189-336 g, selected varieties

20763661_EA/20986474_EA

15.99 each

Maxwell House ground coffee selected varieties, 631-900 g

21606882_EA

1.79 each

Knorr Sidekicks pasta, noodles or rice 121-162 g or Ben's Original rice cups 62-68 g

21680683_EA/20321430024_EA

4.99 750 g/1 kg

Kraft peanut butter selected varieties

20039581001_EA/20311582001_EA

1.29 200 g

no name® potato chips selected varieties

21302802_EA/21302821_EA

5.49 each

Chapman's premium ice cream, frozen yogurt, sorbet 2 L or novelties 5-20's selected varieties, frozen

20111532_EA/20323573001_EA

2.99 24x500 mL

PC® spring water

20137898_C24

3.99 6x222 mL

Coca-Cola, Canada Dry or Pepsi mini cans selected varieties

20354227001_C06/20354288002_C06

2.99 each

Kraft salad dressing 425 mL, Fresh Gourmet or Olive Garden croutons 128-142 g, selected varieties

21526302_EA/21584931_EA

4.99 each

Simply orange juice, apple or cranberry cocktail 1.36/1.54 L or lemonade 2.25 L selected varieties

21086064_EA/21735026_EA

3.99 each

Windex 765 mL, Mr. Clean 1.21 L, Fantastik or Clorox APC 709-946 mL selected varieties

20009897001_EA/20125323001_EA

21.99 each

PC® Super Soft Club Pack bath tissue 30=100 rolls

21450846_EA

29.99 each

Huggies or Pampers diapers 66-184's or Similac Go & Grow formula 680 g selected varieties

21456748_EA/21551525_EA

\$1

PC® Organics pouches 128 mL or Little Bellies 8/12 g selected varieties

21056742_EA/21539324_EA

3.49 1.75/1.89 L

Earth's Own non-dairy beverage selected varieties

20327647_EA/21037796_EA

Prices effective at all Burlington, Oakville and Waterdown stores only.

Flyer prices effective from Thursday, July 16th, to Wednesday, July 22nd, 2026

Visit us at fortinos.ca. FOLLOW US ON

Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc.," is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings shown may be greater depending on store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. To register as a PC Optimum™ member visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions. Receive the points specified when you spend the qualifying dollar amount on the displayed product (s) and/or category. The trade-marks, service marks and logos displayed in this flyer are trade-marks of Loblaws Inc. and others. ©2026 Loblaws Inc. All rights reserved.

FORT BACK

this product is printed using vegetable-based inks



Produce

Nature's Bounty arriving fresh daily!

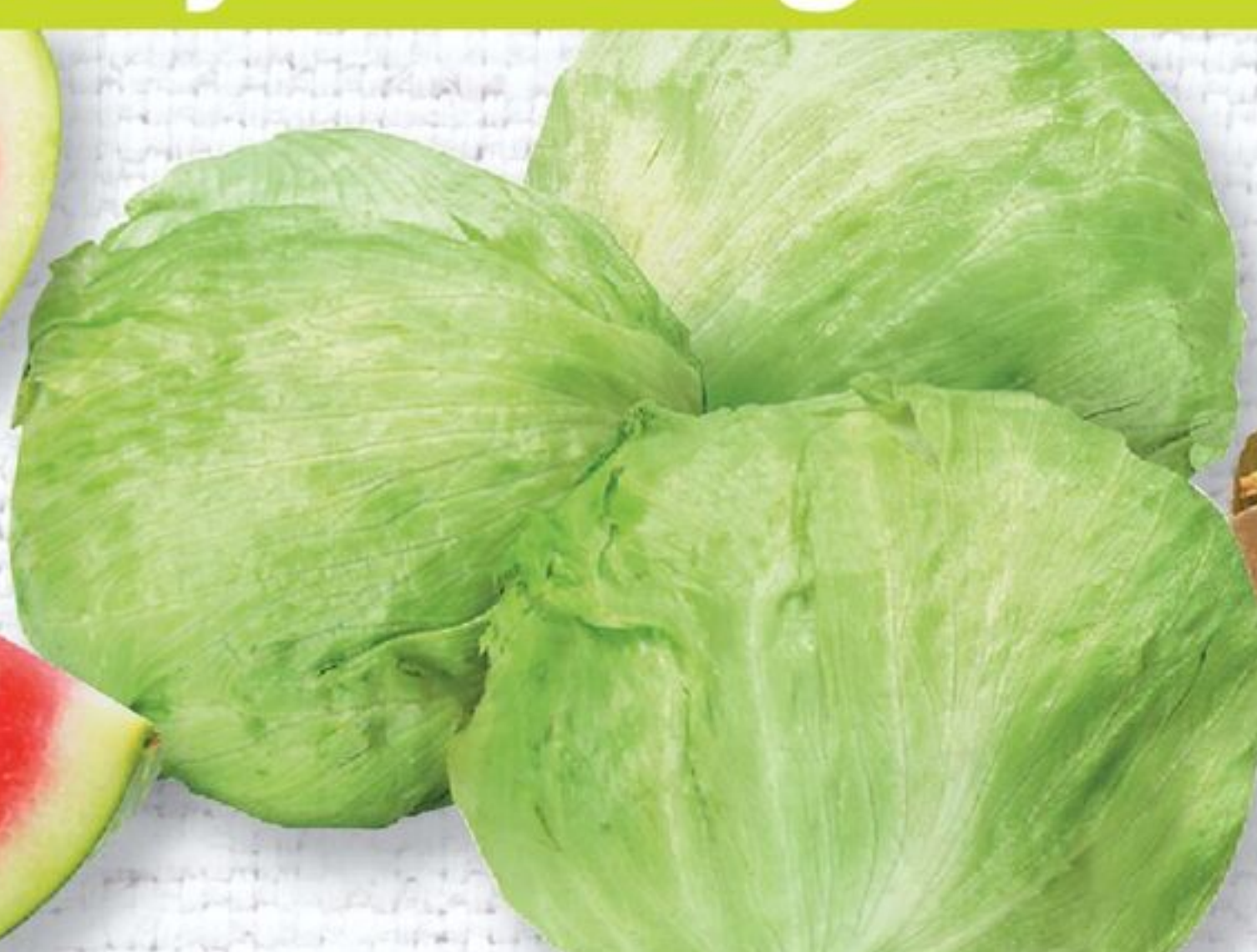


7⁹⁹ local yellow plums
product of Ontario,
Canada no. 1 grade
1.5 L
20905339001_EA

