

FRESH SAVINGS FOR THE WEEK OF THURSDAY OCTOBER 8<sup>TH</sup> TO SUNDAY OCTOBER 11<sup>TH</sup>, 2026.



# WHEN QUALITY MATTERS MOST.

THANKSGIVING STARTS AT LONGO'S



NATURALLY AGED  
FOR TENDERNESS  
AND MARBLED  
FOR FLAVOUR!

Cut from Canada AAA Grade  
Longo's Certified Angus Beef  
Prime Rib Roast  
37.46/kg

**45% OFF**  
**\$16.99/LB**

**SAVE \$14/LB**



Fresh Canadian  
Atlantic Salmon Side  
28.64/kg

**12<sup>99</sup> /LB**

**SAVE \$5/LB**



Canadian Brie L'Extra  
Single or Double Crème  
\$3/100g

**40% OFF**



FRESH  
DELI CUT



**2<sup>99</sup> /LB**

Fresh Brussels  
Sprouts  
Product of Canada  
6.59/kg



**4<sup>99</sup>**

Häagen-Dazs Ice Cream  
414-450mL tub or  
Novelties 3 pack  
selected varieties

**SAVE AT LEAST \$2**



**3<sup>79</sup>**

Stonemill Bread 454-550g  
pkg, Dempster's Tortillas 10",  
Weight Watchers Bread  
450g pkg, Bagels 6 pack or  
Tortillas 8 pack or Hostess  
Mini Donuts 269g pkg  
selected varieties

**SAVE AT LEAST \$1.20**



**HOT  
DEAL**

Bertolli Extra  
Virgin Olive Oil  
Rich Taste or Extra Light  
2L bottle

**19<sup>99</sup>**

**SAVE AT LEAST \$8**



**THIS WEEK  
MEMBERS  
SAVE OVER**

**\$30**

See online flyer for more deals.



**THANK YOU REWARDS  
MEMBER  
PRICING**

The Little Potato  
Company Fresh Little  
Mini Potatoes Yellows,  
Reds, Trios or Fingerlings  
Product of Canada  
680g pkg

**2<sup>99</sup>**

**SAVE \$2**

NON-MEMBER  
\$4.99



Schneiders Bacon or  
Fully Cooked Strips  
100-375g pkg  
selected varieties

**3<sup>99</sup>**

**SAVE \$5**

NON-MEMBER  
\$8.99



Longo's Fresh Family Size  
Lasagna or Pasta al Forno  
2.27-2.4kg pkg  
selected varieties

**25<sup>99</sup>**

**SAVE \$7**

NON-MEMBER  
\$32.99



**5<sup>99</sup>**

Fresh Raspberries  
Product of Mexico  
12oz pkg



**4<sup>99</sup>**

Black Diamond Cheese Bar,  
Shreds or Cheestrings  
168-400g pkg  
selected varieties

**SAVE AT LEAST \$2**



**HAPPY THANKSGIVING FROM OUR FAMILY TO YOURS!**

STORE CLOSED  
OCTOBER 12, 2026.

# FRESH MARKET PICKS

OCTOBER 8<sup>th</sup>-11<sup>th</sup>



1L  
PKG

Driscoll's Canada Strawberry Basket provides fresh and locally grown berries for Canadian consumers and works with local Canadian growers in Québec to grow our proprietary varieties.

\$3.99

Fresh Local Strawberries  
Product of Quebec  
1L pkg  
Canada No. 1





**2<sup>99</sup>** /LB  
**SAVE \$1/LB**

Longo's Fresh Raised Without Antibiotics Whole Turkey  
 6.59/kg

Longo's Fresh Tri-Colour Peppers  
 Product of Ontario or Mexico  
 3 pack  
**5<sup>99</sup>**



Longo's Frozen Cooked Pacific White Shrimp Ring with Cocktail Sauce  
 312g pkg  
**8<sup>99</sup>**  
**SAVE \$2**



**4<sup>99</sup>**  
**SAVE \$1**

BAKED IN-STORE!

Longo's Prince Edward County Rye Bread  
 750g pkg



**2<sup>99</sup>** /LB  
**SAVE \$1**

Fresh Broccoli Crowns  
 Product of Canada  
 6.59/kg



**2<sup>99</sup>**  
**SAVE \$1**

Fresh Carrots or Onions  
 Product of Canada  
 2lb bag



Campbell's Broth 900mL tetra or Concentrated Broth 250mL tetra selected varieties  
**1<sup>99</sup>**  
**SAVE \$1**



**2 FOR \$6**  
**SAVE AT LEAST \$2.98 ON 2**

Lay's Potato Chips or Smartfood Popcorn 150-235g pkg  
 Individual \$3.49 selected varieties



**1<sup>99</sup>**  
**SAVE \$1.50**

Italpasta Pasta 900g pkg or Artisan Pasta 450g pkg selected varieties



Lavazza Ground Coffee Qualità Rossa or Crema e Gusto 250g pkg  
**4<sup>99</sup>**  
**SAVE AT LEAST \$3**



**3<sup>99</sup>**  
 Gray Ridge Large White Eggs  
 12 pack



**6<sup>49</sup>**  
 Beatrice Milk 1%, 2% or skim 4L bag



**2<sup>29</sup>**  
 Longo's Essentials Bread 675g pkg



**3<sup>99</sup>**  
 Oikos or Liberté Greek Yogourt 4x100g pkg



**WE'VE LOCKED DOWN PRICES ON EVERYDAY ITEMS.**

Longo's

For online flyer, store hours and store locations, visit us at Longos.com or call 1-800-9-Longos



@LongosMarkets

We reserve the right to limit quantities. We are diligent in proofing our flyers but unintentional errors in copy or image may occur. We reserve the right to correct any errors. Some images are for illustration purposes only. Savings refer to Longo's regular prices. Prices vary by location.

