

FRESH SAVINGS FOR THE WEEK OF THURSDAY AUGUST 27TH TO WEDNESDAY SEPTEMBER 2ND, 2026.



10X THE POINTS

2 DAYS ONLY! AUGUST 29 & 30

Get 10X the POINTS when you spend \$100 or more in a single transaction* when you scan your registered Thank You Rewards card. One-time use per member.
*See in-store for details.



THANK YOU REWARDS MEMBER PRICING

12⁹⁹

Longo's Fresh Peaches
Product of Ontario
10-12 per case



SAVE \$2

NON-MEMBER
\$14.99

2⁹⁹

Longo's Natural Spring Water
24x500mL pkg



SAVE \$1

NON-MEMBER
\$3.99

Longo's Air-Chilled, Grain-Fed, Boneless, Skinless Chicken Breasts
8.99/lb • 19.82/kg
VALUE PACK



MEMBERS SAVE \$10 /PACK



3⁹⁹ Fresh Canadian Atlantic Salmon Portion
Plain or Marinated
113g
SKIN-ON
SAVE \$1



Fresh Seedless Red Grapes or Gum Drop Grapes
Product of U.S.A.
6.59/kg

2⁹⁹ /LB

SUPPORTING LOCAL A FAMILY STANDARD SINCE 1956



3⁹⁹ /LB Fresh Ontario St. Louis Pork Side Ribs or Bone-in Pork Loin Rib End Chops
8.80/kg
SAVE \$3/LB



Canadian Brie L'Extra
Single or Double Crème
\$3/100g

40% OFF



2⁹⁹ Christie Cookies or Crackers
100-290g pkg

SAVE \$1.30



4 pack \$3.99
Fresh Sweet Bi-Colour Corn
Product of Ontario
Individual .66¢ loose

6 FOR \$3.99

Dempster's Sandwich Bread 675g pkg,
Dempster's Hot Dog or Hamburger Buns 8 pack,
Dempster's or Tia Rosa Tortillas 5-7" or
Vachon Snack Cakes 6 pack
selected varieties



2⁹⁹
SAVE AT LEAST \$1



Häagen-Dazs Ice Cream
414-450mL tub
or Häagen-Dazs Novelties 3 pack
selected varieties

4⁹⁹
SAVE AT LEAST \$2

Garofalo Pasta
500g pkg
Individual \$2.99
selected varieties



2 FOR \$5
SAVE \$2.98 ON 2



Earth's Own
1.75-1.89L carton
selected varieties



3⁴⁹
SAVE AT LEAST \$2

VOTED #1 GROCERY STORE IN ONTARIO! **wow Leger**

*Longo's ranked first among food retailers in Ontario. 2026 Leger WOW In-Store Experience survey.

FRESH MARKET PICKS

AUGUST 27th -
SEPTEMBER 2nd

While Supplies Last

\$5.99
each

Fresh Watermelon
Product of Ontario



\$2.49
/lb

Fresh Sweet Red, Yellow,
or Orange Peppers
Product of Ontario
5.49/kg



2 FOR \$5

Fresh Romaine Lettuce
Product of Ontario



2 FOR \$5

Fresh Celery
Product of Canada • Canada No. 1



Home-grown Freshness!



\$2.49
/lb

Fresh Orri Mandarins
Product of Argentina
5.49/kg



\$4.99

Fresh Kiwi
Product of Greece
600g pkg



2 FOR \$3

Fresh Honey Passion Fruit
Product of Colombia



\$4.99
each

Fresh
Canary Melon
Product of Brazil



Longo's Fresh
Pork Dinner Sausages
13.21/kg

5⁹⁹
/LB

SAVE \$1/LB



Fresh Heirloom Tomatoes
Product of Ontario
6.59/kg

2⁹⁹
/LB



Longo's Fresh Basil
20g pkg



Longo's Frozen Cooked
Pacific White Shrimp
Ring with Cocktail
Sauce
312g pkg

8⁹⁹

SAVE \$2



BAKED
IN-STORE!

