food Basics

CANADIAN AND PROUD

CRAZY 8 SALE

HONEYCRISP

BLACKBERRIES
PRODUCT OF MEXICO
NO. 1 GRADE
150 - 170 G
1.88 EA.

HONEYCRISP APPLES
PRODUCT OF ONTARIO
CANADA EXTRA FANCY GRADE
1.88/LB, 4.14/KG

8 CRAZY 1.88 EACH OR /LB

PRIME, MINA, FRESH FROM THE FARM OR ZABIHA HALAL FRESH BONELESS SKINLESS CHICKEN BREAST FAMILY PACK
AIR CHILLED
SELECTED VARIETIES
WHILE QUANTITIES LAST
10.98/KG

HALAL AT SAME PRICE

8 CRAZY 4.98 /LB

1 LB

8 CRAZY 2.88 EACH

SWEET PEPPERS ASSORTED COLOURS
PRODUCT OF CANADA OR MEXICO
PKG OF 4

WHOLE WHITE OR CREMINI MUSHROOMS
PRODUCT OF CANADA
454 G

BLACK DIAMOND CHEESE 400 G
SHREDS 320 G
GALBANI MOZZARELLA 500 G
SELECTED VARIETIES

8 CRAZY 4.98 EACH

8 CRAZY 88¢ /LB

SWEET POTATOES
PRODUCT OF U.S.A.

GREEN ZUCCHINI
PRODUCT OF MEXICO
1.94/KG

ATTITUDE SALADS
142 G
SELECTED VARIETIES

8 CRAZY 2.88 EACH

35 points

8 CRAZY 5.88 EACH

PILLER'S MEAT SNACKS
300 - 500 G
SELECTED VARIETIES

NESTLÉ PARLOUR
1.5 L
NOVELTIES
6 - 12'S
SELECTED VARIETIES

8 CRAZY 2.88 EACH

RUDOLPH'S BREAD
500 G
SELECTION GARLIC TOAST
680 G
SELECTED VARIETIES

8 CRAZY 2.88 EACH

JANES PUB STYLE BREADED CHICKEN OR SCHNEIDERS CHICKEN WINGS
615 - 660 G FROZEN SELECTED VARIETIES

8 CRAZY 6.88 EACH

125 points value of $1

IRRESISTIBLE FRUIT
400 - 600 G
THICK CRUST PIZZA
440 - 465 G FROZEN
SELECTED VARIETIES

8 CRAZY 4.48 EACH

CHRISTIE CRACKERS 162 - 200 G
CHRISTIE BITS & BITES OR CRISPERS 145 G
MAYNARDS CANDY 100 - 154 G
SELECTED VARIETIES

8 CRAZY 1.88 EACH

CAVENDISH FARMS FRENCH FRIES
540 - 750 G
CHEEMO PEROGIES 815 - 907 G
IRRESISTIBLE MEALS 255 - 320 G
FROZEN SELECTED VARIETIES

8 CRAZY 2.88 EACH

TIDE LAUNDRY DETERGENT
3.69 L = 100 LOADS
PODS
45 - 76'S
CASCADE DISHWASHER TABS
51 - 80'S
SELECTED VARIETIES

8 CRAZY 19.88 EACH

ARJUN PREMIUM BASMATI RICE OR CASABLANCA HONEY
1 - 3.63 KG SELECTED VARIETIES

8 CRAZY 5.88 EACH

GALLO EXTRA VIRGIN OLIVE OIL
1 L
UNICO VEGETABLE OIL
3 L
SELECTED VARIETIES

8 CRAZY 8.88 EACH

The moi event is here. More offers. More points. More rewards

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, NOVEMBER 12TH TO WEDNESDAY, NOVEMBER 18TH, 2026

PRICES IN THIS FLYER AVAILABLE AT ALL ETOBICOKE, MISSISSAUGA, NORTH YORK, RICHMOND HILL, SCARBOROUGH, TORONTO, THORNHILL, EMERALD PARK, MARKHAM, AJAX, OSHAWA, COURTICE, NEWMARKET, PICKERING, AND BRAMPTON STORE LOCATIONS ONLY.

To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

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Savings worth celebrating with moi rewards

Over 10,360 points available when you shop in-store or online. Value of $82.



