

terra 本周特价

foodmart Terra Foodmart Weekly Specials

Mon-Sun: 8:30am - 9pm 營業時間(週一至週日): 早8點30分 - 晚9點

WE'RE OPEN!
LABOR DAY
SALE UP TO 85% OFF

夏日集印花 換好礼
STAMP REWARDS



Spend \$60 = 1 Stamp
Before tax 稅前
Redeem Rewards with Stamps 憑印花換購

週末試食

JINTIAN
Potstickers Selected
錦添 鍋貼指定款
680g

\$7.99/ea
Reg. 10.99

SAVE 50%

JIALISHI
Biscuits Selected
嘉士利 果樂果香
餅乾指定款
205g

\$9.99/ea
Reg. 1.99

果樂果香
Fruit Fun Fruity

\$5.88/ea
Reg. 7.99

DXC
Mooncake
Selected
稻香村月餅指定款
150g

\$6.88/ea
Reg. 8.99

DXC
Mooncakes Selected
稻香村月餅指定款
400g

\$2.99/ea
Reg. 3.99

皇家小虎
ROYAL TIGER
Egg Tart Combo Pack
皇家小虎 蛋撻組合裝
500g

\$1.99/ea
Reg. 2.99

XCHM
Toast/Bread
Selected
鮮囍厚買吐司/
麵包指定款
420g

\$4.88/ea
Reg. 5.99

大吃兄
糯米鍋巴
Selected
大吃兄 糯米鍋巴
指定款
260g

\$3.99/ea
Reg. 6.99

BIG BRO
Sticky Rice Crust
Selected
大吃兄 糯米鍋巴
指定款
260g

\$2.99/ea
Reg. 3.99

YTL
Vegetarian Duck Snack
Selected
余同樂 素食北京烤鴨
指定款
375g

\$2.99/ea
Reg. 4.99

SAVE 79%

KLAIRS
Rich Moist
Soothing Serum
KLAIRS
深層保濕舒緩精華
50ml

\$5.99/ea
Reg. 27.99

Systema
LION
TOOTH PASTE
獅王 SYSTEMA
牙膏
120g

\$2.99/ea
Reg. 4.99

LAODAFANG
Fried Dough Twist
Selected
老大房 小麻花指定款
320g

\$2.88/ea
Reg. 3.99

CRISPY
Sliced Loaf Cakes Selected
CRISPY 切片蛋糕指定款
420g

\$3.99/ea
Reg. 4.99

KUMANO
Horse Oil Shampoo
/Body Soap
熊野馬油
洗髮精/沐浴露
600ml

\$6.99/ea
Reg. 9.99

KAO
Strong
Bathroom
Mold Remover
Spray
花王
浴室用強力
除霉噴霧
400ml

\$3.99/ea
Reg. 6.99

SAVE 62%

NEEDLY
Mild cleansing gel
NEEDLY
Mild cleansing gel
235ml

\$5.99/ea
Reg. 15.99

BEAUTY OF JOSEON
Green Plum
Refreshing Toner
朝鮮美人
青梅清爽爽膚水
150ml

\$13.99/ea
Reg. 20.99

DR. ALTHEA
345 Relief Cream
DA 345 舒緩霜
235ml

\$5.99/ea
Reg. 15.99

BEAUTY OF JOSEON
Green Plum
Refreshing Toner
朝鮮美人
青梅清爽爽膚水
150ml

\$13.99/ea
Reg. 20.99

水果
FRUITS



98¢ /lb
Reg 1.59

Hami Melon
哈密瓜
Mexico
\$2.16/kg



2.98 /ea
Reg 4.99

LUCKY 7
Avocado
LUCKY 7
袋裝牛油果
Mexico



5.88 /lb
Reg 7.99

Yellow Dragon Fruit
黃金火龍果
Ecuador \$12.97/kg



8.88 /ea
Reg 12.99

SUNGOLD
Golden Kiwi
SUNGOLD
盒裝黃金奇異果
New Zealand 2lb



1.68 /lb
Reg 2.59

Mandarin
小甜桔
Peru \$3.7/kg



4.98 /lb
Reg 6.99

Barhi Dates
黃金果
Egypt \$10.98/kg



3.98 /ea
Reg 5.99

Seedless
Watermelon
本地無核西瓜
Canada



2.98 /lb
Reg 3.99

Prune Plum
本地西梅
Canada \$6.57/kg



1.98 /lb
Reg 2.99

Baby Gold Peach
本地黃金毛桃
Canada \$4.37/kg



1.28 /lb
Reg 1.99

South Africa Orange
南非橙
South Africa \$2.82/kg



4.88 /lb
Reg 5.99

Maya Mango
瑪雅芒果
Peru \$10.76/kg

冷凍
FROZEN



1.99 /ea
Reg 2.99

LIKOUFU
Snow Mountain
Lava Custard Buns
利口福 廣州酒家 雪山流沙包
225g



4.99 /ea
Reg 6.99

COOL OCEAN IMPEX
IQF White Shrimp 21/25
COI 南美去頭白蝦 21/25
400g

Tuna Steak
吞拿魚扒
4oz

3/\$6
Reg 2.99



FERMA
Frozen
Green Peas
FERMA 青豆
750g

2.50 /ea
Reg 3.59



9.99 /ea
Reg 14.99

SANFORD / TALLEY'S
New Zealand Greenshell Mussels
SANFORD / TALLEY'S
紐西蘭半殼青口
800g