ZONE 1



**FRESH SAVINGS FOR THE WEEK OF THURSDAY OCTOBER 8<sup>TH</sup> TO SUNDAY OCTOBER 11<sup>TH</sup>, 2026.**

# BRING HOME THANKSGIVING



Longo's Black Forest  
or Honey Maple  
Smoked Mini Ham  
750g pkg

**14<sup>99</sup>**

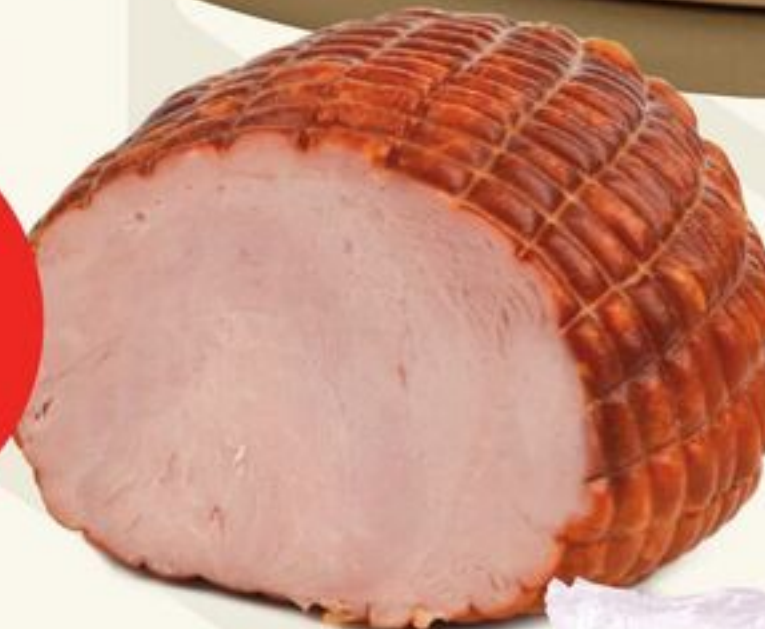


Longo's Honey  
Glazed Spiral Ham  
Half or Quarter  
15.41/kg

**6<sup>99</sup>**  
/LB  
**SAVE \$2/LB**



**TRY WITH**  
Longo's Dijon  
Mustard  
260mL bottle



Longo's Black Forest or  
Honey Maple Smoked Ham

**1<sup>99</sup>**  
/100G

Ocean Spray  
Cranberry Sauce  
348mL can  
selected varieties

**2<sup>49</sup>**  
**SAVE AT  
LEAST 50¢**



**MEET THE FARMER**  
Hayter's Farm  
**LOCATION**  
Dashwood, Ontario  
**WHY THEY ARE  
OUR PARTNER**

The Hayter family has proudly  
run a small, hands-on turkey  
farm for more than 70 years.  
Their turkeys are locally raised  
and roam free in spacious  
surroundings. The result?  
Turkeys that deliver incredible  
taste and nutrition.



**2<sup>79</sup>**  
/LB  
**SAVE \$1/LB**

Hayter's Farm Frozen  
Whole Turkey  
6.15/kg



**ORGANIC**  
**TRY WITH**  
Longo's Fresh  
Organic Herbs  
20g pkg  
**\$2.99**  
**EARN  
50 POINTS**

Club House Gravy  
or Seasoning Mix  
20-47g pkg  
Individual \$1.99  
selected varieties

**4<sup>99</sup>**  
**SAVE AT LEAST  
\$2.96 ON 4**



The Keg Caesar Mix  
1.89L bottle

**4<sup>49</sup>**  
**SAVE \$1**



Longo's Fresh  
White or Yellow  
Parisienne Potatoes  
907g pkg  
selected varieties

**4<sup>99</sup>**

**EARN  
100 POINTS**



Longo's Fresh White or  
Brown Whole Mushrooms  
Product of Ontario  
680g pkg

**7<sup>99</sup>**

**EARN  
50 POINTS**



Longo's Fresh Cubed  
or Cut Vegetables  
400-500g pkg  
selected varieties

**4<sup>99</sup>**

**EARN  
100 POINTS**



**3<sup>99</sup>**

Fresh Rainbow  
Nante Carrots  
Product of Canada  
454g pkg

Fresh Honeyglow  
Pineapple  
Product of  
Costa Rica

**5<sup>99</sup>**



Cored  
600g pkg  
**\$6.99**

**FRESH SAVINGS FOR THE WEEK OF THURSDAY OCTOBER 8<sup>TH</sup> TO SUNDAY OCTOBER 11<sup>TH</sup>, 2026.**

Yorkshire Valley  
Farms Fresh or Frozen  
Whole Turkey  
13.21/kg

**5<sup>99</sup>**  
/LB



Fresh Orange or  
White Pie Pumpkins  
Product of Ontario

**2<sup>99</sup>**  
FOR \$5



Fresh Harvest or  
Fairytale Pumpkin  
Product of Ontario  
each

**FROM**  
**4<sup>99</sup>**



**ORGANIC**

**2<sup>99</sup>**  
/LB  
Fresh Organic  
Honeynut Squash  
Product of Ontario  
6.59/kg



**MEET THE FARMER**  
Boot's Farms  
**LOCATION**  
Scotland, Ontario  
**WHY THEY ARE**  
**OUR PARTNER**

Boot's Farms is a family run  
business providing healthy  
food for future generations.  
We are proudly partnered with  
them to bring you a variety  
of fresh, local produce like  
squash, leeks and more!

Longo's Fresh  
Apple Cider  
Product of Ontario  
2L bottle

**5<sup>99</sup>**



Longo's Fresh Tart  
Cherry Cider  
Product of Ontario  
1L bottle

**4<sup>99</sup>**



**1<sup>49</sup>**  
/LB  
Fresh Squash  
Product of Ontario  
assorted varieties  
3.29/kg



Fresh Green, Red or  
Savoy Cabbage  
Product of Ontario  
2.18/kg

**99¢**  
/LB



Longo's Homestyle  
Gravy for Turkey  
680mL jar

**5<sup>99</sup>**

**THANK YOU**  
**EARN 50 POINTS**



**5<sup>99</sup>**

**THANK YOU**  
**EARN 50 POINTS**

Longo's Homestyle  
Cranberry Sauce  
400g tub



Longo's  
Pumpkin Pie  
900g pkg

**10<sup>99</sup>**  
**SAVE \$1**



Longo's Half Pie Pumpkin  
450g pkg  
**\$6.99**

**THANK YOU**  
**EARN 200 POINTS**

**8<sup>97</sup>**

**SAVE \$1**

Longo's Pumpkin  
Spice Coffee Cake  
750g pkg



**BEST SERVED WARM!**



**6<sup>99</sup>**  
**SAVE \$1**

Longo's Pecan  
Sticky Buns  
4 pack, 256g pkg

Demetres  
Premium Ice Cream  
500mL tub  
selected varieties

**7<sup>99</sup>**

**SAVE \$2**



Longo's Three Fruit  
Bread or Potato  
Scallion Bread  
375-453g pkg

**FROM**  
**4<sup>99</sup>**

**THANK YOU**  
**EARN 200 POINTS**



**FRESH SAVINGS FOR THE WEEK OF THURSDAY OCTOBER 8<sup>TH</sup> TO SUNDAY OCTOBER 11<sup>TH</sup>, 2026.**

# FRESH PRODUCE

**MUST TRY**

**IN-STORE TASTING, OCTOBER 3, 4, 10 & 11 10:30AM-4PM**

Derlea Chili Onion Crunch  
230g jar

**4<sup>99</sup>**  
SAVE \$1



- Versatile blend of toasted onions, garlic and chili oil that turns everyday meals into signature dishes.
- Best with sautéed vegetables, stir-fried vegetables, pizza or rice bowls; anything to get the crunch on!



**6<sup>99</sup>**  
Sunset Fresh Wild Wonder Gourmet Medley Tomatoes  
Product of Canada, U.S.A. or Mexico  
1.5lb pkg



Goodleaf Farms  
Fresh Salad Blends  
Product of Ontario  
113g pkg  
Individual \$4.99  
selected varieties

**2 FOR \$8**



Fresh Cantaloupe  
Product of U.S.A.  
each  
**4<sup>99</sup>**



Fresh Sweet Potatoes  
Product of U.S.A.  
5.49/kg  
**24<sup>9</sup> /LB**



Fresh Peaches  
Product of U.S.A.  
8.80/kg  
**3<sup>99</sup> /LB**



Longo's Fresh Clementines  
Product of South Africa or Argentina  
2lb pkg  
**5<sup>99</sup>**



Fresh Lemons  
Product of South Africa  
2lb pkg  
**3<sup>99</sup>**



Fresh Celery  
Product of Canada  
each  
**1<sup>99</sup>**



Fresh Cranberries  
Product of Canada or U.S.A.  
340g pkg  
**2<sup>99</sup>**



**14<sup>99</sup>** Fresh Black Figs  
Product of Greece  
tray

# MEAT



Schneiders  
Bone-in Ham  
8.80/kg

**3<sup>99</sup>**  
/LB  
SAVE \$1/LB



FRESH MADE IN-STORE.

