

Moredays
Moredays
Moredays

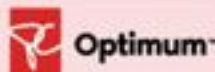


Get more points

More savings, more deals, more points
This week only! October 1-7**



Scan
for more
Moredays
deals!



FROM
\$5

5.00-9.00

Get
3,000
pts

When you
spend \$10*

\$3
back in
points

**OLIVIERI FRESH FILLED PASTA, SKILLET
GNOCCHI, TWIN PACK OR SAUCES**
SELECTED VARIETIES, 160-700 G
20126372_EA/20321512_EA



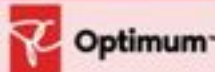
App exclusive offer

\$7

Get
2,000
pts

\$2
back in
points

**FARMER'S MARKET™
SQUARES**
SELECTED VARIETIES
400/450 G
21216501_EA/21216520_EA
*Open your PC Optimum™
app or visit pcoptimum.ca
to get the offer.



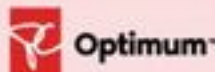
App exclusive offer

Get
2,000
pts

For every \$5*
spent

\$2
back in
points

**CHRISTIE
CRACKERS**
SELECTED VARIETIES
162-212 G
21030647_EA/21547048_EA
*Open your PC Optimum™
app or visit pcoptimum.ca
to get the offer.



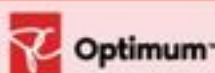
App exclusive offer

Get
5,000
pts

For every \$10*
spent

\$5
back in
points

**GENERAL MILLS
CHEERIOS, OATMEAL
CRISP OR CHEX CEREAL**
SELECTED VARIETIES
265-778 G
(EXCLUDING
JUMBO SIZE)
21535225_EA/21739719_EA
*Open your PC Optimum™
app or visit pcoptimum.ca
to get the offer.



Get
5,000
pts

When you
spend \$25*

\$5
back in
points

PEPSI 12/24X355 ML,
6X222 ML, 6X710 ML, 2L,
MONTELLIER 10X355 ML,
BUBLY 12X355 ML
**OR LAY'S POTATO CHIPS,
DORITOS TORTILLA CHIPS,
RUFFLES POTATO CHIPS**
SELECTED VARIETIES
20322361002_C12/21241032_EA





President's Choice®

Go wherever
the crunch
takes you

ONLY
2⁵⁰

PC® KETTLE COOKED
OR RIPPLED KETTLE
COOKED POTATO
CHIPS

SELECTED VARIETIES, 200 G
21422931_EA/21712110_EA



ONLY
2⁵⁰

PC® LOADS
OF™ FLAVOURS
POTATO CHIPS
SELECTED VARIETIES
200 G
20840911002_EA
20840911004_EA

ONLY
2⁵⁰

PC® WORLD OF
FLAVOURS
POTATO CHIPS
SELECTED VARIETIES
200 G
20839412001_EA
21315959_EA



ONLY
2⁵⁰

PC® TORTILLA
CHIPS
SELECTED VARIETIES
320-350 G
20148817_EA/20302765_EA

ONLY
3⁵⁰

PC® READY TO
EAT POPCORN
SELECTED VARIETIES
220/250 G
20910769_EA/21287661_EA



Limited-time deals on PC® home & more.

PC® 12 PIECE RIDGE DINNERWARE
21487370_EA
**Must be a registered PC Optimum™ member to load and get this offer.

Members Price: **\$30**

Non-Members: **\$65**

Members Save **\$35**

REAL CANADIAN SUPERSTORE
PROUDLY CANADIAN

SAVE UP TO 48%

3.98 LB
8.77/KG

CHICKEN BREASTS
BONE-IN, SKINLESS
FRESH, INCLUDES HALAL
20055906_KG/21646593_KG

SAVE UP TO 56%

2.77 LB
6.11/KG

PORK LOIN CENTRE-CUT CHOPS OR ROAST
BONELESS
20826506_KG
20827785_KG

SAVE 62%

1.49 LB
3.28/KG

GREEN OR RED SEEDLESS GRAPES
PRODUCT OF U.S.A.
NO.1 GRADE
20425775001_KG
20159199001_KG

SAVE 40%

1.49

BROCCOLI CROWNS
PRODUCT OF CANADA
21121560001_EA

SAVE 41%

4.97

LACTANTIA BUTTER
SELECTED VARIETIES, 454 G
20639926_EA

FREE

WHEN YOU SPEND \$300 OR MORE
in a single transaction, in-store or through PC Express™ online pickup or delivery

UP TO \$25 VALUE

REYNOLDS COOKING ESSENTIALS PACK
21775737_EA

App exclusive offer

Members Price: **\$7**

Non-Members: **\$8**

Members Save **\$1**

PC® PACIFIC LARGE WHITE SHRIMP
SELECTED VARIETIES
FROZEN
31-40 PER LB, 400 G
20789931_EA
20791381_EA
**Must be a registered PC Optimum™ member to load and get this offer.
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

SAVE UP TO 33%

\$6

PC® DELI CHEESE BLOCKS 250 G OR **BALDERSON NON-AGED CHEDDAR, GOUDA, HAVARTI OR CHEESE SLICES** 140-280 G
SELECTED VARIETIES
20770652_EA/21495455_EA

Members Price: **4.88**

Non-Members: **5.88**

Members Save **\$1**

NO NAME® OR PC® CHEESE BARS 300/400 G OR **SHREDDED CHEESE** 250-320 G
SELECTED VARIETIES
21060183_EA/21289745_EA
**Must be a registered PC Optimum™ member to load and get this offer.

SAVE UP TO 52%

\$8

SCHNEIDERS SMOKED HAM
SELECTED VARIETIES
700 G
21094878_EA

SALE

6.47

OIKOS GREEK YOGURT
SELECTED VARIETIES
650/750 G
21006634_EA/21651943_EA

SAVE 21%

1.37

GREEN GIANT CANNED VEGETABLES
SELECTED VARIETIES,
341/398 ML
21021224_EA/21021485_EA

SAVE 29%

1.38

NO NAME® BROTH
SELECTED VARIETIES
900 ML
21189610_EA
21189611_EA

SAVE 35%

12.98

TILDA PURE BASMATI RICE
20153678_EA

App exclusive offer

SAVE 6.99

\$18

Get **2,000** pts

\$2 back in points

PC® ROAST AND GROUND COFFEE
SELECTED VARIETIES
800-930 G
21393374_EA
21393573_EA
*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

ONLY

28.99

COORS LIGHT OR BUDWEISER BEER
CANS, 12X473 ML
PRICE DOES NOT INCLUDE TAX OR DEPOSIT FEES. OFFER AVAILABLE ONLY IN STORES WHERE ALCOHOL IS SOLD.
21626630_C12
21626677_C12

6.50

Get **3,000** pts

When you buy 2

\$3 back in points

LISTERINE CLASSIC 1L MOUTHWASH, COLGATE OPTIC WHITE OR SENSITIVE PRO RELIEF TOOTHPASTE 70-150 ML OR **KIDS MANUAL TOOTHBRUSHES** 2 PK
SELECTED VARIETIES
21091222_EA/21177027_EA

SALE

12.99

GAIN LIQUID 4.25 L OR FLINGS 28/48'S LAUNDRY DETERGENT, LIQUID FABRIC SOFTENER 4.16 L, **BEADS** 598/680 G OR **SHEETS** 240'S
SELECTED VARIETIES
21553218_EA/21671135_EA

Express™

Subscribe & Earn up to 20% back in (pts)*

Subscribe online

Schedule your frequency

Earn
Earn up to 20% in points on popular essentials*

Flyer prices effective from Thursday, October 1st to Wednesday, October 7th, 2026



PC[®] GREENHOUSE GROWN CHANGES EVERYTHING



\$7

**PC[®] TOMATO
CHERRY MIXIANY**
PRODUCT OF CANADA
340 G
21720721001_EA



\$4

**PC[®] LIVE LETTUCE
GREEN, RED OR TRIO**
PRODUCT OF CANADA
21778850_EA/21506580_EA



6⁵⁰

**PC[®] GREENHOUSE
STRAWBERRIES**
PRODUCT OF CANADA, 340 G
210227142001_EA

*GROWN WITH PRIDE
IN PROTECTED GREENHOUSES
FOR FRESHNESS
WHATEVER THE FORECAST.*

OCTOBER

HIT
OF THE
MONTH

KRAFT KD MACARONI & CHEESE
SELECTED VARIETIES, 156/175 G
21549588_EA/21549590_EA

\$1



LIMIT 6
AFTER LIMIT
2.00 EA

DARE BEAR PAWS COOKIES
SELECTED VARIETIES, 168-210 G
21720734_EA/21713321_EA

\$1.75



LIMIT 6
AFTER LIMIT
3.00 EA.

YELLOWFIN TUNA FILLETS 92 G OR
SMOKED STEELHEAD SALMON 50 G
FROZEN
21694839_EA/21754823_EA

\$2



LIMIT 6
AFTER LIMIT
3.00 EA.

CEDAR VALLEY PITA CHIPS
SELECTED VARIETIES, 180 G
21524190_EA/21566354_EA

\$3

SAVE
2.49



LIMIT 6
AFTER LIMIT
4.00 EA.

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.
Valid from October 1 - 31, 2026. While quantities last. See in-store for details.

PREPARED IN
CANADA
FOR CANADIANS



6⁵⁰

**NO NAME[®]
NATURALLY
IMPERFECT[™]
POTATO**
PRODUCT OF CANADA,
CANADA NO.2 GRADE,
15 LB
20944462001_EA



**CLUB
SIZE**

4⁵⁰

**PC[®] WHOLE
CREMINI
OR WHITE
MUSHROOMS**
PRODUCT OF CANADA,
454 G
20761372_EA 20738571_EA



\$12

**PC[®] PORK
BACK RIBS**
SELECTED VARIETIES
FULLY COOKED
500 G
21284538_EA
21284542_EA



\$7

**GRIMM'S
SIZZLIN'
SMOKIES[®]
OR GRIMM'S
BAVARIAN
SMOKIES**
SELECTED VARIETIES,
375-750 G
20709755_EA
20709997_EA



**SAVE
UP TO
2.49
\$6**

**TRESTELLE
RICOTTA** 475 G OR
BOCCONCINI
200 G
20093652_EA
20318663_EA



\$12

**PC[®] CHICKEN
STRIPS
AND BITES
OR HALAL
CHICKEN
SHAWARMA
OR SKEWERS**
21710998_EA
21711263_EA



4⁷⁵

**LA BAGUETTERIE
MICHE**
SELECTED VARIETIES,
600/800 G
20862393_EA
21166112_EA



\$4

**CINNAMON
RAISIN
BREAD** 468 G
OR **CHOCOLATE
CROISSANTS** 4'S
SELECTED VARIETIES,
BAKED IN-STORE
20729432_EA/21527027_EA



7⁹⁹

**CAVENDISH
FRIES, WEDGES,
HASHBROWNS,
OR ONION
RINGS**
SELECTED VARIETIES,
FROZEN, 1-2.25 KG
20827761_EA/21557332_EA



1⁸⁷

**NO NAME[®]
PASTA SAUCE,
TOMATO SAUCE
680 ML OR
TOMATO PASTE
369 ML**
SELECTED VARIETIES
20120683_EA
20299886001_EA



3²⁵

**TIM HORTONS
CANNED SOUP**
SELECTED VARIETIES,
540 ML
21203770_EA
21203782_EA



3⁹⁹

**PC[®] TOMATO
KETCHUP**
SELECTED VARIETIES,
750 ML/1 L
20090124_EA
20131845_EA



9⁵⁰

**NO NAME[®]
HONEY**
SELECTED VARIETIES,
1 KG
20033683_EA
20072342_EA



\$10

**SUNKIST FRUIT
SNACKS**
VARIETY PACK, 36'S,
792 G
20629469_EA



**SAVE
UP TO
1.29
\$4**

**POPTASTIC
KETTLE
COOKED
POPCORN**
SELECTED VARIETIES,
130 G
21605866_EA
21606102_EA



2/\$9
OR 4.99 EA

**SMARTFOOD
POPCORN**
SELECTED VARIETIES,
150-200 G
20972855_EA
20972859_EA



9⁹⁹

**FRITO-LAY
SNACKS
VARIETY PACK**
SELECTED VARIETIES
16'S
21584889_EA
21584937_EA



5⁵⁰

**PC[®] OR BLUE
MENU[®]
SPARKLING
WATER**
SELECTED VARIETIES,
12X355 ML
21306091_C01
21747415_C12



17⁹⁹

**WHISKAS
DRY CAT FOOD**
SELECTED VARIETIES,
3/4 KG
21593701_EA



**UP TO
25%**
16.79-49.29 AFTER SAVINGS

**PERFECT
SPORTS
SUPPLEMENTS**
SELECTED VARIETIES
AND SIZES
21068265_EA
21068329_EA



GOBBLE UP THESE SAVINGS

Find great deals on all the fixin's for Thanksgiving.



SAVE UP TO 33%
\$5

MARCANGELO SLICED ITALIAN MEAT
SELECTED VARIETIES, 85 G
21706089_EA / 21706090_EA



SAVE 1.99
\$8

PC GOAT CHEESE LOGS
SELECTED VARIETIES
300 G
21722528_EA
21722617_EA



PC DOUBLE CREAM BRIE
450 G
20787166_EA

SAVE 2.99
\$12



7⁵⁰

WILDLY DELICIOUS JELLY
SELECTED VARIETIES
185 ML
21023145_EA / 21025538_EA



2⁵⁰

FARMER'S MARKET™ GRAPE TOMATOES
PRODUCT OF CANADA OR MEXICO, 283 G
21367888001_EA



3⁵⁰

PC DIPS, HUMMUS OR NAAN DIPPERS
SELECTED VARIETIES
200/227 G
20584097_EA
21092033_EA



SAVE .50
2⁴⁹

PC PITA, SCALLOPED CRACKERS, OR BUTTER TWISTS
SELECTED VARIETIES
100-225 G
20588938003_EA
20603888003_EA



SAVE UP TO 41%
\$5

SAPUTO PARMESAN, ROMANO OR ASIAGO
SELECTED VARIETIES
125-170 G
21081213_EA
21081222_EA



4⁵⁰
LB
9.92/KG

PC BLACK SABLE GRAPES
PRODUCT OF U.S.A., NO.1 GRADE
20711275001_KG



SAVE UP TO 39%
4⁵⁰

BOURSIN SOFT CHEESE
130-220 G OR KAUKAUNA CHEDDAR 170 G
SELECTED VARIETIES
20116794_EA



SAVE UP TO 2.50
8⁵⁰

PC SPLENDIDO™ SALAMI CACCIATORE
225 G OR MASTRO SALAMETTI CHUBS 300 G
SELECTED VARIETIES
20303790_EA / 21449780_EA



\$25

PC MIXED NUTS OR CASHEWS
SELECTED VARIETIES, 1.13 KG
20284474_EA / 20287689_EA



CLUB SIZE

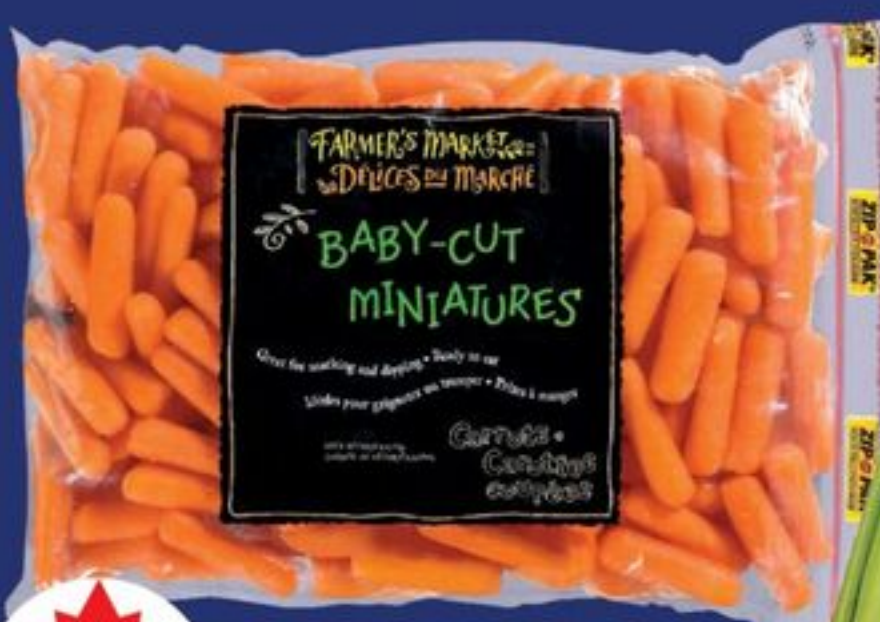
GOBBLE UP THESE SAVINGS

Find great deals on all the fixin's for Thanksgiving.



\$4

**FARMER'S MARKET™
MINI CARROTS**
PRODUCT OF CANADA
CANADA NO. 1 GRADE, 907 G
20031454001_EA



2⁵⁰

CELERY STALKS
PRODUCT OF ONTARIO
20163119001_EA



ARTE SALAD KIT
SELECTED VARIETIES
PRODUCT OF CANADA, 286-316 G
21703139_EA/21703126_EA



\$6

3⁵⁰

**SOURDOUGH OR
PUMPERNICKEL BREAD**
BAKED IN-STORE
SELECTED VARIETIES
383-574 G
20132458_EA/20653517_EA



**3⁵⁰
/100 G**

**MASTRO SALAMI OR
HAM DELI SERVICE**
SELECTED VARIETIES
20087761_KG



**FRIED
TORTILLA CHIPS**
440 G
21791437_EA

2/\$8
OR 5.00 EA



\$9

**PC® BACON-WRAPPED
STUFFED JALAPEÑO
PEPPERS OR CHEESE
STICKS**
SELECTED VARIETIES
FROZEN, 225-454 G
21048989_EA/21116020_EA



\$9

**PC® SPRING ROLLS
OR SAUSAGE
ROLLS 500 G**
SELECTED VARIETIES, FROZEN
20698096_EA/21538572_EA



\$10

**PC® MARYLAND-STYLE
CRAB CAKES OR BAKE
AND SERVE DIPS**
SELECTED VARIETIES
FROZEN, 170/360 G
21334617_EA/21682673_EA



**SAVE
UP TO 31%**

**TASTIEZ
APPETIZERS**
SELECTED VARIETIES,
FROZEN, 311 G
21691460_EA/21691571_EA

4⁹⁹



**SAVE
16%**

**NO NAME® PICKLED
ONIONS, OLIVES OR
GHERKINS**
SELECTED VARIETIES, 375 ML
20030317_EA/20325649_EA

2⁴⁹



**SAVE
UP TO 1.50**

**SANPELLEGRINO
NATURALI, LIGHT OR
CIAO! SPARKLING
FRUIT BEVERAGES OR
SPARKLING WATER**
SELECTED VARIETIES, 6X330 ML
21433206_C06
21590961_C06



6⁵⁰

**BUBLY
SPARKLING WATER**
SELECTED VARIETIES
12X355 ML
21097177_C12
21243603_C12



\$9

**BUBLY
POP SODA**
SELECTED VARIETIES
6X355 ML
21741228_C06



\$16

**CORONA
EXTRA BEER BOTTLES**
6X330ML
PRICE DOES NOT
INCLUDE TAX OR
DEPOSIT FEES. OFFER
AVAILABLE ONLY
IN STORES WHERE
ALCOHOL IS SOLD.
21338460_C06



\$27

**STEAM WHISTLE
PILSENER OR
BEAU'S LUG
TREAD LAGERED
ALE, 12X355 ML OR
MOTT'S
CLAMATO
CAESAR**
12X341 ML, CANS
PRICE DOES NOT
INCLUDE TAX OR
DEPOSIT FEES. OFFER
AVAILABLE ONLY
IN STORES WHERE
ALCOHOL IS SOLD.
21446092_C12
21535522_C12



GOBBLE UP THESE SAVINGS

Find great deals on all the fixin's for Thanksgiving.



