

terra 本周特价

foodmart Terra Foodmart Weekly Specials

Mon-Sun: 8:30am - 9pm 營業時間(週一至週日): 早8點30分 - 晚9點

Mid Autumn 中秋 SALE UP TO 75% OFF

CTH8 Mooncake Gift Box 中華老字號 鹿香月餅禮盒 700g

\$21.88/ea
Reg. 25.99

TTJ Mooncake Gift Box Selected 陶陶居 月餅禮盒指定款 300g

\$15.88/ea
Reg. 18.99

人間至味 是團圓 Mid Autumn Feast Combo 中秋團圓餐

9/11 - 9/23/2026 PRE-ORDER NOW

SAN NIU Crackers 三牛萬年青 餅乾 400g

\$2.99/ea
Reg. 3.99

REECEN Hand-Shredded Crab Sticks Selected 力誠 手撕蟹柳指定款 90g

\$1.99/ea
Reg. 2.99

\$58.00 Pick 4
精選2大份酸辣湯或粟米羹
Get 2 Large Hot & Sour or Corn Soups

\$78.00 Pick 6
精選3大份酸辣湯或粟米羹
Get 3 Large Hot & Sour or Corn Soups

\$98.00 Pick 8
精選4大份酸辣湯或粟米羹+8罐汽水/茶
Get 4 Large Hot & Sour or Corn Soups + 8 Cans of Carbonated