1.99 /ea
Reg 2.99

HO-LAND
Hopia Pastries Selected
HO-LAND
菲律賓餅酥指定款
227g



2.39 /ea
Reg 3.09

TJ FENG YE
Spiced Dried Bean Curd
Selected
豐業 豆乾指定款
350g



BLACK TIE
Golden Threadfin
Bream
海太郎
紅三魚
360g

3.99 /ea
Reg 4.99

肉類
MEAT



1.99 /lb
Reg 2.99

Fresh Pork Chop
新鮮豬扒
\$4.39/kg



2.49 /lb
Reg 3.59

Fresh Pork Loin
新鮮豬肉眼
\$5.49/kg



3.29 /lb
Reg 4.59

Fresh Pork Back Rib
新鮮豬肉排
\$7.25/kg



3.99 /lb
Reg 5.49

Fresh Beef Spare Rib
新鮮牛排骨
\$8.8/kg



8.99 /lb
Reg 9.99

Fresh Beef Shank
新鮮金錢展
\$19.82/kg



5.99 /lb
Reg 7.99

All Natural Pork Ribs
全自然排骨
\$13.21/kg

AMI
Frozen Young Duck
from Poland
AMI 急凍波蘭嫩鴨
1960g

16.99 /ea
Reg 19.99



MEAT CORNER
Garlic Chicken
Wings/
Thai Chicken Leg
Meat
肉香坊 蒜香雞中翼/
泰式雞扒

7.99 /ea
Reg 9.99



WE LOVE LOCAL



Baby Mustard
本地芥菜仔
Canada
\$2.6/kg

1.18 /lb
Reg 1.59



Chinese Broccoli
本地芥蘭
Canada
\$3.48/kg

1.58 /lb
Reg 1.99



Wolfberry Leaves
本地枸杞葉
Canada
\$5.69/kg

2.58 /lb
Reg 3.99



ENVIRO Organic Mushrooms
ENVIRO 本地有機金針菇
Canada

2/5.50
Reg 3.59



White Glutinous Corn (3pcs)
本地白糯玉米 (3pcs)
Canada

3.58 /ea
Reg 3.99



蔬菜 VEGETABLES



1.58 /lb
Reg 1.99

Baby Bok Choy Sprout
本地奶白苗
Canada
\$3.48/kg



1.18 /lb
Reg 1.59

Bok Choy Sum
本地白菜芯
Canada
\$2.6/kg



1.98 /lb
Reg 2.99

Bebe Squash
本地貝貝南瓜
Canada
\$4.37/kg



2/3.98
Reg 2.99

Fresh Corn (5pcs)
本地玉米 (5pcs)
Canada



2/2.88
Reg 1.99

Bagged Onion
本地袋裝洋蔥
Canada
2lb



88¢ /lb
Reg 1.29

Beetroot
本地紅菜頭
Canada
\$1.94/kg



2/2.88
Reg 1.99

Carrots
本地紅蘿蔔
Canada
2lb



58¢ /lb
Reg 0.99

White Radish
本地白蘿蔔
Canada
\$1.28/kg



1.88 /lb
Reg 2.99

Organic Ginger
有機生薑
Peru
\$4.15/kg

Indian Okra
印度羊角豆
South America
\$6.57/kg

2.98 /lb
Reg 4.99



SUN CANDY Bagged Lemon SC 袋裝黃檸檬
South Africa

2.88 /ea
Reg 4.99



海鮮 SEAFOOD

Live Green Bass
游水青斑
\$32.80/kg

14.88 /lb
Reg 16.99



Fresh King Fish Steak
新鮮馬鮫魚扒
\$21.78/kg

9.88 /lb
Reg 13.99



Live Blue Crab
生猛藍蟹仔
\$15.17/kg

6.88 /lb
Reg 8.99



Live Vancouver Clams
游水溫哥華蜆
\$17.37/kg

7.88 /lb
Reg 8.99



Live Snail
游水石螺
\$8.55/kg

3.88 /lb
Reg 4.99



熟食 DELI & 燒臘 BBQ



2.99 /order (3's)
Reg 3.59

Fresh Beancurd Roll w/Pork
鮮竹卷



5.99 /order
Reg 6.99

Shrimp Fried Rice
蝦仁炒飯



8.99 /order
Reg 9.99

Lemon Chicken
檸檬雞



6.99 /lb
Reg 7.99

BBQ Pork
蜜汁叉燒
\$15.41/kg



9.99 /order
Reg 10.99

Fried Shrimp
鳳尾蝦



10.99 /order
Reg 11.99

