FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

Longo's SINCE 1956 70



Cut from Canada AAA Grade Striploin Grilling Steak
44.07/kg

OVER 25% OFF

$19.99/LB

SAVE $7/LB



5.99 Fresh Blueberries
Product of Peru
full pint

FULL PINT

THIS WEEK MEMBERS SAVE OVER $45

See online flyer for more deals.

THANK YOU REWARDS MEMBER PRICING



Fresh Broccoli Crowns
Product of Mexico
4.39/kg

1.99/LB

SAVE $2/LB

NON-MEMBER $3.99/LB • $8.80/KG



Bounty Paper Towels
6=12 rolls

BUY ONE GET ONE FREE

SAVE $21.99

NON-MEMBER $21.99



Longo's Soup or Chili
700g or 700mL tub
Individual $7.99
selected varieties

2 FOR $12

SAVE $5.98 ON 2

NON-MEMBER $8.99



Fresh Canadian Atlantic Salmon Side
900g tray
SKINLESS

$30

SAVE $5



Santa Lucia Fresh Mozzarella Cheese
2x125g pkg

6.99

SAVE $4



5.99 Bubly Sparkling Water
12x355mL pkg
selected varieties

SAVE $2



3.99/LB Fresh Fresh Red or Black Seedless Grapes
Product of U.S.A.
8.80/kg



9.99 Piano Piano Frozen Pizza
474-495g pkg
selected varieties

SAVE $2



Garofalo Pasta
500g pkg
Individual $2.99
selected varieties

2 FOR $5

SAVE $2.98 ON 2



Gallo Extra Virgin Olive Oil
1L bottle

9.99

SAVE AT LEAST $4



4.99 Black Diamond Cheese Bar, Shreds or Cheestrings
168-400g pkg
selected varieties

SAVE AT LEAST $2

SUPPORTING LOCAL A FAMILY STANDARD SINCE 1956

FRESH MARKET PICKS

NOVEMBER 12th-18th



1.5LB TRAY

$9.99 Medley Cherry Tomato Tray
Product of Canada



$4.99 Fresh Apple Cider
2L bottle
Product of Ontario



$3.99/lb Tree Ripe Mango
Product of Spain
8.80/kg



$2.49/lb Fresh Navel Oranges
Product of Australia
5.49/kg



$2.99/lb Fresh Clementines
Product of Australia
6.59/kg



$1.99/lb Fresh Organic Bartlett Pears
Product of U.S.A.
Extra Fancy Grade
4.39/kg



$4.99 Fresh Sweet Potatoes
Product of Ontario
3lb Bag
Canada No. 1
$4.99



$17.99 Hachiya Persimmon
Half Case
Product of U.S.A.



$15.99 Fresh Golden Kiwi
Product of Argentina



6.99 **Maple Leaf Prime Raised Without Antibiotics Ground Chicken** or **Cardinal Medium Ground Beef**
454g pkg

SAVE AT LEAST $1.50



Longo's Fresh Honeycrisp Apples
Product of Ontario
6.59/kg

2.99/LB

Longo's Frozen Cooked Pacific White Shrimp Ring with Cocktail Sauce
312g pkg



8.99

SAVE $2

BAKED INSTORE!

Longo's Calabrese Bread
600g pkg
Long or Round



3.49

SAVE 50¢



3.99 EACH **Fresh Pomegranates**
Product of U.S.A.

ORGANIC

Longo's Fresh Organic Salad Blends
Product of U.S.A.
142g pkg



4.99

SAVE $1

Stonemill Bread 454-550g pkg, **Dempster's Tortillas 10", Dempster's Signature Buns** or **Pull-Apart Rolls** 425-620g pkg or **Hostess Craze Snack Cakes** 6-8 pack
selected varieties



3.49

SAVE AT LEAST $1.30

Cashmere Bath Tissue 8/12=24 rolls or **Scotties Facial Tissue** 6 pack
selected varieties



7.49

SAVE AT LEAST $4.50



2.99 **Christie Cookies** or **Crackers**
100-290g pkg
selected varieties

SAVE $1.30

Made Good Granola Bars, Mini Cookies, Breakfast Bars, Crispy Squares or **Oat Cups**
120-175g pkg
selected varieties



2.99

SAVE AT LEAST $2.50

LOW PRICE LOCKDOWN



3.99

Gray Ridge Large White Eggs
12 pack



6.49

Beatrice Milk
1%, 2% or skim
4L bag



2.29

Longo's Essentials Bread
675g pkg



5.99

Longo's Essentials Country Churned Butter
454g pkg

WE'VE LOCKED DOWN PRICES ON EVERYDAY ITEMS.

Longo's

For online flyer, store hours and store locations, visit us at Longos.com or call 1-800-9-Longos

@LongosMarkets

We reserve the right to limit quantities. We are diligent in proofing our flyers but unintentional errors in copy or image may occur. We reserve the right to correct any errors. Some images are for illustration purposes only. Savings refer to Longo's regular prices. Prices vary by location.

ZONE 1

FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

THANK YOU REWARDS

THANK YOU REWARDS MEMBER PRICING

Scan your registered Thank You Rewards card and receive exclusive members only pricing on select products in-store.

