

FOODLAND®

Fresh food. Friendly neighbours.

Striploin Grilling Steak
cut by your meat expert from
Canada AAA grade beefBUY 1, GET 1
FREE
of equal or lesser value**7⁹⁹**Lobster Tails 3-4 oz
sold frozen or previously frozenFresh Atlantic Salmon
Fillets 26.43/kg**11⁹⁹**
/lb**5⁹⁹**JOHNSONVILLE Sausage breakfast, dinner,
recipe starters or smoked, selected 250-500 g**4⁹⁹**Cookies
10 pk 310 gBaked
IN-STOREPRODUCT OF
CANADA Watermelon
no 1 grade**5⁹⁹**PRODUCT OF ONTARIO
Bulk Corn**50¢**100 PTS
when you buy 1215 LB
Averagelong weekend
**4 DAY
SALE**THUR FRI SAT SUN
30 31 1 2**3/\$10**
or \$3.99 eaSHOPSY'S Regular
Wieners 375 gPrepared
FRESHWe offer
whole and cored
pineapples for
the same price**4⁹⁹**Large Pineapple
product of Cost Rica or prepared
fresh daily cored pineapple**5⁴⁷**BUBLY Sparkling Water
12x355 mL or MONTELLIER Natural
Mineral Water 10x355 mL
rest of week \$6.49**3⁷⁷**CHAPMAN'S Premium
Ice Cream, Frozen Yogurt
or Sorbet 2 L or Li'l Lolly 28 pk
selected**7⁹⁹**

COCA-COLA or PEPSI Soft Drinks 12x355 mL

**2⁷⁵**

LAY'S Potato Chips 220-235 g

**2⁹⁷**CLASSICO Pasta Sauce
218-600 mL or GAROFALO
Imported Dry Pasta 500 g regular**2/\$5**DEMPSTER'S White, Whole Wheat,
Texas Toast or Sandwich Bread
675 g or Hot Dog or Hamburger Buns 8 pk**3⁴⁹**DANONE Activia Yogurt
650 g or Probiotic Yogurt 4 pk
or OIKOS Greek Yogurt 4 pkScene
**SPEND
& GET**SPEND \$125+, GET
1,000 PTS4 DAYS ONLY
DON'T FORGET YOUR COUPON
Valid July 30 - August 2, 2026That's like \$10 towards
your groceries

See our digital flyer for terms and conditions

SCAN HERE FOR OUR
DIGITAL FLYER

Products may not be available at all locations



Foodland.ca

JUL-AUG 2026
PRICES EFFECTIVE FROM
JULY 30 - AUGUST 5

THUR 30 FRI 31 SAT 1 SUN 2 MON 3 TUE 4 WED 5

Please see local store or online for holiday hours

Locals know

WHAT'S IN SEASON THIS SUMMER

LOCAL
4⁹⁹
/lb**CONESTOGA MEATS**
Pork Shoulder Blade
Steaks or Pork Side
Ribs Centre Portion
Removed cut in-store
by your local meat expert
11.00/kg**14⁹⁹****CARDINAL ROADHOUSE**
Angus or Sirloin Beef
Burgers 852 g or Pulled Beef or
Pork 400 g**200 PTS**
when you buy 2**5⁹⁹****COMPLIMENTS Feta** 200 g**75 PTS**
when you buy 2**2/\$10**
or
\$5.49 ea**RESER'S Side**
Dishes 340-567 g
available chilled**\$5****Potato Style or**
Sourdough Buns
4-6 pk 315-450 g**2/\$25****Prepared Fresh Daily In-Store Fruit**
or **Vegetable Trays** 900 g-1.3 kgLOCAL
4⁹⁹**PRODUCT OF ONTARIO**
COMPLIMENTS Rainbow Peppers 3 pk**22⁹⁹****TIM HORTONS**
Roast & Ground Coffee
825-875 g or Single Serve
Coffee Pods 24-30 pk**3⁹⁹****KELLOGG'S** 210-525 g
or **GENERAL MILLS** Retail
Cereals 300-473 g selected**5⁴⁹****DR. OETKER Giuseppe**
Rising or Thin Crust
or Rip'n Share Pizza
439-785 g**4⁹⁹****COMPLIMENTS Cheese**
400 g or Shreds 226-320 g
selected varieties**6⁹⁹****BECEL Margarine**
637-800 g**2/\$3****KRAFT Dinner**
156-200 g**8⁹⁹****HERSHEY'S S'mores Kits** 578-651 g,
MR. FREEZE, CRUSH, POPSICLE or **DR PEPPER**
Jumbo Freezes 27 pk while supplies last**2⁹⁹****CAMPBELL'S Chunky Soup** 515 mL**2⁹⁹****LECLERC Celebration**
Cookies 240-350 g or
PEPPERIDGE FARM Goldfish
Crackers or Crisps 156-227 g**10⁹⁹****KRAFT Peanut Butter** 2 kg, **COMPLIMENTS**
Honey 750-1 kg or **NUTELLA** Hazelnut Spread 1 kg**4⁹⁹****GAIN Liquid Detergent** 1.24 L, Flings! 16 pk,
TIDE Simply 946 mL, **DOWNY Fabric Softener** 473 mL or
1.31 L, **Beads** 141-150 g or **BOUNCE Sheets** 40-80 pk**11⁹⁹****ROYALE Bathroom**
Tissue 24-48 rolls, Paper
Towel 6-12 rolls or Facial
Tissue 12 pk

