



PROUDLY CANADIAN SINCE 1919

249
LB

FRESH GRADE A
TURKEY
ALL AVAILABLE SIZES
5.49/KG
20145891_KG
20153440_KG



HOT PRICE

\$2
LB

HONEYCRISP
APPLES PRODUCT OF
ONTARIO, FANCY GRADE OR
PC® EXTRA LARGE
GREEN OR RED
SEEDLESS GRAPES
PRODUCT OF U.S.A.
NO. 1 GRADE
4.41/KG
20132621001_KG
20423775001_KG



\$20

LARGE VEGETABLE OR
FRUIT PLATTER
PREPARED IN-STORE
1.34-1.87 KG
20089718_EA
20121599_EA



4 DAY SALE
THURSDAY, OCTOBER 8TH TO
SUNDAY, OCTOBER 11TH

SAVE \$6 LB

8.99
LB

FRESH ATLANTIC
SALMON FILLETS
FAMILY SIZE
19.82/KG
FRESH SEAFOOD ITEMS
SUBJECT TO AVAILABILITY
20720065_KG



\$19

PC® PACIFIC
WHITE SHRIMP
WITH COCKTAIL
SAUCE 454 G OR
IFC SEAFOOD
CANADIAN SNOW
CRAB CLUSTERS
500 G
FROZEN
20147058_EA
21615011_EA



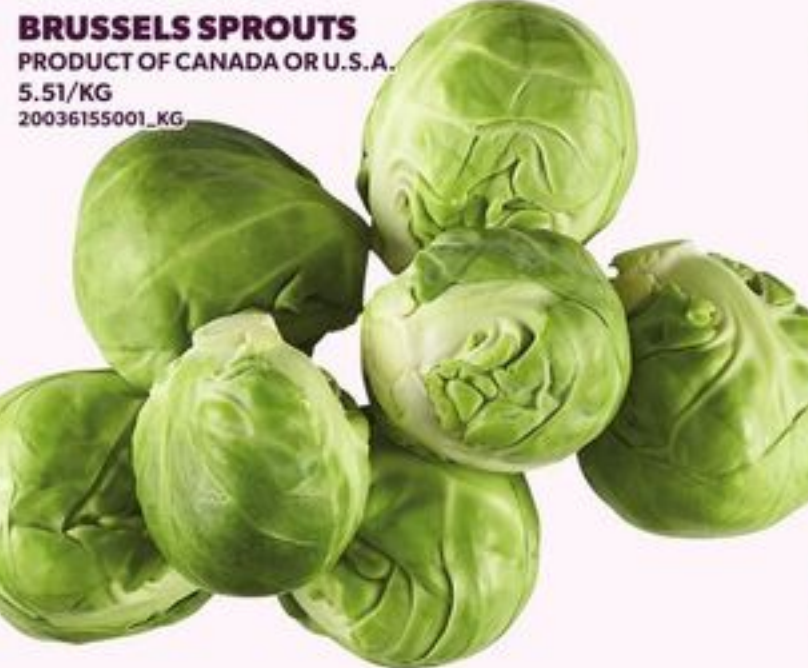
HOT PRICE
50¢
LB

GREEN CABBAGE
PRODUCT OF ONTARIO
1.10/KG
20793034001_KG



2.50
LB

BRUSSELS SPROUTS
PRODUCT OF CANADA OR U.S.A.
5.51/KG
20036155001_KG



\$4

SWEET POTATOES
PRODUCT OF CANADA
5 LB BAG
20089731001_EA



Optimum™ The Membership that Makes More Possible

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

App exclusive offer*

SAVE \$2
\$6.50
Get 1,500 pts

8 INCH PIES
SELECTED VARIETIES
680/750 G
21297474_EA
21297475_EA



App exclusive offer*

\$4
Get 1,000 pts

BREYERS CREAMERY
STYLE ICE CREAM
1.41 L OR POPSICLE
NOVELTIES 6-12'S
SELECTED VARIETIES
FROZEN
20763159_EA
21651169_EA



App exclusive offer*

\$16
Get 2,000 pts

PC® ROAST AND GROUND
OR WHOLE BEAN COFFEE
800-930 G OR PRIDE OF
ARABIA WHOLE BEAN
COFFEE 907 G
SELECTED VARIETIES
21393334_EA
21393573_EA



App exclusive offer*

\$12
Get 2,000 pts

PC® 100% PURE
MAPLE SYRUP
500 ML
20049221_EA



App exclusive offer*

\$3.93
Get 1,000 pts

NO NAME® LARGE
GRADE A WHITE
EGGS
SELECTED VARIETIES
12'S
20812144001_EA



Member Price

\$3.99

CASHMERE
BATHROOM
TISSUE 8-16 ROLLS OR
SCOTTIES FACIAL
TISSUE 6'S
20573377_EA
20765440_EA
21204742_EA



\$3

ACE BAKERY
BAGUETTE
SELECTED VARIETIES
350-400 G
20171171_EA
20965060_EA



SAVE 42%

\$2

LANTIC
GRANULATED
SUGAR
2 KG
20145033_EA



4.98

NEISON TRUTASTE
MILK
2% 1% SKIM
SELECTED VARIETIES
4L
20136554_EA
20148677_EA



4.99

PC® SHREDDED
CHEESE 250-320 G OR
BLACK DIAMOND
CHEESE BARS OR
SHREDDED CHEESE
300-400 G
SELECTED VARIETIES
21060183_EA
21279922_EA



\$6

NO NAME®
OLIVE OIL
SELECTED VARIETIES
750 ML
20047715_EA
20160496002_EA



\$3

GREEN GIANT
VEGETABLES
400-750 G OR
MCCAIN FROZEN
POTATO
PRODUCTS
454-800 G
SELECTED VARIETIES
FROZEN
20324328002_EA
21022355_EA



12.99

COCA-COLA
CANADA DRY OR
PEPSI SOFT DRINKS
SELECTED VARIETIES
24X355 ML
20306487002_C24
20308197001_C24



\$20

TIDE LAUNDRY
DETERGENT 3.46-3.9 L
TIDE POWER PODS 45'S
TIDE PODS OR GAIN
FLINGS 57-76'S,
DOWNY OR GAIN
BEADS 853 G OR
CASCADE TUBS
51/67/90'S
SELECTED VARIETIES
21593670_EA



LSI 1 rad05/10/26 ON

Optimum™

3 days only
from Thursday, October 8 to
Saturday, October 10

**Bonus
Redemption Event**

Limited time offer, subject to change or cancellation. Redemptions at points level available while offer lasts as specified above in a single transaction. In cases of insufficient spend amount causing customers not being able to optimize the offer, the system will automatically suggest/default to a lower redemption threshold, so that customer can always redeem the least amount of available points and achieve the maximum value of offer available. Customer can however choose to redeem a higher amount of points and forfeit portion of the value available if desired as per the PC Optimum™ Program Terms and Conditions. In no event will customers receive extra points in lieu of the forfeited value as part of this offer. Redemptions must be in increments of 10,000 points up to a maximum of 500,000 PC Optimum™ points in one transaction. Applicable fees and taxes payable on full purchase price before application of redemption value. Not redeemable for cash or credit. Exclusions apply. Visit pcoptimum.ca/company-policy/terms-and-conditions for further details.

Redeem
250,000 pts
and get
\$300 off
your purchase of
\$300 or more
That's an extra
\$50 value!

Redeem
150,000 pts
and get
\$175 off
your purchase of
\$175 or more
That's an extra
\$25 value!

Redeem
70,000 pts
and get
\$80 off
your purchase of
\$80 or more
That's an extra
\$10 value!

Flyer prices effective from Thursday, October 8th to Wednesday, October 14th, 2026. SEE BACK PAGE FOR DETAILS.
Excludes Loblaws 500 Lake Shore Boulevard West.

**PRICE
DROP†**

**More ways to
save**

prices effective
**Thursday September 24 -
Wednesday October 14, 2026**

\$3



NO NAME® FLOUR
SELECTED VARIETIES
2.5 KG
20013256_EA
20303325_EA



3/\$9

OR \$3.79 EA.
**BEN'S ORIGINAL
BISTRO EXPRESS
RICE OR RICE
AND PULSES**
SELECTED VARIETIES
240/250 G
21404895_EA
21405476_EA



2.50

**CLIF BUILDERS
PROTEIN BARS**
SELECTED VARIETIES
56/68 G
21010564_EA
21093606_EA



**SAVE
UP TO 42%**



\$3

SIGGI'S SKYR
4X100 G OR
YOGO NANO
BUBBLES 4X100 G
SELECTED VARIETIES
21889925_EA
21719739_EA



\$2

**LIMIT 6
AFTER LIMIT
4.49 EA.**

**HUGGIES 1X
BABY WIPES**
SELECTED VARIETIES
56-64'S
20657396_EA



3.50

**KING'S HAWAIIAN
ROLLS**
SELECTED VARIETIES
340 G
21475970_EA
21489831_EA



**SAVE
UP TO \$4.99**

\$6

BALDERSON CHEDDAR
250/280 G, **GOUDA**
170/200 G OR **PILLER'S**
KOLBASSA 250-375 G
SELECTED VARIETIES
21495455_EA
20308469_EA



App exclusive offer*
Open your PC Optimum app or visit
pc optimum.ca to get the offer.