Prince Edward County
Rye Bread
750g pkg

4⁹⁹

SAVE \$1



2⁹⁹ Fresh Broccoli Crowns
Product of Ontario
6.59/kg



Fresh Local
Strawberries
Product of Ontario
quart

5⁹⁹



5⁴⁹ Giuseppe Thin or
Rising Crust Pizza
439-785g pkg
selected varieties

SAVE \$3

Heinz Ketchup
750mL-1L bottle or
Kraft Miracle Whip
890mL jar
selected varieties

4⁹⁹

**SAVE AT
LEAST \$1.50**



Kellogg's Cereal
306-510g pkg
selected varieties

3⁹⁹

**\$3.99 SAVE
AT LEAST \$2**



Mighty Protein Sticks
32g pkg
selected varieties

**BUY ONE GET ONE
FREE**
SAVE \$2.99



3⁹⁹

Gray Ridge Large
White Eggs
12 pack



6⁴⁹

Beatrice Milk
1%, 2% or skim
4L bag



2²⁹

Longo's
Essentials Bread
675g pkg



3⁹⁹

Oikos or Liberté
Greek Yogourt
4x100g pkg

WE'VE LOCKED DOWN PRICES ON EVERYDAY ITEMS.

Longo's

For online flyer, store hours and store locations,
visit us at Longos.com or call 1-800-9-Longos

f X Instagram @LongosMarkets

We reserve the right to limit quantities. We are diligent in proofing our flyers but unintentional errors in copy or image may occur. We reserve the right to correct any errors. Some images are for illustration purposes only. Savings refer to Longo's regular prices. Prices vary by location.

ZONE 1



FRESH SAVINGS FOR THE WEEK OF THURSDAY AUGUST 27TH TO WEDNESDAY SEPTEMBER 2ND, 2026.

This summer **ADD LOCAL CORN TO YOUR LIST.**

Longo's.



Fresh Sweet
Bi-Colour Corn
Product of Ontario



Fresh Sweet Yellow Corn
Product of Ontario



MEET THE FARMER Welsh Bros. Sweet Corn

LOCATION

Scotland, Ontario

WHY THEY ARE OUR PARTNER

The Welsh family has been growing premium sweet corn with a commitment to quality dating back to the 1930s. Every non-GMO cob is hand-picked, hand-graded and hydrocooled within hours of harvest to lock in freshness, sweetness and flavour. Known for their exceptional bi-colour and yellow sweet corn varieties, Welsh Bros. combines farming tradition with industry-leading food safety and traceability practices.



Fresh Sweet
Bi-Colour Corn
Product of Ontario
4 pack



FINGER-LICKING CORN RIBS

These addictive little bites are a fun appetizer or side for summer backyard get-togethers.

Prep: 10 min Grill: 15 min
Serves: 4

4 cobs of corn, shucked
2 tbsp Longo's Essentials
100% Pure Canola Oil
2 tbsp Longo's BBQ Rub
1/4 cup Longo's Sweet & Spicy
Grilling Sauce, divided
2 tbsp chopped fresh Longo's
Basil (optional)

Directions

Trim tips of the corn cob to flatten, then cut each cob in half crosswise. Take one piece at a time, stand it up and cut it in half. Place the half cut-side down and cut in half lengthwise again to make "ribs." Repeat with remaining corn and place in large bowl.

Drizzle corn ribs with oil, then sprinkle with spice rub and add 2 tbsp of the grilling sauce. Coat corn ribs well and evenly.

Place corn ribs on preheated medium grill for about 7 minutes. Turn over and grill for another 5 or 6 minutes until golden and corn is tender. Return to bowl and toss with remaining grilling sauce. Serve on platter and sprinkle with basil, if using.

FARM-FRESH SHEPHERD PEPPERS

PREORDER YOUR *Roasted Peppers* TODAY!



Scan to order your smoky, sweet, freshly roasted red shepherd peppers between Monday and Thursday before each pickup event.



MEET THE FARMER

Komienski Ltd. Fresh Produce

LOCATION

Norfolk, Ontario.

WHY THEY ARE OUR PARTNER

This fourth-generation family farm has been operating since the 1930s. From only a few acres of sweet corn and potatoes, the Komienskis now cultivate over 1,600 acres of farmland growing a variety of crops all hand-picked and packed with pride.

PICKUP SCHEDULE:

Weston: August 28 - September 20

Kleinburg: August 28-29

Maple: September 4 - 7

Garden Foods - Bolton: September 11 - 13

Colossus: September 18 - 20

See Longos.com for location and pickup details.

Limited quantities available.

