

BACK TO SCHOOL & BACK TO ROUTINE

SAVE
26%

2²²

CHRISTIE COOKIES
SELECTED VARIETIES, 224-303 G
2159497, SA/2159506, SA



SAVE
42%

2²⁸

MADE GOOD CRISPY SQUARES 132 G,
MINI COOKIES 120 G, CRUNCHY COOKIE 200 G,
GRANOLA BITES 120-185 G, MORNINGS 150 G,
OAT CUPS 175 G, CRUNCHY SQUARES 150 G
OR GRANOLA BARS 120 G
SELECTED VARIETIES
2157967, SA/21581987, SA



SALE
7⁹⁹

NO NAME® PARTY MIX
908 G
2179096, SA



App exclusive offer

ALWAYS
LOW PRICE
\$10

Get
2,000
pts

\$2
back in
points

BREADED CHICKEN,
MEATBALLS, GROUND
POULTRY OR HORS
D'OEUVRES FROZEN

700 G-1.816 KG, FISH FILLETS OR
BREADED SEAFOOD 200-908 G
SELECTED VARIETIES, FROZEN
21447587, SA/21669019, SA/21473768, SA

*Open your PC Optimum™ app or
visit pc optimum.ca to get the offer.



SALE
\$21

GATORADE SPORTS DRINK
SELECTED VARIETIES, 24X591 ML
30198819905, CA/301988197, CA



EQUIVALENT TO
88¢
PER BOTTLE



ALWAYS LOW PRICE

Find set prices on everyday items.



App exclusive offer

ALWAYS
LOW PRICE

\$3.75

Get
1,000
pts

\$1
back in
points

**ZIGGY'S SLICED
DELI MEATS**
SELECTED VARIETIES
175 G
21992461_EA/21996554_EA
*Open your PC Optimus™
app or visit
pcoptimus.ca
to get the offer.



ALWAYS
LOW PRICE

\$3.75

PC® OR BLUE MENU® TORTILLAS
SELECTED VARIETIES, 342-650 G
20193887_EA/21447516_EA



ALWAYS
LOW PRICE

\$3

**NO NAME® NATURALLY IMPERFECT™
FROZEN FRUIT**
SELECTED VARIETIES, 300/400 G
21545086_EA/21545106_EA



ALWAYS
LOW PRICE

\$4

PC® ORGANICS APPLE SAUCE
SELECTED VARIETIES, 6X100 ML
20325495-0001_EA/21309828_EA



ALWAYS
LOW PRICE

\$4.50

PC® ORGANICS ANIMAL COOKIES
SELECTED VARIETIES, 250 G
20191018_EA/20304891_EA



PROUDLY CANADIAN



**REAL CANADIAN
SUPERSTORE**

Prices effective at Superstore Oshawa Harmony North, London East, London Oxford, Sudbury locations only.

**SAVE
UP TO
47%**

6⁸⁸

LB
15.17/KG

**SIRLOIN TIP
ROAST OR STEAK**
CUT FROM CANADA AA OR
USDA SELECT GRADE BEEF
2081312A_KG
20813595_QG

**SAVE
60%**

1⁹⁹

**FARMER'S MARKET™
WHITE POTATOES**
PRODUCT OF CANADA
CANADA NO.1 GRADE
2060099700L_EA

**HOT
DEAL**

88¢

**NEILSON
CHOCOLATE MILK**
750 ML
2076679L_EA



**CLUB
SIZE**



10 LB



750 ML

**SAVE
45%**

3²⁸

**NO NAME™ MILD
SUGAR CURED BACON**
SELECTED VARIETIES
21750394_EA

Optimum™
App exclusive offer

250

Get
500
pts

When you buy 2

**ROBIN HOOD OR
FIVE ROSES ALL
PURPOSE FLOUR**
SELECTED VARIETIES
20134783_EA/20215651_EA

**SAVE
36%**

11⁹⁸



**FARMER'S MARKET™
MANDARINS**
PRODUCT OF SOUTH AFRICA
2009981000L_EA
*Open your PC Optimum™ app or
visit pc optimum.ca to get the offer.

2 LB



10 LB

**DEAL
DROP**

Limited-time
deals on
PC® home
& more.

Optimum™

Members Price
\$20

Non-Members
\$40

Members Save
\$20

**PC® HYGROCOTTON
TOWELS**
21859045_EA
**Must be a registered PC Optimum™
member to load and get this offer.

**3
PIECE
SET**



FREE

**WHEN YOU
SPEND \$300
OR MORE**

in a single transaction,
in-store or through PC Express™
online pickup or delivery

EASY & SIMPLE FAMILY MEAL IDEAS
2.45 KG
21619432_EA

**UP TO
\$25
VALUE**



**CLUB
SIZE**

**SAVE
2.00**

\$8

**PC® PACIFIC
LARGE WHITE
SHRIMP RAW
OR COOKED
PEELED**
FROZEN
31-40 PER LB, 400 G
20769951_EA/20761381_EA



**SAVE
UP TO
45%**

\$6

**SCHNEIDERS
PEPPERETTES
SAUSAGE
SNACKS**
SELECTED VARIETIES
250-375 G
21738818_EA/21738840_EA



SALE

3⁹⁹

**PHILADELPHIA
CREAM
CHEESE
PRODUCT**
SELECTED VARIETIES
227/250 G
20641267_EA
2066692400L_EA



ONLY

6⁹⁷

**LIBERTÉ
GREEK
YOGURT**
SELECTED VARIETIES
650/750 G
2070433000L_EA
21332463_EA



**SAVE
33%**

1⁵⁰

**CAMPBELL'S
BROTH OR CONCENTRATED
BROTH**
SELECTED VARIETIES
250/900 ML
20322340002_EA
21347243_EA



**SAVE
UP TO
45%**

1²⁵

**OASIS JUICE,
HYDRAFRUIT,
DEL MONTE
NECTARS OR
ARIZONA ICED
TEA** SELECTED VARIETIES, 960 ML
2031472200L_EA
2084417004_EA



SALE

1⁶⁹

**COCA-COLA,
CANADA DRY
OR PEPSI SOFT
DRINKS**
SELECTED VARIETIES
2031902500L_EA
202998024000L_EA



**SAVE
UP TO
1.00**

\$5

**GENERAL MILLS
FAMILY SIZE
CEREAL**
SELECTED VARIETIES,
475-775 G
21034495_EA
21034492_EA



SALE

\$5

**NONG SHIM
NOODLE SOUP**
SELECTED VARIETIES,
400-508 G
21053882_EA/21054161_EA



**SAVE
UP TO
33%**

3⁹⁹

**MELONA
ICE BARS**
SELECTED VARIETIES,
FROZEN, 560 ML
21622933_EA



**SAVE
UP TO
52%**

\$12

**ROYALE
BATHROOM
TISSUE**
16=48 ROLLS OR
PC® MAX™ PAPER
TOWEL 6=12 ROLLS
SELECTED VARIETIES
21619162_EA/21041202_EA



\$11

**LIMIT 4
OVER LIMIT PAY
14.99 EA**

**PURE PROTEIN,
ENSURE OR
GLUCERNA
READY TO
DRINK SHAKES**
SELECTED VARIETIES
AND SIZES
20839048_EA/21333482_EA



Smooth, creamy
hummus meets
snack-sized
naan

Baked with
buttermilk
and ghee



App exclusive offer

350

Get
1,000
pts

\$1
back in points

PC® HUMMUS OR NAAN DIPPERS
SELECTED VARIETIES 200/227 G
20584097_EA/21051013_EA
*Open your PC Optimum™ app or
visit pc optimum.ca to get the offer.

Flyer prices effective from Thursday, September 10th to Wednesday, September 16th, 2026

HEALTH, BEAUTY & MORE FOR LESS

**BUY 1
GET 1
FREE**

OGX HAIRCARE
SELECTED VARIETIES
AND SIZES
11.00-12.49
2279693005_EA/212445281_EA
PERS. ITEM MUST BE OF
EQUAL OR LESSER VALUE



Optimum

UP TO
25% OFF
11.00-17.00
AFTER SAVINGS

Get
5,000 pts
When you
spend \$25*

\$5
back in
points

**GARNIER MICELLAR
WATER OR MAYBELLINE
SKY HIGH MASCARA**
SELECTED VARIETIES AND SIZES
700 ML
21344689003_EA/214274668_EA



Optimum

UP TO
20% OFF
6.79-39.99
AFTER SAVINGS

Get
4,000 pts
When you
spend \$20*

\$4
back in
points

**NIVEA SKINCARE
PRODUCTS**
SELECTED VARIETIES AND SIZES
31302304_EA/21722989_EA



Optimum

UP TO
25% OFF
4.39-9.74
AFTER SAVINGS

Get
1,500 pts

\$150
back in
points

**PANTENE 255-308 ML
OR HEAD AND
SHOULDERS 613 ML
SHAMPOO OR CONDITIONER**
SELECTED VARIETIES AND SIZES
21431193_EA/21505226_EA



\$4

**LIMIT 6
OVER LIMIT PAY
5.79 EA**

**AXE DEODORANT 76/85 G,
BODY SPRAY 113 G,
BODY WASH OR
HAIR CARE 473 ML**
SELECTED VARIETIES
21042385_EA/21438255_EA

Optimum

\$9

LIMIT 6, OVER LIMIT
PAY 11.49 EA

Get
1,000 pts

\$1
back in
points

**DOVE BODY
WASH 591-710 ML
OR BAR SOAP 6X106 G**
SELECTED VARIETIES
21210117_EA/21518321_EA



**PRICE
DROP[‡]**

**SO YOU CAN
SAVE MORE**

**SAVE
UP TO 15%
2⁹⁵**

VACHON OR HOSTESS CRAZE SNACK CAKES
SELECTED SIZES AND VARIETIES
20943606_EA/21740905_EA



**UNTIL
SEPT 23**

**SAVE
UP TO 1.72
3²⁷**

**iögo NANO DRINKABLES 6X93 ML
OR POUCHES 4X90 G YOGURT**
SELECTED VARIETIES
20609487003_EA/21737976_EA



**UNTIL
SEPT 23**

**SAVE
1.00
\$3**

**CAVENDISH PREMIUM FRIES OR SPECIALTY
POTATOES 454-750 G OR ONION RINGS 400 G**
SELECTED VARIETIES, FROZEN
20729779_EA/21094818_EA



**UNTIL
SEPT 23**

**SAVE
15%
5⁵⁰**

QUAKER MUFFIN OR COOKIE MIXES
SELECTED VARIETIES, 750/900 G
203001064001_EA/203001064004_EA



**UNTIL
SEPT 23**

**SAVE
UP TO 2.02
5⁹⁷**

**BLACK DIAMOND CHEESTRINGS 189-336 G
OR KRAFT CHEESE SHREDDED PARMESAN 200 G**
SELECTED VARIETIES
20763681_EA/21039032_EA



**UNTIL
SEPT 23**

SEPTEMBER

HIT
OF THE
MONTH

\$3

MAYNARDS OR SOUR
PATCH KIDS CANDY

SELECTED VARIETIES, 230-315 G

2098881_EA/21545809_EA



LIMIT 6
AFTER LIMIT
4.00 EA.

\$2

PC[®] KETTLE COOKED OR
RIPPLED KETTLE POTATO CHIPS

SELECTED VARIETIES, 200 G

21422971_EA/21488863_EA



LIMIT 6
AFTER LIMIT
3.00 EA.

\$3.50

MARCANGELO PORK SAUSAGE

SELECTED VARIETIES, 250-500 G

21724034_EA/21704045_EA



LIMIT 6
AFTER LIMIT
4.50 EA.

LOWEST PRICES
BEST DEALS

As compared to other major grocery retailers within your local areas.
Valid from September 1 - 30, 2026. While quantities last. See in-store for details.