NOT A MEMBER? NOT A PROBLEM!
Sign up to become a member and earn 500 Bonus Points when you opt in to receive emails and exclusive offers. Scan the QR code or visit Longos.com/thank-you-rewards

THIS WEEK MEMBERS SAVE OVER $45

ORGANIC

Yorkshire Valley Farms Frozen Organic Chicken Breakfast Patties
630g pkg

9.99

SAVE $6
NON-MEMBER $15.99



ORGANIC

Soyganic Organic Soft Tofu
2x150g pkg or
Soyganic Organic Medium Firm Tofu
454g pkg or
Soyganic Organic Extra Firm Tofu
350g pkg



FROM 1.99

SAVE AT LEAST 50¢
NON-MEMBER $2.49

Allergy Smart Gluten Free Brownies, Oat Bites or Cookies
196-228g pkg
selected varieties



FROM 5.99

SAVE $1
NON-MEMBER FROM $6.99



16.99

Allergy Smart Gluten Free Vanilla orChocolate Cake
500g pkg

SAVE $1
NON-MEMBER $17.99

Longo's Frozen Breaded or Battered Fish
500-600g pkg
selected varieties



16.99

SAVE $2
NON-MEMBER $18.99

Mazola Corn or Canola Oil
1.18L bottle



7.99

SAVE $3
NON-MEMBER $10.99

Balderson Cheddar Cheese
250-280g pkg



FROM 11.49

SAVE $1
NON-MEMBER FROM $12.49



3.49 Kiju Juice 4x200mL pkg or Oasis Juice 8x200mL pkg

SAVE AT LEAST $1
NON-MEMBER $4.49

Schneiders Pepperettes
200-375g pkg
selected varieties



8.99

SAVE $3
NON-MEMBER $11.99

Level Ground Coffee Beans or Ground Coffee
300g pkg
selected varieties



10.99

SAVE $4
NON-MEMBER $14.99

FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

MUST TRY

IN-STORE TASTING
NOV 14, 15, 21, & 22
10:30AM-4PM



Fresh Kissabel Rouge Apples
Product of U.S.A.
2lb bag

5.99

- Deep red burgundy skin with a bright red flesh.
- Notes of berry that are juicy and tangy.
- Their distinctive flesh was achieved through traditional, natural crossbreeding methods without any genetic alteration.

ORGANIC



Yorkshire Valley Farms Fresh Organic Chicken Leg Quarters
11.00/kg

4.99/LB
SAVE $1/LB

ORGANIC



Fresh Organic Atlantic Salmon Fillet
55.09/kg

24.99/LB
SAVE $2/LB



Fresh Bosc Pears
Product of Ontario
5.49/kg

2.49/LB



Fresh Bambino Melon
Product of Brazil

5.99 EACH



Yorkshire Valley Farms Fresh Organic Whole Chicken
15.41/kg

6.99/LB
SAVE $1/LB



9.99/LB **Fresh Wild Caught Pacific Snapper Fillet**
22.02/kg
SAVE $1/LB



4.99/LB **Fresh Green Beans**
11.00/kg
Product of U.S.A.

ORGANIC



3.49 **Fresh Organic Celery**
Product of U.S.A.

NEW



9.99 **Stefano Frozen Pork Meatballs**
450g pkg
SAVE $1



11.99 **Longo's Frozen Tempura Shrimp**
500g pkg
SAVE $1



5.49 **Wonderful Salted or Unsalted Roasted In-Shell Pistachios**
225g pkg
selected varieties
SAVE 50¢



$32 **Meadow Bouquet**
selected varieties
SAVE $3

ORGANIC



duBreton Organic Pork Dinner Sausages
400g pkg

8.99
SAVE $1



26.99 **Rock Harbour Frozen Canadian Lobster Tails**
340g (4x3oz)
SAVE $2

Fresh fish is subject to availability.

FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

ON THE RUN?
GRAB MEALS FOR ONE



Longo's Oven Ready Meals
Just Heat and Eat!
504-540g pkg
Individual $12.99
selected varieties

2 FOR $24

THANK YOU REWARDS **EARN 300 POINTS**

AVAILABLE IN OUR KITCHEN!

Longo's Sourdough Take & Bake Pizza or Cheesy Bread
Choose from 12" Cheese and Pepperoni, Double Cheese or 12" Square Cheesy Bread
Individual $10.99

NEW

2 FOR $20

THANK YOU REWARDS **EARN 300 POINTS**



FRESHLY PREPARED SALADS.



FROM 1.89/100G

Mediterranean Blend - Radicchio, Escarole and Endive
Red Leaf Blend - Red and Green Leaf
Romaine or Garden Salad Blend - Iceberg and/or Boston and Romaine

THANK YOU REWARDS **EARN 20 POINTS/100G**

FRENCH CHEESE OOH LA LA!



Saint André Triple Cream Brie Cheese
200g pkg
11.99



Chavroux Goat Cheese
150g pkg
selected varieties
8.99



Fromager d'Affinois Triple Cream Cheese
150g pkg
9.99



Bresse Bleu Cheese
140g pkg
6.99



6.99 **Tre Stelle Ricotta Cheese**
400-475g tub
selected varieties



8.99 **Canadian Reserve Gouda Cheese**
170-200g wedge
selected varieties



FRESH DELI SERVED



3.99/100G **Longo's Oven Roasted or Smoked Turkey**
selected varieties

FRESH DELI SERVED



Mastro Capocollo or Salami
Mild or Hot
selected varieties
3.69/100G

GATHER AROUND SOMETHING SWEET

Longo's Giant 12" Winter Theme Message Cookie
13.99
SAVE $1





6.99 **Longo's Bakery Winter Themed Cupcakes**
6 pack
SAVE $1

Longos 8" Winter Theme Buttercream Cake
19.99
SAVE $2



Longo's Snowman Cupcake Cake
12 pack
22.99
SAVE $2



STORE DESIGNS VARY PER LOCATION!

HERE FOR A LIMITED TIME!
PERFECT FOR HOSTESS GIFT!

