

FRESH CO

THANKSGIVING DEALS

on Groceries and Essentials

ONLY
5⁹⁹
/lb

Eye of Round Roast
Whole Cryovac, Product of Australia 13.21/kg
WHILE SUPPLIES LAST
Rôti de bœuf

LIMIT 2
per customer

حلال
Halal



MEMBER PRICING

ONLY
7⁹⁹

8⁹⁹ without Scene+ Card

Compliments Large Eggs
30 pk
Œufs

LIMIT 2
per customer



100 PTS
when you buy 1

SAVE \$7
9⁹⁹

Bertolli Olive Oil
750 mL-1 L
reg 16.99
Huile d'olive

NEW
at FreshCo



SAVE UP TO \$3¹¹
4⁸⁸

Armstrong Cheese Bars
400 g or Shreds 320 g
reg 7.49-7.99
Fromage



ONLY
1⁹⁹

Raspberries 170 g
Product of USA or Mexico or
Red Cherry Tomatoes 340 g
Product of Ontario, Canada No. 1
Framboises ou tomates cerises



ONLY
1⁹⁹
/lb

Broccoli Crowns Product of Canada or **Brussels Sprouts** Product of Ontario, Canada No. 1, 4.39/kg
Brocoli ou chou de Bruxelles



ONLY
1⁹⁹

Compliments Yellow Potatoes 10 lb
Product of Canada, Canada No. 1, 4.54 kg
Pommes de terre



SAVE UP TO \$5
6⁹⁹

Panache Breaded Coconut, Butterfly, Tempura or Bang Bang Shrimp
Frozen 252-355 g or
Crispy Calamari or Crab Rangoon Frozen 252-340 g reg 9.99-11.99
Crevettes, calmars ou crabe rangoon



SAVE \$3¹¹
7⁸⁸

Compliments Cooked Shrimp Ring Frozen 312 g
reg 10.99
Crevettes



SAVE UP TO \$2
1⁹⁹

Christie Crackers
Selected Varieties 180 g,
Christie Crispers or
Bits & Bites 145 g or
Kellogg's Cheez-It
Crackers 191-200 g
reg 3.29-3.99
Craquelins, Crispers ou grignotines



SAVE \$2⁰⁵
3⁹⁴

Nestlé Real Dairy or Confectionery Frozen Dessert 1.5 L,
Drumstick or
Novelties 4-10 pk
55-140 mL reg 5.99
Dessert surgelé ou nouveautés



SAVE \$5
4⁹⁹

Mutti Pasta Sauce
660 mL
reg 9.99
Sauce pour pâtes



SAVE \$2⁵¹
3⁴⁹

Pepsi Soft Drinks
6x710 mL
reg 6.00
Boissons gazeuses



SAVE \$6
10⁹⁹

India Gate Basmati Rice 4.54 kg
reg 16.99
Riz



Scene+ DIGITAL EXCLUSIVE
October 8-14, 2026
*Terms and conditions apply

YOUR THANKSGIVING DEAL
Load this offer and get
500 PTS
when you spend \$10+ on a Frozen Grade A Turkey

That's like \$5
in free groceries

Offer Applicable on Frozen Grade A Turkeys Size 3 to 9 kg



PRODUCT SELECTION MAY VARY BY LOCATION

Flyer in effect OCT 8-14, 2026.
Prices in effect in Ontario. Excludes Thunder Bay.