BACK TO SCHOOL

BACK TO ROUTINE

SAVE
16%

2⁵⁰

NATURE VALLEY SWEET & SALTY
GRANOLA BARS
SELECTED VARIETIES, 160-175 G
2174063, SA/2174066, SA



SAVE
42%

\$2

CAMPBELL'S CHUNKY SOUP
SELECTED VARIETIES, 515 ML
21480447, SA/21480443, SA



SAVE
25%

1²⁷

K-D ORIGINAL
MACARONI AND
CHEESE
200 G
21449336, SA



Optimum

SAVE
UP TO 33%
\$4

Get
500
pts

KELLOGG'S PREMIUM CEREAL
SELECTED VARIETIES, 210-525 G
20067427, SA/20015041, SA



LAY'S POTATO CHIPS
SELECTED VARIETIES, 177-235 G
2144052, SA/21440485, SA

\$4



4⁹⁹

CHRISTIE FAMILY COOKIES 374-460 G OR
CAKESTERS 285 G
SELECTED VARIETIES
21528147, SA/21710437, SA



HERSHEY'S, REESE'S, OH HENRY!
OR BROOKSIDE CHOCOLATES OR
CANDY
SELECTED VARIETIES, 154-270 G
20363670004, SA/21711946, SA

2/\$9
OR 5.99 EA



SAVE
1.50

7⁴⁹

NESCAFÉ GOLD
INSTANT COFFEE
SELECTED VARIETIES, 90-100 G
2174062, SA/2174066, SA



SAVE
UP TO 30%

6⁹⁹

LYSOL LAUNDRY
DISINFECTANT
1.2 L MULTI-
PURPOSE
DISINFECTANT
SPRAY 575 G OR
TOILET BOWL
CLEANER 2X710 ML
SELECTED VARIETIES
21238361, SA/21467306, SA





GROWN IN CANADA

FROM YOUR FARMERS

Fresh Ontario carrots in spring?
That's the innovation behind
Nature's Finest Produce's unique
over-winter carrot program.
By harvesting carrots from February
to May, the family-owned farm in
Pain Court, Ontario extends access
to fresh, locally grown produce.
A proud Loblaw partner since 2008,
the farm also grows onions, beets,
potatoes, and organic vegetables.



Jason Kevin Stallaert
Nature's Finest Produce

\$3

**FARMER'S MARKET™
CARROTS OR YELLOW ONIONS**
PRODUCT OF CANADA, CANADA NO.1 GRADE, 3 LB
30400927001_EA/30819944001_EA



3⁵⁰

ROMAINE HEARTS
PRODUCT OF CANADA, 3'S
20067389001_EA



**MULTI
SAVE**
5/\$3
OR .75 EA

**SWEET BICOLOUR
CORN**
PRODUCT OF ONTARIO
20131779001_EA



\$1 LB
2.20/KG

GREEN CABBAGE
PRODUCT OF CANADA
20793834001_KG



**SAVE
1.00**

\$5

**FARMER'S MARKET™
MINI CUCUMBERS**
PRODUCT OF ONTARIO, 11'S
210796279001_EA



**CLUB
SIZE**

**SAVE
UP TO 33%**

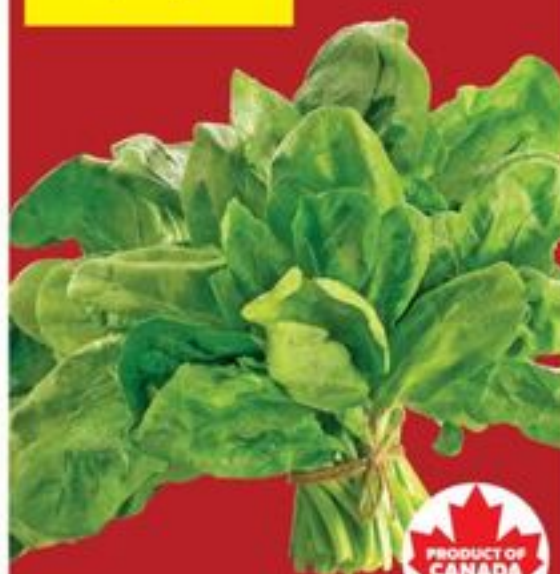
\$2 LB
4.41/KG

**GREEN OR YELLOW
ZUCCHINI**
PRODUCT OF ONTARIO
20426396001_KG/20148343001_KG



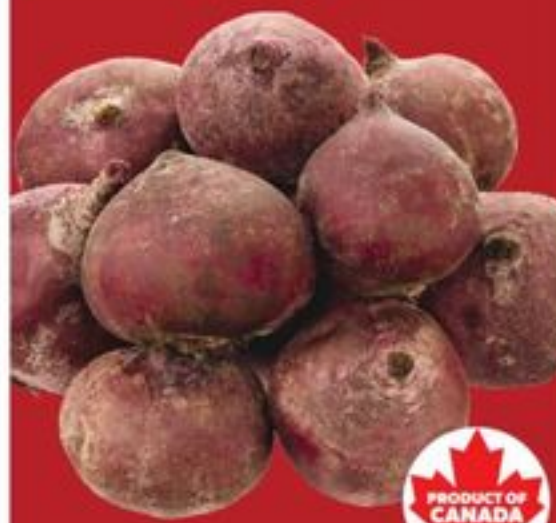
2⁴⁹

BUNCHED SPINACH
PRODUCT OF CANADA
20162840001_EA



1⁹⁹ LB
4.39/KG

BEETS
PRODUCT OF CANADA
2010316001_KG



\$2

BROCCOLI CROWNS
PRODUCT OF CANADA
21121046001_EA



\$3 LB
6.61/KG

**GREEN OR
YELLOW BEANS**
PRODUCT OF CANADA
20142883001_KG/20096104001_KG



**FRESH
PROMISE**

**If it's not fresh,
it's free.**

\$4

RASPBERRIES PRODUCT OF CANADA, MEXICO OR U.S.A. OR
BLACKBERRIES PRODUCT OF MEXICO OR U.S.A., 170 G
2009090001_SA/2009090001_SA



**GREEN OR RED
SEEDLESS GRAPES**
PRODUCT OF U.S.A., NO. 1 GRADE
200401770001_AG/2009090001_AG

3⁵⁰
LB
7.72/KG



\$3

**FARMER'S MARKET™
GRAPE TOMATOES**
PRODUCT OF CANADA, 283 G
2016070001_SA



\$3

CANTALOUPE
PRODUCT OF CANADA
2016070001_SA



\$5

**FARMER'S MARKET™
DÉLICÉS DU MARCHÉ LEMONS
CITRONS**

**FARMER'S
MARKET™
LEMONS**
PRODUCT OF
SOUTH AFRICA, 218
2016090001_SA



\$2
LB
4.41/KG

PAPAYA
PRODUCT OF MEXICO
2007060001_AG



2⁵⁰
LB
5.51/KG

YELLOW PEACHES
PRODUCT OF ONTARIO
2010060001_AG



\$16

**FARMER'S MARKET™
MUM HANGING BASKET**
SELECTED VARIETIES, 11 INCH
20060001_SA



\$5

TAYLOR FARMS CHOPPED SALAD KITS
SELECTED VARIETIES, PRODUCT OF U.S.A., 267-303 G
20160501_SA/20160501_SA



ZESTY PEPPERS

Turn up the heat,
not the cost.

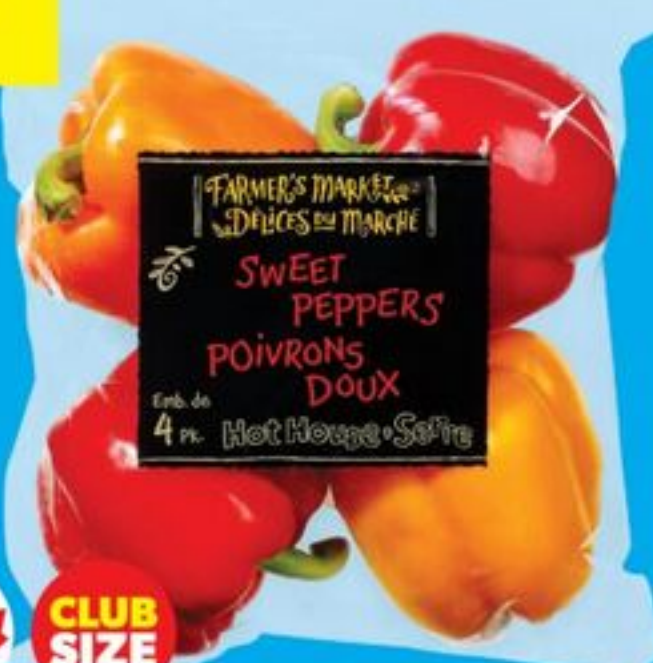
**FRESH
PROMISE**

\$5

**FARMER'S MARKET™
GREENHOUSE PEPPERS**
PRODUCT OF ONTARIO
4'S
2017530001_5A



**CLUB
SIZE**



PC HOT PEPPERS
PRODUCT OF CANADA, MEXICO,
VIETNAM OR DOMINICAN REPUBLIC
75-226 G
20454333001_5A/20454333001_5A

\$4



\$2 LB
4.41/KG

**GREEN SWEET
PEPPERS**
PRODUCT OF ONTARIO
20454333001_5A



MINI MIXED SEEDLESS PEPPERS
PRODUCT OF ONTARIO, 454 G
20454333001_5A

5⁵⁰



\$3 LB
6.61/KG

ORANGE, RED OR YELLOW SWEET PEPPERS
PRODUCT OF ONTARIO
20454333001_5A/20454333001_5A



**PC ORGANICS
SWEET PEPPERS**
PRODUCT OF ONTARIO
20454333001_5A

\$6



\$6

PEPPER SWEET SNAPS
PRODUCT OF ONTARIO, 340 G
20454333001_5A



JALAPENO PEPPERS
PRODUCT OF ONTARIO
20454333001_5A

\$4 LB
8.82/KG



\$14

**RED SHEPHERD
PEPPERS CASE**
PRODUCT OF ONTARIO
20454333001_5A



SUPER FRESH

\$15

PC® WHOLE CHICKEN
AIR CHILLED, 1.7 KG
20689903, SA



\$15

**PC® BLUE MENU®
CHICKEN THIGHS**
BONELESS, SKINLESS,
AIR CHILLED, 8'S
2134007, SA



6⁵⁰
LB
14.33/KG

**PORK CENTRE
AND RIB CHOPS**
BONELESS
20649306, AG



**CLUB
SIZE**

\$6

**PC® FREE FROM®
LEAN GROUND PORK**
454 G
20683290, SA



2⁵⁰

**SCHNEIDERS LUNCH
OR SNACK KITS**
SELECTED VARIETIES, 75-120 G
21320897, SA / 21320894, SA



\$4

**SCHNEIDERS
RED HOTS HOT DOGS
OR BLUE RIBBON
BOLOGNA**
SELECTED VARIETIES, 375 G
20603426, SA / 21328707, SA



\$11

**NO NAME®
CANTONESE-STYLE
EGG ROLLS**
SELECTED VARIETIES, FROZEN,
1.25 KG
20607001, SA / 20607002, SA



**SAVE
4.00**

\$13

**JANES BONELESS
CHICKEN BITES,
FILLETS, TENDERS OR
CHICKEN SANDWICH**
SELECTED VARIETIES, FROZEN,
710-750 G
20603460, SA / 21320796, SA