Fresh Turkey Boneless  
Breast Roast  
19.82/kg

**8<sup>99</sup>**  
/LB  
SAVE \$3/LB



ORGANIC

**TRY  
WITH**

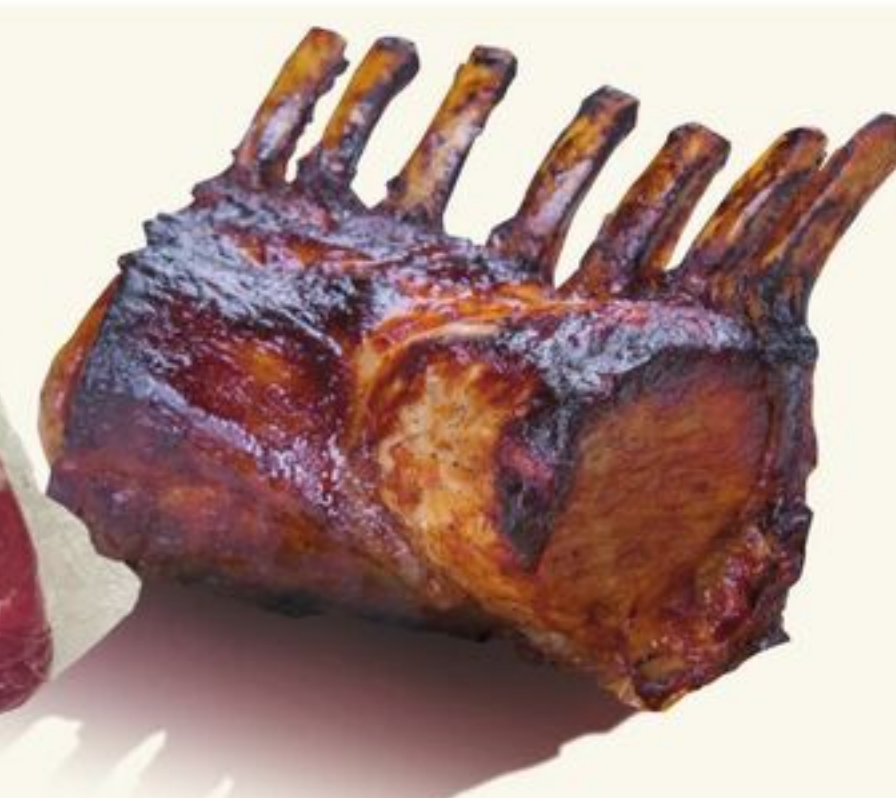
Longo's Fresh  
Organic Herbs  
20g pkg  
**\$2.99**

EARN  
50 POINTS



Butterball or Hayter's Farm  
Frozen Turkey Roasts  
1.2-1.5kg pkg

**22<sup>99</sup>**  
SAVE \$5



**8<sup>99</sup>**  
/LB  
SAVE \$3/LB



**5<sup>99</sup>**  
/LB  
SAVE \$1/LB

Frozen or Previously  
Frozen Cornish Hens  
13.21/kg



**4<sup>99</sup>**  
/LB  
SAVE \$1/LB

Fresh Ontario  
Whole Duck  
11.00/kg



Valenca Frozen  
Quail  
780g pkg

**12<sup>99</sup>**  
SAVE \$2



**5<sup>99</sup>**  
/LB  
SAVE \$2/LB

Longo's Honey Glazed  
Semi Boneless Ham  
13.21/kg



Fresh Whole  
Butterball Turkey  
8.80/kg

**3<sup>99</sup>**  
/LB  
SAVE \$1/LB



GREAT FOR STUFFING!

**5<sup>99</sup>**  
/LB  
SAVE \$1/LB

Longo's Pork  
Sausage Meat  
13.21/kg



ORGANIC

**7<sup>99</sup>**  
SAVE \$1

duBreton Organic  
Ground Pork  
454g pkg



Longo's Air-Chilled,  
Grain-Fed, Fresh  
Whole Chicken  
8.80/kg

**3<sup>99</sup>**  
/LB  
SAVE \$1/LB

# SEAFOOD



Fresh Wild Caught  
Pacific Snapper Fillet  
Product of Canada  
22.02/kg

**9<sup>99</sup>**  
/LB  
**SAVE \$1/LB**



FLOWN  
IN  
FRESH



Fresh Whole European  
Bream or Bass  
Product of Greece  
28.64/kg

**12<sup>99</sup>**  
/LB  
**SAVE \$2/LB**



FLOWN  
IN  
FRESH

## SHRIMP DELICIOUS



**19<sup>99</sup>**  
**SAVE \$5**  
Longo's Frozen Cooked  
Black Tiger Shrimp Ring  
With Cocktail Sauce  
480g pkg

ORGANIC

Longo's Frozen Organic  
Cooked Black Tiger  
Shrimp Ring  
340g pkg

**16<sup>99</sup>**  
**SAVE \$3**

Longo's Frozen Pacific  
Cooked Shrimp Ring  
425g pkg  
JUMBO

**14<sup>99</sup>**  
**SAVE \$2**



**6<sup>99</sup>**  
**SAVE \$1**  
Canadian Cove Fresh  
Cultivated Mussels  
907g pkg



Longo's Frozen Wild  
Caught Sole Fillets  
340g pkg  
**7<sup>99</sup>**  
**SAVE \$1**



**19<sup>99</sup>**  
**SAVE AT LEAST \$2**  
Sardo Seafood Antipasto  
or Marinated Shrimp  
750-800g pkg  
selected varieties



Chelsea Frozen  
Silverside Smelts  
454g pkg  
**6<sup>99</sup>**  
**SAVE \$3**



**24<sup>99</sup>**  
**SAVE \$4**  
Norwegian Fjord  
Frozen Smoked  
Steelhead Salmon  
400g pkg



4 PACK!



**24<sup>99</sup>**  
**SAVE \$4**  
Rock Harbour Frozen  
Canadian Lobster Tails  
3oz x 4 tails  
340g pkg

Longo's Frozen  
Bacon Wrapped  
Scallops or Marinated  
Garlic & Herbs  
Butterfly Shrimp  
340g pkg

**12<sup>99</sup>**  
**SAVE \$2**



**16<sup>99</sup>**  
**SAVE \$2**  
Longo's Frozen Breaded  
or Battered Fish  
500-600g pkg  
selected varieties

Longo's Frozen  
Cooked Black  
Tiger Shrimp  
454g pkg  
16-20ct cooked  
13-15 raw easy peel

**19<sup>99</sup>**  
**SAVE AT LEAST \$3**



**7<sup>99</sup>**  
**SAVE AT LEAST \$1**  
Longo's Frozen Breaded  
Calamari Rings or Beer  
Battered Tempura Shrimp  
340-500g pkg  
selected varieties

Fresh fish is subject to availability.



