

Fresh savings effective
Thursday, September 3 to
Wednesday, September 9, 2026

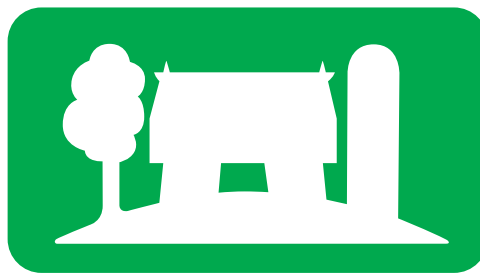
Sign-up for your E-flyer
today at highlandfarms.ca

CLOSED
Labour Day –
September 7



SCAN FOR OUR WEEKLY
FLYER & SPECIALS

NEW STORE HOURS
EFFECTIVE SEPTEMBER 8, 2026
MONDAY - FRIDAY
7:00 AM - 9:00 PM
SATURDAY - SUNDAY
7:00 AM - 8:00 PM



HIGHLAND FARMS



START FRESH

Stock up on A+ lunches, snacks and more!
BACK TO SCHOOL
CANADIAN OWNED AND OPERATED SINCE 1963



Canada **AAA**

18⁹⁹

/lb
41.87/kg

SAVE MORE!

Fresh
Beef Striploin Steaks
Product of Canada



1⁹⁹

/lb
4.39/kg

SAVE MORE!

Ontario Homegrown
Yellow Peaches
No. 1 Grade



3⁷⁹

24x500ml

Ice River Green Bottle Co.
Natural Spring Water



Unico
Solid Light Tuna
in Oil

1⁹⁹

198g



Fresh
Rainbow Trout
Fillets

11⁹⁹

/lb
26.43/kg

**100% Canadian.
Freshly Ground.**
Every day.



6⁹⁹

/lb
15.41/kg

Fresh
Lean Ground Beef



Unico
Vegetable Oil

9⁹⁹

3L



Chapman's
Premium Ice Cream
Selected Varieties

6⁹⁹

2L



Lilydale
Oven Roasted
Turkey Breast
Freshly Sliced
at the Deli

2⁹⁹

/100g



7⁹⁹

1 Pint

Ontario Homegrown
Fresh
Wild Blueberries
No.1 Grade

PRODUCE



Ontario Homegrown
Yellow Watermelon

4⁹⁹
each



1⁴⁹
/lb
3.28/kg
Ontario Homegrown
Clapp Pears
Fancy Grade



2⁹⁹
/lb
6.59/kg
Orri
Clementines
Product of Peru



3⁹⁹
170g
Fresh
Organic Blueberries
Product of U.S.A.
No. 1 Grade



Ontario Homegrown
Field Tomatoes
No. 1 Grade

1⁴⁹
/lb
3.28/kg



1⁹⁹
each
Celery
Product of Canada
No. 1 Grade
Large Stalk



2⁹⁹
/lb
6.59/kg
Ontario
Homegrown
Greenhouse
Mini Seedless
Cucumbers



1⁹⁹
/lb
4.39/kg
Ontario Homegrown
Banana Peppers
Sweet or Hot
No. 1 Grade



Ontario Homegrown
Fresh Broccoli
Large Stalk

2/5⁰⁰



1⁹⁹
3lb
cello bag
Ontario Homegrown
Carrots
No.1 Grade



1⁹⁹
2lb bag
Ontario Homegrown
Fresh Yellow
Cooking Onions
No. 1 Grade



Ontario Homegrown
White, Red or Yellow
Flesh Potatoes
No. 1 Grade
99¢
/lb
2.18/kg

BAKERY



2⁹⁹
675g
Wonder
Classic Sandwich
Sliced Bread
White or
100% Whole Wheat



3⁹⁹
610g
Dempster's
10" Tortillas
Original or
Whole Wheat



6⁹⁹
18pk
Highland Farms
Country Kitchen
Chocolate Chip
Cookies
Min. Weight 600g



29⁹⁹
each
La Rocca
Fresh 8" Cookies & Cream
or Boston Cream Cake



Highland Farms
Country Kitchen
Potato Gnocchi

1⁹⁹
500g



1⁹⁹ S&F
Petit Beurre
Tea Biscuits
400g



Kraft Dinner
Original
Macaroni & Cheese
10⁹⁹
12x225g

GROCERIES



8⁹⁹
1L Mastro
Extra Virgin
Olive Oil



Scotties
Facial Tissue Original
12⁹⁹
12pk



5⁹⁹ Jif
Peanut Butter
Assorted Varieties
1kg



Unico
Ripe or Pizza Style Olives
Selected Varieties
2/5⁰⁰
375ml



3⁹⁹
1L Sielski's
Petite Dill Pickles



Old Dutch
Restaurant Tortilla Chips 230-295g,
Dutch Crunch 200g or
Arriba Tortilla Chips 235-245g
Selected Varieties
2/9⁰⁰



