Fresh savings effective
Thursday, October 22 to
Wednesday, October 28, 2026

Sign-up for your E-flyer
today at **highlandfarms.ca**

SCAN FOR OUR WEEKLY FLYER & SPECIALS

HIGHLAND FARMS

START FRESH

CANADIAN owned and operated since 1963

Check out highlandfarms.ca for more tasty goodness.



Foodland ONTARIO

2.99 /lb 6.59/kg

SAVE MORE! Fresh Ontario Pork Rib or Sirloin Chops

Grown at Highland Farms Orchards

NEW CROP



Foodland ONTARIO

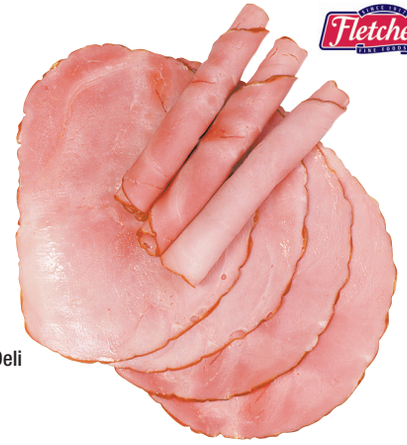
2.99 4lb cello bag

SAVE MORE! Fresh McIntosh or Cortland Apples Fancy Grade



2/7.00 4x100g Liberté Greek or Méditerranée Yogourt Selected Varieties

Fletcher's



Fletcher's Black Forest Ham Freshly Sliced at the Deli

1.79 /100g

Foodland ONTARIO



4.99 /lb 11.00/kg Fresh Ontario Pork Tenderloin



Kimbo Nespresso Caps

2.99 10ct



7.99 each Sponge Towels Ultra 3=6 Double Rolls



6.99 2.5L Delmonte Morning Sunshine Orange or Guava Mango Juice

ANDY BOY



1.99 bunch Andy Boy Rapini Product of U.S.A. or Mexico

PRODUCE



2.99 each — Pomegranates
Wonderful Variety
Product of U.S.A.
Large Size



2.99 /lb 6.59/kg — Fuyu Persimmons
Product of U.S.A.



1.49 each — Fresh Avocados
Product of Mexico

FLORAL



Jumbo Bouquets
Product of Ecuador
or Colombia

19.99 bunch



Foodland ONTARIO

2.99 each — Ontario Homegrown
Cauliflower
No. 1 Grade
Jumbo Size



1.99 /lb 4.39/kg — Roma
Tomatoes
Product of Mexico
No. 1 Grade



3.99 113g — Haven
Salads
Product of Canada

Foodland ONTARIO

Organic



2.99 2lb cello bag — Fresh
Organic Carrots
Product of Ontario
No. 1 Grade



Foodland ONTARIO

1.99 /lb 4.39/kg — Ontario Homegrown
Broccoli Crowns



Foodland ONTARIO

2.99 bunch — Ontario Homegrown
Leeks



Foodland ONTARIO

2.99 bunch — Ontario Homegrown
Collards, Dandelion, Kale or Swiss Chard
Red or Green

BAKERY



3.49 pkg of 6-8 — Dempster's
Signature Gold
Sausage Buns or
Hamburger Buns

COUNTRY KITCHEN HIGHLAND FARMS



1.99 300g — Highland Farms
Country Kitchen
Fresh Store-Baked
Baguette
White

COUNTRY KITCHEN HIGHLAND FARMS



4.99 pkg of 6 — Highland Farms
Country Kitchen
Fresh Store-Baked
Twisted Danish
Assorted Varieties