Optimum

**SAVE UP
TO \$1
\$8**

**Get
4,000
pts**

**\$4
back in
points**

**PC® BLACK LABEL
PIZZA**
SELECTED VARIETIES
FROZEN
370-440 G
21531415_EA
21615467_EA



1.50

**CAMPBELL'S BROTH OR
CONCENTRATED BROTH**
SELECTED VARIETIES
250/900 ML
20322348002_EA
21347245_EA



\$2

**OCEAN SPRAY
CRANBERRY SAUCE**
SELECTED VARIETIES
348 ML
20022893001_EA
20022893002_EA



\$5

**PC® FROZEN FRUIT
YUKON NOVELTIES** 5-8'S
SELECTED VARIETIES FROZEN
20312227_EA
20950270_EA



**SAVE
UP TO \$1.50**



\$7

ACTIVIA YOGURT
12X100 G OR
IOGO YOGURT 16X100 G
SELECTED VARIETIES
20303412001_EA
20609583001_EA



**Member Price
\$6**

**Member Price
\$7.99**

**Member Price
\$1.99**

**KELLOGG'S
FAMILY SIZE
CEREAL**
SELECTED VARIETIES
450-650 G
21504064_EA
21651640_EA



Optimum

VECTOR
SELECTED VARIETIES
FROZEN
20322380001_EA
21513578_EA



5.50

**HÄAGEN-DAZS
DRUMSTICK** 4'S
3/4'S OR **NESTLÉ
DRUMSTICK** 4'S
SELECTED VARIETIES
FROZEN
20322380001_EA
21513578_EA



\$3

**LAY'S
POTATO CHIPS**
SELECTED VARIETIES
21241032_EA
21663203_EA



\$2

**PC® PASTA 454 G OR
TOMATOES FIRST
PASTA SAUCE 680 ML**
SELECTED VARIETIES
20599748002_EA
21001585_EA



4.50

**PC® THE DECADENT
COOKIE**
SELECTED VARIETIES
280/300 G
20612257_EA
20612260_EA



3.50

**KETTLE BRAND
POTATO CHIPS**
SELECTED VARIETIES
156/198 G
21520692_EA
21722407_EA



\$13

CLIF ENERGY BARS
SELECTED VARIETIES
10X68 G
21664705_EA
21664748_EA



6.99

**HELLMANN'S
MAYONNAISE**
710-890 ML OR
**CHOSEN SALAD
DRESSING** 237 ML
SELECTED VARIETIES
20618579001_EA
21536913_EA



3.75

**SNYDER'S PRETZELS
PIECES** 240 G OR
GOGO SQUEEZ 240 G
SELECTED VARIETIES
20316052001_EA
20322697002_EA



2.50

DARE VEGGIE CRISPS
SELECTED VARIETIES
100 G
20973368_EA
20973370_EA



\$12

**NESTLÉ 50'S
ASSORTED
MINI BARS** 485 G OR
KITKAT 40'S
SPOOKY BREAK
328 G
21451527_EA
21570808_EA



\$4

**MOTT'S CLAMATO
JUICE** 1.89 L OR
**OCEAN SPRAY
100% JUICE BLEND
OR COCKTAIL**
1.77-1.89 L
SELECTED VARIETIES
2030000600_EA
20318955002_EA



\$5

**CARNATION HOT
CHOCOLATE**
450/500 G OR
TWININGS TEA 20'S
SELECTED VARIETIES
21979790_EA
20308033001_EA



\$3

**PC® NATURAL
SPRING WATER**
24X500 ML
20137898_C24



**SAVE
UP TO 20%**

**ENSURE OR
GLUCERNA
READY TO DRINK
SHAKES**
SELECTED VARIETIES
AND SIZES
20180283003_EA
20308731008_C06



\$2

**PALMOLIVE HAND
DISH DETERGENT**
SELECTED VARIETIES
591/828 ML
20861398_EA
21004388_EA



\$24.99

**Get
2,000
pts**

**\$2
back in
points**

**PC® SUPER ABSORBENT
PAPER TOWELS**
CLUB SIZE,
12'S
21558605_EA



90¢

**PURINA FANCY
FEAST** 85 G OR
FRISKIES 156 G
WET CAT FOOD
SELECTED VARIETIES
20302296001_EA
20316703_EA



\$7

**NO NAME®
CLUMPING
CAT LITTER**
SELECTED VARIETIES
7 KG
20023746002_EA



**GET A CHANCE TO
WIN† NHL GAME
TICKETS**



OFFICIAL PARTNER OF THE NHL®
*NO PURCHASE NECESSARY. Closes 11/06/26 at 11:59:59 PM ET.
Fifteen (15) prizes to be won. APV of \$500 each. Open to Canadian PC
Optimum members only, age of majority. Math skill test req'd. Terms apply.
Full rules & entry: <https://www.pc optimum.ca/PCO-hockey-contest>
© NHL

Spend
\$100+
in ONE OR MORE PURCHASES
on participating P&G brands**

Between
October 8 to November 6, 2026
for a chance to win†

**After discounts and before taxes and fees
**Exclusions apply. See PC Optimum App or visit
<https://www.pc optimum.ca/PCO-hockey-contest>
for participating brands and official rules.

**GET GAME
DAY READY!**



PC Optimum is the sole administrator of this contest. © 2026 P&G

**Scan the App
to enter**

Plus get a bonus
20,000 pts®

†Customers who spend \$100+ on eligible P&G products and scan
their PC Optimum App card with qualifying transaction(s) during the
Contest also receive 20,000 in bonus points.

Loblaws

CUSTOMER RELATIONS 1-800-296-2332 VISIT [loblaws.ca](https://www.loblaws.ca) FOR STORE HOURS.

f Loblaws on

📱 Loblaws on

Please call Customer Relations at 1-800-296-2332 or visit our website at [loblaws.ca](https://www.loblaws.ca) for your store's hours and to see which Loblaws® locations do not participate in this flyer. Quantities and/or selection of items may be limited and may not be available in all stores. No rainchecks or substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. **Pricing:** All references to "Save, Was, Now, Savings, etc." are in comparison to our own regular prices. Savings on items shown may vary by store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. Coupons must be presented and redeemed at time of purchase.

Trademarks: ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. ®/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. **Purchase limits:** We reserve the right to limit quantities to reasonable family requirements. **PC Optimum™ Members Only:** Offers are available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit [pc optimum.ca](https://www.pc optimum.ca). Points are not guaranteed in case of errors or misprints. No cash value. See [loblaws.ca](https://www.loblaws.ca) for full program details including redemption restrictions. Minimum redemption is 10,000 points. These offers cannot be combined with any other coupons, discounts, or promotions. No adjustments on previous purchases. We may modify or cancel offers without notice. Product availability may vary by store. While supplies last. **Points Offers:** Receive the specified points when you spend the qualifying amount on the listed products/categories before taxes, after discounts and redemptions, in a single transaction. Taxes apply on purchase amount after discounts. PC Optimum™ pricing is not valid in price match programs for participating Loblaws Inc. banner stores. **Outdoor/Seasonal Items:** Outdoor seasonal items (e.g., lawn and garden) may only be available at select stores. Please check your local store for pricing, limits, and availability.

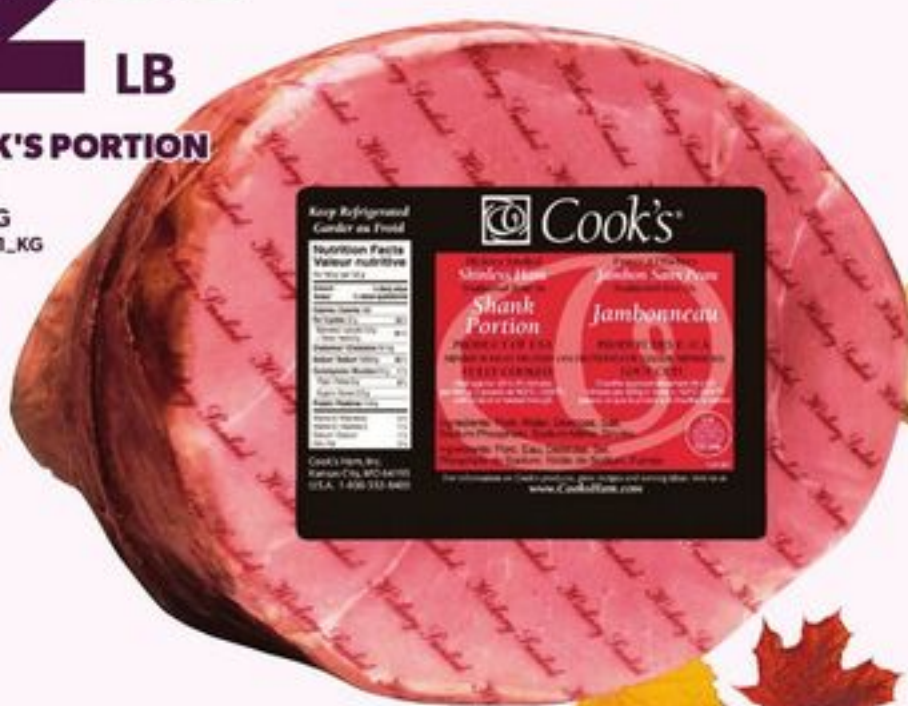
†PRICE DROP Offer: Valid in-store at participating locations from September 24 - October 14, 2026 before taxes and while quantities last. Applies only to select products. Offer may be modified or cancelled without notice. See in-store for full details.