Scene+

BIG
BONUS**300 PTS**
when you buy 2**4⁹⁹****PHILADELPHIA**
Cream Cheese selected
varieties
227-250 g**300 PTS**
when you buy 3**3/9⁹⁹****QUAKER Instant**
Oatmeal 232-344 g or
Quick or Old Fashioned
Oats 709 g-1 kg**2⁹⁹****1,000 PTS**
when you buy 5**NATURE VALLEY Granola,**
Protein Bars, FIBRE 1 Bars or
BETTY CROCKER Snacks or
Gushers selected varieties 120-230 g**300 PTS**
when you buy 2**4⁹⁹****KRAFT**
Singles 410 g

The Scene+ Loyalty Program is available at all participating Foodland locations. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafé/Tim Hortons/Starbucks products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Redeem 1,000 Scene+ points for \$10 towards your purchase up to a maximum of 50,000 Scene+ points (equivalent to \$500) per day. For full Scene+ Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. © Scene+, Scene+ Design and the Icon Design are registered trademarks of Scene Plus IP Corporation, used under license.

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Scene
DIGITAL
EXCLUSIVE

OFFER VALID JULY 16-22, 2026

LOAD IT TO GET IT!

- 1 Download the Foodland app
- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

Activate your offers in the **Foodland app** or at **MyGroceryOffers.ca**

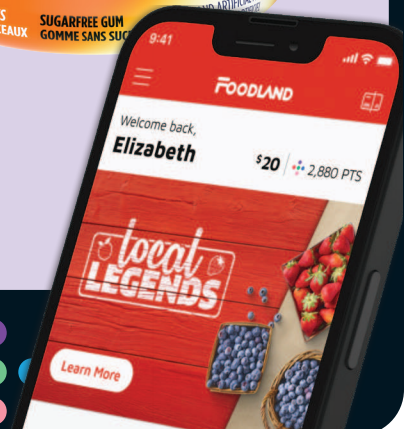


Get \$3 OFF
when you
buy 1

COMPLIMENTS
Pub Mix Snack 820 g

Get 60¢ OFF
when you
buy 1

EXCEL Gum 40 ct or 60 ct assorted



Card must be registered. Offer valid and available to be loaded July 16-22, 2026 at all participating Foodland locations in Ontario. Minimum qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Limit 1 offer per Scene+ Card. Offer excludes taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McCafe®/Tim Hortons®/Starbucks® products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Limit one. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. © Scene+, Scene & Design and the Icon Design are registered trademarks of Scene Plus IP Corporation, used under license.

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DAIRY & FROZEN

**50 PTS**
when you buy 4
4/\$5YOPLAIT Yop Drinkable
Yogurt 200 mL**5.49**SHEPHERD GOURMET
Icelandic Style Skyr
Yogurt 500 g**6.99****200 PTS**
when you buy 2
YOPLAIT Source Yogurt
16 pk**9.99**

KRAFT Singles 825 g

**7.49**PILLSBURY Pizza Pops
8 pk**6.49**COMPLIMENTS
Flatbread Pizzas
300-310 g**8.49****100 PTS**
when you buy 1
COMPLIMENTS Pure
Orange Juice 2.5 L**2.99****50 PTS**
when you buy 1
COMPLIMENTS 68%
Vegetable Oil Margarine
427 g**6.99**SCHNEIDERS Breakfast
Sandwiches or Egg Bites
224-288 g**4.99**CRAVE Frozen Entrées
200-340 g**2.99**CHEEMO Perogies
745-907 g**8.49**TALENTI Gelato or
Sorbetto 473 mL or POPSICLE
Ice Pops 18 pk selected