THIS WEEK ONLY **4.99** EACH

125 points value of $1

OLYMPIC ORGANIC OR KREMA YOGURT
650 G
SELECTED VARIETIES



HEINZ SOUP
370 - 380 ML
SELECTED VARIETIES

THIS WEEK ONLY **4.99** EACH

125 points value of $1



THIS WEEK ONLY **4.49** EACH

125 points value of $1

PEPSI SOFT DRINKS
6 X 710 ML
SELECTED VARIETIES



THIS WEEK ONLY **22.99** EACH

125 points value of $1

VAN HOUTTE OR McCAFÉ COFFEE CAPSULES
30'S
SELECTED VARIETIES



THIS WEEK ONLY **6.49** EACH

35 points

OÎKOS GREEK YOGURT
650 - 750 G
SELECTED VARIETIES



THIS WEEK ONLY **6.99** EACH

35 points

BECEL MARGARINE
800 G
SIMPLY ORANGE JUICE
2.25 L
SELECTED VARIETIES



THIS WEEK ONLY **2.79** EACH

15 points

DARE COOKIES OR CRACKERS
100 - 315 G
SELECTED VARIETIES



THIS WEEK ONLY **5.99** EACH

30 points

McCAIN FRENCH FRIES
1.5 KG
SELECTED VARIETIES



LOCKED DOWN **1.99** EACH

10 points

BEATRICE CHOCOLATE MILK
1 L



THIS WEEK ONLY **4.99** EACH

25 points

LACTANTIA PURFILTRE MILK
2 L
SELECTED VARIETIES



THIS WEEK ONLY **5.49** EACH

30 points

KELLOGG'S FAMILY SIZE CEREAL
480 - 650 G
SELECTED VARIETIES



NATURE VALLEY GRANOLA BARS
130 - 210 G
BETTY CROCKER FRUIT SNACKS
128 - 226 G
SELECTED VARIETIES

LOCKED DOWN **2.48** EACH

15 points



LOCKED DOWN **2/$7**

20 points

DORITOS, RUFFLES POTATO CHIPS OR CHEETOS
180 - 285 G
SELECTED VARIETIES



THIS WEEK ONLY **4.99** EACH

25 points

NESTLÉ CARNATION HOT CHOCOLATE
400 - 450 G
CHOCOLATE SYRUP
510 - 700 ML
SELECTED VARIETIES



THIS WEEK ONLY **6.99** EACH

35 points

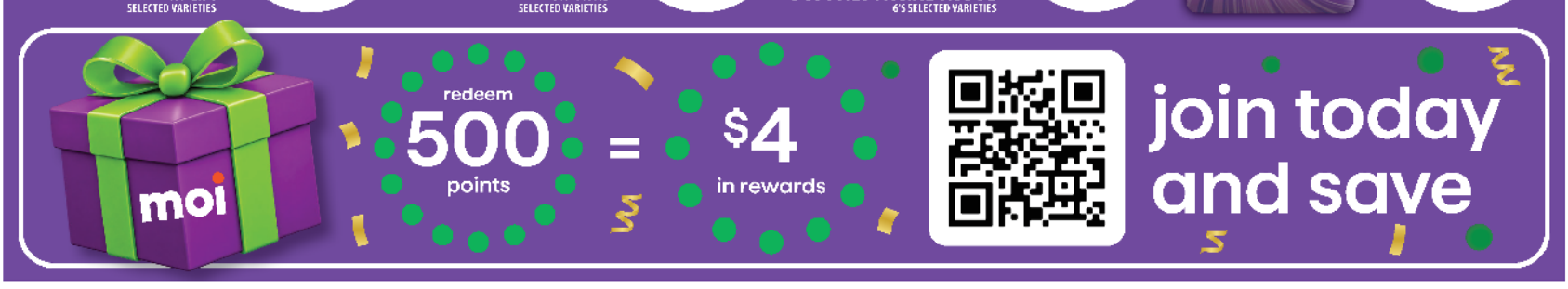
SPONGE TOWELS ULTRA PAPER TOWEL
3 = 6'S
SCOTTIES FACIAL TISSUE
6'S SELECTED VARIETIES



THIS WEEK ONLY **3.99** EACH

10 points

LYSOL CLEANERS
710 ML - 1.2 L
SELECTED VARIETIES



*IN STOCK POLICY: Food Basics+ offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nosso Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only; If there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

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food Basics CANADIAN AND PROUD

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

saving is

Basic$



find everyday low prices at food Basic$

Savings worth celebrating with

moi rewards

i redeem and save on what i buy most often

SAVING IS EASY

1. CLICK TO DOWNLOAD
2. ADD YOUR COUPONS
3. SCAN YOUR moi rewards AT CHECKOUT

join today and save

Coupons must be clipped in the Food Basics app before they can be redeemed.

Download on the App Store

GET IT ON Google Play

While quantities last. Limit one coupon per variety, per customer, per transaction. Visit our app for details



SELECTION OR LIFE SMART DELUXE MIXED NUTS OR CASHEWS
1.13 KG
SELECTED VARIETIES

SAVE $5



IÖGO YOGURT
650 G
SELECTED VARIETIES

SAVE $1



CRACKER BARREL CHEESE SNACKS
168 G
SELECTED VARIETIES

SAVE $1



KRAFT SALAD DRESSING
710 ML
SELECTED VARIETIES

SAVE $1



GATORADE SPORTS DRINKS
8 X 355 ML
SELECTED VARIETIES

SAVE $1



SELECTION HONEY
1 KG
SELECTED VARIETIES

SAVE $1



PEPPERIDGE FARM PARTY SIZE GOLDFISH CRACKERS
750 G
SELECTED VARIETIES

SAVE $1



COLGATE CHARCOAL TOOTHBRUSH
EACH
SELECTED VARIETIES

SAVE $1



GREENHOUSE ORGANIC GINGER DEFENCE
420 ML

THIS WEEK ONLY 9.99 EACH

125 points value of $1



ELITE SWEETS CAKE
700 G SELECTED VARIETIES

THIS WEEK ONLY 12.99 EACH

50 points



HÄAGEN-DAZS ICE CREAM NOVELTIES
3 - 4'S SELECTED VARIETIES

LOCKED DOWN 5.99 EACH

125 points value of $1



RED ROSE TEA BAGS
70'S
SELECTED VARIETIES

LOCKED DOWN 4.99 EACH

25 points



PRIMO LASAGNA
250 - 500 G
SELECTED VARIETIES

LOCKED DOWN 2.49 EACH

15 points

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PRODUCE



CARROTS
PRODUCT OF ONTARIO, CANADA NO.1 GRADE 2 LB
YELLOW ONIONS
PRODUCT OF ONTARIO, CANADA NO. 1 GRADE 2 LB

THIS WEEK ONLY **1.99** EACH



GREEN OR RED SEEDLESS GRAPES
PRODUCT OF CALIFORNIA, U.S.A., NO. 1 GRADE
8.80KG

THIS WEEK ONLY **3.99** /LB



BLUEBERRIES
PRODUCT OF PERU, NO. 1 GRADE
170 G
RASPBERRIES
PRODUCT OF U.S.A. OR MEXICO, NO.1 GRADE
170 G

THIS WEEK ONLY **3.99** EACH



BROCCOLI CROWNS
PRODUCT OF CANADA

THIS WEEK ONLY **2/$5**



AVOCADOS
PRODUCT OF MEXICO
5 PACK
LIMES
PRODUCT OF MEXICO
1 LB

THIS WEEK ONLY **3.99** EACH



MINI CUCUMBERS
PRODUCT OF ONTARIO
CANADA NO.1 GRADE
397 G
SWEET CHERRY TOMATOES
PRODUCT OF CANADA OR MEXICO
283 G

THIS WEEK ONLY **2.99** EACH

20 points



EGGPLANTS
PRODUCT OF U.S.A. OR MEXICO
4.39/KG

THIS WEEK ONLY **1.99** /LB



BOSC PEARS
PRODUCT OF ONTARIO
FANCY GRADE 2 L BASKET

THIS WEEK ONLY **4.99** EACH



JUMBO WALNUTS
PRODUCT OF U.S.A.
6.59/KG

THIS WEEK ONLY **2.99** /LB



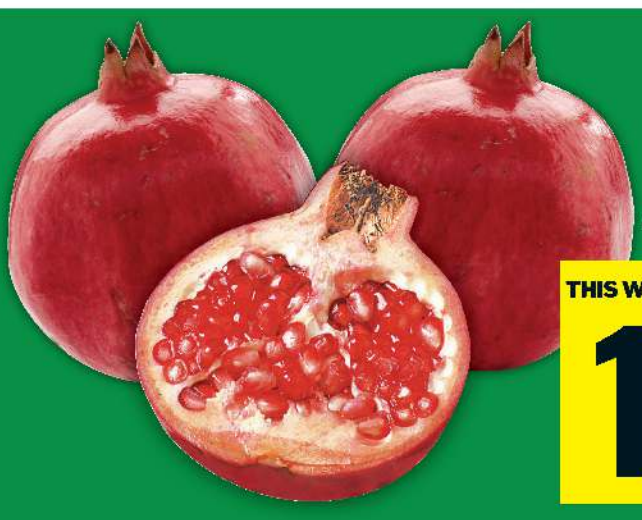
CHESTNUTS
PRODUCT OF ITALY
13.21/KG

THIS WEEK ONLY **5.99** /LB



ACORN, BUTTERNUT, BUTTERCUP OR SPAGHETTI SQUASH
PRODUCT OF ONTARIO
3.28/KG

THIS WEEK ONLY **1.49** /LB



POMEGRANATE
PRODUCT OF U.S.A.

