NOFRILLS

FLYER PRICES EFFECTIVE THURSDAY, NOVEMBER 19 TO WEDNESDAY, NOVEMBER 25, 2026.

THANKS A MILLION WEEK

TWO DAY SALE
SATURDAY TO SUNDAY!

SAVE UP TO 51%

$6.77



TIDE SIMPLY LIQUID LAUNDRY DETERGENT 2.72 L **DOWNY FABRIC SOFTENER** 1.66/2.63 L or **BOUNCE** or **GAIN DRYER SHEETS** 120/200 s selected varieties
détergent à lessive liquide ou assouplissant ou agent de rinçage ou feuilles pour sécheuse
21506828_EA/21671009_EA



$10 Get 2,500 pts That's $2.50 value

YOP DRINKABLE YOGURT
selected varieties
12x200 mL
yogourt à boire
21716898_EA

CLUB SIZE



ONLY $3.49 LB

CHICKEN BREAST
bone-in, skin-on
poitrine de poulet
7.69/kg
20654851_KG

ONLY $1.98

6 OZ CLAMSHELL



PKG OF 5

AVOCADOS or **BLACKBERRIES**
product of Mexico
avocats ou mûres
20051015001_EA/21644936001_EA

CLUB SIZE



ONLY $2.99 LB

PORK TENDERLOIN
fresh, cryovac package, 2's
filet de porc
6.59/kg
21671162_KG

WHILE QUANTITIES LAST

ONLY $2.99

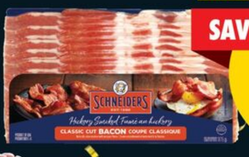
3 LB BAG



FARMER'S MARKET™ ORANGES
product of South Africa
oranges
20162945001_EA

SAVE UP TO 33%

$4



MAPLE LEAF READY CRISP BACON 65 g, **MAPLE LEAF** or **SCHNEIDERS BACON** 375 g
selected varieties
bacon
20772671_EA

SAVE 49%

$1.25



POMEGRANATE
product of U.S.A.
grenade
20134767001_EA

SAVE UP TO 66%

99¢ LB

GROWN IN CANADA



AMBROSIA APPLES
product of Canada, Canada orchard run grade or **SWEET POTATOES**
product of Canada
pommes ou patates douces
2.18/kg
20078454001_KG/20127708001_KG

SAVE UP TO 43%

$4.49



WONG WING or **ASIAN INSPIRATIONS ENTRÉES**
selected varieties, frozen
400 g
plats cuisinés
20507138_EA/21047378_EA

SAVE 38%

$3.99



HELUVA GOOD! SOUR CREAM DIP
680 g
trempettes de crème sure
20312788001_EA

ONLY $3.47



RISTORANTE or **CASA DI MAMA PIZZA**
selected varieties, frozen
320-410 g
pizza
20296100001_EA/20296424001_EA

ONLY $9.99 LB



ATLANTIC SALMON FILLET
fresh
filet de saumon de l'Atlantique
22.02/kg
20339767_KG

SAVE 26%

$10.99



NESTLÉ TURTLES HOLIDAY GIFT CHOCOLATES
selected varieties
300/330 g
poulet entier
21351146_EA

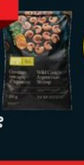
ONLY $3.47



OIKOS GREEK or **ACTIVIA FIBRE+ YOGURT**
selected varieties
4x95/100 g
yogourt
20419713001_EA/20620555_EA

SAVE 40%

$6.50



MARINA DEL RAY WILD ARGENTINIAN SHRIMP
frozen, 20-30 per lb, 300 g
crevettes
20907139_EA

SAVE UP TO 48%

$6.99



ROYALE BATHROOM TISSUE 12-30 rolls or **TIGER TOWEL** 3-6 rolls
selected varieties
papier hygiénique ou essuie-tout
21484702_EA/21373800_EA

PRICE DROP

$4.99



GRADE A LARGE WHITE EGGS
18 pack, brand varies by region
gros œufs blancs
20814294001_EA/20822787001_EA

$5.75



NEILSON TRUTASTE MICROFILTERED MILK
selected varieties, 4 L
lait
20148677_EA

$2



NO NAME® STUFFED CHICKEN
selected varieties, frozen
284 g
poulet farci
21664961_EA

$5



SCHNEIDERS PEPPERETTES
selected varieties
225-375 g
bâtonnets de saucisson
21741260_EA

$6.44 Get 500 pts That's 50¢ value



NESCAFÉ RICH 100-170 g, **SWEET & CREAMY** 144-351 g or **ESPRESSO CONCENTRATE** 300 mL **INSTANT COFFEE**
selected varieties
café
20873036_EA

THANKS A MILLION WEEK

GIVEAWAY* ON NOVEMBER 21ST

$7.50 VALUE



FREE 2x Nestle KitKat Chunky Rolo 42g, 2x Nestle KitKat Cookie Dough chocolate bar 41.5g, and 1x Crispers Tandoori Masala 145g for the first 300 customers with purchase.