LA ROCCA CREATIVE CAKES



La Rocca
Fresh 8" Cookies & Cream
or Boston Cream Cake

29.99 each

GROCERIES



2/4.00 710ml
Powerade Assorted Varieties

Coca-Cola
Soft Drinks
Mini Cans
Assorted Varieties

2/9.00 6x222ml



5.99 420-492g
Orville Redenbacher
Microwave Popcorn
Assorted Varieties



5.49 1L
AzPom
Pure Pomegranate
Juice



7.99 6x1.5L
Sant'Anna
Natural Mineral
Waters



4.99 250g
Kimbo
Export Espresso
Ground Coffee



6.49 4L
Allen's
Apple Cider Vinegar



Aurora
Egg Pasta Pappardelle,
Fettuccine or Tagliatelle

2/5.00 250g



4.99 796ml
Mutti
Whole Peeled
Tomatoes



6.99 1L
Gigi
Brand Olives
Imported from Italy
Selected Varieties



Pantanella
Spelt Pasta
Selected Varieties

2/7.00 454g



7.99 28-52
Glad
Kitchen Catchers
White Bags
Selected Varieties



4.99 500-750ml
Bick's
Beets
Sliced or Whole



Tim Hortons
K-Cup 12ct or Ground or Beans 300g
Selected Varieties

12.99 each



3.49 709ml
Clorox
Toilet Bowl Cleaner
Selected Varieties



Carbone
Premium Tomato Sauce
Assorted Varieties

10.99 660ml

DAIRY



4.49 4x100g
Siggi's
Skyr Yogurt
Selected Varieties



3.99 6x93ml
iögo Nanö
Drinkable Yogurt
Selected Varieties



4.99 8x100g
Danone
Activia Yogurt
Selected Varieties

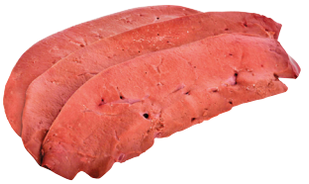
MEAT



3.99 /lb 8.80/kg Fresh Ontario Pork Loin Centre Cut Chops



6.99 /lb 15.41/kg Fresh Ontario Chicken Thighs Boneless, Skinless



7.99 /lb 17.61/kg Fresh Sliced Beef Liver



Fresh Bone-in Beef Shank Cut from Canada AA Grade Beef or Higher Product of Canada

10.99 /lb 24.23/kg

100% Canadian. Freshly Ground. Every day.



7.99 /lb 17.61/kg Fresh Extra Lean Ground Beef

DELI



6.99 375g Schneiders Bacon Classic Cut or Less Salt



4.99 375g Maple Leaf Top Dogs Wieners Selected Varieties



7.99 375g Schneiders Smoked Sausages Assorted Varieties



7.99 300g Maple Leaf Fully Cooked Breakfast Pork Sausage Links or Patties



2.79 /100g Sikorski Smoked Capicolla Freshly Sliced at the Deli



2.79 /100g Sikorski Wood Smoked Bacon at the Deli



1.99 /100g Mastro Prosciutto Cotto Freshly Sliced at the Deli



3.29 /100g Uniqpol Chicken Roll with Garlic or Dill Freshly Sliced at the Deli



3.49 /100g Tre Stelle Provolone Cheese Regular or Light Freshly Sliced at the Deli

SEAFOOD



Fresh Whole Dressed Rainbow Trout

7.99 /lb 17.61/kg



Fresh Wild Haddock Fillets Product of Iceland

19.99 /lb 44.07/kg



Fresh Arctic Char Fillets Product of Iceland

14.99 /lb 33.05/kg



9.99 340g AquaStar Herb & Garlic Shrimp Frozen

FROZEN FOODS



6.99 8-18pk Chapman's Super Novelties Selected Varieties



6.99 each iōgo Yogurt Tubs 946ml or 4pk 320ml Frozen



6.99 400g Spice Mantra Meals Selected Varieties Frozen



7.99 552-600g Mina Halal Breaded Chicken Breast Nuggets, Strips or Burgers Frozen



6.99 850g Alfa Puff Pastry Selected Varieties

4.99 454g Krinos Mini Twisters Cheese or Spinach Frozen

850 ELLESMERE RD.
AT KENNEDY RD.
416.298.1999

Store Hours:
Monday – Friday:
7:00a.m. till 9:00p.m.
Saturday – Sunday:
7:00a.m. till 8:00p.m.

Interac DIRECT PAYMENT · VISA · MasterCard · AMERICAN EXPRESS

Partners in Growth
For every ton of paper, SJC will contribute to the planting of a tree through GrandTrees.

Although we strive for accuracy in illustration, copy and regulatory requirements, unintentional errors may occur. We reserve the right to correct any errors. We reserve the right to limit quantities. Unauthorized reproduction or use of this advertisement without the written consent of Highland Farms and its marketing agency is strictly prohibited.

PRINTED IN CANADA