STARTING
SUNDAY, OCTOBER 4TH

2⁴⁹
LB
5.49/KG

FRESH GRADE A TURKEYS
ALL AVAILABLE VARIETIES AND SIZES
20022497_KG



3⁹⁹
LB
8.80/KG

**PC[®] SPIRAL-SLICED
BONE-IN HALF HAM**
SELECTED VARIETIES
20857240_KG

\$4

PINEAPPLE
PRODUCT OF COSTA RICA
20160992001_EA

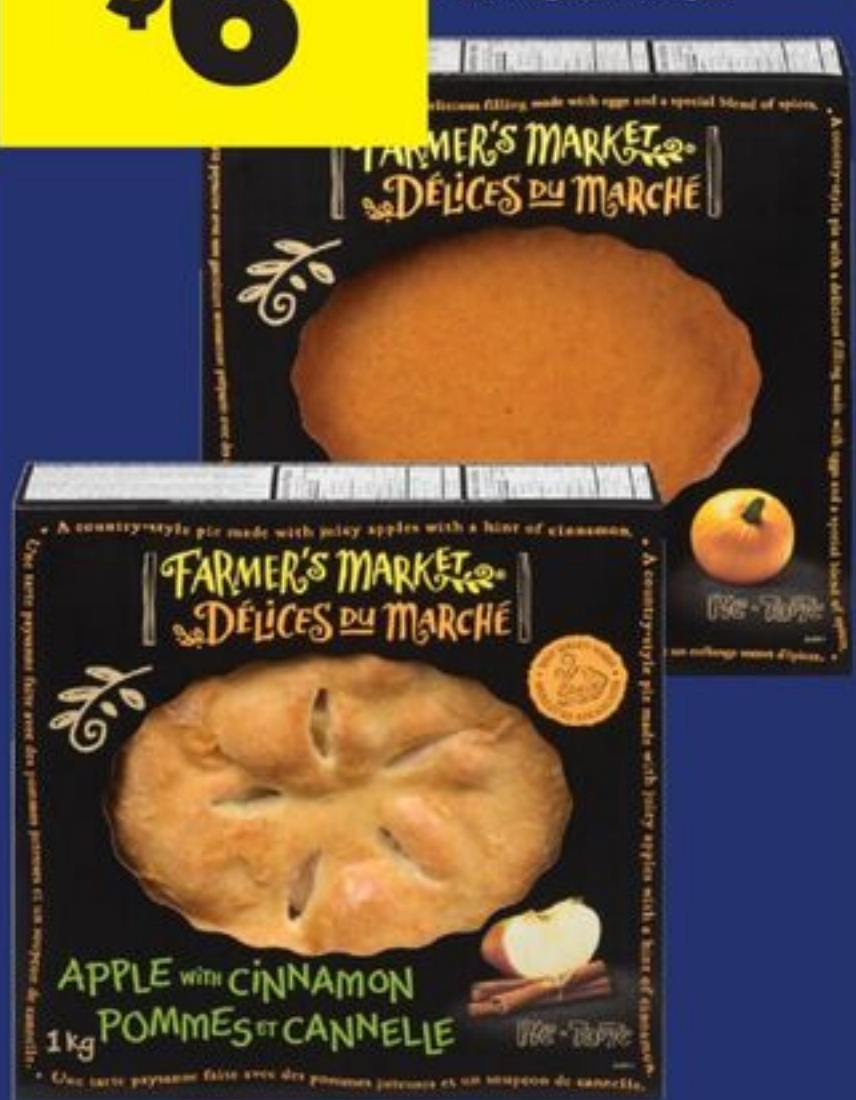
\$3

CRANBERRIES
PRODUCT OF CANADA
340 G
20160096001_EA



\$6

**FARMER'S MARKET[™]
PIES**
SELECTED VARIETIES, 580 G-1 KG
21297365_EA/21297367_EA



**SAVE
UP TO 1.80**

6⁴⁹

**CHAPMAN'S PREMIUM
ICE CREAM**
SELECTED VARIETIES
FROZEN, 2 L
20323573001_EA



**SAVE
UP TO 1.24**

\$4

**NEILSON 5% OR 10% 1L
OR 18% OR 35%
473 ML CREAM**
SELECTED VARIETIES
20123609_EA/20774431_EA



3⁵⁰

**TURKEY READY
BREAD OR PC[®]
YORKSHIRE
PUDDING**
SELECTED VARIETIES
AND SIZES
21561513_EA
20025468_EA



3⁷⁹

**LECLERC
CÉLÉBRATION
COOKIES**
SELECTED VARIETIES
200-350 G
21680155_EA/21721298_EA



**SAVE
.70**

2⁷⁹

**DARE BRETON OR
VINTA CRACKERS
132-225 G, VEGGIE
CRISPS 100 G**
SELECTED VARIETIES
20774684001_EA
21520682_EA



**SAVE
UP TO 19%
\$2**

Get
200
pts

**PC[®] SMOKED MUSSELS
OR CLOVER LEAF
SMOKED OYSTERS**
SELECTED VARIETIES, 85 G
20618779_EA/21193896_EA



**SAVE
.80**

3⁴⁹

**VOORTMAN
COOKIES OR
WAFERS**
SELECTED VARIETIES
142-320 G
20318935004_EA
20315935011_EA



3⁵⁰

**CHEEZ-IT[®]
OR SNAP[®]D
CRACKERS**
213/352 G OR
TOWNHOUSE
CRACKERS
247-391 G
SELECTED VARIETIES
21449846_EA/21425132_EA



2/\$10
OR 6.49 EA

**BLUE
DIAMOND
ALMONDS**
SELECTED VARIETIES
170 G
20500386004_EA
21237370_EA



GOBBLE UP THESE SAVINGS

Find great deals on all the fixin's for Thanksgiving.



2⁹⁹
LB
6.59/KG

GRADE A OR UTILITY TURKEYS
ALL AVAILABLE SIZES AND VARIETIES
FROZEN
21504878_KG/21561085_KG

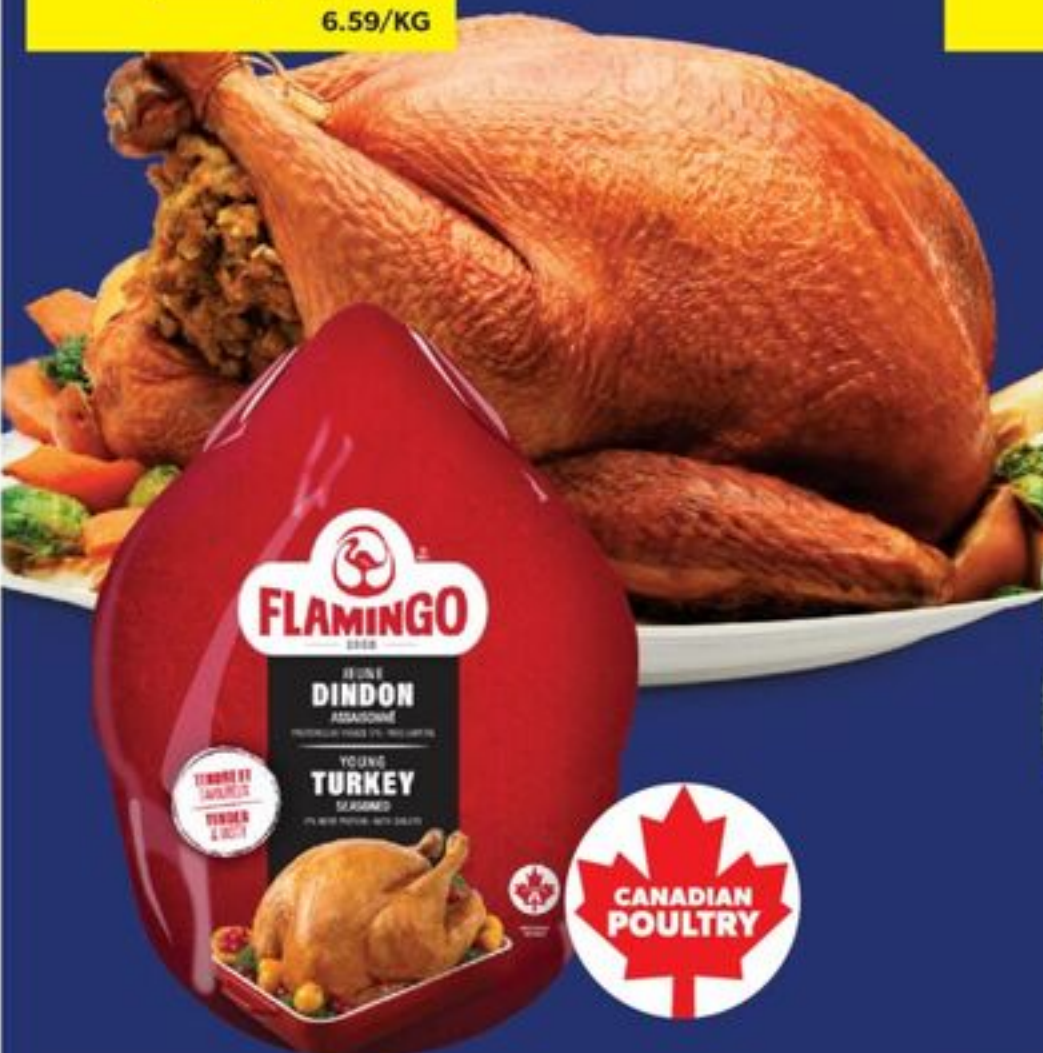
\$5

NO NAME[®] NATURALLY IMPERFECT[™] BRUSSELS SPROUTS
PRODUCT OF NETHERLANDS OR U.S.A., 680 G
21619566001_EA

SAVE 30%

69¢
LB
1.52/KG

GREEN CABBAGE
PRODUCT OF ONTARIO
20793034001_KG



SAVE 1.24

1²⁵

KRAFT STOVE TOP STUFFING
SELECTED VARIETIES, 120 G
20009598001_EA/20310507001_EA

SAVE 49%

1⁵⁰

OCEAN SPRAY CRANBERRY SAUCE
SELECTED VARIETIES, 348 ML
20022893001_EA/20022893002_EA

SAVE 29%

1⁹⁷

DOLE PINEAPPLE
SELECTED VARIETIES, 398 ML
20136767001_EA/20136767002_EA



Get **4,000** pts

\$4 back in points

BUY 1

FAMILY SIZE SALAD
SELECTED VARIETIES
14.00-16.00
20972499_EA

+ RENEE'S SALAD DRESSING OR VINAIGRETTE

SELECTED VARIETIES
350/355 ML
7.00
20012865_EA
20314592_EA



\$4

HOT CROSS BUNS
BAKED IN-STORE
8'S
21738962_EA



PREPARED IN CANADA

Get **1,000** pts

\$1 back in points

When you buy 4

SWISS CHALET GRAMY OR DIPPING SAUCE 284 ML OR **ST HUBERT SAUCE** 398 ML
SELECTED VARIETIES
20322135003_EA
21080165_EA



PREPARED IN CANADA

3⁵⁰

TIM HORTONS LOADED SOUP
SELECTED VARIETIES, 540 ML
21762095_EA/21762123_EA



NEW

1⁵⁰

SWISS CHALET, THE KEG OR EAST SIDE MARIO'S SAUCE, GRAVY OR SEASONING MIXES
SELECTED VARIETIES, 20-52 G
21062124_EA/21687775_EA



2⁹⁹

PC[®] OR BLUE MENU[®] SALAD DRESSINGS
475 ML OR **PC[®] CROUTONS**
140 G
SELECTED VARIETIES
20628488009_EA/20796248001_EA



SAVE 1.00

\$5

PC[®] OR BLUE MENU[®] MAYONNAISE
SELECTED VARIETIES
750/890 ML
20301438_EA/20769626_EA



4⁹⁹

STRUB'S PICKLES
STRUB'S PICKLES, 1L
21745348_EA/21745450_EA



SAVE 41%

2⁵⁰

NO NAME[®] ALUMINUM FOIL 50' **PARCHMENT PAPER** 10 M OR **PLASTIC WRAP** 60 M
SELECTED VARIETIES
21119987_EA/21375917_EA



6⁴⁹

NO NAME[®] 1 PLY NAPKINS
500'S
20306897_EA



CLUB SIZE

PREPARED IN CANADA

GOBBLE UP THESE SAVINGS

Find great deals on all the fixin's for Thanksgiving.



\$3

NO NAME® FLOUR
SELECTED VARIETIES, 2.5 KG
20013256_EA/21030802_EA



Get
3,500
pts

For every \$10* spent

\$3.50
back in points

FLEISCHMANN'S PRODUCTS
SELECTED VARIETIES
21-454 G
20167295_EA/20604833_EA



Optimum™



\$4

TENDERFLAKE LARD OR CRISCO SHORTENING
SELECTED VARIETIES, 454 G
20027695_EA/21475300_EA



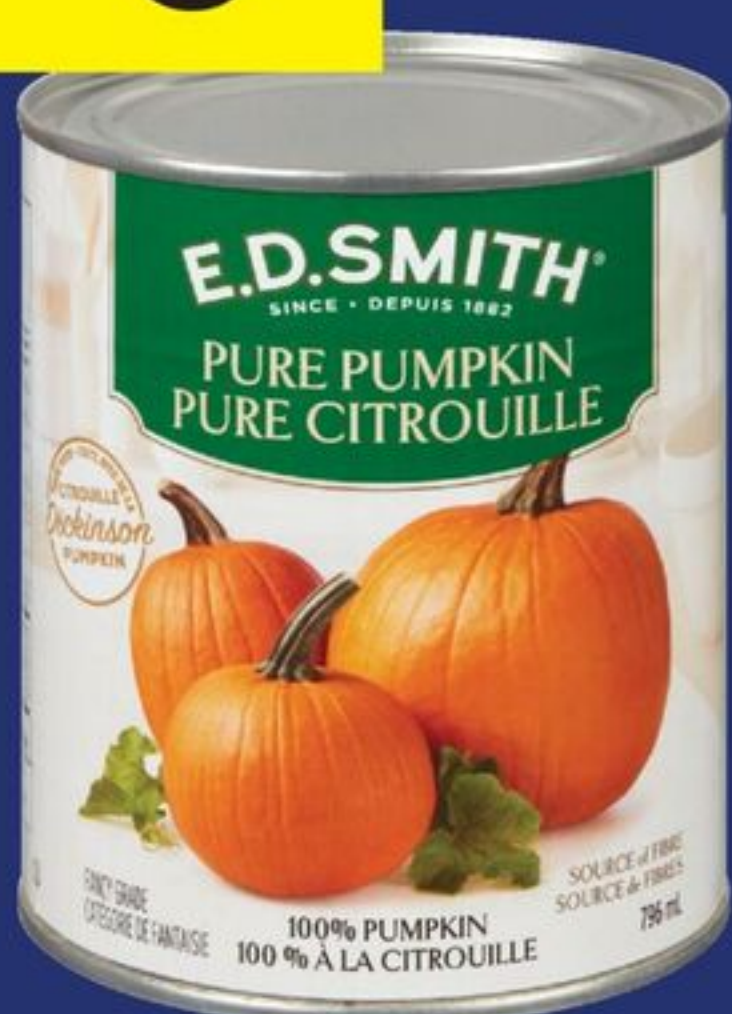
5.50

E.D. SMITH PIE FILLING
SELECTED VARIETIES, 540 ML
20297753001_EA/21718962_EA



\$6

E.D. SMITH PURE PUMPKIN
796 ML
20022361_EA



1.49

JELL-O JELLY POWDER OR PUDDING MIX
SELECTED VARIETIES, 9.1-113 G
20307001001_EA/20307001002_EA



\$5

PC® THE DECADENT® CHOCOLATE CHIPS OR CHUNKS
SELECTED VARIETIES, 226-300 G
20011473_EA/20430272_EA



SAVE 1.99

\$10

ROBERTSON'S MINCEMEAT
635 ML
21334858_EA



UP TO 25% OFF
4.49-5.99 AFTER SAVINGS

ELAN ORGANIC NUTS, SEEDS OR SNACK MIXES
SELECTED VARIETIES, 125-200 G
21306141_EA/21306310_EA



1.79

GATORADE FIERCE, FROST OR ZERO SPORTS DRINK
SELECTED VARIETIES
710 ML
20305775003_EA
21357035_EA



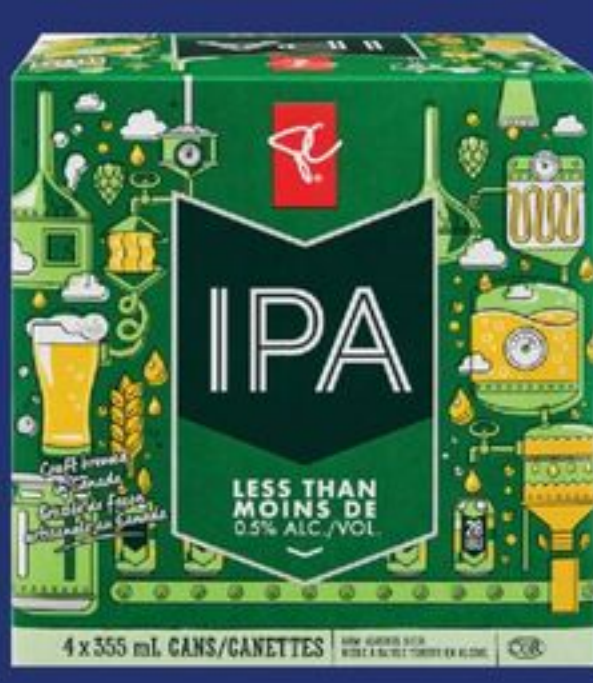
1.50

PC® SOFT DRINKS
SELECTED VARIETIES
2 L
20311645004_EA
20311645012_EA



\$6

PC® CRAFT BREWED 0.5% LOW-ALCOHOL BEER
SELECTED VARIETIES
4X355 ML
21589335_C04



\$6

COCA-COLA SOFT DRINKS
SELECTED VARIETIES
6X710 ML
20313741001_C06
20313741002_C06



9.99

PARTAKE NON-ALCOHOLIC BEER
SELECTED VARIETIES
6X355 ML
21723857_C06
21723884_C06



7.99

NESTEA ICED TEA
SELECTED VARIETIES
12X341 ML
21689167_C12



SAVE 2.00

9.99

ATHLETIC BREWING NON-ALCOHOLIC BEER
SELECTED VARIETIES
6X355 ML
21538122_C06
21538144_C06



SAVE 1.00

\$10

GUINNESS NON-ALCOHOLIC DRAUGHT BEER
4X440 ML
21567137_C04



GOBBLE UP THESE SAVINGS

Find great deals on all the fixin's for Thanksgiving.



SAVE 2.24

11⁷⁵

OLYMPIC ORGANIC YOGURT
SELECTED VARIETIES, 1.75 KG
20001888_EA/20588444001_EA

OLYMPIC ORGANIC

PREPARED IN CANADA

\$29

GOOD PROTEIN ALL-IN-ONE SHAKES
SELECTED VARIETIES, 440 G
21691723_EA/21691741_EA

goodprotein

All-In-One Shake
Boisson tout-en-un

PREPARED IN CANADA

SAVE 49%

3⁷⁵

PC ORGANICS KOMBUCHA
SELECTED VARIETIES, 473 ML
2182850_EA

Organics Biologique

KOMBUCHA

raspberry hibiscus
framboises et hibiscus

SAVE 15%

4²⁵

PC ORGANICS PASTA SAUCE
SELECTED VARIETIES, 700 ML
20085773001_EA

Organics

TOMATO & BASIL

PREPARED IN CANADA

FROM 10⁴⁹
10.49-19.99

NATURE CLEAN DISHWASHER GEL 1.8 L
OR PODS 60'S
SELECTED VARIETIES
20296035_EA/20914501_EA

nature clean

98% natural dishwasher gel
savon naturel

PREPARED IN CANADA

\$5

FREEYUMM SOFT BAKED COOKIES OR OAT BARS
135-154 G
21048240_EA/21048241_EA

Freeyumm

BLUEBERRY SOFT BAKED BARS
Dairy-Free • Nut-Free • Gluten-Free

PREPARED IN CANADA

\$5

TRADITIONAL MEDICINALS TEA
SELECTED VARIETIES, 16'S
21397740_EA/21398063_EA

TRADITIONAL MEDICINALS

ORGANIC Spearmint
Aromatic, Minty & Sweet

PREPARED IN CANADA

UP TO 15% OFF
5.09-8.49 AFTER SAVINGS

BOB'S RED MILL OATS
SELECTED VARIETIES, 454-907 G
21127426_EA

Bob's Red Mill

ROLLED OATS FLOCONS D'AVOINE
OLD FASHIONED / À L'ANCIENNE

PREPARED IN CANADA

\$16

LEVEL GROUND COFFEE
SELECTED VARIETIES, 300 G
21407270_EA

level ground

PERU PÉROU
SWEET CITRUS, CHOCOLATE, TOASTED PEANUT
AROMES D'ORANGE, CHOCOLAT, NOIX TÔTÉES

PREPARED IN CANADA

\$18

ORGANIC TRADITIONS SUPERFOOD LATTES & MUSHROOM COFFEE
SELECTED VARIETIES, 140/150 G
21222515_EA

organic traditions

Superfoods

Matcha Latte Latté au matcha

PREPARED IN CANADA

\$5

OZERY FAMILY BAKERY SUPER SEED CRUNCH
SELECTED VARIETIES, 150 G
21417272_EA/21417363_EA

SeedWise

Super Seed Crunch KETO BARS

PREPARED IN CANADA

21⁹⁹

LARABAR ENERGY BARS
SELECTED VARIETIES, 16 X 45/48 G
20031362001_C16/20031362009_C16

LARABAR

APPLE • POMME

CHOCOLATE CHIP • PÊTES DE CHOCOLAT

PREPARED IN CANADA

7⁵⁰

PC ORGANICS FROZEN FRUIT
SELECTED VARIETIES
FROZEN, 600 G
20431483003_EA
21023573_EA

Organics Biologique

PREPARED IN CANADA

SAVE UP TO 1.49

7⁵⁰

Get 2,000 (pts)

Optimum

QUEEN ST. BAKERY GLUTEN FREE BREAD 480-520 G OR BAGELS 464 G, HAMBURGER BUN 360 G OR MUFFIN 432/480 G
SELECTED VARIETIES, FROZEN
21411425_EA
21575964_EA