SCRATCH TO WIN†

Open the PC Optimum™ App to WIN free products and MILLIONS of points!

PLAY NOW

Click here to download the PC Optimum™ App and play now.

Optimum™ 10 Prizes of 1,000,000 pts

WIN 1 MILLION PTS**

Shop in-store or online and scan your PC Optimum™ App for your chance to WIN 1 of 10 prizes of 1,000,000 points.

ONL INFO FRONT GTA

AVAILABLE AT: JEROME & ALISHA'S - AJAX, STEVE & AMANDA'S - AJAX, JOE & VAL'S - AURORA, ADIL'S - BRAMPTON, DAVE'S - BRAMPTON, HECTOR & ALICIA'S - BRAMPTON, MICHAEL & ABBI'S - BRAMPTON, MIKE'S - BRAMPTON, ROCKY'S - BRAMPTON, SARANGAN'S - BRAMPTON, RYAN'S - EAST YORK, COSIMO'S - ETOBICOKE, EMILIANO & ANA'S - ETOBICOKE, JASON'S - ETOBICOKE, JEFF, ROSE & HEBE'S - ETOBICOKE, JEFF'S - ETOBICOKE, STEVE'S - ETOBICOKE, ANNINDER'S - MARKHAM, PETER & SUZI'S - MARKHAM, ROB'S - MARKHAM, VI & YU LING'S - MARKHAM, JOHN'S - MILTON, DANIEL'S - MISSISSAUGA, HASIB'S - MISSISSAUGA, MARC'S - MISSISSAUGA, MIKE'S - MISSISSAUGA, RAMAN'S - MISSISSAUGA, SARANGAN'S - MISSISSAUGA, TOM & MICHELLE'S - MISSISSAUGA, VITO'S - MISSISSAUGA, YAMA'S - MISSISSAUGA, DICKIE'S - NEWMARKET, JOHN'S - NEWMARKET, VISCONTI'S - NOBLETON, ANAND & SHIVONNE'S - NORTH YORK, CARLO'S - NORTH YORK, DURANTE'S - NORTH YORK, DURANTE'S - NORTH YORK, JOHN & DANIELLE'S - NORTH YORK, LEONETTI'S - NORTH YORK, LISTRO'S - NORTH YORK, RICHARD & RUTH'S - NORTH YORK, OLEG'S - OAKVILLE, DEAN'S - OSHAWA, DYLAN'S - OSHAWA, MIKE'S - OSHAWA, NADIM'S - OSHAWA, DACOSTA'S - PICKERING, FRASER & MELISSA'S - RICHMOND HILL, JIM'S - RICHMOND HILL, YAMA'S - RICHMOND HILL, AJMAL'S - SCARBOROUGH, ALI'S - SCARBOROUGH, CRAIG'S - SCARBOROUGH, DAVE & CHARLOTTE'S - SCARBOROUGH, DAVE'S - SCARBOROUGH, HASHIM'S - SCARBOROUGH, NADIA'S - SCARBOROUGH, NICK'S - SCARBOROUGH, ROD & JOE'S - SCARBOROUGH, VI & YU LING'S - SCARBOROUGH, MICHAEL'S - STOUFFVILLE, AJ & ASHLEY'S - TORONTO, ALESSANDRA'S - TORONTO, ALI'S - TORONTO, ANDREW & SHELLEY'S - TORONTO, ANTHONY'S - TORONTO, DAMIANO'S - TORONTO, DANIEL & ALEXANDRA'S - TORONTO, DARREN'S - TORONTO, GEORGES - TORONTO, GINO'S - TORONTO, JIM & MARIA'S - TORONTO, LUCIANO'S - TORONTO, MIKE'S - TORONTO, NICK'S - TORONTO, ROCCA'S - TORONTO, ROCCO'S - TORONTO, SAM & NANCY'S - TORONTO, SAM'S - TOTTENHAM, ANTHONY'S - VAUGHAN, DINO'S - VAUGHAN, VINCE & FRANCA'S - VAUGHAN, CONROY'S - WHITBY, LIZ'S - WHITBY, QAIS' - WHITBY, MIKE'S - WOODBRIDGE

ADVERTISED AND REGULAR PRICING OR PRODUCT SELECTION MAY VARY BY STORE LOCATION.

nofrills.ca

FRESH AT LOW PRICES

$3.99



6 OZ CLAMSHELL

BLUEBERRIES product of Peru, no. 1 grade, **RASPBERRIES** product of Mexico, no. 1 grade or **CANTALOUPE** product of U.S.A., Guatemala, Honduras, no. 1 grade
bleuets ou cantaloup ou framboises
20152465001_EA/20152465001_EA/20167017001_EA