Scan to check out our full deals

Locally Owned & Operated
BY PROUD CANADIANS



See the full flyer at FreshCo.com

FRESH CO

200 PTS
when you buy 4
SAVE UP TO \$1.94
2.75**Lay's Potato Chips** 177-235 g or
Smartfood Popcorn 150-220 g
reg 3.89-4.69
Croustilles ou maïs soufflé**MEMBER PRICING**
ONLY
7.99**8.99**
without
Scene+ Card
Coca-Cola or Pepsi
Soft Drinks 12x355 mL Selected Varieties
Boissons gazeuses**MEMBER PRICING**
ONLY
19.99**27.99**
without
Scene+ Card
Tim Hortons
Single Serve K-Cup Coffee Pods 30 pk
Café**SAVE UP TO \$1.70**
2.99**Green Giant** 750 g or **Valley Selections** 400-500 g
Frozen Vegetables reg 3.99-4.69
Légumes surgelés**SAVE \$1.50**
4.49**Compliments**
Frozen Fruit
300-600 g
reg 5.99
Fruits congelés**SAVE \$4**
15.99**Folgers**
Ground Coffee
544-816 g
reg 19.99
Café**SAVE UP TO \$2.10**
1.69**Barilla, Catelli Classic, Smart or Healthy**
Harvest Pasta 375-454 g reg 2.49-3.79
Pâtes**SAVE \$1.80**
5.49**Dr. Oetker Giuseppe**
Rising or Thin Crust Pizza
439-785 g reg 7.29
Pizza**SAVE \$1.50**
5.99**Bubly or Montellier**
Sparkling Water
10-12x355 mL
reg 7.49
Eau pétillante**SAVE 80¢**
2.49**Gay Lea**
Sour Cream 425-500 mL reg 3.29
Crème sure**SAVE \$2.30**
6.99**Gay Lea Butter Sticks** 454 g reg 9.29
Beurre**SAVE \$2**
6.99**Becel Margarine** 800 g
Margarine**SAVE \$3**
5.99**Philadelphia Cream Cheese** 450 g
Fromage à la crème**ONLY**
\$5**Simply**
Orange
Juice 1.36 L
Jus**ONLY**
3.49**Sealtest 5 or**
10% Cream 1 L
Crème**100 PTS**
when you buy 2
SAVE UP TO \$1
3.99**Ocean Spray**
Cocktail 1.89 L or
100% Juice 1.77 L
reg 4.49-4.99
Cocktail ou jus**SAVE \$2**
2.99**Grace Coconut**
Water 1 L reg 4.99
Eau de noix de coco**SAVE UP TO \$1**
4.99**Heinz**
Ketchup 750 mL-1 L or
Kraft Miracle Whip 650-890 mL
Ketchup ou tartinaide**ONLY**
1.88**Campbell's**
Broth 900 mL
Bouillon**SAVE UP TO \$1.50**
99¢**Club House**
Recipe Mixes 20-47 g,
Franco-American Gravy
284 mL or **Swiss Chalet**
or The Keg Sauce Mixes
22-51 g reg 1.29-2.49
Mélanges ou sauce**100 PTS**
when you buy 3
SAVE \$1.20
1.29**Stove Top**
Stuffing Mix
120 g reg 2.49
Mélange à farce**SAVE UP TO \$1.99**
\$4**Compliments Cashews** 200 g or
Peanuts 700 g reg 5.79-5.99
Noix de cajou ou arachides**200 PTS**
when you buy 1
SAVE UP TO \$1.50
4.99**Hershey's**
Chocolate Pouches 160-235 g or
Multipacks 172-232 g Selected Varieties
reg 5.99-6.49
Chocolat**ONLY**
12.99**Hershey's**
Assorted
Chocolates
100 pk
Chocolat**200 PTS**
when you buy 2
SAVE UP TO \$10
11.99**Purex** 3.85-4.43 L or
Sunlight 3.85-4 L
Laundry Detergent
reg 16.49-21.99
Détergent à lessive**Scene+ Loyalty**
DIGITAL
EXCLUSIVE**October 8-14, 2026**
*terms and conditions applyLoad this offer and
get 200 pts for every
Twining's Tea Bags
50 pk
Thé**200***ptsLoad this offer and get
25% off for every Leerdammer
160 g, **President Emmental**
150 g or **Balderson** 140 g
Sliced Cheese
Fromage en tranches**25%***off

The Scene+ Loyalty Program is available at all participating FRESHCO locations within ONTARIO. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. All weekly Scene+ offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services, Western Union, McAfee/Tim Hortons/Starbucks products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. For full Scene+ Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. *Scene+, Scene+ Design and the lion Design are registered trademarks of Scene Plus IP Corporation, used under license. Thursday, October 8, 2026 to Wednesday, October 14, 2026. Prices in effect while supplies last. We reserve the right to limit quantities. No rainchecks except as advertised. All price savings shown in this flyer are measured against our lowest regular retail price offered at our stores in the applicable trade area. Guarantee does not apply to banners owned, operated or franchised by Sobey's Capital Incorporated. Savings offered may differ by region. We reserve the right to correct any unintentional errors in this flyer and make changes to any of our programs without prior notice. **See in-store at FreshCo.com for details.** Our reference to "lowering prices", "low prices" and other similar statements in our ads is as compared to the full-service banners operated by Sobey's Capital Incorporated. See in-store or FreshCo.com for full details of our Guarantees. All Guarantees are applied at our absolute discretion and we reserve the right to define competitor, trade area and to limit quantities. Not to be combined with any other offers and subject to change without notice. Guarantees do not apply to third party vendor products, prescriptions, gift cards, liquor, tobacco, clearance & limited-time products, loyalty and marketing initiatives and any products which may not be discounted by law (the "Limitations"). **LOWEST PRICE GUARANTEE:** Subject to the Limitations and excluding products sold by third party vendor products sold within the store, if a discount competitor within the geographic trade area offers a lower price on an identical item by brand and size that we carry in this store, we will sell you that item for 1¢ less than the discount competitor's current advertised price in their flyer. Price matching will be done for the following banners: Ontario: No Frills, Food Basics, Real Canadian Superstore, and Walmart British Columbia, Alberta, Saskatchewan, and Manitoba; No Frills, Real Canadian Superstore, Walmart and Save-On Foods. Price match locations are subject to change based on regional circumstances. Does not apply to competitor errors. Limit of four (4) units of each price matched item per customer. **DOUBLE FRESH GUARANTEE:** Subject to Limitations, if you buy an eligible product from our store, use the product as intended, and the product does not meet your expectations, you can return the product with a receipt within 14 days of purchase and we will refund the purchase price and provide you with an identical replacement product (while supplies last). **IN-STOCK GUARANTEE:** Subject to Limitations and excluding seasonal and limited quantity products, if you find that we are out of stock of any product featured in that store's current flyer, we will provide you with a rain check that can be used to purchase the item for 10% off the current advertised price when the item is back in stock. **PRICES IN EFFECT IN ONTARIO, EXCLUDES THUNDER BAY.** Canadian products meet applicable Canadian claim definition as per the **Canadian Food Inspection Agency (CFIA)** and **Competition Bureau** respectively.