PEFC
PEFC-C01-31-106
PEFC Certified
www.pefc.org

create a feast, be thankful

2⁹⁹ LB

**COOK'S PORTION
HAM**
6.59/KG
20559641_KG



\$4 LB

PORK TENDERLOIN
CRYOVAC PACKAGE OF 2
8.82/KG
20520970_KG



\$25 LB

**NEW ZEALAND
FRENCHED LAMB
RACK**
FROZEN
55.12/KG
20082875_KG



\$16 LB

**BEEF BOTTOM
BLADE POT ROAST**
BONELESS CUT FROM
CANADA AA OR USDA
SELECT GRADE BEEF OR
HIGHER
35.27/KG
20797470_KG



\$15



**PC® WHOLE
CHICKEN**
AIR CHILLED
UP TO 1.7 KG
21658901_EA



**SAVE
UP TO \$3⁹⁹ LB**

\$13 LB

**COD OR HADDOCK
FILETS**
FROZEN OR PREVIOUSLY
FROZEN
SELECTED VARIETIES
28.66/KG
21506243_KG
21506243_KG



\$13

**SEAQUEST®
SHRIMP RING WITH
MILD COCKTAIL
SAUCE**
FROZEN
454 G
21687413_EA



\$11

**PC® SHRIMP
APPETIZERS**
SELECTED VARIETIES,
FROZEN
294-454 G
20158914_EA
20978921_EA



**SAVE
\$1⁹⁹**

\$16

**FOPPEN SMOKED
SALMON TOAST
TRIO**
FROZEN
248 G
21358853_EA



YOUR PARTY STARTS HERE

\$9

**PC® BACON
WRAPPED STUFFED
JALAPENO PEPPERS**
225 G OR SAUSAGE
ROLLS 500 G,
FROZEN
21048989_EA
21538572_EA



\$9

PC® CHEESE STICKS
SELECTED VARIETIES,
FROZEN
345/454 G
20158914_EA
21474563_EA



\$8

PC® SPRING ROLLS
SELECTED VARIETIES,
FROZEN
574 G
20698096_EA
20698133_EA



\$5

CAULIFLOWER
PRODUCT OF CANADA
EACH
20135377001_EA



\$5

**FARMER'S MARKET™
ENGLISH CUCUMBERS**
3'S PRODUCT OF ONTARIO OR
FRENCH BEANS
400 G PRODUCT OF GUATEMALA
20828467001_EA
20889720_EA



\$3

**FARMER'S MARKET™
CARROTS OR YELLOW
ONIONS**
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
3 LB BAG
20660027001_EA
20811994001_EA



\$5

**LARGE
CANTALOUPE OR
MINI SEEDLESS
WATERMELONS**
PRODUCT OF U.S.A.
EACH
20167017001_EA
20145379001_EA



\$4

RASPBERRIES
PRODUCT OF MEXICO
OR CANADA
HALF PINT
2012838001_EA



4⁵⁰

**FARMER'S MARKET™
LEMONS OR PC® ORRI
MANDARINS**
PRODUCT OF SOUTH AFRICA
2 LB
20795315001_EA
20907647001_EA



4⁵⁰

**PC® LITTLE GEMS™
RED, YELLOW
OR MIXED MINI
POTATOES**
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
OR MINI SWEET
POTATOES
PRODUCT OF U.S.A.
680 G
21247300001_EA
20827037_EA



4⁹⁹

**TAYLOR FARMS
CHOPPED SALAD
KITS**
SELECTED VARIETIES
PRODUCT OF U.S.A.
267-383 G
21599513_EA
21335199_EA



\$4

WHOLE PINEAPPLE
PRODUCT OF COSTA RICA
EACH
20119813001_EA



create a feast, be thankful

4⁵⁰
/100 G

**APPLEWOOD
SMOKED ENGLISH
CHEDDAR**
IN-STORE DELI CUT
20076601_KG



\$7

**PC® DOUBLE
CREAM BRIE**
SELECTED VARIETIES
165-200 G
20787327_EA



**SAVE
\$1.99**

\$14

**BELLA CASARA
BURRATA**
250 G
20214087_EA



**SAVE
\$1.49**

\$6

PC® GOAT CHEESE
SELECTED VARIETIES
140 G
21722565_EA
21722579_EA



2⁷⁵
/100 G

**SIKORSKI SAUSAGE
OR KABANOS DELI
SERVICE CASE**
SELECTED VARIETIES
20996142_KG
20996150_KG



\$8

**VENETIAN SAUSAGE,
SALAMI OR
PEPPERONI**
SELECTED VARIETIES
175-350 G
21579453_EA
21594172_EA



Optimum™

**Get
2,000
pts**
for every \$10*
spent on

**\$2
back in
points**

**SAN DANIELE SLICED
PROSCIUTTO** 200 G
**CLUB PACK OR
MASTRO CHARCUTERIE
TRIO OR ITALIAN
MEATS** 100-250 G
SELECTED VARIETIES
21377490_EA
21554465_EA



\$3
/100 G

**SIKORSKI GRAND
PA OR GRAND
MA HAM**
DELI SERVICE CASE
20996152_KG



3²⁹
/100 G

**OLIVE AND
ANTIPASTO BAR**
20127732_KG



**Member Price
\$6**

**Non-Member Price
\$8**

**Members save
\$2**

**LESLEY STOWE RAINCOAST
CRISPS** 150 G OR **WILDLY
DELICIOUS JELLY** 185 ML
SELECTED VARIETIES
21025538_EA
21030996_EA



**SAVE
33%**

6⁵⁰

**PC® DIPS OR
HUMMUS**
SELECTED VARIETIES
454 G
20583725_EA
20584098_EA



\$10

**LARGE PREMIUM
SALADS**
SELECTED VARIETIES
422 G
21608061_EA



all feast, no fuss

**ORDER 24 HOURS
IN ADVANCE**

Optimum™

\$30

**Get
5,000
pts**

**\$5
back in
points**

PARTY TRAY
SELECTED VARIETIES
592 G-1 KG
21217539_EA
21217577_EA
21748952_EA



**MADE
FRESH
IN-STORE**

**ORDER 24 HOURS
IN ADVANCE**

**FROM
\$55**

**PREPARED
IN-STORE
SANDWICH OR
WRAP PLATTERS**
1.23-3.4 KG
21738408_EA



**ORDER 24 HOURS
IN ADVANCE**

**FROM
\$45**

HALAL

**CHICKEN CATERING
PLATTERS**
SELECTED VARIETIES, COMES
WITH CELERY AND CARROTS.
SERVED CHILLED. PLEASE
PLACE ORDERS 24 HOURS
IN ADVANCE THROUGH THE
MEALS TO GO DEPARTMENT
1.92-3.19 KG
21558990_EA



\$35

**BENTO KAZOKU
PLATTER**
53 PIECES
21637774_EA



**FROM
\$20**

**PREPARED IN-STORE
CATERING SLIDERS OR
LARGE SIDES**
625 G-1.7 KG
21738206_EA
21738479_EA



**FROM
\$20**

**PREPARED IN-STORE
SANDWICH OR WRAP
PLATTERS**
1.2-1.7 KG
21738512_EA



the sweetest part of Thanksgiving

**FROM
\$2**

**ASSORTED SINGLE
SERVE DESSERTS**
SELECTED VARIETIES
30-110 G
20752723_EA
21005786_EA



\$30

**PREPARED IN
CANADA**

**LA ROCCA 8 INCH
OCCASION CAKES**
SELECTED VARIETIES
935 G-1.7 KG
21645570_EA/21496165_EA



9⁵⁰

**PREPARED IN
CANADA**

FARMER'S MARKET™ PIES
SELECTED VARIETIES
580 G-1 KG
21297365_EA
21297367_EA



\$8

**Get
2,000
pts**

**\$2
back in
points**

**FARMER'S MARKET™
SQUARES**
SELECTED VARIETIES
400/450 G
21216495_EA
21216501_EA



**PREPARED IN
CANADA**

App exclusive offer*
*Open your PC Optimum™ app or visit
pc optimum.ca to get the offer

\$10

**Get
2,000
pts**

**\$2
back in
points**

PC® CREAM PIE
SELECTED VARIETIES,
FROZEN
730 G
21586299_EA
21586363_EA



Optimum™

\$6

**PREPARED IN
CANADA**

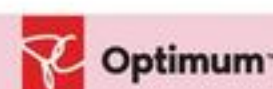
**FARMER'S MARKET™
OR SIMPLE JOY LOAF CAKES**
WHOLE OR SLICED
SELECTED VARIETIES
344-400 G
21618088_EA
21542157_EA





PC® GREENHOUSE GROWN CHANGES EVERYTHING

GROWN WITH PRIDE IN PROTECTED GREENHOUSES FOR VINE-FRESH SWEETNESS AND LIGHT ACIDITY



APP-EXCLUSIVE OFFER
For every \$8 spent get

2,000

pts

\$2
back in
points

on PC® tomatoes

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

PC® Axiany cherry tomatoes

567 G
PRODUCT OF CANADA
21634164001_EA

Axiany Cherry Tomatoes are crisp, juicy, and naturally sweet— an easy way to add fresh flavour to salads, snacks, lunches, and everyday meals. Greenhouse grown and a source of vitamin C, they're delicious fresh or roasted.