QUEEN ST. BAKERY

Chia & Flax Seed

PREPARED IN CANADA

SAVE 2.99

\$10

SWERVE ZERO CALORIES SWEETENER
SELECTED VARIETIES
340 G
21036619_EA
21189523_EA

Swerve

ICING / GLAÇAGE
ZERO CALORIES SWEETENER
SUCRÉFANT ZÉRO CALORIE

PREPARED IN CANADA

SAVE 16%

2⁵⁰

BIOITALIA ORGANIC GRISSINI
SELECTED VARIETIES
120 G
21690045_EA
21690075_EA

Bioitalia

Organic Grissini

PREPARED IN CANADA

^{††} From October 1-7, 2026, at across 4,500+ locations in Canada, the PC Optimum™ Moredays™ event will provide PC Optimum™ members with the opportunity to earn PC Optimum™ points through special offers and promotions across locations where PC Optimum™ points can be earned. For a list of participating locations and complete program details, please visit www.pcoptimum.ca/Moredays. *Spend \$300 or more in-store or through PC Express™ online pick up before applicable taxes in a single transaction at any Real Canadian Superstore™ location and receive a free Reynolds cooking essentials box. Excludes purchase of tobacco, alcohol products, prescriptions, gift cards, phone cards, lottery tickets, joefresh.com, all third party operations (post office, gas bars, dry cleaners, etc.) and any other products which are provincially regulated. The retail value of up to \$25.00 will be deducted from the total amount of your purchase before sales taxes are applied. Limit one coupon per family and/or customer account. No cash value. Cannot be combined with any other coupons or promotional offers. No substitutions, refunds or exchanges on free item 21595960_EA. **FRESH PROMISE:** Applicable to eligible fresh produce items purchased at Real Canadian Superstore locations or online at realcanadiansuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Canadian Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. **Quantities and/or selection (flavour, colour, patterns, style of items may be limited and may not be available in all stores.** No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. **Advertised regular price and product selection may vary by store location.** We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to any savings claims (ie. "Save", "Was", "1/2 Price", etc.), is in comparison to our lowest regular retail prices at Real Canadian Superstore locations in Ontario. **Savings on items shown may vary in each store location.** Applicable taxes are extra. Customer is responsible for the payment of any applicable deposit or product/packaging recycling fee that may apply. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase. ^{®/™} The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. ©2026 Loblaws Inc. Please recycle. **"We'll match prices if you show us a lower advertised price"** means that if a major supermarket competitor, advertises a lower price on any identical item we carry in store, show us the original print copy or official digital advertisement and we will sell you that item, up to a limit of four (4) units per item, at that same price but only during the effective dates of that competitor's advertisement. See in-store for a list of current competitors we match against. Identical items are defined as same brand, item type (in the case of unbranded produce, meat and bakery), size and attributes and carried at this store location. **We will not match:** competitor's private label offers on non-identical items, "spend x get x", Offer on liquor, "Free", "Clearance", discounts or coupons obtained through loyalty programs including PC Optimum™, PC Optimum Member Only Pricing, participating items under the Save It Forward™ program timeframe, or offers related to our third party operations (post office, gas bars, dry cleaners, etc.). We reserve the right to refuse to match a competitor's item price if their advertising contains errors, typos or misprints or is subject to a correction notice. We reserve the right to identify the major supermarket competitor(s) for each Real Canadian Superstore location. The program will only apply if competitor's advertising is complete with all relevant information including but not limited to size and price, effective dates, format/weight identified, and in the format specified as either in print or from an official digital source (such as the competitor's online flyer or website). In no circumstances will the program apply to offers relating to our third-party operations or where prohibited by local, provincial or federal laws or regulations. Major supermarket competitors and geographical trade areas are determined solely by us and are based on a number of factors which can change from time to time. We reserve the right to cancel or change the terms of this program at any time. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pcoptimum.ca. No cash value. See pcoptimum.ca for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions or any adjustments on previous purchases. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. Please see in-store or online at superstore.ca for your particular store's hours. [#]PRICE DROP offer valid in-store at participating locations between 24 September to 14 October, 2026 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



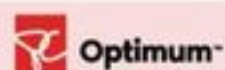
Get more on

More savings, more deals, more points

This week only! October 1-7**

More days
Moredays
Moredays
Moredays
Moredays

App exclusive offer



\$8

Get
2,000
pts

\$2
back in
points

NO NAME[®] NATURALLY IMPERFECT[™] APPLES

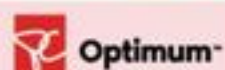
PRODUCT OF ONTARIO, NO 2 GRADE, 6 LB

20868985001_EA

*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.



App exclusive offer



Members Price^{**}
\$6

Non-Members
750

Members
Save
\$150

PC[®] SPLENDIDO[®] SLICED MEATS

SELECTED VARIETIES, 100 G

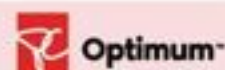
21049131_EA/21049396_EA

**Must be a registered PC Optimum[™] member to load and get this offer.

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App exclusive offer



Members Price^{**}
\$8

Non-Members
999

Members
Save
\$199

SEAQUEST[®] COLOSSAL PACIFIC WHITE SHRIMP RAW ZIPPERBACK[®]

FROZEN

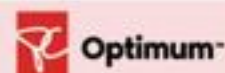
16-20/LB, 300 G

21043887_EA

**Must be a registered PC Optimum[™] member to load and get this offer.
*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.



App exclusive offer



Get
2,000
pts

\$2
back in
points

NO NAME[®] CREAM CHEESE

SELECTED VARIETIES

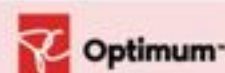
227/250 G

20308105001_EA

*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.



App exclusive offer



Get
6,000
pts

\$6
back in
points

When you
spend \$15*

ACTIVIA[®] YOGURTS 100 - 1140 G OR ACTIVIA DRINKS 93 ML

SELECTED VARIETIES

20325132003_EA/20419715004_EA

*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.



App exclusive offer



Get
4,000
pts

\$4
back in
points

BETTY CROCKER CAKE, BROWNIE, COOKIE OR MUFFIN MIXES OR FROSTING

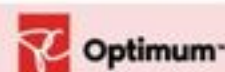
SELECTED VARIETIES, 184-550 G

20694464001_EA/21547838_EA

*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.



App exclusive offer



Get
12,000
pts

\$12
back in
points

When you
spend \$25*

WHISKAS[®] WET CAT FOOD

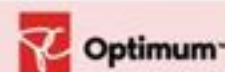
SELECTED VARIETIES, 75 G-2.7 KG

21160998_EA/21753104_EA

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App exclusive offer



Get
3,500
pts

\$350
back in
points

For every \$8*
spent

HALLS[®] LOZENGES

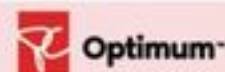
SELECTED VARIETIES
AND SIZES, 25-30'S

20315680001_EA

*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.



App exclusive offer



Get
9,000
pts

\$9
back in
points

For every \$25*
spent

CREST[®] 3D WHITE TOOTHPASTE, WHITESTRIPS OR MOUTHWASH

SELECTED VARIETIES AND SIZES

21479017_EA/21506706_EA

*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.



Moredays
Moredays
Moredays

Optimum[™]
Moredays[™]

App exclusive

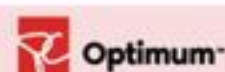
Earn up to 30 pts in
per litre (3c/L) pts

Reveal your exclusive mystery offer in the App,
then fuel up at Esso[™] or Mobil[™] stations!

October 1-4, 2026.



App exclusive offer



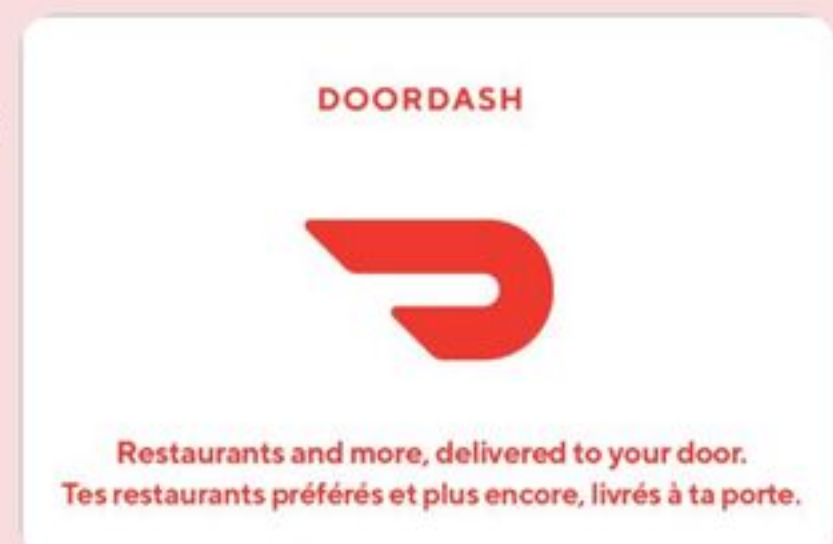
Get
7,500
pts

\$750
back in
points

For every \$50*
spent

DOORDASH GIFT CARDS

*Open your PC Optimum[™] app or visit pcoptimum.ca to get the offer.



OFFER VALID IN-STORE ONLY. SUBJECT TO AVAILABILITY; SELECTION MAY VARY BY REGION AND STORE. PLEASE CHECK YOUR LOCAL STORE FOR AVAILABILITY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. SEE GIFT CARD FOR DETAILS, TERMS & CONDITIONS. OFFER APPLIES TO EVERY \$50 SPENT ON DOORDASH GIFT CARDS IN A SINGLE TRANSACTION AT ANY PARTICIPATING LOBLAW BANNER GROCERY STORES. OFFER NOT AVAILABLE AT SHOPPERS DRUG MART OR PHARMAPRIX LOCATIONS. CANNOT BE COMBINED WITH ANY OTHER GIFT CARD OFFERS. NOT VALID ON PRIOR PURCHASES. PC OPTIMUM POINTS CANNOT BE REDEEMED TOWARD THE PURCHASE OF GIFT CARDS. MUST BE A REGISTERED PC OPTIMUM MEMBER. ALL TRADEMARKS ARE THE PROPERTY OF THEIR RESPECTIVE OWNERS.

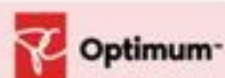


Get more on

More savings, more deals, more points

This week only! October 1-7**

More days
More days
More days
More days
More days



\$8

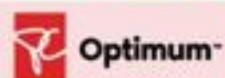
Get
1,500
pts

\$150
back in
points

PC® APPLE CIDER
PRODUCT OF CANADA
SELECTED VARIETIES
3 L
20000005_EA
21054423_EA



App exclusive offer



\$4

Get
1,000
pts

\$1
back in
points

**PC® LITTLE GEMS™ RED, YELLOW
OR MINI MIXED POTATOES**
PRODUCT OF CANADA
680 G
21247299001_EA
21247300001_EA
*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.

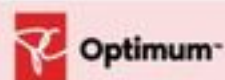


Members Price**
\$3

Non-Members
\$4

Members
Save
\$1

**SCHNEIDERS LUNCH
OR SNACK KITS**
SELECTED VARIETIES, 75-120 G
21120967_EA/21310034_EA
**Must be a registered PC Optimum™
member to load and get this offer.

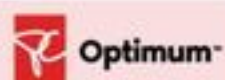


Members Price**
6⁵⁰

Non-Members
\$8

Members
Save
\$150

**PC® PORK
SAUSAGE**
SELECTED VARIETIES
375/500 G
21584308_EA
21584342_EA
**Must be a registered PC
Optimum™ member to
load and get this offer.



\$9

Get
2,000
pts

\$2
back in
points

**ST. HUBERT OR SWISS
CHALET PIES OR
DINNERS**
SELECTED VARIETIES
FROZEN, 650-800 G
20719334_EA/21047194_EA

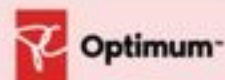


Members Price**
\$6

Non-Members
7⁴⁹

Members
Save
\$149

SEAQUEST® FROZEN BAY SCALLOPS
400 G
21558527_EA
**Must be a
registered PC
Optimum™
member to load
and get this offer.



Members Price**
\$11

Non-Members
\$14

Members
Save
\$3

**PC® BAY OF FUNDY SLICED
SMOKED ATLANTIC SALMON**
FROZEN, 150 G
20108286_EA
**Must be a registered PC
Optimum™ member to load
and get this offer.



Members Price**
\$3

Non-Members
3⁵⁰

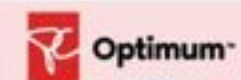
ACE BAKERY BAGUETTE
SELECTED VARIETIES
BAKED IN-STORE, 350-400 G
20171717_EA/20354747_EA
**Must be a registered PC Optimum™
member to load and get this offer.



Members Price**
\$3

Non-Members
3⁷⁵

**HOSTESS
CAKES**
SELECTED VARIETIES
202/206 G
21283746_EA
21283752_EA
**Must be a registered PC
Optimum™ member to
load and get this offer.

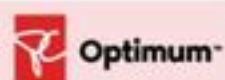


4⁵⁰

Get
1,000
pts

\$1
back in
points

**DEMPSTER'S PROTEIN
BREAD, BAGELS OR
TORTILLAS**
SELECTED VARIETIES, 330-600 G
21716100_EA/21716170_EA/21716247_EA



\$9

Get
1,000
pts

\$1
back in
points

**BAKER BOYS GOURMET
CINNAMON ROLLS**
840 G
21446869_EA

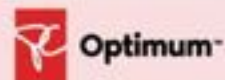
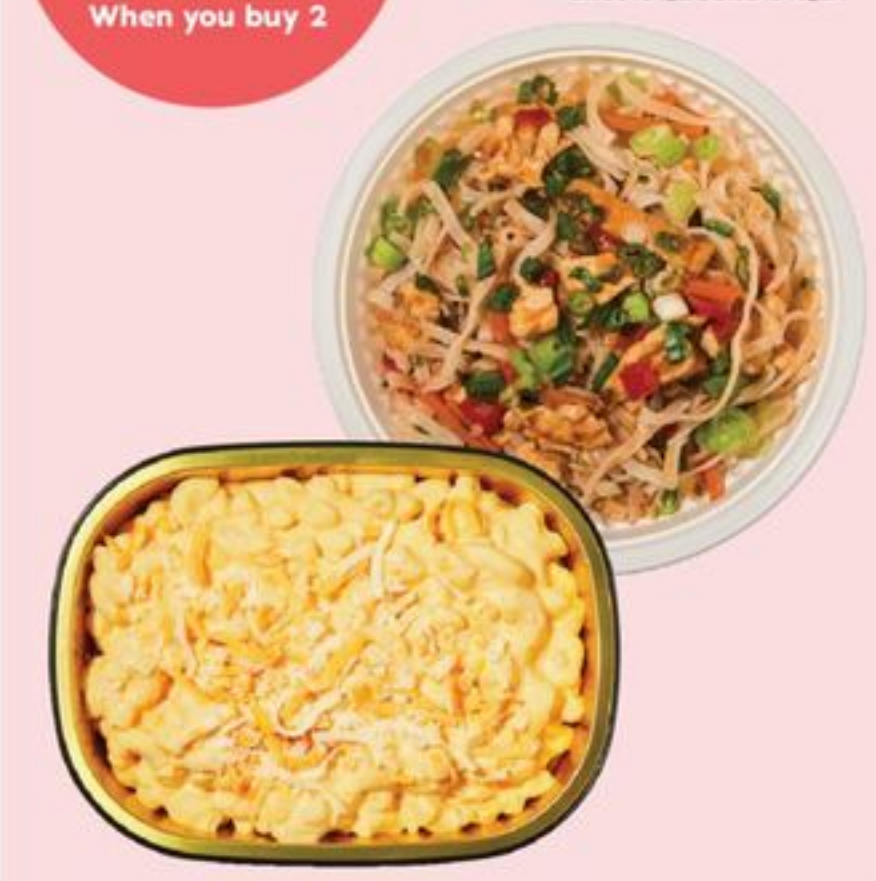


Get
3,000
pts

When you buy 2

\$3
back in
points

**IN-STORE MADE
SINGLE SERVE
ONE PAN MEALS
OR POWER
BOWLS**
SELECTED VARIETIES
403-570 G
21738434_EA/21624548_EA

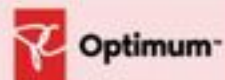


Members Price**
7⁵⁰

Non-Members
8⁵⁰

Members
Save
\$1

PC® FREE FROM® SLICED MEATS
SELECTED VARIETIES, 175 G
20682855_EA/20682966_EA
**Must be a registered PC Optimum™
member to load and get this offer.

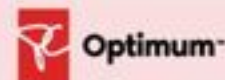


Members Price**
\$12

Non-Members
\$14

Members
Save
\$2

ZIGGY'S® DELI CHEESE SLICES
SELECTED VARIETIES, 500 G
20099585_EA/20318917_EA
**Must be a registered PC Optimum™ member to load and get this offer.



Members Price**
\$23

Non-Members
\$24

Members
Save
\$1

**HORMEL DELI TRAY WITH PEPPERONI
AND GENOA SALAMI**
SELECTED VARIETIES, 850 G
20923281_EA
**Must be a registered
PC Optimum™
member to load
and get this offer.



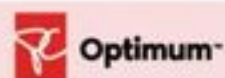


Get more on

More savings, more deals, more points

This week only! October 1-7**

Moredays
Moredays
Moredays
Moredays
Moredays

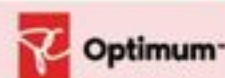


Get
3,000
pts

\$3
back in
points

When you
spend \$10*

**FRENCH'S KETCHUP,
MUSTARD OR
WORCESTERSHIRE
SAUCE** 225 ML-1 L,
**FRANK'S REDHOT
SAUCE** 354/680 ML OR
STUBB'S BBQ SAUCE
450 ML
SELECTED VARIETIES
20034991_EA/20172301001_EA



Members Price**
997

Non-Members
1199

Members
Save
\$2.02

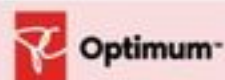
**MINUTE RICE
LONG GRAIN
WHITE RICE**
2.6 KG
20024150_EA
**Must be a registered
PC Optimum™
member to load
and get this offer.



Members Price**
98¢

Non-Members
125

**OLD EL PASO
SEASONINGS**
SELECTED
VARIETIES
24 G
21049495_EA
**Must be a registered
PC Optimum™
member to load
and get this offer.

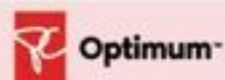


1399

Get
1,000
pts

\$1
back in
points

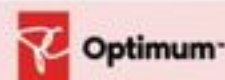
**KRAFT GRATED
PARMESAN CHEESE**
500 G
21528283_EA



SAVE
UP TO 15%
379

Get
750
pts

**PEARL MILLING COMPANY
PANCAKE & WAFFLE MIX**
905 G OR **SYRUP** 710 ML
SELECTED VARIETIES
21384609_EA/21391619_EA

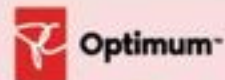


\$11

Get
1,000
pts

\$1
back in
points

**NUTELLA
HAZELNUT
SPREAD**
1 KG
20889082_EA



1099

Get
3,000
pts

\$3
back in
points

When you buy 2

**SUNRYPE
FRUIT SOURCE
FRUIT OR FRUIT AND
VEGGIE BARS**
SELECTED VARIETIES
12X37 G/444 G
20305640001_EA
20305640002_EA



\$4

Get
2,000
pts

\$2
back in
points

When you buy 2

**DARE REALFRUIT
GUMMIES**
SELECTED VARIETIES, 350 G
20550837001_EA/21391767_EA

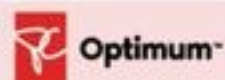
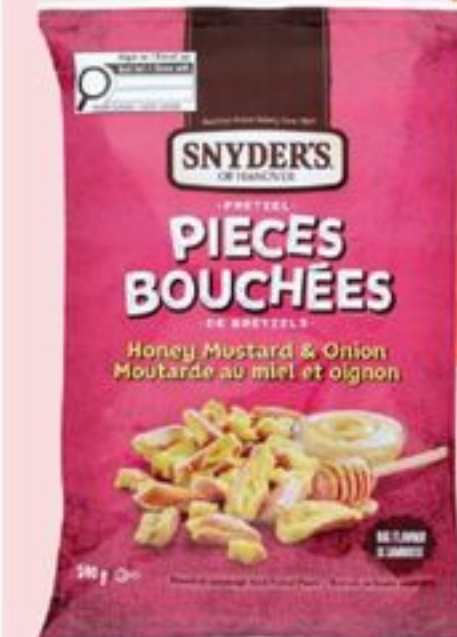


Get
1,000
pts

\$1
back in
points

When you buy 2

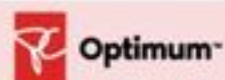
SNYDER'S PRETZELS
SELECTED VARIETIES, 240 G
20316052001_EA/20316052004_EA



\$4

Get
500
pts

**CHRISTIE PEEK FREANS
COOKIES** 275-350 G OR
**CADBURY
FINGERS** 114/125 G
SELECTED VARIETIES
20680329_EA/21631880_EA

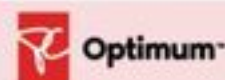


499

Get
1,000
pts

\$1
back in
points

**CHRISTIE PREMIUM
PLUS CRACKERS**
SELECTED VARIETIES, 402-481 G
21109001_EA/21685209_EA

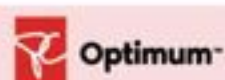


Get
1,000
pts

\$1
back in
points

When you buy 2

**THE SNACK FACTORY
PRETZEL CRISPS** 240 G
OR **SNYDER'S TWISTED
PRETZEL STICKS** 340 G
SELECTED VARIETIES
21650375_EA/21650450_EA



Get
5,000
pts

\$5
back in
points

For every \$10*
spent

**KNORR, OXO, BOVRIL
BOUILLON PRODUCTS,
KNORR SAUCE MIXES
OR GRAVY MIXES**
SELECTED VARIETIES
17-311 G/250 ML
20307866004_EA/20315323_EA



Get
3,500
pts

\$3.50
back in
points

For every \$15*
spent

**ALL CLUB HOUSE OR
MCCORMICK DRY
GRAVY MIX OR
SPICES** 0.5- 312 G,
**FOOD COLOURS
OR EXTRACTS**
28-250 ML
SELECTED VARIETIES
20033636_EA
20302816004_EA



Get
3,000
pts

\$3
back in
points

For every \$15*
spent

**WILTON
CANDY MELTS,
SPRINKLES,
ICING OR BAKING
ACCESSORIES**
SELECTED VARIETIES
9-680 G/1-150'S
20813441_EA/21626637_EA



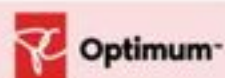


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More days
Moredays
Moredays
Moredays
Moredays

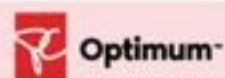


6⁹⁹

Get 2,000 pts

\$2 back in points

SIMPLY ORANGE JUICE
SELECTED VARIETIES
REFRIGERATED
2.25 L
21679478_EA/21679507_EA

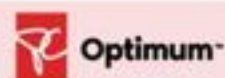


13⁴⁷

Get 2,000 pts

\$2 back in points

iöGO NANÖ DRINKABLE YOGURT
24X93 ML
20881477_EA

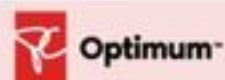


Members Price^{***} 16⁹⁹

Non-Members 20⁹⁹

Members Save \$4

PILLSBURY PIZZA POPS
CLUB PACK, SELECTED VARIETIES
FROZEN, 2.85 KG
21435878_EA/21435897_EA
***Must be a registered PC Optimum™ member to load and get this offer.