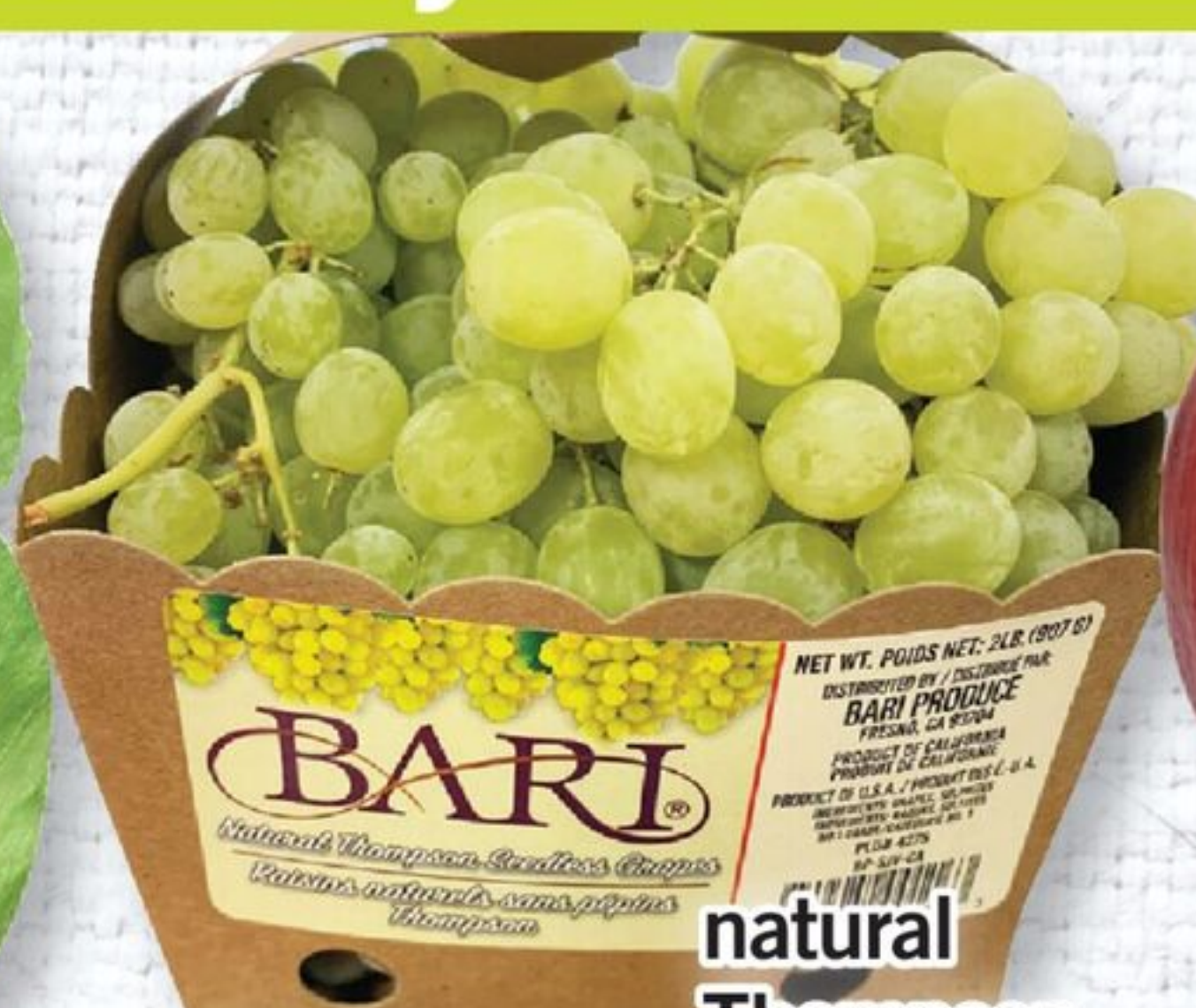


**Prepared
IN STORE DAILY**

1⁴⁹lb seedless
watermelon cuts
product of U.S.A.
3.28/kg
20503182_EA



2⁴⁹ each iceberg lettuce
product of Canada
20135326001_EA



8⁹⁹ natural
Thompson
grapes
product of U.S.A.,
no. 1 grade
2 lb
21128192001_EA



JUMBO

2⁹⁹ each jumbo
pomegranate
product of Peru
20134767001_EA



3⁹⁹lb/ea. PC® Organics
salad mixes 142 g,
3.99 ea., product of U.S.A.
or Heirloom tomatoes
3.99/lb, 8.80/kg, product of
Ontario, Canada no. 1 grade
8.80/kg
21020913_EA/20154799001_KG



3⁴⁹ each celery stalks
product of Canada,
Canada no. 1 grade
20163119001_EA



4⁴⁹lb Aloha
sweet
peppers
product of Canada
9.90/kg
20977282001_KG



.⁹⁹lb green cabbage
product of
Canada, Canada
no. 1 grade,
2.18/kg
20793034001_KG



1⁷⁹ each green onions
product of Canada,
Canada no. 1 grade
20107500001_EA

WORLD OF FLAVOURS



2⁹⁹ each Caribbean avocado
product of Dominican
Republic or U.S.A.
or water coconuts
product of Costa Rica
20119760001_EA/20707992001_EA



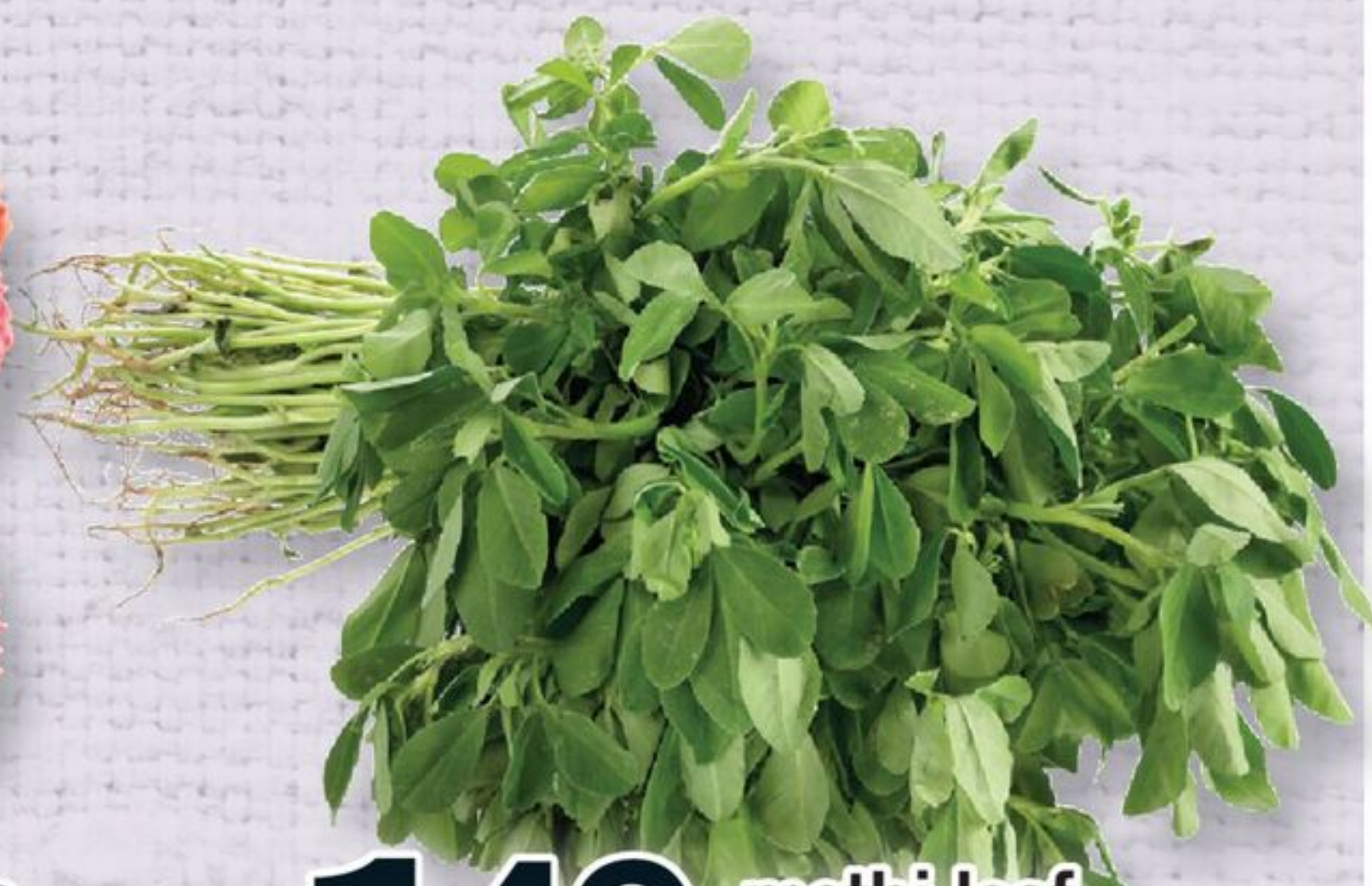
4⁹⁹ 250 mL Beetology
organic
cold pressed
beet juice
product of Turkey
21094462_EA



1²⁹ each large
chayote squash
product of
Costa Rica
20167837001_EA



3⁹⁹lb lychee
product of
China
20029374001_KG



1⁴⁹ bunch methi leaf
product of Canada
or Mexico
20159689001_EA

Pick Organic

Over 150 items available every day!