\$8



PC® Mixiany cherry tomatoes on the vine

340 G
PRODUCT OF CANADA
21720721001_EA

Greenhouse grown for fresh summer flavour all year long, these plump tomatoes are sweet, juicy, and satisfyingly crisp. Perfect for salads, snacking, skewers, roasting, or bruschetta.

\$7



PC® Sweet Marvels Grape Tomatoes on the Vine

340 G
PRODUCT OF CANADA
21720619001_EA

A source of vitamin C, Sweet Marvels Grape Tomatoes on the Vine are juicy and full of fresh-picked flavour. Greenhouse grown and left on the vine for maximum freshness, they're perfect for snacking, salads, roasting, or topping pizzas and appetizers.

\$7



PC® Bistro cocktail tomatoes

454 G
PRODUCT OF CANADA
21720648001_EA

Bistro Cocktail Tomatoes on the Vine are juicy and sweet, with fresh-picked flavour. Greenhouse grown and a source of vitamin C, they're perfect for salads, snacking, pasta, or roasting.

\$5



PC® Balancia mid-size tomatoes on the vine

454 G
PRODUCT OF CANADA
21720716001_EA

Balancia Mid-Size Tomatoes on the Vine are juicy and naturally sweet with a light tang and smooth texture. Greenhouse grown and a source of vitamin C, they're perfect for sandwiches, burgers, salads, and everyday meals.

\$5



PC® Little Beants tomatoes

567 G
PRODUCT OF CANADA
21720711001_EA

Little Beants Tomato Variety Pack combines sweet, juicy, and tangy bite-sized tomatoes in one colourful pack. Greenhouse grown and a source of vitamin C, they're perfect for snacking, salads, pasta, and everyday meals.

\$7



\$6



PC® Luscious Lovelies strawberry tomatoes

340 G
PRODUCT OF CANADA
21720704001_EA

Luscious Lovelies Strawberry-Type Tomatoes on the Vine are juicy, vibrant, and naturally sweet with a bright, balanced flavour. Greenhouse grown and a source of vitamin C, they're perfect for snacking, salads, pastas, and grain bowls.

PC® Tomatillo

340 G
PRODUCT OF CANADA
21454332001_EA

Tomatillos are tart and tangy with a hint of sweetness. Grown in Mexico, they're perfect for salsas, sauces, and salads, adding a fresh, citrusy flavour.

\$5



TRY ALL OF OUR PC® GREENHOUSE GROWN PRODUCTS....

\$6

PC® SWEET MINI PEPPERS
PRODUCT OF CANADA
OR MEXICO
454 G
21646572001_EA



\$4

PC® LIVE LETTUCE
ASSORTED
EACH
21778855_EA
21506580_EA



6⁵⁰

PC® GREENHOUSE GROWN STRAWBERRIES
PRODUCT OF CANADA, NO.1 GRADE
340 G
21027142001_EA



set the food mood, be thankful

\$4 **BAKED IN-STORE**

SOURDOUGH OR PUMPERNICKEL BOULE 574 G OR **CHALLAH BREAD** 383 G
20155226_EA
20653517_EA



\$4 **BAKED IN-STORE**

ROSEMARY & SEA SALT OR CHEESE FOCACCIA BREAD 430/484 G
21724758_EA
21724807_EA



\$4 **BAKED IN-STORE**

DINNER ROLLS SELECTED VARIETIES 12'S
21392649_EA



\$3 **BAKED IN-STORE**

TURKEY STUFFING BREAD 383 G
21707504_EA



5⁵⁰ **BAKED IN-STORE**

CHEESE STICKS 6'S, CHEESE SWIRL BUNS 4'S OR CHEESE BREAD 383 G
20742704_EA
20745112_EA



\$8 **BAKED IN-STORE**

BUTTER CROISSANTS 12'S
21683000_EA



Optimum

2/\$8 OR \$4.99 EA.
Get 1,500 pts When you buy 2
\$1⁵⁰ back in points

PC® HOT CROSS BUNS EXTRA RAISIN 8'S OR EXTRA THICK CINNAMON RAISIN BREAD 675 G
SELECTED VARIETIES
565/675 G
20639729_EA
21577822_EA



Optimum

\$4⁵⁰ **Get 1,000 pts** **\$1** back in points

SUN-MAID CINNAMON SWIRL RAISIN OR CINNAMON CINNAMON BREAD 450 G
SELECTED VARIETIES
20165873_EA
20544970_EA



\$12

PC® PROFITEROLES, ECLAIRS OR CHEESECAKES SELECTED VARIETIES, FROZEN
600-710 G
20147622_EA
21713288_EA
21713701_EA

CHERRY-TOPPED NEW YORK-STYLE CHEESECAKE GÂTEAU AU FROMAGE STYLE NEW YORK GARNI DE CERISES
600 g



\$16

IN-STORE PREPARED ONE PAN FAMILY MEALS SELECTED VARIETIES, SERVES 4
440-960 G
21738482_EA
21738492_EA



\$5-11

OLIVIERI LASAGNA SHEETS 360 G OR CANNELLONI 540 G SELECTED VARIETIES
20126372_EA
20334650_EA



2/\$8 OR \$5 EA.

FRIED TORTILLA CHIPS 440 G
21751437_EA



fall harvest florals

\$21 **LOCAL FIELD FLOWER BOUQUET** 21752809_EA

\$18 **FALL TULIPS** 15 STEM 20547693_EA

\$35-45 **Get 7,000 pts** **\$7** back in points

PREMIUM OR ELITE GIFT BOUQUET 21436381_EA
21436382_EA

\$15 **FIESTA SUNFLOWER BUNCH** 21201276_EA

\$40 **FALL BUSHEL** 21313214_EA

\$6 **MARIGOLD** 21735734_EA



OCTOBER

HIT
OF THE
MONTH

LIMIT 6
AFTER LIMIT
\$3 EA.



\$2

SMOKED STEELHEAD
SALMON 50 G OR YELLOWFIN
TUNA STEAKS 92 G FROZEN
21754823_EA
21694839_EA

LIMIT 6
AFTER LIMIT
\$4 EA.



\$3

CEDAR VALLEY
PITA CHIPS
SELECTED VARIETIES
180 G
21524190_EA
21566354_EA

LIMIT 6
AFTER LIMIT
\$3EA.



\$1⁷⁵

DARE BEAR PAWS
COOKIES
SELECTED VARIETIES
168-210 G
21720734_EA
21713321_EA

LIMIT 6
AFTER LIMIT
\$2 EA.



\$1

KRAFT KD
MACARONI & CHEESE
SELECTED VARIETIES
156/175 G
21549555_EA
21549590_EA

LOWEST PRICES
BEST DEALS

As compared to other major grocery retailers within your local areas.

* Must be a registered PC Optimum™ member to get this offer.

Valid from October 1 - 31, 2026. While quantities last. See in-store for details.

set the mood,
be thankful

Optimum™

Get
3,500
pts
for every \$15*
spent on

\$3.50
back in
points

**MCCORMICK
SPICES,
SEASONINGS,
GRAVY OR
SAUCE MIXES**
SELECTED VARIETIES
0.5-62 G
20321601008_EA
216668773_EA



4⁵⁰

**COOL WHIP DESSERT
TOPPING 1 L OR
TENDERFLAKE
PASTRY 255-397 G**
SELECTED VARIETIES
FROZEN
20030369001_EA
20303840001_EA



**DIGITAL
COUPONS**

UP TO

\$50

IN TOTAL VALUE

More offers. More points.

CLICK FOR THESE
COUPONS AND MORE



\$7

MINUTE RICE
SELECTED VARIETIES
1.2/1.4 KG
20074783001_EA
20074783002_EA



**SAVE
58¢
WHEN YOU BUY 2**

2/\$3

OR
\$1.79 EA.