DRINKS & SNACKS

**6.49**ORVILLE REDENBACHER
Microwave Popcorn 5-8 pk
340-492 g or Gourmet Popping
Corn 850 g**9.99**RED BULL Energy Drinks
4x250 mL**10.49**

HARIBO Candy 652 g

**4.99**ROUGEMONT
Apple Juice 2 L**2.99**COMPLIMENTS Potato Chips Extraa!
Flavour 200 g or Pretzels 320-400 g**2.99**ROCKSTAR Energy Drinks
473 mL**150 PTS**
when you buy 2

DARE RealFruit Candy 475-700 g

**4.49**MOTT'S Clamato 1.89 L or
COMPLIMENTS Lemonade or
Iced Tea 2.84 L**9.99**KELLOGG'S Pop-Tarts
1.152 kg, Rice Krispies Squares
660 g or Special K Bars 500 g**4.99**CHRISTIE Family Size
Crackers 328-454 g**2/\$7**DARE Veggie Crisps 100 g,
BOULANGERIE GRISSOL Melba
Toast, Canapé or Baguettes
120-200 g**3.49****100 PTS**
when you buy 2
COMPLIMENTS Zaz
Water Enhancers 48 mL

DRINKS, SNACKS & PANTRY



4⁹⁹ SMUCKER'S Ice Cream Toppings 428 mL or COMPLIMENTS Waffle Bowls or Cones 10-12 pk



3⁴⁹ MOTT'S Fruitsations 6 pk



10⁹⁹ 100 PTS when you buy 1
PANACHE Amber Rich Maple Syrup 500 mL



3⁹⁹ DEMPSTER'S 7" Tortillas or TIA ROSA Tortillas 220-340 g or DIMPFLMEIER 7 Grain or Monastery Bread 454 g available in selected stores



2⁴⁹ COMPLIMENTS Marshmallows 250 g



200 PTS when you buy 2
PANACHE Salad Dressing 350 mL



6⁹⁹ 100 PTS when you buy 1
COMPLIMENTS Pickles 2 L Value Size



3⁹⁹ 100 PTS when you buy 2
COMPLIMENTS Deluxe Buns 6-12 pk



10⁹⁹ BBQ PIT BOYS Seasonings 250-390 g



2²⁹ BEN'S ORIGINAL Fast and Fancy Rice 132 g or CHOLULA Taco Seasoning 28 g



59¢ MR. NOODLES Instant Noodles 85 g



2⁴⁹ 50 PTS when you buy 2
COMPLIMENTS Coconut Milk 400 mL

NATURAL, HEALTH & HOUSEHOLD



3⁹⁹ EARTH'S OWN Select Chilled Beverages 1.75-1.89 L or Oat Shelf Stable 946 mL



4⁴⁹ SKINNY POP Popcorn 125-150 g



9⁹⁹ PURINA Beneful Dry Dog Food 1.6-1.8 kg



13⁹⁹ PURINA ONE Dry Cat Food 1.45-1.8 kg



250 PTS when you buy 2
6⁹⁹ ALWAYS Pads or Liners or TAMPAX Tampons 10-72 pk or 14-20 pk selected



STARTING AT 5⁹⁹ SECRET Deodorant 45 g, HEAD & SHOULDERS, PANTENE or AUSSIE Hair Care 308-475 mL or 187 g or IVORY Soap Bar 10 pk selected



8⁹⁹ OLD SPICE Body Wash 532-709 mL selected



8⁹⁹ WHISKAS Dry Cat Food 2 kg



5/\$11 BABY GOURMET Organic Pouches 92-128 mL



3⁴⁹ 200 PTS when you buy 2
COMPLIMENTS Baby Wipes 64-72 pk



6⁹⁹ ZIPLOC Bags 10-100 pk selected



4⁹⁹ 100 PTS when you buy 2
CLOROX Clean Up or All Purpose Cleaners 946 mL, Bathroom Foam 887 mL or Scentiva Spray 709 mL