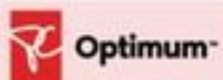


3⁴⁹

Get 1,000 pts

\$1 back in points

PILLSBURY TOASTER STRUDEL OR TOASTER SCRAMBLES PASTRIES
SELECTED VARIETIES
FROZEN, 204-326 G
20172664001_EA/21474507_EA

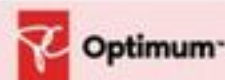


Members Price^{***} 3⁴⁹

Non-Members 4⁴⁹

Members Save \$1

HEALTHY CHOICE GOURMET OR SIMPLY STEAMERS ENTRÉES
SELECTED VARIETIES
FROZEN, 255-298 G
20974538_EA/21406269_EA
***Must be a registered PC Optimum™ member to load and get this offer.



Members Price^{***} 5⁹⁹

Non-Members 10⁴⁹

Members Save \$4.50

HIGH LINER BREADED OR BATTERED FISH
350-700 G OR SHRIMP 315/330 G
SELECTED VARIETIES
FROZEN
2030320001_EA
20572299004_EA
***Must be a registered PC Optimum™ member to load and get this offer.



Get 5,000 pts

\$5 back in points

When you spend \$25*

LAY'S POTATO CHIPS, TOSTITOS TORTILLA CHIPS OR DORITOS TORTILLA CHIPS
SELECTED VARIETIES
177-295 G
2124032_EA
21240913_EA



3⁵⁰

Get 500 pts

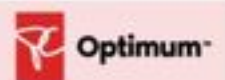
KOOL-AID JAMMERS 10X180 ML,
MIO, CRYSTAL LIGHT, KOOL-AID, TANG, COUNTRY TIME OR KRAFT LIQUID WATER ENHANCERS 48 ML
OR **DRINK MIX** 22-45 G
SELECTED VARIETIES
20663423_EA/20079976006_EA



Members Price^{***} 3⁵⁰

Non-Members 4²⁵

PC® 100% JUICE BLENDS
SELECTED VARIETIES
8X200 ML
21718600_EA
21718947_EA
***Must be a registered PC Optimum™ member to load and get this offer.

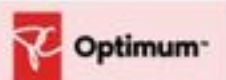


Get 4,000 pts

\$4 back in points

For every \$15* spent

METHOD HOUSEHOLD CLEANERS, DISHWASHING SOAP OR LAUNDRY DETERGENT
SELECTED VARIETIES
21432643_EA
21518332_EA

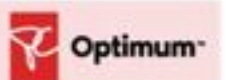


SAVE 12.50 39⁴⁹

Get 5,000 pts

\$5 back in points

VILED A EASY WRING SPIN MOP & BUCKET SYSTEM
20765468_EA



Get 5,000 pts

\$5 back in points

SWIFFER
ALL VARIETIES AND SIZES
21625498_EA/21630025_EA



SAVE 1.99 \$6

Get 1,000 pts

\$1 back in points

TEMPTATIONS CAT TREATS
SELECTED VARIETIES
454 G
21012108_EA
21105449_EA



11⁴⁹

Get 1,000 pts

\$1 back in points

PEDIGREE DENTASTIX, JUMBONE OR MARROBONE DOG TREATS
SELECTED VARIETIES, 500 G-1.9 KG
21081180_EA/21362338_EA



Members Price^{***} 11⁹⁹

Non-Members 13⁹⁹

Members Save \$2

PURINA TIDY CATS LIGHTWEIGHT CAT LITTER
SELECTED VARIETIES, 2.72 KG
21206496_EA
***Must be a registered PC Optimum™ member to load and get this offer.



\$22

Get 3,000 pts

\$3 back in points

BLUE BUFFALO TASTEFULS DRY CAT FOOD
SELECTED VARIETIES
2.2 KG
21360283_EA
21360290_EA



Members Price^{***} \$19

Non-Members 22⁴⁹

Members Save \$3.49

PURINA FANCY FEAST WET CAT FOOD
SELECTED VARIETIES, 24'S
21170917_C01/21170955_C01
***Must be a registered PC Optimum™ member to load and get this offer.



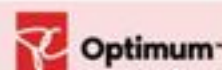


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More days
Moredays
Moredays
Moredays
Moredays

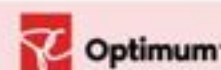


Get
10,000
pts

When you
spend \$40*

\$10
back in
points

**PHILIPS SONICARE OR
PHILIPS ONE POWER
TOOTHBRUSH OR
REFILL HEADS, PHILIPS
ELECTRIC SHAVE**
SELECTED VARIETIES
21088527_EA/21526617_EA

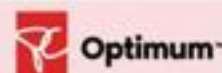


Get
3,000
pts

For every \$15*
spent

\$3
back in
points

**LISTERINE
MULTIBENEFIT 1L OR
CLINICAL SOLUTIONS
500 ML MOUTHWASH**
SELECTED VARIETIES
20701283_EA/21658957_EA

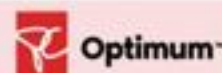


Get
8,000
pts

When you buy 2

\$8
back in
points

**SCHICK RAZOR
CARTRIDGES**
SELECTED VARIETIES, 6-12'S
20170814_EA/21047655_EA



UP TO
20%
OFF
13.59-14.79
AFTER SAVINGS

Get
5,000
pts

When you buy 2

\$5
back in
points

**GILLETTE FUSION OR
VENUS COMFORT
GLIDE RAZOR 1'S OR
SHAVE OIL 227 ML**
SELECTED VARIETIES
21086638_EA/21093148_EA



Get
5,000
pts

When you buy 2

\$5
back in
points

**DDROPS LIQUID
VITAMIN DROPS**
SELECTED VARIETIES, 1.7-7.5 ML
20034059_EA/20119732_EA

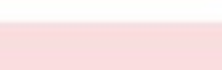


Get
5,000
pts

When you
spend \$25*

\$5
back in
points

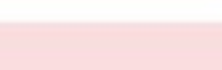
**JAMIESON VITAMINS
OR SUPPLEMENTS**
SELECTED VARIETIES
AND SIZES
20311899_EA/216889313_EA



Get
3,000
pts

\$3
back in
points

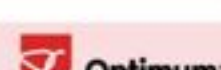
NIXIT CONDOMS
12-24'S OR
LUBRICANTS 118 ML
SELECTED VARIETIES
21593714_EA/21722231_EA



UP TO
15%
OFF
8.49-25.49
AFTER SAVINGS

Get
500
pts

**ASTROGLIDE
LUBRICANT**
SELECTED VARIETIES
71-113 G/73-148 ML
20308165_EA/21432329_EA



Get
3,000
pts

When you
spend \$10*

\$3
back in
points

**ELASTOPLAST
BANDAGES**
SELECTED VARIETIES AND SIZES
21011794_EA/21362065_EA



Get
8,000
pts

When you
spend \$20*

\$8
back in
points

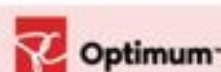
**TYLENOL COUGH
AND COLD OR
TYLENOL PAIN
PRODUCTS**
SELECTED VARIETIES
AND SIZES
20040611_EA/20129494001_EA



Get
3,000
pts

\$3
back in
points

**ALWAYS
DISCREET
UNDERWEAR
OR PADS**
SELECTED VARIETIES
AND SIZES
21189640_EA/21671529_EA



Get
2,000
pts

\$2
back in
points

**U BY KOTEX
LINERS 80-129'S,
PADS 24-44'S OR
TAMPONS 30/32'S**
SELECTED VARIETIES
21719540_EA/21719858_EA



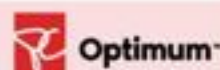


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More days
More days
More days
More days
More days



Get
4,000
(pts)

When you
spend \$15*

**METHOD HAIR CARE,
BODY WASH, SOAP OR
DEODORANT**
SELECTED VARIETIES
AND SIZES, 502-828 ML
20436517001_EA/21647711_EA

\$4
back in
points

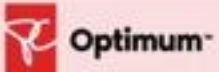


Get
10,000
(pts)

When you buy 2

NIOXIN HAIR KITS
SELECTED VARIETIES AND SIZES
21597693_EA

\$10
back in
points

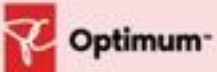


Get
10,000
(pts)

When you
spend \$25*

\$10
back in
points

**MARC ANTHONY
OR CAKE HAIR
CARE**
SELECTED VARIETIES
AND SIZES
20846044_EA/20945805_EA

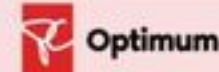


Get
3,000
(pts)

When you buy 2

\$3
back in
points

**GÖT2B
HAIR CARE**
SELECT VARIETIES
AND SIZES
21707075_EA/21708540_EA

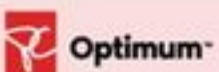


\$8

Get
3,000
(pts)

\$3
back in
points

NATURAL INSTINCTS HAIR COLOUR
SELECTED VARIETIES
21164877_EA/21165376_EA



\$5

LIMIT 4, OVER LIMIT
PAY 6.29 EA

Get
5,000
(pts)

When you
spend \$15*

\$5
back in
points

**ST. IVES SKINCARE
PRODUCTS**
SELECTED VARIETIES
AND SIZES
21086101_EA
21429055003_EA

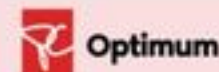


Get
5,000
(pts)

When you buy 2

\$5
back in
points

**CETAPHIL
CLEANSERS OR
MOISTURIZERS**
SELECTED VARIETIES
AND SIZES
20079867002_EA
20141041_EA

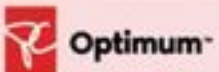


Get
3,000
(pts)

When you buy 2

\$3
back in
points

**SCHWARZKOPF
KERATIN OR
GÖT2B HAIR
COLOUR**
SELECTED VARIETIES
21362208_EA/21658159_EA



UP TO
20%
OFF

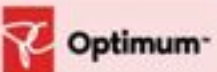
9.59-31.99
AFTER SAVINGS

Get
4,000
(pts)

When you
spend \$20*

\$4
back in
points

**EUCERIN OR AQUAPHOR
BODY CARE
PRODUCTS**
SELECTED VARIETIES
AND SIZES
21085698_EA
21707592_EA

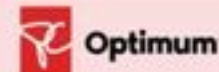


Get
5,000
(pts)

When you
spend \$25*

\$5
back in
points

**BIORÉ FACE CARE
PRODUCTS**
SELECTED VARIETIES
AND SIZES
21544454_EA/21571518_EA

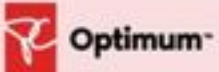


Get
8,000
(pts)

When you
spend \$30*

\$8
back in
points

**NIVEA LUMINOUS
FACE CARE PRODUCTS**
SELECTED VARIETIES AND SIZES
21572051_EA/21572499_EA

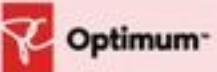


Get
5,000
(pts)

When you buy 2

\$5
back in
points

**DOVE BODY
WASH 452-547 ML,
BODY SCRUB
425 G OR DOVE
MEN+ CARE
NATURALS BODY
WASH 532 ML OR
BAR SOAP 141 G**
SELECTED VARIETIES
21638400_EA/21713889_EA



5⁵⁰

LIMIT 4, OVER LIMIT
PAY 5.79 EA

**DOVE BASE
DEODORANT OR
ANTIPERSPIRANT**
SELECTED VARIETIES
45/74G
20188212001_EA
20302753001_EA



Get
6,000
(pts)

When you
spend \$15*

\$6
back in
points

**AXE FINE
FRAGRANCE
COLLECTION
PREMIUM BODY
SPRAY 113 G OR
DEODORANT 85 G,
BODY WASH 532 ML**
SELECTED VARIETIES
21580657_EA/21638474_EA



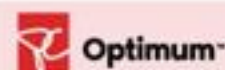


Get more on

More savings, more deals, more points

This week only! October 1-7**

Moredays
Moredays
Moredays
Moredays
Moredays

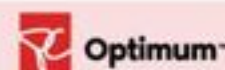


Get
20,000
pts

When you
spend \$100*

\$20
back in
points

NINJA APPLIANCES
21470012_EA/21653741_EA

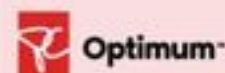


Get
10,000
pts

When you
spend \$50*

\$10
back in
points

**CUISINART
APPLIANCES**
SELECTED VARIETIES
21342804_EA/21353955_EA



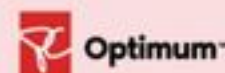
\$110

LIMIT 2, OVER LIMIT
PAY 125.00 EA

Get
20,000
pts

\$20
back in
points

**KEURIG K-EXPRESS
COFFEE MAKER**
SELECTED VARIETIES
21470463_EA



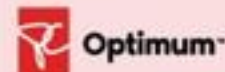
Members Price**
\$100

Non-Members
\$140

Members
Save
\$40

PC® TEXTURED NON STICK COOKWARE SET
21136783_EA

**Must be a registered PC Optimum™ member to load and get this offer.



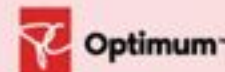
Members Price**
\$44

Non-Members
\$59

Members
Save
\$15

**EVERYDAY ESSENTIALS™
NON-STICK COOKWARE SET**
8-PIECE
21425511_EA

**Must be a registered PC Optimum™ member to load and get this offer.



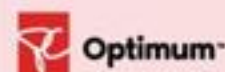
Members Price**
\$120

Non-Members
\$155

Members
Save
\$35

**STARFRIT THE ROCK
8 PIECE FORGED
COOKWARE SET**
20952965_EA

**Must be a registered PC Optimum™ member to load and get this offer.



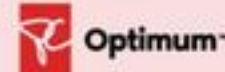
Members Price**
\$10

Non-Members
\$15

Members
Save
\$5

**PC® ALLERGY DEFENSE
PILLOW**
21639133_EA

**Must be a registered PC Optimum™ member to load and get this offer.



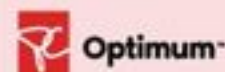
Members Price**
\$90

Non-Members
\$150

Members
Save
\$60

**LIFE AT HOME™
6' FAUX POTTED TREES**
SELECTED VARIETIES
21737137_EA/21737842_EA

**Must be a registered PC Optimum™ member to load and get this offer.



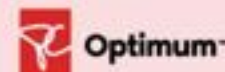
Members Price**
\$20

Non-Members
\$30

Members
Save
\$10

**LIFE AT HOME™
50 PACK
FELT HANGERS**
21012347_EA

**Must be a registered PC Optimum™ member to load and get this offer.



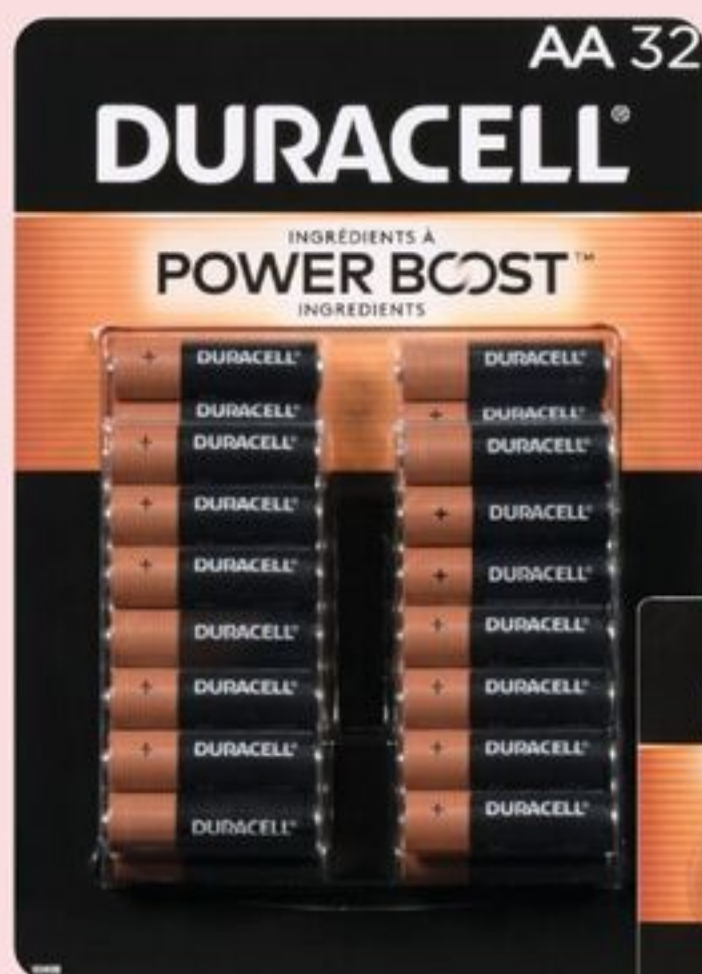
Get
10,000
pts

When you
spend \$30*

\$10
back in
points

DURACELL BATTERIES
SELECTED VARIETIES
21696877_EA/21696924_EA

*CUSTOMER IS RESPONSIBLE FOR THE PAYMENT OF ANY APPLICABLE MUNICIPAL AND/OR PROVINCIAL DEPOSIT OR PRODUCT/PACKAGING RECYCLING FEE THAT MAY APPLY.



* Please note that not all items are available in all stores.

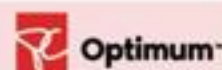


Get more on

More savings, more deals, more points

This week only! October 1-7**

Moredays
Moredays
Moredays
Moredays
Moredays



Get
10,000
pts

\$10
back in
points

When you
spend \$50*

**LEGO DUPLO, CLASSIC,
CITY, BLUEY, GABBY OR
CREATOR SETS**
SELECTED VARIETIES
21642041_EA/21702971_EA

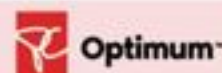


\$45

Get
10,000
pts

\$10
back in
points

**HOT WHEELS CITY
SHARK CHOMP BEACH
TRACKSET**
21709713_EA

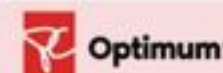


\$40

Get
10,000
pts

\$10
back in
points

**BARBIE SPARKLE
RAINBOW HAIR DOLL**
21709667_EA



Get
5,000
pts

When you buy 3

**MINECRAFT
MINI MINING
BLIND CAPSULES**
21609126_EA



Members Price**
\$40

Non-Members
\$50

Members
Save
\$10

**F.A.O SCHWARZ
ULTIMATE MAKEUP
ARTIST PALETTE KIT**
21671541_EA
**Must be a registered PC Optimum™ member to load and get this offer.

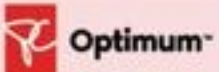


Members Price**
\$45

Non-Members
\$55

Members
Save
\$10

**SHARPER IMAGE
RC PORSCHE
TAYCAN**
1:20 SCALE
21752597_EA
**Must be a registered PC Optimum™ member to load and get this offer.

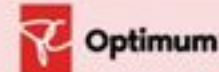


Members Price**
\$25

Non-Members
\$28

Members
Save
\$3

**ZURU MINI BRANDS
REALLY WORKS
VINYL PLAYSET
SERIES 1**
21747569_EA
**Must be a registered PC Optimum™ member to load and get this offer.