\$10
LB
22.05/KG

**NEW ZEALAND
LAMB SHANKS**
FROZEN
21340767, KG



**INCLUDES
HALAL**

\$22

**TRUE NORTH SCALLOP
MEDALLIONS**
FROZEN, 454 G
21344007, SA



6⁵⁰

**SEAQUEST® CLAM
OR MUSSEL MEAT**
FROZEN, 340 G
21323476, SA / 21320704, SA



**SAVE
UP TO 5.00**
LB

\$11
LB
24.25/KG

**MSC HADDOCK
FILLETS**
FAMILY SIZE,
PREVIOUSLY FROZEN
21340443, KG



**CLUB
SIZE**

**SAVE
1.49**

8⁵⁰

**HERON POINT WILD
CAUGHT CRAB MEAT**
SELECTED VARIETIES, 170 G
20647384, SA / 20647385, SA



\$15

**PC® BACON-WRAPPED
WILD SEA SCALLOPS**
FROZEN, 250 G
21320644, SA



\$7

**UNCOOKED BREADED
SQUID RINGS**
FROZEN, 500 G
21328511, SA



SUPER FRESH

2⁵⁰

**PC® ENGLISH MUFFINS
OR CRUMPETS**
SELECTED VARIETIES, 6'S
3000735, SA/3002046, SA



2/\$5
OR 2.99 EA

WONDER BREAD 675 G
OR **BUNS** 6'S
SELECTED VARIETIES
30076296, SA/30091865, SA



**SAVE
1.00**
\$5

**STRUDELS,
TURNOVERS
OR DANISHES**
SELECTED VARIETIES BAKED
IN-STORE, 4-8'S
247336, SA



3⁵⁰

**CINNAMON
RAISIN BREAD**
488 G OR **CHOCOLATE
CROISSANTS**
SELECTED VARIETIES,
BAKED IN-STORE, 4'S
3013432, SA/30127637, SA



4⁵⁰

ACE BISTRO LOAF
SELECTED VARIETIES, 545-640 G
204608, SA/200793, SA



5⁵⁰

**FARMER'S MARKET™
LOAF CAKE WHOLE OR
SLICED OR SIMPLE JOY
ICED SLICED CAKE**
SELECTED VARIETIES, 344-400 G
2148016, SA/2148216, SA



3⁵⁰
/100 G

**PC® AND BLUE MENU®
NATURAL CHOICE
SALAMI, TURKEY
OR CHICKEN DELI
SERVICE CASE**
SELECTED VARIETIES,
\$3.50/100G
20102960, AG



**SAVE
2.50**

\$6

**MAPLELEAF
NATURAL SELECTIONS
OR SCHNEIDERS
SLICED MEATS**
SELECTED VARIETIES, 150-175 G
20062265, SA/2006963, SA



**SAVE
UP TO 3.50**

\$11

**MASTRO GENOA OR
CHORIZO SALAMI,
CHARCUTERIE TRIO
OR GRAN PIATTO OR
SAN DANIELE SLICED
PROSCIUTTO**
SELECTED VARIETIES, 200-600 G
2148016, SA/2147496, SA



**SAVE
UP TO 3.29**

\$10

TRE STELLE FETA 375 G
OR **CASTELLO
HAVARTI** 425 G
SELECTED VARIETIES, 375 G
20127603, SA/2006707, SA



**SAVE
UP TO 2.49**

\$10

**SAPUTO
PARMESAN PETALS**
300 G
20000090, SA



\$15 Get **1,000** pts
\$1 back in points

**TRE STELLE
MOZZARELLA
CHEESE**
750 G
21062477, SA



**CLUB
SIZE**

Members Price
5⁵⁰

Non-Members
6⁵⁰

Members Save
\$1

**THE SNACK FACTORY
PRETZEL CRISPS
CHOCOLATE PRETZEL
SNACKS**
SELECTED VARIETIES, 155 G
21576322, SA/21576333, SA
***Must be a registered PC Optimum™
member to load and get this offer.



2/\$10
OR 6.00 EA

**IN-STORE MADE
SOFTIES OR SUB
SANDWICHES**
SELECTED VARIETIES, 180/184 G
2006224, SA/20023796, SA



2/\$17
OR 10.00 EA

**ZEN GOURMET, READY
TO HEAT MEALS**
SELECTED VARIETIES, 450G
21168419, SA/21168477, SA



SHOP THE WORLD IN OUR AISLES*

From bok choy to basmati rice, find international ingredients at low prices.

SHOP NOW

\$1

ROOSTER GARLIC
PRODUCT OF CHINA, 3'S
2004335901.SA

Garlic Ail
ROOSTER BRAND™
MARQUE ROOSTER
3 BULBES

4⁵⁰

FARMER'S MARKET™ RED ONIONS
PRODUCT OF CANADA, 3 LB
2005363901.SA

\$8

SEAQUEST COLOSSAL PACIFIC WHITE SHRIMP RAW ZIPPERBACK
16-20/LB, 300 G OR ASC
BASA STEAKS 1 KG,
FROZEN
2005485.SA/2004887.SA

9⁵⁰

SUFRA™ HALAL LEAN GROUND BEEF
454 G
20197283.SA

\$4

SIWIN SAUSAGES
SELECTED VARIETIES, 275 G
20046499.SA

\$6

PC® MINI VEGETABLE OR CHICKEN SAMOSAS
FROZEN, 288/345 G
20051030.SA/20051036.SA

1⁵⁰

KURKURE SNACKS
SELECTED VARIETIES, 115 G
20059742.SA/2005977.SA

2⁵⁰

RUBICON JUICE DRINK
SELECTED VARIETIES,
1 L/4X200 ML
2005236001.SA/20296770001.SA

2/\$5
OR 3.00 EA

SURAJ™ NAAN FLATBREADS
SELECTED VARIETIES, 500 G
20050386.SA/20057332.SA

4/\$5
OR 2.09 EA

HALDIRAM'S SNACKS
SELECTED VARIETIES, 90-150 G
20190423.SA/20300977.SA

2⁵⁰

BRITANNIA GOOD DAY OR FIFTY FIFTY COOKIES OR BISCUITS
SELECTED VARIETIES, 235/372 G
20023005.SA/2005822.SA

SAVE UP TO 1.49

\$3

ZINDA COUSCOUS
SELECTED VARIETIES, 600/907 G
20053709.SA/20053596.SA

5⁹⁹

BRAR'S MALAI PANEER
375 G
20253164.SA

10⁹⁹

PRAN PARATHAS FAMILY PACK
FROZEN, 2400 G
20073364.SA

\$10

BROOKE BOND RED LABEL TEA
900 G
20053644.SA

* Please note that not all items are available in all stores.

HAPPY MID-AUTUMN FESTIVAL



**Celebrate
together and
save on 1100+
East Asian
products**

\$2
LB
4.45/KG

**ASIAN
YELLOW
PEARS**
PRODUCT OF CHINA
20035619001_KG



2.88
LB
6.35/KG

BABY BOK CHOY
PRODUCT OF MEXICO
OR U.S.A. OR
**SHANGHAI
BOK CHOY**
PRODUCT OF CANADA
20082379001_KG
20032434901_KG



\$2

**BEAN
SPROUTS**
PRODUCT OF U.S.A.,
454 G
20095232001_EA



3.50

BROCCOLINI
PRODUCT OF U.S.A.
20034907_EA



\$8

**CHICKEN GIZZARDS,
HEARTS AND LIVERS**
FROZEN, UP TO 676 G
21749096_EA/21749827_EA



\$4
LB
8.82/KG

BEEF LIVER
FRESH
20799408_KG



\$4
LB
8.82/KG

**WHOLE
MILKFISH**
FROZEN
20798071_KG



2.88

**YUKI & LOVE DESSERT
MOCHI**
SELECTED VARIETIES, 120 G
21732187_EA/21732290_EA



3.48

**INDOMIE
INSTANT NOODLES**
SELECTED VARIETIES, 400/425 G
20686719_EA/21635892_EA



6.88

**DANISA BUTTER
COOKIES**
SELECTED VARIETIES, 454 G
21045259_EA



4.99

**HEIWA SANUKI-STYLE
UDON**
FROZEN, 1.25 KG
200790579_EA



4.98

**T&T SHIITAKE
MUSHROOM CRISPS**
150 G
21446094_EA



2/4.88
OR 2.89 EA

ROOSTER TOFU
SELECTED VARIETIES, 454 G
21474492_EA/21474765_EA



\$1

MEGA SARDINES
SELECTED VARIETIES, 155 G
20774710_EA/20774942_EA



**SAVE
1.00**
5.48

**O'FOOD GOCHUJANG
KOREAN CHILI SAUCE**
215 G
21453162_EA



2.99

**BIBIGO STEAMED
DUMPLINGS**
FROZEN, 187 G
21892062_EA



* Please note that not all items are available in all stores.

HAPPY MID-AUTUMN FESTIVAL



**Celebrate
together and
save on 1100+
East Asian
products**

5.48
LB
12.08/KG

PORK BELLY
CRYOVAC
21619914_KG



13.88
LB
30.60/KG

BEEF RIB FINGER MEAT
20142109_KG



8.99

**O'TASTY
STEAMED BUNS**
SELECTED VARIETIES, FROZEN,
680 G
20219240002_EA



13.99

**T&T SHRIMP
DUMPLINGS**
FROZEN, 1.04 KG
21471210_EA



\$13

**OCEAN ANGEL
WILD CAUGHT
CALIFORNIA SQUID**
FROZEN, 1 KG
20121461_EA



5.99

**O'TASTY FROZEN
DUMPLINGS**
SELECTED VARIETIES, FROZEN,
567 G
20319243004_EA



12.99

**T&T MONTHONG
DURIAN PULP**
FROZEN, 454 G
21541463_EA



7.99

**DELICATO JAPANESE
CHEESECAKE**
SELECTED VARIETIES, FROZEN,
300 G
21046345_EA



1.88

**AROY-D
COCONUT MILK**
SELECTED VARIETIES, 400 ML
20061864_EA/20131960_EA



2.48

**T&T ALOE VERA
DRINK**
SELECTED VARIETIES, 1.5 L
20093585_EA/21007399_EA



9.88

**BILLY BEE HONEY
RED CAP**
1 KG
20028715_EA



7.88

**LEE KUM KEE
PURE SESAME OIL**
445 ML
20163080_EA



8.48

DAN D PAK CASHEWS
SELECTED VARIETIES, 500 G
21499618_EA/21499672_EA



9.98

**KNORR CHICKEN
BOUILLON**
1 KG
20154074_EA



**CLUB
SIZE**

* Please note that not all items are available in all stores.

Discover South Asian products for less

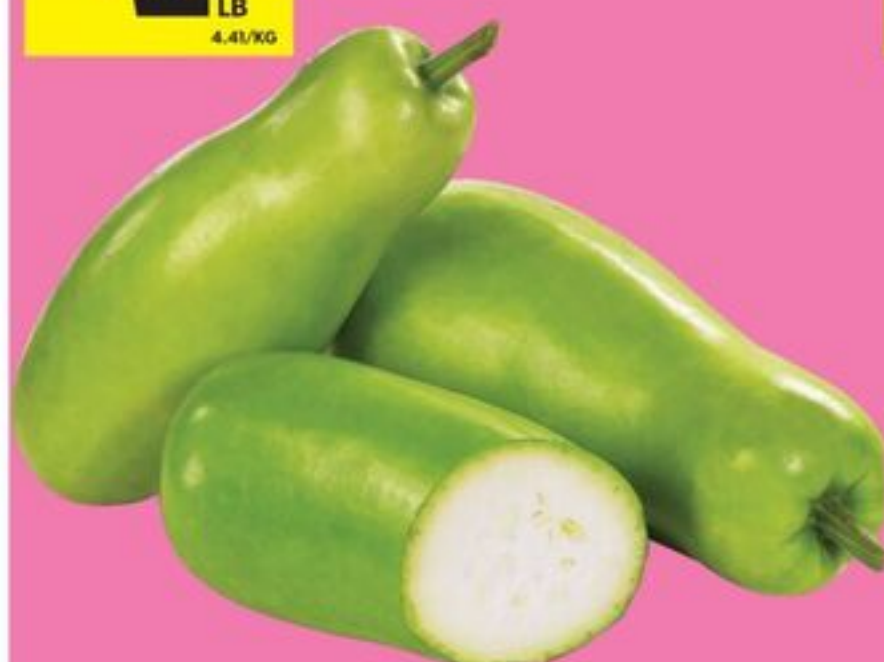
Shop the world in our aisles

SHOP NOW



\$2 LB
4.41/KG

OPO SQUASH
PRODUCT OF HONDURAS, U.S.A.
OR MEXICO
20142555001_KG



\$4 LB
8.82/KG

OKRA
PRODUCT OF U.S.A.
20091263005_KG



\$16

SUFRA® HALAL WHOLE CHICKEN
AIR CHILLED, UP TO 1.55 KG
2967063_EA



\$4

KFI COOKING SAUCES
SELECTED VARIETIES,
375/395 ML
20479490005_EA
20479490003_EA



2⁹⁹

KHAAS YOGURT
SELECTED VARIETIES, 750 G
20343315_EA



3⁴⁹

PRAN FROZEN SAMOSAS OR VEGETABLE SPRING ROLLS
SELECTED VARIETIES, FROZEN
.400 G
21054446_EA



8⁹⁹

PRAN PARATHAS FAMILY PACK
FROZEN, 2,400 G
2172344_EA



\$2

SURATI SNACKS
SELECTED VARIETIES, 250-341 G
20113391003_EA/20322576003_EA



45¢

MAGGI MASALA NOODLES
SELECTED VARIETIES, 70 G
20882064_EA



\$1

PARLE-G ORIGINAL BISCUITS 300 G
OR **HIDE & SEEK FAB COOKIES** 112 G
20840291_EA/20956493_EA



3⁵⁰

DABUR JUICE DRINK
SELECTED VARIETIES, 1 L
21399504_EA
21399526_EA



4⁵⁰

CRISPY CAKE RUSK
SELECTED VARIETIES, 550 G
21790032_EA



\$6

NESTLÉ EVERYDAY INSTANT TEA MIX
SELECTED VARIETIES, 200 G
21865985_EA/21865987_EA



*Prices effective at Superstore Milton, London Oxford, Kitchener, Mississauga Argentea, Mississauga Mavis, Toronto Brimley, Toronto Don Mills, Kanata, Oakville, Ajax, Oshawa Harmony North, Whitby.