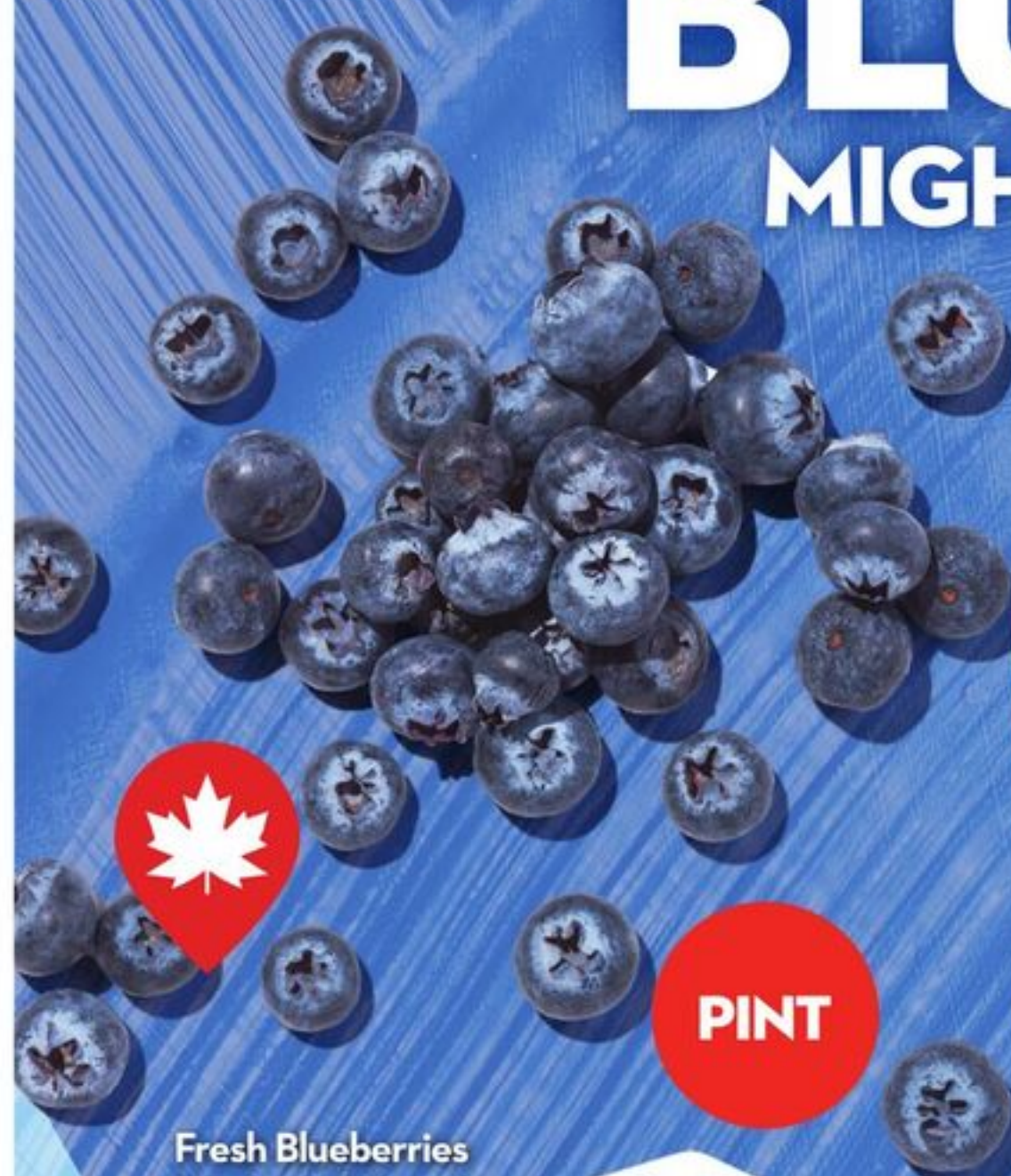


Fresh Shepherd Peppers
Product of Ontario



BLUEBERRYFEST

MIGHTY SMALL. MIGHTY DELICIOUS.



Fresh Blueberries
Product of Canada
pint

4⁹⁹



PINT



29⁹⁹ Fresh Wild Blueberries
Product of Ontario
3L basket



Fresh Wild Blueberries
Product of Ontario
pint

7⁹⁹



PINT

6⁹⁹ Fresh Sweetest Batch
Blueberries
Product of U.S.A.
312g pkg



Cider Keg
Saskatoon
Berry Cider
750mL bottle

6⁹⁹



THANK YOU EARN 100 POINTS



Longo's Frozen
Blueberries
1.5kg pkg
selected varieties

14⁹⁹

THANK YOU EARN 200 POINTS

Fresh Wild Blueberries
Product of Ontario
quart

14⁹⁹



QUART

HERE FOR A
LIMITED TIME!