THIS WEEK ONLY **1.99** EACH



SANTA CLAUS MELON
PRODUCT OF BRAZIL
CANARY MELON
PRODUCT OF BRAZIL
3.28/KG

THIS WEEK ONLY **1.49** /LB



LEMONS
PRODUCT OF U.S.A. OR SOUTH AFRICA
2 LB
CLEMENTINES
PRODUCT OF SOUTH AFRICA OR MORROCO
2 LB

THIS WEEK ONLY **4.99** EACH



TOMATOES ON THE VINE
PRODUCT OF CANADA OR MEXICO, NO.1 GRADE
4.39/KG

THIS WEEK ONLY **1.99** /LB



DOLE COLESLAW SALAD
397 G

THIS WEEK ONLY **2/$5**



NAVEL ORANGES
PRODUCT OF SOUTH AFRICA
4.39/KG

THIS WEEK ONLY **1.99** /LB

FLORAL



SWEETHEART ROSES
WHILE SUPPLIES LAST

THIS WEEK ONLY **$8** EACH



12 STEM
RAINBOW POMS
WHILE SUPPLIES LAST

THIS WEEK ONLY **12.88** EACH



6" CYCLAMEN
WHILE SUPPLIES LAST

THIS WEEK ONLY **7.99** EACH



5" ORCHID
WHILE SUPPLIES LAST

THIS WEEK ONLY **10.88** EACH

MEAT



HALAL AT SAME PRICE

THIS WEEK ONLY 3.99/LB

FRESH WHOLE CHICKEN WINGS
BAGGED
INCLUDES ZABIHA HALAL SELECTED VARIETIES
8.80/KG



THIS WEEK ONLY 4.99/LB

FRESH PORK BACK RIBS VACUUM PACK
WHILE QUANTITIES LAST
11.00/KG



THIS WEEK ONLY 4.99 EACH

JOHNSONVILLE BREAKFAST OR SMOKED SAUSAGES
375 G
SELECTED VARIETIES



HALAL AT SAME PRICE

MEDIUM GROUND BEEF FAMILY PACK
SELECTED VARIETIES
15.41/KG

THIS WEEK ONLY 6.99/LB



RAINBOW TROUT FISH FILLET FAMILY PACK
24.23/KG

THIS WEEK ONLY 10.99/LB



HALAL

NEW ZEALAND FRESH LAMB SHOULDER CHOPS FAMILY PACK
SELECTED VARIETIES
WHILE QUANTITIES LAST
19.82/KG

THIS WEEK ONLY 8.99/LB



SCHNEIDERS RED HOTS OR MAPLE LEAF TOP DOGS WIENERS 375 G
SCHNEIDERS MEAT PIES
330 - 400 G FROZEN
SELECTED VARIETIES

THIS WEEK ONLY 4.99 EACH

40 points



MARC ANGELO JUMBO SAUSAGES
375 - 675 G
FROZEN
SELECTED VARIETIES

THIS WEEK ONLY 6.99 EACH



LOU'S KITCHEN FULLY COOKED ENTRÉES
375 - 400 G
SELECTED VARIETIES

THIS WEEK ONLY 8.99 EACH



SCHNEIDERS OR MAPLE LEAF PRIME FULLY COOKED BREADED CHICKEN
600 - 700 G
FROZEN
SELECTED VARIETIES

THIS WEEK ONLY 11.99 EACH



SCHNEIDERS LUNCH MATE OR GREENFIELD KITS OR ADULT KITS
74 - 120 G
SELECTED VARIETIES

THIS WEEK ONLY 2.99 EACH



FONTAINE SANTÉ HUMMUS
227 - 260 G
SELECTED VARIETIES

THIS WEEK ONLY 3.49 EACH

20 points



SCHNEIDERS OR MAPLE LEAF BACON
65 - 375 G
SELECTED VARIETIES

THIS WEEK ONLY 6.49 EACH



LOU'S KITCHEN BBQ PORK BACK RIBS
610 G
SELECTED VARIETIES

THIS WEEK ONLY 9.99 EACH



PILLER'S SLICED DELI MEAT
125 - 175 G
SELECTED VARIETIES

THIS WEEK ONLY 3.99 EACH

20 points



MASTRO SLICED TRIOS
100 - 175 G SELECTED VARIETIES

LOCKED DOWN 4.99 EACH



BOURSIN CHEESE
150 G
SELECTED VARIETIES

THIS WEEK ONLY 5.49 EACH

30 points



TRE STELLE TRADITIONAL FETA
850 G
SELECTED VARIETIES

THIS WEEK ONLY 14.99 EACH

125 points
value of $1



SEAHORSE BASA STEAK OR ANCHOR'S BAY BASA FILLETS OR SEASOUL TORPEDO SHRIMP
200 - 500 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY 3.49 EACH



IRRESISTIBLE PACIFIC WHITE SHRIMP
COOKED OR RAW
31 - 40 CT

IRRESISTIBLE TORPEDO OR TEMPURA SHRIMP
284 - 340 G
FROZEN
SELECTED VARIETIES

THIS WEEK ONLY 7.49 EACH



TASIA GOLDEN POMPANO OR TASIA MILK FISH OR ANCHOR'S BAY CROAKER
600 G - 1 KG
FROZEN
SELECTED VARIETIES

THIS WEEK ONLY 9.99 EACH



HIGHLINER PAN SEAR OR SIGNATURE CUTS FISH FILLET OR CATCH OF THE DAY FISH FILLET
425 G - 1.32 KG
FROZEN
SELECTED VARIETIES