Longo's Holiday Desserts
FROM
2.99





18.97 **Dufflet Chocolate Peppermint Cakelet**
460g pkg
Dufflet Reindeer Cake
500g pkg
SAVE $1

Longo's 7" Yule Log Cakes
525-550g pkg
selected varieties
22.97
THANK YOU REWARDS **EARN 500 POINTS**



FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

GROCERY



Tim Hortons Ground Coffee
300g pkg
selected varieties

11.99

SAVE AT LEAST $1



Tim Hortons K-Cups
30ct

25.99

SAVE AT LEAST $2



Tim Hortons Ground Coffee
875g canister

29.99

SAVE $5



5 FOR $8 **KIND Snack Bars**
40g pkg
Individual $1.99
selected varieties

SAVE $4.45 ON 5

4.99 **KIND Snack Bars** 5x35g pkg or **KIND Granola Bars** 312g pkg
selected varieties

SAVE AT LEAST 50¢



Tostitos or Sun Chips Chips
Individual $4.99
selected varieties

2 FOR $9

SAVE 98¢ ON 2



Yogi Organic Tea
16ct
selected varieties

5.99

SAVE $1



Smucker's Jam
500mL jar or
Smucker's No Sugar Added Jam
310mL jam or
Jif Peanut Butter
1kg jar

5.99

SAVE AT LEAST $2



Rice Up! Brown Rice Chips or Cakes
120g pkg
Individual $3.99
selected varieties

2 FOR $6

SAVE AT LEAST $1.98 ON 2



6.99 **Gatorade Sports Drink**
6x591mL pkg
selected varieties

SAVE $1



Kimbo Nespresso Capsules
10ct
selected varieties

3.99

SAVE $2



Longo's Curato San Marzano Tomatoes
796mL can

5.99

SAVE 50¢



2.99 **Pepperidge Farm Goldfish Snack Crackers**
168-227g pkg
selected varieties

SAVE $1



Peacasa Chips 128g pkg or **Humpty Dumpty Snacks**
250-280g pkg
selected varieties

4.99

SAVE AT LEAST 50¢



4.49 **Mezzetta Jalapeno Peppers, Pickled Hot Chili Peppers or Roasted Bell Peppers**
296-375mL jar
selected varieties

SAVE AT LEAST $1



3.49 **East Side Mario's or Montana's Soup**
540mL can
selected varieties

SAVE $1



Febreze Air Freshener
230g canister,
Dawn Dish Soap
535/650mL bottle or refill 473mL bottle,
Mr. Clean Cleaners
1.21L or **Magic Eraser**
2ct
selected varieties

3.99

SAVE AT LEAST $1



Tide or Gain Liquid Laundry Detergent
39-61 loads, **Bounce** or **Gain Dryer Sheets**
200-240ct, **Downy** or **Gain Fabric Softener**
120 loads or
Scent Boosters
379g bottle
selected varieties

10.99

SAVE AT LEAST $2

FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

DAIRY AND FROZEN



Longo's Dips or Spreads
200-227g pkg
Individual $3.49
selected varieties

2 FOR $6

SAVE $2.98 ON 2



7.99 **Cucina Mini Arancini**
500g pkg
selected varieties

SAVE $1



Rana Fresh Pasta
300g pkg
selected varieties

5.99

SAVE $2



Baskin-Robbins or **Häagen-Dazs Ice Cream**
946mL tub or
Baskin-Robbins Novelties
4 pack
selected varieties

11.99

SAVE $1



3.99 **Kellogg's Eggo Waffles** or **Pancakes**
270-330g pkg
selected varieties

SAVE 58¢



3.99 **Tre Stelle Cream Cheese Spread**
200g pkg
selected varieties

SAVE AT LEAST $1.50



6.49 **Activia Yogurt** 12x95-100g pkg or **Oikos Yogurt**
650-750g tub
selected varieties

SAVE AT LEAST $1.50



P.F. Chang's Skillet Meals
624g pkg

12.99

SAVE $3



Chapman's Super Novelties
8-20 pack

7.99

SAVE AT LEAST $1



Rolling Meadow Grass Fed Milk 2L carton
or **Organic Meadow Cheese Sticks**
168g pkg
selected varieties

5.99

SAVE AT LEAST $2



Becel Margarine
637-800g tub
selected varieties

7.99

SAVE $2



7.99 **Schneidersa Breakfast Sandwiches** or **Egg Bites**
224-288g pkg
selected varieties

SAVE $1



10.99 **Crafty Ramen**
Frozen Ramen
500-540g pkg
selected varieties

SAVE $2

FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

FALL BAKING





14.99
Hershey's Chipits Chocolate Chips
835-925g pkg
selected varieties
SAVE $2



Fleischmann's Yeast
113g jar
selected varieties
4.99
SAVE $1



Redpath Sugar
2kg pkg
2.99



Quaker Oat Flour
700g pkg or
Muffin or Cookie Mix
900g pkg
selected varieties
5.49
SAVE $1.50



Robin Hood or Five Roses Flour
5kg pkg
selected varieties
10.99
SAVE AT LEAST $2.50



2.49
Carnation Evaporated Milk
354mL can
selected varieties
SAVE 50¢



Longo's Almonds or Flaked Coconut
100-250g pkg
selected varieties
3.49
SAVE AT LEAST 50¢



Club House Pure Vanilla Extract
46mL bottle
7.99
SAVE $1

FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

SWISS RACLETTE

IN-STORE TASTING WITH LONGO'S CHEESE MASTERS

Raclette is the quintessential cheese for sharing and gathering with family and friends.

Whatever type of grill is used to heat the cheese, the principle is the same: melt Raclette and pour on top of your favourite foods and enjoy. Sample Swiss Raclette on the following days for a taste of ooey-gooey cheesy goodness!