# THANK YOU REWARDS MEMBER PRICING

Scan your registered Thank You Rewards card and receive exclusive members only pricing on select products in-store.



## NOT A MEMBER? NOT A PROBLEM!

Sign up to become a member and earn 500 Bonus Points when you opt in to receive emails and exclusive offers. Scan the QR code or visit [Longos.com/thank-you-rewards](https://Longos.com/thank-you-rewards)

# THIS WEEK MEMBERS SAVE OVER \$30

Longo's Extra Lean Ground Chicken or Turkey  
454g pkg  
selected varieties

# 5<sup>99</sup>

**SAVE \$1.50**

NON-MEMBER  
\$7.49



Longo's Frozen Tempura Shrimp or Coconut Breaded Shrimp  
500g pkg

# 10<sup>99</sup>

**SAVE \$2**

NON-MEMBER  
\$12.99



Tre Stelle Ricotta  
400-475g tub  
selected varieties

# 6<sup>99</sup>

**SAVE \$3**

NON-MEMBER  
\$9.99



# 8<sup>99</sup>

**SAVE \$1**

NON-MEMBER  
\$9.99

Wonderful Shelled Pistachios  
170g pkg  
selected varieties



# 14<sup>99</sup>

**SAVE \$3**

NON-MEMBER  
\$17.99

Longo's Butternut Squash Arancini with Dipping Sauce  
6 pack  
HEAT AND SERVE



Tre Stelle Mozzarella Cheese  
3x250g pkg

# 13<sup>99</sup>

**SAVE \$4**

NON-MEMBER  
\$17.99



Lavazza Nespresso Pods  
10ct  
selected varieties

# 5<sup>99</sup>

**SAVE \$2.50**

NON-MEMBER  
\$8.49



# 8<sup>49</sup>

**SAVE AT LEAST \$1**

NON-MEMBER  
\$9.49

Coca-Cola Beverages  
12x355mL pkg  
selected varieties





Produce is our passion!



Fresh Navel Oranges  
Product of Australia

Fresh Blood Oranges  
Product of Australia

Fresh Cara Cara Oranges  
Product of Australia



Fresh Chestnuts  
Product of Italy



Fresh Artichokes  
Product of U.S.A.



Fresh Ontario  
Lamb Loin Chops  
41.87/kg

**18<sup>99</sup>**  
/LB  
SAVE \$7/LB



**13<sup>99</sup>**  
/LB  
SAVE \$5/LB

Fresh Ontario  
Lamb Shoulder Chops  
30.84/kg



Taylor Farms Fresh  
Power Chopped Salad Kit  
Caesar, Southwest or  
Green Goddess  
309g pkg  
selected varieties



**4<sup>99</sup>**  
8x100g pkg  
selected varieties  
SAVE AT LEAST \$1

Activia Yogourt  
8x100g pkg  
selected varieties



Silk Beverage  
1.75-1.89L carton  
selected varieties

**3<sup>99</sup>**  
SAVE AT LEAST \$1.50



**3<sup>49</sup>**  
425mL bottle  
selected varieties  
SAVE \$1.50

Kraft Salad Dressing  
425mL bottle  
selected varieties



Crave Frozen Entrees  
284-320g pkg  
selected varieties

**5<sup>99</sup>**  
SAVE \$1

# 2010s

## AFTER 60, WE HIT 30!



### LONGO'S OPENS A FLAGSHIP STORE

at Maple Leaf Square, where groceries meet game nights (and unfortunately no cups yet) for Leafs fans.

2010



### RAPTORS WIN THEIR FIRST NBA CHAMPIONSHIP,

and nearly two million people flood downtown for the parade, right next to Longo's Maple Leaf Square.



LONGO'S LAUNCHES  
THE CURATO LINE,  
bringing fine imported authentic  
flavours from Italy and Curato-d  
for our Guests!

2019



2015

### LONGO'S BEGINS OFFERING WINE IN STORES.

A perfect pairing if you ask us!



2017



### LONGO'S OPENS ITS 30<sup>TH</sup> STORE,

marking steady growth across  
the GTA.



### JOSÉ BAUTISTA'S BAT FLIP

becomes Canadian  
baseball folklore, no  
doubt about it!

2016



### THE TRAGICALLY HIP'S FAREWELL CONCERT

unites the nation as the band  
plays their last show.

## THE STORY CONTINUES...

Stay tuned for our next 70<sup>th</sup> insert for  
more Longo's and Canadian history.

70 YEARS OF FAMILY STANDARDS

# 70 YEARS OF FAMILY STANDARDS



**Quaker**  
- ESTD 1877 -

Quaker Crispy Minis Rice Chips or Rice Cakes 90-100g pkg or Quaker Chewy or Dipps Granola Bars 120-156g pkg selected varieties

**2<sup>99</sup>**  
SAVE AT LEAST 80¢

Quaker Instant Oatmeal 168-344g pkg selected varieties

**3<sup>99</sup>**  
SAVE AT LEAST \$1.50



**Molisana**  
IMPORTS

Vita Sana Gnocchi Giglio 1kg pkg

**4<sup>49</sup>**  
SAVE \$1.50

Gioia Savoiardi Lady Fingers 400g pkg

**3<sup>99</sup>**  
SAVE \$1



**NEW** **OBSESSION**

Hazelnut Choco

Cookie Streusel

Pistachio Choco

**7<sup>99</sup>**  
SAVE \$2

The Crownie Obsession Dessert Bars 210g pkg selected varieties



**MADE GOOD**

ORGANIC

Made Good Organic Soft Baked Cookie Bites, Crispy Squares, Chewy Granola Bars or Crispy Squares 120-175g pkg selected varieties

**2<sup>99</sup>**  
SAVE AT LEAST \$2.50



**BOULANGERIE**  
**ACE**  
BAKERY

Ace Bakery White Baguette 350g pkg

**3<sup>99</sup>**  
EARN 200 POINTS



**SEACORE**  
SEAFOOD INC.

Ocean Prime Frozen Raw Argentina Shrimp 11-15ct • 454g pkg

**11<sup>99</sup>**  
SAVE \$3

Wilder Pasteurized Crab Meat 454g can

**19<sup>99</sup>**  
SAVE \$3

FRESH SAVINGS FOR THE WEEK OF THURSDAY OCTOBER 8<sup>TH</sup> TO SUNDAY OCTOBER 11<sup>TH</sup>, 2026.



Fresh Golden  
Delicious Apples  
Product of U.S.A.



Fresh Red  
d'Anjou Pears  
Product of U.S.A.



Fresh Granny  
Smith Apples  
Product of U.S.A.



Fresh Green  
d'Anjou Pears  
Product of U.S.A.



Fresh Rapini  
Product of U.S.A.



Fresh Fennel  
Product of U.S.A.



Fall Waterfall Orchid  
selected varieties

**34<sup>99</sup>**



**MARTORI  
FARMS**



Fresh Emerald  
Crisp Melon  
Product of U.S.A.



Fresh Santa Claus Melon  
Product of U.S.A.