SUPER YOUR EVERYDAY

SAVE UP TO 28%

1²⁵

CLARK CLASSIC BEANS
SELECTED VARIETIES, 398 ML
21231703_EA/21308477_EA

SAVE 19%

\$4

SPAM LUNCHEON MEAT
SELECTED VARIETIES, 340 G
20968235_EA/20958330_EA

SAVE 27%

\$4

GOLD SEAL WILD SALMON BOWLS
SELECTED VARIETIES, 160 G
21088473_EA/21089112_EA

1⁹⁷

BARILLA PASTA
SELECTED VARIETIES
340/430 G
21849904_EA
21454512_EA

2/5⁵⁰
OR 3.49 EA

BEN'S ORIGINAL BISTRO EXPRESS
SELECTED VARIETIES
240/250 G
21401378_EA
21405476_EA

6⁴⁹

HELLMANN'S MAYONNAISE
SELECTED VARIETIES
750-890 ML
20618179001_EA
21018345_EA

9⁹⁹

FILIPPO BERIO OLIVE OIL
SELECTED VARIETIES
750 ML
21193731_EA/21193742_EA

2/\$10
OR 5.99 EA

LINDT EXCELLENCE OR LINDOR 50-100 G OR GHIRARDELLI CHOCOLATE BARS 138 G
SELECTED VARIETIES
20312517000_EA
21664488_EA

SAVE UP TO 2.00

\$8

HERSHEY'S SNACK SIZE CHOCOLATE 25/35/3, 375-390 G OR HARRY POTTER 267 G
SELECTED VARIETIES
21099604_EA
21199631_EA

3⁵⁰

SNYDER'S PRETZELS
SELECTED VARIETIES
240 G
20316052000_EA
20316052004_EA

\$3

LECLERC GO PURE 140-175 G OR MUFFIN MAX BARS 223 G
SELECTED VARIETIES
20960204_EA
21229434_EA

\$5

Get 500 pts

POST FAMILY SIZE CEREAL
SELECTED VARIETIES
525-635 G
21542452_EA
21579229_EA

\$5

KELLOGG'S VECTOR PROTEIN GRANOLA
SELECTED VARIETIES
311 G
21827007_EA
21739359_EA

2/\$7
OR 4.49 EA

EXCEL GUM OR MINTS 3-4'S, DOUBLEMINT OR JUICY FRUIT GUM 3'S
SELECTED VARIETIES
21434779_EA
21433058_EA

SAVE UP TO 1.49

\$4

DENTYNE FIRE OR ICE GUM 60'S OR TRIDENT VIBES OR SPLASH GUM 40'S
SELECTED VARIETIES
21634512_EA
21643970_EA

5⁵⁰

NUTELLA PEANUT SPREAD WITH COCOA
SELECTED VARIETIES
375 G
21721261_EA

\$6

SMUCKER'S PURE JAM, JELLY OR MARMALADE 500 ML OR NO SUGAR ADDED FRUIT SPREADS 310 ML
SELECTED VARIETIES
20306043000_EA
20306043004_EA

3⁹⁹

OCEAN SPRAY CRANBERRY COCKTAILS OR 100% JUICE BLENDS
1.77/1.89 L
SELECTED VARIETIES
203000000003_EA
203000000008_EA

6⁵⁰

SANPELLEGRINO NATURALI, LIGHT SPARKLING FRUIT BEVERAGES OR CIAO SPARKLING WATER
SELECTED VARIETIES, 6X3.30 ML
21433206_C06/217719294_C06

SUPER YOUR EVERYDAY

SAVE UP TO 36%

3⁹⁹

IMPERIAL MARGARINE
400 G OR I CAN'T BELIEVE IT'S NOT BUTTER
800 G OR BECEL CHEF'S SIGNATURE
454 G
SELECTED VARIETIES
21747396_EA
21747354_EA

6⁴⁷

SIGGI'S SKYR YOGURT TUBS
SELECTED VARIETIES
650/750 G
21313465_EA
21433733_EA

6⁵⁰

NATREL LACTOSE FREE MILK
SELECTED VARIETIES
2 L
210077874001_EA
210077874003_EA

\$6

LACTANTIA ULTRAPUR MILK
SELECTED VARIETIES
1.5 L
21694529_EA
21694603_EA

Optimum™

SAVE 2.50

6⁹⁹

Get 1,000 pts

\$1 back in points

LACTANTIA BUTTER STICKS AND LACTOSE FREE BUTTER
SELECTED VARIETIES, 454 G OR 4X113 G
20055671_EA/20303960_EA

Optimum™

Get 2,000 pts

\$2 back in points

When you buy 2

MINUTE MAID ZERO SUGAR OR PUNCH OR FRUITOPIA OR PEACE TEA OR SIMPLY DRINKS OR FUZE ICED TEA, REFRIGERATED
SELECTED VARIETIES, 1.54/1.75 L
21434078_EA
21734976_EA

SAVE 16%

\$4

OASIS HEALTH BREAK OR SMOOTHIE, REFRIGERATED
SELECTED VARIETIES
1.6 L
21523990_EA
21737353_EA

Optimum™

Get 1,000 pts

\$1 back in points

2²⁵

SNACK PACK PUDDING OR JUICY GELS
SELECTED VARIETIES, 4'S
20330707001_EA/20330707006_EA

Optimum™

SAVE 1.50

5⁹⁹

Get 500 pts

RED BARON RISING CRUST OR FULLY LOADED PIZZA
SELECTED VARIETIES, FROZEN, 740-815 G
21734965_EA/21737373_EA

5⁹⁹

PILLSBURY PIZZA BITES
693 G OR PIZZA POPS 8'S
SELECTED VARIETIES
FROZEN
20972958_EA
21433938_EA

SAVE UP TO 37%

2⁹⁹

CHEEMO PEROGIES 815/907 G OR VILLA PASTA 400 G
SELECTED VARIETIES
FROZEN
20527349_EA
21035861_EA

SAVE UP TO 1.49

\$5

HERSHEY'S CHIPITS
SELECTED VARIETIES
200-270 G
21433844_EA
21452924_EA

SAVE 30%

2⁷⁹

LANTIC FLAVOURED SUGAR
SELECTED VARIETIES
1 KG
20097340_EA
20493934_EA

SAVE 1.99

\$7

NESCAFÉ ESPRESSO COFFEE CONCENTRATE
SELECTED VARIETIES
500 ML
21665027_EA
21643148_EA

SAVE UP TO 3.99

\$11

ILLY K-CUP PODS 119 G OR RED ROSE TEA BAGS 210'S
SELECTED VARIETIES
21597046_EA
21692175_EA

SAVE UP TO 5.99

\$16

MAXWELL HOUSE GROUND COFFEE 631/900 G OR COFFEE PODS 30'S
SELECTED VARIETIES
21304700_EA
21604882_EA

SAVE UP TO 22%

3⁵⁰

EARTH'S OWN NON-DAIRY CHILLED MILK
SELECTED VARIETIES
1.75/1.89 L
20327647_EA
21837796_EA

SAVE UP TO 1.49

6⁵⁰

PACIFIC FOODS ORGANIC BROTH OR SOUP
SELECTED VARIETIES
946 ML/1 L
20599733002_EA
20599794001_EA

UP TO 20% OFF
10-19 \$9.79 AFTER SAVINGS

ORGANIKA COLLAGEN ENHANCED, MARINE, VITALITY, COLLAGEN POWDERS 220-304 G, GUMMIES 90'S, CAPSULES 60-180'S
SELECTED VARIETIES
21023344_EA
21463454_EA

Optimum™

SAVE UP TO 2.00

8⁴⁹

Get 1,000 pts

\$1 back in points

DAIYA PLANT-BASED PIZZA 363-550 G, OR PERSONALIZE PIZZA 320/316 G OR FLATBREAD 331 G OR CHEESE CAKE 170 G, SELECTED VARIETIES, FROZEN
20933827_EA/21734687_EA

*Spend \$300 or more in-store or through PC Express™ online pick up before applicable taxes in a single transaction at any Real Canadian Superstore™ location and receive a free Easy & Simple Family Meal Ideas, 2.45 kg. Excludes purchase of tobacco, alcohol products, prescriptions, gift cards, phone cards, lottery tickets, joefresh.com, all third party operations (post office, gas bars, dry cleaners, etc.) and any other products which are provincially regulated. The retail value of up to \$25.00 will be deducted from the total amount of your purchase before sales taxes are applied. Limit one coupon per family and/or customer account. No cash value. Cannot be combined with any other coupons or promotional offers. No substitutions, refunds or exchanges or free item 21770709_EA. **FRESH PROMISE:** Applicable to eligible fresh produce items purchased at Real Canadian Superstore locations or online at realcanadiansuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Canadian Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. **Advertised regular pricing and product selection may vary by store location.** We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to any savings claims (i.e. "Save", "Was", "1/2 Price", etc.) is in comparison to our lowest regular retail prices at Real Canadian Superstore locations in Ontario. Savings on items shown may vary in each store location. Applicable taxes are extra. Customer is responsible for the payment of any applicable deposit or product/packaging recycling fee that may apply. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. ©2026 Loblaws Inc. Please recycle. *We'll match prices if you show us a lower advertised price means that if a major supermarket competitor, advertises a lower price on any identical item we carry in store, show us the original print copy or official digital advertisement and we will sell you that item, up to a limit of four (4) units per item, at that same price but only during the effective dates of that competitor's advertisement. See in-store for a list of current competitors we do match against. Identical items are defined as same brand, item type (in the case of unbranded produce, meat and bakery), size and attributes and carried at this store location. We will not match: competitor's private label offers on non-identical items, "spend x get x", "Free", "Clearance", discounts or coupons obtained through loyalty programs including PC Optimum™, PC Optimum Member Only Pricing, participating items under the Save It Forward™ program (time, or offers related to our third-party operations (post office, gas bars, dry cleaners, etc.)). We reserve the right to refuse to match a competitor's item price if their advertising contains errors, typos or misprints or is subject to a correction notice. We reserve the right to identify the major supermarket competitor(s) for each Real Canadian Superstore location. The program will only apply if competitor's advertising is complete with all relevant information including but not limited to size and price, effective dates, format/weight identified, and in the format specified as either in print or from an official digital source (such as the competitor's online flyer or website). In no circumstances will the program apply to offers relating to our third-party operations or where prohibited by local, provincial or federal laws or regulations. Major supermarket competitors and geographical trade areas are determined solely by us and are based on a number of factors which can change from time to time. We reserve the right to cancel or change the terms of this program at any time. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. No cash value. See pcoptimum.ca for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. Please see in-store or online at superstore.ca for your particular store's hours. **PRICE DROP** offer valid in-store at participating locations between 27 August 23 September, 2026 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.