13.99 **SAVE $1**
Emmi Swiss Raclette Cheese Slices
200g pkg
selected varieties

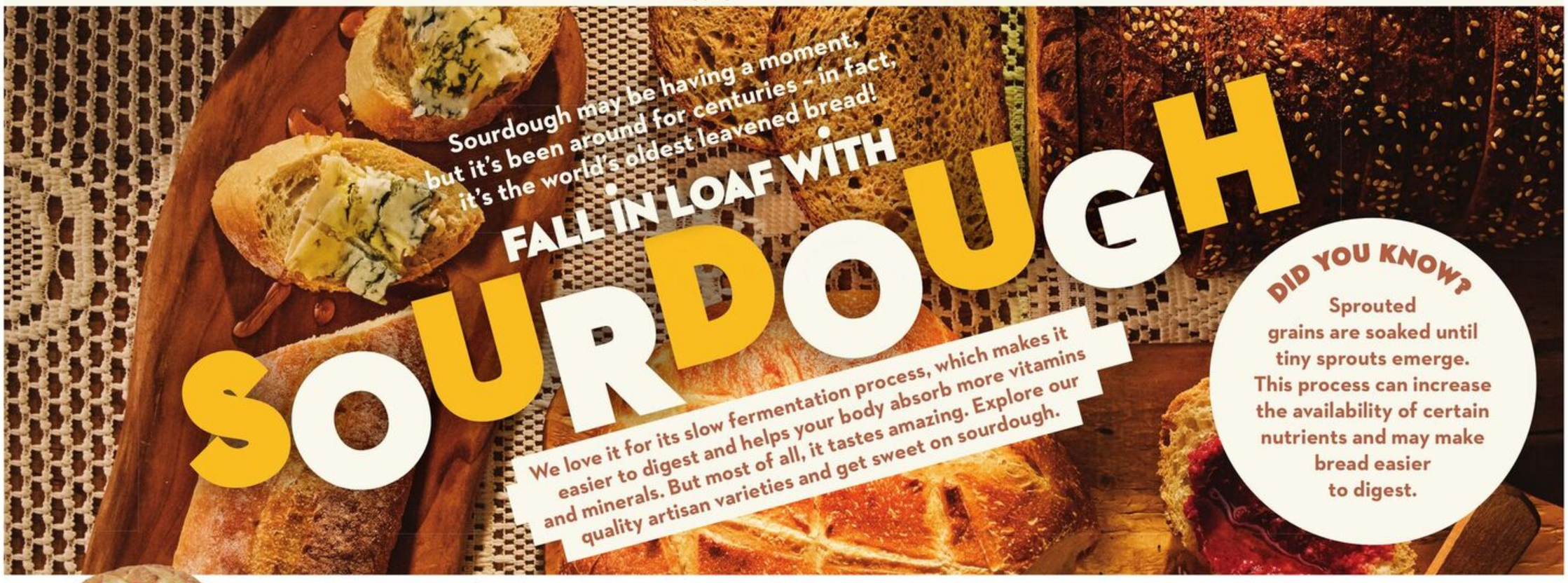




2.99
Longo's Fresh Whole White or Cremini Mushrooms
Product of Ontario
227g pkg



4.99
The Little Potato Company Mini Potatoes
Little Yellows, Trios, Reds or Fingerlings
Product of Canada
680g pkg





4.99 THANK YOU REWARDS **EARN 200 POINTS**
Longo's Sourdough Bowl
2 pack • 480g pkg



Longo's Sliced Country Everything Sourdough Bread
700g pkg

Longo's Multigrain Sourdough Boule
540g pkg





Sourdough Boule
540g pkg



5.49 THANK YOU REWARDS **EARN 200 POINTS**
Longo's Sourdough Sprouted Grain Batard
575g pkg



2.99 THANK YOU REWARDS **EARN 200 POINTS**
Longo's Sourdough Baguette
325g pkg

FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

MARINATED MEAT & SEAFOOD

Made in-store and ready for the oven.

BUY 2 OR MORE PACKAGES
SAVE 20%

*EXCLUDING KABOBS OR SKEWERS
*SAVINGS APPLIED AT CHECKOUT



FLAVOURFUL MARINADES

- Bold Buffalo
- Garlic & Herb
- Sweet Chili Ginger Lime
- Sweet Chili Mango
- Pepperific







Fresh Canadian
Atlantic Salmon Portion
Marinated
113g • SKIN-ON

4.99 EACH



Previously Frozen
White Shrimp Skewer
31-40ct

1.99 EACH

FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

WINTER GARDEN CENTRE



3-4' Balsam Fir
Tabletop with Stand

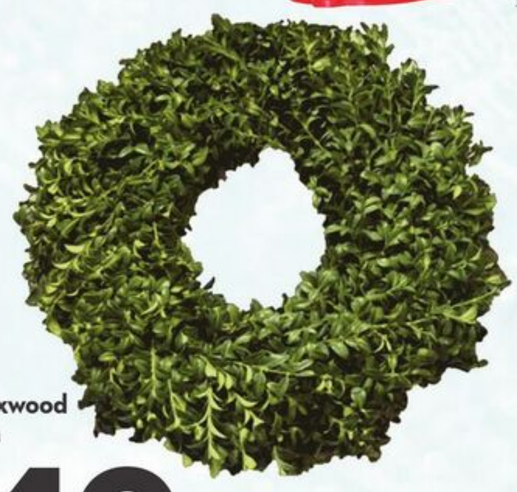
$40 EACH



6-8' Fresh Cut
Balsam Tree
selected varieties

$70 EACH

NOVA SCOTIA GROWN TREES!