Fresh Avocados  
Product of Mexico



Fresh Figs  
Product of Greece



Fresh Granadilla  
Product of Ecuador or Colombia

**LOCALLY  
GROWN!**

**ufd**



United Floral  
Distributors  
5 Stem Dahlia  
assorted varieties

**9<sup>99</sup>**

# DELI



Longo's Curato Italian Entertaining Tray or Longo's Curato Antipasto Tray  
225g pkg

**17<sup>99</sup>**

THANK YOU EARN 300 POINTS



Longo's Curato Sliced Deli Meats  
100-150g pkg

**FROM 6<sup>99</sup>**

THANK YOU EARN 200 POINTS



Longo's Curato Gorgonzola or Taleggio Cheese  
200g pkg or Longo's Curato Fresh Cheese  
100-125g tub

**FROM 9<sup>99</sup>**

SAVE \$1



AGED 14 MONTHS!

Longo's Curato Prosciutto di Parma

**5<sup>99</sup>**  
/100G



Longo's Curato Italian Cheese  
Freshly cut or grated Parmigiano Reggiano, Grana Padano or Pecorino Romano Cheese

**FROM 4<sup>49</sup>**  
/100G

THANK YOU EARN 150 POINTS PER PURCHASE



FRESH DELI CUT

Locatelli Pecorino Romano Cheese

**5<sup>99</sup>**  
/100G



Longo's Curato Gran Riserva Hard Ripened Italian Cheese made in the style of Parmigiano Reggiano. Fragrant and delicate in flavour and aged a minimum of 10 months making it great for snacking or cooking.

average weight 500g

**3<sup>49</sup>**  
/100G



Villani Salametti  
Available in Calabrian Pepper, Fennel, Truffle or Barolo Wine

**5<sup>99</sup>**  
/100G

ITALIAN CRAFTSMANSHIP, AUTHENTIC FLAVOUR.



Boursin Cheese or Boursin Cuisine  
150-220g pkg

**6<sup>99</sup>**



Beemster Pumpkin Spice Cheese

**4<sup>99</sup>**  
/100G



Deli Served or Packaged Fresh Olives or Antipasto

**2<sup>99</sup>**  
/100G



Mediterranean Selections Olives or Antipasto

**3<sup>99</sup>**  
/100G



Avonlea Clothbound Cheddar or Blue Moo Cheese

**6<sup>99</sup>**  
/100G



Castello Havarti, Cheddar or Gouda Cheese  
200g pkg selected varieties

**FROM 7<sup>99</sup>**



Longo's Oven Roasted or Smoked Turkey  
selected varieties

**3<sup>49</sup>**  
/100G



Mastro Charcuterie Trio or Gran Piatto  
100-200g pkg selected varieties

**FROM 7<sup>99</sup>**

FRESH SAVINGS FOR THE WEEK OF THURSDAY OCTOBER 8<sup>TH</sup> TO SUNDAY OCTOBER 11<sup>TH</sup>, 2026.

# KITCHEN

## SOUPS & CHILI

PLANT-BASED CHILI



**849**  
SAVE 50¢

Longo's Soups, Chili or Tomato Lobster Bisque 700mL tub selected varieties

TUSCAN SAUSAGE KALE

LOBSTER TOMATO BISQUE

Rich, satisfying and ready in minutes, our locally made heat-and-serve soups and chili are the perfect mealtime solution. Enjoy on their own, as a starter or poured over rice or pasta for a comforting twist.



## PIZZA OF THE MONTH

OCTOBER  
**MEATBALL, ROASTED PEPPER & RAPINI PINSA**

Pinsa crust topped with tomato sauce, mozzarella cheese, Longo's meatballs, steamed rapini and roasted peppers.

Dinner is served! Pick up authentic, stone-baked pizza that's been prepared right in-store with only the finest ingredients.



WHOLE  
**26<sup>99</sup>**

SLICE  
**4<sup>99</sup>**

Mediterranean Blend - Radicchio, Escarole and Endive  
Red Leaf Blend - Red and Green Leaf  
Romaine or Garden  
Salad Blend - Iceberg and/or Boston and Romaine

FROM  
**1<sup>89</sup>**  
/100G



EARN  
20 POINTS/100G

## SALADS FOR EVERY OCCASION.

- PREPARED FRESH IN-STORE DAILY
- PAIR WITH LONGO'S SALAD DRESSINGS



## LONGO'S PASTA ENTRÉES



**21<sup>99</sup>**

Longo's Pasta Entrées Heat and Eat - Serves 2-4 908g pkg selected varieties



EARN  
250 POINTS



## LONGO'S HOMESTYLE MEATBALLS IN SAUCE AND CHEESE.

Longo's authentic meatballs! Made with 100% Certified Angus Beef and freshly grated Romano cheese! Homestyle recipe from our family to yours!

FROM  
**11<sup>99</sup>**  
SAVE \$1



FULLY COOKED.  
HEAT AND EAT.



Also available: Longo's veal or chicken cutlets with or without sauce and cheese.

# BAKERY

## CAKE of the MONTH

Moist vanilla cake filled with pumpkin cream cheese icing and speculoos cookie crumbs.

8" Pumpkin Cream Cheese Speculoos Cake

**29<sup>99</sup>**

THANK YOU EARN 300 POINTS



## LONGO'S BUTTERCREAM CAKES AND CUPCAKES AVAILABLE IN VANILLA AND CHOCOLATE

Longo's Buttercream 1/4 Slab Single Layer Cake

**22<sup>99</sup>**

SAVE \$2



Longo's Buttercream 8" Cake

**19<sup>99</sup>**

SAVE \$2



**6<sup>99</sup>**

SAVE \$1

Longo's Buttercream Cupcakes 6 pack

Designs vary per location.



Longo's 8" Assorted Fruit Tart or 8" Frutta Di Bosco Tart

**27<sup>99</sup>**

SAVE \$2

MADE IN-STORE.



PROUDLY MADE IN BRITISH COLUMBIA!



**21<sup>99</sup>**

SAVE \$5

Sugarplum Desserts 8" Assorted Cheesecakes Fabulous four and cheesecake duo



Longo's CURATO PRODUCT OF ITALY

Curato Dessert selected varieties

**4<sup>49</sup>**



Longo's Walnut Batard or Longo's Cinnamon Raisin Batard 575g pkg

**3<sup>99</sup>**

SAVE \$1



BAKED IN-STORE.



**6 FOR \$9**

SAVE 99¢ ON 6

Longo's Authentic Portuguese Custard Tarts Individual \$1.50



Longo's Traditional or Cream Cheese Icing Cinnamon Rolls 9 pack, 550g pkg selected varieties

**5<sup>99</sup>**

SAVE \$1



BAKED IN-STORE.



Longo's Corn Bread or Hot Jalapeño Corn Bread 400g pkg Individual \$4.49

**2 FOR \$8**



Longo's Bake at Home Artisan Garlic Bread or Cheese & Garlic Bread 265-310g pkg

**3<sup>99</sup>** SAVE AT LEAST 50¢

# FRESH FALL FLORALS

CREATED IN STORE BY  
OUR FLORAL EXPERTS.