POWER UP WITH PROTEIN

SHOP NOW



BIG VALUE ON PROTEIN ESSENTIALS

UP TO
25% OFF
26.29-55.99
AFTER SAVINGS

**SIX STAR
SUPPLEMENTS**
SELECTED VARIETIES AND SIZES
2030019001_EA/2030019004_EA



\$28

**PURE PROTEIN
POWDER**
SELECTED VARIETIES AND SIZES
LIMIT 4, OVER LIMIT PAY 32.00 EA
20322070001_EA/20322070002_EA



Members Price
33⁹⁹

Non-Members
39⁹⁹

Members
Save
\$6

**PREMIER VANILLA
PROTEIN POWDER**
SELECTED VARIETIES AND SIZES
21496040_EA



YOUR WORKOUT'S THIRST, QUENCHED.

UP TO
25% OFF
9.29-35.99
AFTER SAVINGS

**ALANI NU
SUPPLEMENTS**
SELECTED VARIETIES AND SIZES
21093425_EA/21093798_EA



\$42

**NUTRAPHASE
SUPPLEMENTS**
SELECTED VARIETIES AND SIZES
LIMIT 4, OVER LIMIT PAY 47.49 EA
21525844_EA/21525662_EA



34⁹⁹

**PC CREATINE
MONOHYDRATE**
600 G
LIMIT 4, OVER LIMIT
PAY 45.99 EA
20696552_EA



POWER UP. DRINK UP.

\$10

**BRÜST PROTEIN
COFFEE**
SELECTED VARIETIES AND SIZES
LIMIT 4, OVER LIMIT PAY 12.99 EA
21090971_EA/21090982_EA



\$18

**SPERRI READY TO
DRINK PROTEIN
SHAKES**
READY TO DRINK
SELECTED VARIETIES AND SIZES
LIMIT 4, OVER LIMIT PAY 22.49 EA
21503788_C04/21503771_C04



\$12

**PC ULTRA SHAKES
READY TO DRINK
SHAKES**
SELECTED VARIETIES
AND SIZES
LIMIT 4, OVER LIMIT
PAY 13.99 EA
20325953001_C06
20325953003_C06



QUICK & EASY PROTEIN PICKS

3⁵⁰

**BUILT PUFFS
PROTEIN BARS**
SELECTED VARIETIES AND SIZES
LIMIT 4, OVER LIMIT PAY 4.99 EA
21097547_EA/21097713_EA



\$3

**TRUBAR
PROTEIN BARS**
SELECTED VARIETIES AND SIZES
LIMIT 12, OVER LIMIT PAY 3.49 EA
21000538_EA/21097000_EA



\$4

**FITZELS PROTEIN
PRETZELS**
SELECTED VARIETIES
AND SIZES
LIMIT 12, OVER LIMIT
PAY 4.99 EA
2105239_EA/21056607_EA



FALL CLEANING

Get all your cleaning needs here!

SAVE UP TO 1.50

4⁹⁹

METHOD ALL-PURPOSE CLEANER TRIGGER 828 ML, **DISHWASHING LIQUID** 473 ML OR **TOILET BOWL CLEANER** 709 ML
SELECTED VARIETIES
2018332_EA/21734936_EA



SAVE UP TO 2.00

4⁹⁹

DAWN DISHWASHING LIQUID 896 ML/1.12 L, **EZ SQUEEZE** 535/650 ML OR **POWERWASH REFILL** 473 ML
SELECTED VARIETIES
21430596_EA/21729593_EA



2/\$8
OR 4.99 EA

FEBREZE AIR EFFECTS 230 G, **CAR** 2 ML, **BATHROOM** 7.5 ML OR **MR. CLEAN MULTI-SURFACE LIQUID CLEANER** 1.21 L, **MAGIC ERASER PADS** 2"x3"
SELECTED VARIETIES
21700768_EA/21733493_EA



SAVE 1.20

4²⁹

VIM CLEANING TRIGGER 700 ML OR **FLOOR CLEANER** 1 L
SELECTED VARIETIES
20939827_EA/21623490_EA



SAVE 1.00

4⁹⁹

CLOROX DISINFECTING WIPES SELECTED VARIETIES, 75'S
20348537002_EA/21734510_EA



SAVE 30%

4⁴⁹

PINE-SOL MULTI-SURFACE CLEANER SELECTED VARIETIES, 1.41 L
20298679001_EA/20298679002_EA



PREPARED IN CANADA

SAVE .80

2⁹⁹

GLAD FOOD WRAP 30 M
200603818_EA



PREPARED IN CANADA

SAVE UP TO 4.00

9⁹⁹

SWIFFER SWEEPER REFILLS 12-32'S, **DUSTER** 6/10'S, **WETJET** 12'S, **POWERMOP** 2'S OR **LIQUID REFILL** 1.5 L/2.5 L
SELECTED VARIETIES
21630023_EA/21629788_EA



SAVE 2.00

6⁹⁹

GLAD GARBAGE BAGS WHITE SELECTED VARIETIES, 30-52'S
20297334001_EA/2164516_EA



Optimum

SAVE UP TO 3.00

11⁹⁹

Get 2,000 pts

\$2 back in points

VILEDA OSKAR BROOM WITH DUSTPAN, SUPER TWIST MOP OR QUICK WRING BUCKET SELECTED VARIETIES
20001949_EA/20007952_EA



Optimum

19⁹⁹

Get 2,000 pts

\$2 back in points

LYSOL DISINFECTING WIPES SELECTED VARIETIES, 3X110'S
21751226_EA/21751281_EA



SAVE UP TO 4.00

15⁹⁹

AIR WICK SCENTED OIL KITS 2+5X20 ML OR **REFILLS** 3'S
SELECTED VARIETIES
21382106_EA/21428270_EA



15⁹⁹

DOWNY LIQUID FABRIC ENHANCER 2.76/4.16 L, **BEADS** 598-694 G, OR **RINSE** 1.8 L
SELECTED VARIETIES
21049929_EA/21738608_EA



Optimum

SAVE UP TO 4.00

20⁹⁹

Get 2,000 pts

\$2 back in points

PERSIL LIQUID 3.72 L OR **DISCS** 60/76'S
SELECTED VARIETIES
21608725_EA/21591818_EA



SAVE 1.00

4⁹⁹

CLOROX BLEACH SELECTED VARIETIES 2.4 L
21283179_EA/21725566_EA



SAVE 6.99

\$26

COTTONELLE ULTRA CLEAN OR ULTRA SOFT BATHROOM TISSUE SELECTED VARIETIES
21645908_EA/21646035_EA

24=96 ROLLS



OUR BRANDS MADE BY US FOR ALL BUDGETS.

 **President's Choice**

no name®

 **FARMERS MARKET & DELIS**

 **SeaQuest**

 **Ziggy's**

\$7

NO NAME® NATURALLY IMPERFECT® APPLES
PRODUCT OF ONTARIO
NO 2 GRADE, 6 LB
2068895091_EA



CLUB SIZE



4⁵⁰

NO NAME® NATURALLY IMPERFECT® BROWN OR WHITE MUSHROOMS
PRODUCT OF CANADA, 680 G
20938403_EA/20937529_EA



CLUB SIZE



\$7

NO NAME® NATURALLY IMPERFECT® AVOCADO
CLUB SIZE
PRODUCT OF MEXICO, 2.2 LB
21699907001_EA



2.2 LB

9⁵⁰

PC® FREE FROM® LEAN GROUND BEEF
454 G
21218152_EA



\$12

PC® CHICKEN DRUMSTICKS, THIGHS BONE-IN OR BREAST FILLET, AIR CHILLED
SELECTED VARIETIES, UP TO 870 G
21340036_EA/21340042_EA



\$19

PC® BUTTERMILK BREADED CHICKEN BREAST STRIPS
SELECTED VARIETIES
FROZEN, 907 G
21034389_EA/21034398_EA



3⁵⁰

PC® HAM STEAK
SELECTED VARIETIES, 175 G
20194226_EA



\$6

SEAQUEST® COLOSSAL PACIFIC WHITE SHRIMP RAW ZIPPERBACK®
16-20/LB, 300-G OR
TILAPIA OR
BASA FILLETS 400 G
FROZEN
20111548_EA/21043887_EA



\$19

PC® PACIFIC WHITE SHRIMP PLATTER WITH MILD COCKTAIL SAUCE
FROZEN, 568 G
20147098_EA



Members Price®
\$13

Non-Members
\$15

Members Save \$2

PC® FREE FROM® SLICED MEATS
SELECTED VARIETIES
375/400 G
20903492_EA/20903494_EA
**Must be a registered PC Optimum™ member to load and get this offer.



CLUB SIZE



SAVE 1.00
\$6

PC® DELI CHEESE BLOCKS
SELECTED VARIETIES, 250 G
20177063_EA/20177066_EA



Members Price®
\$6

Non-Members
7⁵⁰

Members Save \$1.50

PC® DIPS OR HUMMUS
SELECTED VARIETIES
454 G
20184001_EA/20184008_EA
**Must be a registered PC Optimum™ member to load and get this offer.



\$5

PC® THE DECADENT® MUFFINS
SELECTED VARIETIES, 360 G
21117326_EA/21117342_EA



11⁵⁰

PC® CHEESECAKE
SELECTED VARIETIES
FROZEN, 600 G
20146127_EA/20146102_EA



\$14

PC® STRAWBERRY OR GLUTEN-FREE CHOCOLATE CAKE
SELECTED VARIETIES, 553 G
20194367_EA/20194394_EA



OUR BRANDS

MADE BY US FOR ALL BUDGETS.



2⁵⁰

PC® WORLD OF FLAVOURS OR LOADS OF™ FLAVOUR POTATO CHIPS
SELECTED VARIETIES, 200 G
2084099002_EA/21719171_EA



2/4⁵⁰

OR 2.50 EA

PC® OR BLUE MENU® GRANOLA OR NUT BARS
SELECTED VARIETIES, 120-175 G
2004006002_EA/20912733_EA



\$3

NO NAME® SYRUP 750 ML
OR **PANCAKE MIX** 905 G
20306000_EA/20323448_EA



4⁵⁰

PC® BLUE MENU® GRANOLA BOOST CEREAL
SELECTED VARIETIES 325 G
2063128003_EA/2063128004_EA



\$6

PC® BLUE MENU® PEANUT BUTTER
SELECTED VARIETIES 750 G
20057669001_EA/20057669002_EA



\$11

PC® 100% PURE MAPLE SYRUP
500 ML
20048221_EA



1⁵⁰

PC® OR BLUE MENU® MUSHROOMS
SELECTED VARIETIES, 284 ML
20172187_EA/21386702_EA



3⁷⁹

PC® OR BLUE MENU® BONELESS & SKINLESS WILD PACIFIC PINK SALMON
SELECTED VARIETIES, 170 G
20548279_EA/21378762_EA



\$3

NO NAME® PECANS 100 G OR COATING MIX
142-162 G
SELECTED VARIETIES
20171822_EA/21122657_EA



1²⁹

PC® MACARONI AND CHEESE DINNER
SELECTED VARIETIES
200/225 G
21528753_EA



2⁹⁷

PC® OR BLUE MENU® PASTA SAUCE
SELECTED VARIETIES
410/600 ML
21734544_EA/21734145_EA



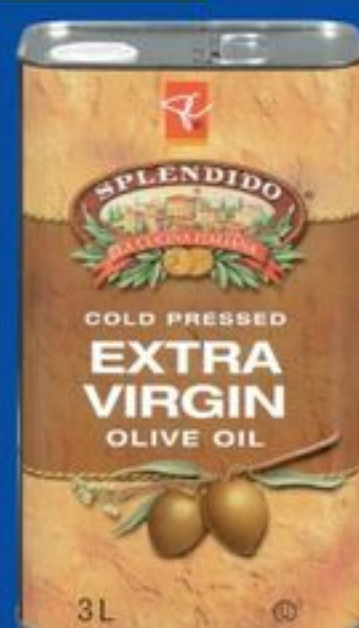
3⁹⁹

PC® TOMATO KETCHUP
SELECTED VARIETIES
750 ML/1 L
20099924_EA/20318445_EA



\$35

PC® SPLENDIDO® COLD-PRESSED EXTRA VIRGIN OLIVE OIL
3 L
20045250_EA



2⁵⁰

PC® PITA, SCALLOPED CRACKERS, OR BUTTER TWISTS
SELECTED VARIETIES
100-225 G
20588930003_EA
20603880003_EA



\$3

PC® CANDY
SELECTED VARIETIES
175/200 G
20878984_EA/21688008_EA



4⁵⁰

PC® THE DECADENT® COOKIES
SELECTED VARIETIES
280-300 G
20912251_EA/20912287_EA



6⁵⁰

PC® CHOCOLATE COVERED NUTS, RAISINS OR CRANBERRIES
SELECTED VARIETIES
200-400 G
20000358_EA/2031287_EA



OUR BRANDS

MADE BY US FOR ALL BUDGETS.

