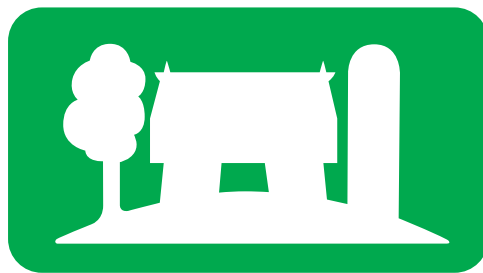


Fresh savings effective
Thursday, September 10 to
Wednesday, September 16, 2026

Sign-up for your E-flyer
today at highlandfarms.ca



SCAN FOR OUR WEEKLY
FLYER & SPECIALS



HIGHLAND FARMS



START FRESH

Check out highlandfarms.ca for more tasty goodness.

CANADIAN
owned and operated since 1963



2⁴⁹
/lb
5.49/kg

SAVE MORE!

Fresh Ontario
Chicken Leg Quarters
Backs Attached



69¢
/lb
1.52/kg

SAVE MORE!

Fresh Bananas
Product of Costa Rica or Honduras



3/5⁰⁰
900g

Primo
Pasta
Assorted Varieties



San Daniele
Mortadella
Regular, Light or Hot
Freshly Sliced at the Deli

1⁹⁹
/100g



2⁹⁹
/lb
6.59/kg

Fresh Ontario
Pork Rib or
Sirloin Chops



Dempster's
White or 100%
Whole Wheat Bread

2⁹⁹
675g



6⁹⁹
pkg of 18

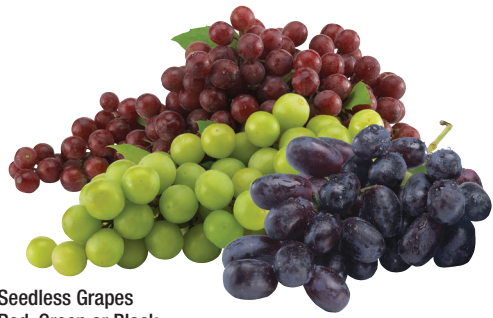
Burnbrae Farms
Naturegg Omega 3
Large White Eggs



3⁹⁹
2lb bag

Clementines
Product of
South Africa

PRODUCE



2⁹⁹
/lb
6.59/kg
Seedless Grapes
Red, Green or Black
Product of U.S.A.
No. 1 Grade



1⁴⁹
/lb
3.28/kg
Seedless
Navel Oranges
Product of
South Africa
Large Size



1⁹⁹
/lb
4.39/kg
Forelle Pears
Product of
South Africa
Extra Fancy Grade



3⁹⁹
bag of 5
Avocados
Product of Mexico



Ontario Homegrown
Greenhouse Tomatoes
No. 1 Grade

1⁹⁹
/lb
4.39/kg



2⁹⁹
pkg of 6
Ontario
Homegrown
Greenhouse
Mini Seedless
Cucumbers



3⁹⁹
113g
Haven
Salads
Product of Ontario

FLORAL



Jumbo Bouquets
Product of Ecuador

19⁹⁹
bunch



Ontario Homegrown
Cauliflower
No. 1 Grade
Jumbo Size

2/5⁰⁰



2⁹⁹
/lb
6.59/kg
Ontario
Homegrown
Sweet Cubanelle or
Hungarian Peppers
No. 1 Grade



1⁴⁹
/lb
3.28/kg
Ontario
Homegrown Field
Large Eggplant



2⁹⁹
bunch
Fresh Organic
Carrots
Product of Ontario
No. 1 Grade

BAKERY



2⁴⁹
6pk
Wonder
English Muffins
White or
Whole Wheat



3⁹⁹
300g
Schaaf
Petit Marble Loaf
12pk



MADE WITH

Custard,
Whipped Cream
and Mixed Berries



Fresh
Store-Baked
Zeppole
\$3.99 each

6/19⁹⁹



29⁹⁹
each
La Rocca
Fresh 8"
Apple Caramel Cheesecake



1⁹⁹ each
Primo
Tomato Sauce, Thick & Zesty Pasta Sauce 680ml,
Lasagne Noodles 375-500g, Tomatoes 796ml,
Beans 540ml or Passata 680ml
Selected Varieties