THIS WEEK ONLY 13.99 EACH

BAKERY



DEMPSTER'S BREAD 675 G
BUNS 8'S
SELECTED VARIETIES

THIS WEEK ONLY
2.69 EACH





DEMPSTER'S 10" TORTILLAS 426 - 610 G
SCHOOLSAFE MINI LOAVES 280 G
SELECTED VARIETIES

THIS WEEK ONLY
4.49 EACH



VACHON SNACK CAKES OR DEMPSTER'S SIGNATURE BUNS
6 - 12'S
SELECTED VARIETIES

THIS WEEK ONLY
3.49 EACH





IRRESISTIBLE MINI MUFFINS
336 G
SELECTED VARIETIES

THIS WEEK ONLY
4.99 EACH

MORE GREAT SAVINGS FOR LESS



LACTANTIA CREAM
473 ML - 1 L
SELECTED VARIETIES

LOCKED DOWN
3.49 EACH

20 points



DR. OETKER PIZZA RISTORANTE 320 - 390 G
CASA DI MAMA 395 - 410 G FROZEN SELECTED VARIETIES

LOCKED DOWN
5.99 EACH

250 points
value of $2



BLACK DIAMOND SLICES
410 G
SELECTED VARIETIES

LOCKED DOWN
3.99 EACH

65 points



KELLOGG'S MINI-WHEATS CEREAL 450 - 460 G
VECTOR CEREAL 400 G SELECTED VARIETIES

LOCKED DOWN
4.49 EACH

75 points



CHRISTIE PEEK FREANS OR DAD'S OATMEAL COOKIES
290 - 350 G
SELECTED VARIETIES

LOCKED DOWN
3.99 EACH



FRENCH'S KETCHUP
1 L
SELECTED VARIETIES

LOCKED DOWN
3.99 EACH



OAT-LY! OAT DRINK
946 ML
SELECTED VARIETIES

LOCKED DOWN
4.99 EACH



KASHI GRANOLA BARS 175 - 200 G
KELLOGG'S RICE KRISPIES SQUARES 198 G
SELECTED VARIETIES

LOCKED DOWN
3.49 EACH



NESTLÉ COFFEE MATE COFFEE ENHANCER
828 - 946 ML
SELECTED VARIETIES

LOCKED DOWN
4.99 EACH

35 points



SILK DRINKS
1.75 - 1.89 L
SELECTED VARIETIES

LOCKED DOWN
3.99 EACH



GATORADE SPORTS DRINKS
6 X 591 ML
SELECTED VARIETIES

LOCKED DOWN
5.99 EACH



AMY'S ORGANIC MEALS
255 - 284 G
FROZEN
SELECTED VARIETIES

LOCKED DOWN
6.99 EACH

500 points
value of $4

LOCKED DOWN



BEATRICE CHOCOLATE MILK
3L

LOCKED DOWN 7.49 EACH



TETLEY TEA
48'S
SELECTED VARIETIES

LOCKED DOWN 6.49 EACH



BABYBEL CHEESE
120 G
SELECTED VARIETIES

LOCKED DOWN 3.49 EACH

20 points



NESTLÉ CARNATION HOT CHOCOLATE CAPSULES
12'S
SELECTED VARIETIES

LOCKED DOWN 10.99 EACH



OCEAN SPRAY SPARKLING CRANBERRY BEVERAGES
6 X 340 ML
SELECTED VARIETIES

LOCKED DOWN 6.99 EACH

125 points
value of $1





BUBLY POP
6 X 355 ML
SELECTED VARIETIES

LOCKED DOWN 7.99 EACH





CADBURY DAIRY MILK BARS
180 G
M&M'S CHOCOLATE CANDY
165 G
SELECTED VARIETIES

LOCKED DOWN 4.99 EACH

30 points



HERSHEY'S TWIZZLERS LICORICE
375 - 454 G
SELECTED VARIETIES

LOCKED DOWN 2.99 EACH





KIKKOMAN BREAD CRUMBS
227 - 283 G
TERIYAKI OR HOISIN SAUCE
287 - 296 ML
SELECTED VARIETIES

LOCKED DOWN 4.49 EACH



CLASSICO PASTA SAUCE
218 - 600 ML
SELECTED VARIETIES

LOCKED DOWN 2.97 EACH



MONSTER ENERGY DRINKS
4 X 473 ML
SELECTED VARIETIES

LOCKED DOWN 9.99 EACH



TIM HORTONS READY TO SERVE SOUP
540 ML
SELECTED VARIETIES

LOCKED DOWN 3.29 EACH

20 points



KOZYSHACK RICE PUDDING
624 G
SELECTED VARIETIES

LOCKED DOWN 3.49 EACH





IRRESISTIBLE MAPLE SYRUP
500 - 540 ML SELECTED VARIETIES

LOCKED DOWN 8.99 EACH

FREE $15 Food Basics gift card
with the purchase of a **$100 Vanilla® Prepaid** card
Offer valid **Nov 12 - 18**



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TIDE LAUNDRY DETERGENT
1.09 - 1.18 L – 26 - 32 LOADS
PODS
20'S
SELECTED VARIETIES

LOCKED DOWN 6.99 EACH



CHARMIN BATHROOM TISSUE
12=48'S
BOUNTY PAPER TOWEL
6=12'S
SELECTED VARIETIES

LOCKED DOWN 13.99 EACH

ALWAYS GREAT PRICE



IRRESISTIBLE SNACKS
142 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
2.49 EACH



IRRESISTIBLE ICE CREAM
1.5 L
NOVELTIES
3 - 4'S
SELECTED VARIETIES

ALWAYS GREAT PRICE
4.88 EACH



IRRESISTIBLE CHOCOLATE COVERED ALMONDS
300 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
6.99 EACH



IRRESISTIBLE ORANGE JUICE
2.5 L
SELECTED VARIETIES

ALWAYS GREAT PRICE
6.99 EACH



SELECTION SPICES
5.5 - 150 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
1.29 EACH



SELECTION MAC & CHEDDAR
200 - 225 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
1.19 EACH



LIFE SMART EXTRA VIRGIN OLIVE OIL
110 - 142 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
4.99 EACH



SELECTION VEGETABLES
1.75 - 2 KG
FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE
6.49 EACH



SELECTION OR IRRESISTIBLES BREADCRUMBS
227 - 425 G SELECTED VARIETIES

ALWAYS GREAT PRICE
2.99 EACH



SELECTION RICE SNACKS
100 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
1.99 EACH



SELECTION HONEY GARLIC OR PLUM SAUCE
750 ML SELECTED VARIETIES

ALWAYS GREAT PRICE
3.49 EACH



SELECTION PIZZA
2'S
SELECTED VARIETIES

ALWAYS GREAT PRICE
11.99 EACH



NESCAFÉ TASTER'S CHOICE INSTANT COFFEE
198 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
12.99 EACH



HÄAGEN-DAZS ICE CREAM 946 ML
BASKIN-ROBBINS SANDWICHES 4'S
SELECTED VARIETIES

ALWAYS GREAT PRICE
9.99 EACH



ASTRO ORIGINAL BALKAN YOGURT
650 - 750 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
3.47 EACH



EGGO WAFFLES
1.68 KG FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE
13.99 EACH



IÖGO NANO DRINKABLE YOGURT
6 X 93 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE
3.49 EACH



YOPLAIT YOP DRINKABLE YOGURT
SELECTED VARIETIES

ALWAYS GREAT PRICE
99¢ EACH



CORE POWER LACTOSE FREE PROTEIN MILKSHAKE
414 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE
3.99 EACH



NUTELLA SPREAD
1 KG

ALWAYS GREAT PRICE
10.99 EACH



HEINZ KETCHUP
1.5 L

ALWAYS GREAT PRICE
6.99 EACH



ANNIE'S SHELLS & CHEESE
4 X 170 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
8.99 EACH



BETTY CROCKER DUNKAROOS
168 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
3.99 EACH