31⁹⁷ La Rocca 8" Strawberry
Blueberry Mascarpone
Chantilly Cake
SAVE \$1



Longo's Lemon
Blueberry
Coffee Cake
750g pkg

8⁹⁷
SAVE \$1



Longo's
Blueberry
Crumble Pie
1kg pkg

12⁹⁹

THANK YOU EARN 100 POINTS



Half Pie
\$6.99

THANK YOU EARN 100 POINTS



Longo's Braided
Blueberry Strudel
4 pack, 400g pkg

4⁹⁹
SAVE \$1

BAKED
IN-STORE!



Longo's
Blueberry Danish
4 pack, 446g pkg

4⁹⁹
SAVE \$1



BAKED
IN-STORE!



Longo's Mixed Berry
Custard Cake

12⁹⁹
SAVE \$2

Moist vanilla cake
filled with mixed
berry and custard
and topped with
real cream.

NEW



27⁹⁹ 8" Fruitta Di Bosco
1kg pkg
SAVE \$2

BUY ANY 2 MAPLE LEAF PRIME RAISED WITHOUT ANTIBIOTICS
FRESH CHICKEN AND ENTER FOR A CHANCE TO WIN

1 MILLION

POINTS
\$5,000
VALUE



No purchase necessary. Contest is open to only legal residents of Ontario, over the age of majority who are registered Thank You Reward Members. There is ONE (1) prize available to be won, Members will receive ONE (1) entry automatically with the purchase of TWO (2) participating products and by scanning your Thank You Rewards card between August 27th and September 2nd, 2026. Odds of winning are dependent on the number of entries received. See in-store for full contest rules and regulations.

Maple Leaf Prime
Raised Without
Antibiotics Thin
Sliced Chicken Breast
or Fillets
30.84/kg
6⁹⁹
/LB
**SAVE AT
LEAST \$1/LB**



Maple Leaf Prime
Raised Without
Antibiotics Split
Chicken Wings
15.41/kg
6⁹⁹
/LB
**SAVE AT
LEAST \$1/LB**



Maple Leaf Prime
Raised Without
Antibiotics Whole
Chicken
11.00/kg
4⁹⁹
/LB
SAVE \$1/LB



AUGUST 27TH TO SEPTEMBER 2ND, 2026



MADE BY A CARBON NEUTRAL COMPANY



GRAIN FED



HUMANELY RAISED



RAISED ON CANADIAN FARMS

FRESH SAVINGS FOR THE WEEK OF THURSDAY AUGUST 27TH TO WEDNESDAY SEPTEMBER 2ND, 2026.

MUST TRY

Fresh Red Flesh Dragon Fruit
Product of Vietnam
15.41/kg

6⁹⁹/LB

- Ruby-red flesh with intense sweetness and a vibrant tropical finish
- When ripe fruit will have vibrant skin, fresh green scales and a slight give when gently squeezed
- Best enjoyed chilled and eaten fresh, or added to fruit bowls and smoothies

Fresh Cacao Pods
Product of Ecuador
15.41/kg

6⁹⁹/LB

- Fresh cacao pulp offers a burst of bright notes of lychee, citrus, mango and melon surrounding the cacao beans.
- Choose pods that are brightly coloured and firm.
- A must-try for adventurous foodies, fresh cacao pods offer a rare opportunity to taste chocolate at its source and even create your own chocolate from the beans inside.

IN-STORE
TASTING
AUGUST 29 & 30
10:30AM-4PM

Stefano Frozen
Pork Meatballs
450g pkg

9⁹⁹

SAVE \$1



Fresh Boned Atlantic
Salmon Side
37.46/kg

16⁹⁹/LB
SAVE \$1/LB

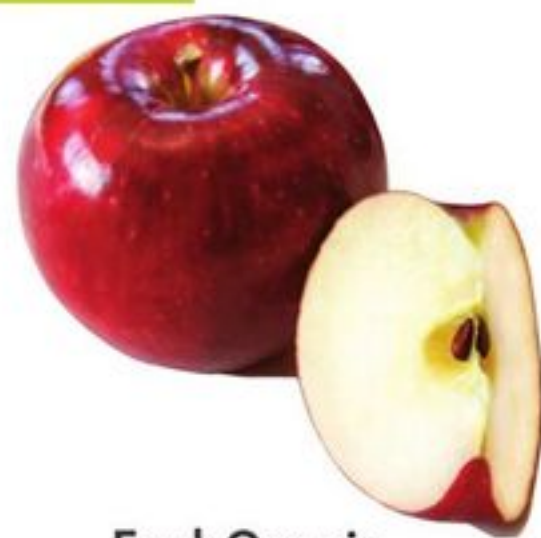


Frozen
Cooked Lobster
starting at
\$7.99 each.
(subject to availability
by location)
While quantities last.