**IDAHOAN
MASHED
POTATOES**
SELECTED VARIETIES
43/113 G
21537081_EA
21537426_EA



1⁵⁰

**SWISS CHALET
SAUCE OR GRAVY**
SELECTED VARIETIES
284 ML
21080164_EA
21080165_EA



\$6

NEW

**BERTOLLI OLIVE
OIL SPRAY 155 ML OR
BALSAMIC GLAZE 200 ML**
21764670_EA/20772484_EA



\$2

**BUSH'S
BEST BEANS**
SELECTED VARIETIES
398 ML
20101518001_EA
20857051_EA



4⁷⁵

**BICK'S PICKLES 500 ML OR
SARDO OLIVES 375 ML**
SELECTED VARIETIES
21713941_EA/21750784_EA



\$13

**PC® OR BLUE MENU®
LASAGNA OR
MACARONI & CHEESE
CLUB SIZE 2/2.27 KG OR
EL MONTEREY TAQUITOS
OR QUESADILLAS 565-684 G**
SELECTED VARIETIES, FROZEN
20134930_EA/21022498_EA



2/\$11

OR
\$6.29 EA.

**LINDT EXCELLENCE,
LINDOR 80-200 G OR
GHIRARDELLI
CHOCOLATE
BARS 138 G**
SELECTED VARIETIES
20312527005_EA
20312527009_EA



Optimum™

Get
4,000
pts
for every \$15*
spent on

\$4
back in
points

KINDER MINIS
SELECTED VARIETIES
55'S, 297/330 G
21588344_EA
21588395_EA



\$10

PC® VEGETABLES
SELECTED VARIETIES,
FROZEN
1.75 KG
20713450_EA/21096320_EA



App exclusive offer*

*Open your PC Optimum™ app or visit
pcoptimum.ca to get the offer

Optimum™

Member Price
\$5

Non-Member Price
\$6

Members save
\$1

**PC® OR
BLUE MENU®
SPARKLING
WATER**
SELECTED VARIETIES
12X355 ML
211943562C01/21747415_C12



6⁴⁹

**SANPELLEGRINO
NATURALI,
LIGHT OR CIAO!
SPARKLING
BEVERAGES**
SELECTED VARIETIES
6X330 ML
21433206_C06
21719274_C06



\$5

**PC® ENTRÉES
OR SOUPS**
SELECTED VARIETIES
FROZEN
300-400 G
21505996_EA
21716545_EA



5⁵⁰

PC® PUFF OR PHYLLO PASTRY
SELECTED VARIETIES, FROZEN
450/454 G
21288850_EA/21288853_EA



7⁹⁹

**KAWARTHA
PREMIUM
ICE CREAM**
SELECTED VARIETIES
FROZEN
1.5 L
21591604_EA
21591757_EA



\$12

**COTTONELLE
FRESH CARE
FLUSHABLE WIPES**
SELECTED VARIETIES
168'S
21477027_EA



\$10

ROYALE BATHROOM TISSUE
12 DOUBLE ROLLS, TIGER TOWELS
PAPER TOWELS 3=6 ROLLS OR
FACIAL TISSUE 6'S
SELECTED VARIETIES
21363770_EA/21484702_EA



\$33

**PURINA ONE
DRY DOG FOOD**
SELECTED VARIETIES
5.4-7 KG
20339412_EA



give thanks,
get pouring
beers, ciders & ready to drink

13⁹⁹

BUDWEISER
OR BUD LIGHT
CANS
6 X 473 ML
20944739_C06
20955258_C06

25⁹⁹

COORS LIGHT OR ORIGINAL,
OR MOLSON CANADIAN
CANS
12 X 473 ML
21626630_C12
21626675_C12

18⁴⁹

HEINEKEN OR
SAPPORO BEER
CANS
6 X 500 ML
20955260_C06
21014346_C06

\$24

STELLA ARTOIS
BOTTLES
12 X 330 ML
21336948_C12

18⁹⁹

BONESHAKER
UNFILTERED INDIA
PALE ALE CANS
6 X 473 ML
21185201_C06

\$18

MILL STREET ORGANIC OR
CREEMORE SPRINGS LAGER
CANS
6 X 473 ML
21097265_C06
21097267_C06

12⁹⁹

LAKER ICE BEER
CANS
6 X 473 ML
21472702_C06

\$22

STRONG BOW
APPLE CIDERS
CANS
8 X 440 ML
20125679_C08

29⁹⁹

COORS SELTZER
SLUSHIE FLAVOURS
7% ABV
CANS
12 X 355 ML
21738928_C12

16⁹⁹

HEINEKEN SILVER
BOTTLES 6X330 ML OR
GROLSCH PREMIUM
PILSENER CANS
6X473 ML
21548571_C06
21668515_C06

12⁹⁹

BUSCH BEER
CANS, SELECTED VARIETIES
6 X 473 ML
21296698_C06

12⁹⁹

COLLECTIVE ARTS
IPA CANS
SELECTED VARIETIES
4 X 473 ML
21396996_C04

23⁹⁹

SOMERSBY
FLAVOURED CIDER
MIXER PACK
CANS
8 X 473 ML
21313147_C08

28⁹⁹

HAPPY DAD HARD
SELTZER VARIETY
PACK CANS
12 X 355 ML
21595395_C12

24⁹⁹

MIKE'S HARD
LEMONADE MIX
PACK OR HARDER
MIXER PACK
CANS
12 X 355 ML
21041565_C12
21670132_C12

13⁹⁹

SLEEMAN CLEAR 2.0
LIGHT OR ORIGINAL
CANADIAN LAGER
6 X 473 ML OR
DAB ORIGINAL
LAGER 6 X 500 ML CANS
21014347_C06
21195229_C06

26⁹⁹

TRULY PUNCH MIX
PACK CANS
12 X 355 ML
21451301_C12

\$15

MOTT'S CLAMATO
CAESAR
CANS
6 X 341 ML
20687596_C06

3²⁹

REINHART'S
STRONG RED
APPLE CIDER OR
CANADIAN CLUB
GINGER ALE
CANS
473 ML
21190031_EA
21465807_EA

9⁹⁹

PABST BLUE
RIBBON 4.9% ABV
BEER
CANS
6 X 355 ML
20511426_C06

23⁹⁹

OLE TEQUILA
VARIETY PACK
CANS
8 X 355 ML
21684751_C08

Only at the following Loblaws locations (unless otherwise stated) : 472 Bayfield St., Barrie, 2375 Hwy #2, Bowmanville, 12 Hurontario St., Collingwood, 380 The East Mall, Etobicoke, 1100 Princess St. and 1048 Midland Ave., Kingston, 400 Kent St. W., Lindsay, 3040 Wonderland Rd. S. and 1740 Richmond St. N., London, 200 Bullock Dr., Markham, 5010 Glen Erin Dr., Mississauga, 64 Isabella St., 2085 Carling Ave., 100 McArthur Rd., 3201 Greenbank Rd., 1980 Baseline Rd., 200 Earl Grey Dr., 1460 Merivale Rd., 2210C Bank St. and 363 Rideau St., Ottawa, 1792 Liverpool Rd., Pickering, 250 Lakeshore Rd. W., Port Credit, 3501 Yonge St., North York, 301 High Tec Rd., Richmond Hill, 2280 Dundas St. W., 17 Leslie St., 50 Musgrave St., 10 Lower Jarvis St., 3671 Dundas St. W., 5095 Yonge St., 2877 Bayview Village, 11 Redway Rd., 585 Queen St. W., 650 Dupont St. and 301 Moore Avenue, Toronto.

live well, spend less

10⁵⁰

LIMIT 4
AFTER LIMIT
11.49 EA.

IRISH SPRING BAR
SOAP 12X104 G OR
BODY WASH 887 ML
SELECTED VARIETIES
21436287_EA/21436495_EA



SAVE
UP TO

20%

OLD SPICE BODY WASH,
BAR SOAP OR DEODORANT
SELECTED VARIETIES AND SIZES
20757237001_EA/21500804_EA



SAVE
UP TO

15%

DOVE BAR SOAP
12X106 G OR BODY
WASH 905/950 ML
SELECTED VARIETIES
21220391_EA
21221337_EA



5⁵⁰

LIMIT 6
AFTER LIMIT
6.49 EA.

CREST TOOTH PASTE 55-200 ML,
SCOPE CLASSIC 1 L OR KIDS 500 ML
MOUTH WASH, ORAL-B MANUAL
TOOTHBRUSH EA, OR FLOSS PICKS 75'S
SELECTED VARIETIES
21506728_EA/21568343_EA



8⁵⁰

LIMIT 4
AFTER LIMIT
11.49 EA.

LISTERINE MULTIBENEFITS, 1 L OR
CLASSIC 1.5 L MOUTH WASH
SELECTED VARIETIES
20701283_EA/21091180_EA



\$7

LIMIT 4
AFTER LIMIT
7.99 EA.

SENSODYNE OR
PRONAMEL VALUE
SIZE TOOTH PASTE
SELECTED VARIETIES
110/135 ML
20247931002_EA
20432268002_EA



\$7

LIMIT 4
AFTER LIMIT
8.49 EA.