20" Boxwood
Wreath

$40 EACH



22" Decorated Wreath
or 22" Mixed Wreath
selected varieties

$35 EACH



$17 22" Evergreen Swag

FRAGRANT BRANCHES'N BUNCHES



Assorted
Winter
Green
Bunches
Individual $11.99
selected varieties

3 FOR $33

SAVE $2.97 ON 3

FRESH, FESTIVE, FABULOUS



$40 Urn Insert
selected varieties



$80 10" Tuscany
Planter
selected varieties



$100 14" Winter
Planter
selected varieties

FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

Longo's

CURATO

PRODUCT OF ITALY

LONGO'S CURATO OILS AND BALSAMIC VINEGARS

PRODUCT OF ITALY

- A delicate, fruity flavour with hints of tomato and artichoke
- Made from ripe, organic Italian olives
- Well suited for classic Mediterranean dishes



ORGANIC

Longo's Curato Organic Italian Extra Virgin Olive Oil
500mL bottle

10.99

SAVE $2

- Subtle fruitiness with a slight hint of tomato and fresh almond
- Made from the coveted Cerasuola olive
- Pairs well with seafood



Longo's Curato Sicilian Extra Virgin Olive Oil
500mL bottle

18.99

SAVE $4

- Fruity, slightly spicy with a pleasant note of artichoke and fresh walnut
- For its savoury flavour, you can use less on your food than any other extra virgin olive oil
- Great for vegetables, on roasted or grilled meats, bruschettas and carpaccios, and soft, flavoursome cheeses



Longo's Curato Toscano Extra Virgin Olive Oil
500mL bottle

17.99

SAVE $2

- Great for fresh and boiled vegetables, sauces and as a dressing for meat and fish
- Silver Edition has an optimal balance of sweet and sour flavour that enhances any dish
- Aged traditionally using wooden casksy using wooden casks



Longo's Curato Balsam Vinegar of Modena (SILVER)
250mL bottle

10.99

SAVE $2

- Great for fresh and boiled vegetables, sauces and as a dressing for meat and fish
- Gold Edition includes the highest density and has a rich, full-bodied flavour to enhance any dish
- Aged traditionally using wooden casks



Longo's Curato Balsamic Vinegar of Modena (GOLD)
250mL bottle

14.99

SAVE $5

- Aged in wooden casks according to the oldest Modena tradition
- Refined, fruity flavour that enhances any dish when a lighter touch is required



Longo's Curato White Condiment Vinegar
250mL bottle

9.99

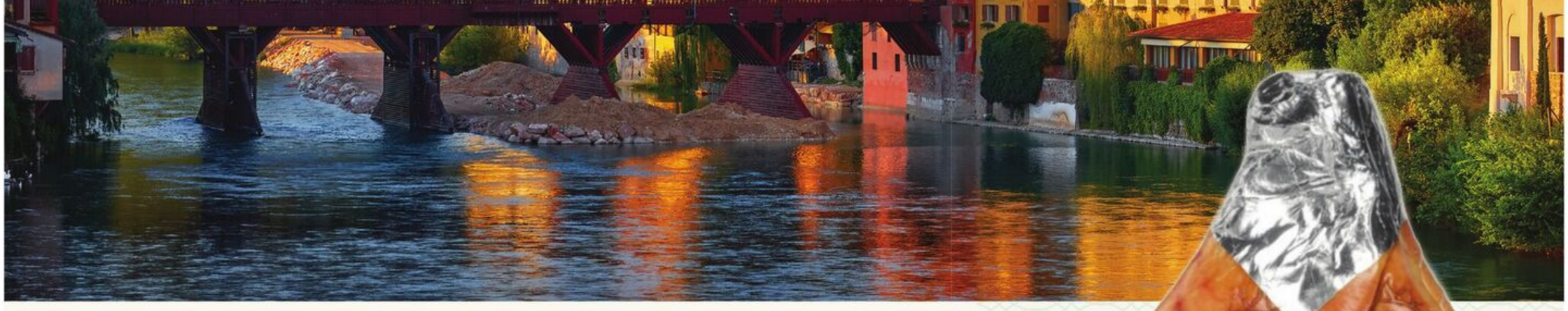
SAVE $1

FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

After 70 years, we're still a Cut Above the Rest!

SINCE 1956

Longo's





Longo's
CURATO
PRODUCT OF ITALY

6.99/100G Longo's Curato Prosciutto di Parma aged 24 months

THANK YOU REWARDS **EARN 300 POINTS PER PURCHASE**

A world-renowned Italian specialty crafted from carefully selected Padano pork legs and produced according to strict PDO regulations. Naturally cured for up to 24 months using traditional methods, this exceptional ham develops a delicate sweetness, rich aroma and melt-in-your-mouth texture. Perfect for charcuterie boards, sandwiches or enjoying on its own



Handcrafted and soaked in extraordinary Italian Prosecco D.O.C, this semi-hard beauty delivers nutty flavours with crisp white-wine notes. Perfect for all celebrations!