ORION Custard Pie 好麗友 蛋黃派 23g x 12

\$3.99/ea
Reg. 5.99

CHACHA Konjac Snacks Selected 洽洽 魔芋公主 魔芋素耳尖指定款 16g x 20

\$4.99/ea
Reg. 6.99

GANYUAN Sunflower Seeds/Broad Beans/Peas Selected 甘源 瓜子仁/青豌豆/蠶豆指定款 205g

\$2.99/ea
Reg. 3.99

PULMUONE Cold Noodles Selected PULMUONE 冷麵指定款 1.03kg

\$5.99/ea
Reg. 7.99

YOUYANG Sesame Sticks/Crispy Dough 友陽 芝麻糖/江米條 180g/236g

2/\$3.50
Reg. 2.99/ea

UDK Sandwich Biscuits Selected 優之良品 夾心餅乾指定款 280g/320g

\$2.99/ea
Reg. 4.99

SHISEIDO Fino Shampoo/Conditioner 資生堂 FINO 洗髮水/護髮素 550ml

\$8.99/ea
Reg. 15.99

BLUE OCEAN Frozen Shrimp 30/40 藍海 急凍蝦 30/40 400g

\$4.99/ea
Reg. 6.99

NATURE Hatamugi Skin Conditioner NATURIE 保潤化妝水 500ml

\$6.99/ea
Reg. 12.99

DR. ALTHEA 345 Relief Cream Mist 345 舒緩噴霧 60ml

\$9.99/ea
Reg. 19.99

NEW CENTURY FOOD Raisin/Milk Bread 麥香居 提子/鮮奶餐包 350g

\$2.99/ea
Reg. 3.79

SHISEIDO Fino Premium Touch Hair Mask 資生堂 FINO 髮膜 230g

\$8.99/ea
Reg. 15.99

CELIMAX Pore + Dark Spot Brightening Pad CELIMAX 毛孔淡斑亮膚棉片 100ml / 40pads

\$12.99/ea
Reg. 27.99

DR. ALTHEA 345 Relief Cream Mist 345 舒緩噴霧 60ml

\$9.99/ea
Reg. 19.99

ISUZAWA LAB KEANA Rice Mask 石澤研究所 毛穴撫子 米面膜 10 sheets

\$7.99/ea
Reg. 12.99

DIAPRETTY All Day Eye Patches Selected DIAPRETTY 全日眼膜指定款 60pcs

\$6.99/ea
Reg. 16.99

SHISEIDO Fino Premium Touch Hair Mask 資生堂 FINO 髮膜 230g

\$8.99/ea
Reg. 15.99

CELIMAX Pore + Dark Spot Brightening Pad CELIMAX 毛孔淡斑亮膚棉片 100ml / 40pads

\$12.99/ea
Reg. 27.99

DR. ALTHEA 345 Relief Cream Mist 345 舒緩噴霧 60ml

\$9.99/ea
Reg. 19.99

ISUZAWA LAB KEANA Rice Mask 石澤研究所 毛穴撫子 米面膜 10 sheets

\$7.99/ea
Reg. 12.99

水果
FRUITS



1.28 /lb
Reg 1.99
Gala Apple
本地基拿蘋果
Canada \$2.82/kg



1.98 /lb
Reg 2.99
White Dragon Fruit
白肉火龍果
Vietnam \$4.37/kg



1.58 /lb
Reg 2.59
Tianshan Honey Pear
天山蜜梨
China \$3.48/kg



1.98 /lb
Reg 2.99
Longan
龍眼
Vietnam \$4.37/kg



2.98 /lb
Reg 4.99
Seedless Green Grape
無籽青提
United States \$6.57/kg



13.88 /case
Reg 17.99
Mango
蘋果芒
Brazil 4kg



10.88 /ea
Reg 15.99
Boxed Figs
箱裝無花果
Turkey



4.98 /ea
Reg 6.99
DRISCOLL'S Sweetest Batch
Blueberry
DRISCOLL'S 特甜藍莓
Peru 312g



1.68 /lb
Reg 2.59
Large Honey Tangerine
大甜桔
Peru \$3.7/kg

冷凍
FROZEN



8.99 /ea
Reg 12.99
TASTIE Durian Pulp
品坊 金枕頭榴蓮肉
400g



3.50 /ea
Reg 4.50
KABAYAN Sweet Longanisa
KABAYAN 甜味菲律賓香腸
375g



2/5.99
Reg 2/\$7.99
SPRINGCREEK 18 Quail Eggs
SC 鸚鵡蛋
18pcs



9.99 /ea
Reg 12.99
ML Frozen Golden Pompano
ML 冷凍金鰲魚
1kg



2.50 /ea
Reg 6.99
TAZA Parathas
Authentic Flatbread
TAZA PARATHAS 印度酥餅
20pcs



3.50 /ea
Reg 4.99
SPECIAL VEGETABLE GARDEN
Golden Shepherd's Purse
Dumplings
特別菜園 黃金薺菜菜園子
600g



3.99 /ea
Reg 5.99
GOLDEN SEA BRAND
Sardines
GSB 沙丁魚
800g



5.99 /ea
Reg 7.99
SHIRAKIKU Imitation
Crab Sticks
白菊印 最高級蟹柳
500g

肉類
MEAT



3.99 /lb
Reg 4.99
Fresh Pork Belly Boneless
新鮮無骨豬腩
\$8.8/kg



1.99 /lb
Reg 3.59
Fresh Chicken Wing
新鮮雞翼
\$4.39/kg



1.99 /lb
Reg 2.59
Fresh Bone-In Pork Picnic
Shoulder (Whole)
新鮮帶骨不見天 (整塊)
\$4.39/kg