2⁹⁹/LB Fresh Bartlett Pears
Product of U.S.A.
6.59/kg

ORGANIC



2⁹⁹/LB Fresh Organic
Cosmic Crisp Apples
Product of U.S.A.
6.59/kg



\$55 Longo's Frozen
Beef Short Ribs
1.81kg pkg
selected varieties
SAVE \$5



Fresh Whole Dressed
Red Snapper or
Fresh Whole European
Bream/Bass
Product of Greece
28.64/kg
12⁹⁹/LB
SAVE AT LEAST \$2/LB



Fresh Local
Blue Plums
Product of Ontario
6.59/kg
2⁹⁹/LB

COTTON CANDY



Fresh Seedless
Cotton Candy
Grapes
Product of U.S.A.
13.21/kg
5⁹⁹/LB



Yorkshire Valley Farms
Frozen Organic
Chicken Meatballs,
Split Wings, Thighs or
Drumsticks
800g-1kg pkg

15⁹⁹
SAVE AT LEAST \$2



Longo's Frozen Cooked
Pacific White Shrimp
26-30ct, 454g pkg or
Marina Del Rey Frozen
Raw Argentinian Shrimp
8-12ct, 454g pkg

16⁹⁹
SAVE \$2



Longo's Fresh King
Oyster Whole or
Sliced Mushrooms
Product of Ontario
200g pkg
4⁹⁹



ORGANIC



2⁹⁹ FOR \$5 Fresh Organic Red or
Green Leaf Lettuce
Product of Ontario



duBreton Raised
Without Antibiotics
Pork Back Ribs
22.02/kg

9⁹⁹/LB
SAVE \$1/LB



Previously Frozen or Frozen
White Shrimp Skewers
Plain or Marinated
31-40ct
149/EA
SAVE 50¢ EACH
Fresh fish is subject to availability.

FRESH SAVINGS FOR THE WEEK OF THURSDAY AUGUST 27TH TO WEDNESDAY SEPTEMBER 2ND, 2026.



Our Meal Size Salads are made with premium ingredients, big portions and delicious flavour combinations - the perfect grab-and-go meal.

Longo's Meal Size Salads
275-455g pkg

9⁹⁹

- 9 Delicious Salads to Choose from
- A Perfect Light Summer Meal
- Quick, Convenient and Great Value

EARN 100 POINTS

FRESH CALZONES

MUST TRY!



8⁹⁹

Choose from:
Italian Sausage and Peppers,
Vegetarian, Pepperoni or Cheese

Italian Sausage and Peppers Calzone

Vegetarian Calzone

EARN 100 POINTS

Longo's CURATO
PRODUCT OF ITALY



9⁹⁹ Longo's Curato Fresh Burrata or Mozzarella di Bufala Cheese or Bocconcini di Bufala
100-125g tub



6⁹⁹ Tre Stelle Crumbled Feta
150g tub
selected varieties



FROM 3⁴⁹ /100G

Longo's Cheese
Choose From Medium Cheddar, Marble, Pepper Jack, Gouda or Smoked Gouda
selected varieties



Mastro Salami
selected varieties

3⁶⁹ /100G



San Daniele Mortadella
selected varieties

2⁴⁹ /100G



3⁹⁹ /100G

Longo's Oven Roasted or Smoked Turkey
selected varieties

FRESH DELI SERVED



7⁹⁹ Fantino & Mondello Deli Meats
selected varieties

MADE IN-STORE!