President's Choice
no name®

SAVE UP TO 1.29
3⁵⁰

PC® KEFIR 1 L OR PROBIOTIC YOGURT 650 G
SELECTED VARIETIES
20939615_EA/21064030_EA



FOR GUT HEALTH
POUR LA SANTÉ INTESTINALE

VANILLA FLAVOUR
ARÔME DE VANILLE

PREPARED IN CANADA

4⁹⁹

PC® NATURAL CHEESE SLICES
SELECTED VARIETIES, 210 G
21402953_EA



FROMAGE
HAVARTI
—CHEESE—

PREPARED IN CANADA

\$5

PC® BLUE MENU® MARGARINE
SELECTED VARIETIES, 907 G
20604430_EA



MARGARINE
WITH OLIVE OIL
HUILE D'OLIVE

6⁹⁸

PC® ORANGE JUICE
SELECTED VARIETIES
REFRIGERATED, 2.5 L
21031644_EA/21031646_EA



100% JUICE
100% JUS

PREPARED IN CANADA

SAVE 2.00
\$4

NO NAME® FROZEN FISH
SELECTED VARIETIES, 454 G
21672338_EA/21672334_EA



English-style fish
poisson à l'anglaise

breaded fish sticks

\$5

PC® LAYERED TORTILLA BOWLS,
SELECTED VARIETIES
FROZEN, 300 G
21716345_EA/21717291_EA



CHICKEN CHILI VERDE
CHILI VERDE AU FOULLET

4⁵⁰

PC® BLACK LABEL ICE CREAM
SELECTED VARIETIES
FROZEN, 500 ML
20604543004_EA/21088234_EA

Get 1,000 pts

\$1 back in points



MADAGASCAR VANILLA - VANILLE DE MADAGASCAR

STRAWBERRY FRAISE

PREPARED IN CANADA

3⁴⁹

PC® FROZEN VEGETABLES
SELECTED VARIETIES
FROZEN, 400-750 G
21000963_EA/20431134_EA



KALE - CHOU FRISE
CHOPPED - HACHÉ

HARICOTS VERTS
EXTRA-FINE ENTIERES

4⁷⁹

PC® PLANT BASED BUTTER ALTERNATIVE
SELECTED VARIETIES
454 G
21081941_EA



PLANT BASED
butter alternative
SALTED

6⁷⁵

PC® SOFT DRINKS
SELECTED VARIETIES
12X355 ML
20018867038_C12
20690671001_C12



DIET GINGER ALE

Low Sodium CLUB SODA

3⁵⁰

PC® 100% JUICE OR BLUE MENU® DRINK BOXES
SELECTED VARIETIES
8X200 ML
21719337_EA/21718940_EA



100% JUICE BLEND ORANGE

\$5

PC® MIST® FRUIT FLAVOURED WATER OR PC® M'AQUA COCKTAIL FLAVOURED SPARKLING WATER
SELECTED VARIETIES, 6X355/500 ML
20902360005_C06
21700648_C06



PEACH MIST

M'AQUA MOJITO

SAVE 6.00
16⁹⁹

PC® PODS
SELECTED VARIETIES
30'S
21035565_EA/21038762_EA



GOURMET DECAFFEINATED

GOURMET WEST COAST DARK ROAST

PREPARED IN CANADA

SAVE UP TO 36%
\$12

PC® HEAVY-DUTY FREEZER BAGS
SELECTED VARIETIES
120/150'S
21160648_EA/21160493_EA



LARGE - HEAVY-DUTY FREEZER BAGS

MEDIUM - HEAVY-DUTY FREEZER BAGS

SAVE UP TO 2.50
\$8

PC® PLANET FIRST LAUNDRY DETERGENT STRIPS 32'S OR TOILET BOWL CLEANER STRIPS 30'S
SELECTED VARIETIES
21064628_EA/21064628_EA



Laundry Detergent STRIPS

Toilet Bowl Cleaner

SAVE UP TO 31%
10⁹⁹

NO NAME® LIQUID 6 L OR POWDER 4 KG LAUNDRY DETERGENT
SELECTED VARIETIES
21315345_EA/21029762_EA



dirt release

PREPARED IN CANADA

8¹⁹

NO NAME® FACIAL TISSUE
6'S
20977002_EA



facial tissues mouchoirs

PREPARED IN CANADA

OUR BRANDS

MADE BY US FOR ALL BUDGETS.



President's Choice

QUO
BEAUTY

Life
BRAND

ALWAYS
LOW PRICE
\$5

LIFE BRAND® LIQUID
HAND SOAP REFILL
SELECTED VARIETIES, 2 L
21337610001_EA/21337610002_EA



ALWAYS
LOW PRICE
\$8

LIFE BRAND®
PURAVIDA
BODY WASH
SELECTED VARIETIES, 532 ML
217059815_EA/217059848_EA



\$4

LIFE BRAND® FLOSS,
FLOSS PICKS OR
TOOTHBRUSHES
SELECTED VARIETIES AND SIZES
21206004_EA/21284747_EA



2⁵⁰

**LIMIT 6
OVER LIMIT PAY
2.79 EA**

LIFE BRAND® SHAVE
GEL 200 G OR LIQUID
HAND SOAP PUMP
340 ML
SELECTED VARIETIES
21204783_EA/21337542003_EA



UP TO
**20%
OFF**
2.79-7.99 AFTER SAVINGS

LIFE BRAND® RAZORS
SELECTED VARIETIES
EXCLUDED TWIN BLADE, 1-32'S
21197947_EA/21198336_EA



ALWAYS
LOW PRICE
\$8

LIFE BRAND®
PURAVIDA
SHAMPOO OR
CONDITIONER
SELECTED VARIETIES AND SIZES, 532 ML
217051300_EA/217059848_EA



UP TO
**20%
OFF**
3.19-6.39 AFTER SAVINGS

LIFE BRAND® LOTIONS
OR HAND CREAMS
SELECTED VARIETIES AND SIZES
21201372_EA/21201413_EA



UP TO
**20%
OFF**
4.79-13.79 AFTER SAVINGS

LIFE BRAND® FACE
CLEANSERS OR
MOISTURIZER
SELECTED VARIETIES AND SIZES
21004612_EA/21005010_EA



ALWAYS
LOW PRICE
\$5

LIFE BRAND®
COUGH SYRUPS
SELECTED VARIETIES
100ML
21059933_EA/21075334_EA



6⁵⁰

**LIMIT 4
OVER LIMIT PAY
6.99 EA**

LIFE BRAND® PAIN OR
COUGH AND COLD
RELIEF PRODUCTS
SELECTED VARIETIES AND SIZES
21222785_EA/21233542_EA



Members Price
FROM
3¹⁹
3.19-23.99

Non-Members
FROM
3⁹⁹
3.99-27.49

Members
Save Up To
20%

LIFE BRAND® PADS
16-46'S OR LINERS 16-96'S
SELECTED VARIETIES
21203446_EA/21203478_EA
***Must be a registered PC Optimum®
member to load and get this offer.



UP TO
**10%
OFF**
3.55-38.69 AFTER SAVINGS

LIFE BRAND® VITAMINS
OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21385928_EA/21386476_EA



ALWAYS
LOW PRICE
\$3

LIFE BRAND® 70% RUBBING
ALCOHOL OR LIFE BRAND®
HYDROGEN
PEROXIDE
SELECTED VARIETIES
AND SIZES
21427021_EA
21439258_EA



ALWAYS
LOW PRICE
\$8

LIFE BRAND® UNSCENTED
EPSOM SALTS
SELECTED VARIETIES
4 KG
21666050_EA



OUR BRANDS

MADE BY US FOR ALL BUDGETS.



President's Choice

Life at Home

EVERYDAY ESSENTIALS

\$12

LIFE AT HOME™
CUSHIONS
SELECTED VARIETIES
21703473_EA/21703476_EA

LIMIT 4
OVER LIMIT PAY
20.00 EA



UP TO
25% OFF
22.00-26.00 AFTER SAVINGS

LIFE AT HOME™
THROWS
SELECTED VARIETIES
21703498_EA/21740065_EA



\$7

EVERYDAY ESSENTIALS™
SCENTED CANDLES
SELECTED VARIETIES, 18 OZ
21060081_EA/21060082_EA

LIMIT 6
OVER LIMIT PAY
10.00 EA



Members Price™
FROM \$7
7.00-105.00

Non-Members
FROM \$15
16.00-165.00

Members Save Up To
30%

LIFE AT HOME™
FAUX PLANTS
OR TREES
SELECTED VARIETIES
21495345_EA/21610940_EA
***Must be a registered
PC Optimum™ member to
load and get this offer.



Optimum

FROM
\$15
15.00-90.00

EVERYDAY ESSENTIALS™
APPLIANCES
WHITE OR BLACK
21703350_EA/21703351_EA



**BUY 1 GET 1
50% OFF**

PC® COOKWARE
SELECTED VARIETIES
SECOND ITEM MUST BE OF
EQUAL OR LESSER VALUE
17.00-140.00
21200978_EA/21403737_EA



\$4

EVERYDAY ESSENTIALS™
RIBBED GLASS PITCHER
20454809_EA



**BUY 3
GET 1
FREE**

PC® OR LIFE AT HOME™
DINNERWARE, SERVEWARE
OR DRINKWARE
SELECTED VARIETIES
FREE ITEM MUST BE OF EQUAL
OR LESSER VALUE
4.00-65.00
21704392_EA/21705945_EA/21706044_EA



FROM
\$2
2.00-17.00

EVERYDAY ESSENTIALS™
KITCHEN GADGETS
OR TOOLS
SELECTED VARIETIES
21213645_EA/21213646_EA/21214122_EA
21214123_EA/21214124_EA



\$12

PC® FOOD JAR
500 ML
21295347_EA/21295328_EA

LIMIT 4
OVER LIMIT PAY
17.00 EA



\$9

PC® TRITAN LUNCH OR
SALAD KIT
SELECTED VARIETIES
21292338_EA/21292344_EA

LIMIT 4
OVER LIMIT PAY
13.00 EA



\$5

PC® DINNER,
BEVERAGE OR
BUFFET NAPKINS
SELECTED VARIETIES, 40/60'S
21792343_EA/21792343_EA



* Please note that not all items are available in all stores.



