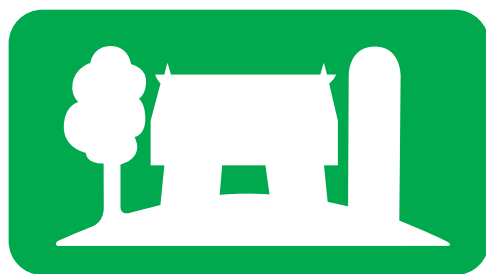


Fresh savings effective
Thursday, July 23 to
Wednesday, July 29, 2026

Sign-up for your E-flyer
today at highlandfarms.ca



SCAN FOR OUR WEEKLY
FLYER & SPECIALS



HIGHLAND FARMS



START FRESH

Check out highlandfarms.ca for more tasty goodness.

owned and operated since 1963

CANADIAN



6⁹⁹
/lb
15.41/kg

SAVE MORE! Fresh Ontario
Chicken Breast
Boneless & Skinless

Ontario Homegrown
Cauliflower
No. 1 Grade
Jumbo Size

2/5⁰⁰

SAVE MORE!



Bubly
Sparkling Water Beverage
Assorted Varieties

6⁹⁹
12x355ml



8⁹⁹ Canaddin Pride
Canola or
Vegetable Oil
3L



2/5⁰⁰

La Molisana
Pasta 450g Assorted Regular Cuts
or Passata di Pomodoro 680ml



Fresh Atlantic
Salmon Steaks

10⁹⁹
/lb
24.23/kg



5⁹⁹ Nestlé
Real Dairy Ice Cream, Confectionary Blends 1.5L
or Drumsticks 4pk
Selected Varieties



6⁹⁹ Danone
Activia Yogurt
Selected Varieties
12x100g



Ontario Homegrown
Strawberries
No. 1 Grade

5⁹⁹
quart



PRODUCE



Yellow Nectarines
Product of U.S.A.

1⁹⁹
/lb
4.39/kg



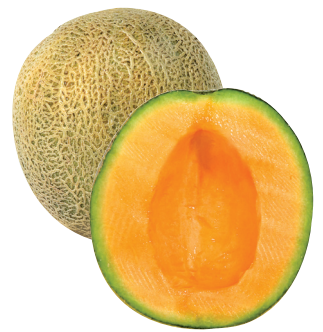
2⁹⁹
/lb
6.59/kg

Orri
Clementines
Product of
Argentina



1⁹⁹
/lb
4.39/kg

Forelle
Pears
Product of
South Africa
Extra Fancy Grade



3⁹⁹
each

Sweet Cantaloupes
Product of U.S.A.
No. 1 Grade
Jumbo Size



1⁹⁹
each

Head Lettuce
Product of Canada
No. 1 Grade



1⁹⁹
/lb
4.39/kg

Ontario Homegrown
Field Tomatoes
No. 1 Grade



1⁹⁹
/lb
4.39/kg

Ontario Homegrown
Greenhouse Mini
Seedless Cucumbers



1⁴⁹
/lb
3.28/kg

Ontario Field Grown
Large Eggplants



Ontario Homegrown
Broccoli Crowns

1⁹⁹
/lb
4.39/kg



2⁹⁹
/lb
6.59/kg

Ontario Homegrown
Green, Yellow or Flat Beans



1⁹⁹
227g

Ontario Homegrown
Fresh Mushrooms
White or Cremini
Sliced or Whole

BAKERY



2⁹⁹
675g

Dempster's
White or 100%
Whole Wheat Bread



1⁹⁹
300g

Highland Farms
Country Kitchen
Fresh Store-Baked
Baguette White



5⁹⁹
2pk

Country Kitchen
Baked In-store
Strudel
Assorted Flavours
Min 500g



27⁹⁹
each

Elite Sweets
Fresh 8" Cakes
Assorted Varieties



7⁹⁹
each
Perrier or
Maison Sparkling
Water 8x330ml,
San Pellegrino or
Perrier 6x500ml
Selected Varieties



3⁹⁹
425ml
Kraft
Salad Dressing
Assorted Varieties



1⁹⁹
each
Del Monte
Fruit Nectar, Oasis
Classic 100% Juice,
Arizona Iced Tea
960ml, Allen's
Apple Juice 1L
Selected Varieties