DOLE FRUIT CUPS
4'S
SELECTED VARIETIES

ALWAYS GREAT PRICE
2.99 EACH

D13D13D13D13

GAME DAY FOR LESS





IRRESISTIBLE SPARKLING SPRING WATER
6 X 1 L
SELECTED VARIETIES

4.44 EACH



SELECTION POTATO CHIPS
200 G
SELECTED VARIETIES

1.49 EACH



LIFE SMART NATURALIA TORTILLA CHIPS
350 G
SELECTED VARIETIES

2.99 EACH



SELECTION SNACKS
265 - 285 G
SELECTED VARIETIES

2.88 EACH



1.99 EACH

65 points

OASIS JUICE BLEND OR ARIZONA ICED TEA
960 ML
SELECTED VARIETIES



PRINGLES POTATO CHIPS
148 - 156 G
SELECTED VARIETIES

2.49 EACH



FRUITOPIA JUICE BLEND OR PEACE TEA ICED TEA
1.75 L
SELECTED VARIETIES

$3 EACH



SELECTION SHREDDED CHEESE
620 G
SELECTED VARIETIES

10.99 EACH



3.79 EACH

20 points

HELUVA GOOD! DIP
250 G
SELECTED VARIETIES



PHILADELPHIA DIPS
227 G
SELECTED VARIETIES

3.79 EACH



CHOLULA HOT OR CREMOSA SAUCE
150 - 236 ML
SELECTED VARIETIES

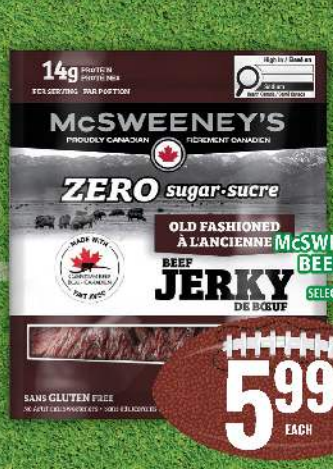
4.99 EACH

125 points value of $1



OCEAN SPRAY CRANBERRY COCKTAIL OR JUICE BLENDS
1.77 - 1.89 L
SELECTED VARIETIES

3.99 EACH



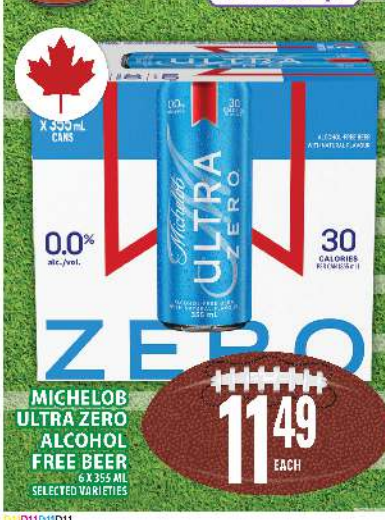
McSWEENEY'S BEEF JERKY
70 G
SELECTED VARIETIES