Boiled Fish Fillet w/ Pickle
Vegetable
酸菜魚片

麵包 BAKERY

NEW CENTURY FOOD
Steamed Cabbage & Pork Buns
麥香居 手工菜肉包
6pcs

6.99 /ea
Reg 7.99



LOVELY PAO Pandesal
LOVELY PAO 鹹麵包
750g

5.29 /ea
Reg 5.99



CRISPY Tandoori Naan
CRISPY 印度烤餅
426g

2/3.98 or 2.29/ea
Reg 2/\$5 or 2.99/ea



週末試食

OX HEAD
White Fragrant
Scented Rice
牛頭牌
特選泰國
上等香米
7kg

18⁹⁹
Reg 21.99



JJZ
Cola Mixed Grains
Powder Selected
Organic Wolfberry
Puree Juice
勁家莊 谷樂樂
五穀粉指定款 /
有機枸杞原漿
350g / 600ml

5⁹⁹ ~ 12⁹⁹
Reg 8.99~16.99

Weekend Demo
週末試食

JJZ
Cola Mixed Grains
Powder Selected (Bag)
勁家莊 谷樂樂
五穀粉指定款 (袋裝)
350g - 525g

6⁹⁹
Reg 8.99

Weekend Demo
週末試食

ORALE
Hibiscus Flower
ORALE 洛神花
227g

5⁹⁹
Reg 7.99

SAVE
85%
Knorr
家樂牌
雞精清湯
2/\$1
Reg 3.29

Chicken
Poulet
6
cubes/包
Bouillon
63 g/包
KNORR
Chicken Bouillon
Cubes
家樂清湯雞精
63g

KADOYA
Black/White Sesame
八角 烘焙黑/白芝麻
1kg

9⁸⁸
Reg 12.99

CUI
Sesame Oil
崔字牌 小磨香油
448ml

4⁹⁹
Reg 7.99

OUNCE
Honey
OUNCE 蜜糖
1000g

6⁹⁹
Reg 10.99

KEWPIE
Mayonnaise
丘比 美奶滋
450ml

4⁹⁹
Reg 7.99

WANG KOREAN
BBQ Sauce
Selected
王韓 韓國
燒烤醬指定款
840g

3⁹⁹
Reg 5.99

KIRIN
Lemon Tea/
Milk Tea
麒麟 午後紅茶
檸檬茶/奶茶
1.5L

2⁹⁹
Reg 4.99

FANTA/
SANGARIA
Soft Drink
Selected
芬達/
SANGARIA
汽水指定款
500ml

1⁹⁹
Reg 2.99

SAVE
83%
HATA
Ramune Soda
Drink Selected
HATA
波子汽水指定款
200ml

2/\$1
Reg 2.99

SENPURE
Fruit Tea Selected
香飄飄 果汁茶
指定款
400ml x 3

3⁹⁹
Reg 5.99

SUNFUNG
Peanut Kernal
新豐 紅衣花生
908g

3⁹⁹
Reg 5.99

HSBJ/
PROSPER UNITY
Chinese Dat
紅色邊疆/家和
新疆灰果
2.5kg

9⁹⁹
Reg 13.99

SAVE
50%
DYL
Dried Black
Bean Curd
豆來運
黑豆腐竹
200g

2⁹⁹
Reg 5.99

XING SHENG/
NOODLES HOUSE
Noodles Selected
興盛/麵之館
麵條指定款
900g-960g

2⁹⁹
Reg 4.99

SUKINA
Soba Noodles
SUKINA
蕎麥麵
3lb

4⁹⁹
Reg 6.99

LIUQUAN
Snail Rice Noodle
柳全 柳州螺蛳粉
268g

1⁹⁹
Reg 2.99

BULACAN
Salted Anchovy
Sauce
BULACAN
鹹鯷魚醬
300ml

1⁹⁹
Reg 3.29

BULACAN
Coconut Sport
String/Fruit&Bean in
Syrup/Ube Spread
BULACAN
甜品指定款
340g

2⁹⁹
Reg 3.99

BULACAN
Sugar Palm Fruit
in Syrup (White)
BULACAN
椰果甜品(白)
340g

1⁹⁹
Reg 3.59

Bulacan
Pancit Canton
Stick Noodles
BULACAN 大黃麵
454g

2⁹⁹
Reg 4.99

JACK'N JILL
Chippy
Barbecue
珍珍
燒烤味薯片
110g

99¢
Reg 1.59

掃碼關注我們 獲得最新優惠資訊
SCAN & FOLLOW FOR THE LATEST DEALS

FACEBOOK
LITTLE RED 小红书
WECHAT 微信群

Terra Foodmart 誠聘
• 燒臘師傅 •
BtrustHR2022
647 767 2328

SAVE
\$11
ICHIKAMI
Shampoo / Conditioner Set Selected
ICHIKAMI 洗髮水 / 護髮素套裝指定款
450ml x 2 / 480ml x 2
12⁹⁹
Reg 23.99