Assorted  
Thanksgiving Bouquets  
FROM  
**\$30**



Fresh Sunflower  
Arrangement  
**19<sup>99</sup>**



Field Flower  
Bouquet  
assorted varieties  
**\$20**



Hummingbird  
Petite Posy  
assorted varieties  
**\$20**



Infinity Circle Orchid  
assorted varieties  
**39<sup>99</sup>**  
SAVE \$5



Fall Dish Garden  
assorted varieties  
**29<sup>99</sup>**



6" European Inspired  
Giftable Dish Garden  
assorted varieties  
**34<sup>99</sup>**



Autumn Harvest  
Dried Bouquets  
assorted varieties  
**22<sup>99</sup>**



5" Brighton Stripe  
Blooming Plant  
Ceramic Container  
assorted varieties  
**12<sup>99</sup>**



LOCALLY GROWN

**2<sup>OR</sup> \$14**  
Fresh Cut Sunflowers  
5 Stem Bunch  
Individual \$7.99  
selected varieties



9" Blooming  
Plants in Becca  
Woven Container  
assorted varieties  
**19<sup>99</sup>**



Longo's Premium  
Local Tulips  
Soil Grown  
15 Stems  
assorted varieties  
**14<sup>99</sup>**



**SAVE AT LEAST 30%**  
Hester and Cook  
Fall Table Accessories  
select styles

# ENTERTAINING MADE EASY

Discover our unique assortment of fresh, curated platters and trays for your next gathering.



## GRAZING DELIGHTS SHOWSTOPPER

60 pieces

A selection of our favourite appetizers. Selection includes our award-winning Longo's Tahini Filled Falafel Bites, crispy vegetable spring rolls, mini rice balls, beef empanadas, tempura shrimp, breaded coconut shrimp and a trio of dips.



## LONGO'S FOCACCIA SHOWSTOPPER

24 pieces

Longo's Curato products including Onion Rosemary & Tomato Olives Focaccia, Spinata Romana Salami, Prosciutto di Parma, Coppa Piacentina DOP, Mortadella, plus Longo's Mild Muffuletta, Longo's Provolone Cheese Slices and stuffed peppers.



## LONGO'S CURATO CHARCUTERIE SHOWSTOPPER

Serves 8-10 people

A selection of Longo's Curato Prosciutto di Parma, Mortadella, Spinata Romana Salami, Prosciutto Cotto, Parmigianino Reggiano, Provolone, Mozzarella di Bufala, Taralli, Italian olives and roasted tomatoes.



## SOFT CHEESE SELECTION

Serves 8-10 people

A selection of soft, decadent cheeses featuring Boursin, St. Paulin, Sauvagine and Longo's Triple Cream Brie. Served with a selection of fresh and dried fruit, nuts and Longo's Rustic Crisps.

## KAZOKU SUSHI PLATTER

53 pieces • Serves up to 6

**\$35**

THANK YOU EARN 350 POINTS



California Roll (18pc),  
Spicy California Roll (18pc),  
Vegetable California Roll (9pc),  
Cucumber Hosomaki (8pc).  
Includes wasabi, ginger  
and soy sauce.

MADE FRESH  
IN-STORE DAILY.



Longo's Veggie  
Tray with Ranch  
or Hummus Dip  
1.9kg pkg

**19<sup>99</sup>**

THANK YOU EARN 200 POINTS

MADE  
FRESH  
IN-STORE  
DAILY.



Longo's Fruit Medley Tray  
2.3kg pkg

**25<sup>99</sup>**

THANK YOU EARN 250 POINTS

ORDER ON  
LONGOS.COM



## DECADENT DELIGHT SQUARES

Delightful little bites of some of our decadent treats. Killer Brownies® and mini squares.

Serves 25-30 people



## SWEET CREATIONS

Finish things off with these decadent mini pastries made with velvety cream.

Regular serves 10-15 people  
Large serves 20-25 people

## TASTE OF EUROPE

Enjoy a taste of Europe from Portuguese tarts and French imported pastries to Italian sliced desserts.

Serves 8-10 people



MADE IN-STORE.

Longo's Cubed  
Cheese Board  
450g pkg

**11<sup>99</sup>**



MADE IN-STORE.

Longo's Specialty  
Cheese Board  
480g pkg

**15<sup>99</sup>**



For ordering information, visit [Longos.com/catering](https://www.longos.com/catering) or call 1-800-9Longos (1-800-956-6467).

# GROCERY



**Lindt**  
LINDOR

Give the gift of bliss

**5<sup>99</sup>** Lindt Excellence Bar  
50-100g pkg  
selected varieties  
**SAVE \$1**

**9<sup>99</sup>** Lindt Lindor Chocolate Bag  
150g pkg  
selected varieties  
**SAVE \$3**



**Kellogg's Cereal**  
306-510g pkg  
selected varieties

**3<sup>99</sup>**  
**SAVE AT LEAST \$2**



**LaCroix**

**4<sup>99</sup>** La Croix Sparkling Water  
8x355mL cans  
selected varieties  
**SAVE \$1.50**



**LeClerc Cookies**  
240g pkg  
selected varieties

**3<sup>99</sup>**  
**SAVE \$1**



**Carr's Crackers**  
125-150g pkg  
selected varieties

**2<sup>99</sup>**  
**SAVE \$1.50**



**Lotus Biscoff Biscuits** 250g pkg or  
Sandwich Cookies 150g pkg

**2<sup>99</sup>**  
**SAVE UP TO \$1.80**



**ORGANIC**

**Longo's Organic Young Jackfruit in Brine**  
400g can  
Individual \$1.99

**2<sup>OR</sup> \$3**  
**SAVE UP TO \$3.98 ON 2**



**Green Giant Vegetables**  
341-398mL can  
Individual \$1.99  
selected varieties

**3<sup>OR</sup> \$5**  
**SAVE AT LEAST 97¢ ON 3**



**200 g**

**merci**  
Finest Selection

**7<sup>99</sup>** Merci Chocolate Box  
200g pkg  
**SAVE \$2**



**Que Pasa Organic Tortilla Chips**  
350g pkg  
selected varieties

**3<sup>99</sup>**  
**SAVE \$1**



**Old El Paso Seasoning**  
24g pkg  
Individual \$1.49  
selected varieties

**4<sup>OR</sup> \$5**  
**SAVE \$4.96 ON 4**



**Ben's Original**

**8<sup>99</sup>** Ben's Original Converted  
White or Whole Grain Brown  
2.2kg pkg  
**SAVE \$2**



**Longo's Protein Granola**  
300g pkg  
selected varieties

**5<sup>99</sup>**  
**SAVE \$1**



**Charmin Bath Tissue**  
8=24 rolls or  
**Bounty Paper Towels**  
3=6 rolls  
selected varieties

**7<sup>99</sup>**  
**SAVE AT LEAST \$4**



**Nature Clean Laundry Detergent Sheets**  
32 loads  
selected varieties

**7<sup>49</sup>**  
**SAVE AT LEAST \$1.50**

# DAIRY AND FROZEN

**Longo's**  
**CURATO**  
PRODUCT OF ITALY

Longo's Curato  
Fresh Pasta  
250g pkg  
selected varieties

**5<sup>99</sup>**  
SAVE \$1



Kawartha Dairy  
Ice Cream  
1.5L tub  
selected varieties

**8<sup>99</sup>**  
SAVE \$1.50



Gay Lea Real Whipped Cream  
225g canister  
selected varieties

**3<sup>99</sup>**  
SAVE AT LEAST \$1.50



**10<sup>99</sup>** Schneider's Dips  
530g pkg  
selected varieties  
SAVE \$2



Cavendish  
Premium Fries  
540-750g pkg  
Individual \$4.79  
selected varieties