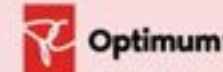


Members Price**
\$9

Non-Members
\$12

Members
Save
\$3

**MINI BRANDS
MINI VINYL
CAPSULE SERIES 1**
21747570_EA
**Must be a registered PC Optimum™ member to load and get this offer.

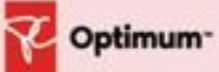


Members Price**
\$50

Non-Members
\$60

Members
Save
\$10

**BARBIE NUTCRACKER
LAND OF SWEETS
HORSE & SLED**
21740461_EA
**Must be a registered PC Optimum™ member to load and get this offer.

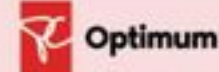


Members Price**
\$40

Non-Members
\$50

Members
Save
\$10

**BARBIE
NUTCRACKER
DELUXE FEATURE
DOLLS**
21740462_EA/21740473_EA
**Must be a registered PC Optimum™ member to load and get this offer.

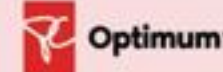


Members Price**
\$40

Non-Members
\$50

Members
Save
\$10

**LEGO ICONIC FESTIVE
GINGERBREAD HOUSE**
21744352_EA
**Must be a registered PC Optimum™ member to load and get this offer.



Members Price**
\$40

Non-Members
\$50

Members
Save
\$10

**NERF REBEL OPS
DOOM CANNON**
21740491_EA
**Must be a registered PC Optimum™ member to load and get this offer.



* Please note that not all items are available in all stores.



COLLECT & SAVE!

Get one stamp for every \$20* spent.
Collect 20 stamps and get 60%–85% off
one high-quality item from the
ZWILLING knife collection.

SAVE
60-85%*
OFF EACH



Opt-in digitally
in the PC Optimum™
App and get
8 bonus stamps*

*Offer available, at participating Loblaw banner stores and online (excluding Shoppers Drug Mart® online) from September 24, 2026, while supplies last. Receive 1 stamp for every \$20 spent before taxes until January 13, 2027. Collect and redeem 20 stamps to receive 60%–85% off one eligible ZWILLING knife. PC Optimum™ members who opt in through the PC Optimum™ app may receive 8 bonus stamps (limit 1 per household). Conditions, exclusions, redemption deadlines, and item availability apply. Visit pcoptimum.ca/collectandsave for full offer details.

Discover over 250 Caribbean products for less

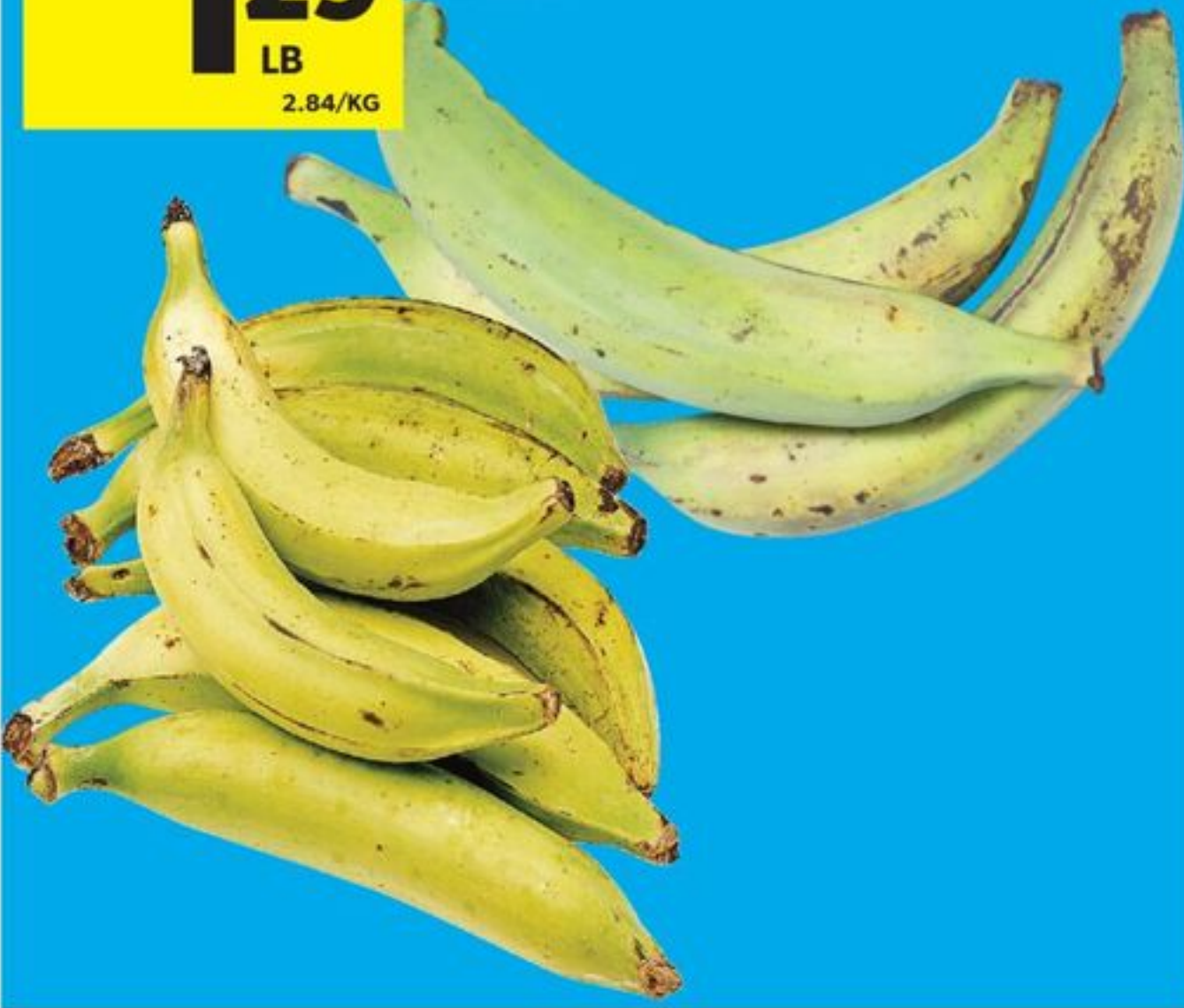
Shop the world in our aisles

SHOP NOW



1²⁹
LB
2.84/KG

PLANTAINS
PRODUCT OF COSTA RICA, COLOMBIA,
HONDURAS OR GUATAMALA
20111926001_KG



\$15
LB
33.07/KG

BEEF OXTAIL
20879454_KG



99¢

BIG FOOT® CHIPS
SELECTED VARIETIES, 25 G
21719998_EA / 21719943_EA



5⁵⁰

GRACE CORNED BEEF
SELECTED VARIETIES, 340 G
20325345002_EA / 20583459_EA



**SAVE
UP TO
.70**

2⁷⁹

**GRACE CARIBBEAN
COMBOS RICE MIX**
175 G OR **SUPLIGEN**
**INSTANT BREAKFAST
BEVERAGE** 250/290 ML
SELECTED VARIETIES, 413-250 ML
20053269002_EA / 20053269003_EA



2²⁹

**GRACE HOT
PEPPER SAUCE**
SELECTED VARIETIES,
142-170 ML
20106545_EA / 21564220_EA



4²⁵

**GRACE JERK
SEASONING**
SELECTED VARIETIES, 284/340 G
20693138_EA / 21091740_EA



1⁵⁰

**GRACE COCONUT
WATER**
SELECTED VARIETIES, 500 ML
20425671_EA / 21027794_EA



1⁵⁹

GRACE COCONUT MILK
400 ML
20047774_EA



\$8

**GRACE VIRGIN
COCONUT OIL**
500 ML
20640509_EA



\$3

**GRACE SUNDRIED
SORREL HIBISCUS TEA**
126 G
21035421_EA



\$8

**PAN PRE-COOKED
WHITE CORN MEAL**
2.27 KG
21019067_EA



**SAVE
2.00**

\$13

**TILDA LONG GRAIN
PARBOILED RICE**
21720912_EA



15 LB

*Prices effective at Superstore Toronto Weston, Toronto Brimley, Mississauga Mavis, Mississauga Argentea, Whitby, Ajax, Oshawa Harmony North, Oshawa Gibb

HAPPY DIWALI

Come together for prosperity, joy, and savings.

\$2

LB

4.41/KG

ROMA TOMATOES BULK
PRODUCT OF CANADA OR MEXICO
20143381001_KG

\$2

LB

4.41/KG

LONG EGGPLANT
PRODUCT OF CANADA OR MEXICO
20159013001_KG

\$1

ROOSTER™ GARLIC
PRODUCT OF CHINA
3'S
21004355001_EA

SAVE 1.98

\$12

OCEAN ANGEL WILD CAUGHT CALIFORNIA SQUID
FROZEN, 1KG
20121461_EA

\$1

PARLE HIDE & SEEK, KREAMS GOLD'S OR BOURBON COOKIES OR BISCUITS
SELECTED VARIETIES
20840291_EA/20956495_EA

2.50

BRITANNIA GOOD DAY OR FIFTY FIFTY COOKIES
SELECTED VARIETIES, 231/372 G
21023105_EA/2105922_EA

4/\$5

OR 2.09 EA

HALDIRAM'S SNACKS
SELECTED VARIETIES, 90/150 G
20309977_EA/20314667007_EA

1.50

MAGGI MASALA NOODLES
280 G
20870359_EA

2.50

RUBICON JUICE DRINKS
SELECTED VARIETIES, 1L
20029236001_EA/20296770001_EA

\$2

SURATI SNACKS
SELECTED VARIETIES, 250/341 G
20313591003_EA/20322576003_EA

SAVE UP TO .75

2.25

HALDIRAM'S OR MTR READY TO EAT MEALS
SELECTED VARIETIES, 300 G
207699717002_EA/21446755_EA

SAVE 4.00

7.99

GIA OR QUALITY PRIYA BASMATI RICE
20059642_EA/20582349_EA

4.99

BRAR'S MALAI PANEER
375 G
20283164_EA

\$6

SHER BESAN FLOUR
1.81KG
20869922_EA

\$10

WAGH BAKRI PREMIUM TEA
907 G
20375231_EA

\$14

BRAR'S DESIGHEE COOKING OIL
800 G
20669886_EA

* Please note that not all items are available in all stores.

HAPPY DIWALI

Come together for prosperity, joy, and savings.

\$2

COCONUT
PRODUCT OF INDIA OR DOMINICAN REPUBLIC
20005774001_EA

\$4 LB
8.82/KG

OKRA
PRODUCT OF U.S.A., CANADA OR HONDURAS
20091263001_KG

ALWAYS LOW PRICE
\$5

SURAJ' NAAN FLATBREADS
SELECTED VARIETIES, 10'S
20342261_EA/20343310_EA

2.99

PRAN VEGETABLE SPRING ROLLS OR SAMOSAS
SELECTED VARIETIES
FROZEN, 400 G
21054846_EA

3.49

CRISPY ROTI WRAPS
SELECTED VARIETIES, 750 G
21195569_EA/21195607_EA

3.50

CRISPY COOKIES
SELECTED VARIETIES, 350 G
20820419_EA/20820681_EA

1.50

TAMAM BEANS, LENTILS OR CHICKPEAS
SELECTED VARIETIES, 540 ML
21214481_EA/21214570_EA

SAVE UP TO 1.50
4.49

SURAJ' DRIED CHICK PEAS OR LENTILS
SELECTED VARIETIES, 1.8/1.81 KG
20558756_EA/20558757_EA

2.50

SURAJ' SPICES OR CURRY POWDER
SELECTED VARIETIES, 50-400 G
20617944_EA/20618777_EA

1.50

PUCK THICKENED CREAMY PRODUCT
160 G
21449248_EA

1.50

PRAN INSTANT NOODLES
SELECTED VARIETIES, 280 G
21685917_EA/21685921_EA

\$4

VEEBA SAUCES
SELECTED VARIETIES, 300 G
21632617_EA/21632743_EA

SAVE UP TO 1.50
2.99

ZINDA COUSCOUS
SELECTED VARIETIES, 600/907 G
20013708_EA/20822580_EA

\$8

BRU INSTANT COFFEE & ROASTED CHICORY
ROASTED, 200 G
20176654_EA

8.99

PRAN PLAIN PARATHA
FROZEN, 2.4 KG
21172364_EA

* Please note that not all items are available in all stores.

HAPPY DIWALI

Come together for prosperity, joy, and savings.

\$7

LIMIT 4
OVER LIMIT PAY
8.49 EA

DABUR VATIKA SHAMPOO OR CONDITIONER
SELECTED VARIETIES, 400 ML
20807515003_EA/20808052002_EA

UP TO 30% OFF
4.89-9.44 AFTER SAVINGS

DABUR VATIKA, BAJAJ OR PARACHUT HAIR OIL
SELECTED VARIETIES AND SIZES
20355970_EA/20801990_EA

4⁵⁰

LIMIT 4
OVER LIMIT PAY
5.29 EA

VATIKA HENNA HAIR COLOUR
SELECTED VARIETIES,
20884499001_EA/20884499004_EA

12⁵⁰

LIMIT 4
OVER LIMIT PAY
13.99 EA

VATIKA HAMAM ZAITH HAIR CARE
SELECTED VARIETIES AND SIZES
20807807002_EA/20807807004_EA

UP TO 30% OFF
3.11-4.89 AFTER SAVINGS

HIMALAYA HERBALS FACE CARE OR BODY CARE
SELECTED VARIETIES AND SIZES
21062598_EA/21063840_EA

Get 3,000 pts
When you buy 3

\$3 back in points

GARNIER COLOR SENSATION HAIR COLOUR
SELECTED VARIETIES
21706452_EA/21708069_EA

\$10

LIMIT 4
OVER LIMIT PAY
11.99 EA

TRESEMMÉ SHAMPOO OR CONDITIONER
SELECTED VARIETIES, 1.15 L
21229430_EA/21229439_EA

\$10

LIMIT 4
OVER LIMIT PAY
12.49 EA

GARNIER NUTRISSE HAIR COLOUR
SELECTED VARIETIES
2124446014_EA/2124446020_EA

6⁵⁰

LIMIT 4
OVER LIMIT PAY
7.99 EA

GARNIER BELLE HAIR COLOUR
SELECTED VARIETIES
20317076003_EA/20317076010_EA

Get 10,000 pts
When you spend \$30*

\$10 back in points

REVLON COLOURSTAY ULTIMATE COVERAGE FOUNDATION OR MATTE PRIMER OR PHOTO READY ROSE GLOW PRIMER, MIST OR FACE GLOSS OR GLIMMER TINTED MOISTURIZER STICK
21100329008_EA/21159449_EA

UP TO 20% OFF
8.79-9.99 AFTER SAVINGS

POND'S FACE MOISTURIZER
SELECTED VARIETIES AND SIZES
20348329001_EA/21041886_EA

FROM 12⁹⁹
12.99-17.49

DOVE BODY WASH 905/950 ML OR BAR SOAP 12X106 G
SELECTED VARIETIES
21436871_EA/21517419_EA

* Please note that not all items are available in all stores.

SHOP THE WORLD IN OUR AISLES*

From bok choy to basmati rice, find international ingredients at low prices.

SHOP NOW

3⁵⁰

DRAGON FRUIT
 PRODUCT OF VIETNAM
 20168395001_EA

\$1^{LB}
2.2/KG

DAIKON
 PRODUCT OF CANADA
 20082109001_KG

5⁴⁸
^{LB}
12.08/KG

PORK BELLY PORTIONS
 CRYOVAC
 21614914_KG

10⁴⁹
^{LB}
23.13/KG

OKA FRESH RABBIT
 20155407_KG

2/\$17
OR 10.00 EA

ZEN GOURMET, READY TO HEAT MEALS
 SELECTED VARIETIES, 450 G
 21748437_EA/21748771_EA

SAVE

.99

4^{LB}
8.82/KG

WHOLE GOLDEN POMPANO OR MILKFISH FROZEN
 20066381_KG/2019071_KG

1⁴⁸

GOLDEN HAPPINESS SPECIALTY BUN
 SELECTED VARIETIES, 100 G
 21297545_EA

1⁵⁰

ROOSTER® COCONUT MILK
 SELECTED VARIETIES, 398 ML
 21378707_EA/21378715_EA

2/4⁹⁸
OR 2.89 EA

ROOSTER® TOFU
 SELECTED VARIETIES, 454 G
 21474492_EA/21474765_EA

1⁶⁹

T&T KOREAN ROASTED SEAWEED LAYER
 15 G
 20593313_EA

1⁷⁹

PALDO BOWL NOODLES 86 G
 OR KING CUP INSTANT NOODLES
 105-115 G
 SELECTED VARIETIES
 20331560002_EA
 21667670_EA

3⁹⁹

KJ DUMPLINGS OR BUNS
 SELECTED VARIETIES, FROZEN, 380 G
 213357897_EA

6⁴⁹

KEWPIE MAYONNAISE
 465 ML
 21644268_EA

2⁴⁹

CHACHA SUNFLOWER SEEDS 260 G OR
HAITAI HONEY BUTTER CHIPS
 60 G
 SELECTED VARIETIES
 20854556002_EA
 21365446_EA

2⁴⁹

SPRING HOME SPRING ROLL PASTRY
 SELECTED VARIETIES, FROZEN, 400 G
 20131105_EA

4⁴⁹

GLICO POCKY BISCUIT STICKS BAGS
 SELECTED VARIETIES, 144/156 G
 21066079_EA
 21066087_EA

10⁹⁹

T&T MONTHONG DURIAN PULP
 FROZEN, 454 G
 21541463_EA

* Please note that not all items are available in all stores.

**FRESH
PROMISE**

If it's not fresh,
it's free.