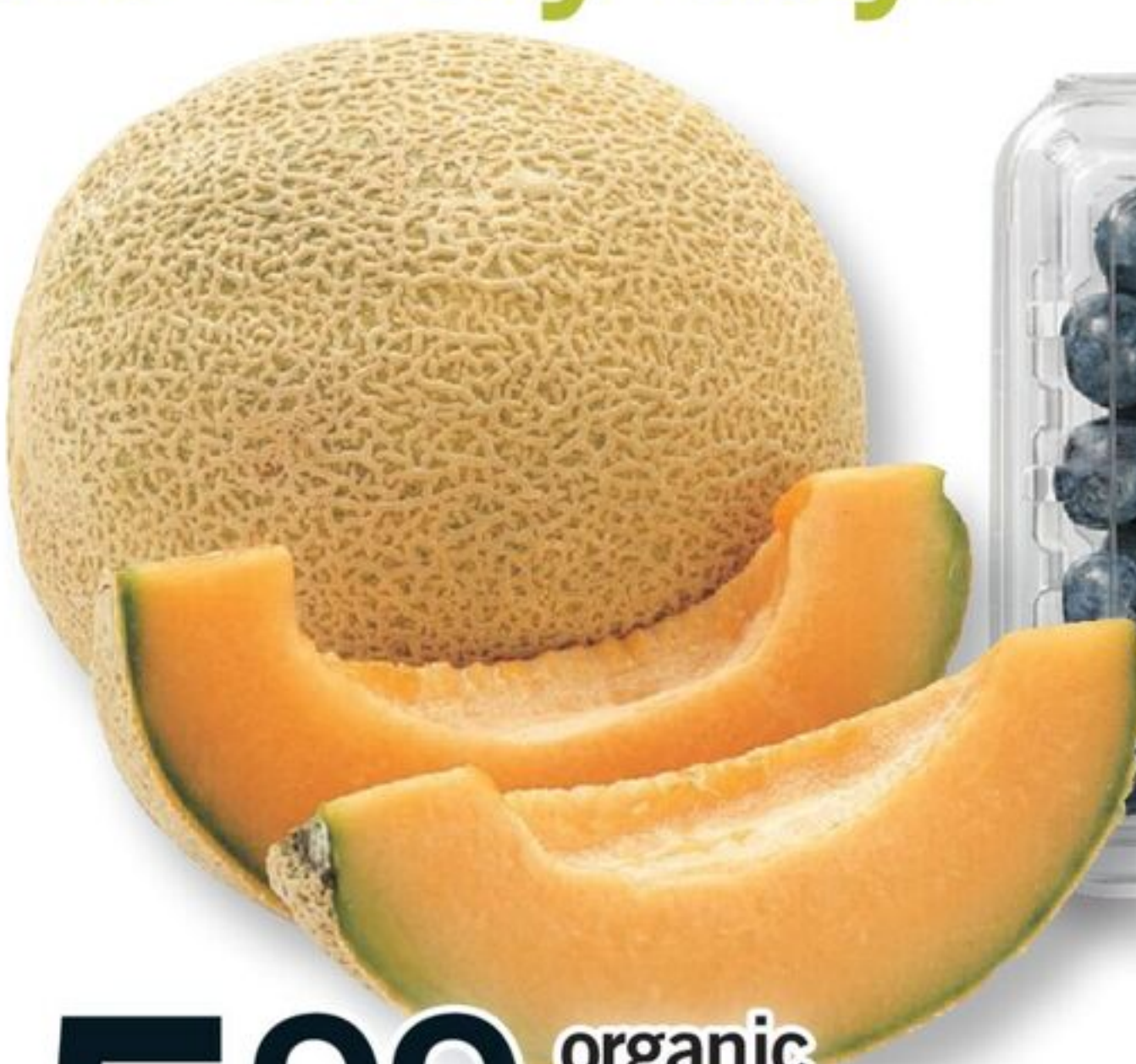
5⁹⁹ 3's PC® Organics
romaine hearts
product of U.S.A.
20599776001_EA



2⁹⁹ 340 g organic rainbow
carrot chips
product of U.S.A.,
no. 1 grade
21350453001_EA



5⁴⁹ 320 g PC® Organics
stuffer
mushrooms
product of Ontario
21005187_EA



5⁹⁹ each organic
cantaloupe
product of U.S.A.
20127944001_EA



6⁹⁹ 9.8 oz PC® Organics
blueberries
product of U.S.A.
21179969001_EA

MAYA MANGOS

- Mango lovers first choice for sweetness!
- Picked when ripe & air flown
- Incredibly flavourful & juicy
- Easy to eat fibreless flesh



*Season is short
July & August!
Enjoy now!*

299
each

Maya mango
product of Israel
20812580001_EA



Meat

FULL SERVICE BUTCHER • Custom cuts your way!



13⁹⁹lb boneless
veal stew meat
30.84/kg 20859401_KG



8⁹⁹lb lean ground veal
19.82/kg 20856914_KG



14⁹⁹lb veal loin
or rib chops
selected varieties
33.05/kg 20843510_KG



11⁹⁹lb veal shank centre
26.43/kg 20862616_KG



8⁹⁹lb PC® Blue Menu®
chicken fillets
19.82/kg 21536930_KG



8⁹⁹lb PC® Blue Menu®
thin sliced chicken
breast cutlets
19.82/kg 21662345_KG



6⁹⁹ chicken breast kebobs
selected varieties,
seasoned or unseasoned
196 g 20986595_EA/21453027_EA



7⁹⁹ beef kebobs
with vegetables
unseasoned or seasoned,
selected varieties
196 g 20986419_EA/21453022_EA



11⁹⁹ Beretta organic
beef or chicken dogs
300 g 21024142_EA/21024144_EA



9⁹⁹ Beyond Meat
plant based sausage
mild or hot, frozen
400 g 21300103_EA/21300113_EA



8⁹⁹ Beyond Meat
plant based burger
226 g 21193815_EA



8⁹⁹ Marty's pickles
selected varieties
1 L 21644626_EA/21644643_EA

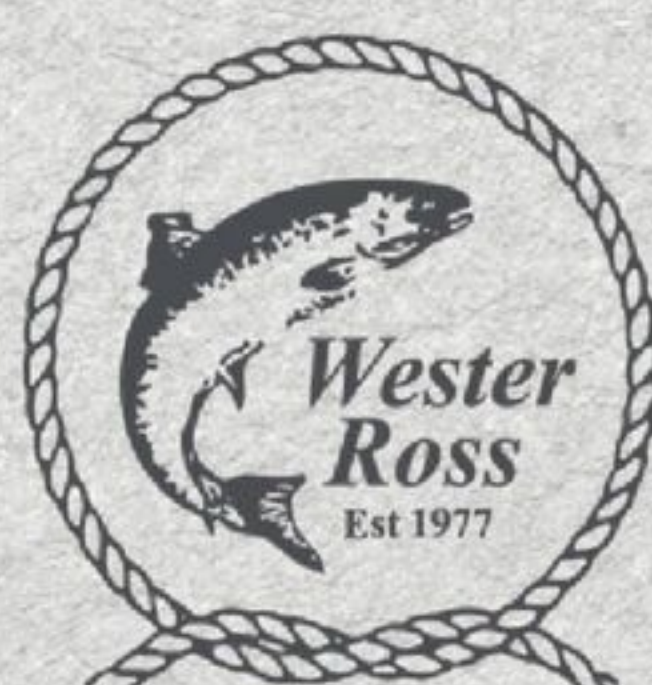


Wester Ross

Premium Salmon

Raised off the coast of Scotland, Imported fresh!

- Quality & Exceptional Taste
- Each fillet is tagged for traceability
- Slow Grown & Hand Fed with Non GMO feed



Raised without Antibiotics,
growth promoters or GMOs.
Slow grown. Premium quality,
exceptional taste.

Follow
Fortinos.supermarket
or Click Here!

Exclusive to
Fortinos!



18⁹⁹lb
41.87/kg



FRESH BURGERS

Hand pressed & made fresh daily from
Certified Angus Ground Chuck Beef!

Chuck meat provides the perfect
mix of fat & lean meat, ideal
for flavourful burgers!

5⁹⁹
each

Fortinos fresh
8 oz. burgers
salt & pepper,
garlic & worcestershire,
cheddar cheese
or bacon

20969944_EA



1/2 lb each!

*Made fresh
daily!*

4⁹⁹
each

fresh Atlantic
salmon burgers

21188901_EA



Raised by a
CANADIAN FARMER

10⁹⁹
560 g

Fortinos
hot chicken burger
21746965_EA



10⁹⁹
560 g

Fortinos plain or
caramelized onion &
parsley turkey burgers
21606920_EA



10⁹⁹
420 g

Fortinos beef sliders
21099444_EA

Bakery

Baked fresh by Bakers with passion!



28⁹⁹
765/850 g
Boston fruit topped cake
selected varieties
20593152_EA

21⁹⁹
383-600 g
LA ROCCA
CREATIVE CAKES
6 inch cakes
selected varieties
20378352_EA

6⁹⁹
15's
Baked in store!
gourmet cookies
baked in store,
selected varieties
21208406_EA

2⁴⁹
50/65 g
butter croissants
or pastries
selected varieties
20705085_EA/21416864_EA

8⁴⁹
260/280 g
Promise gluten free
hamburger or
hot dog buns
21465953_EA

3⁹⁹
426/528 g
Dempster's Gold buns
hamburger or sausage
21331650_EA

6⁹⁹
575 g
Baxter's
loaf cakes
selected varieties
20733452_EA/20956671_EA

3²⁹
141/150 g
Dimpflmeier
flan sponge cake
or Gala vanilla
dessert shells
21337301_EA/21664659_EA

Deli

Always freshly sliced or shaved your way!

