

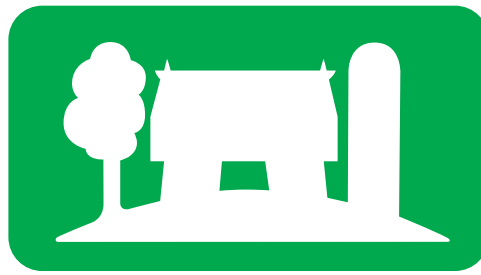
**Fresh savings effective
two weeks**

Thursday, October 1 to
Wednesday, October 14, 2026
Sign-up for your E-flyer
today at highlandfarms.ca

CLOSED
Thanksgiving –
October 12



SCAN FOR OUR WEEKLY
FLYER & SPECIALS



HIGHLAND FARMS



START FRESH

**HAPPY
THANKSGIVING!**
Get great deals on turkey and all the trimmings!
CANADIAN OWNED AND OPERATED SINCE 1963



**NEW
CROP**

Fresh
Beef Eye of Round
or Sirloin Tip Roast
Product of Canada

7⁹⁹
/lb
17.61/kg

SAVE MORE!



Canada **AAA**

Grown
at Highland Farms
Orchards



2⁹⁹
4lb
cello bag

SAVE MORE!

Fresh
McIntosh or Cortland Apples
Fancy Grade



5⁹⁹
18pk

Burnbrae Farms
Prestige Club Pack
Large White Eggs



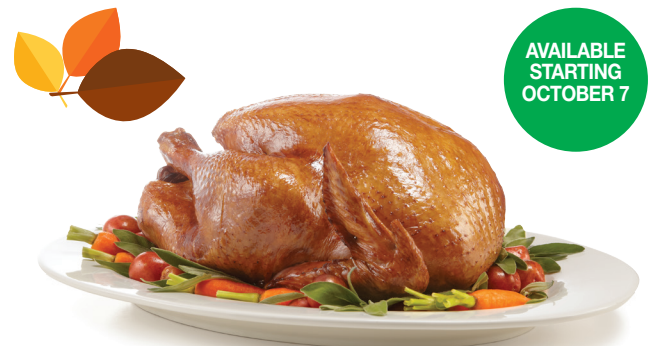
Unico
Tomatoes 796ml or Beans 540ml
Selected Varieties

3/5⁰⁰



Black Diamond
Cheese Bars 400g
or Shreds 320g
or Tre Stelle
Mozzarella Ball 340g
Selected Varieties

5⁹⁹
each



**AVAILABLE
STARTING
OCTOBER 7**

3⁹⁹
/lb
8.80/kg

Fresh Grade A Turkeys
All Available Sizes



6⁹⁹
2L

Chapman's
Premium Ice Cream
Selected Varieties



DeCecco
Pasta
Product of Italy
Assorted Regular Cuts

2/5⁰⁰
454g



2⁹⁹
/100g

Cuddy
Oven Roasted
Turkey Breast
Freshly Sliced
at the Deli



4⁹⁹
/lb
11.00/kg

Springer's
Whole Smoked
Bone-In Pork
Picnic Shoulder



2⁹⁹
each

Ontario Homegrown
Cauliflower
No. 1 Grade
Jumbo Size

PRODUCE

Seedless Grapes
Red
Product of U.S.A.
No. 1 Grade

2⁹⁹
/lb
6.59/kg



1⁹⁹
/lb
4.39/kg
Clementines
Product of South Africa



1⁴⁹
/lb
3.28/kg
Ontario Homegrown
Bosc Pears
Fancy Grade



2⁹⁹
340g
Ocean Spray
Fresh Cranberries
Product of U.S.A.
No. 1 Grade



Ontario Homegrown
Green, Red or
Savoy Cabbage
Jumbo Size

2/5⁰⁰



2⁹⁹
pkg
of 4
Ontario Homegrown
Greenhouse
Sweet Bell Peppers
No.1 Grade



Ontario Homegrown
Fresh Yellow Cooking Onions 2lbs
or Carrots 3lbs
No. 1 Grade

2/5⁰⁰



Ontario Homegrown
Fresh Potatoes
Red, White or Yellow Flesh
No. 1 Grade

99¢
/lb
2.18/kg



99¢
/lb
2.18/kg
Ontario Homegrown
Fresh Squash
Pepper, Butternut, Buttercup, Spagetti or Pie Pumpkin



2⁹⁹
/lb
6.59/kg
Brussels Sprouts
Product of Canada



1⁴⁹
/lb
3.28/kg
Sweet Potatoes
Product of U.S.A.



4⁹⁹
283g
Classic Salads
Spring Mix or
Baby Spinach
Product of U.S.A.