6⁵⁰

**FARMER'S MARKET™
MANDARINS**
PRODUCT OF SOUTH AFRICA
20054025001_EA



4 LB

**CLUB
SIZE**

\$3

CAULIFLOWER
PRODUCT OF CANADA
20135377001_EA



\$6

**NO NAME™ NATURALLY
IMPERFECT™ SWEET
PEPPERS**
PRODUCT OF CANADA OR
MEXICO, 2-5 LB BAG
20921434001_EA



**CLUB
SIZE**

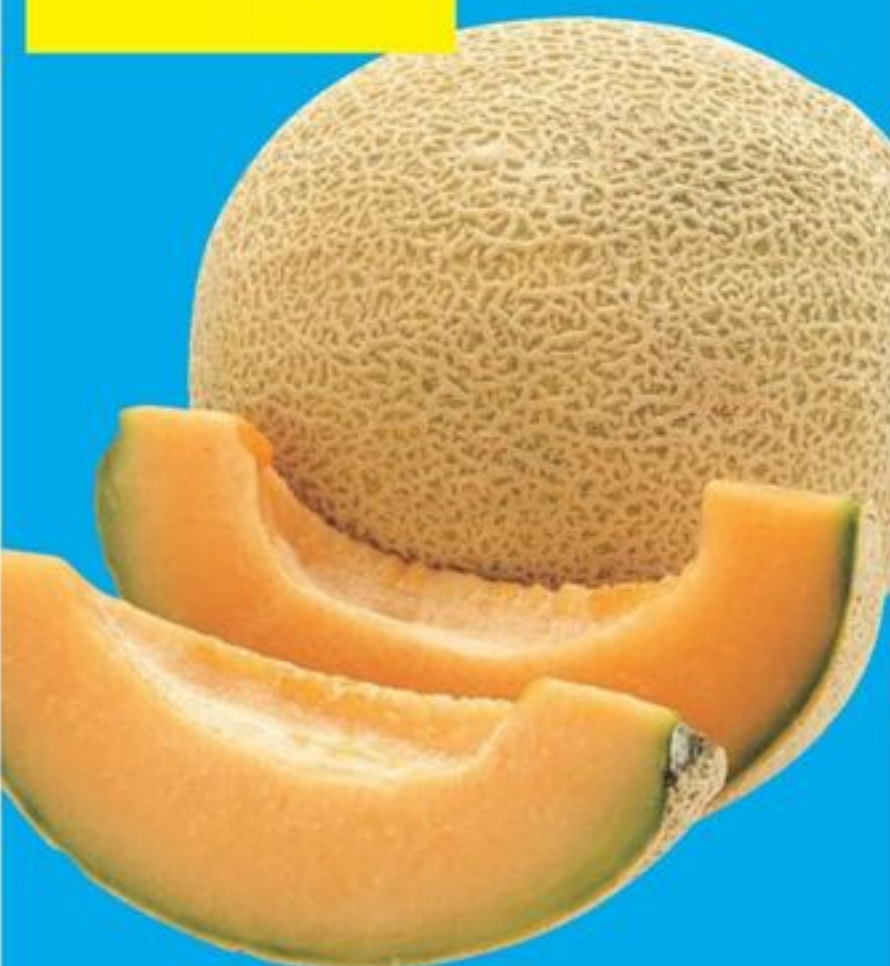
\$4

BLACKBERRIES
PRODUCT OF CANADA, MEXICO, OR U.S.A., 170 G
20051015001_EA



\$4

CANTALOUPE
PRODUCT OF U.S.A.
20167017001_EA



\$4

STRAWBERRIES
PRODUCT OF CANADA,
MEXICO OR U.S.A., 454 G
20049778001_EA



75¢

LEMONS
PRODUCT OF SOUTH AFRICA
20028593001_EA



**99¢
LB**
2.18/KG

SWEET POTATOES
PRODUCT OF CANADA
20127708001_KG



\$4

**NO NAME™ NATURALLY
IMPERFECT™ LIMES**
PRODUCT OF MEXICO, 680 G
21673923001_EA



\$4

**FARMER'S MARKET™
ENGLISH CUCUMBERS**
PRODUCT OF ONTARIO, 3'S
20828461001_EA



1²⁹

CILANTRO
PRODUCT OF CANADA
20091825001_EA



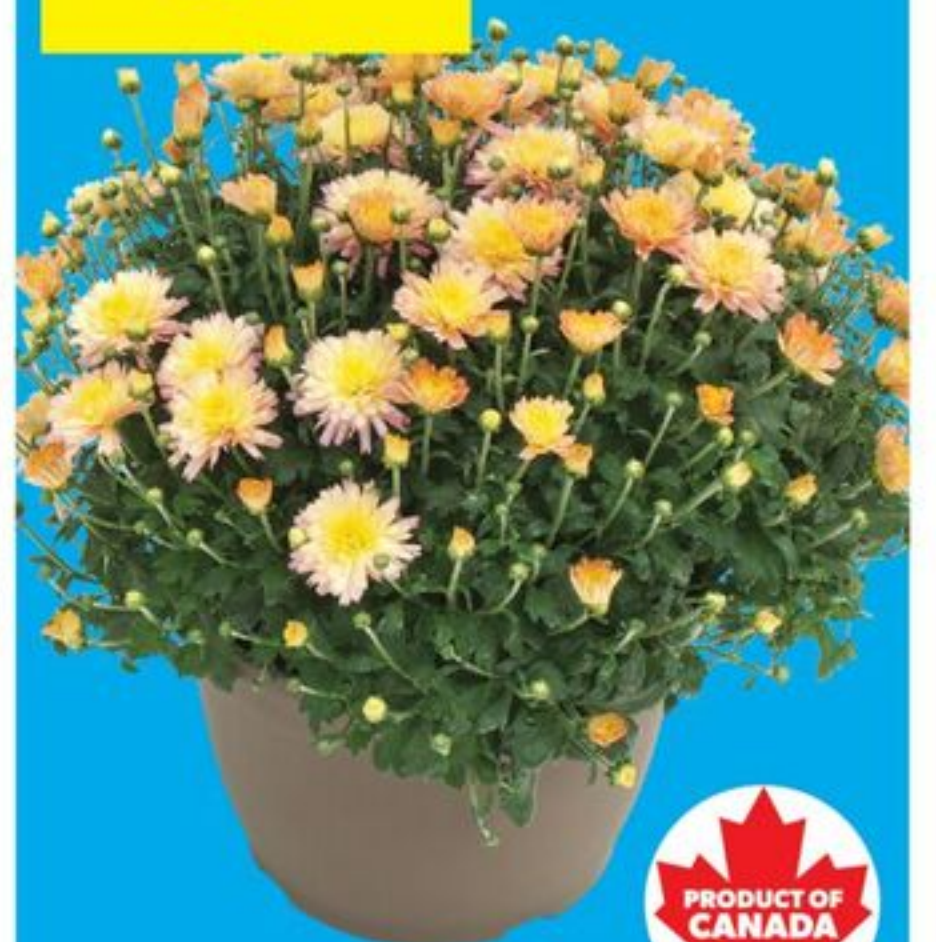
\$3_{LB}
6.61/KG

GREEN BEANS
PRODUCT OF U.S.A.,
CANADA OR MEXICO
20142683001_KG



8⁴⁸

**PC® OUTDOOR
FALL MUMS**
SELECTED VARIETIES, 9.5 INCH
20213995_EA



SUPER FRESH

9⁵⁰
LB
20.94/KG

**EXTRA LEAN
GROUND BEEF**
FRESH
20357315_KG



**CLUB
SIZE**

\$8

**PC® BLUE MENU®
GROUND CHICKEN
OR TURKEY**
454 G
21100091_EA/21100092_EA



4⁹⁹
LB
11.00/KG

SPLIT CHICKEN WINGS
FRESH, CLUB SIZE
20761916_KG/21656520_KG



**INCLUDES
HALAL**

**SAVE
UP TO
1.49**

4⁵⁰

**LEAN GROUND PORK
OR MARCANGELO
ITALIAN PORK
SAUSAGE MEAT**
SELECTED VARIETIES, 450 G
21646160_EA/21706437_EA



5⁵⁰

**ASIAN INSPIRATIONS
ENTRÉES**
SELECTED VARIETIES, FROZEN,
400 G
21047378_EA/21047530_EA



\$14

**WATSON RIDGE
CHICKEN BREASTS**
FROZEN, 800 G
21741388_EA



14⁵⁰

**PC® FREE FROM®
AUSTRALIAN LEAN
GROUND LAMB**
454 G
21352008_EA



**INCLUDES
HALAL**

4⁵⁰

**FRESH ATLANTIC
SALMON PORTIONS**
SELECTED VARIETIES, 100-122 G
20948219_EA



**SAVE
.99**

6⁵⁰

**CANADIAN COVE PEI
MUSSELS**
907 G
21556624_EA



\$15

**PC® BACON-WRAPPED
WILD SEA SCALLOPS**
FROZEN, 260 G
21220644_EA



\$23

**LOBSTER TAILS 2-3 OZ,
PACK OF 4 OR
IFC COOKED
CANADIAN SNOW
CRAB CLUSTERS 500 G,
FROZEN**
21240991_EA/21615011_EA



\$3
LB/EA

**SEAQUEST®
CRAB OR LOBSTER
FLAVOURED POLLOCK
FLAKES OR CHUNKS**
SELECTED VARIETIES,
READY-TO-EAT, 227 G OR
WHOLE DRESSED
TILAPIA FROZEN, 6.61/KG
20189341_KG/20699832_EA



\$10

**TEMPURA SHIMP
CREVETTES TEMPURA**
NET WT. 500 G

**BREADED SQUID
RINGS OR TEMPURA
SHRIMP**
SELECTED VARIETIES, FROZEN,
500 G
21715553_EA/21717380_EA



SUPER FRESH

3⁵⁰
/100 G

**PC® AND BLUE MENU®
SALAMI, TURKEY
OR CHICKEN DELI
SERVICE CASE**
SELECTED VARIETIES, 100 G
20302980_EA



**SAVE
UP TO 2.00**

11⁵⁰

**MARCANGELO
SALAMI, ANTIPASTO,
PROSCIUTTO OR
CHASCUTTERIE**
SELECTED VARIETIES, 150-300 G
21021491_EA/21706645_EA



\$12

**BRANDT MINI HONEY
MAPLE HAM**
750 G
21668085_EA



\$5
/100 G

**PC® SPLENDIDO®
PARMIGIANO
REGGIANO CHEESE**
PRODUCT OF ITALY, DELI CUT
20375023_EA



**SAVE
3.99**

\$12

**BELLA CASARA
BURRATA**
250 G
20214087_EA



**SAVE
UP TO 29%**

\$6

HENRI WILLIG GOUDA
SELECTED VARIETIES, 200 G
21345050_EA



\$6

**DAIYA DAIRY-FREE
SHREDS, SLICES,
BLOCKS, CHEESE
SPREAD
OR CRUMBLES**
SELECTED VARIETIES,
170-227 G
21335548_EA/21335692_EA



\$7

**LESLEY STOWE'S
RAINCOAST CRISPS 150G
OR DELI SNACKING
TRAY 340/391 G**
SELECTED VARIETIES
20589530_EA/20652852_EA
21030996_EA



\$7

**FONTAINE SANTÉ
HUMMUS**
SELECTED VARIETIES, 300-482 G
20503658_EA/21703620_EA



\$4

**PC® BREAD OR HOT
CROSS BUNS**
SELECTED VARIETIES, 565/675 G
20639929_EA/21577822_EA



\$3

**BUTTER FLAKY OR
DINNER ROLLS**
BAKED IN-STORE, SELECTED
VARIETIES, 6/12'S
21332182_EA/21392649_EA



\$5

**FURLANI GARLIC
TOAST 16'S OR
LA FOURNÉE DORÉE
MINI ROLLS 480 G**
SELECTED VARIETIES
20041579_EA/21343965_EA



3⁵⁰

**KING'S HAWAIIAN
ROLLS**
SELECTED VARIETIES,
340 G
21475970_EA
21489831_EA



\$12

**PC® CHEESECAKE,
PROFITEROLES
OR MINI ELCAIRS**
SELECTED VARIETIES,
FROZEN, 600 G
20147627_EA/21713388_EA



\$6

**TWO-BITE MINI
CROISSANTS**
SELECTED VARIETIES,
423 G
21416726_EA/21660958_EA



8⁵⁰

**FARMER'S
MARKET™
COOKIES**
SELECTED VARIETIES,
21'S
20565934_EA
20717886_EA



SUPER YOUR EVERYDAY

SAVE 1.00
4⁹⁹

JUST SOUP
SELECTED VARIETIES
480 ML
21622065_EA
21622116_EA

MEMA
14 Gluten-free ROASTED RED PEPPER and BASIL
POIVRON ROUGE RÔTI + BASILIC
Sans Gluten
JUST JUSTE! SOUP SOUPE

NEW

3²⁵ Get **2,000** pts **\$2** back in points
When you buy 2

OCEAN'S WHITE TUNA
SELECTED VARIETIES, 170 G
21005156_EA/21005216_EA

Ocean's
ALBACORE IN WATER
SOLID WHITE TUNA

Ocean's
ALBACORE IN WATER
FLAKED WHITE TUNA

9⁹⁹

NO NAME[®] CANOLA OR VEGETABLE OIL
SELECTED VARIETIES
3 L
20028656_EA
20103390_EA

PREPARED IN CANADA

7⁹⁹

TERRA DELYSSA EXTRA VIRGIN OLIVE OIL
SELECTED VARIETIES
500 ML
20729449_EA
21668278_EA

5⁴⁹

CHOLULA HOT SAUCE
SELECTED VARIETIES
150 ML
21392271_EA
21649125_EA

CHOLULA
HOT SAUCE
SAUCE PIQUANTE
ORIGINAL
EXTRA HOT
EXTRA PIQUANTE

\$4

PC[®] COOKING SPRAYS
SELECTED VARIETIES
120-170 ML
21093990_EA
21451192_EA

PC
EXTRA VIRGIN AVOCADO OIL
HUILE D'AVOCAT EXTRA-VIERGE
EXTRA VIRGIN OLIVE OIL
HUILE D'OLIVE EXTRA-VIERGE

SAVE UP TO 22%
3⁵⁰

RUMMO PASTA
SELECTED VARIETIES
340/500 G
21425566_EA
21425691_EA

RUMMO
MADE WITH BROWN RICE AND CORN
RIGATONI N°50
À BASE DE RIZ BRUN ET DE MAÏS
GLUTEN FREE
SANS GLUTEN

5⁵⁰

NO NAME[®] CORN SYRUP 1L OR OATS
2.25 KG
SELECTED VARIETIES
20016594_EA
20923786_EA

CLUB SIZE

PREPARED IN CANADA

SAVE 17%
2⁴⁷

KELLOGG'S NUTRI GRAIN BARS 295 G, POP-TARTS 384 G, RICE KRISPIES SQUARES 154-198 G OR SPECIAL K FRUIT CRISPS 125 G
SELECTED VARIETIES
2031398401_EA
21290111_EA

Kellogg's
NUTRI GRAIN
NO ARTIFICIAL FLAVOURS OR COLOURS
STRAWBERRY

pop-tarts
STRAWBERRY
8'S

RICE KRISPIES SQUARES
8'S

SAVE UP TO 17%
2⁴⁹

CHRISTIE CRISPERS OR BITS & BITES
SELECTED VARIETIES
145 G
21358333_EA
21395350_EA

Christie
Crispers
ALL DRESSED
ASSAISONNÉS
INTENSE
INTENSES

Bits & Bites Méli-Mélo
Crispers
ORIGINAL

SAVE 1.00
5⁴⁹

DARE BEAR PAWS FAMILY COOKIES
SELECTED VARIETIES
336-490 G
21713483_EA
21713602_EA

Dare
Bear Paws Pattes d'ours
Chocolate Chip
Pépites de chocolat

2⁹⁹

PRINGLES PARTY STACK POTATO CHIPS
179/188 G OR
MINGLES 155 G
SELECTED VARIETIES
21720492_EA
21721047_EA

PRINGLES
ORIGINAL
SOUR CREAM & ONION FLAVOUR

2/\$13
OR 7.49 EA

JACK LINK'S MEAT SNACKS
SELECTED VARIETIES
65-91 G
20501983002_EA
20501983004_EA

JACK LINK'S
ORIGINAL
BEEF JERKY AD BOUCUF
PRODUCT 100% BEEF / PRODUIT 100% VEAU

JACK LINK'S
TERIYAKI
BEEF JERKY AD BOUCUF
PRODUCT 100% BEEF / PRODUIT 100% VEAU

SAVE UP TO 20%
\$3

COCA-COLA, PEPSI SOFT DRINKS 24X355 ML OR FUZE ICED TEA 20X341 ML
SELECTED VARIETIES
20938249_EA
20938521_EA

MONSTER
ZERO SUGAR / ZÉRO SUCRE
ZERO ULTRA

10⁴⁹ Get **1,500** pts **\$150** back in points

RED BULL ENERGY DRINKS
SELECTED VARIETIES, 4X250 ML
20166737001_C04/20166737002_C04

Red Bull
ENERGY DRINK
4 PACK 250 ML
110 CALORIES
4 x 250 ML CANS/CANETTES

SAVE 17%
6⁴⁹

FEVER-TREE NON-ALCOHOLIC MIXERS
SELECTED VARIETIES
750 ML
21664555_EA
21664613_EA

FEVER-TREE
MARGARITA
COCKTAIL MIXER / MIXEUR À COCKTAIL
MOJITO
COCKTAIL MIXER / MIXEUR À COCKTAIL

6²⁵

PC[®] ICED TEA OR LEMONADE
SELECTED VARIETIES
12X355 ML
20059359002_C12

diet LEMON ICED TEA
Flavoured Beverage

PREPARED IN CANADA

\$4

NESTEA ICED TEA
SELECTED VARIETIES
10X200 ML
21687007_EA
21687240_EA

NESTEA
PEACH
ICED TEA - THE GLACÉ À LA PÊCHE
AROMATISÉ NATURALEMENT

NESTEA
LEMON
ICED TEA - THE GLACÉ AU CITRON
AROMATISÉ NATURALEMENT

13⁹⁹

COCA-COLA, PEPSI, CANADA DRY, SPRITE, 7UP, CRUSH, FANTA SOFT DRINKS 24X355 ML OR FUZE ICED TEA 20X341 ML
SELECTED VARIETIES
20306687002_C24
20308197001_C24

Coca-Cola
Pepsi
Canada Dry
Sprite
7UP
Crush
Fanta

19⁹⁹

CORONA CERO ALCOHOL-FREE BEER
12X355 ML
21650017_C12

Corona Cero
ALCOHOL-FREE BEER / BIÈRE SANS ALCOOL

SUPER YOUR EVERYDAY

SAVE
UP TO
19%
\$4

**ARMSTRONG SNACKS
OR COMBOS 180-210 G
OR HELUVA GOOD!
DIPS 250 G**
SELECTED VARIETIES
20179979002_EA/21694973_EA



SAVE
UP TO
2.02
5⁹⁷

**BLACK DIAMOND
CHEESTRINGS 189-336 G
OR KRAFT SHREDDED
PARMESAN 200 G**
SELECTED VARIETIES
20763661_EA/21529152_EA



6²⁵

**NEILSON LACTOSE
FREE MILK**
SELECTED VARIETIES, 2 L
20188053001_EA



\$10

iÖGO YOGURT
SELECTED VARIETIES, 2 KG
21761131_EA/21760848_EA



2/3⁴⁸
OR 2.49 EA

**PILLSBURY
CRESCENTS OR
WIENER WRAPS**
REFRIGERATED
SELECTED VARIETIES, 200-227 G
20305424002_EA/21505340_EA



3⁴⁹

**KELLOGG'S EGGO
WAFFLES, PANCAKES
OR FRENCH TOASTER
STICKS**
SELECTED VARIETIES
FROZEN, 270-330 G
20323436001_EA



5⁴⁴

Get
1,000
pts

\$1
back in
points

**BEN & JERRY'S
ICE CREAM,
NON DAIRY 473 ML
OR MAGNUM
NOVELTIES 3/4'S**
SELECTED VARIETIES
FROZEN
21720409_EA
20342005002_EA



SAVE
UP TO
35%
1⁵⁰

**MICHELINA'S ENTRÉES
156-284 G OR SWANSON
POT PIES 200 G**
SELECTED VARIETIES, FROZEN
21208614_EA/20320525001_EA



4⁹⁹

**DR. OETKER
RISTORANTE OR
CASA DI MAMA PIZZA**
SELECTED VARIETIES
FROZEN, 288-410 G
20296424006_EA/20852957_EA



SAVE
2.00
7⁹⁹

POGO
SELECTED VARIETIES
FROZEN, 8/10'S
20053302001_EA/20053302002_EA



5⁵⁰

**QUAKER MUFFIN OR
COOKIE MIXES 750/900 G
OR OAT FLOUR 700 G**
SELECTED VARIETIES
20301064001_EA/21361904_EA



\$10

NO NAME® FLOUR
SELECTED VARIETIES, 10 KG
20022248_EA/20306865_EA



SAVE
2.00
4⁹⁹

**CLOROX
DISINFECTING WIPES**
SELECTED VARIETIES, 75'S
20348537002_EA/21734510_EA



SAVE
2.00
6⁹⁹

**GLAD GARBAGE
BAGS WHITE**
SELECTED VARIETIES, 30-52'S
20297334001_EA/21164516_EA



\$25

**CHARMIN BATHROOM
TISSUE 24-96 MEGA ROLLS
OR BOUNTY PAPER
TOWEL 8-24 ROLLS**
SELECTED VARIETIES
21707641_EA/21070311_EA



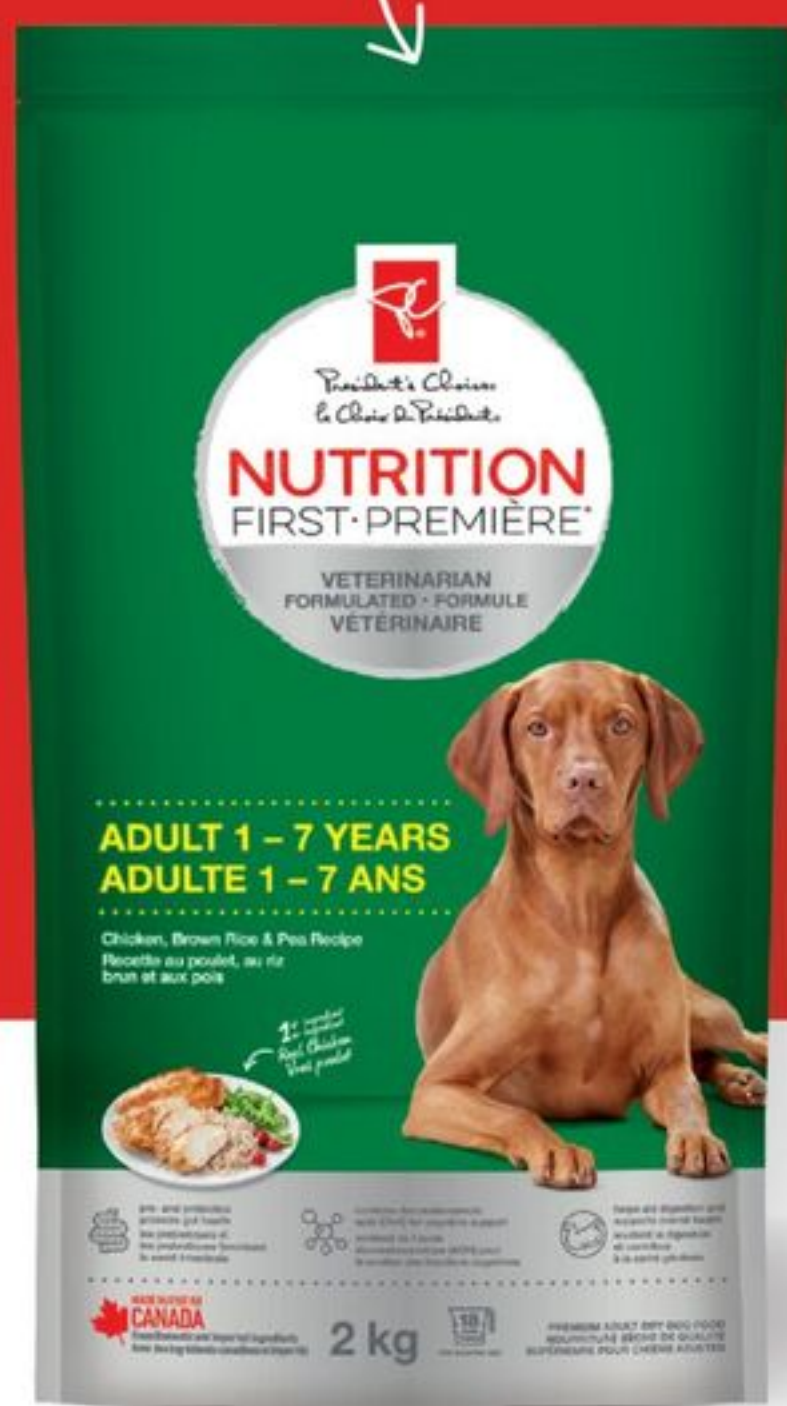


NUTRITION
FIRST·PREMIÈRE®

**Your pet
cares about
high quality.
Not high
prices.**



*Love it or your money back
with our PC® Guarantee*



Veterinarian Formulated



**All diets have Real Meat as
First Ingredient**



Grain-free Diets Offered



**Formulated without Corn, Wheat,
Soy, or Animal By-products**



**All diets include Omega-3 & Omega-6
Fatty Acids**



**All diets include Fruits, Vegetables,
Prebiotics & Probiotics**



**LET'S
COMPARE BOWLS**

*Based on average regular retail price per 100g of the brands shown in chart linked. Prices may vary by store. See in-store or online for details.
** represents that the claim was not true and/or inconclusive in our search for that particular brand.