Longo's 8" Fruit Topped Cheesecake

31⁹⁹

SAVE \$2



10⁹⁹ Longo's Brownie À La Mode
4 pack, 348g pkg

SAVE \$1

70th Anniversary Product
LIMITED TIME ONLY

BAKED IN STORE



Longo's Fruit Filled Danish
4 pack, 446g pkg
selected varieties

4⁹⁹

SAVE \$1



14⁹⁹ Smart Cakes
Vanilla or Chocolate
500g pkg
selected varieties

SAVE \$2



2⁹⁹ Longo's Tandoori Style Naan
Original or Garlic
500g pkg

EARN 50 POINTS



6⁹⁹ Longo's Butter Croissant Loaf Bread
420g pkg
NEW

EARN 100 POINTS



4⁹⁹ Longo's Nut-Free and Plant-Based Mini Muffins
252g pkg
selected varieties

EARN 50 POINTS

BAKED IN STORE



3⁹⁹ Longo's Assorted Crostini
150g pkg

EARN 50 POINTS

FRESH SAVINGS FOR THE WEEK OF THURSDAY AUGUST 27TH TO WEDNESDAY SEPTEMBER 2ND, 2026.

GROCERY



Muskoka Roastery
Coffee Beans or Ground Coffee
454g pkg

17⁹⁹

SAVE \$7



Muskoka Roastery
K-Cups
20ct

19⁹⁹

SAVE \$4

Campbell's WARMTH TO SHARE

Campbell will donate 10¢
to the Longo Family Foundation
for every Campbell product purchased
between August 27th - September 9th, 2026*



Supporting the
vision of the
LONGO
FAMILY FOUNDATION



*Up to \$8,000. Valid only on
purchases made at Longo's.

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Jackson's
Potato Chips
142g pkg
selected varieties

4⁹⁹

SAVE \$1



3⁹⁹ Popchips Chips
142g pkg
selected varieties

SAVE \$1

Smucker's Jam
500mL jar or
Smucker's No Sugar
Added Jam
310mL jar or
Jif Peanut Butter
1kg jar



5⁹⁹

SAVE AT LEAST \$2



3⁹⁹ Leclerc Cookies
240g pkg
selected varieties

SAVE \$1



3⁴⁹ Catelli Protein+ Pasta
340g pkg
selected varieties

SAVE \$1



1⁷⁹ Clover Leaf Tuna
Flaked, Chunk or Skipjack
85-170g can
selected varieties

SAVE AT LEAST 40¢



Kind Snack Bar
40-62g bar
selected varieties

1⁹⁹

SAVE AT LEAST \$1.30



Billy Bee Honey
1kg bottle

9⁹⁹

SAVE AT LEAST \$7



Bertolli Pasta Sauce
415-630mL jar
selected varieties

4⁴⁹

SAVE \$2



5⁴⁹ Twinnings Tea
20ct pkg
selected varieties

SAVE AT LEAST \$1.50



9⁹⁹ Dainty Basmati, Jasmine,
Brown or Kimora Rice
1.6kg pkg

SAVE AT LEAST \$1



15⁹⁹ Cashmere Bath Tissue
12/24=48 rolls or Sponge
Towels Paper Towels
6=12 rolls
selected varieties

SAVE \$4



2⁹⁹ Fruitsations
Snack Cups
6 pack, 104mL pkg
selected varieties

SAVE \$1.30

FRESH SAVINGS FOR THE WEEK OF THURSDAY AUGUST 27TH TO WEDNESDAY SEPTEMBER 2ND, 2026.

DAIRY AND FROZEN



2 FOR \$6
SAVE \$2.98 ON 2

Longo's
Dips or Spreads
200-227g pkg
Individual \$3.49
selected varieties



14.99
SAVE AT LEAST \$4

Maple Leaf Prime Raised Without Antibiotics Frozen Chicken
568-700g pkg
selected varieties

Schneiders
Red Hots or Original
Wieners
375g pkg
selected varieties

3.99
SAVE AT LEAST \$3




16.99
SAVE \$1

Longo's Cheddar & Bacon Stuffed Beef Burgers or Beef Burgers
680-904g pkg



7.99
EARN 200 POINTS

Longo's Curato Frozen Pizza
400-476g pkg
selected varieties



6.49
SAVE AT LEAST \$1

Activia Yogourt
12x95-100g pkg or
Silk High Protein Beverage
1.42L bottle
selected varieties



7.99
SAVE \$2

Becel Margarine
800g tub
selected varieties



3.99
SAVE 50¢

Kellogg's Eggo Waffles or Pancakes
270-280g pkg or
Thick & Fluffy Waffles 330g pkg
selected varieties



5.99
SAVE \$1

Ontario Ravioli Frozen Pasta
454g pkg
selected varieties



4.99
SAVE AT LEAST \$4

Maple Leaf Ready Crisp Bacon or Schneiders Juicy Jumbos Wieners
65-375g pkg
selected varieties



3.99
SAVE AT LEAST \$1

iÖGO Nanö Drinkable Yogourt
iÖGO Nanö Bubbles Yogourt
4x100g pkg
selected varieties



16.97
SAVE \$3

Island Way Sorbet Variety Pack
8 pack
selected varieties



4.99
SAVE \$1

Longo's Ice Cream Bar
4 pack
selected varieties



THANK YOU REWARDS MEMBER PRICING

Scan your registered Thank You Rewards card and receive exclusive members only pricing on select products in-store.