7⁹⁹
170-200 g
PC® double cream
brie, camembert
or Blue Menu®
light brie
20787327_EA

8⁹⁹
2x125 g
Santa Lucia
fresh mozzarella
21029092_EA

5⁹⁹
175 g
PC® feta crumbles
20862432_EA/20862068_EA

7⁹⁹
500 g
Barri Ricotta
regular or light
20573933_EA/20573931_EA

11⁹⁹
150/175 g
Marcangelo
Italian sliced meat
family size,
selected varieties
21706582_EA

2⁴⁹
11.30/lb
Cogruet firm ripened cheese
or PC® Natural Choice
turkey or chicken breast
deli served
20033471_KG/20059548_KG

7⁹⁹
125 g
Imported from Italy!
Ponte Reale
buffalo mozzarella
or Maldera burrata
selected varieties
21453166_EA

2⁴⁹
350-454 g
Sunrise medium
or extra firm tofu
selected varieties
20022239_EA/20570507_EA

11⁴⁹
280-700 g
Olivieri sauce
\$7.49 600 mL
Olivieri
family pack pasta
or skillet gnocchi
selected varieties
20011488_EA/20915948_EA

6⁴⁹
482-680 g
Reser's
Main St. Bistro
mac and cheese
or potatoes
selected varieties
20864164_EA

15⁹⁹
1 kg
Tuscan
rotisserie chicken
antibiotic free,
grain fed,
fully cooked
20899945_EA

6⁹⁹-9⁹⁹
128-600 g
PANE Fresco
meat pie or quiche
selected varieties
21699115_EA

Grocery



1.79
540 mL

Unico beans
selected varieties
20313447001_EA/20313447002_EA



4.49
190/200 g

Miss Vickie's
kettle cooked
potato chips
selected varieties
21240628_EA/21240703_EA



10.99
6x330 mL

Heineken
non-alcoholic
beer
cans or bottles
21099500_C06/21100011_C06



4.99
500 g

Liberté
Mediterranean
yogurt
selected varieties
20788062002_EA/21547567_EA



3.29
300 mL

Oikos Pro
yogurt drink
selected
varieties
21651846_EA/21723750_EA



2.99
532 mL

Karma
probiotic or
energy water
selected varieties
21065075_EA/21730436_EA



5.99
79/100 g

Hormel
bacon bits
selected varieties
20146761_EA/20322779_EA



2.99
340/375 g

Catelli Smart or
Healthy Harvest
pasta
selected varieties
20312623001_EA/20527264_EA



2.29
200-227 g

Pillsbury
crescents or
wiener wrap
selected varieties
21505340_EA



6.49
each

Red Baron
classic crust pizza
selected varieties,
frozen, 554-665 g
21736901_EA/21736881_EA



2.29
398 mL

Bush's
baked beans
21686337_EA/20101518001_EA



3.79
each

Blue Dragon
spring roll wrapper
134 g, noodles 300 g
or sauce 200/310 mL
selected varieties
20189688_EA/20901432_EA



5.99
680 mL

Rodolfi
sauce
selected varieties
21661700_EA/21661795_EA



4.99
350/400 g

Grissol
Melba toast
20307218001_EA/21520208_EA



2.29
500 mL

Unico
wine vinegar
20319499001_EA/20319499002_EA



5.99
each

Kellogg's cereal
selected varieties,
306-525 g
20015041_EA



4.29
each

Nature Valley
sweet & salty
or protein bars
148-175 g
or Fibre 1 bars
125-175 g
selected varieties
20587504001_EA/20686988002_EA



9.99
1.6 kg

Dainty rice
selected varieties
21284741_EA/21284743_EA



2.49
400 mL

French's
mustard
20083238_EA



15.49
340 g

Lavazza
ground espresso
or Van Houtte
ground coffee
20973133_EA/21553723_EA

Celebrate National Ice Cream Day

Sunday, July 19th



Isigny Sainte-Mère
whipped cream

20718306_EA
7.99
250 g



6.99
420 g

Farmer's Market™ waffles

21396165_EA



Available in
Bakery!

30.99
1.2 kg

Three Sisters ice cream cake
cookies and cream, double chocolate
or confetti, frozen

21702111_EA



5.99
3/4's

Magnum bars
selected varieties, frozen

20342005003_EA/20950739_EA



4.99
946 mL

PC® Scoop Shop
ice cream
selected varieties, frozen

21706459_EA/21706563_EA



5.99
473 mL

Ben & Jerry's
ice cream
selected varieties, frozen

21428213_EA/21720692_EA



9.99
each

Baskin Robbins or
Haagen Dazs ice cream
946 mL or sandwiches 4's
selected varieties, frozen

21586969_EA/21721501_EA



6.49
6's

PC® Blue Menu®
smoothie bars
selected varieties, frozen

20302849003_EA/21718729_EA



2.79
142 g

PC® sugar
ice cream cones

20340143_EA



5.79
428 mL

PC® squeezable
topping
selected varieties

20338077_EA/20339669_EA



6.49
each

Nestlé Drumstick 4's
or confectionary frozen
dessert 1.5 L or bars 4-10's,
selected varieties

20324757003_EA/21739610_EA

Build Your Own Sundae

Fruit Topped Sundaes!



Foodland
ONTARIO

4.99
340 g

PC® greenhouse
strawberries
product of Ontario,
Canada no. 1 grade
21027142001_EA



2.99
each

large
Maya mango
product of Israel
20812580001_EA



6.49
473 mL

Talenti gelato
or sorbetto
selected
varieties,
frozen
21720449_EA
21720544_EA



6.99
473 mL

Halo Top
frozen dessert
selected varieties
21087007_EA/21585215_EA



6.99
1 L / 4-6's

Chapman's
no sugar added
ice cream
or novelties
selected varieties,
frozen
20299152003_EA/20315564001_EA



16.99
8's

Island Way
sorbet
selected varieties
21737274_EA



Gay Lea
whipped cream
selected varieties
20048223001_EA/20303689_EA

4.99
225 g



no name®
ice cream
cones or cups
selected varieties
21203883_EA

2.29
45-80 g



PC® waffle
cones or bowls
selected varieties
21203795_EA

5.79
205 g



2.49
70-75 g

Wilton sprinkles
selected varieties
21705299_EA/21705305_EA

Summer Treats



1.99
170/177 g

ICEE drinks
selected
varieties
21519303_EA/21519322_EA

OMG!
chocolate
clusters
selected varieties
21725624_EA

10.99
300 g



Makes 20 S'mores!



6.99
600 g

PC® S'mores kit
20855672_EA

Waterbridge
candy
selected varieties
21721616_EA/21721668_EA

3.49
125/175 g



Hershey's
milk chocolate
s'mores kit
21510787_EA

11.99
578 g



3.49
142 g

Nerds gummy
clusters candy
selected varieties
21628482_EA/21721267_EA



17.99
60x150 mL

Mr. Freeze
jumbo
freeze pops
21023268_C60



4.99
48x42 mL

Mr. Freeze
freezies
21031219_C01

Cottage Country
traditional
cotton candy
21460545_EA

2.49
65 g



3.79
283-454 g

Twizzlers or
Jolly Rancher
ropes candy pack
selected varieties
20022328004_EA

Ice Cream Toppings in Bulk



.88 /100 g gummi grizzly bears
3.99/lb 21127204_KG



.88 /100 g sour gummi grizzly bears
3.99/lb 21245238_KG



.88 /100 g gummi wiggly worms
3.99/lb 21127228_KG



110 /100 g sour watermelon slices
4.99/lb 21127285_KG



110 /100 g chopped dry roasted peanuts
4.99/lb 20327913_KG



132 /100 g sweet shredded coconut
5.99/lb 20018083_KG



.66 /100 g graham cracker crumbs
2.99/lb 21081310_KG



220 /100 g pure semi sweet chocolate chips
9.99/lb 21550461_KG



331 /100 g little Rolo's
14.99/lb 20886686_KG



264 /100 g Nestlé Smarties
11.99/lb 20003345_KG



353 /100 g Skor chocolate bar
15.99/lb 20730692_KG



309 /100 g M&M's peanut or plain
13.99/lb 20249531_KG



176 /100 g butterscotch chips
7.99/lb 20002162_KG



132 /100 g rainbow sprinkles
5.99/lb 21551309_KG



132 /100 g chocolate sprinkles
5.99/lb 21551323_KG



132 /100 g birthday cake topping
5.99/lb 21733617_KG



optimum™

More offers. More points.