SUPER YOUR EVERYDAY

248

HARIBO GUMMY CANDIES
SELECTED VARIETIES, 170/175 G
21519578_EA/21668569_EA



Members Price
\$5

Non-Members
5⁹⁹

KINDER SURPRISE, BUENO OR CHOCOLATE BARS OR MINI BARS
SELECTED VARIETIES
60-145 G
20751031_EA/21167341_EA
**Must be a registered PC Optimum™ member to load and get this offer.



2/\$10
OR 5.99 EA

SKITTLES OR STARBURST CANDY OR GUMMIES
SELECTED VARIETIES, 235-320 G
20018330_EA/21646748_EA



\$7

MERCI FINEST SELECTION EUROPEAN CHOCOLATE
SELECTED VARIETIES, 200 G
20639825_EA



SAVE 3.00

\$10

REESE'S SHAPES, HERSHEY'S SNACK SIZE CHOCOLATE OR TWIZZLERS PEANUT FREE CANDY 35/50'S
SELECTED VARIETIES, 481-595 G
21452154_EA/21668281_EA



SAVE 2.00

\$10

ROCKETS ASSORTED FLAVOUR CANDY ROLLS
1 KG
21529566_EA



\$8

NESTLÉ MINI BARS
SELECTED VARIETIES
25'S, 182-295G
21571131_EA/21450112_EA



SAVE 2.00

\$11

DARE REALFRUIT MINIS GUMMIES
600 G
21450861_EA



2/\$8
OR 4.99 EA

LINDT SWISS CLASSIC OR LINDOR CHOCOLATE TABLET
SELECTED VARIETIES
100 G
21168814_EA/20296856001_EA



SAVE 4.00

\$19

HERSHEY'S REESE'S ASSORTED CHOCOLATES
1.18 KG
21736035_EA



SAVE 1.00

4⁷⁹

CHRISTIE FAMILY COOKIES 374-488 G OR CAKESTERS 285 G
SELECTED VARIETIES
21520747_EA/21737138_EA



8⁹⁹

PEPPERIDGE FARM FAMILY GOLDFISH CRACKERS
SELECTED VARIETIES, 504-750 G
21729473_EA/21737261_EA



9⁴⁹

CHRISTIE CHIPS AHoy! OR OREO MINI COOKIES
SELECTED VARIETIES, 20'S
21739330_C20/21739492_C20



14⁵⁰

CHRISTIE CRISPERS VARIETY PACK
18X28 G
21739256_C01



11⁹⁹

FRITO-LAY HALLOWEEN CHIP PACKS
SELECTED VARIETIES
40'S
21457072_EA/21457084_EA



13⁴⁹

OLD DUTCH POTATO CHIPS OR CHEESE STICKS
45'S
21384111_EA/21384112_EA



15⁹⁹

TAKIS TORTILLA CHIPS HALLOWEEN PACK
40'S
21669464_EA



CELEBRATE COFFEE FOR LESS

**SAVE
42%**

\$8

**TASSIMO MAXWELL HOUSE, NABOB
OR CARTE NOIRE T-DISCS**
SELECTED VARIETIES, 8-16'S
20321621_EA/21012449_EA



**SAVE
35%**

\$9

NABOB GROUND COFFEE
SELECTED VARIETIES, 340 G
21527319_EA/21527332_EA



12⁹⁹

NESCAFÉ TASTER'S CHOICE INSTANT COFFEE
SELECTED VARIETIES, 198 G
21760588_EA/21762508_EA



12⁹⁷

**STARBUCKS NESPRESSO
VERTUO COFFEE CAPSULES**
SELECTED VARIETIES, 68-100 G
21398289_EA/21398301_EA



**SAVE
4.00**

12⁹⁹

**KICKING HORSE
K-CUP PODS**
SELECTED VARIETIES, 10'S
21628567_EA/21722646_EA



**SAVE
36%**

\$23

LAVAZZA K-CUP PODS
SELECTED VARIETIES, 30'S/345 G
21589798_EA/21589700_EA



**SAVE
9.00**

25⁹⁹

**LAVAZZA WHOLE
BEAN COFFEE**
SELECTED VARIETIES, 1 KG
21556082_EA/21556201_EA



5⁹⁹

**NESTLÉ COFFEE MATE
COFFEE WHITENER**
SELECTED VARIETIES, 425/450 G
20309221002_EA/20315884_EA



5⁵⁰

**INTERNATIONAL
DELIGHT COFFEE
ENHANCERS 946 ML
OR COLD FOAM**
369/396 G
SELECTED VARIETIES
20895480002_EA/21629959_EA



8⁹⁹

**COFFEEMATE
COFFEE ENHANCER**
SELECTED VARIETIES, 1.89 L
21034225_EA/21183053_EA



**UP TO
40%
OFF**
3.00-17.00 AFTER SAVINGS

**PC® OR LIFE AT HOME™
COFFEE OR TEA
SERVWARE**
SELECTED VARIETIES
20543423_EA/21218218_EA



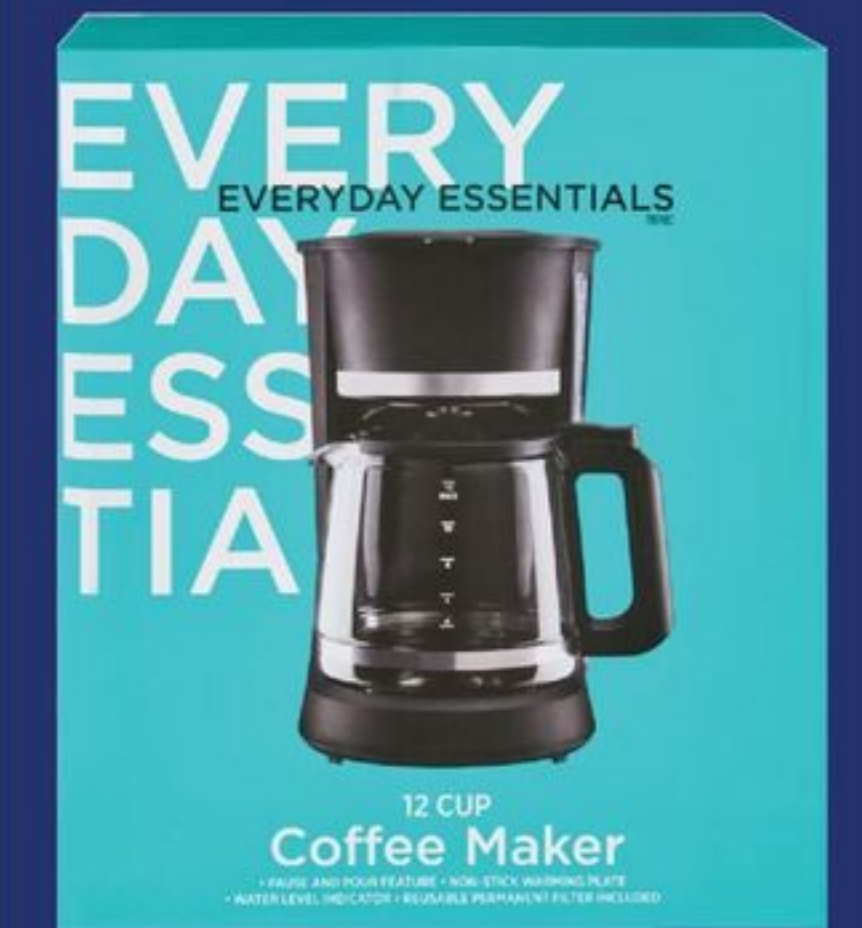
**UP TO
30%
OFF**
15.00-17.00 AFTER SAVINGS

**PC® COFFEE OR
FRENCH PRESS**
SELECTED VARIETIES
21450771_EA



\$30

**EVERYDAY
ESSENTIALS™ 12 CUP
COFFEE MAKER BLACK**
21701471_EA



* Please note that not all items are available in all stores.

NEVER RUN OUT OF DIAPERS AGAIN

Get **10,000** pts

\$10 back in points

when you spend \$50* on Pampers diapers, wipes or training pants

\$35

PAMPERS BABY DRY, SWADDLERS OR CRUISERS 360° DIAPERS
SELECTED VARIETIES
SIZE N-8, 58-200'S
21551586_EA/21692660_EA

LIMIT 6
OVER LIMIT PAY 39.99 EA

50% MORE DIAPERS* PLUS DE COUCHES*

\$45

PAMPERS SWADDLERS OR CRUISERS 360° ULTRA VALUE PACK DIAPERS
SELECTED VARIETIES
SIZE 2-8, 88-192'S
21719338_EA/21732683_EA

LIMIT 4
OVER LIMIT PAY 52.99 EA

37% MORE DIAPERS* PLUS DE COUCHES*

\$27

PAMPERS EASY UPS TRAINING UNDERWEAR OR NINJAMAS NIGHTTIME UNDERWEAR
SELECTED VARIETIES
SIZES 2T-7T OR S-L, 34-74'S
21089365_EA/21089367_EA

LIMIT 4
OVER LIMIT PAY 31.99 EA

\$2

HUGGIES 1X BABY WIPES
SELECTED VARIETIES, 56-64'S
20557596_EA/21084208_EA

LIMIT 6
OVER LIMIT PAY 4.49 EA

PRICE DROP UNTIL OCT 14

\$20

PAMPERS OR HUGGIES 9X/10X BABY WIPES
SELECTED VARIETIES, 504-600'S
21018026_EA/21371309_EA

LIMIT 4
OVER LIMIT PAY 21.99 EA

Members Price*

\$32

Non-Members

43⁸⁸

Members Save \$11.88

KIDDICARE DIAPERS ULTRA VALUE PACK
SELECTED VARIETIES
SIZE 3-7
21726420_EA/21727017_EA

\$35

HUGGIES ECONO PACK DIAPERS
SELECTED VARIETIES
SIZE N-7, 60-200'S
21456640_EA/21664346_EA

LIMIT 4
OVER LIMIT PAY 41.99 EA

2/\$10
OR 5.99 EA

GERBER ORGANIC CEREAL 208 G OR NESTLE CERELAC SAVOURY CEREAL 200 G
SELECTED VARIETIES
21181661_EA/21671033_EA

6+ MONTHS

5/\$9
OR 1.99 EA

BABY GOURMET ORGANIC PURÉE POUCHES 128 ML OR BABY FOOD JARS 113 ML
SELECTED VARIETIES
20368074001_EA/21507650_EA

6+ MONTHS

2/\$6
OR 3.49 EA

HOT KID MUM-MUM ORGANIC RICE RUSKS OR BISCUITS
SELECTED VARIETIES, 50/60 G
20159814002_EA/21291768_EA

8+ MONTHS

\$37

ENFAGROW NUTRITIONAL SUPPLEMENT MILK-BASED POWDER
SELECTED VARIETIES
1-5 YEARS, 907 G
21694898_EA/21694972_EA

LIMIT 4
OVER LIMIT PAY 42.99 EA

\$29

SIMILAC GO & GROW TODDLER NUTRITION POWDER, MILK FLAVOUR
850 G
21702816_EA

LIMIT 4
OVER LIMIT PAY 32.99 EA

65⁵⁰

ENFAMILA+ NEUROPRO OR GENTLEASE BABY FORMULA POWDER
SELECTED VARIETIES,
0-12 MONTHS, 862/890 G
21589079_EA/21589205_EA

LIMIT 4
OVER LIMIT PAY 72.99 EA

4⁵⁰

Q-TIPS COTTON SWABS
SELECTED VARIETIES, 300-500'S
20323077001_EA/21665088_EA

LIMIT 4
OVER LIMIT PAY 4.99 EA

UP TO 20% OFF
2.79-19.99 AFTER SAVINGS

AVEENO, DOVE BABY OR JOHNSON'S & JOHNSON'S BABY NEEDS
SELECTED VARIETIES AND SIZES
21112438_EA/21378198_EA

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That's up to \$75 in points!

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pts pts pts pts pts

NEW & NOTEWORTHY

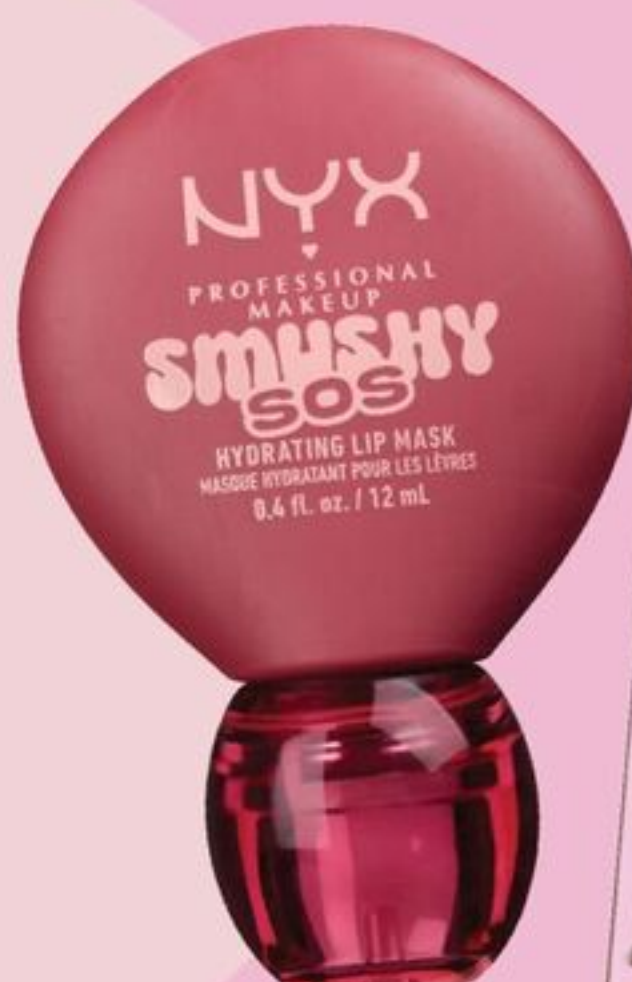
Enhance your beauty routine with the latest & greatest!

Optimum™

Get **5,000** pts
When you buy 2

\$5 back in points

NYX FLUFF AND SNATCH EYEBROW PENCIL, SMUSHY SOS LIP MASK, FAT MATTE SMOOTH COLOR LIPSTICK OR LID LINGERIE MATTE EYE SHADOW
21743559003_EA
21743400006_EA



Optimum™

Get **4,000** pts
When you buy 2



NIVEA ESSENTIAL REFRESHING OR NOURISHING DAY CREAM
SELECTED VARIETIES 50 ML
21756015_EA/21756131_EA

Optimum™

TREE HUT BODY SCRUB BODY WASH OR SHAVE OIL
SELECTED VARIETIES AND SIZES
21716243_EA/21735113_EA

Get **6,000** pts
When you buy 2

\$6 back in points



Optimum™

Get **5,000** pts
When you spend \$25*

\$5 back in points

ALL L'ORÉAL HAIR CARE
50-828 ML
21753786_EA/21753736_EA



Optimum™

\$10
LIMIT 4, OVER LIMIT PAY 12.49 EA

Get **500** pts

EVERY MAN JACK 2 IN 1 SHAMPOO + CONDITIONER
SELECTED VARIETIES AND SIZES
473 ML
21642738_EA/21642785_EA

Optimum™

Get **1,000** pts
When you buy 2

\$1 back in points

SOFTSOAP FALL LIQUID HAND SOAP
SELECTED VARIETIES, 332 ML
21744186_EA/21744300_EA



Optimum™

UP TO **20%** OFF
6.79-8.79 AFTER SAVINGS

Get **5,000** pts
When you spend \$15*

\$5 back in points

BIC DISPOSABLE RAZORS
SELECTED VARIETIES, 2-8'S
21711050_EA/21711185_EA

Optimum™

Get **5,000** pts

\$5 back in points

ISO PURE PROTEIN POWDER OR BLOOM SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21717590_EA/21732012_EA



Optimum™

CETAPHIL HYDRATING AND FIRMING LOTIONS OR CREAMS
SELECTED VARIETIES AND SIZES
21756184_EA/21756108_EA

Get **5,000** pts
When you buy 2

\$5 back in points

SHOP HOME FOR LESS

CLEAROUT

Up to

50% off

LIFE AT HOME™ DINNERWARE, SERVEWARE OR DRINKWARE

Prices reflected on shelf, selection may vary by store, while quantities last.

Members Price*

\$17

Non-Members

\$25

Members Save **\$8**

PC TOTAL COMFORT PILLOW
21220214_EA
**Must be a registered PC Optimum™ member to load and get this offer.



UP TO
25% OFF
37.50-67.50 AFTER SAVINGS

PC SHEET SET
21589376_EA/21589544_EA



\$12

**LIFE AT HOME™ 8 HOUR
TEALIGHTS**
50 PK
21469593_EA



\$6

LIMIT 8
OVER LIMIT PAY
10.00 EA

**EVERYDAY ESSENTIALS™
18 OZ SCENTED CANDLES**
SELECTED VARIETIES
21560304_EA/21576638_EA



UP TO
20% OFF
24.00-99.00 AFTER SAVINGS

**FOODSAVER
VACUUM SEALER
AND 2 PACK ROLLS**
21633826_EA



\$20

LIMIT 4
OVER LIMIT PAY
30.00 EA

**LIFE AT HOME™ BUBBLE
FASHION STORAGE**
SELECTED VARIETIES, 2'S
21707312_EA/21707293_EA



UP TO
20% OFF
7.00-55.00 AFTER SAVINGS

OXO GADGETS
SELECTED VARIETIES
20000784_EA/20039191_EA
20057155_EA



UP TO
30% OFF
14.00-28.00 AFTER SAVINGS

BENTGO LUNCH
21380561_EA/21380562_EA



UP TO
25% OFF
2.00-38.00 AFTER SAVINGS

**LIFE AT HOME™
LAUNDRY ACCESSORIES**
20371392_EA/21637498_EA



\$8

LIMIT 4
OVER LIMIT PAY
9.99 EA

**NO NAME™ BIRCH
CUTLERY MIX OR
FORKS**
150 CT
21707001_EA/21707031_EA



* Please note that not all items are available in all stores.

Love the look, adore the price

Design your dream tablescape with our affordable collection of dinnerware, serveware and accessories. Get the look you want for less.



1. PC® Matte Stone Cereal Bowl 21482348_EA \$6 2. PC® Ribbed Oval Platter 21487352_EA \$20
3. PC® Denim Mug 21173676_EA \$5 4. PC® Ribbed Salt & Pepper Shakers 21565526_EA \$10
5. PC® Mango Round Tray 21564618_EA \$25 6. PC® Matte Stone Serve Platter 21482357_EA \$20

\$45

LIMIT 4

OVER LIMIT PAY 65.00 EA

Simply set to impress

Keep your table stylish and your wallet happy.



PC® Denim 12 Piece
Dinnerware Set
21171512_EA
LIMIT 4
over limit pay 65.00 ea
\$45



PC® Speckle 12 Piece
Dinnerware Set
21171025_EA
LIMIT 4
over limit pay 65.00 ea
\$45

* Please note that not all items are available in all stores.

DEAL DROPS FOR FALL

Make the most out of everything the season has to offer, for less.