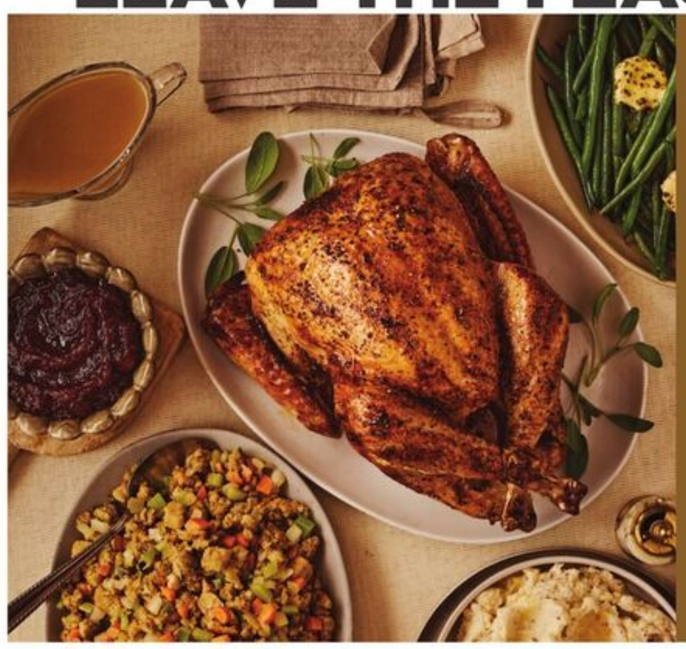
Product of Italy.

Longo's Curato Sinfonia al Prosecco Cheese
200g wedge
11.99

THANK YOU REWARDS **EARN 200 POINTS**

FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

LEAVE THE FEAST TO US



TURKEY TRADITIONAL MEAL KIT

Serves 6-8

- Fully Cooked Oven Roasted Turkey Raised Without Antibiotics
- Savoury Bread Stuffing
- Red Skinned Roasted Garlic Mashed Potatoes
- Garlic Buttered Green Beans
- Longo's Homestyle Cranberry Sauce
- Longo's Gravy for Turkey

$164.99 EARN 1000 POINTS

ORDER EARLY

Price goes up November 30, 2026, to $174.99. While supplies last.

JUST HEAT AND SERVE

LEG OF LAMB TRADITIONAL MEAL KIT

Serves 5-7

- Fully Cooked Bone-in Leg of Lamb Raised Without Antibiotics
- Garlic Buttered Green Beans
- Mini Roasted Rosemary Potatoes
- Roasted Root Vegetables

$164.99 EARN 1000 POINTS

ORDER EARLY

Price goes up November 30, 2026, to $174.99. While supplies last.





TURKEY ROAST TRADITIONAL MEAL KIT

Serves 4-6

- Fully Cooked Oven Roasted Turkey Breast Roast Raised Without Antibiotics
- Savoury Bread Stuffing
- Red Skinned Roasted Garlic Mashed Potatoes
- Garlic Buttered Green Beans
- Longo's Gravy for Turkey

$84.99 EARN 500 POINTS

ORDER EARLY

Price goes up November 30, 2026, to $174.99. While supplies last.

PORCHETTA TRADITIONAL MEAL KIT

Serves 4-6

- Fully Cooked Roasted Porchetta Raised Without Antibiotics
- Longo's Curato Crushed Hot Chili Pepper Spread
- Mini Roasted Rosemary Potatoes
- Steamed Vegetables
- Garlic Buttered Green Beans

$84.99 EARN 500 POINTS

ORDER EARLY

Price goes up November 30, 2026, to $174.99. While supplies last.



Order from November 17 - December 17 on Longos.com or visit Guest Services in-store. In-store pickup only.

LONGO'S GIFT BASKETS

WRAPPED & READY

From indulgent sweets to savoury gourmet selections, our expertly curated gift baskets offer something for every taste.

Longo's Curato Anniversary Basket
69.99



Longo's Favourites Basket
99.99





Longo's Best of the Season Basket
39.99



Longo's Snack Lovers Basket
49.99



Longo's Pistachio Perfection Basket
59.99

FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

SAVE ON THE BRANDS YOU LOVE AT LONGO'S

BUY ANY 2 MAPLE LEAF PRIME RAISED WITHOUT ANTIBIOTICS FRESH CHICKEN ITEMS AND ENTER FOR A CHANCE TO WIN*

1 MILLION POINTS
$5,000 VALUE

THANK YOU REWARDS

No purchase necessary. Contest is open to only legal residents of Ontario, over the age of majority who are registered Thank You Rewards Members. There is ONE (1) prize available to be won. Members will receive ONE (1) entry automatically with the purchase of TWO (2) participating products and by scanning your Thank You Rewards card from November 12th to November 25th, 2026. Odds of winning are dependent on the number of entries received. See in-store for full contest rules and regulations.



Maple Leaf Prime Raised Without Antibiotics Chicken Breast Fillets or Thin Sliced
30.84/kg
13.99/LB
SAVE $1/LB



Maple Leaf Prime Raised Without Antibiotics Whole Chicken
8.80/kg
3.99/LB
SAVE $2/LB



Maple Leaf Prime Raised Without Antibiotics Chicken Thighs or Drumsticks
13.21/kg
5.99/LB
SAVE $1/LB



Maple Leaf Prime Raised Without Antibiotics Split Chicken Wings
15.41/kg
VALUE PACK
6.99/LB
SAVE $1/LB

NOVEMBER 12TH TO NOVEMBER 25TH, 2026



FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

LOW PRICE LOCKDOWN



3.99

Gray Ridge Large White Eggs
12 pack



2.29

Longo's Essentials Bread
675g pkg



6.49

Beatrice Milk
1%, 2% or skim
4L bag



3.99

Longo's Fresh Red or White Potatoes
Product of Canada
10lb bag



5.99

Longo's Fresh Royal Gala Apples
Product of Canada
3lb bag



6.99

Fresh Wild Wonders Gourmet Medley Tomatoes
Product of Mexico
681g pkg



3.99

Oikos or Liberté Greek Yogourt
4x100g pkg
selected varieties



14.99

Longo's Traditional Meat Lasagna
2.27kg pkg



2.99 /LB

Longo's Fresh Ontario Air-Chilled, Grain-Fed Chicken Leg Quarters
Value pack • 6.59/kg



