Fresh savings effective
Thursday, November 5 to
Wednesday, November 11, 2026

Sign-up for your E-flyer
today at **highlandfarms.ca**

SCAN FOR OUR WEEKLY FLYER & SPECIALS

HIGHLAND FARMS

START FRESH

CANADIAN owned and operated since 1963

Check out highlandfarms.ca for more tasty goodness.

Canada AAA



6.99 /lb 15.41/kg

SAVE MORE!

Fresh Beef
Boneless Outside Round Roast
Product of Canada

Grown at Highland Farms Orchards

Foodland ONTARIO



99¢ /lb 2.18/kg

SAVE MORE!

Fresh Apples
McIntosh or Cortland
Product of Ontario Fancy Grade



2/5.00 La Molisana
Pasta 450g
Assorted Regular Cuts or
Passata di Pomodoro 680ml

SAN DANIELE



2.99 /100g San Daniele
Boneless Prosciutto
Freshly Sliced at the Deli

Canada AAA



9.99 /lb 22.02/kg Fresh Outside
Round Beef Cutlets
Product of Canada



1.99 198g Unico
Solid Light Tuna in Oil



7.99 each Coca-Cola
12x355ml or
Fuze 12x341ml
Assorted Varieties



1.99 750ml Sealtest
Chocolate Milk
Regular or
Reduced Sugar

Foodland ONTARIO



Ontario Homegrown
Fresh Jumbo Cauliflower
Purple
No. 1 Grade

2/5.00

PRODUCE



Blueberries
Product of Peru
No. 1 Grade
4.99 Pint

CASE OF 18 $39.99



Hachiya Persimmons
Product of U.S.A.
2/5.00



1.99 each Fresh Mangos
Product of Brazil

Organic



4.99 3lbs bag Organic Ambrosia or Royal Gala Apples
Product of B.C.
Fancy Grade



Foodland ONTARIO

2.99 pkg of 4 Ontario Homegrown Greenhouse Sweet Bell Peppers
No.1 Grade



Anise
Product of U.S.A.
2/5.00

Foodland ONTARIO



2.99 pkg of 6 Ontario Homegrown Greenhouse Mini Seedless Cucumbers

FLORAL



Jumbo Bouquets
Product of Colombia
19.99 bunch



1.99 227g Harvest Fresh Spinach
Product of Canada

Foodland ONTARIO



2.49 /lb 5.49/kg Ontario Homegrown Broccoli Crowns



1.49 /lb 3.28/kg Zucchini
Product of Mexico

Foodland ONTARIO



1.49 /lb 3.28/kg Ontario Homegrown Sweet Potatoes

BAKERY



1.09 330g Cedar Bakery Lebanese Style Pita
White or Whole Wheat



2.99 675g Dempster's White or 100% Whole Wheat Bread

COUNTRY KITCHEN HIGHLAND FARMS



1.79 each Highland Farms Country Kitchen Fresh Baked In-Store Scones
Assorted Varieties

LA ROCCA CREATIVE CAKES



La Rocca Fresh 8" Tiramisu Cake
28.99 each

GROCERIES



16.99 1L
Colavita
Extra Virgin
Olive Oil



Campbell's
Soup
Tomato, Vegetable,
Cream of Mushroom
or Chicken Noodle

99¢ 284ml



7.49 3.57L
Clorox
Liquid Bleach



Unico
Ripe or Pizza Style Olives
Selected Varieties

2/5.00 375ml



3.69 4L
Allen's
Original
White Vinegar



6.99 250g
Brazilian Canadian
Greek or Turkish
Coffee



2.99 500g
Gefen
Whole Beets



5.99 1L or 750ml
Heinz
Tomato Ketchup
Selected Varieties



2/5.00 370ml
Carnation
Evaporated
Milk
Eagle Brand
Condensed Milk
300ml 4.49

2.99 2kg
Lantic
Natural
Granulated Sugar
White



5.99 each
Nescafé
Cappuccino
112-148g or
Coffee-mate 450g



Borsec
Mineral Water

14.99 6x1.5L



1.79 20's
3 Crown
Tea
Selected Varieties



3.99 95-180g
Highland Farms
Country Kitchen
Seasoning
or Spices
Selected Varieties



Hunt's
Snack Pack
Pudding & Gels
Assorted Varieties

2/5.00 4x99g



Heineken
0.0% Non-Alcohol Beer

12.99 6x330ml

DAIRY



5.79 454g
Natrel
Butter
Salted or Unsalted



2.99 1.36L
Fruité
Refrigerated
Beverages
Assorted Varieties



9.99 2L
Olympic
Organic Kefir



2.99 750g
Khaas
Halal or Dahi
Yogourt
Selected Varieties



5.99 650g
Olympic
Organic
Greek Yogurt
Selected Varieties

MEAT



3.99 /lb 8.80/kg Fresh Ontario Boneless Pork Sirloin Roast



4.99 /lb 11.00/kg Fresh Ontario Boneless Pork Sirloin Chops

CLUB PACK



7.99 /lb 17.61/kg Fresh Ontario Pork Loin Cutlets

Canada AAA



8.99 /lb 19.82/kg Fresh Beef Outside Round Steaks Product of Canada

100% Canadian. Freshly Ground. Every day.



7.99 /lb 17.61/kg Fresh Lean Ground Beef

DELI



6.99 375g Maple Leaf Bacon Selected Varieties



3.99 90-120g Schneiders Lunch Mate Stackers & Kits Selected Varieties



Greenfield Natural Meat Co. Wieners

8.99 375g



6.99 125-175g Maple Leaf Natural Selections Sliced Deli Meats Selected Varieties



2.49 /100g Sikorski Hungarian Sausage at the Deli



2.49 /100g Sikorski Prague Ham Freshly Sliced at the Deli



3.49 /100g Uniqpol Oven Roasted or BBQ Chicken Breast Freshly Sliced at the Deli



San Daniele Mortadella Sliced Regular, Light or Hot

2/9.00 175g



4.99 200g Tre Stelle Cream Cheese Assorted Varieties

SEAFOOD



Fresh Alantic Salmon Fillets

13.99 /lb 30.84/kg

Wild



8.99 /lb 19.82/kg Fresh Wild Rockfish Fillets



6.99 /lb 15.41/kg Fresh Whole Cleaned Whiting



9.99 340g Triple Crown Shrimp Ring 31/40ct Frozen

FROZEN FOODS



Chapman's No Sugar Added Ice Cream 1L or Novelties 4-6pk Selected Varieties

5.99 each



Maple Leaf Prime Chicken Nuggets, Strips or Burgers Frozen

9.99 700g



Triple Crown Tempura Shrimp 16/20ct Frozen

10.99 500g

850 ELLESMERE RD.
AT KENNEDY RD.
416.298.1999

Store Hours:
Monday – Friday:
7:00a.m. till 9:00p.m.
Saturday – Sunday:
7:00a.m. till 8:00p.m.

Interac DIRECT PAYMENT · VISA · MasterCard · AMERICAN EXPRESS

Partners in Growth

For every ton of paper, SJC will contribute to the planting of a tree through GrandTrees.

Although we strive for accuracy in illustration, copy and regulatory requirements, unintentional errors may occur. We reserve the right to correct any errors. We reserve the right to limit quantities. Unauthorized reproduction or use of this advertisement without the written consent of Highland Farms and its marketing agency is strictly prohibited.

PRINTED IN CANADA