119

PC[®] NUTRITION FIRST[™] CAT FOOD
SELECTED VARIETIES, 85 G
21339621_EA/21618536_EA

SAVE 3.00
\$11

PC[®] NUTRITION FIRST[™] CAT OR KITTEN FOOD
SELECTED VARIETIES, 2 KG
21303029_EA/21003268_EA

\$12

PC[®] LIGHTWEIGHT MULTI-CAT CLUMPING CAT LITTER
SELECTED VARIETIES, 3.86 KG
21645146_EA/21645236_EA

\$3

PC[®] NUTRITION FIRST[™] DOG FOOD
SELECTED VARIETIES, 374 G
21339822_EA/21339832_EA

Optimum[™]

\$8 **1,500** **\$150**
back in points

PC[®] NUTRITION FIRST[™] DOG TREATS
SELECTED VARIETIES, 160-283 G
21722009_EA/21722496_EA

\$25

PC[®] EXTRA MEATY DRY DOG FOOD
SELECTED VARIETIES, 7 KG
21361746_EA/21361755_EA

Optimum[™]

\$55 **10,000** **\$10**
back in points

PC[®] NUTRITION FIRST[™] DOG FOOD
SELECTED VARIETIES, 14 KG
21304669_EA

749

PURINA FRISKIES TREATS MIX CAT
SELECTED VARIETIES, 510 G
21733037_EA/21733038_EA

1499

TEMPTATIONS PURREES OR SPOONS
SELECTED VARIETIES, 24'S
21633714_EA/21633749_EA

1949

PURINA FRISKIES WET CAT FOOD
SELECTED VARIETIES, 24'S
21062328_CB/21071462_CB

89¢

WHISKAS WET CAT FOOD POUCHES
SELECTED VARIETIES, 85 G
21659495_EA/21755022_EA

1499

WHISKAS PERFECT PORTIONS WET CAT FOOD
SELECTED VARIETIES, 12'S
20945383_EA/21017732_EA

135

CESAR WET DOG FOOD
SELECTED VARIETIES, 100 G
20323206004_EA/20323206007_EA

SAVE UP TO 3.00
1199

PURINA ONE DRY DOG OR PUPPY FOOD
SELECTED VARIETIES, 1.45-1.81 KG
20947032_EA/21442048_EA

1299

PURINA ONE DRY CAT FOOD
SELECTED VARIETIES, 1.45-1.8 KG
104739002_EA/21068817_EA

999

GREENIES DENTAL TREATS
SELECTED VARIETIES, 170/228 G
21544524_EA/21588829_EA

449

MILK-BONE DOG BISCUITS OR SNACKS
SELECTED VARIETIES, 750-900 G
21044032_EA/21044035_EA

Neutrogena®

BEAUTY TO A SCIENCE

DISCOVER YOUR FAVOURITE BRANDS HERE

Optimum™

Get
8,000
pts

when you spend
\$40*

\$8
back in
points

on
Neutrogena
body lotions,
face
moisturizers,
cleansers or
acne products

SELECTED VARIETIES AND SIZES
21166532_EA/21059559_EA/20853160002_EA
21708074_EA/21157292_EA/21707089_EA
21505304_EA/21425077_EA

body

Lightweight unscented body cream that absorbs instantly, leaving your skin quenched and clinically proven hydrated and supple.



face

Non-comedogenic, fragrance-free formula to deliver lasting hydration without clogging pores or causing breakouts



cleansers

Effortlessly glide over the face & eyes with Neutrogena cleansing technology & hyaluronic acid for a thorough clean.



acne

Ultra-thin patch removes impurities from skin and Helps pimples look smaller & flatter



UP TO
25% OFF
10.99-18.79 AFTER SAVINGS

NEUTROGENA
BODY OR FACE CARE
PRODUCTS
SELECTED VARIETIES
AND SIZES
207304_EA
207307_EA



\$10

LIMIT 4
OVER LIMIT PAY
11.49 EA

NEUTROGENA
WIPES OR
CLEANSERS
SELECTED VARIETIES
AND SIZES
2127440_EA/2049027_EA



NEW & NOTEWORTHY

Enhance your beauty routine with the latest & greatest!

Optimum™

Get
3,500
pts

\$350
back in
points

**COVERGIRL
SUN & SCULPT SERUM**
217471360005_EA



Optimum™

Get
5,000
pts

When you buy 2

\$5
back in
points

**L'ORÉAL REVITALIFT
TRIPPLE POWER AGE-CORRECTING CREAMY
SERUM 50 ML OR EYE BAG
INSTANT ERASER 15 ML**
SELECTED VARIETIES
21715555_EA



Optimum™

Get
3,500
pts

\$350
back in
points

**TREE HUT SCRUBS, BODY WASH
OR SHAVE OIL**
SELECTED VARIETIES AND SIZES
21735293_EA/21716243_EA



Optimum™

Get
5,000
pts

When you
spend \$25*

\$5
back in
points

**L'ORÉAL
EXTRAORDINARY
HAIR OILS**
100 ML
21753796_EA/21753736_EA



Optimum™

Get
5,000
pts

When you
spend \$20*

\$5
back in
points

**MARC ANTHONY
HAIR CARE**
SELECTED VARIETIES AND SIZES
20549463_EA/20729716_EA



Optimum™

\$10

LIMIT 4, OVER LIMIT
PAY 12.49 EA

Get
500
pts

**EVERY MAN JACK
2 IN 1 SHAMPOO +
CONDITIONER ALL
VARIETIES**
SELECTED VARIETIES AND SIZES,
473ML
21642738_EA, 21642785_EA



Optimum™

Get
4,000
pts

When you
spend \$20*

\$4
back in
points

**DOVE FALL TREATS
COLLECTION BODY
WASH 591 ML, BODY
SCRUB 425 G OR
DEODORANT 74 G**
SELECTED VARIETIES
21688460_EA/21735181_EA



Optimum™

Get
6,000
pts

When you buy 2

\$6
back in
points

**GILLETTE VENUS
FEMALE INTIMATE
SHAVE OIL 228 ML OR
VENUS INTIMATE
RAZOR 1'S**
SELECTED VARIETIES
21709780_EA/21713084_EA



Optimum™

Get
5,000
pts

\$5
back in
points

**ISO PURE PROTEIN
POWDER OR BLOOM
SUPPLEMENTS**
SELECTED VARIETIES AND SIZES
21717990_EA/21733012_EA



Optimum™

Get
3,000
pts

When you
spend \$15*

\$3
back in
points

**DAISE FRAGRANCE
BODY MIST, BODY
SPRAY & DEODORANT
OR FOAMING
BODY WASH**
SELECTED VARIETIES
AND SIZES
21702397_EA/21702312_EA



LOOK GOOD, FEEL GREAT, SPEND LESS.

Optimum

UP TO **15% OFF**
7.64-24.64 AFTER SAVINGS

Get **2,000 pts**
\$2 back in points

O'KEEFE'S SKINCARE
SELECTED VARIETIES AND SIZES
21062679_EA/21063112_EA

Optimum

Members Price FROM **11.29**
11.29-49.79

Non-Members FROM **13.99**
13.99-61.99

Members Save Up To **20%**

L'ORÉAL FACECARE PRODUCTS
SELECTED VARIETIES AND SIZES
21298318_EA/21423361_EA
**Must be a registered PC Optimum™ member to load and get this offer.

\$8

LIMIT 4 OVER LIMIT PAY 11.99 EA

NICE'N EASY OR NATURAL INSTINCTS HAIR COLOUR
SELECTED VARIETIES
21062764_EA/21063376_EA

\$9

LIMIT 4 OVER LIMIT PAY 10.99 EA

GÖT2B HAIR CARE
SELECTED VARIETIES AND SIZES
21707022_EA/21708840_EA

BUY 1 GET 1 FREE

OGX HAIR CARE
SELECTED VARIETIES AND SIZES
FREE ITEM MUST BE OF EQUAL OR LESSER VALUE, 11.00-12.49
20944894_EA/21008816_EA

\$5

LIMIT 4 OVER LIMIT PAY 7.49 EA

DOVE SHAMPOO OR CONDITIONER 355 ML, HAIRSPRAY OR DRY SHAMPOO
SELECTED VARIETIES
195-273ML, 142-198G
21644891_EA/21018398_EA

6.50

LIMIT 4 OVER LIMIT PAY 7.99 EA

LISTERINE CLASSIC 1 L MOUTHWASH OR KIDS SMART RINSE 500 ML
SELECTED VARIETIES
21091022_EA/21101639_EA

1.25

LIMIT 10 OVER LIMIT PAY 1.79 EA

COLGATE TOOTHPASTE 52-95 ML OR MANUAL TOOTHBRUSH 1 EA.
SELECTED VARIETIES
2027760102_EA/20975562_EA

\$12

LIMIT 4 OVER LIMIT PAY 13.99 EA

TRESEMMÉ 'A LIST' STYLING PRODUCTS
40-150 ML, 30-241 G
21705571_EA/21704376_EA

\$23

LIMIT 4 OVER LIMIT PAY 25.99 EA

PEPCID TABLETS 50/60'S OR IMODIUM 20/24'S TABLETS, CAPLETS OR LIQUI-GELS
SELECTED VARIETIES AND SIZES
2029760003_EA/21543953_EA

Optimum

Get **5,000 pts**
\$5 back in points
When you spend \$25*

TYLENOL PAIN, CHILD OR COUGH AND COLD
SELECTED VARIETIES AND SIZES
20218432001_EA/20129494001_EA

\$19

LIMIT 4 OVER LIMIT PAY 19.99 EA

DEPEND OR POISE PADS OR UNDERWEAR
SELECTED VARIETIES AND SIZES
21070969_EA/21030866_EA

UP TO **20% OFF**
16.79-21.99 AFTER SAVINGS

OLLY VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES, 25-90'S
21386195_EA/21284278_EA

UP TO **20% OFF**
11.81-26.79 AFTER SAVINGS

ONE A DAY MULTIVITAMINS 60-130'S OR EMERGEN-C 18-45'S VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES
21599925_EA/21013094_EA

12.50

LIMIT 4 OVER LIMIT PAY 14.49 EA

BOOST READY TO DRINK SHAKES
SELECTED VARIETIES AND SIZES
20988361_CM/20950886_CM



\$2

HUGGIES 1X BABY WIPES
SELECTED VARIETIES, 56-64'S
2055796L_EA/21064308_EA

LIMIT 6
OVER LIMIT PAY
4.49 EA

PRICE DROP
UNTIL OCT 14

2/\$6
OR 3.49 EA

LITTLE BELLIES PICK-ME STICKS
SELECTED VARIETIES, 16 G
2154021L_EA/2154021L_EA

7+ MONTHS

2/\$6
OR 3.49 EA

GERBER LIL ENTRÉE MEALS OR ARROWROOT BISCUITS
SELECTED VARIETIES, 155-192 G
2031534002_EA/20720679_EA

12+ MONTHS

\$50

ENFAMIL A+ NEUROPRO OR GENTLEASE BABY FORMULA POWDER TUBS
SELECTED VARIETIES
0-12 MONTHS, 553/587 G
21089117_EA/21089230_EA

LIMIT 4
OVER LIMIT PAY
55.99 EA

\$29

SIMILAC GO & GROW STEP 3 TODDLER ADVANCED FORMULATION
SELECTED VARIETIES,
12-36 MONTHS, 850 G
21702816_EA

LIMIT 4
OVER LIMIT PAY
32.99 EA

65⁵⁰

ENFAMIL A+ NEUROPRO OR GENTLEASE BABY FORMULA POWDER REFILL
SELECTED VARIETIES
0-12 MONTHS, 862/890 G
21089079_EA/21089205_EA

LIMIT 4
OVER LIMIT PAY
72.99 EA

50% MORE

Members Price
24⁸⁸

Non-Members
34⁸⁸

Members Save \$10

KIDDICARE ECONO PACK DIAPERS
SELECTED VARIETIES
AND SIZES
21724552_EA/21724963_EA

\$37

HUGGIES PULL-UPS OR PAMPERS EASY UPS TRAINING PANTS
SELECTED VARIETIES,
SIZES 2T-7T, 58-112'S
21024327_EA/21371336_EA

LIMIT 4
OVER LIMIT PAY
43.99 EA

\$13

PC® SLEEPOVERS NIGHTTIME UNDERWEAR
SELECTED VARIETIES
SIZES S-XL, 20/26'S
20972894_EA/20973280_EA

LIMIT 4
OVER LIMIT PAY
14.99 EA

\$26

PAMPERS 12X BABY WIPES
SELECTED VARIETIES, 1008'S
21719427_EA

LIMIT 4
OVER LIMIT PAY
29.99 EA

\$45

PAMPERS SWADDLERS OR CRUISERS 360° ULTRA VALUE PACK DIAPERS
SELECTED VARIETIES,
SIZES 2-8, 88-192'S
21719338_EA/21732683_EA