San Pellegrino,
Perrier or Maison Perrier
Mineral Water
Selected Varieties
Singles 2/\$4.00

10⁹⁹
6x1L



3⁴⁹
4L Allen's
Original
White Vinegar



2⁹⁹
2L Coca-Cola
Soft Drinks
Assorted Varieties



9⁹⁹
340g Lavazza
Ground Drip or
Rossa Beans
Selected Varieties



9⁹⁹
2.96L Arm & Hammer
Laundry Detergent



5⁹⁹
each Natrel
Chocolate Milk
6x200ml or Natrel
Coffee Creamers 1L
Assorted Varieties



5⁹⁹ Astro
Yogourt
Assorted Varieties
12x100g



4⁴⁹
400g Becel Margarine
Selected Varieties



5⁷⁹ Natrel
Butter
Salted or Unsalted
454g



8⁹⁹
900g-
1kg Liberté
Greek Yogourt
Assorted Varieties

DAIRY

MEAT



5⁹⁹ /lb
13.21/kg
Fresh Ontario
Pork Back Ribs



3⁹⁹ /lb
8.80/kg
Fresh Ontario
Boneless Pork Loin
Centre Cut Chops



4⁹⁹ /lb
11.00/kg
Fresh Ontario
Pork Tenderloin



4⁹⁹ /lb
11.00/kg
Fresh Ontario
Store-Made
Pork Sausages
Italian or
Macedonian
Hot or Mild
Selected Varieties



10⁹⁹ /lb
24.23/kg
Fresh Store-Made
Beef Burgers
Lean, Cheddar, Bacon or
Montreal Steak

DELI



2⁹⁹ 375g
Mina
Halal
Chicken Wieners



3⁴⁹ 90-120g
Schneiders
Lunch Mate
Stackers & Kits
Selected Varieties



7⁹⁹ 375g
Schneiders
Pepperettes
Turkey or Original



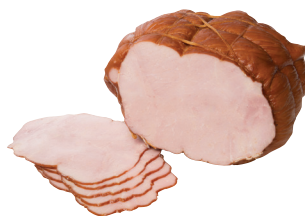
Maple Leaf
Natural Selections
Shaved Turkey
12⁹⁹ 375g



6⁹⁹ 100-125g
Fantino & Mondello
Meat Slices
Assorted Varieties



1⁶⁹ /100g
Sikorski
BBQ Debreccyna
Sausage at the Deli



2⁴⁹ /100g
Sikorski
Baltycka Ham
Freshly sliced
at the Deli



2⁹⁹ /100g
Mastro
Genoa Salami
Regular or Hot
Freshly Sliced at the Deli



1⁹⁹ /100g
Cayer
Havarti Cheese
Regular or Jalapeno
Freshly Sliced
at the Deli

SEAFOOD



Wild



7⁹⁹ /lb
17.61/kg
Fresh Wild
Rockfish Fillets



5⁹⁹ /lb
13.21/kg
Fresh
Whole Cleaned
Whiting

Triple Crown
Black Tiger Shrimp
Raw, Easy Peel
31/40ct
Frozen

12⁹⁹ 454g



8⁹⁹ 340g
AquaStar
Calamari Rings
and Tentacles

FROZEN FOODS

Natrel
Mochi
Gourmet Ice Cream
Assorted Varieties

5⁹⁹ 6x35ml



Chapman's
Yukon Novelties
Selected Varieties

5⁹⁹ 6-8pk



7⁹⁹ 487-525g
Dr. Oetker
Suprema Pizza
Assorted Varieties
Frozen

850 ELLESMERE RD.
AT KENNEDY RD.
416.298.1999

Store Hours:
Monday – Saturday:
7:00a.m. till 10:00p.m.
Sunday: 8:00a.m. till 8:00p.m.



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