5.99 EACH



ORVILLE REDENBACHER POPCORN
340 - 850 G
SELECTED VARIETIES

3.99 EACH



MICHELOB ULTRA ZERO ALCOHOL FREE BEER
6 X 355 ML
SELECTED VARIETIES

11.49 EACH



GUINNESS NON-ALCOHOLIC DRAUGHT
4 X 440 ML
SELECTED VARIETIES

11.99 EACH



CORONA CERO ALCOHOL FREE BEER
6 X 330 ML
SELECTED VARIETIES

12.49 EACH

125 points value of $1



BUDWEISER ZERO NON-ALCOHOLIC BEER
12 X 355 ML
SELECTED VARIETIES

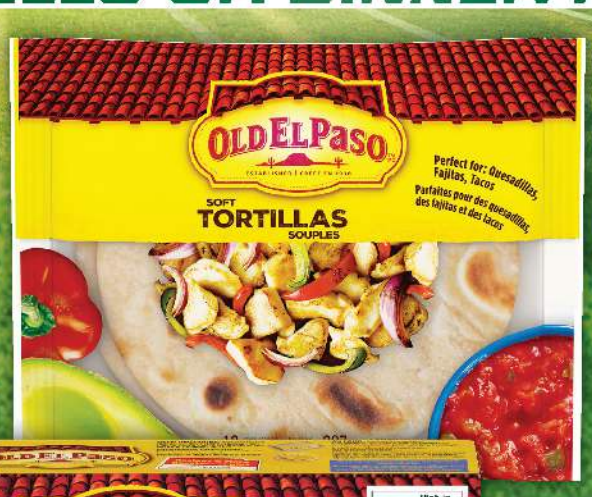
17.99 EACH

125 points value of $1



STEP 1: PICK YOUR SHELLS OR DINNER KIT







OLD EL PASO TACO KITS
250 - 400 G
SELECTED VARIETIES

LOCKED DOWN
3.99 EACH



OLD EL PASO SHELLS OR TORTILLAS
125 - 334 G
SELECTED VARIETIES

LOCKED DOWN
2.99 EACH

STEP 2: PICK YOUR PROTEIN



IRRESISTIBLE PACIFIC WHITE SHRIMP
COOKED OR RAW 31 - 40 CT
340 G FROZEN
SELECTED VARIETIES

THIS WEEK ONLY
7.49 EACH



HALAL AT SAME PRICE

MEDIUM GROUND BEEF FAMILY PACK
SELECTED VARIETIES
15.41/KG

THIS WEEK ONLY
6.99 /LB

STEP 3: PICK YOUR TOPPINGS



OLD EL PASO REFRIED BEANS
398 ML

MEXICAN RICE
215 G
SELECTED VARIETIES

LOCKED DOWN
2.99 EACH



OLD EL PASO SALSA
650 ML
SELECTED VARIETIES

LOCKED DOWN
4.49 EACH



OLD EL PASO TACO SAUCE
243 ML
SELECTED VARIETIES

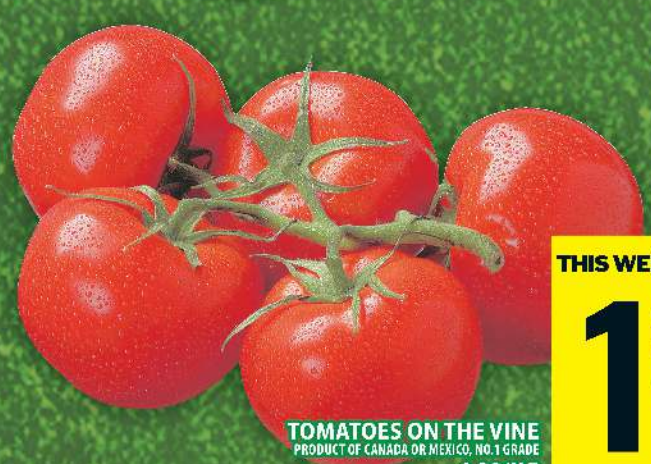
LOCKED DOWN
2.99 EACH





OLD EL PASO SEASONING
24 G
SELECTED VARIETIES

LOCKED DOWN
$1 EACH



TOMATOES ON THE VINE
PRODUCT OF CANADA OR MEXICO, NO.1 GRADE
4.39/KG

THIS WEEK ONLY
1.99 /LB



LIMES
PRODUCT OF MEXICO
1 LB

AVOCADOES
PRODUC OF MEXICO
5 PACK

THIS WEEK ONLY
3.99 EACH

HOLIDAY ENTERTAINING YOUR WAY



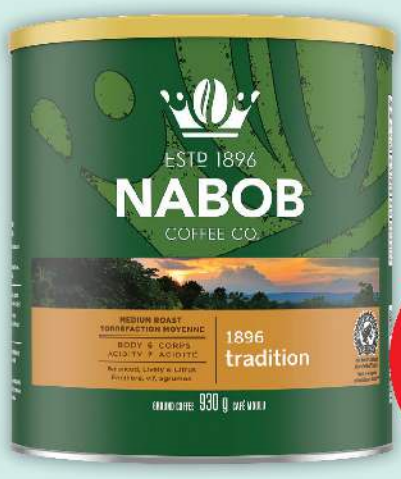
CHAPMAN'S FROZEN YOGURT
2L
NOVELTIES
4 X 120 ML
SELECTED VARIETIES

5.99 EACH

20 points

TIM HORTONS GROUND COFFEE
875 G
SELECTED VARIETIES

22.99 EACH



NABOB TRADITION GROUND COFFEE
930 G

19.99 EACH



12.99 EACH

75 points

FERRERO KINDER ADVENT CALENDAR
182 G
SELECTED VARIETIES
WHILE QUANTITIES LAST



IRRESISTIBLE BELGIAN COOKIES
500 G
WHILE QUANTITIES LAST

10.99 EACH



3.49 EACH

SELECTION WHIPPED TOPPING
1L FROZEN
SELECTED VARIETIES



GRISSOL CROUTONS
135 G
SELECTED VARIETIES

2.49 EACH



IRRESISTIBLE EGG NOG
1 L
SELECTED VARIETIES
WHILE QUANTITIES LAST

2.99 EACH



GIOIA NOUGAT
150 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

4.49 EACH



MONTE VERDE PANETTONE OR PANDORO
500 - 750 G SELECTED VARIETIES
WHILE QUANITIES LAST

6.49 EACH



IRRESISTIBLES WHIPPED CREAM
225 G
SELECTED VARIETIES

3.99 EACH



SELECTION JELLY POWDER
85 G
SELECTED VARIETIES

99¢ EACH



DR. OETKER GIUSEPPE STUFFED CRUST OR SUPREMA PIZZA
437 - 724 G
SELECTED VARIETIES

6.99 EACH

250 points
value of $2



DOLE PINEAPPLE
398 ML
SELECTED VARIETIES

2.49 EACH

125 points
value of $1



SELECTION CREAM CHEESE
250 G
SELECTED VARIETIES

3.19 EACH



GAY LEA SOUR CREAM
425 - 500 ML
SELECTED VARIETIES

3.29 EACH



THE LAUGHING COW CHEESE PRODUCT
133 - 140 G
SELECTED VARIETIES

3.99 EACH



CAMPBELL'S BROTH
250 - 900 ML
SELECTED VARIETIES

1.99 EACH

10 points



SELECTION PARCHMENT PAPER
10 M

3.49 EACH



SELECTION ALUMINUM FOIL
7.62 M

5.29 EACH



SELECTION PLASTIC WRAP
150 M

7.29 EACH



SELECTION NAPKINS
100'S

4.99 EACH

BAKING FOR LESS





ALWAYS GREAT PRICE
3.77 EACH

SELECTION FLOUR
2.5 KG
SELECTED VARIETIES





LOCKED DOWN
3.49 EACH

REDPATH BAKING SUGAR
1 KG
SELECTED VARIETIES



E.D. SMITH PIE FILLING
540 ML
SELECTED VARIETIES

LOCKED DOWN
5.49 EACH



TENDERFLAKE PURE LARD
454 G
SELECTED VARIETIES

LOCKED DOWN
3.99 EACH



CRISCO SHORTENING
454 G
SELECTED VARIETIES

LOCKED DOWN
3.49 EACH



EAGLE BRAND CONDENSED MILK
300 ML
SELECTED VARIETIES

LOCKED DOWN
3.79 EACH



PARKAY MARGARINE
850 G
SELECTED VARIETIES

LOCKED DOWN
5.49 EACH



FRY'S PREMIUM COCOA
227 G
SELECTED VARIETIES

LOCKED DOWN
6.99 EACH



SPLENDA SWEETENER
200 - 275 G
SELECTED VARIETIES

LOCKED DOWN
9.99 EACH



HERSHEY'S CHIPITS
200 - 270 G
SELECTED VARIETIES

LOCKED DOWN
5.49 EACH



SELECTION EVAPORATED MILK
354 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE
1.88 EACH



SELECTION CORN STARCH
454 G

ALWAYS GREAT PRICE
3.99 EACH



SELECTION BAKING POWDER
450 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
4.99 EACH



SELECTION BUTTER STICKS
4 X 113 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
8.49 EACH



SELECTION SHREDDED COCONUT
200 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
2.99 EACH



SELECTION MARSHMALLOWS
454 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
2.99 EACH



SELECTION BAKING NUTS
100 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
3.69 EACH



SELECTION CHOCOLATE CHIPS
835 - 925 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
14.99 EACH

CHOOSE CANADIAN



HONEYCRISP APPLES
PRODUCT OF ONTARIO
CANADA EXTRA FANCY GRADE
4.14/KG

1.88 /LB



WHOLE WHITE OR CREMINI MUSHROOMS
PRODUCT OF CANADA
454 G

2.88 EACH



SCHNEIDERS OR MAPLE LEAF BACON
65 - 375 G
SELECTED VARIETIES

6.49 EACH



LEGACY MARINATED PORK LOIN OR PULLED PORK ROAST
800 - 900 G
SELECTED VARIETIES

9.99 EACH





RUDOLPH'S BREAD 500 G
SELECTION GARLIC TOAST 680 G
SELECTED VARIETIES

2.88 EACH





VACHON SNACK CAKES OR DEMPSTER'S SIGNATURE BUNS
6 - 12'S
SELECTED VARIETIES

3.49 EACH



NESTLÉ PARLOUR 1.5 L
NOVELTIES
6 - 12'S
SELECTED VARIETIES

2.88 EACH





IRRESISTIBLE FRUIT 400 - 600 G
THICK CRUST PIZZA
440 - 465 G FROZEN
SELECTED VARIETIES

4.48 EACH



BLACK DIAMOND CHEESE 400 G
SHREDS 320 G
GALBANI MOZZARELLA 500 G
SELECTED VARIETIES

4.98 EACH



HELLMANN'S MAYONNAISE
750 - 890 ML
SELECTED VARIETIES

6.49 EACH



DORITOS, RUFFLES POTATO CHIPS OR CHEETOS
180 - 285 G SELECTED VARIETIES

2/$7

20 points



PEPSI SOFT DRINKS
6 X 710 ML SELECTED VARIETIES

4.49 EACH

125 points
value of $1



CAMPBELL'S BROTH
250 - 900 ML
SELECTED VARIETIES

1.99 EACH

10 points



OÎKOS GREEK YOGURT
650 - 750 G
SELECTED VARIETIES

6.49 EACH

35 points

*We are currently working on updating the origin of all our products. This information comes from certification agencies, product suppliers, and other Metro partners. We cannot be held liable for any information that may prove to be inaccurate.

MORE

FLAVOURS OF THE WORLD



PASSION FRUIT
PRODUCT OF COLOMBIA
FUYU PERSIMMON
PRODUCT OF U.S.A.