BIC DISPOSABLE
RAZORS
SELECTED VARIETIES
2-8'S
20037524_EA
20312082001_EA



\$9

LIMIT 4
AFTER LIMIT
9.99 EA.

DOVEDRY
SPRAY 107/113 G OR
WOMEN'S
PREMIUM
DEODORANT
SELECTED VARIETIES
20840721_EA
21350552_EA



SAVE
UP TO

20%

METHOD OR
MRS. MEYERS
LIQUID HAND SOAP
300-1000 ML
20432113001_EA
20432113004_EA



5⁵⁰

LIMIT 4
AFTER LIMIT
6.99 EA.

L'ORÉAL HAIR
EXPERTISE 375 ML OR
GARNIER
WHOLE BLENDS 370 ML
SHAMPOO OR
CONDITIONER
SELECTED VARIETIES
21647282_EA
20941824_EA



\$6

LIMIT 4
AFTER LIMIT
6.99 EA.

PANTENE
SHAMPOO OR
CONDITIONER
308-355 ML OR
HEAD &
SHOULDERS
SHAMPOO 370 ML
SELECTED VARIETIES
21431195_EA
21518372_EA



\$10

LIMIT 4
AFTER LIMIT
14.99 EA.

CAROL'S DAUGHTER OR
SHEA MOISTURE HAIR CARE
SELECTED VARIETIES AND SIZES
21433370_EA/21508204_EA



Optimum

Get
6,000
pts
for every \$15*
spent on

\$6
back in
points

NICE N EASY, NATURAL
INSTINCTS OR COLOR
STRONG HAIR COLOUR
SELECTED VARIETIES
21082764_EA/21642655_EA



SAVE
UP TO

20%

L'ORÉAL
FACE CARE
PRODUCTS
SELECTED VARIETIES
AND SIZES
21170224_EA



SAVE
UP TO

20%

NIVEA SKINCARE
PRODUCTS
SELECTED VARIETIES
AND SIZES
20700027_EA/21687809_EA



for your baby

2/**8⁵⁰**

OR
\$4.79 EA.

**SIMPLY GOURMET
FRUIT & VEGGIE BITES
OR OAT BARS**
SELECTED VARIETIES
35-90 G
21672201_EA/21740517_EA



12+
MONTHS

2/**\$11**

OR
\$5.99 EA.

GERBER INFANT CEREAL
SELECTED VARIETIES
227 G
20358339007_EA
20574634002_EA



6+
MONTHS

2/**\$18**

OR
\$10.49 EA.

**PEDIASURE COMPLETE OR
GROW & GAIN NUTRITIONAL
SUPPLEMENTS**
SELECTED VARIETIES
4X235 ML
20322414001_EA/20322414002_EA



\$29

LIMIT 4
AFTER LIMIT
32.99 EA.

**HUGGIES PULL-UPS
TRAINING PANTS OR
GOODNITES NIGHTTIME
UNDERWEAR**
CLUB PACK SELECTED VARIETIES
24-74'S
20963841_EA/21371199_EA



\$29 Get **2,000** pts \$2 back in points

**PAMPERS SWADDLERS,
CRUISERS, BABY DRY
OR AMORE DIAPERS**
SELECTED VARIETIES
SIZE N-8, 36-124'S
21370843_EA/21729360_EA



65⁵⁰

LIMIT 4
AFTER LIMIT
74.99 EA.

**ENFAMIL A+ NEUROPRO OR
GENTLEASE BABY FORMULA
POWDER REFILLS**
SELECTED VARIETIES
0-12 MONTHS, 862/890 G
21589079_EA/21589205_EA



live well, spend less

SAVE
UP TO

25%

**WEBBER NATURALS
VITAMINS OR
SUPPLEMENTS**
SELECTED VARIETIES
AND SIZES
20783429_EA
21092457_EA



SAVE
UP TO

20%

**ONE A DAY
MULTIVITAMINS 60-130'S,
FLINTSTONE'S
CHILDREN'S 60-180'S OR
IRON KIDS CHILDREN'S
60-200'S VITAMINS
OR SUPPLEMENTS**
SELECTED VARIETIES
20380734_EA/21515236_EA



SAVE
UP TO

20%

**BOOST READY TO
DRINK SHAKES**
SELECTED VARIETIES
AND SIZES
20985301_C06
20990880_C06



10⁵⁰

LIMIT 6
AFTER LIMIT
13.99 EA.

**ALWAYS FLEX
FOAM PADS**
SELECTED VARIETIES
18-36'S
21284428_EA
21662147_EA



Get **2,000** pts \$2 back in points

**U BY KOTEX
LINERS 34-162'S,
PADS 10-60'S OR
TAMPONS 16/45'S**
SELECTED VARIETIES
21291969_EA/21719750_EA



SAVE
UP TO

20%

**LIQUID IV HYDRATION
MULTIPLIER SACHETS**
SELECTED VARIETIES AND SIZES
21592485_EA/21686246_EA



SAVE
UP TO

20%

**ADVIL COLD & SINUS
MID-SIZES 32-40'S OR
BUCKLEY'S COMPLETE
VALUE 40-48 CAPLETS OR
SYRUP 250 ML**
SELECTED VARIETIES AND SIZES
20313548001_EA/20601168_EA



16⁵⁰

LIMIT 4
AFTER LIMIT
16.99 EA.

**ADVIL PAIN RELIEF GELS
OR CAPLETS 40-150'S OR
ALEVE OR ASPIRIN
PAIN RELIEF
CAPLETS, TABS
OR CHEWS 40-180'S**
SELECTED VARIETIES
2003677001_EA
20306766001_EA



Get **4,000** pts When you buy 2

\$4 back in points

**ALWAYS DISCREET
UNDERWEAR OR PADS**
SELECTED VARIETIES
AND SIZES
21668911_EA/21671614_EA



Think Pharmacist.

We can do more than you think.

Learn how we can help. Book an appointment today.*

*Participating locations only.



shop home for less

FROM
\$9

EVERYDAY
ESSENTIALS™
COOKWARE
SELECTED VARIETIES
21345884_EA
21345889_EA



SAVE
UP TO
30%

EVERYDAY
ESSENTIALS™
METAL BAKEWARE
OR BAKEWARE
SETS
SELECTED VARIETIES
\$5-18
20797353_EA
21485407_EA



\$18-99

EVERYDAY ESSENTIALS™
KITCHEN APPLIANCES
21701385_EA/21701475_EA



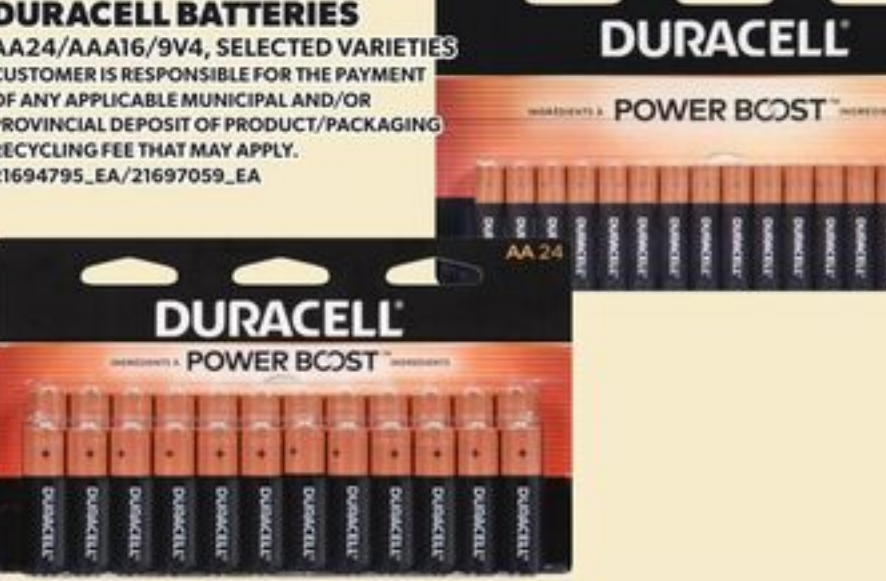
SAVE
UP TO
20%

FOOD SAVER
VACUUM SEALER
OR ROLLS BLACK
21517041_EA/21633826_EA



\$20

LIMIT 4
AFTER LIMIT
\$26 EA.



SAVE
UP TO
20%

PC® KITCHEN GADGETS
SELECTED VARIETIES
STAINLESS STEEL AND
ZINC ALLOY GADGETS
21209743_EA/21216318_EA



\$4

LIMIT 4
AFTER LIMIT
\$6 EA.