UP TO

30% OFF

2.50-27.50 AFTER SAVINGS

HALLOWEEN DÉCOR

SELECTED VARIETIES

21718030_EA/21721071_EA

UP TO

30% OFF

1.50-27.50 AFTER SAVINGS

HARVEST PUMPKINS

SELECTED VARIETIES

21665249_EA/21665940_EA/21720060_EA

\$10

LIMIT 4

OVER LIMIT PAY 14.00 EA

HARVEST CRACKERS

SELECTED VARIETIES

21717023_EA/21717024_EA

\$29

LIMIT 2

OVER LIMIT PAY 39.00 EA

HALLOWEEN WREATHS

SELECTED VARIETIES

21664672_EA/21664802_EA

UP TO

25%

2.50-12.00 AFTER SAVINGS

HALLOWEEN CERAMIC FIGURES

SELECTED VARIETIES

21727050_EA/21727094_EA/21727101_EA

\$14

LIMIT 4

OVER LIMIT PAY 19.00 EA

HALLOWEEN PILLOWS

SELECTED VARIETIES

21723813_EA/21724101_EA

UP TO

20% OFF

3.50-20.50 AFTER SAVINGS

HALLOWEEN PUMPKINS

SELECTED VARIETIES

21576479_EA/21576579_EA

BUY 1 GET 1 50% OFF

HALLOWEEN SKULL & BONES

SELECTED VARIETIES

SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE

3.00-25.00

21176280_EA/21591759_EA

\$32

LIMIT 4

OVER LIMIT PAY 39.00 EA

HALLOWEEN OUTDOOR INFLATABLES

SELECTED VARIETIES

21727031_EA

\$99

LIMIT 2

OVER LIMIT PAY 119.00 EA

HALLOWEEN 8' OUTDOOR INFLATABLE

SELECTED VARIETIES

21735663_EA

\$79

LIMIT 2

OVER LIMIT PAY 99.00 EA

HALLOWEEN ANIMATED FIGURES

SELECTED VARIETIES

21725755_EA/21731175_EA

BUY 1 GET 1 50% OFF

HALLOWEEN PARTYWARE

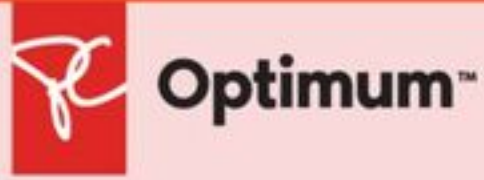
SELECTED VARIETIES

SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE

2.00-19.00

21723263_EA/21723442_EA

JOE FRESH



Moredays™

October 1 - 7
In-App Exclusive

Get
20,000
pts

for every
\$75 spent
on apparel*

* Visit www.joefresh.com/offerdetails for full details.



New Lower Price!
\$29

Women's Cotton
Cashmere Blend
Sweaters



New Lower Price!
\$35

Women's Denim



\$29

Men's Henley
Long Sleeve Top

Available
Colours:



\$35

Women's Corduroy
Wide Leg Pant

Available
Colours:



\$29^{ea.}

Women's CozyFleece
Crewneck Sweatshirt
& Sweatpants

Available
Colours:



\$35

Adult Flannel
Button-Down
Shirt

\$59

Men's Puffer



EVEN MORE ONLINE & IN-STORE

SHOP NOW

*Visit www.joefresh.com/offerdetails for full details.

Brands At JOE FRESH

All the brands you love, now all in one place.

Moredays™

October 1 - 7

Optimum™
App
exclusive
offer

Get
20,000
pts

for every
\$75 spent
on apparel*

*Visit www.joefresh.com/offerdetails
for full details.



20% off

Women's Full-Zip Sweater*

NOW
23⁹⁹
EA.

~~29⁹⁹~~
EA.
WOMEN'S FULL-ZIP
SWEATER



Select Styles | Online + Select Stores | Ends October 7

34⁹⁹
EA.

WOMEN'S HALF-ZIP
SWEATER



34⁹⁹
EA.

WOMEN'S CREWNECK
SWEATER



34⁹⁹
EA.

WOMEN'S HIGH
NECK SWEATER



34⁹⁹
EA.

WOMEN'S CREWNECK
SWEATER



Even more
styles
online!

New Kids' Styles

LEVI STRAUSS
SIGNATURE™

GOLD

14⁹⁹
EA.

KIDS' T-SHIRT



29⁹⁹
EA.

KIDS' JEANS



34⁹⁹
EA.

KIDS' NHL
HOODIES

Official
styles,
for less



Even More Online & In-Store

SHOP NOW



FILL YOUR PLATE

Kraft

WILL FILL ANOTHER

We're filling **2 million** plates so that no plate goes empty.

Food Banks Canada  Banques alimentaires Canada

LEARN MORE AT KRAFT.CA/2MILLIONPLATES




Kraft Dinner Macaroni & Cheese
200 g

1.25 Selected Varieties
21549526_EA



Kraft Salad Dressings 425 mL
Heinz Mayonnaise-style Sauces 340 mL

3.49 Selected Varieties
21584850_EA
21686274_EA



Kraft Peanut Butter
750 g - 1 Kg



Maxwell House Instant Coffee
150 g

5.97 Selected Varieties
20039581001_EA
21026608_EA



Philadelphia Cream Cheese Product
227/250 g

3.99 Selected Varieties
20641267_EA
20866924010_EA



Classico Pasta Sauce
410 - 600 mL

2.97 Selected Varieties
21618217_EA



Heinz Ketchup
750 mL - 1 L



Heinz Mayonnaise
675 mL

4.99 Selected Varieties
20069080_EA
21750781_EA



Maxwell House Roast & Ground Coffee
631 - 900 g



Maxwell House Single Serve Pods
30 pack

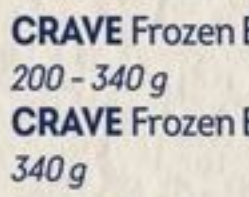
SAVE UP TO 5.99
\$16 Selected Varieties
21606882_EA
21308076_EA



Crave Bowls & Bolls



Crave Frozen Entrées
200 - 340 g



Crave Frozen Bowls
340 g

4.49 Selected Varieties
21085515_EA
21681688_EA

LOU'S KITCHEN

QUICK AND EASY - ENJOY!

DELICIOUS, SIMPLE TO PREPARE MEALS



LOU'S ENTRÉES TURKEY THIGH
400g
20684433_EA



LOU'S ENTRÉES PULLED PORK
400g
20182404_EA



LOU'S ENTRÉES BEEF POT ROAST AU JUS
375g
20078077_EA



LOU'S ENTRÉES SHAVED BEEF AU JUS
400g
20507550_EA



LOU'S ENTRÉES PHILLY-STYLE SHAVED STEAK
400g
21046171_EA

\$10

Marie Morin

INDULGE WITH OUR CHEF-STYLE GOURMET CREATIONS



2/\$6 OR 3.50 EA

Marie Morin
Crème Brûlée, Salted Caramel Cheesecake or Chocolate Ganache
90 g - 103 g
21065251_EA / 21065250_EA / 21065203_EA





INVITE PRETZEL CRISPS®; They're delicious company



Original



Gluten Free Original



Gluten Free Mediterranean Herb

SNACK FACTORY® PRETZEL CRISPS®
200 G, SELECTED VARIETIES 20948940_EA/21760599_EA/21760778_EA

4.50



Milk Chocolate & Caramel Drizzlers



Dark Chocolate Drizzlers

5.50

© 2026 Campbell Company of Canada

Gay Lea

Sweeten the small stuff this Fall



4.50

GAY LEA WHIPPED CREAM
SELECTED VARIETIES
225 g
20303689_EA



[/gayleafoods/](https://www.gayleafoods.com)
[@gayleafoodscoop](https://www.gayleafoodscoop.com)
www.gaylea.com

Tide boosted clean

✓cleaner ✓whiter ✓brighter ✓fresher



SAVE UP TO 2.00
9.99

Tide/Gain/Ivory Snow Liquid 1.24 L - 2.39 L, PODS or Flings 18-31's Laundry Detergent, Downy/Gain Fabric Softener 1.66/2.63 L, Scent Booster 303-379 g or Bounce Dryer Sheets 120/200's, Selected Varieties 21593782_EA/20880215_EA

NEW

Unlimited Collection

SCENTS THAT LUXE UP YOUR LAUNDRY



SAVE UP TO 5.00
15.99

Downy Fabric Softener 2.76 L/4.16 L, Scent Booster 598/680 g or Rinse 1.8 L, Selected Varieties 21738608_EA

50% less scrubbing*

*vs Dawn Non-concentrated



SAVE 16%
2.49

Dawn Dish Detergent 431/502 mL 21735713_EA/21430590_EA

LOAD THIS GET THIS



19.99

Cascade Dishwasher Detergent 51/67/80 CT 21518479_EA/21516545_EA

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Royale

There for all



Royale® Facial Tissue
selected varieties
6 pk
20906153_EA

SAVE 2.99
\$8



Royale® Bathroom Tissue
selected varieties
16=48 rolls
21691633_EA

SAVE UP TO 44%
\$14



Royale® Ultra Strength Paper Towel
6=12 rolls
21484732_EA

SAVE 4.99
\$15

Softness, Strength & Comfort

For more information, visit royale.ca. ®/TM/MC Trademarks of Irving Consumer Products Limited. © 2026 Irving Consumer Products Limited.

Get
3,000
pts

For every \$15* spent

\$3 back in points

**SENSODYNE,
PRONAMEL, POLIDENT,
POLI-GRIP OR BIOTÈNE
PRODUCTS**

SENSODYNE

CLINICAL REPAIR

Starts to
REPAIR
teeth from the
1ST BRUSH*

PROTECTS AGAINST
SENSITIVITY RETURNING**

SENSODYNE
Clinical White or
Clinical Repair
toothpaste, 75 mL
21067970, EA
21171248, EA

**LIMIT 4
\$9**
OVER LIMIT
NET 0.50 EA

**SENSODYNE
PRONAMEL**

Actively
Strengthens
your enamel

- Stronger dentifuge*
- 24-hour cavity protection

**SENSODYNE OR
PRONAMEL**
toothpaste
selected varieties
75 mL
21068563, EA
21471656, EA

**LIMIT 6
\$7.50**
OVER LIMIT
NET 0.50 EA

*against dietary acids. With twice daily brushing,
also reduces enamel erosion teeth.

**#1 DENTIST RECOMMENDED
BRAND FOR SENSITIVE TEETH***

*Helps repair sensitive area of teeth with
continued twice daily brushing. Also fights cavities,
**with continued twice daily brushing. Data on File.

POLIDENT **POLIGRIP**

**"#1 DENTIST
RECOMMENDED BRANDS"**

POLIDENT TABLETS
Tablets 96 count or
POLIGRIP 62.4-70 g
selected varieties and sizes
21090453, EA/21171428, EA

**LIMIT 4
\$8**
OVER LIMIT
NET 0.75 EA

biotène **#1 PHARMACIST
RECOMMENDED BRAND
FOR A DRY MOUTH**

BIOTÈNE Gel 42 g,
toothpaste 100 mL,
mouthwash 473 mL, or
spray 44 mL
selected varieties
20755160, EA
21709548, EA

**LIMIT 4
\$14.50**
OVER LIMIT
NET 0.50 EA

*Data on File. Always read and follow the label. Trademarks owned or licensed by Haleon. ©2026 Haleon or licensor.

FOR HEALTHY LOOKING, BEAUTIFUL SMILES!



LIMIT 6
375

Crest Complete Whitening Clean Mint or Crest + Scope Toothpaste 120 mL
21354024_EA
21354016_EA

OVER LIMIT PAY 4.29 EA



LIMIT 6
6⁵⁰

Crest Gum Restore Paste, Crest Scope Outlast Mouthwash 1 L, selected varieties
21354615_EA
20948877_EA

OVER LIMIT PAY 7.79 EA



LIMIT 4
\$8

Crest 3D White Deep Stain Remover Toothpaste Dazzling Mint 45 mL
21087834_EA/21744243_EA

OVER LIMIT PAY 8.49 EA



LIMIT 4
\$8

Oral-B Pro 300 Electric Brush, Oral-B Crush Heads, selected varieties
20346231002_EA
21087467_EA

OVER LIMIT PAY 8.49 EA



LIMIT 4
\$8

Crest 3D White Deep Stain Remover Toothpaste Dazzling Mint 45 mL
21087834_EA/21744243_EA

OVER LIMIT PAY 8.49 EA



LIMIT 4
\$8

Crest 3D White Deep Stain Remover Toothpaste Dazzling Mint 45 mL
21087834_EA/21744243_EA

OVER LIMIT PAY 8.49 EA



LIMIT 4
\$8

Oral-B Pro 300 Electric Brush, Oral-B Crush Heads, selected varieties
20346231002_EA
21087467_EA

OVER LIMIT PAY 8.49 EA



LIMIT 4
\$8

Crest 3D White Deep Stain Remover Toothpaste Dazzling Mint 45 mL
21087834_EA/21744243_EA

OVER LIMIT PAY 8.49 EA



LIMIT 4
\$8

Crest 3D White Deep Stain Remover Toothpaste Dazzling Mint 45 mL
21087834_EA/21744243_EA

OVER LIMIT PAY 8.49 EA



LIMIT 4
\$8

Oral-B Pro 300 Electric Brush, Oral-B Crush Heads, selected varieties
20346231002_EA
21087467_EA

OVER LIMIT PAY 8.49 EA



LIMIT 4
\$8

Crest 3D White Deep Stain Remover Toothpaste Dazzling Mint 45 mL
21087834_EA/21744243_EA

OVER LIMIT PAY 8.49 EA



LIMIT 4
\$8

Crest 3D White Deep Stain Remover Toothpaste Dazzling Mint 45 mL
21087834_EA/21744243_EA

OVER LIMIT PAY 8.49 EA



LIMIT 4
\$8

Oral-B Pro 300 Electric Brush, Oral-B Crush Heads, selected varieties
20346231002_EA
21087467_EA

OVER LIMIT PAY 8.49 EA



LIMIT 4
\$8

Crest 3D White Deep Stain Remover Toothpaste Dazzling Mint 45 mL
21087834_EA/21744243_EA

OVER LIMIT PAY 8.49 EA



LIMIT 4
\$8

Crest 3D White Deep Stain Remover Toothpaste Dazzling Mint 45 mL
21087834_EA/21744243_EA

OVER LIMIT PAY 8.49 EA



LIMIT 4
\$8

Oral-B Pro 300 Electric Brush, Oral-B Crush Heads, selected varieties
20346231002_EA
21087467_EA

OVER LIMIT PAY 8.49 EA



LIMIT 4
\$8

Crest 3D White Deep Stain Remover Toothpaste Dazzling Mint 45 mL
21087834_EA/21744243_EA

OVER LIMIT PAY 8.49 EA



LIMIT 4
\$8

Crest 3D White Deep Stain Remover Toothpaste Dazzling Mint 45 mL
21087834_EA/21744243_EA

OVER LIMIT PAY 8.49 EA

LIMIT 4
\$8

Oral-B Pro 300 Electric Brush, Oral-B Crush Heads, selected varieties
20346231002_EA
21087467_EA

OVER LIMIT PAY 8.49 EA

LIMIT 4
\$8

Crest 3D White Deep Stain Remover Toothpaste Dazzling Mint 45 mL
21087834_EA/21744243_EA

OVER LIMIT PAY 8.49 EA

LIMIT 4
\$8

Crest 3D White Deep Stain Remover Toothpaste Dazzling Mint 45 mL
21087834_EA/21744243_EA

OVER LIMIT PAY 8.49 EA

LIMIT 4
\$8

Oral-B Pro 300 Electric Brush, Oral-B Crush Heads, selected varieties
20346231002_EA
21087467_EA

OVER LIMIT PAY 8.49 EA

LIMIT 4
\$8

Crest 3D White Deep Stain Remover Toothpaste Dazzling Mint 45 mL
21087834_EA/21744243_EA

OVER LIMIT PAY 8.49 EA

LIMIT 4
\$8

Crest 3D White Deep Stain Remover Toothpaste Dazzling Mint 45 mL
21087834_EA/21744243_EA

OVER LIMIT PAY 8.49 EA




**The Perfect Pair
for EASY
School Lunches**

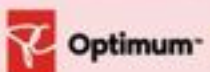





Get
2,000
pts

\$2
back in
points

**BUY 1 DEMPSTER'S
WHITE OR 100%
WHOLE WHEAT BREAD 675 g
AND 1 PILLER'S SLICED
DELI MEAT 125-200 g**



3²⁹

Dempster's white
or 100% whole
wheat bread
675 g

20147355_EA/20187958_EA

\$6

Piller's Sliced
Deli Meat
125-200 g

20965534_EA/20188342_EA




A large red background with white text and a mobile phone image. The text reads: "Connect all you want. Earn points for all you need." Below this, a white rounded rectangle contains the text: "Earn 20,000 pts after 2 months of service". To the right of this rectangle is a black smartphone showing a woman with grey hair smiling and talking on a mobile phone.

STAY ONE STEP AHEAD THIS COLD & FLU SEASON.

Discover the right relief for your entire family.

UP TO
20% OFF
9.99-12.39 AFTER SAVINGS

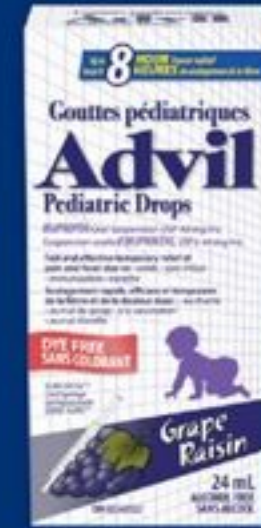
ADVIL COLD & SINUS SMALL-SIZE 16-20'S
SELECTED VARIETIES AND SIZES
20133008001_EA



SINUS PAIN & STUFFY NOSE

UP TO
20% OFF
8.79 AFTER SAVINGS

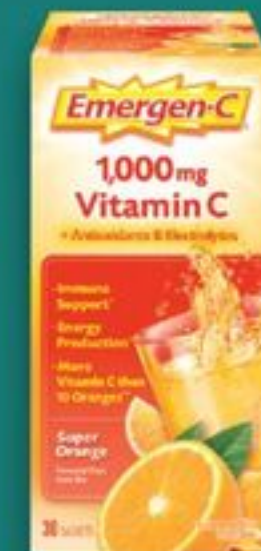
CHILDREN'S ADVIL
SELECTED VARIETIES AND SIZES
20315131001_EA



CHILDREN'S FEVER & PAIN

UP TO
25% OFF
12.85-14.62 AFTER SAVINGS

EMERGEN-C 18-45'S VITAMINS
SELECTED VARIETIES AND SIZES
20997357_EA



IMMUNITY SUPPORT

UP TO
20% OFF
12.39 AFTER SAVINGS

NEOCITRAN COUGH COLD PRODUCT, 10 SINGLE DOSE POUCHES (POWDER)
SELECTED VARIETIES AND SIZES
21208455_EA



MULTI-SYMPTOM RELIEF

For Emergen-C powders, consult a health care practitioner for use beyond six months.

NEW!

UP TO
20% OFF
12.79-13.59 AFTER SAVINGS

BUCKLEY'S COLD & SINUS LIQUID GELS 24'S OR COUGH SYRUPS 150-200 ML
SELECTED VARIETIES AND SIZES
21685256_EA

Give nighttime cold and flu symptoms a taste of our medicine.

Buckley's Nighttime Complete plus Mucus Relief



To be sure this product is right for you, always read and follow the label.

TACKLE FLU SYMPTOMS WITH FAST-ACTING LIQUI-GELS!

UP TO
20% OFF
9.99-12.39 AFTER SAVINGS

ADVIL COULD & SINUS SMALL-SIZE 16-20'S
SELECTED VARIETIES AND SIZES
21685109_EA



FEVER



BODY ACHES & PAIN



HEADACHE



SNEEZING



Liqui-Gels® is a registered trademark of Catalent Pharma Solutions.

NEW!

CLINICALLY SHOWN TO
SUPPORT MEMORY
IN OLDER ADULTS



Multivitamin and multimineral supplement.

UP TO
20% OFF
9.18-28.79 AFTER SAVINGS

CENTRUM 60-250'S VITAMINS
SELECTED VARIETIES AND SIZES
21737269_EA



Some products may contain the same active ingredient(s) and should not be taken together. To be sure these products are right for you, always read and follow the label.



**AD
MATCH**

**We'll
match prices*
when you
show us
a lower
advertised
price!**

1. We'll match prices if you show us a lower advertised price.
See in-store for a list of current competitors that we ad match against.
2. We reserve the right to limit the quantity available for purchase to 4 units per Ad Matched item purchased at a competitor's price, regardless of variety.
3. We will not match competitor's private label offers on non-identical brands or other special offer types, see full explanation for details.
4. The competitor's advertisement, whether printed or digital, must be complete with all necessary information and in an acceptable format.

*We'll match prices if you show us a lower advertised price means that if a major supermarket competitor, advertises a lower price on any identical item we carry in store, show us the original print copy or official digital advertisement and we will sell you that item, up to a limit of four(4) units per item, at that same price but only during the effective dates of that competitor's advertisement. See in-store for a list of current competitors we ad match against. Identical items are defined as same brand, item type (in the case of unbranded produce, meat and bakery), size and attributes and carried at this store location. **We will not match:** competitor's private label offers on non-identical items, "spend x get x", "Free", Offers on liquor, "Clearance", discounts or coupons obtained through loyalty programs including PC Optimum™, PC Optimum Member Only Pricing, participating items under the Save it Forward™ program timeframe, or offers related to our third party operations (post office, gas bars, dry cleaners, etc.). We reserve the right to refuse to match a competitor's item price if their advertising contains errors, typos or misprints or is subject to a correction notice. We reserve the right to identify the major supermarket competitor(s) for each Real Canadian Superstore location. The program will only apply if competitor's advertising is complete with all relevant information including but not limited to size and price, effective dates, format/weight identified, and in the format specified as either in print or from an official digital source (such as the competitor's online flyer or website). In no circumstances will the program apply to offers relating to our third-party operations or where prohibited by local, provincial or federal laws or regulations. Major supermarket competitors and geographical trade areas are determined solely by us and are based on a number of factors which can change from time to time. We reserve the right to cancel or change the terms of this program at any time.