LIMIT 4
OVER LIMIT PAY
52.99 EA

5% MORE DIAPERS*
PLUS DE COUCHES*

37% MORE DIAPERS**
PLUS DE COUCHES**

\$27

GOODNITES OR PAMPERS NINJAMAS NIGHTTIME UNDERWEAR
SELECTED VARIETIES
SIZES XS-XL, 24-44'S
20963841_EA/21089532_EA

LIMIT 4
OVER LIMIT PAY
31.99 EA

\$6

JOHNSON'S AND JOHNSON'S BABY NEEDS
SELECTED VARIETIES, 400 ML
2102357_EA/21663361_EA

LIMIT 4
OVER LIMIT PAY
6.79 EA

UPTO 20% OFF
4.29-19.99 AFTER SAVINGS

SUDOCREM, PENATEN, ZINCOFAX, BABY BUTZ, DESITIN OR VASELINE PETROLEUM JELLY BABY NEEDS
SELECTED VARIETIES AND SIZES
2096430400L_EA/20960287_EA

5/\$9
OR 1.99 EA

LOVE CHILD ORGANICS BABY FOOD POUCHES
120 ML OR LOVED DUCKS PUFFED SNACKS 30 G
SELECTED VARIETIES
20944106_EA/20944050_EA

6+ MONTHS

Subscribe & Earn up to 20% back in pts on baby essentials*

Express

Subscribe online

Schedule your frequency

Earn 20% in points on diapers or 15% on other baby products*

Comfort Starts with Huggies®



HUGGIES 2 PIECE SET
PINK
F5G8075945

\$22



\$22

HUGGIES TEXTURED BEAR TERRY COZY PANT SET
LIGHT SAND
F5G8070144



Up to **100%**
leak-free
protection

LIMIT 4
\$35

OVER LIMIT PAY 41.99 EA

HUGGIES ECONO PACK DIAPERS
SIZE N-7, 60-200'S
SELECTED VARIETIES
21579452_EA/21456748_EA



Designed for
babies on the move



Made with **99%**
purified
water

LIMIT 4
\$24

HUGGIES 16X BABY WIPES
SELECTED VARIETIES, 960-1152'S
21541191_EA

LIMIT 4
\$27

OVER LIMIT PAY 32.99 EA

HUGGIES PULL UPS CLUB PACK TRAINING PANTS
SELECTED VARIETIES, 28-74'S
20952214_EA/20952312_EA

Optimum®

Get
2,000
pts

\$2
back in
points



Helps kids learn **wet** from **dry**

SHOP HOME FOR LESS

\$180

LIMIT 3
OVER LIMIT PAY
220.00 EA

**NINJA DUALBREW
HOT & ICED
COFFEE MAKER**
21637276_EA



UP TO
20% OFF
21.83-99.00 AFTER SAVINGS

**FOOD SAVER VACUUM
SEALER OR ROLLS**
SELECTED VARIETIES
21017941_EA/21633834_EA



FROM
\$9
9.00-59.00

**EVERYDAY ESSENTIALS™
COOKWARE**
SELECTED VARIETIES
21345862_EA/21345884_EA
21425506_EA



FROM
\$7
7.00-18.00

**EVERYDAY ESSENTIALS™
METAL BAKEWARE**
SELECTED VARIETIES
20756779_EA/21485407_EA



UP TO
25% OFF
15.00-37.00 AFTER SAVINGS

BRITA WATER FILTER PITCHERS
SELECTED VARIETIES
21438378_EA/21534885_EA



2⁵⁰

LIMIT 4
OVER LIMIT PAY
2.99 EA

**NO NAME™
BIRCH CUTLERY**
SELECTED VARIETIES, 30'S
21707041_EA/21707053_EA



ALWAYS
LOW PRICE
\$5⁵⁰

**EVERYDAY ESSENTIALS™
JUMBO PILLOW**
21647755_EA



\$12

**LIFE AT HOME™
8 HOUR TEALIGHTS**
21469363_EA



ALWAYS
LOW PRICE
\$7

**EVERYDAY ESSENTIALS™
COAT OR CLOTH HANGERS**
SELECTED VARIETIES
20945822_EA/20761841_EA



\$11*

LIMIT 4
OVER LIMIT PAY
14.00* EA

**DURACELL COPPERTOP AA8 OR AAA4
ALKALINE BATTERIES**
SELECTED VARIETIES
21696678_EA/21696237_EA
*CUSTOMER IS RESPONSIBLE FOR THE PAYMENT OF ANY APPLICABLE
MUNICIPAL AND/OR PROVINCIAL DEPOSIT OR PRODUCT/
PACKAGING RECYCLING FEE THAT MAY APPLY.



* Please note that not all items are available in all stores.



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PC® Gadgets & Bowls

Bake better with our great selection of PC® gadgets and PC® Bowls! Soft grip handles, non-stick silicone and convenient stacking or nesting make baking easier!

Up to
20% OFF

5.00-27.00 AFTER SAVINGS
**PC® BAKING GADGETS
OR BOWLS**
SELECTED VARIETIES
21345433_EA/21345442_EA/21345405_EA
21345445_EA/21412119_EA/21345385_EA
21345430_EA/21345441_EA
21355654_EA



NON STICK

For all your baking needs,
find more in store



20982903_EA

SPOUT
& HANDLE
FOR EASY
POURING



21393987_EA



21391405_EA

DURABLE
STAINLESS
STEEL &
DISHWASHER
SAFE

LIDS
INCLUDED

* Please note that not all items are available in all stores.

DEAL DROPS FOR FALL

Make the most out of everything the season has to offer, for less.



\$19

HARVEST HOME DÉCOR
SELECTED VARIETIES
21720151_EA/21721071_EA

Optimum
Members Price **\$29**
Non-Members **\$39**
Members Save **\$10**

HARVEST WREATHS
SELECTED VARIETIES
21687287_EA/21718001_EA
**Must be a registered PC Optimum member to load and get this offer.



\$25

LIMIT 2
OVER LIMIT PAY
29.00 EA

HARVEST GARLAND
SELECTED VARIETIES, 6'
21719162_EA



\$19

HARVEST DÉCOR PILLOWS
SELECTED VARIETIES
21717960_EA/21717797_EA



UP TO
20% OFF
2.00-31.50 AFTER SAVINGS

HARVEST DÉCOR PUMPKINS
SELECTED VARIETIES
21665248_EA/21665090_EA/21717962_EA



\$14

HARVEST CRACKERS
SELECTED VARIETIES, 8" S
21717923_EA/21717924_EA



FROM
\$3
3.00-25.00

HALLOWEEN SKULL & BONES
SELECTED VARIETIES
21697758_EA/21699431_EA



FROM
\$29
29.00-139.00

HALLOWEEN INFLATABLES
SELECTED VARIETIES
21727931_EA/21727392_EA



Buy 1, Get 1

50% OFF

HALLOWEEN DECOR OR PUMPKINS
SELECTED VARIETIES
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
2.50-39.00
21664817_EA/21667594_EA/21667623_EA
21576581_EA/21576582_EA



* Please note that not all items are available in all stores.

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20% off

Children's Footwear*

Regular Price Only
Excludes Brands
Ends September 16



Excludes Clearance & Brands
Ends September 16

20% off

Adult Footwear*



20% off

Women's Active Leggings & Sports Bras*



Excludes Clearance & Brands
Ends September 16

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All the brands you love, now all in one place.

NEW
BRAND



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EST. 1923



79⁹⁹

LONDON FOG
TRENCH COAT



59⁹⁹

LONDON FOG
CROPPED
TRENCH COAT



Novelti
CLASSICS

34⁹⁹

NOVELTI CLASSICS
FLORAL SWEATER



34⁹⁹

NOVELTI CLASSICS
STRIPED SWEATER

NVLT



49⁹⁹

NVLT QUILTED
COAT

NEW KIDS STYLES!

Bluey

29⁹⁹

TODDLER GIRLS'
BLUEY ZIP-UP HOODIE



MINECRAFT

29⁹⁹

TODDLER BOYS'
MINECRAFT ZIP-UP
HOODIE



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SHOP NOW

Powered by Gravity™ Core

New!

fresh. dry. protected.

Optimum™

Get 2,000 pts

\$2 back in points

U by Kotex Liners 80-129's, Pads 24-44's or Tampons 30/32 selected varieties 21724556_EA

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L.

Period care is GENTLE & POWERFUL

Optimum™

Get 5,000 pts

\$5 back in points

L. liners, pads or tampons selected varieties and sizes 21364656_EA/21661753_EA 21661783_EA/21731989_EA

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Dulcolax, Icy Hot, Nasacort, Allegra

CONSTIPATION RELIEF PAIN RELIEF ALLERGY RELIEF

Opella.

UP TO 15% OFF

DULCOLAX, ALLEGRA, NASACORT OR ICY HOT PRODUCT SELECTED VARIETIES AND SIZES 21438246_EA/21091812_EA/21091813_EA 2014481200_EA/21094617_EA/21734970_EA/21734997_EA

Always read and follow the label.

HALOON

STAY ONE STEP AHEAD THIS COLD & FLU SEASON.

Discover the right relief for your entire family.

UP TO 20% OFF

NEOCITRAN, ADVIL PAIN OR ADVIL PEDS SELECTED VARIETIES AND SIZES

FLU

CHILDREN'S FEVER & PAIN

MULTI-SYMPTOM RELIEF

Advil, NeoCitran

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10,000 pts

is \$10 in FREE stuff

9:41

10,501 points, redeem for \$10

Your weekly offers

300 points

For every \$1 spent on Neilson 2% Milk

Add to list

800 points

Olay Micro-Sculpting Cream, Face Moisturizer

Express™ Online grocery pickup & delivery

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NEW Weight Management Program*

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*Program available in select provinces.



**AD
MATCH**

**We'll
match prices*
when you
show us
a lower
advertised
price!**

1. We'll match prices if you show us a lower advertised price.
See in-store for a list of current competitors that we ad match against.
2. We reserve the right to limit the quantity available for purchase to 4 units per Ad Matched item purchased at a competitor's price, regardless of variety.
3. We will not match competitor's private label offers on non-identical brands or other special offer types, see full explanation for details.
4. The competitor's advertisement, whether printed or digital, must be complete with all necessary information and in an acceptable format.

*We'll match prices if you show us a lower advertised price means that if a major supermarket competitor, advertises a lower price on any identical item we carry in store, show us the original print copy or official digital advertisement and we will sell you that item, up to a limit of four(4) units per item, at that same price but only during the effective dates of that competitor's advertisement. See in-store for a list of current competitors we ad match against. Identical items are defined as same brand, item type (in the case of unbranded produce, meat and bakery), size and attributes and carried at this store location. **We will not match:** competitor's private label offers on non-identical items, "Spend & get x", "Free", Offers on liquor, "Clearance", discounts or coupons obtained through loyalty programs including PC Optimum™, PC Optimum Member Only Pricing, participating items under the Save it Forward™ program timeframe, or offers related to our third party operations (post office, gas bars, dry cleaners, etc.). We reserve the right to refuse to match a competitor's item price if their advertising contains errors, typos or misprints or is subject to a correction notice. We reserve the right to identify the major supermarket competitor(s) for each Real Canadian Superstore location. The program will only apply if competitor's advertising is complete with all relevant information including but not limited to size and price, effective dates, format/weight identified, and in the format specified as either in print or from an official digital source (such as the competitor's online flyer or website). In no circumstances will the program apply to offers relating to our third-party operations or where prohibited by local, provincial or federal laws or regulations. Major supermarket competitors and geographical trade areas are determined solely by us and are based on a number of factors which can change from time to time. We reserve the right to cancel or change the terms of this program at any time.