pts

pts

pts

pts



Optimum™
4,000 pts

for every \$20
spent on

Method household
cleaning products
selected varieties and sizes

21432663_EA/21518324_EA



Optimum™
4,000 pts

for every \$10
spent on

all Kellogg's cereal
selected varieties and sizes

20067427_EA/21607207_EA



Optimum™
3,500 pts

for every \$10
spent on

Crown corn syrup or
Fleischmann's baking products
selected varieties and sizes

20006692_EA/20160687_EA



Optimum™
3,000 pts

for every \$10
spent on

Old El Paso products
selected varieties and sizes

20795534_EA/21049495_EA



Optimum™
2,000 pts

for every \$10
spent on

Loacker wafers or Quadratini
selected varieties and sizes

20321447001_EA/21195370_EA



Optimum™
2,000 pts

for every \$12
spent on

Kikkoman products
148-591 mL

20069696_EA/20123117_EA



Optimum™
2,000 pts

when you buy 2

Cap'n Crunch,
Life or Quaker
Oat Squares cereal
selected varieties
350-500 g

21082500_EA/20637355_EA



Optimum™
1,000 pts

for every \$10
spent on

Callipo tuna
selected varieties
and sizes

20069250_EA/20219891_EA



Optimum™
3,000 pts

when you buy 2

Perrier
sparkling water
8x330 mL

21717999_EA/21576464_EA



Optimum™
1,000 pts

when you buy 2

Idahoan potatoes
selected varieties
43-116 g

21537426_EA/21638918_EA



Optimum™
1,000 pts

when you buy 2

Goldfish crackers
or Snyder's pretzels
selected varieties
156-340 g

20300320_EA/20316052004_EA



Optimum™
1,000 pts

when you buy 2

Essentia water
1 L

21509753_EA



Optimum™
1,000 pts

when you buy 2

Blue Diamond
almonds
selected varieties
170 g

20500386003_EA/20500386004_EA



Optimum™
500 pts

when you buy 2

Jiffy Pop or
Slim Jim Gable
112/127 g

20145504_EA/21586351_EA

These offers are only available to valid PC Optimum™ program members. Membership is free. To register as a PC Optimum™ member, see in-store or visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See fortinos.ca for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. *Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. †Must be a registered PC Optimum™ member to load and get this offer.



optimum™

More offers. More points.

pts

pts

pts

pts



Optimum
500 pts
when you buy 2

Bubly mini cans
222 mL
21718382_C06/21731990_C06



Optimum
500 pts
when you buy 2

Cesar Canine Cuisine
wet dog food
100 g
20323206007_EA/20323206009_EA



Optimum
5,000 pts

Pilot coffee
selected varieties and sizes
21569665_EA/21569585_EA



Optimum
2,000 pts

Chapman's
super premium ice cream
selected varieties, frozen, 500 mL
21511106_EA/21511147_EA



Optimum
2,000 pts

Kicking Horse coffee
10's
21628644_EA/21722646_EA



Optimum
1,500 pts

Oasis smoothie
selected varieties, 4x300 mL
21741929_C04/21742051_C04



Optimum
1,000 pts

McCormick's
honey 750 g
or Billy Bee 1 kg
selected varieties
20724506_EA/20857271_EA



Optimum
1,000 pts

Kraft pasta salad
200 g or Robin Hood
pizza flour 2 kg
20976367_EA/21484990_EA



Optimum
1,000 pts

Jack Link's
230-250 g
21001206_EA/21649103_EA



Optimum
1,000 pts

Protein Cheerios
selected varieties
and sizes
21739775_EA/21739719_EA



Optimum
1,000 pts

Dr. Oetker
Suprema pizza
selected varieties,
frozen, 475-520 g
21649640_EA/21649696_EA



Optimum
500 pts

Nature Valley
soft baked bars
selected varieties
and sizes
21740563_EA/21740489_EA



Optimum
500 pts

Christie
family size cookies,
Oreo Cakesters
or Ritz Drizzled
selected varieties
226-488 g
21014087_EA/21639135_EA



Optimum
500 pts

Dare Grissol
croutons
selected varieties
135 g
21455731_EA/21455732_EA

These offers are only available to valid PC Optimum™ program members. Membership is free. To register as a PC Optimum™ member, see in-store or visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See fortinos.ca for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. *Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. †Must be a registered PC Optimum™ member to load and get this offer.



Authentic fan-favourite Asian food!



13⁸⁸
340 g
T&T® sliced beef rolls
21570350_EA/21570476_EA



13⁸⁸
340 g
T&T® sliced beef rolls
21570350_EA/21570476_EA



1⁸⁸
180 g
T&T® tropical cake selected varieties
20826092_EA/20826537_EA



T&T® aloe vera drink selected varieties
20593585_EA

2⁷⁸
1.5 L



T&T® Korean roasted seaweed laver
20593313_EA

1⁸⁸
15 g



T&T® jasmine rice
20705590_EA

1⁸⁸⁸
8.18 kg



7⁴⁸
540 g
T&T® BBQ pork steamed buns frozen
21495784_EA

T&T® potstickers selected varieties, frozen
21495805_EA/21495823_EA

5²⁸
567 g



T&T® 3-minute ramen noodles selected varieties
21447366_EA/21447367_EA

5⁴⁸
504 g



T&T® ice cream tub selected varieties
21300559_EA

6⁴⁸
1 L



T&T® Monthong Durian pulp frozen
21541463_EA

14⁸⁸
454 g



T&T® soy sauce dark or light
20698024_EA/20698142_EA

3²⁸
500 mL



SUMMER BUNS

Choosing the right bun
will take your food to
new heights!




3⁷⁹
8's
Dempster's hamburger
or hot dog buns
21311477_EA



4²⁹
6/8's
Villaggio
Toscana buns
crustini or sausage
21285576_EA/21285577_EA



4²⁹
6/8's
D'Italiano buns
selected varieties
20673208_EA



4⁷⁹
296 g
ACE gourmet buns
selected varieties
21596224_EA



5²⁹
200/385 g
La Fournee Doree
brioche buns
selected varieties
20980708_EA/21192729_EA



8⁴⁹
260/280 g
Promise gluten free
hamburger or hot dog buns
21465953_EA



4²⁹
8x60 g
PC® or Blue Menu®
thin buns
selected varieties
20317755_EA/20332961_EA



4⁹⁹
6/8's
PC® Gigantico® buns
selected varieties
20627037_EA/21431179_EA



4⁹⁹
6's
PC® Brioche buns
selected varieties
21094319_EA



6⁴⁹
4's
PC® gluten free
hamburger or
hot dog buns
selected varieties
21243173_EA/21243291_EA

MAKE YOUR OWN PIZZA



pizza sauce
20018438_KG

249^{lb}
5.49/kg

pizza mozzarella
20959084_KG

220 /100 g
9.99/lb

Venetian sliced pepperoni
21637621_KG

231 /100 g
10.49/lb

PANE *Fresco*
fresh pizza dough
white or whole wheat
20613587_EA

399
600 g



PC® white or cremini
sliced mushrooms
product of Ontario
21005382_EA/21021587_EA

379
227 g



*Prepared
IN STORE DAILY*

699^{lb}
15.41/kg

pineapple chunks
21019125_KG

*Prepared
IN STORE DAILY*

499
340 g

sliced peppers
21492802_EA

*Prepared
IN STORE DAILY*

499
358 g

diced red onions
21492806_EA



Piller's
chorizo toppings
20976070_EA

849
250 g



Venetian cup & char
pepperoni
21540009_EA

749
175 g



PC® Natural Choice®
diced pancetta
20049345_EA

799
150 g



Natural Health



3.99
150 g
Made Good
crunchy squares
21722850_EA/21722916_EA



4.49
480 mL
GT's raw kombucha
selected varieties
20374106_EA/20906034001_EA



8.49
600 g
PC® Organics
frozen fruit
selected varieties
20149390_EA/20431483003_EA



8.99
132 g
Mid-Day Squares
snack bar
selected varieties
21620087_EA/21731009_EA



3.49
946 mL
Blue Diamond
Almond Breeze
non-dairy
beverage
selected varieties
20107219004_EA/20264273_EA



5.99
each
Prana GranoLove
granola 300 g
or Kind breakfast
bars 4x50 g
selected varieties
21393188_EA/21726184_EA



7.99
each
Manitoba
Harvest hemp
hearts 227 g
or Fatso peanut
butter 500 g
selected varieties
20822185_EA/21314277_EA



8.49
330 g
Dutchman's
Gold organic
honey
selected varieties
21443723_EA/21443725_EA



8.99
280 g
Farm Girl
cereal
selected varieties
21610446_EA/21610462_EA



2.79
322 mL
Saltwater Co.
himalayan salt
electrolyte water
21739326_EA/21739357_EA



4.99
142 g
Popcorners
popped
corn chips
selected varieties
21370205_EA/21370259_EA



6.99
4x355 mL
Remedy Sodaly
21732266_C04/21734389_C04



6.99
60 g
Hu Kitchen
organic
chocolate
21463975_EA/21463978_EA



7.99
5x55 mL
Jonny Pops
organic popsicles
selected varieties
21750687_EA/21752080_EA

Organics Food that you can feel good about!