9⁹⁹
1.89L
Primo
Canola and
Extra Virgin
Olive Oil Blend



8⁹⁹
1kg
Aurora
Honey

GROCERIES



Milano
Lady Fingers
4/5⁰⁰
150g



Flow
Natural Alkaline Water
Assorted Varieties
26⁹⁹
12x1L



S&F
Jams
Assorted Varieties
3⁹⁹
375ml



Coca Cola
Soft Drinks
Assorted Varieties
2/13⁰⁰
6x710ml



Bauli
Croissants
Chocolate or Vanilla
3⁹⁹
300g



7⁹⁹ each
Sponge
Towels
Ultra 3=6
Double Rolls



Del Monte
Fruit Nectar, Oasis Classic
100% Juice,
Arizona Iced Tea 960ml or
Allen's Apple Juice 1L
Selected Varieties
1⁹⁹
each



Peroni
Nastro Azzuro 0%
Non-Alcohol Beer
11⁹⁹
6x330ml



Monster
Energy Drinks
2/6⁵⁰
473ml



7⁹⁹
12x355ml
Pepsi
Soft Drinks
Assorted Varieties



7⁴⁹
2L
Natre
Plus
18g Protein Milk
Selected Varieties



Organic Meadow
Milk 2%
Homogenized 4L **\$11.99**
10⁹⁹
4L



6⁹⁹
16x100g
iögo
Yogurt
Selected Varieties



3⁹⁹
6x93ml
iögo Nanö
Drinkable Yogurt
Selected Varieties

DAIRY

MEAT



3⁹⁹ /lb
8.80/kg Fresh Ontario
Pork Loin
Centre Cut Chops

CLUB
PACK



6⁹⁹ /lb
15.41/kg Fresh Ontario
Pork Loin Cutlets

CLUB
PACK



Fresh
Boneless & Skinless
Chicken Breast Cutlets

9⁹⁹ /lb
22.02/kg

Canada AAA



8⁹⁹ /lb
19.82/kg Fresh
Stewing Beef
Product of Canada

100% Canadian.
Freshly Ground.
Every day.



6⁹⁹ /lb
15.41/kg Fresh
Lean Ground Beef

DELI



5⁹⁹ 375g
Maple Leaf
Top Dogs Wieners
Selected Varieties



6⁹⁹ 375g
Schneiders
Bacon
Classic Cut or
Less Salt



7⁹⁹ 300g
Maple Leaf
Fully Cooked
Breakfast Pork
Sausage Links



8⁹⁹ 375g
Schneiders
Smoked Sausages
Assorted Varieties



10⁹⁹ 600g
Schneiders
Chicken Bites
or Tenders



1⁹⁹ /100g
Sikorski
Garlic Sausage
at the Deli



2²⁹ /100g
Sikorski
Dry Krakowska
Sausage at the Deli



1⁹⁹ /100g
Mastro
Prosciutto Cotto
Freshly Sliced
at the Deli



4⁹⁹ 200g
Tre Stelle
Cream Cheese
Assorted Varieties



5⁹⁹ 475g
Tre Stelle
Ricotta Cheese
Regular or Light

SEAFOOD



Fresh Organic
Atlantic Salmon Fillets

18⁹⁹ /lb
41.87/kg



9⁹⁹ /lb
22.02/kg Fresh
Tilapia Fillets



9⁹⁹ /lb
22.02/kg Fresh Wild
Dressed
Sea Smelts



13⁹⁹ 454g
Triple Crown
Black Tiger Shrimp
Raw, Easy Peel
31/40ct
Frozen



7⁹⁹ 100g
Dom Gravadlax
Salmon

FROZEN FOODS

Chapman's
Sorbet or Frozen Yogurt
Assorted Varieties

6⁴⁹ 2L



4⁹⁹ 638g
Furlani
Texas Garlic Toast
Original or Parm



9⁹⁹ 600g
Mina
Halal Supreme
Chicken Crunch
Burgers, Bites
or Tandoori

850 ELLESMERE RD.
AT KENNEDY RD.
416.298.1999

Store Hours:
Monday – Friday:
7:00a.m. till 9:00p.m.
Saturday – Sunday:
7:00a.m. till 8:00p.m.



Partners
in Growth
For every ton of paper, SJC will contribute to
the planting of a tree through GrandTrees.

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