Proudly Canadian FreshCo.com

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Please recycle where facilities exist.**Top-rated for international foods, value and selection among discount grocers****Based on research conducted by BrandSpark among shoppers in Ontario and Western Canada. Visit freshco.com/grocery for full details

See the full flyer at FreshCo.com

FRESH CO

ONLY
3.99
/lb or ea



Green Seedless Grapes Product of USA No. 1 Grade 8.80/kg or **Blueberries** 170 g Product of Peru No. 1 Grade or **Strawberries** 1 lb Product of USA No. 1 Grade 4.54 g
Fraises, Raisins ou bleuets

100 PTS
when you buy any 2
ONLY
2.49



Compliments Carrots or Onions 3 lb Product of Canada, Canada No. 1, 1.36 kg, **White or Brown Mushrooms** 227 g Product of Ontario or **Iceberg Lettuce** Product of Canada, Canada No. 1
Carottes, oignons, champignons ou laitue

ONLY
1.49
/lb



Gala or McIntosh Apples Product of Ontario, Canada Extra Fancy 3.28/kg
Pommes

ONLY
1.99
/lb



Eggplant or Green or Grey Zucchini Product of Ontario or USA 4.39/kg
Aubergine ou zucchini

ONLY
1.88
/lb



Roma Tomatoes Product of Ontario, Canada No. 1 or Mexico No. 1 Grade or **Green Peppers** Product of Ontario 4.14/kg
Tomates ou poivrons

ONLY
4.99
/lb



Sumo Oranges Product of Australia 11.00/kg
Oranges

50 PTS
when you buy 1
ONLY
4.99



Gold Kiwi 454 g Product of New Zealand or **Compliments Oranges** 3 lb Product of South Africa 1.36 kg
Kiwi ou oranges

ONLY
3.99



Cauliflower Product of Canada, Canada No. 1
Chou-fleur

50 PTS
when you buy 1
ONLY
3.99



Pineapples Product of Costa Rica or **Avocados** 5 pk Product of Mexico
Ananas ou avocats

100 PTS
when you buy 2
ONLY
4.99



Taylor Farms Salad Kits 312-383 g Product of USA
Salades avec garnitures

SAVE 50¢
2.99



Compliments Cocktail Wieners 375 g
Saucisses fumées

SAVE \$1
4.99



Compliments Chicken Spring Rolls Frozen 336 g
Rouleaux de printemps



Compliments or Compliments Balance Meatballs Frozen 560-680 g
Boulettes de viande

SAVE \$2.99
\$10



Compliments Chicken Wings Frozen 800 g
Ailes de poulet

50 PTS
when you buy 1
ONLY
\$12



Compliments Breakfast or Dinner Sausages 1-1.4 kg
Saucisses

SAVE \$2
\$13



Fresh Air-Chilled Whole Chicken
Poulet

ONLY
\$13



Best Buy Smoked Boneless Ham 1.2 kg
Jambon

SAVE UP TO \$2
13.99



Compliments Crispy Homestyle Chicken or Shepherd's Pie Frozen 900 g-1 kg
Pâté au poulet ou pâté chinois

SAVE UP TO \$2.99
\$4



Mastro Salami or Charcuterie Selected Varieties 100-175 g or **San Daniele Prosciutto** 100 g
Salami, charcuterie ou prosciutto