THIS WEEK ONLY
99¢ EACH



JUMBO PAPAYA
PRODUCT OF MEXICO
3.90/KG

THIS WEEK ONLY
1.77 /LB



ATEMOYA
PRODUCT OF EGYPT

THIS WEEK ONLY
5.99 EACH



BORNA DATES
400 G

THIS WEEK ONLY
2.99 EACH



HALAL

ZABIHA HALAL FRESH WHOLE CHICKEN WINGS
BAGGED
SELECTED VARIETIES
8.80/KG

THIS WEEK ONLY
3.99 /LB



PACIFIC COD STEAK
454 G
FROZEN
SELECTED VARIETIES

THIS WEEK ONLY
15.99 EACH



HALAL

HALAL MEDIUM GROUND BEEF FAMILY PACK
SELECTED VARIETIES
15.41/KG

THIS WEEK ONLY
6.99 /LB



CRISPY CAKE RUSK
550 G
SELECTED VARIETIES

THIS WEEK ONLY
4.49 EACH



OVALTINE DRINK MIX
400 G
SELECTED VARIETIES

LOCKED DOWN
7.49 EACH





DEVON OR MUNCHEE COOKIES
140-200 G
GRACE COFFEE WHITENER
297 ML
SELECTED VARIETIES

LOCKED DOWN
1.67 EACH





EXCELSIOR CRACKERS OR GRACE VIENNA SAUSAGE
135 - 300 G

LOCKED DOWN
1.99 EACH





GRACE PLANTAIN CHIPS OR MALT BEVERAGE
85 G
330 ML
SELECTED VARIETIES

LOCKED DOWN
1.25 EACH

DGTA18 DGTA18 DGTA18

MORE FLAVOURS OF THE WORLD





WILD ATLANTIC MACKEREL
907 G
FROZEN
SELECTED VARIETIES

THIS WEEK ONLY
14.99 EACH

HALAL



NEW ZEALAND LAMB SHANKS
FROZEN
SELECTED VARIETIES
19.82/KG

THIS WEEK ONLY
8.99 /LB



CEDAR BEANS OR CHICK PEAS
540 ML
SELECTED VARIETIES

LOCKED DOWN
1.67 EACH



CEDAR PARBOILED OR PATNA RICE
8 KG

PHOENICIA BASMATI RICE
4.54 KG
SELECTED VARIETIES



LOCKED DOWN
14.99 EACH





CEDAR OR PHOENICIA YOGURT
650 - 750 G

CEDAR BABA GHANNOUJ
370 G
SELECTED VARIETIES

LOCKED DOWN
2.69 EACH

30 points





ALKANATER TAHINI
900 G

ALFA PIES
1 KG
FROZEN
SELECTED VARIETIES

LOCKED DOWN
7.99 EACH





CEDAR STUFFED VINE LEAVES, BURGOL OR LENTILS
375 - 907 G

CEDAR PHYLO PASTRY OR CHOPPED SPINACH
454 - 750 G
FROZEN
SELECTED VARIETIES

LOCKED DOWN
2.99 EACH



CEDAR LUPINI BEANS OR MAGGI BOUILLON CUBES
504 G, 796 ML
SELECTED VARIETIES

LOCKED DOWN
4.99 EACH



CEDAR LEBANESE PITA
330 G
SELECTED VARIETIES

THIS WEEK ONLY
1.29 EACH





ALSHIFA OR DELPHI HONEY
1 KG
500 G
SELECTED VARIETIES

LOCKED DOWN
6.99 EACH



DELPHI SEA SALT OR MALLOW VEGETABLES
375 - 750 G
SELECTED VARIETIES

LOCKED DOWN
1.99 EACH



INDOMIE INSTANT NOODLES
5 X 75 - 85 G
SELECTED VARIETIES

LOCKED DOWN
2.99 EACH





CEDAR MARINATED VEGETABLES, AJVAR, PICKLED TURNIP OR PRESERVED LEMONS
1 L
398 - 660 ML
375 - 390 G
SELECTED VARIETIES

LOCKED DOWN
3.99 EACH



CEDAR CONDENSED MILK, PEACH HALVES OR POMEGRANATE JUICE
250 - 796 ML
SELECTED VARIETIES

LOCKED DOWN
3.49 EACH



KNORR BOUILLON CUBES OR CEDAR VERMICELLI PASTA
80 - 500 G
SELECTED VARIETIES

LOCKED DOWN
1.29 EACH







CEDAR PICKLED CUCUMBERS OR GRAPE LEAVES
1 L

PHOENICIA CORNED BEEF
340 G
SELECTED VARIETIES

LOCKED DOWN
4.99 EACH





NESTLÉ POWDER MIX
400 G

MAATOUK GROUND COFFEE
200 G
SELECTED VARIETIES

LOCKED DOWN
5.99 EACH





BEST NECTAR
1 L

NORDEX KASHTA TEA OR CEDAR TEA
170 G, 30'S
SELECTED VARIETIES

LOCKED DOWN
2.99 EACH



THIS WEEK ONLY

1.69 EACH

45 points

ITALPASTA
450 G
SELECTED VARIETIES



LOCKED DOWN

5.99 EACH

MUTTI PASTA SAUCE
660 ML
SELECTED VARIETIES



MUTTI TOMATOES
796 ML
SELECTED VARIETIES

THIS WEEK ONLY

4.49 EACH

125 points

value of $1



MUTTI PASSATA
680 ML
SELECTED VARIETIES

THIS WEEK ONLY

4.49 EACH

125 points

value of $1



MUTTI POLPA TOMATOES
398 ML
SELECTED VARIETIES

THIS WEEK ONLY

2.49 EACH



MUTTI SAN MARZANO TOMATOES
398 ML
SELECTED VARIETIES

THIS WEEK ONLY

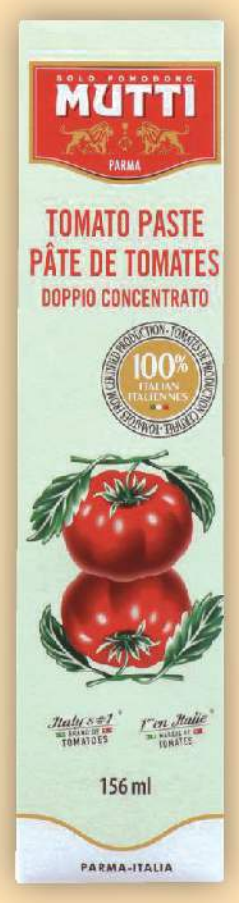
5.49 EACH



MUTTI PIZZA SAUCE
398 ML
SELECTED VARIETIES

THIS WEEK ONLY

3.49 EACH



MUTTI TOMATO PASTE
156 ML
SELECTED VARIETIES

THIS WEEK ONLY

3.99 EACH

PERSONAL CARE FOR LESS





ALWAYS
ULTRA THIN PADS 20 - 72'S
TAMPAX TAMPONS 18'S
SELECTED VARIETIES

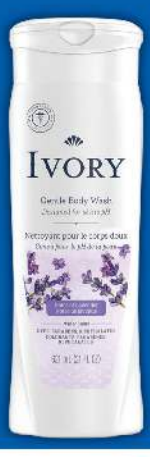
LOCKED DOWN
5.69 EACH

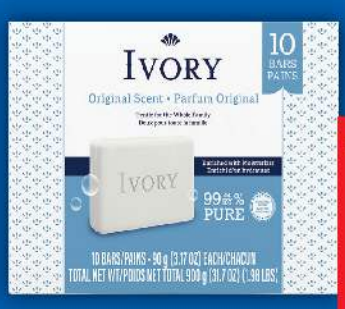




DEPEND
UNDERWEAR 17'S
POISE PADS 27 - 66'S
SELECTED VARIETIES

LOCKED DOWN
19.99 EACH





IVORY
BODY WASH 621 ML
BAR SOAP 10 X 90 G
SELECTED VARIETIES

LOCKED DOWN
4.99 EACH





LISTERINE
MOUTHWASH 1 L
SELECTED VARIETIES

THIS WEEK ONLY
5.99 EACH