3.99
1.36 L
PC® Organics
lemonade or
apple juice
selected varieties
21687663_EA/21209313_EA



4.99
each
PC® Organics
sour cream 500 g
or salsa 437 mL
selected varieties
21021374_EA/21453647_EA



6.99
350 mL
PC® Organics
salad dressing
selected varieties
21609744_EA/21609630_EA



6.99
200 g
PC® Organics
cheese
selected varieties
20320775001_EA/21295367_EA



9.99
each
PC® gluten free
flatbreads
selected varieties,
frozen, 342/374 g
21395070_EA/21395544_EA

Baby



Pampers easy ups
training underwear
3-4 100

Pampers swaddlers
100% LEAKPROOF skin protection
protection de la peau jusqu'à 100% sans fuite
144 couches

Pampers Sensitive
clinically proven for sensitive skin
504

GoodNites
NightTime Underwear
40% MORE PROTECTION
PLUS DE PROTECTION

HUGGIES little movers
OUTSTANDING ACTIVE FIT
8-4 couches

HUGGIES natural care
SENSITIVE WIPES
6

Similac Pro-Advance
47% more de plus
2-FL 859 g

Similac Pro-Advance
47% more de plus
2-FL 859 g

Enfamil NeuroPro
NEUROPRO GENTLELEASE
553/587 g

Enfamil NeuroPro
NEUROPRO GENTLELEASE
553/587 g

cerebelly
ORGANIC BABY PUREE
128 mL

cerebelly
ORGANIC BABY PUREE
128 mL

Pampers diapers, wipes or training pants 100-504's selected varieties
21018026_EA/21089297_EA

Huggies diapers, wipes, Goodnites or Pull-Ups selected varieties and sizes
20963841_EA/21172000_EA

Similac formula selected varieties
21436985_EA/21437126_EA

Enfamil NeuroPro formula powder selected varieties
21589117_EA/21589230_EA

Cerebelly pouches selected varieties
21601279_EA/21601154_EA

Simple Gourmet banana bre PAIN AUX BANANES
Mini Oat Bites
179 each

Love Child pouches 128 mL or Baby Gourmet mini oat bites 38 g selected varieties
20944660_EA/21121969_EA

Earth's Best puffs 44-78 g or Love Child Seafriends 140 g
21462907_EA/21534883_EA

Mum-Mum mini cereal bars 160 g or Hot Kid Mum-Mum 50-60 g selected varieties
20159814002_EA/20431441001_EA

Organics Biologique mini cereal bars 160 g or Hot Kid Mum-Mum 50-60 g selected varieties
20159814002_EA/20431441001_EA

PediaSure Complete 4x235 mL or Pedialyte 1 L selected varieties
20322414001_EA/20322414002_EA

HUGGIES simply clean baby wipes selected varieties
21371309_EA/21018026_EA

Pampers Sensitive baby wipes selected varieties
21371309_EA/21018026_EA

Body & Health

Colgate toothpaste 72-150 mL or toothbrush selected varieties
20432339010_EA/21073176_EA

SoftSoap 221 mL selected varieties
20432339010_EA/21073176_EA

Nivea or Vaseline lotion selected varieties
20700027_EA/21085011_EA

Nivea body wash 500 mL, deodorant 50 mL or shaving cream 198 g/100 mL selected varieties
20320922002_EA/21165544_EA

Dove deodorant selected varieties
20840721_EA/21075102_EA

Pantene hair care or styling 170-355 mL or Ivory body wash 621 mL selected varieties
20311794002_EA/20860346001_EA

Tampax Pearl liners 36-72's, pads 10-26's or Tampax tampons 14-18's selected varieties
21181430_EA/21444899_EA

Tena protective underwear selected varieties
21033614_EA/21033778_EA

Boost meal replacement selected varieties
20986348_C06/20986361_C06

Alani protein drinks 355 mL or Grenade or ONE protein bars 60 g, selected varieties
21120168_EA/21602112_EA

Centrum, Caltrate or Emergen-C selected sizes and varieties up to 20% OFF
21236171_EA/21236176_EA

Household



12.99 each
Tide Pods or Power Pods 18-31's, Gain detergent 2.39 L 61 WL or Bounce sheets 200's selected varieties
20548511001_EA/20911588_EA



21.99 2.96 L
Woolite liquid laundry detergent selected varieties, 66 WL
21361740_EA/21409095_EA



3.99 651 mL/680 g
no name® oxi-burst stain remover
20012070001_EA/21375912_EA



4.99 each
Dawn Ez-Squeeze dish soap 535-650 mL or no name® all purpose scouring sponges 6's, selected varieties
20556918_EA/21430550_EA



18.99 6=12 rolls
Sponge Towels Ultra or Ultra Pro paper towels selected varieties
21676117_EA/21677740_EA



7.99 each
Swiffer Duster or Wet Jet refills 3-16's 750 mL/1.25 L selected varieties
21625536_EA/21627479_EA



2.99 60 m
no name® plastic wrap
21120002_EA



7.99 10-52's
Glad garbage bags selected varieties and sizes
20099609_EA/20297334001_EA



7.99 40's
no name® paper dinner or lunch plates
21384149_EA/21384145_EA



13.99 4's
Scotties ultra soft facial tissue
21607215_EA/21607310_EA

Pet Needs for Cats, Dogs & Birds!



1.49 75 g
Whiskas Perfect Portions wet cat food selected varieties
20945097_EA/20945388_EA



3.49 180 g
Whiskas Temptations cat treats selected varieties
20298151005_EA/21105375_EA



14.99 1.36-1.59 kg
IAMS Proactive Health dry cat food selected varieties
21027553_EA/21027556_EA



27.99 4 kg
PC® Nutrition First® dry cat food selected varieties
21303028_EA/21303031_EA



1.99 300-320 g
PC® Wild Bird suet cake
21302909_EA/21302923_EA



2.79 368 g
Purina Beyond wet dog food selected varieties
21165919_EA/21165956_EA



8.99 each
Freshpet dog food 680 g or Just One Fish meal topper 113 g
20564072001_EA/21630105_EA



10.99 708 g
Milk-Bone Soft & Chewy dog treats selected varieties
20018670_EA/21047843_EA



21.99 2.2 kg
Blue Buffalo dry dog food
21360340_EA/21360571_EA



20.99 12x100 g
Cesar Canine Cuisine dog food selected varieties
20548229_EA/20628583002_EA

Locally Grown Flowers



sunflowers

21406646_EA

8⁹⁹
5 stem

DUTCH MILL GARDENS

This family operated farm has been growing cut flowers for over 30 years. Located on 250 acres west of Hamilton, all flowers are hand-picked for freshness and quality.