SAVE \$2.50
4.99



Boursin Cheese 150 g
Fromage

SAVE \$1.99
\$5



Brandt Kolbassa 250 g
Saucisse kielbassa

SAVE \$1
\$7



Compliments Sliced Meats 400 g
Viandes tranchées

MEMBER PRICING
SAVE \$1
2.49



Dempster's White or Whole Wheat Bread 675 g or **Buns** 8 pk
Pain ou petits pains

SAVE UP TO \$1.50
2.49



Dempster's Sourdough English Muffins 6 pk, **Compliments Whole Grain Bread** 600 g or **Hostess Snack Cakes** 202-206 g
Muffins anglais, pain ou gâteaux

SAVE UP TO \$2
\$5



Compliments Pies 580-760 g
Tartes

SAVE \$1
3.49



King's Hawaiian Rolls 340 g
Rouleaux

SPEND \$50 ON H&M GIFT CARDS
AND GET 750 SCENE+ POINTS!



Offer valid during October 8 - 14, 2026. Sorry no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability.

See the full flyer at FreshCo.com

FRESH CO

SAVE \$1⁵⁰
2⁹⁹



Tostitos 205-300 g or SunChips 205 g
Croustilles

SAVE \$1
2⁷⁹



Christie Cookies Selected Varieties 224-303 g or
Triscuit Crackers 185-200 g
Biscuits ou craquelins

150 PTS
when you buy 2
SAVE 50¢
2⁴⁹



Coca-Cola or
Canada Dry Soft
Drinks 2 L Selected
Varieties
Boissons gazeuses

SAVE \$1
2⁴⁹



Dare Breton or Vinta Crackers 173-225 g
or Veggie Crisps 100-150 g
Craquelins ou croustilles

SAVE 70¢
2²⁹



Ocean Spray
Cranberry
Sauce 348 mL
reg 2.99
Sauce aux
canneberges

SAVE \$1
1⁹⁹



Betty Crocker
Homestyle
Potatoes
141-215 g
Pommes de terre

SAVE UP TO \$2³⁰
2⁹⁹



McCain Premium Superfries
454-650 g or Breakfast Potatoes
600-650 g reg 4.99-5.29
Frites ou pommes de terre

MEMBER PRICING
ONLY
3⁹⁹



4⁹⁹
without
Scene+ Card
Philadelphia
Cream Cheese 227-250 g
Fromage à la crème

SAVE \$2
5⁹⁹



Heluva Good! Dip 680 g
Trempe

SAVE \$1⁵⁰
4⁹⁹



Armstrong
Natural Cheese Slices 220-240 g
Fromage

SAVE 50¢
1⁹⁹



Pillsbury
Crescent Rolls 226 g
Croissants

SAVE UP TO 90¢
1⁷⁹



Unico Beans or Tomatoes 540-796 mL
Haricots ou tomates

ONLY
\$3



Italpasta Lasagne 375-500 g, Manicotti,
Jumbo Shells or Cannelloni 225-340 g
Lasagne, manicotti, coquilles ou cannelloni

SAVE 99¢
\$3



Compliments
Flour 2.5 kg
Farine

150 PTS
when you buy 3
SAVE UP TO 50¢
1⁹⁹



Swiss Chalet
Sauces
284 mL or
St-Hubert
Poutine Sauce
398 mL
Sauces

200 PTS
when you buy 2
ONLY
13⁹⁹



Ferrero Rocher Chocolates Diamond
Box 375 g WHILE SUPPLIES LAST
Chocolat

ONLY
10⁹⁹



Nestlé Turtles Chocolates 300-350 g
WHILE SUPPLIES LAST
Chocolat

200 PTS
when you buy 2
SAVE \$1
8⁴⁹



Marie
Callender's
Frozen
Entrées
680-879 g
reg 9.49
Repas surgelés

SAVE UP TO \$1⁸⁰
3⁴⁹



Mott's Clamato
or Garden
Cocktail 1.89 L
Clamato ou cocktail

SAVE 80¢
1⁹⁹



Campbell's
Soup 284 mL
Soupe

SAVE \$1
1⁷⁹



Del Monte
Canned Vegetables 341-398 mL
Légumes en conserve

ONLY
2⁴⁴



Dole Pineapple 398 mL
Ananas

SAVE UP TO \$3
2⁹⁹



Compliments Whipped Topping 1 L,
Pie Shells 285-340 g or Phyllo Pastry
Sheets 454 g reg 3.99-5.99
Garniture fouettée, croûtes à tarte ou
feuilles de pâte

100 PTS
when you buy 3
ONLY
1⁸⁸



San Pellegrino or
Maison Perrier
Sparkling Water 1 L
Eau pétillante

SAVE \$1⁵⁰
3⁹⁹



Twinings
Tea Bags
20 pk
Thé

SAVE UP TO \$1⁸⁰
3⁴⁹



Alcan Foil Wrap 50', Reynolds
Parchment Paper 35' or Alcan
Non-Stick Baking Foil 25' reg 4.99-5.29
Papier d'aluminium ou papier parchemin

SAVE \$2³⁰
2⁹⁹



Glad Cling Wrap 60 m reg 5.29
Pellicule plastique

MORE WAYS TO SAVE!