4⁹⁹
6x710ml
Pepsi
Soft Drinks
Assorted Varieties

GROCERIES



1⁷⁹
each
Clover Leaf
Light Skipjack Tuna
in Water Chunk
or Flaked 170g,
Flavoured 85g
Selected Varieties



Lavazza
Espresso Coffee Beans
Qualità Rossa or Crema e Gusto

24⁹⁹
1kg



3⁹⁹
500ml
Bertolli
Red or White Wine
Vinegar



8⁹⁹
660ml
Mutti
Pasta Sauce
Selected Varieties



4⁴⁹
1.77-
1.89L
Ocean Spray
Cranberry Cocktail
or 100%
Juice Blends
Assorted Varieties



Renso
Jasmine Rice
11⁹⁹
7kg



Tostitos
Tortilla Chips
Selected Varieties

2/8⁵⁰
250-296g



Aurora
Roasted Chestnuts
Ready to Eat

3/5⁰⁰
100g



9⁹⁹
500ml
Colavita
Extra Virgin
Olive Oil



3⁹⁹
340ml
Heinz
Flavoured
Mayonnaise
Selected Varieties



3⁹⁹
2.5L
Allen's
Double Strength
Cleaning Vinegar



4⁹⁹
220-240g
Black Diamond
Cheese Slices
Selected Varieties



7⁹⁹
454g
Lactantia
Butter Sticks Salted
or My Country
Unsalted



3⁴⁹
227-
250g
Lactantia
Cream Cheese
Assorted Varieties

DAIRY



Olympic
Organic Greek Yogurt
12⁹⁹
1.75kg

MEAT



7⁹⁹
/lb
17.61/kg

Fresh Ontario
Boneless
Pork Shoulder
Blade Roast



6⁹⁹
/lb
15.41/kg

Fresh Ontario
Pork Shoulder
Blade Steak



9⁹⁹
/lb
22.02/kg

Fresh Boneless &
Skinless
Chicken Breast
Cutlets



Fresh Store-Made
Beef Burgers
Lean, Cheddar, Bacon or
Montreal Steak

10⁹⁹
/lb
24.23/kg

**100% Canadian.
Freshly Ground.
Every day.**



8⁹⁹
/lb
19.82/kg

Fresh
Extra Lean
Ground Beef



SUMMER GRILLING FAVOURITES

Schneiders
Red Hots

3⁹⁹
375g



Schneiders
Juicy Jumbos

5⁹⁹
450g



Wonder
Hot Dog or
Hamburger Buns

2⁹⁹
8pk



6⁹⁹
375g

Schneiders
Mini-Sizzlers
Sausages



Doric
Macedonian Style
Feta Cheese

44⁹⁹
3kg



2⁴⁹
/100g

Sikorski
Hungarian Sausage
at the Deli



1⁶⁹
/100g

Sikorski
Bologna
Freshly Sliced
at the Deli



DODONI

3⁹⁹
/100g

Dodoni
Greek Feta Cheese
Freshly Cut
at the Deli



5⁹⁹
145-
175g

Castello
Cheese Slices
Selected Varieties



2⁹⁹
/100g

Mastro
Genoa Salami
Regular or Hot
Freshly Sliced
at the Deli

SEAFOOD



16⁹⁹
/lb
37.46/kg

Fresh Wild
Haddock Fillets
Product of Iceland



Fresh
Arctic Char Fillets
Product of Iceland

14⁹⁹
/lb
33.05/kg

Triple Crown
Raw Black
Tiger Shrimp
Peeled and
Deveined
31/40 ct
Frozen

12⁹⁹
454g



9⁹⁹
340g

Aqua Star
Herb & Garlic
Shrimp
Frozen

FROZEN FOODS

Baskin-Robbins
Ice Cream 946ml or
Sandwiches 4x125ml
or Häagen Dazs 946ml

9⁹⁹
each



9⁹⁹
480g

Musafir
Paneer Burgers
or Nuggets
Frozen



15⁹⁹
852g

Royal Meats
Burgers
Frozen



Cardinal Roadhouse
Angus, Sirloin, Prime Rib Beef
Burgers or Veggie
Frozen

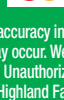
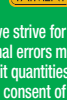
14⁹⁹
852-907g

850 ELLESMERE RD.
AT KENNEDY RD.
416.298.1999

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.

9940 DUFFERIN ST.
AT MAJOR MACKENZIE DR. W.
905.832.4481

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.



**Partners
in Growth**

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