NO NAME®
CONTAINERS
SELECTED VARIETIES
20050258_EA/20189239_EA



FROM
\$3

EVERYDAY
ESSENTIALS™
FOOD STORAGE
SELECTED VARIETIES
21704077_EA
21704328_EA



SAVE
UP TO
50%

CLEAROUT

LIFE AT HOME™
HOME DÉCOR
SELECTED VARIETIES
PRICES REFLECTED ON SHELF
SELECTION MAY VARY BY STORE
WHILE QUANTITIES LAST
21431118_EA/21431122_EA



\$10

EVERYDAY
ESSENTIALS™
FAUX FUR THROWS
SELECTED VARIETIES
21760905_EA
21760906_EA



LIFE AT HOME™
FAUX FUR THROWS
SELECTED VARIETIES
21730331_EA
21730332_EA

CLEAROUT

SAVE UP TO
50%

LIFE AT HOME™ DINNERWARE,
SERVEWARE OR DRINKWARE

spook up your space

\$12

LIMIT 4
AFTER LIMIT
\$16 EA.

HALLOWEEN
DECORATIONS
SELECTED VARIETIES
21664817_EA/21724148_EA



SAVE
UP TO
25%

HALLOWEEN
STRING LIGHTS
SELECTED VARIETIES
21735413_EA



SAVE
UP TO
25%

HALLOWEEN
SKULL & BONES
SELECTED VARIETIES
21591759_EA/21591831_EA



\$39

LIMIT 4
AFTER LIMIT
\$49 EA.

HALLOWEEN
HANGING FIGURES
SELECTED VARIETIES
21732608_EA



SAVE
UP TO
25%

HALLOWEEN
PARTYWARE
SELECTED VARIETIES
21666292_EA/21666412_EA



\$3

REFLECTIVE TRICK
OR TREAT BAGS
SELECTED VARIETIES
21732550_EA/21732549_EA



SAVE
UP TO
25%

HALLOWEEN
COSTUMES
SELECT VARIETIES
21733395_EA/21733479_EA



4 DAYS ONLY!

\$10

LIMIT 4
AFTER LIMIT
\$14 EA.

HARVEST
CRACKERS
SELECTED VARIETIES
21717023_EA
21717024_EA



SAVE
UP TO
40%

HALLOWEEN DECOR OR
HARVEST PUMPKINS
SELECTED VARIETIES
21718132_EA/21718025_EA



HOME & MORE

SHOP OUR EXTENDED DEALS ON HOME, KITCHEN & MORE

Prices effective from October 8 to October 14, 2026

Save up to
30% OFF

EVERYDAY ESSENTIALS™ METAL BAKEWARE OR BAKEWARE SETS
SELECTED VARIETIES
\$5-18
2079255_EA
21453607_EA



Save up to
50% OFF

PC® FLATWARE
SELECTED VARIETIES
21104102_EA/21104109_EA



Save up to
25% OFF

PC® CUTTING BOARDS
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Save \$5
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BRITA DENALI WATER PITCHERS
SELECTED VARIETIES
21524887_EA/21524892_EA



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SELECTED VARIETIES
21293302_EA/21306532_EA



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SELECTED VARIETIES
21588509_EA
21588732_EA



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25% OFF

GORILLA GLUE OR TAPES
SELECTED VARIETIES
21222423_EA
21184739_EA



**BUY ONE (1)
GET ONE (1)
50% OFF**

LIFE AT HOME™ SCENTED CANDLES
SELECTED VARIETIES
\$10-19
21730404_EA/21707352_EA



**BUY ONE (1)
GET ONE (1)
50% OFF**

PC® HONEYCOMB-CLAD COOKWARE
SELECTED VARIETIES
\$42-60
21339634_EA
21492019_EA





COLLECT & SAVE!

Get one stamp for every \$20* spent.
Collect 20 stamps and get 60%–85% off
one high-quality item from the
ZWILLING knife collection.

SAVE
60-85%*
OFF EACH



Opt-in digitally
in the PC Optimum™
App and get
8 bonus stamps*

*Offer available at participating Loblaw banner stores and online (excluding Shoppers Drug Mart® online) from September 24, 2026, while supplies last. Receive 1 stamp for every \$20 spent before taxes until January 13, 2027. Collect and redeem 20 stamps to receive 60%–85% off one eligible ZWILLING knife. PC Optimum™ members who opt in through the PC Optimum™ app may receive 8 bonus stamps (limit 1 per household). Conditions, exclusions, redemption deadlines, and item availability apply. Visit pcoptimum.ca/collectandsave for full offer details.

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Less Spend.
More Style.

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Select Adult
Accessories*



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Men's French
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Women's
Sleepwear*



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20% Off Children's Styles*

Reg. Price Only | October 8 - 12

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SHOP NOW

*Visit www.joefresh.com/offerdetails for full details.

NEW!

PC® slow-simmered soup

Tuck into flavour with our **NEW**, ready-to-heat soups.

broccoli & cheddar

Thai chicken

\$9

PC® READY TO HEAT SOUPS
SELECTED VARIETIES
700 ML
21736258_EA/21736392_EA
21736314_EA/21736276_EA

chicken noodle

butternut squash

Get 3,000 pts for every \$12* spent on

\$3 back in points

Chocolate Baker's
Selected Varieties
170 – 225 g
20316019001_EA
\$6

Molten Chocolate Cakes
Visit krafttheinz.com for this recipe and more!

Preparation: 0 – 15 mins **Total: 29 mins** Servings: 8 Servings

INGREDIENTS

- 4 oz Baker's Semi-Sweet Chocolate
- ½ cup butter
- ½ cup icing sugar
- 2 whole eggs
- 2 egg yolks
- 6 tbsp flour
- 8 tsp thawed Cool Whip Whipped Topping

INSTRUCTIONS

Step 1: Heat oven to 425°F.

Step 2: Butter 4 (¾ cup) custard cups or ramekins. Place on baking sheet.

Step 3: Microwave chocolate and butter in large microwaveable bowl on HIGH 1 min. or until butter is melted. Stir with whisk until chocolate is completely melted. Add 1 cup sugar; mix well. Blend in whole eggs and egg yolks. Stir in flour. Pour into custard cups.

Step 4: Bake 13 to 14 min. or until sides are firm but centres are still soft. Let stand 1 min. Carefully run small knife around edges of cakes to loosen. Invert cakes onto dessert plates. Remove cups. Cut in half. Top with Cool Whip. Serve warm.

Dream Whip
Dessert Topping Mix
Selected Varieties
170 g
20034874_EA
\$6.99

Shake 'n Bake
Coating Mix
Selected Varieties
140 – 160 g
21603339_EA
\$5

Jell-O
Jelly Powder
Selected Varieties
9.1 – 170 g
20317293001_EA
\$1.50

Jell-O
Instant Pudding Mix
Selected Varieties
30 – 113 g
20022570001_EA
\$2.49

COOK.
\$14
Filippo Berio Extra Virgin Olive Oil 750 mL
21193747_EA

ENHANCE.
\$10
Filippo Berio Flavoured Extra Virgin Olive Oils 250 mL Selected Varieties
21732658_EA

DRIZZLE.
\$14
Filippo Berio Chef's Edition Extra Virgin Olive Oil 500 mL
21734715_EA

What if buying gas fuelled your points?

Only Esso™ and Mobil™ gas earns you PC Optimum™ points.

Esso **Mobil** + **PC Optimum**

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5.50
CHOCOLATE MILK OR 18% CREAM 1-2 L
NEILSON
20187292_EA
20155660_EA

9.50
CHEESE SLICES 500 G
ARMSTRONG
MOZZARELLISSIMA CHEESE BLOCKS 690-700 G
SAPUTO
21703729_EA

3.50
COFFEE CREAMERS 400 ML
BAILEYS
20895957002_EA
20895957004_EA

4.50
ULTRAFILTERED MILK 1 L
NEILSON
21163394_EA
21163395_EA

FREE MOVIE OFFER

*Must redeem online. Offer ends January 31, 2027. See participating products for details. For more information visit www.GeneralMillsMovieOffers.ca

\$6

General Mills Cereal
Family size
Selected Varieties
317-778 g
21103495_EA
21103492_EA

2/\$10
OR \$6.49 EA.

Old El Paso® Taco Kits
selected varieties
250-510 g
20795534_EA
20795536_EA

3/\$9
OR \$4.49 EA.

Nature Valley™ Granola Bars
or Betty Crocker™ Fruit Snacks
Selected Varieties 120-230 g
21740489_EA
20318474001_EA

*Mexican Food Products brand, 2026 BrandSpark® Canadian Trust Study. **Granola Bars brand (in a tie), 2026 BrandSpark® Canadian Trust Study.

SEASONAL SAVINGS!

2/\$5
OR \$2.99 EA.

Betty Crocker™
Super Moist cake
mix 375-404 g or Frost-
ings 340-450 g,
selected varieties
21547838_EA
20562641002_EA

\$21

Larabar™ Fruit & Nut
Energy bar 16x45/48 g,
selected varieties
20031362007_EA
20031362001_EA

\$4

Pillsbury™ Premium
Sweet Goods 454-496 g
20318034001_EA
20301101005_EA

2/\$5
OR \$3.29 EA.