**2<sup>99</sup>**  
SAVE AT LEAST 58¢ ON 2



**3<sup>99</sup>** Tre Stelle  
Cream Cheese Spread  
200g pkg  
selected varieties  
SAVE AT LEAST \$1.50



Liberté  
Greek Yogourt  
650-750g tub  
selected varieties

**6<sup>49</sup>**  
SAVE AT LEAST \$1.50



**14<sup>99</sup>** Longo's Frozen Chicken  
Strips or Nuggets  
700g pkg  
SAVE \$2

Cardinal Roadhouse  
Maple Whisky Ribber  
Pork Cutlettes  
912g pkg or  
Maple Whisky  
Pulled Pork  
400g pkg  
selected varieties

**15<sup>97</sup>**  
SAVE AT LEAST \$2



Schneiders  
Red Hot or  
Original Wieners  
375g pkg  
selected varieties

**4<sup>99</sup>**  
SAVE AT LEAST \$2



Longo's or  
Summer Fresh  
Dips or Hummus  
200-255g pkg  
Individual \$3.49  
selected varieties

**2<sup>99</sup>**  
SAVE AT LEAST \$2.98 ON 2



The Keg Prime Rib  
Beef Burgers or Sliders  
852g-1.02kg pkg  
selected varieties

**24<sup>99</sup>**  
SAVE AT LEAST \$2



Healthy Choice  
Steamers  
284-301g pkg  
selected varieties

**5<sup>99</sup>**  
SAVE \$1



# NIAGARA WINE JELLY COLLECTION

NEW

Longo's Wine Jellies  
Flavours Included:  
Chardonnay, Rose Wine  
and Cabernet  
3x64mL pkg

**14<sup>99</sup>**



EARN  
100 POINTS



Longo's Wine Jelly Collection is crafted in small batches using locally sourced Niagara wines. Each jelly showcases the unique character of the region's renowned vineyards. Perfectly paired with Longo's artisan cheeses, cured meats and gourmet crisps and crackers.



BRINGING FAMILIES  
TO THE TABLE  
SINCE 1956.

kanel.

NEW



**12<sup>49</sup>** Kanel La Vita è  
Bella Seasoning  
90g pkg

Enjoy these unique  
Kanel and Longo's  
70th anniversary spice  
blends, perfect for  
using with eggs, fries,  
truffle popcorn, in  
a vinaigrette, on  
pasta, pizza  
and more!

NEW



**14<sup>99</sup>** Kanel Summer  
Black Truffle  
Sea Salt  
50g pkg

## TASTE OF ITALY

NEW

Raise a glass to 70 years of celebration with Longo's De-Alcoholized Sparkling Rosé. Delicately bubbly and refreshingly light, this festive rosé captures the joy of special moments without the alcohol. With its soft blush hue and crisp finish, it's perfect for toasts, milestones, and everyday celebrations—honouring our past while sparkling toward the future.

Longo's Curato  
Rose Dealcoholized  
Sparkling Wine  
750mL bottle

**7<sup>99</sup>**  
SAVE \$1

Longo's  
**CURATO**  
PRODUCT OF ITALY



# FALL INTO BAKING



"Check out [Longos.com](https://www.Longos.com) for great baking recipe ideas like Pear Chip Blondies and many more tasty treats."

Shane  
Bakery Manager, Brooklin



**5<sup>49</sup>**  
**SAVE AT LEAST 50¢**  
E.D. Smith Pie Filling or Pure Pumpkin  
540-796mL can  
selected varieties



**6<sup>99</sup>**  
**SAVE \$1**  
Duinkerken Baking Mix  
322-477g pkg  
selected varieties



Twinkle  
Cookie Icing  
228g bottle  
selected varieties  
**4<sup>99</sup>**  
**SAVE \$1**



**8<sup>99</sup>**  
**SAVE \$2**  
Enjoy Life Chocolate Chips  
255g pkg  
selected varieties



Redpath Sugar  
2kg pkg  
**2<sup>99</sup>**



Longo's Almonds or Flaked Coconut  
100-250g pkg  
selected varieties  
**3<sup>49</sup>**  
**SAVE AT LEAST 50¢**



**ORGANIC**  
**2<sup>OR</sup> \$3**  
**SAVE UP TO \$4.98 ON 2**  
Longo's Organic Coconut Milk or Whipping Cream  
400mL can  
Individual \$1.99  
selected varieties



**7<sup>99</sup>**  
**EARN 100 POINTS**  
Longo's Country Churned Butter Sticks  
454g pkg  
selected varieties

Handfuel  
Flavoured Nuts  
120g pkg  
Individual \$6.99  
selected varieties

**2<sup>OR</sup> \$12**



FRESH SAVINGS FOR THE WEEK OF THURSDAY OCTOBER 8<sup>TH</sup> TO SUNDAY OCTOBER 11<sup>TH</sup>, 2026.

# FOOD YOU'D BE PROUD TO PASS OFF AS YOUR OWN.



HEAT  
AND  
SERVE



Longo's Kitchen  
Entrée Side Dishes  
250-500g pkg  
Individual \$8.99  
Serves 2-3 people  
selected varieties

**2 FOR \$16**  
SAVE \$1.98 ON 2



Longo's  
Festive Turkey Pie  
1kg pkg  
**18<sup>99</sup>**  
SAVE \$1



Longo's Festive  
Turkey Meal  
435g pkg  
Individual \$12.99  
selected varieties

**2 FOR \$24**  
THANK YOU EARN 300 POINTS



**19<sup>99</sup>** Longo's Pot Pie  
970g-1kg pkg  
selected varieties  
FAMILY SIZE  
THANK YOU EARN 300 POINTS



# SAVE ON THE BRANDS YOU LOVE AT LONGO'S



**KALTBACH**

Kaltbach Gruyère, Truffle, Le Corsé or Creamy Swiss Cheese

**FROM 5<sup>99</sup> /100G**



Devon Cream Company Double Cream or Clotted Cream 170g jar

**9<sup>99</sup>**



Villani Culatello **7<sup>49</sup> /100G**



Villani Pancetta or Guanciale

**5<sup>49</sup> /100G**



Bothwell Lactose Free Medium or Old White Cheddar Cheese 250g pkg

**13<sup>99</sup>**

COWS Creamery 3 Year Old Cheddar Cheese 200g pkg

**14<sup>99</sup>**



## CANADIAN RESERVE CANADIENNE™

**WILD**

**Refined**

**WILD FLAVOURS™**  
SAVEURS INDOMPTABLES™



**NEW**

Canadian Reserve Gouda Cheese 170-200g pkg selected varieties

**8<sup>99</sup>**

Inspired by the Canadian wild, refined by master cheese-makers. Perfect for those who expect more from their gouda.