HOT
PRICE

Scene+

Locked
&
Low

Look for these specially-marked
items throughout our stores

THANKSGIVING ENTERTAINING

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

SAVE \$2⁵⁰ /LB
249 /lb

Frozen Grade A Turkey
5-11 kg
5.49/kg
Dinde



ONLY
99¢ /lb

Acorn, Buttercup, Butternut, Spaghetti Squash or Rutabaga
Product of Ontario 2.18/kg
Courge ou rutabaga

SAVE \$2 /LB
299 /lb

Schneiders Applewood Smoked Bone-In Ham 6.59/kg
Jambon fumé avec os



ONLY
\$6

The Little Potato Co. Yellow, Red or Trio Potatoes 1.36 kg
Product of Canada
Canada No. 1
Pommes de terre



ONLY
249 /lb

Green Beans
Product of Canada
Canada No. 1
5.49/kg
Haricots verts



ONLY
\$2

Compliments Coleslaw
397 g
Product of USA
Salade de chou



ONLY
\$2

Compliments Garden Salad
340 g
Product of USA
Salade jardinière



ONLY
\$2

Celery
Product of Canada
Canada No. 1
Céleri



ONLY
299

Cranberries 340 g
Product of Canada
Canada No. 1
Canneberges



SAVE \$1 /LB
699 /lb

Thomas Farms Lamb Shanks
Frozen 15.41/kg
Gigot d'agneau



SAVE \$1
699

Compliments Garlic Sausage 750 g
Saucisse à l'ail



SAVE \$7
999

Maple Leaf or Schneiders Smoked Ham 600-700 g
Jambon fumé



SAVE UP TO \$3
599

Notre Dame Brie 170 g,
Agropur Grand Cheddar 200 g or
Monsieur Gustav Cheddar/French Emmental 200-250 g
Fromage



MEMBER PRICING
SAVE 50¢
299

Summer Fresh Hummus & Dips
200-227 g or
Salsa 227 mL
Hummus ou salsa



100 PTS when you buy 2
SAVE UP TO \$1.50
549

MarcAngelo Deli Meat 85 g or
Pepperoni Topping 175 g
Charcuteries ou pepperoni



75 PTS when you buy 1
SAVE UP TO \$1.50
899

Olivieri Gnocchi Skillet
Selected Varieties
500-700 g
Gnocchis



SAVE 99¢
\$2

Compliments Dinner Rolls 12 pk
Petits pains



MEMBER PRICING
SAVE 80¢
369

Sun-Maid Raisin Bread 450 g
Pain aux raisins



50 PTS when you buy 1
GREAT PRICE
\$5

Compliments Two-Bite Brownies, Coconut Macaroon Bites 300-370 g or
Swiss Rolls 400 g
Brownie, macaron ou gâteaux roulés



50 PTS when you buy 1
GREAT PRICE
\$6

Charlotte's Cake Poppers 280 g or
Compliments Dessert Squares 345-400 g
Gâteaux sur bâtonnet ou carrés desserts