3.99 /LB

Fresh Ontario Wholesale Pork Tenderloin
2-pack cry-o-vac • 8.80/kg



5.99

Longo's Essentials Country Churned Butter
454g pkg
selected varieties



2.99

Redpath Granulated Sugar
2kg pkg



2 FOR $4

Longo's Pasta
450g pkg
Individual $2.29
selected varieties



9.99

Imported Emmental Cheese, Medium Cheddar Cheese or Imported Aged Cheddar Cheese
Average weight 400g



5.99

Frito-Lay Value Pack Chips
325-535g pkg
selected varieties



19.99

Longo's Oven-Ready Meals
900g-1kg pkg
Serves up up to 4



22.99

Bounty Paper Towels
6=18 rolls



20.99

Cashmere Bath Tissue
24=72 rolls

WE'VE LOCKED DOWN PRICES ON EVERYDAY ITEMS.

FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

FRESH MEALS MADE EASY

Pronto EATS

LONGO'S CHICKEN WINGS. TENDERS. BITES







TRY IT WITH
Longo's Plum Sauce
1L bottle or
Buffalo Wing Sauce
295mL bottle



Longo's Chicken Wings, Chicken Tenders or **Bites**
500g pkg
Individual **FROM** $11.99
selected varieties

2 FOR $23

SAVE UP TO $5.98 ON 2





4.99 Carrots and Celery with Ranch Dip
485g pkg

THANK YOU REWARDS **EARN 100 POINTS**

FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

SAVE ON THE BRANDS YOU LOVE AT LONGO'S



FILL YOUR PLATE
Kraft
WILL FILL ANOTHER

We're filling 2 million* plates so that no plate goes empty.

Food Banks Canada | Banques alimentaires Canada

LEARN MORE AT
KRAFT.CA/2MILLIONPLATES

Kraft KD





Proudly prepared in CANADA

Kraft Dinner
175-200g pkg
selected varieties
1.99
SAVE $2

#1 MOST TRUSTED by Canadians 2026 BrandSpark's Most Trusted Awards





VOTED PRODUCT OF THE YEAR CANADA 2026 BY CANADIANS

Winner Frozen Meals Category. Survey of 4,000 people by Kantar.

Crave Frozen Entrees
200-320g
selected varieties
5.99
SAVE AT LEAST $1



Kraft Dinner Protein
170-175g pkg
selected varieties
3.49
SAVE 50¢

#1 MOST TRUSTED by Canadians 2026 BrandSpark's Most Trusted Awards

Proudly prepared in CANADA



Kraft Philadelphia Cream Cheese or Dips
227-250g pkg
selected varieties
3.99
SAVE AT LEAST $1.50





Taco Bell Kits
260-420g pkg
selected varieties
3.99
SAVE $2

*Based on the 2026 BrandSpark® Canadian Trust Study.
Applicable at participating retail locations and e-commerce platforms only between Jan. 1 – Dec. 31, 2026, up to a maximum of 2 million meals distributed through Food Banks Canada and local food banks.
Food Banks Canada calculates the donation of one meal as 1 lb. of food.

CHEF MENU | MENU DU CHEF
Marigold™ MC

NEW!

Bring Home The Chef

Marigold Frozen Entrées
354g pkg
selected varieties
6.99
SAVE $2

PREPARED IN CANADA





4.99 Marigold Indian Sauces
400mL jar
selected varieties
SAVE $1



FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

SAVE ON THE BRANDS YOU LOVE AT LONGO'S

Tree of Life
A KeHE COMPANY



5.99 Crunchmaster Avocado Toast Crackers 100g pkg selected varieties
SAVE AT LEAST $1



3.99 Walker's Shortbread Cookies 150g pkg selected varieties
SAVE AT LEAST $2



5.99 Ines Roseles Torta 180g pkg selected varieties
SAVE AT LEAST $1



2.99 Fiordilatte Wafers 145g pkg or Tre Marie Dessert Wafers 140g pkg selected varieties
SAVE AT LEAST $1.30

EXPORT PACKERS FOODS LIMITED

11.99 Ocean Jewel Frozen Argentinian Shrimp 11-15ct, 454g pkg
SAVE $3





14.99 Ocean Jewel Frozen Whole European Sea Bream or Mediterraneaen Sea Bass 640g pkg
SAVE AT LEAST $2



10.99 Toppits Frozen Gluten-Free Breaded Fish 400g pkg selected varieties
SAVE $3

LIBERTÉ

3.99 Liberte Mediterranean Yogurt zselected varieties
SAVE $2



Liberté Kefir 1L bottle selected varieties
5.99
SAVE $2



MADE IN CANADA

TRADEMARKS OF YOPLAIT S.N.C. USED UNDER LICENSE.
✦ FROM DOMESTIC AND IMPORTED INGREDIENTS



Yoplait Source Protein Yogourt 650g tub selected varieties
3.99
SAVE AT LEAST $1

Yoplait Skyr Yogurt 750g tub selected varieties
5.99
SAVE AT LEAST $2.50



89¢ Yop Drinkable Yogurt 200mL bottle selected varieties
SAVE 80¢



2.99
SAVE AT LEAST $1.50

Yoplait Source Yogourt 630g pkg, Tubes 8x56g pkg or Minigo Yogourt 6x60g pkg selected varieties



BUY
ANY COMBINATION OF PARTICIPATING PRODUCTS TOTALLING $25 PRE-TAX ON SAME RECEIPT.