Annie's™ Macaroni &
Cheese 149-170 g
selected varieties
20316187001_EA
20811201_EA

\$4.50

Pillsbury™
Ready to Bake
Seasonal Cookies
selected varieties
260-396 g
21302048_EA
21302025_EA

New recipe. Better taste.®

REDISCOVER ACTIVIA®

\$4.25

Activia®
selected varieties
650 g
21043161001_EA

\$7

Activia®
selected varieties
12 x 100 g
20303412001_EA

**PROBIOTICS
100X
STRONGER
IN SURVIVABILITY**

vs. standard yogurt cultures†
in a simulated gut model

**NO
GELATIN**

†Comparing Activia® 2.4% M.F. Vanilla to the regular 1.5% M.F. Vanilla of the leading flavoured yogurt brand in Canada. †Lactobacillus bulgaricus and Streptococcus thermophilus.

THE TASTE OF PERFECTION

\$7.50

Dikos®
selected varieties
750 g
21006634_EA

3/\$12
OR \$4.79 EA.

Dikos® selected varieties
4 x 95 g, 4 x 100 g
20625055_EA/20419716006_EA

FEED YOUR STRENGTH.†

2/\$7
OR \$4 EA.

Dikos® Pro™
selected varieties
300 mL
21652066_EA

NEW

\$7.50

Dikos® Pro™
selected varieties
650 g
21757458_EA

†Dikos® Pro™ IS A SOURCE OF PROTEIN. PROTEIN HELPS BUILD STRONG MUSCLES. CONSUMED AS PART OF A HEALTHY ACTIVE LIFESTYLE AND BALANCED DIET.

SUGAR DOWN PROTEIN UP

\$4.50

Two Good™
selected varieties
4 x 95 g
21476047_EA/21475943_EA

10-HOUR BREW FOR A BOLD AND SMOOTH TASTE

\$9

Stok®
selected varieties
1.42 L
21203739_EA
21475792_EA

**LIMITED EDITION
PUMPKIN**

LY ONLINE 5



2/\$17 OR \$8.99 EA. PepsiCo Beverages selected varieties 12x355 mL 20322361002_C12	2/\$10 OR \$5.49 EA. PepsiCo Beverages selected varieties 6x222 mL 20857560004_C06	2/\$14 OR \$8.29 EA. bubly sparkling water beverage selected varieties 12x355 mL 21651534_C12/21097177_C12	2/\$14 OR \$8.29 EA. MONTELLIER® Carbonated Natural Spring Water selected varieties 10x355 mL 21096704_C10/21096722_C10
2/\$6 OR \$3.49 EA. CELSIUS® Energy Drink/Alani Nu Energy Drink selected varieties 355 mL 21648842_EA/21781449_EA	2/\$8 OR \$4.99 EA. bubly sparkling water beverage selected varieties 6x222 mL 21773099_C06/21773411_C06	\$5.99 Pure Leaf iced tea selected varieties 6x340 mL 21723771_C06/21723712_C06	2/\$17 OR \$8.99 EA. PepsiCo Beverages selected varieties 12x355 mL 21776387_C12/20571840_C12

ENTER FOR A CHANCE TO WIN* A STANLEY CUP® PLAYOFFS TRIP

STANLEY CUP® PLAYOFFS
THE OFFICIAL HYDRATION PARTNER OF THE STANLEY CUP PLAYOFFS®

SCAN TO ENTER

*NO PURCHASE NECESSARY. Scan the QR code on POS or click through the promotion URL to enter. Full rules and no-purchase entry method: <https://drinkbodyarmorrules.com/hockey>. Contest runs from September 1, 2026 (12:00:00 AM ET) to November 30, 2026 (11:59:59 PM ET). Open to legal residents of Canada at time of entry, 18+. 1 grand prize available, including two (2) Stanley Cup Final tickets (approx. retail value \$4000 CAD). Prize is non-transferable, with no cash value or substitutions. Limit 200 entries per person. Correct answer to a skill-testing question required. Odds depend on the number of eligible entries received. Participation subject to the Coca-Cola Privacy Policy: <https://datatrust.coca-cola.com/ca/en>. BODYARMOR SUPERDRINK®. © NHL. "BA SPORTS NUTRITION LLC, USED UNDER LICENSE. NHL, the NHL Shield and the word mark and image of the Stanley Cup are registered trademarks and the Stanley Cup Playoffs logo is a trademark of the National Hockey League. © 2026 NHL. All Rights Reserved.

2/\$17* OR \$8.99 EA. Coca-Cola® beverages selected varieties 12x355 mL 20318694002_C12	2/\$7* OR \$4.29 EA. Monster Energy® beverages* selected varieties 444-473 mL 21723586_EA	
\$2.50* POWERADE® beverages selected varieties 710 mL 20853723_EA	\$5.49* CORE POWER® high protein milk shake selected varieties 414 mL 21731654_EA	\$2.50* BODYARMOR beverages selected varieties 473 mL 21585195_EA

Valid from October 8th to October 14th 2026
*Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last.
*This product may not be suitable for everyone. Please read the label for instructions.
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Our butchers cut quality meat in your store every day!

pork loin schnitzel
21588065_EA

medium meatballs plain
21587896_EA

beef stir fry strips
cut from Canada AA grade beef or USDA select grade beef or higher
21588067_EA

pork stir fry strips
21588095_EA

chicken stir fry strips
21588091_EA

MAKE YOUR HALLOWEEN COME ALIVE

\$10 MAYNARDS Assorted Candy, 45's
562 g
20891515_EA

\$18 CADBURY Assorted Bars, 90's
993 g
20886737_EA

\$17 MAYNARDS Assorted Candy, 90's
1.12 kg
20891582_EA

\$12 CADBURY Assorted Bars, 45's
498 g
20886750_EA

VEGA EVERYTHING YOUR ROUTINE NEEDS.

32⁹⁹ VEGA CREATINE MONOHYDRATE POWDER UNFLAVOURED
508 g
21690332_EA

53⁹⁹ VEGA PROTEIN + CREATINE OR PROTEIN + RECOVERY POWDER
SELECTED VARIETIES
801 - 918 g
20949178_EA/21664716_EA

Protein + Recovery,
Protein + Creatine,
Creatine Monohydrate.

BrandSpark MOST TRUSTED
By Canadian Shoppers

FOUNDED IN CANADA

Tre Stelle

ONE MORE THING TO BE THANKFUL FOR.
SERVE UP SOMETHING WORTH CELEBRATING.

\$7 Tre Stelle® Bocconcini
Selected Varieties
200 g
20318663_EA

\$8 Tre Stelle® Ricotta
Selected Varieties
475 g
20093652_EA

\$8 Tre Stelle® Mozzarella Ball
340 g
20189267_EA

\$15 Tre Stelle® Mascarpone
475 g
20130433_EA

\$7 Tre Stelle® Feta
Selected Varieties
200 g
20003436_EA

OKA

ELEVATE YOUR PLATTER WITH OKA APPLE

\$9 OKA
190 g
21690170_EA
20920756_EA

\$4 /100g OKA L'Artisan Cheese
21162370_KG
20963094_KG

\$6 MONSIEUR GUSTAV Double crème Camembert cheese
125 g
21619307_EA
21619313_EA

\$7 KERRYGOLD Dubliner Reserve Cheddar
198 g
21759999_EA
21760063_EA

\$3⁵⁰ /100g L'EXTRA Brie Double Crème
21157608_KG
21128235_KG

\$4 /100g JARLSBERG Cheese
21585894_KG

\$5 /100g CAMBOZOLA Cheese
20001969_KG

Saputo

IT'S A FAMILY TRADITION

\$7⁵⁰ Get **2,000** back in points (pts)

\$5 SAPUTO RICOTTA 500 G
20573931_EA

\$5 SAPUTO FETA, BOCCONCINI, FRESH MOZZARELLA, SELECTED VARIETIES
140-200 G
20708942_EA

Alexis de Portneuf

NEW LOOK, SAME GREAT TASTE

\$5 ALEXIS DE PORTNEUF Brie or Camembert, Selected Varieties
125 G
20315135A_EA

CATHEDRAL CITY

\$7 CATHEDRAL CITY VINTAGE CHEDDAR
200 G
21434515_EA

HOSTING Thanksgiving?
OPTIONS FOR EVERY TASTE BUD

\$4 Roasted Garlic Humm! 283 g
21687331_EA

\$4 Traditional Hummus 260 g
20501132_EA

\$4 Roasted Red Pepper Protein Hummus 3x 100 g
21703711_EA

\$6 JARLSBERG PROTEIN HUMMUS HUMMUS PROTEINE
3 x 100 g

fontaine santé

MADE IN CANADA

INVITE PRETZEL CRISPS; They're delicious company

\$6 Snack Factory® Pretzel Crisps® selected varieties
200 g
20948940_EA/21760599_EA

\$8 Snack Factory® Pretzel Crisps® Milk Chocolate & Caramel & Dark Chocolate Drizzlers
selected varieties
155 g
21576333_EA/21752606_EA

NEW

\$1 Get **1,000** back in points (pts)

Optimum

Milk Chocolate & Caramel Drizzlers **Dark Chocolate Drizzlers**