OLD SPICE DEODORANT
85 G
SELECTED VARIETIES

LOCKED DOWN
4.99 EACH





HEAD & SHOULDERS HAIR CARE
370 ML
SELECTED VARIETIES

LOCKED DOWN
6.29 EACH





DOVE MEN BODYWASH
532 ML
SELECTED VARIETIES

LOCKED DOWN
8.99 EACH



BOOST INSTANT BREAKFAST POWDER
880 G
SELECTED VARIETIES

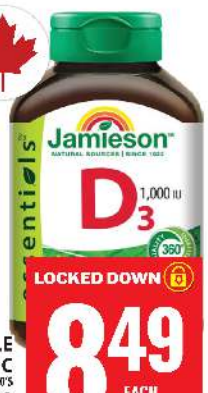
LOCKED DOWN
15.99 EACH



KIND NUT BARS
12 X 40 G
SELECTED VARIETIES

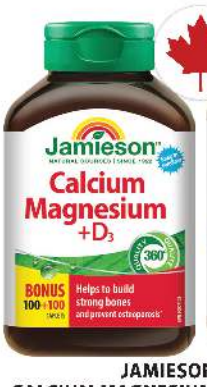
LOCKED DOWN
19.99 EACH





JAMIESON CHEWABLE VITAMIN C
120'S
VITAMIN D3
240'S
SELECTED VARIETIES

LOCKED DOWN
8.49 EACH





JAMIESON CALCIUM MAGNESIUM +D3 OR MELATONIN
60 - 200'S SELECTED VARIETIES

LOCKED DOWN
11.99 EACH





JAMIESON VITAMIN B12 OR MAGNESIUM
90 - 100'S
SELECTED VARIETIES

LOCKED DOWN
13.99 EACH

GET YOUR FLU SHOT HERE

pharmacy

Speak to our pharmacist for details.

Click here or visit foodbasics.ca/flushot to register online for the flu shots

Available at pharmacy locations only. Visit foodbasics.ca/pharmacy to find a location near you.



CLIF PROTEIN BARS
6 X 68 G
SELECTED VARIETIES

LOCKED DOWN
12.99 EACH



ENSURE OR GLUCERNA MEAL REPLACEMENT
6'S
SELECTED VARIETIES

LOCKED DOWN
12.99 EACH



TYLENOL EZTABS
100'S
MOTRIN LIQUID GELS
72'S
SELECTED VARIETIES

LOCKED DOWN
12.49 EACH



ADVIL LIQUI-GELS
50'S
SELECTED VARIETIES

LOCKED DOWN
15.99 EACH



RICOLA LOZENGES
17 - 19'S
SELECTED VARIETIES

LOCKED DOWN
2/$6



NEOCITRAN
10'S
SELECTED VARIETIES

LOCKED DOWN
11.99 EACH



BUCKLEY'S COUGH SYRUP
200 ML
SELECTED VARIETIES

LOCKED DOWN
13.99 EACH



VICKS DAYQUIL OR NYQUIL COUGH SYRUP
354 ML
SELECTED VARIETIES

LOCKED DOWN
16.99 EACH



CENTRUM MULTIVITAMIN
90'S
SELECTED VARIETIES

LOCKED DOWN
17.99 EACH



WEBBER NATURALS MAGNESIUM BISGLYCINATE
120'S
SELECTED VARIETIES

LOCKED DOWN
18.99 EACH



WEBBER NATURALS OMEGA-3
120'S
SELECTED VARIETIES

LOCKED DOWN
27.99 EACH



VEGA PROTEIN DRINK MIX
876 G
SELECTED VARIETIES

LOCKED DOWN
48.99 EACH

PEPSI



PEPSI MINI CANS
6 X 222 ML
SELECTED VARIETIES

LOCKED DOWN
3.49 EACH



CELSIUS ENERGY DRINKS
355 ML
SELECTED VARIETIES

LOCKED DOWN
2.99 EACH



POPPI SODA
4 X 355 ML
SELECTED VARIETIES

LOCKED DOWN
8.99 EACH

LACTALIS CANADA



THIS WEEK ONLY
4.99 EACH

125 points
value of $1

OLYMPIC ORGANIC OR KREMA YOGURT
650 G
SELECTED VARIETIES



LOCKED DOWN
9.99 EACH

35 points

BLACK DIAMOND CHEESTRINGS
504 G
SELECTED VARIETIES



LACTANTIA ULTRA PUR MILK
2 L
SELECTED VARIETIES

LOCKED DOWN
7.49 EACH

35 points

Yoplait LIBERTÉ



LIBERTÉ GREEK YOGURT
750 G
SELECTED VARIETIES

LOCKED DOWN
6.99 EACH

60 points



LIBERTÉ MÉDITERRANÉE YOGURT
500 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
3.49 EACH



YOPLAIT SKYR YOGURT
750 G
SELECTED VARIETIES

LOCKED DOWN
5.99 EACH

Unilever





LOCKED DOWN
1.99 EACH

20 points

LIPTON CUP-A-SOUP 2-4'S
KNORR SOUPS EACH
SELECTED VARIETIES



TRESEMMÉ SHAMPOO OR CONDITIONER
828 ML
HAIR SPRAY
311 G
SELECTED VARIETIES

LOCKED DOWN
7.49 EACH



HELLMANN'S MAYONNAISE
750 - 890 ML
SELECTED VARIETIES

LOCKED DOWN
6.49 EACH

CRACK OPEN BETTER NUTRITION, ONE EGG AT A TIME.

Packed with high-quality protein and produced by local Canadian farmers, Burnbrae Farms® offers easy, nutritious egg products for any meal.







BURNBRAE HARD BOILED PEELED EGGS
264 G
SELECTED VARIETIES

LOCKED DOWN
4.99 EACH

BURNBRAE NATUREGG OMEGA-3 OR OMEGA PLUS EGGS
12'S
SELECTED VARIETIES

LOCKED DOWN
5.99 EACH



GREEN VALLEY FREE RANGE EGGS
12'S

LOCKED DOWN
6.99 EACH

ONLY IN SELECT STORES

BURNBRAE® MD
FARMS • FERMES

Eggs for Life!®

Conestoga® FARMS

Because Local Matters™



Naturally Golden Yolks*

*thanks to **lutein rich marigold extract** added to hens' diet



THIS WEEK ONLY

8.99 EACH

CONESTOGA FARMS FREE RUN OMEGA-3 EGGS

18'S

SELECTED VARIETIES

ONLY IN SELECT STORES

Conestoga Farms eggs come from local Ontario family farms.

Because Local Matters™

Foodland ONTARIO

www.ConestogaFarms.com

@conestogafarmseggs

@conestoga_eggs

Conestoga® FARMS

Official Ontario Golden Yolk Eggs of the *Toronto Blue Jays*™