THANKSGIVING FLORAL DEALS

COLOUR AND SELECTION MAY VARY - AVAILABLE AT MOST LOCATIONS.
WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

ONLY
7⁹⁹

Fall Mixed Bouquets
Bouquets mixtes



Pot Mums
6" Pot
Chrysanthèmes



ONLY
8⁴⁹

ONLY
5⁴⁹

Sunflower Bouquet
5-Stem
Bouquet de tournesols



ONLY
14⁹⁹

Orchids
5" Deco Plastic Pot
Grown in Ontario
Orchidées

ONLY
3⁹⁹



Tropicals 4" Pot
Plantes tropicales

ONLY
5⁴⁹



Mini Roses 4" Pot
Mini-roses

ONLY
8⁹⁹



Foliage 5" Plastic Pot
Feuillage

ONLY
12⁹⁹



Thanksgiving Mixed Bouquets
Bouquets mixtes

ONLY
14⁹⁹



Large Thanksgiving Mixed Bouquets
Bouquets mixtes

ONLY
14⁹⁹



**Dozen Long Stem Roses
with Greens & Baby's Breath 50 cm**
Roses

50 cm

ALL TREATS NO TRICKS

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

ONLY
8⁹⁹

**Maynards
Fun Treats**
45 pk 562 g
Bonbons



ONLY
9⁹⁹

Nestlé Chocolates
50 pk 485 g
WHILE SUPPLIES LAST
Assortiment de mini-barres



ONLY
15⁹⁹

Nestlé Chocolates
Assorted Minis 100 pk
Assortiment de mini-barres



ONLY
10⁹⁹

Hershey's
50 pk
481-515 g
Chocolat



ONLY
11⁹⁹

Frito Lay Chips
40 pk 640 g
Croustilles



ONLY
8⁹⁹

**Pepperidge
Farm
Goldfish
Crackers**
24 pk 504 g
Craquelins



ONLY
6⁴⁹

Hershey's
25 pk 357-390 g
Selected Varieties
Chocolat



ONLY
10⁹⁹

Pringles Chips
24 pk 456 g
Croustilles



ONLY
6⁹⁹

Old Dutch Chips
24 pk 384 g
Croustilles



ONLY
3⁹⁹

Airheads Mini Bars
340 g
Mini-barres



ONLY
9⁹⁹

**Welch's
Fruit
Snacks**
45 pk
630 g
Collations
aux fruits



ONLY
5⁹⁹

Compliments Lollipops 500 g
Suçons



ONLY
5⁹⁹

**Tootsie Roll
Snack Bars** 25 pk 599 g
Barres collations



ONLY
4⁹⁹

Rockets Candy Rolls 375 g
Rouleaux de bonbons



ONLY
3⁹⁹

Chupa Chups Candy 25 pk
Bonbons



**BUY 5, GET
1,000
SCENE+ POINTS***

Light up
YOUR CART
Happy Diwali

**General
Mills**



Participating products: **General Mills Cereal** 300-437 g, **Nature Valley Sweet & Salty, Fibre 1 or Protein Bars** 125-230 g, **Old El Paso** 125-510 g or 243-650 mL (excluding Seasonings 24 g), **Pizza Pops** 4 pk 380 g, **Larabar** 5 pk 225-240 g, **Pillsbury Premium Sweet Goods - Regular Cookies, Ready to Bake Cookies or Cinnamon Rolls** 454-496 g. Selected Varieties

DEALS OF THE WEEK

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

SAVE UP TO 70¢

2⁹⁹

Pepperidge Farm Goldfish Crackers
167-227 g or **Snyder's of Hanover Pretzels**
240 g
Craquelins ou bretzels



SAVE UP TO \$1⁵⁰

2⁹⁹

Dare Ultimate Cookies
290-300 g or **Whippet**
250 g
Biscuits

SAVE \$7

17⁹⁹

Kicking Horse Whole Bean Coffee
454 g
Café en grains



SAVE UP TO \$3

6⁹⁹

Lipton Green Tea or Yellow Label Tea Bags 100 pk or **Red Rose Orange Pekoe Tea Bags** 140 pk
Thé



1,000 PTS when you buy 5

SAVE \$1
2⁹⁹

Nature Valley Sweet & Salty, Protein or Fibre | Bars
125-226 g
reg 3.99
Barres



SAVE \$2³⁰

5⁹⁹

Lavazza Espresso Bricks
250 g
Café moulu



SAVE \$1

4⁹⁹

Earth's Own Barista Oat Milk
946 mL
Boisson d'avoine



SAVE \$2

4⁴⁹

Orville Redenbacher Microwave Popcorn
6-8 pk 340-492 g or **Gourmet Popping Corn** 850 g
Mais soufflé



100 PTS when you buy 2

SAVE \$1⁵⁰
5⁴⁹

McCain TAST!EZ
311 g
reg 6.99
Bouchées collation



250 PTS when you buy 2

SAVE 80¢
7⁶⁹

Nutella Hazelnut or Peanut Spread
725 g
reg 8.49
Tartina



SAVE UP TO \$1

4⁹⁹



Old El Paso Premium Taco Kits 343-375 g or **Salsa** 650 mL
Ensembles à tacos ou salsa

SAVE \$1

9⁹⁹

Crave Crispy Roll-Ups
540 g reg 10.99
Rouleaux Croustillants



SAVE \$1

7⁹⁹

Compliments Garbage Bags
20-40 pk
Selected Varieties
reg 8.99
Sacs à ordures



SAVE \$4

6⁹⁹

Cashmere Bathroom Tissue 12=24 rolls, **SpongeTowels** 3=6 rolls or **Scotties Facial Tissue** 6 pk
reg 10.99
Papier hygiénique ou essuie-tout



Get \$10

FreshCo Gift Card

When you spend \$25 before taxes on any Kruger Products*

*Redeem online within 7 days of purchase at Mykrugersproducts.ca/offer, valid on purchases from 10/1/26 to 12/31/26 at participating retailers. Limit of three (3) Gift Cards per household, limit of one Gift Card per receipt.