BAKERY



3²⁹
600g
Country Harvest
100% Whole Grain
Sliced Bread
Assorted Varieties



2⁹⁹
350g
Ace Bakery
Baguettes
White



La Rocca
8" Pumpkin Pie Cake
29⁹⁹
each



Highland Farms
Country Kitchen
Fresh Store-Baked
8" Apple or
Pumpkin Pie
5⁹⁹
600-620g



7⁹⁹ each
Coca-Cola
12x355ml or Fuze
12x341ml
Assorted Varieties



5⁹⁹ 2.5kg
Five Roses or
Robin Hood
All Purpose Flour
Selected Varieties



7⁹⁹ 1L
Highland Farms
Country Kitchen
Pasta Sauce
Assorted Varieties



Lavazza
Espresso Coffee Beans
Qualità Rossa or Crema e Gusto
24⁹⁹ 1kg

GROCERIES



99¢ 156ml
Unico or Primo
Tomato Paste



Gallo
Extra Virgin Olive Oil
1L or Extra Virgin
Olive Oil
Squeeze 750ml



Perugina
Baci Chocolates
16⁹⁹ 150g



Sanpellegrino
Sparkling Fruit
Beverage
Assorted Varieties
2/13⁰⁰ 6x330ml



2/5⁰⁰ 591ml
Glacéau
Vitamin Water
Assorted Varieties
Coca-Cola
Soft Drinks
Assorted Varieties
2⁹⁹ 2L



Clover Leaf
White Albacore
Tuna Solid,
Chunk or Flaked
Selected Varieties
2⁹⁹ 170g



5⁹⁹ 250ml
Maple House
Pure Maple
Syrup Dark



1⁹⁹ 946ml
Aurora
Broth
Selected Varieties



Montellier
Carbonated Natural Spring Water
Assorted Varieties
6⁹⁹ 10x355ml



Old Dutch
Potato Chips or Ridgies
Selected Varieties
2/7⁵⁰ 200-220g



3⁶⁹ 1.89L
Allen's
Apple Juice or
Cranberry Cocktail



Grissol Croutons
Selected Varieties
2/5⁰⁰ 135g



2⁹⁹ 500ml
Sealtest
Sour Cream
3⁹⁹ each
Sealtest
Cream 5%, 10%,
Natrel Lactose Free
Cream 10% 1L
or 35% Whipping
Cream 473ml



7⁹⁹ 4x113g
Lactantia
Butter Sticks
or My Country
Unsalted
5⁷⁹ 454g
Natrel
Butter
Salted or Unsalted



4⁷⁹ 1.5-1.6L
Oasis
Orange Juice
or Health Break
Juice Blends

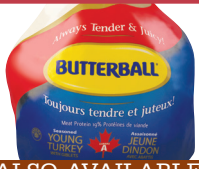


7⁹⁹ 1kg
Burnbrae Farms
Naturegg
Simply Egg Whites



3⁹⁹ each
Olympic
Organic Sour Cream
500g or Danone
Activia Yogurt 650g
Selected Varieties

MEAT



ALSO AVAILABLE –
GRADE A FROZEN
BUTTERBALL TURKEYS
ALL SIZES



8⁹⁹ /lb
Grade A
Cornish Hens
Frozen



4⁹⁹ /lb
King Cole
Grade A Ducks
Frozen



Butterball
Turkey Roast
Selected Varieties

21⁹⁹
1.2kg



5⁹⁹ /lb
Schneiders
Bone-in Ham

DELI



O Sole Mio
Lasagna Sheets
6⁹⁹
700g



5⁹⁹ 125g
Castello
Brie or Camembert
Cheese



6⁹⁹ 500g
Santa Lucia
Fresh
Ricotta Cheese



2⁴⁹ /100g
Santa Lucia
Bocconcini
at the Deli



10⁹⁹ 500g
Saputo
Mini Friulano
Cheese



4⁴⁹ /100g
Imported from Italy
Parmigiano
Reggiano Cheese

4⁹⁹ /100g
Grated
**AGED
24
MONTHS**



1²⁹ /100g
Kalamata
Olives at the Deli



3⁹⁹ /100g
Mastro
Calabrese
Sopressata Salami
Sweet or Hot
Freshly Sliced
at the Deli



6⁹⁹ 100g
San Daniele
Prosciutto Reg or
Smoked Slices



4⁴⁹ 255g
Summer Fresh
Topped
Hummus
2/7⁰⁰ 227g
Summer Fresh
Hummus,
Tzaziki or Dips
Assorted
Varieties

SEAFOOD



Fresh Atlantic
Salmon Fillets
13⁹⁹ /lb
30.84/kg



9⁹⁹ /lb
Fresh Wild
Sole Fillets



6⁹⁹ 2lb
bag
Fresh P.E.I.
Cultivated Mussels



14⁹⁹ 454g
Ocean Prime
Cooked Pacific
White Shrimp
21-25ct
Frozen



12⁹⁹ 908g-
1.13kg
Ocean Prime
Tilapia or
Basa Fillets
Frozen

FROZEN FOODS

Chapman's
Yukon Novelties
Selected Varieties
5⁹⁹
6-8pk



3⁴⁹ 907g
Cheemo
Perogies
Assorted Varieties
Frozen

Regina
Pasta
Four Cheese Ravioli,
Gnocchi, Tortellini
Meat & Cheese or
3 Colour
Selected Varieties
Frozen

12⁹⁹ 1kg



850 ELLESMERE RD.
AT KENNEDY RD.
416.298.1999

Store Hours:
Monday – Friday:
7:00a.m. till 9:00p.m.
Saturday – Sunday:
7:00a.m. till 8:00p.m.



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