Celebrate

NATIONAL CHOCOLATE CHIP
COOKIE DAY

AUG. 4

Baked
IN-STORE

5⁴⁹

Chocolate Chip
or Monster Mini
Cookies 24 pk 312 g

CHOCOLATE CHIP
BRISURES DE
CHOCOLAT

COOKIES / BISCUITS

300 g

150 PTS
when you buy 2

COMPLIMENTS
Cookies selected 270-350 g

BUY 1 AT \$4.49
BUY 2 OR MORE

3⁹⁹
ea

PILLSBURY
Cookie Dough
468 g, Grands! 496 g
or Turnovers 383 g

Eat or Bake
Manger ou
faire cuire

Cookie Dough
Pâte à biscuits

468 g

Eat or Bake
Manger ou
faire cuire

Cookie Dough
Pâte à biscuits

496 g

100 PTS
when you buy 1

4⁹⁹

COMPLIMENTS
Exceptional
Chocolate Chip
Cookies 280 g

Exceptional

CHOCOLATE CHIP COOKIES

280 g

Make your own

CHOCOLATE
CHIP COOKIES

TRY
THIS

compliments
UNBLEACHED
ALL-PURPOSE FLOUR
FARINE TOUT USAGE
NON BLANCHIE

2.5 kg

compliments
WHOLE WHEAT FLOUR
FARINE DE BLÉ

2.5 kg

compliments
ALL-PURPOSE FLOUR
FARINE TOUT USAGE

2.5 kg

Maldon
SALT FLAKES
FLOCONS
DE SEL

240 g

ROGERS
Lantic
Natural • Naturel
dark brown sugar
cassonade foncée

1 kg

LAURA SECORD
CHOCOLATE CHIPS
BRISURES DE CHOCOLAT
70% COCOA
DE CACAO

250 g

COMPLIMENTS
CHURNED SALTED
BUTTER STICKS
BÂTONNETS DE BEURRE
BARATTE SALÉE

454 g

REYNOLDS
KITCHENS
Parchment Paper

35 ft

10⁴⁹

MALDON
Sea Salt Flakes
240 g

5⁴⁹

COMPLIMENTS
Flour 2.5 kg

7⁹⁹

COMPLIMENTS Butter Sticks
salted or unsalted 454 g

3⁴⁹

LANTIC Icing, Brown
or Yellow Sugar
1 kg

5⁴⁹

LAURA SECORD
Chocolate Chips
250 g

4⁹⁹

REYNOLDS
Parchment Paper
35 ft

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local LEGENDS

SUPPORTING LOCAL PRODUCERS AND BUSINESSES

Organic, Non-GMO
& Plastic Negative



MADE IN CANADA
HUMBLE POTATO CHIPS
135 g



Meet
**ALICIA LAHEY &
JEFF LAHEY**
FROM HUMBLE POTATO CHIPS

Humble Chips is a family-founded, female-led brand making premium organic potato chips with simple ingredients and delicious flavour. Founded by Alicia and Jeff Lahey, the company was built on the belief that everyday snacks can be better for people and the planet. Humble is proudly plastic-negative, removing two bags of plastic waste from the environment for every bag of chips sold. Made with organic potatoes and organic high-oleic sunflower oil, Humble delivers classic chips with taste AND integrity.

Let's play
BALL!

Diamond deals for the season



799

**COCA-COLA or
PEPSI Soft Drinks**
12x355 mL

275

LAY'S Potato Chips 220-235 g

long weekend
**4-DAY
SALE**

THUR	FRI	SAT	SUN
30	31	1	2



3/\$10
or
\$3.99 ea

**SHOPSY'S Regular
Wieners 375 g**

547

MONTELLIER Natural Mineral Water 10x355 mL or BUBLY Sparkling Water 12x355 mL



2/\$5

DEMPSTER'S
Hot Dog or
Hamburger Buns 8 pk



2/\$25

Prepared Fresh Daily In-Store Fruit or Vegetable Trays 900 g-1.3 kg



377

CHAPMAN'S Premium Ice Cream, Frozen Yogurt or Sorbet 2 L or Li'l Lolly 28 pk selected



Proud Partner



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**Tell us what you love about
your Foodland**

CALL 1-844-56-LOCAL

**If we share your story,
you could earn
up to \$100
in grocery gift cards**

Learn more



GIVE YOUR SCENE+ POINTS A BOOST

Earn Scene+ points **3.7X faster** with
the Scotiabank Scene+ Visa Card.*

APPLY NOW



*Conditions Apply