DIWALI LO PRICES

WHILE SUPPLIES LAST. PRODUCT SELECTION MAY VARY BY STORE.

★★★
Top-rated for international foods, value and selection
among discount grocers*

ONLY
5⁹⁹

Red Onions 7 lb
Product of Ontario,
Canada No. 1
3.16 kg
Oignons rouges



ONLY
99¢

Cilantro or Mint Bunch
Product of Canada
Coriandre ou
bouquet de menthe



ONLY
1⁴⁹
/lb



ONLY
1⁹⁹

Spinach or Methi Bunch
Product of Canada or USA
Épinards ou bouquet de fenugrec



ONLY
4⁹⁹
/lb

Heidi Mangoes
Product of Egypt 11.00/kg
Mangues



Long Squash or Chinese Eggplant Product of Honduras 3.28/kg
Courge ou aubergine

SAVE \$12
14⁹⁹

Handi Sona Masoori Rice
9.07 kg
reg 26.99
Riz



SAVE \$3⁵⁰
7⁹⁹

Dawn Plain Paratha
2400 g
reg 11.49
Paratha



SAVE \$4
5⁹⁹

Tata Tea Orange Pekoe Bags
638 g
reg 9.99
Thé



SAVE \$3
6⁹⁹

Tata Tea Agni Tea
1 kg
reg 9.99
Thé



SAVE \$5
22⁹⁹

Chalo! Pure Desi Ghee 1.6 kg
reg 27.99
Beurre de ghee



SAVE \$5⁵⁰
12⁹⁹

Chalo! Whole Wheat Flour
9.07 kg
reg 18.49
Farine de blé



SAVE \$1⁵⁰
3⁹⁹

Happy Dairy Paneer
300 g
reg 5.49
Fromage



ONLY
\$2

Modhani Dahi or Hahal Yogurt
3.2 % or 2% 750 g
Yogourt



SAVE 50¢
2⁹⁹

Chalo! Lassi
Selected Varieties
reg 3.49
Yogourt à boire



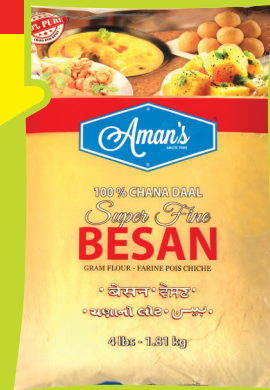
ONLY
1⁴⁹

Kurkure Snacks
115 g
Selected Varieties
Grignotines



SAVE \$1
5⁹⁹

Aman's Besan Super Fine
1.81 kg
reg 6.99
Farine



SAVE UP TO \$2⁵⁰
3⁹⁹

Aman's Lentils
1.81 kg
Selected Varieties
reg 5.99-6.49
Lentilles



25 PTS
when you buy 1

SAVE \$1⁵⁰
3⁹⁹

Sherbon Mango or Gauva Juice
2 L reg 5.49
Jus



SAVE \$1
7⁴⁹

Gagan Mustard Oil
1 L reg 8.49
Huile de moutarde



SAVE \$1⁸⁰
5⁴⁹

Parliament Cookies
600 g
Selected Varieties
reg 7.29
Biscuits



SAVE \$1
8⁹⁹

Brar's Milk Cake 400 g reg 9.99
Desserts



SAVE \$2
5⁹⁹

Apna Taste Aloo Tikki or Vegetable Spring Rolls 750 g-1 kg reg 7.99
Tikki ou rouleaux de printemps aux légumes



100 PTS
when you buy 2

SAVE \$1
5⁹⁹

Kellogg's Family Size Cereal
Selected Varieties
450-650 g
reg 6.99
Céréales



ONLY
2²⁹

Carnation Evaporated Milk
354 mL
Lait évaporé



*Based on research conducted by BrandSpark among shoppers in Ontario and Western Canada. Visit freshco.com/grocery for full details

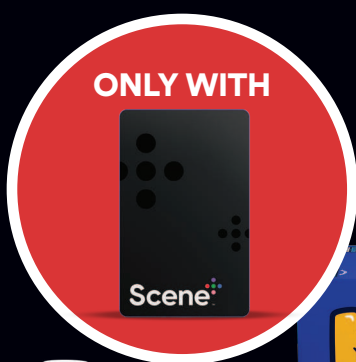
Your Favourites Pay You Back



SAVE \$10

WHEN YOU BUY 5 OR MORE**

Offer Valid October 1 – November 11, 2026.
See in-store for details.