pick Ontario



16⁹⁹
5 stems

lisianthus
assorted colours
20597821_EA



12⁹⁹
or 3/\$33

snapdragons 5 stems
21494341_EA



large or mini
gerbera bunch

20342399_EA/21205508_EA

12⁹⁹
or 3/\$33



mason jar
arrangement

21416389_EA

16⁹⁹
each



Arizona garden
21754608_EA

34⁹⁹
each



double spiked
orchid
5 inch ceramic pot

20944596_EA

29⁹⁹
each

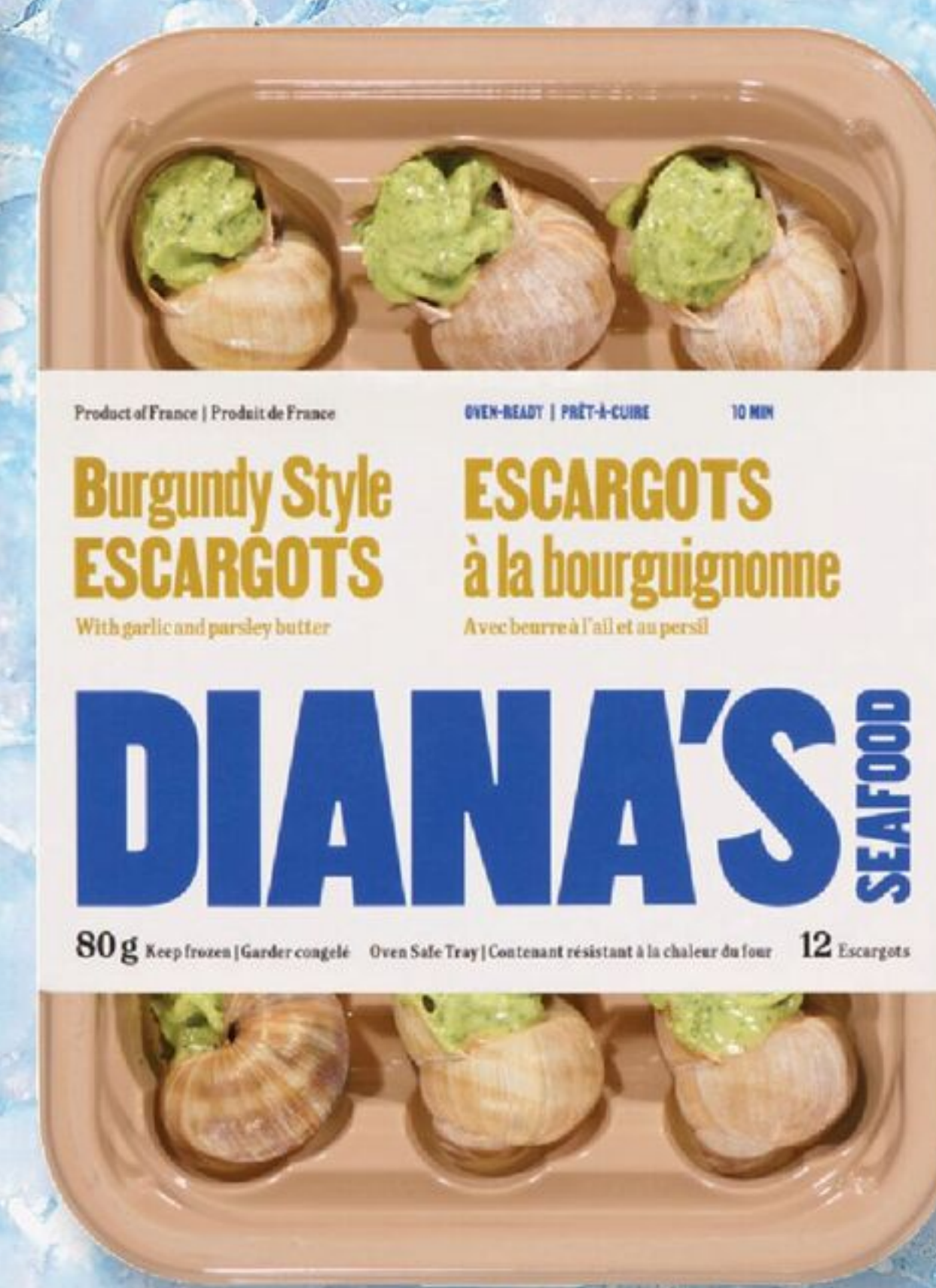
Seafood



12⁹⁹ 907 g PC® PEI mussels in sauce selected varieties, frozen
20838559_EA/20838560_EA



19⁹⁹ 454 g Triple Crown Black Tiger easy peel shrimp 13/15 per lb, frozen
21003780_EA



7⁹⁹ 80 g Diana's escargots frozen
21666038_EA



5⁹⁹ 750 g Ferma large sardines frozen
20092762_EA

Meat



8⁴⁹ 375 g Maple Leaf or Schneiders bacon selected varieties
20732366_EA/20772671_EA



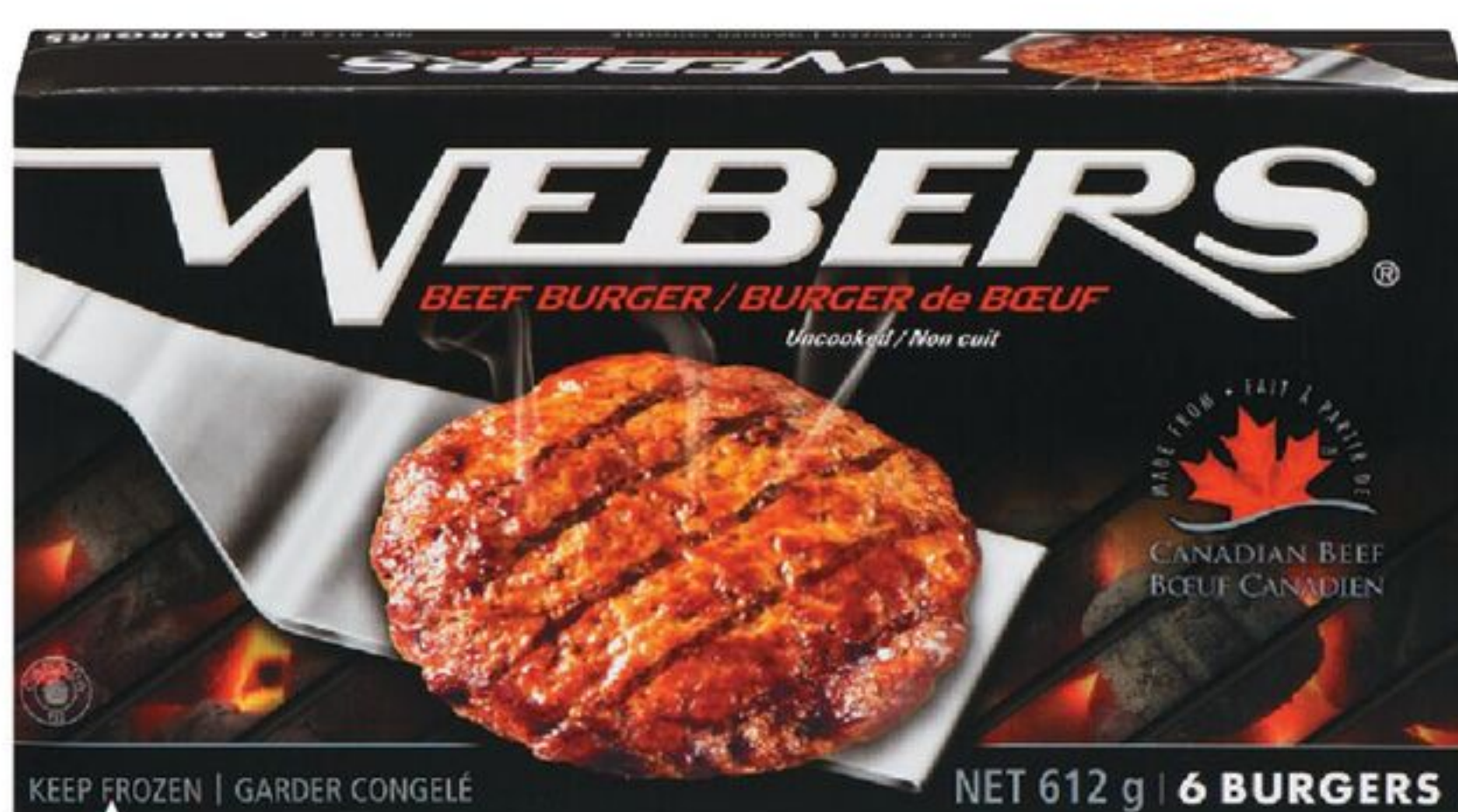
15⁹⁹ 900 g Schneiders Smokies sausages selected varieties
21094083_EA/21094879_EA



13⁹⁹ 600 g Maple Leaf ham selected varieties
21094853_EA/21094883_EA



8⁹⁹ 300 g Marcangelo mini chicken breast skewers
21741654_EA



16⁹⁹ 612 g Webers beef burgers frozen
20151226_EA



14⁹⁹ 852 g Royal Meats beef or chicken burgers selected varieties, frozen
21680569_EA/21680615_EA/21680703_EA



7⁹⁹ 375/675 g Marcangelo jumbo sausages selected varieties, frozen
21289731_EA/21289868_EA



57⁹⁹ 1250 g Ontario Lamb Co. lamb spiedini frozen
21746736_EA

MORE FRIES. MORE POINTS.

CELEBRATE NATIONAL FRENCH FRY DAY



Cavendish Farms Products 400 g – 2.25 kg
21685114_EA | 21685224_EA | 20827761_EA | 21559837_EA

1,000 pts for every \$10* spent on
Cavendish Farms Products

Thursday July 16 to Wednesday July 22, 2026

*Must be a PC Optimum™ member. See terms & conditions in-store for redemption restrictions.