NOT A MEMBER? NOT A PROBLEM!

Sign up to become a member and earn 500 Bonus Points when you opt in to receive emails and exclusive offers. Scan the QR code or visit Longos.com/thank-you-rewards

THIS WEEK MEMBERS SAVE OVER \$20

Loop
Lemon Mint Green Iced Tea or
Strawberry Lemonade
with Electrolytes
1L bottle
selected varieties

8⁹⁹

SAVE \$1

NON-MEMBER
\$9.99



NEW

LIMITED TIME OFFER!



8 Acres Grass-Fed Lean or
Extra Lean Ground Beef
400g pkg
selected varieties

9⁹⁹

SAVE \$3

NON-MEMBER
\$12.99



Longo's Frozen Breaded or
Battered Fish
500-600g pkg
selected varieties

16⁹⁹

SAVE \$2

NON-MEMBER
\$18.99



Celebrity Sheep's Milk
Cheese
113g pkg
selected varieties

5⁹⁹

SAVE \$2

NON-MEMBER
\$7.99



Longo's
5" Domed Cake
500-600g pkg
selected varieties

16⁹⁹

SAVE \$2

NON-MEMBER
\$18.99



Tre Stelle
Mozzarella
3x250g pkg

13⁹⁹

SAVE \$4

NON-MEMBER
\$17.99



HOT DEAL

Olitalia Organic
Extra Virgin Olive Oil
1L bottle

14⁹⁹

SAVE \$10

NON-MEMBER
\$24.99



Lotus Biscoff Biscuits
250g pkg or
Sandwich Cookies
150g pkg

2⁹⁹

SAVE AT LEAST 50¢

NON-MEMBER
\$3.49



BACK TO SCHOOL STOCK UP.

Hornby Organic Energy Bar
80g pkg
Individual \$2.99

2 FOR \$5

SAVE \$4.98 ON 2



Hornby Energy Bar
45g pkg
Individual \$1.99

3 FOR \$5

SAVE \$3.97 ON 3



3.99 Allen's Juice
8x200mL tetras or
1.89L bottle
selected varieties
SAVE 50¢



5.49 Pringles Snack Stacks
12x19g pkg
selected varieties
SAVE \$2.50



Longo's Graham Bear
Variety Pack Cookies
20x28g pkg

9.99

SAVE AT LEAST \$2



Longo's Muesli, Organic Rolled,
Thick or Steel Cut Oats
500-700g pkg
selected varieties

4.99

SAVE AT LEAST \$1

Longo's
Pure Maple Syrup
500mL bottle

11.99

SAVE AT LEAST \$2



Nature's Bakery Fig Bar
270-340g pkg
selected varieties

5.99

SAVE AT LEAST \$2.50



Cheez-It Snack Crackers
191-200g pkg
selected varieties

1.99

SAVE AT LEAST \$2



Longo's Candy
200g pkg
selected varieties

2.99

SAVE 50¢




3⁹⁹

Gray Ridge Large White Eggs
12 pack


2²⁹

Longo's Essentials Bread
675g pkg




6⁴⁹

Beatrice Milk
1%, 2% or skim
4L bag




6⁹⁹

Fresh McIntosh Apples
Product of Ontario
3L basket or 3lb bag




6⁹⁹

Fresh Bosc Pears
Product of Ontario
2L basket


3⁹⁹

Longo's Fresh Red or White Potatoes
Product of Canada
10lb bag




3⁹⁹

Oikos or Liberté Greek Yogourt
4x100g pkg
selected varieties




2⁹⁹
/LB

Longo's Fresh Ontario Air-Chilled, Grain-Fed Chicken Leg Quarters
Value pack • 6.59/kg