SNAP
A PICTURE OF YOUR RECEIPT ANDUPLOAD IT WITHIN 7 CALENDAR DAYS TO MYKRUGERPRODUCTS.CA/OFFER

GET
A $10 GIFT CARD!*

$10 Longo's

Scotties Facial Tissue 12pk selected varieties
12.99

Cashmere Bath Tissue 8/12=24 rolls, Sponge Towels Paper Towels 3=6 rolls, or Scotties Facial Tissue 6 pack selected varieties
7.49
SAVE AT LEAST $4.50

*Valid on purchases Oct 1/26 to Dec 31/26. Submit receipt within 7 days from date of purchase to receive $10 gift card on purchase of $25 pre-tax of participating Scotties, Cashmere, Purex, SpongeTowels and Bonterra products (excludes Premium) on one receipt. Limit 1 Gift Card per receipt. Not valid in combination with other offers. Terms and conditions at mykrugerproducts.ca/offer. Limit 3 Gift Cards per household. Offer valid in Canada only.

FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

SAVE ON THE BRANDS YOU LOVE AT LONGO'S



Olympic Organic Yogourt
650g tub
selected varieties
4.99
SAVE AT LEAST $3

Cracker Barrel Natural Cheese Slices
200-240g pkg
selected varieties
5.99
SAVE AT LEAST $1

Lactantia Cream
473mL-1L carton
selected varieties
3.99
SAVE AT LEAST $1

Lactantia UltraPūr Milk
2L carton
selected varieties
7.49
SAVE $1

PROUDLY MADE IN CANADA
DAIRY FARMERS OF CANADA QUALITY MILK

IFC



IFC Frozen Cooked Lobster Claws
454g pkg
22.99
SAVE $4



19.99
IFC Frozen Snow Crab Clusters
500g pkg
SAVE $5

NEW



19.99
IFC Frozen Raw Argentina Shrimp
16-20ct 680g pkg
SAVE $5





FRESH SAVINGS FOR THE WEEK OF THURSDAY NOVEMBER 12TH TO WEDNESDAY NOVEMBER 18TH, 2026.

SAVE ON THE BRANDS YOU LOVE AT LONGO'S

White Claw Zero
4x355mL pkg
selected varieties
11.99
SAVE $2



Nature's Bakery Fig Bar
270-340g pkg
selected varieties
5.99
SAVE $2.50



Olé Non-Alcoholic Mocktail
4x355mL pkg
selected varieties
12.99
SAVE $2





49th Parallel Whole Beans Organic Coffee
340g pkg
Roasted in Canada
selected varieties
14.99
SAVE AT LEAST $5

Flourish Protein Pancake Mix
430g pkg
selected varieties
9.99
SAVE $4



Nutiva Organic Coconut Oil or Refined
444-860mL jar
10.99
SAVE AT LEAST $4



Stoked Oats Quick or Steel Cut Oats
500-810g pkg
selected varieties
6.99
SAVE AT LEAST 50¢









THANK YOU REWARDS MEMBER PRICING

Coca-Cola Beverages
12x355mL pkg
selected varieties
8.49
SAVE $1
NON-MEMBER $9.49



Fuze Iced Tea
12x341mL pkg
selected varieties
8.49
SAVE $1.50



Core Power Protein Drink
414mL bottle
selected varieties
4.49
SAVE $1





Monster Energy
473mL can
Individual $2.99
selected varieties
3 FOR $8
SAVE 1$5.47 ON 3

9.99 Rao's Pasta Sauce
410-660mL jar
selected varieties
SAVE AT LEAST $3

6.49 Rao's Pizza Sauce
338mL jar
selected varieties
SAVE AT LEAST $1

* Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Not valid in conjunction with any other offer. Retailer may sell for less. All products must be purchased at the same time, single units at regular price.
† This product may not be suitable for everyone. Please read the label for instructions.
The trademarks that appear are the property of their respective trademark owners.

SAVE ON THE BRANDS YOU LOVE AT LONGO'S

JANES™

TRUSTED FOR QUALITY.
LOVED FOR TASTE.

MADE IN CANADA · FABRIQUÉ AU CANADA

BrandSpark MOST TRUSTED 2025 By Canadian Shoppers MULTI-YEAR WINNER



Janes Pub Style Chicken
700g pkg
selected varieties

9.99

SAVE AT LEAST $3



Janes Frozen Breaded Battered Fish
450-510g pkg
selected varieties

8.99

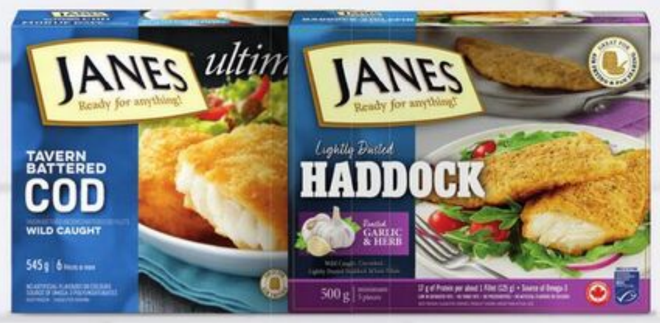
SAVE $3



Janes Restaurant Style Chicken
710-720g pkg
selected varieties

15.99

SAVE AT LEAST $3



Janes Frozen Breaded Battered Ultimates
450-590g pkg
selected varieties

14.99

SAVE $3

JANES®, PUB STYLE®, ULTIMATES™ AND READY FOR ANYTHING!™ RESTAURANT STYLE® ARE TRADEMARKS OF SOFINA FOODS INC.

THE LOFT

GATHER • COOK • LEARN

COOKING CLASSES

VISIT LONGOS.COM/LONGOS-COOKING-CLASSES AND SIGN UP FOR VIRTUAL AND IN-STORE LOFT FALL AND HOLIDAY COOKING CLASSES

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