Cadbury DAIRY MILK
**LOVE YOUR
S'MORE
EVEN MORE**



\$3.79
CADBURY
Bars
90-105g
21648577_EA



\$6.49
CHRISTIE
HONEYMAID
Wafers
400g
20621134_EA

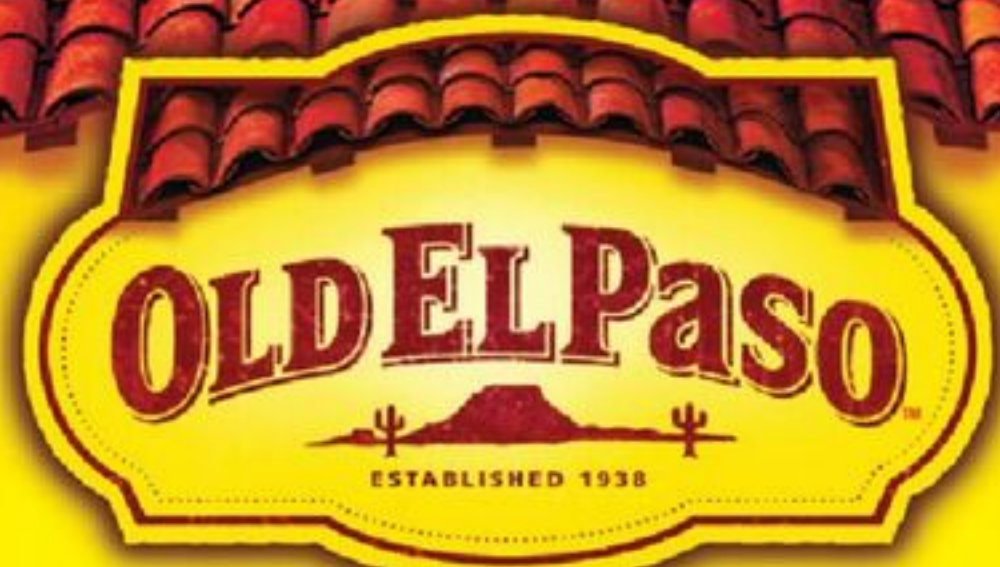


\$6.99
CADBURY
Sharing Bars
180g
21571941_EA



\$4.29
CHRISTIE Cookies
180-200g
21547034_EA
21014086_EA

*COMPARED TO THE ORIGINAL CADBURY DAIRY MILK MILK CHOCOLATE BAR, THE SQUARE IS LARGER TO FIT HONEY MAID WAFERS PERFECTLY AND THINNER FOR A QUICKER MELT.



**MAKE TONIGHT
BBQ NIGHT**



Optimum™

\$3.00
value

Earn

3,000 pts

when you spend \$10 on any
General Mills™ Old El Paso™ products

from July 16th – 22nd 2026



#1
MOST
TRUSTED
by Canadians
2024

pzazz TM MC

**CRUNCHY
NUTS**



**PEANUTS IN A
CRISPY
POTATO CRUST**



80g Various Flavours
21566349_EA, 21566442_EA, 21566481_EA, 21566441_EA, 21566368_EA

MADE FOR LIFE'S THIRSTIEST MOMENTS

579
Thirsty Buddha Organic Coconut Water
1 L
20689784

249
Thirsty Buddha Sparkling Coconut Water
330 mL
21014419

330 mL (11.2 fl oz)
PINEAPPLE ANANAS
21014419

MELA
watermelon water
eau de melon d'eau

21686192_EA 500ML

21686128_EA 500ML

21686193_EA 500ML

CANADIAN SUMMER
Starter Pack

REFRESHING ENERGY DRINKS

CRISPY PROTEIN CHIPS

21533767-EA

TAP INTO THE SAP LIFE

FIND **SAPSUCKER** IN THE PANE FRESCO COOLER & NATURE'S TREASURE AISLE

21438387_EA
21438382_EA
21438381_EA

LIGHT SWEETNESS
SUBTLE BUBBLES

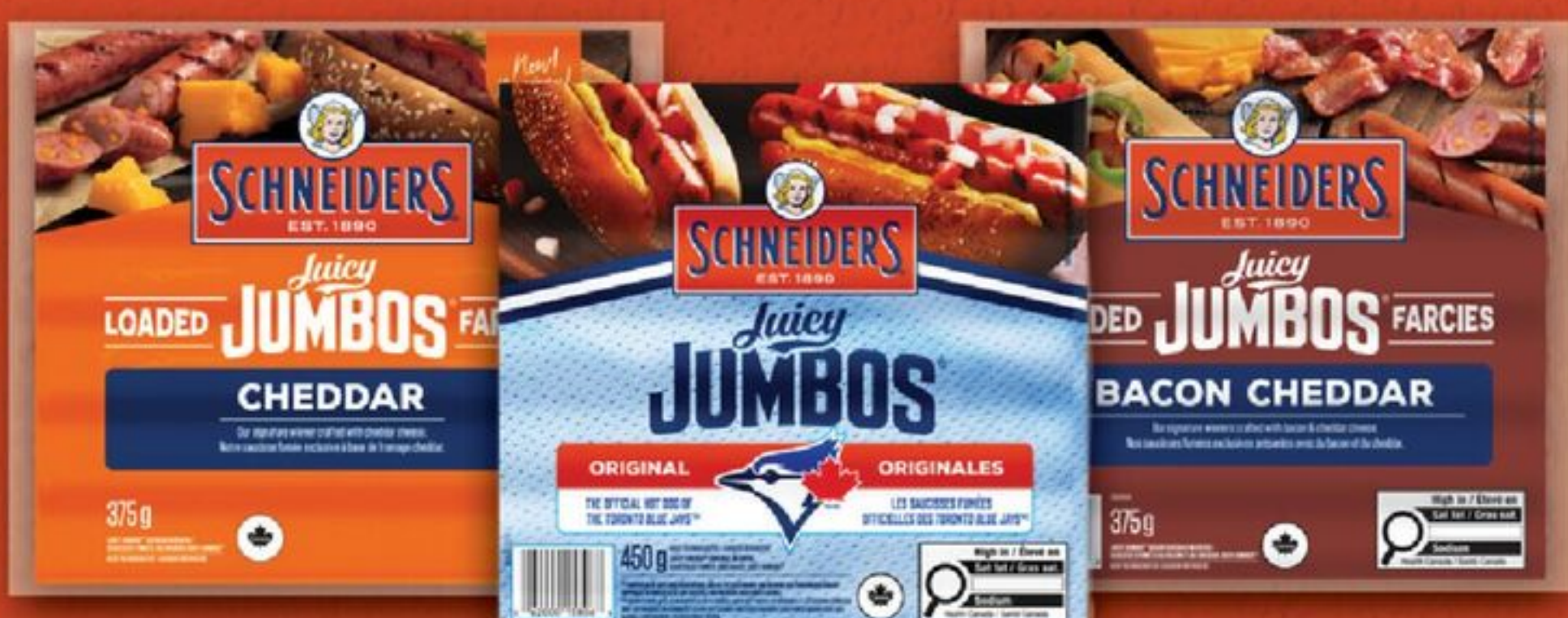
PROUDLY CANADIAN
ORGANIC

SUSTAINABLY TAPPED
MAPLE SAP

LOW CALORIE
HIGH REFRESHMENT



SUMMER'S MVPs ARE HERE



8⁹⁹ Schneiders® Juicy Jumbos® Wieners 375g-450g

OFFICIAL HOT DOG OF THE TORONTO BLUE JAYS™

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5⁹⁹ Schneiders® RedHots® Wieners 375g

Frank's RedHot® is a registered trademark of The French's Food Company, LLC, licensed to Maple Leaf Foods Inc.



8⁹⁹ Schneiders® Smoked Sausages 375g



8⁴⁹ Schneiders® Bacon 375g



5⁹⁹ Schneiders® Blue Ribbon® Bologna 375g



5⁹⁹ Maple Leaf® Natural Top Dogs® 375g



8⁴⁹ Maple Leaf® Natural Bacon or Ready Crisp® Bacon 65g-375g



5⁹⁹ Mina® Halal Deluxe Chicken Wieners 675g

MAKE MORE WITH PACE

ONE JAR MAKES TWO DELICIOUS RECIPES



SCAN HERE FOR BOLD & BUDGET-FRIENDLY RECIPES



5⁹⁹ Pace® Chunky Salsa 642 mL, selected varieties



1⁹⁹ Campbell's® Condensed Soups 284 mL, selected varieties



2⁴⁹ Campbell's® Ready to Use & Concentrated Broths 250 mL – 900 mL, selected varieties



3⁴⁹ Campbell's® Chunky Soups 515 mL, selected varieties

CLICK HERE FOR OUR DIGITAL COUPONS

EARN MORE POINTS WHEN YOU SHOP WITH THE PC OPTIMUM™ APP