10⁹⁹

Organic Meadow Organic Milk
1%, 2% or skim
4L bag




2⁹⁹

Redpath Granulated Sugar
2kg pkg



2 FOR \$4

Longo's Pasta
450g pkg
Individual \$2.29
selected varieties



9⁹⁹
Imported Emmental Cheese, Medium Cheddar Cheese or Imported Aged Cheddar Cheese
Average weight 400g



5⁹⁹
Frito-Lay Value Pack Chips
325-535g pkg
selected varieties

\$5.00/
serving

19⁹⁹

Longo's Oven-Ready Meals
900g-1kg pkg
Serves up to 4



22⁹⁹
Bounty Paper Towels
6=18 rolls



20⁹⁹

Cashmere Bath Tissue
24=72 rolls



WE'VE LOCKED DOWN PRICES ON EVERYDAY ITEMS.

FRESH SAVINGS FOR THE WEEK OF THURSDAY AUGUST 27TH TO WEDNESDAY SEPTEMBER 2ND, 2026.

ROSH HASHANA



Fresh Whole
Kosher Chicken
11.00/kg

4⁹⁹
/LB
SAVE \$1/LB



6⁹⁹ Fresh MacIntosh Apples
Product of Ontario
3L basket



Fresh Carrots
Product of Canada
2lb bag

2⁴⁹



Fresh Onions
Product of Canada
2lb pkg

2⁴⁹



Fresh Honeydew Melon
Product of U.S.A.

5⁹⁹



Fresh Pomegranate
Product of U.S.A.
each

5⁹⁹



Dom Specialty
Frozen Smoked Salmon
300g pkg

15⁹⁹
SAVE \$2



Longo's Fresh
Yellow Potatoes
Product of Canada
10lb bag

5⁹⁹

**10LB
BAG**



Longo's Unpasteurized
Pure Liquid Honey
1kg bottle

10⁹⁹
SAVE \$1

BROOKLIN: 5550 Baldwin St. S, Whitby
RICHMOND HILL: 10860 Yonge St., Richmond Hill

BAYVIEW: 7355 Bayview Ave., Thornhill
YORK MILLS: 808 York Mills Rd., Toronto
BATHURST: 9306 Bathurst St., Vaughan

LEASIDE: 93 Laird Dr., Toronto
YONGE & SHEPPARD: 4841 Yonge St., Toronto

FRESH SAVINGS FOR THE WEEK OF THURSDAY AUGUST 27TH TO SUNDAY SEPTEMBER 13TH, 2026.

ROSH HASHANA

Pierre Bonne
Jams or Spread
250mL jar
selected varieties
2⁹⁹
SAVE \$1



1²⁹
SAVE 40¢
Hadar Tea Biscuits
175g pkg
selected varieties



Elite Instant
Coffee
200g jar
10⁹⁹
SAVE \$1



Pereg Bread Crumbs
255-340g pkg
selected varieties
5⁹⁹
SAVE \$1



Kedem Concord
Grape Juice
1.89L bottle
selected varieties
10⁹⁹
SAVE \$1.50



Manischewitz
Matzo Ball Mix or
Matzo Ball Soup Mix
127-141g pkg
selected varieties
3⁴⁹
SAVE AT LEAST 50¢



Manischewitz
Tam Tams
272g pkg
selected varieties
6⁹⁹
SAVE \$1



4⁴⁹
SAVE \$1
Manischewitz
Egg Noodles
340g pkg
selected varieties



Nathan's
Sauerkraut or Pickles
710mL- 1L jar
selected varieties
7⁹⁹
SAVE \$1



8⁹⁹
SAVE AT LEAST \$1
Golden Cheese Blintzes
or Pancakes
6-8 pack
selected varieties



Foodfest
Prepared Horseradish
250mL jar
selected varieties
2⁹⁹
SAVE 80¢



Kedem Gefile Fish
680g jar
10⁹⁹
SAVE \$1



BROOKLIN: 5550 Baldwin St. S, Whitby
RICHMOND HILL: 10860 Yonge St., Richmond Hill

BAYVIEW: 7355 Bayview Ave., Thornhill
YORK MILLS: 808 York Mills Rd., Toronto
BATHURST: 9306 Bathurst St., Vaughan

LEASIDE: 93 Laird Dr., Toronto
YONGE & SHEPPARD: 4841 Yonge St., Toronto

FRESH SAVINGS FOR THE WEEK OF THURSDAY AUGUST 27TH TO SUNDAY SEPTEMBER 13TH, 2026.