**SAVE ON THE BRANDS YOU LOVE AT LONGO'S**

*Fantastic fall Savings!*



Dempster's Signature  
Hamburger or Sausage Buns  
6-8ct,  
Pull-Apart Rolls 425-475g pkg or  
Vachon Snack Cakes 6ct  
selected varieties

**3.29**  
**SAVE AT**  
**LEAST \$1.50**

2026277AGU

**BAKE WITH FALL FAVOURITES**

FOR DELICIOUS FALL RECIPES VISIT [ROBINHOOD.CA](http://ROBINHOOD.CA)

Robin Hood or Five Roses Flour 2.5kg pkg selected varieties **5.49**  
**SAVE AT LEAST 50¢**

Eagle Brand Condensed Milk 300mL can selected varieties **4.49**  
**SAVE AT LEAST \$1**

Apple Crisp Cheesecake

**START YOUR DAY DELICIOUS**

Smucker's Jam 500mL jar, Smucker's No Sugar Added Jam 310mL jar or Jiff Peanut Butter 1kg jar selected varieties **5.99**  
**SAVE UP TO \$2**

Folgers Classic Roast Ground Coffee 864g pkg **19.99**  
**SAVE \$3**

**Savour the richness!**

Olympic Krema Yogurt 650g tub selected varieties **5.49**  
**SAVE AT LEAST \$2.50**

Black Diamond Processed Cheese Slices 410g pkg selected varieties **3.99**  
**SAVE AT LEAST \$1.50**

Lactantia Cream 473mL-1L carton selected varieties **3.99**  
**SAVE AT LEAST \$1**

FRESH SAVINGS FOR THE WEEK OF THURSDAY OCTOBER 8<sup>TH</sup> TO SUNDAY OCTOBER 11<sup>TH</sup>, 2026.

# SAVE ON THE BRANDS YOU LOVE AT LONGO'S



**2 FOR \$10**  
SAVE \$3.98 ON 3  
Longo's Mini Phyllo Rolls  
450g pkg  
Individual \$5.99  
selected varieties



**15<sup>99</sup>**  
SAVE \$2  
Longo's Meatballs  
Beef or Swedish  
900g pkg



Cucina Arancini  
Rice Balls  
500g pkg  
selected varieties  
**7<sup>99</sup>**  
SAVE \$1



**8<sup>99</sup>**  
SAVE \$2  
Longo's Frozen Sausage Rolls  
576g pkg  
selected varieties



Sapporo  
Premium Beer  
6x500mL cans

**17<sup>99</sup>**  
SAVE \$1



**18<sup>99</sup>**  
SAVE \$1  
Cottage Springs  
Weekender Mixed Pack  
8x355mL cans



Stoneleigh  
Marlborough  
Sauvignon Blanc  
750mL bottle

**17<sup>99</sup>**  
SAVE \$1

Campo Viejo  
Rioja Reserva  
750mL bottle

**16<sup>99</sup>**  
SAVE \$1



**Ip ITALPASTA**  
Since 1989 • Depuis 1989  
**IT'S NOT JUST PASTA.**



Italpasta  
Artisan Pasta  
450g pkg  
selected varieties  
**1<sup>99</sup>**  
SAVE 50¢



Mutti Pasta Sauce  
660mL jar  
selected varieties  
**9<sup>99</sup>**  
SAVE \$2



Italpasta Soup Cuts  
450g pkg  
selected varieties  
**1<sup>99</sup>**  
SAVE 50¢



**2<sup>99</sup>**  
SAVE UP TO \$1.30  
Italpasta Lasagne, Manicotti  
or Jumbo Shells  
225-500g pkg  
selected varieties

† Registered Trademark of Italpasta Ltd.

FRESH SAVINGS FOR THE WEEK OF THURSDAY OCTOBER 8<sup>TH</sup> TO SUNDAY OCTOBER 11<sup>TH</sup>, 2026.

# SAVE ON THE BRANDS YOU LOVE AT LONGO'S

## FALL FOR CAKE

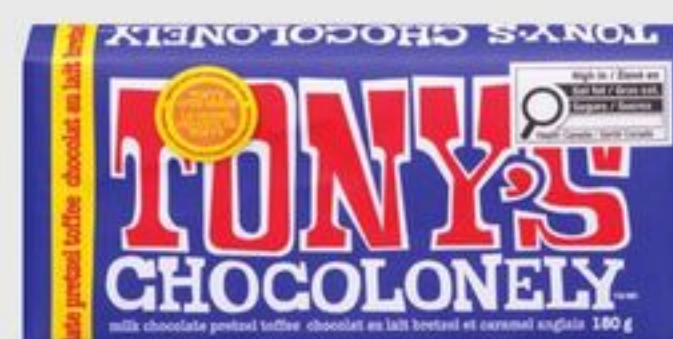
THE SEASON'S  
DECADENT TREAT

Mixed Berry  
Custard Bar Cake

Triple  
Chocolate Tiger  
Bar Cake

Original Cakerie  
Bar Cake  
500g pkg  
selected varieties

**12<sup>99</sup>**  
SAVE \$2



**6<sup>49</sup>** Tony's Chocolonely Bar  
180g pkg  
selected varieties  
SAVE \$1.50



**11<sup>99</sup>** Tony's Chocolonely  
Rainbow Tasting Pack  
300g pkg  
SAVE \$4



Ferrero Rocher  
T15 Collection or  
T16 Jewel Box  
156-200g pkg  
selected varieties

**10<sup>99</sup>**  
SAVE \$2



Baci Perugina Chocolate Box  
Milk or Dark  
150g pkg  
selected varieties

**15<sup>99</sup>**  
SAVE \$4

## Dare

Dare Ultimate Cookies  
290-300g pkg  
selected varieties

**3<sup>49</sup>**

SAVE AT  
LEAST \$1.80



**3<sup>49</sup>** Grissol Baguette  
Crisps  
120g pkg  
selected varieties  
SAVE AT LEAST \$1



**2<sup>99</sup>** Dare Breton Crackers or  
Vinta Snacks  
100-225g pkg  
selected varieties  
SAVE AT LEAST \$1.30

## BRING MORE to the table



Miss Vickie's Chips  
190-200g pkg  
Individual \$4.49  
selected varieties

**2 FOR \$8**  
SAVE \$1.98 ON 2



Tostito's or Staceys Chips  
215-270g pkg  
Individual \$4.79  
selected varieties

**2 FOR \$9**  
SAVE AT LEAST  
\$1.58 ON 2



Gatorade  
Sports Drinks  
6x591mL pkg  
selected varieties

**6<sup>49</sup>**  
SAVE \$1.50



**2 FOR \$14**  
SAVE AT LEAST \$1.58 ON 2

Montellier or Bubly Sparkling Water  
10x355mL or 12x355mL pkg  
Individual \$7.49  
selected varieties



# TOGETHER WE CAN HELP FILL THE TABLE.

Until **October 15<sup>th</sup>**, Longo's Guests can purchase  
a virtual Neighbour-in-Need bag in-store.

Breakfast Bag\*  
**11<sup>99</sup>**



Dinner Bag\*  
**9<sup>99</sup>**



 **NEIGHBOUR  
IN NEED**

## THANK YOU FOR HELPING A NEIGHBOUR IN NEED!

\*All products may not be exactly as shown. Bags purchased will go directly to local food banks.

FRESH SAVINGS FOR THE WEEK OF THURSDAY OCTOBER 8<sup>TH</sup> TO SUNDAY OCTOBER 11<sup>TH</sup>, 2026.