REDEEM UP TO 10 TIMES!



Proudly prepared in
CANADA

ONLY
4.99

Heinz Ketchup
750 mL-I L or
Miracle Whip
Spread 890 mL
Any Variety



ONLY
3.99

Taco Bell Core Kits
260-420 g or
Creamy Sauces
354 mL Any Variety



NEW!

ONLY
2.99

Heinz
Mayonnaise-Style Sauces
340 mL Any Variety

Buy any five (5) or more of the following participating Kraft Heinz products and receive \$10 off instantly at checkout (the "Offer"): **Maxwell House Instant Coffee 150 g, **Kool-Aid** Jammers Fruit Beverage 10 x 180 mL, **Kraft** Peanut Butter 500 g – 2 Kg, **Miracle Whip** Spread 650 – 890 mL, **Kraft Dinner** Macaroni & Cheese 5 x 200 g, **Kraft Dinner** Macaroni & Cheese 12 x 200 g, **Philadelphia** Cream Cheese Product 227 – 450 g, **Nabob** Single Serve Pods 30 pack, **Nabob** Roast & Ground Coffee 340 – 915 g, **Maxwell House** Single Serve Pods 30 pack, **Philadelphia** Dips 340 g, **Cheez Whiz** Cheese Spread 450 – 900 g, **Kraft Dinner** Macaroni & Cheese Snack Cups 10 x 58 g, **Kraft Dinner** Macaroni & Cheese Snack Cups 4 x 58 g, **Kraft** Hazelnut Spread 725 g, **Baker's** Chocolate 225 g, **Kraft Singles** Process Cheese Product 410 – 825 g, **Velveeta** Process Cheese Product 410 g, **Kraft Dinner** Deluxe Frozen Meals 340 g, **CRAVE** Frozen Entrées 200 – 340 g, **CRAVE** Crispy Roll-ups 540 g, **Heinz** Ketchup 375 mL – 1.5 L, **Maxwell House** Roast & Ground Coffee 864 – 910 g, **Renée's** Gourmet Dressing 350 – 750 mL, **Maxwell House** Iced Latte 165 g, **Classico** Pasta Sauce 218 – 600 mL, **Taco Bell** Creamy Sauces 354 mL, **Taco Bell** Kits 260 – 642 g, **Heinz** Mayonnaise-style Sauces 340 mL, **Heinz** Soup 370 – 380 mL, **Smart Ones** Entrées 255 – 283 g, **Bagel Bites** 198 g. Product selection and availability may vary by participating store and while supplies last. To qualify, all required participating products must be purchased in a single transaction at a participating FreshCo store across Canada (excluding Québec) between October 1 and November 11, 2026 (inclusive), and a valid registered Scene+® card must be scanned or Scene+ account number entered at the time of purchase.

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GOOD FOOD FOR GOOD COMPANY.

ONLY
349

Dempster's
Signature Buns
6-8 pk or
Pull-Apart 12 pk



October 8-14, 2026

GIVE YOUR SCENE+ POINTS A BOOST

Earn Scene+ points **3.7X faster** with
the Scotiabank Scene+ Visa Card.*

APPLY NOW



*Conditions Apply





ENJOY AUTHENTIC MIDDLE EASTERN FLAVOURS

SERVES
8-10
PEOPLE



SERVES
6-8
PEOPLE



PREPARED TURKEY FEAST

Served with grilled veggies, gravy and a choice of mashed potato or rice

LAST DAY TO ORDER SATURDAY OCT 10, 2026

LEG OF LAMB FEAST

Fully Cooked Leg of Lamb on the rice
Served with 10 pieces of Beef Kibbeh
and Medium Salad



Yalla Food is a modern Middle Eastern food concept focused on fresh, flavorful, and convenient meals. Located inside FreshCo Milton, Yalla Food offers a variety of grilled meats, sandwiches, burgers, wraps, fish, and traditional Middle Eastern dishes. We combine authentic flavors with quality ingredients, efficient service, and a welcoming customer experience. Our goal is to provide delicious, affordable food while maintaining high standards of freshness, consistency, and food safety.

AVAILABLE AT THE FOLLOWING LOCATIONS

FreshCo Milton

9060 Louis St. Laurent Ave,
Milton, ON L9T 0J9