7.99 /lb
Reg 9.99
Fresh Beef Sirloin Tip
新鮮牛腿肉
\$17.62/kg



4.99 /lb
Reg 6.99
Fresh Bone-In Beef
Shank (Sliced)
新鮮有骨牛展(切片)
\$11/kg



8.99 /lb
Reg 9.99
Previously Frozen Boneless
Lamb Shoulder
冰鮮無骨羊肩
\$19.82/kg



4.99 /lb
Reg 6.99
Fresh RWA Boneless
Pork Butt Shoulder
新鮮全自然無骨豬梅頭
\$11/kg



2.99 /ea
Reg 4.99
CARVER'S CHOICE
Bacon
CC 培根
375g

WE LOVE LOCAL



Yu Choy
本地油菜
Canada
\$3.7/kg

1.68 /lb
Reg 1.99



1.28 /lb
Reg 1.99

Green Bell Pepper
本地青椒
Canada \$2.82/kg



2/5.50
Reg 3.59

ENVIRO
Organic King Oyster
Mushroom
ENVIRO
本地有機皇菇
Canada



28¢ /lb
Reg 0.99

SAVE **72%**

Cabbage
本地高麗菜
Canada \$0.62/kg



1.48 /lb
Reg 1.99

Crown Broccoli
本地去頭西蘭花
Canada \$3.26/kg



White Radish
本地白蘿蔔
Canada \$1.28/kg

58¢ /lb
Reg 0.99



1.18 /lb
Reg 1.59

Baby Mustard
本地芥菜仔
Canada \$2.6/kg



2.98 /ea
Reg 4.99

White Glutinous
Corn (3pcs)
本地白糯玉米
(3pcs)
Canada



98¢ /lb
Reg 1.39

Taro Pumpkin
本地香芋南瓜
Canada \$2.16/kg



98¢ /lb
Reg 1.39

Winter Melon
冬瓜
Mexico \$2.16/kg



3.98 /lb
Reg 4.99

Snow Peas Sprout
豆苗
Mexico \$8.78/kg



1.88 /lb
Reg 2.99

Organic Ginger
有機生薑
Peru \$4.15/kg

Enoki Mushroom
金針菇
China

2/2.58
Reg 1.99



ANDY BOY
Romaine Lettuce
AB 羅馬菜心
United States

2.98 /ea
Reg 4.99



1.38 /lb
Reg 1.99

Big Taro Root
大芋頭
Mexico \$3.04/kg

海鮮 SEAFOOD

Live Tilapia
游水黑立
\$17.59/kg



7.98 /lb
Reg 9.99

Fresh Salmon Steak
新鮮三文魚扒
\$16.05/kg



7.28 /lb
Reg 9.99

Fresh Mangrove
Red Snapper
新鮮紅友
\$19.80/kg



8.98 /lb
Reg 10.99

Live Clams
鮮活大蜆
\$3.70/kg



1.68 /lb
Reg 2.99

Live Mussels
鮮活青口
\$4.37/kg



1.98 /lb
Reg 3.99

SAVE **50%**

蔬菜 VEGETABLES

熟食 DELI & 燒臘 BBQ



2.59 /order (4's)
Reg 2.99

Pork Dumpling
豬肉燒賣



5.99 /order
Reg 6.99

Cantonese
Chow Mein
廣東炒麵



8.99 /order
Reg 9.99

General Tso's
Chicken
左宗雞



9.99 /lb
Reg 11.99

Roasted Pork
脆皮燒肉
\$22.02/kg



5.99 /order
Reg 6.99

Stir Fried
Mixed Vegetable
清炒雜菜



9.99 /order
Reg 10.99

Steamed
Golden Pompano
清蒸金鯧魚

MY IE HOA
Swiss Roll
美麗華 大蛋卷
650g

5.99 /ea
Reg 7.99



麵包 BAKERY

NEW CENTURY FOOD
Raisin Scone
麥香居 提子鬆餅
6pcs

2.99 /ea
Reg 3.99



9.29 /ea
Reg 11.49

LOVELY PAO
Mini's Sio Pao (Chicken/Pork)
LOVELY PAO 迷你雞肉/豬肉燒包
1.3lb





10⁹⁹
Reg 15.99

SUNSHINE/TASTIE
Premium Sushi Rice /
Jasmine Rice
SUNSHINE 壽司米/
品坊茉莉香米
8.8kg



6⁹⁹
Reg 8.99

GUXIN
Black Rice /
Yellow Millet
谷欣 黑米/黃小米
4lb

SHINHO
Premium/Braised
Soy Sauce
六月鮮 特級醬油/
上海紅燒醬油
1L

4⁹⁹
Reg 6.99



HAI TIAN
Soybean Paste
海天 黃豆醬
1.03kg

3⁹⁹
Reg 5.99



DAISHO
Teriyaki /
Grilled Eel Sauce
DAISHO 照燒/
蒲燒鰻魚醬
180g/240g

1⁹⁹
Reg 4.99



SAVE
60%



10⁹⁹
Reg 13.99

WANT WANT
Milk Flavored Drink
旺旺 旺仔牛奶
190ml x 12



10⁹⁹
Reg 13.99

WANT WANT
Yogurt Drink
旺旺 乳酸菌飲品
125ml x 20

CHACKOH
Coconut
Water
CHAOKOH
椰子水
1000ml

2/4⁵⁰
Reg 3.99



1⁹⁹
Reg 2.99

CHI FOREST
Ice Tea Selected
元氣森林 冰茶指定款
900ml



1⁹⁹
Reg 2.99

HOLIDAY
Luncheon Meat
假日午餐肉
340g



7⁹⁹
Reg 10.99

YONGLONGXING
Dried
Mushroom
Shiitake
永隆興 冬菇
400g



4⁹⁹
Reg 6.99

YONGLONGXING
Dried
Black Fungus
永隆興 黑雲耳
200g



8⁹⁹
Reg 10.99

MERILIN
Dried
Longan Pulp
美林 泰國龍眼肉
400g



6⁹⁹
Reg 10.99

Y&B BRAND
Dried
Goji Berries
億貝 寧夏
珍珠枸杞
400g



2⁹⁹
Reg 3.99

SHANG HAI
SALTED / Preserved Duck
Eggs Selected
上海 鹹蛋/皮蛋指定款
6pcs



3⁹⁹
Reg 5.99

JINMAILANG
Instant Noodles Selected
今麥郎 湯麵指定款
5pks



2/\$3
Reg 1.99

PGI / DOUBLE SWALLOW
Rice Vermicelli/
Kong Moon Rice Stick
金燕牌 東莞米粉/
雙燕牌 江門排粉
400g/454g



2⁹⁹
Reg 4.99

HWZ
Duck Blood
Vermicelli/
回味贊 鴨血粉絲
251g



2/\$5
Reg 3.99

FCJ
Cooked Food
Selected
富春江 即食小菜
指定款
230g-280g



99¢
Reg 1.59

FOOJOY
Glutinous Rice Flour
/ Tapioca Starch
Selected
福字 水磨糯米粉/
粘米粉/菱粉
400g



3⁹⁹
Reg 5.99

MARCA PINA
Soy Sauce &
Vinegar
王梨標 波薩
醬油&白醋
1000ml x 2



99¢
Reg 1.99

JUFRAN
Banana
Sauce
JUFRAN
香蕉醬
340g



3⁹⁹
Reg 5.99

MAGNOLIA
Cheeze
MAGNOLIA 芝士
165g



4/1⁹⁹
Reg 1.99

LESLIE'S
Clover Chips Corn
Snacks Selected
LESLIE'S 玉米片指定款
85g



5/\$2
Reg 0.99

BOY BAWANG
Mixed Nuts / Cornick
Selected
BB 綜合堅果/
玉米零食指定款
85g/100g

掃碼關注我們 獲得最新優惠資訊
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FACEBOOK

LITTLE RED 小红书

WECHAT 微信群

Terra Foodmart 誠聘

• 燒臘師傅

☞ / ☎ : BtrustHR2022
647 767 2328

SAVE **56%**

Jmella

3⁹⁹
Reg 8.99

JMELLA IN FRANCE
Body Wash / Body Lotion Selected
JMELLA 沐浴露/身體乳指定款
500ml