$3.99



10 LB BAG

GROWN IN CANADA

RED, RUSSET or **YELLOW POTATOES** product of Canada, Canada no. 1 grade
pommes de terre
20601013001_EA/20601020001_EA

$3.99



GROWN IN CANADA

10 LB BAG

BEETS or **FARMER'S MARKET™ CARROTS** product of Canada, Canada no. 1 grade
betteraves ou carottes
21121329001_EA/20600930001_EA

$3.99 LB



BLACK PLUMS product of Italy or Spain, no. 1 grade or **RED SEEDLESS GRAPES** product of U.S.A. or Peru, no. 1 grade
prunes ou raisins
8.80/kg
20316478001_KG/20159199001_KG

FRESH GUARANTEE

If your produce isn't fresh, we'll replace AND refund it.*

$2.49 LB



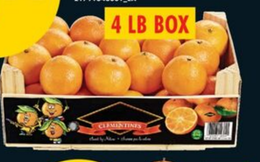
BARTLETT PEARS product of U.S.A., extra fancy grade
5.49/kg
20172240001_KG

$3.99



PINEAPPLE product of Costa Rica
ananas
20160992001_EA

$5.99



4 LB BOX

CLEMENTINES product of Morocco
clémentines
21791348001_EA

$2.99



3 LB BAG

PKG OF 6

FARMER'S MARKET MINI CUCUMBERS or **YELLOW ONIONS,** product of Canada, Canada no. 1 grade
mini-concombres ou oignons jaunes
20737570001_EA/20811994001_EA

99¢ EA/LB



KIWI each, product of Chile or Italy or **GREEN CABBAGE** 2.18/kg, product of Canada, Canada no. 1 grade
kiwi ou chou vert
20130242001_EA/20793034001_KG

$2.99



454 G

COCKTAIL TOMATOES product of Canada or Mexico
tomates cocktail
20062963_EA

$4.99



4 LB BAG

Foodland ONTARIO

FARMER'S MARKET ROYAL GALA or **MCINTOSH APPLES** product of Ontario, Canada fancy grade
pommes
20713211001_EA/20767998001_EA

$1.49



RED MANGOES product of Brazil
mangues
20059635001_EA

$3.99



GROWN IN CANADA

680 G

PC® LITTLE GEMS™ RED, YELLOW or **MIXED MINI POTATOES** product of Canada, Canada no. 1 grade
mini-pommes de terre
21247301001_EA/21247299001_EA

$5.99 LB



CHESTNUTS product of Italy
châtaignes
13.21/kg
20061606001_KG

$8.99



CASE

PC® KAKI PERSIMMONS product of Spain
kaki plaquemines
21211628001_C01

$3.99



2 LB BAG

FARMER'S MARKET™ LEMONS product of South Africa
citrons
20795315001_EA

$4.99

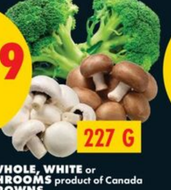


PKG OF 4

567 G

FARMER'S MARKET™ SWEET PEPPERS product of Canada or Mexico or **PC® LITTLE BEAUTS VARIETY TOMATOES** product of Canada
tomates
20117550001_EA/21720711001_EA

$2.49



227 G

PC® SLICED or **WHOLE, WHITE** or **CREMINI MUSHROOMS** product of Canada or **BROCCOLI CROWNS** product of Canada, Mexico or U.S.A.
champignons ou couronnes de brocoli
21121560001_EA/20775805_EA

$1.99 LB



PAPAYA product of Mexico
papaye
4.39/kg
20817066001_KG

PRICE DROP

$4



GROWN IN CANADA

PC® LIVE LETTUCE TRIO product of Canada
trio de laitues vivantes
21178850_EA

NFO 2_rad16/11/2026_ON

*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

NOFRILLS
FRESH AT LOW PRICES

$7 LB



LEAN GROUND BEEF & PORK
bœuf ou porc haché maigre
15.43/kg
20861188_KG

$6.99 LB

CLUB SIZE



CHICKEN THIGHS
boneless, skinless
hauts de cuisse de poulet
15.41/kg
20654744_KG

$7.79



MARCANGELO CHICKEN BREAST PORTIONS
selected varieties
300 g
portions de poitrine de poulet
21706318_EA/21706472_EA

REA ITALIAN SAUSAGES
selected varieties, frozen
720 g
saucisses
21440621_EA

$8.99



RAIN CHECK + pts

We'll honour a current deal if we're sold out, and give you 10% back in PC Optimum™ Points.†

$6



SCHNEIDERS JUICY JUMBOS or **SMOKED SAUSAGES**
selected varieties
375/450 g
saucisses
20105611_EA

$9.99



LOU'S or **BUTCHER'S SELECTION PORK BACK RIBS**
selected varieties, frozen
680 g
côtes de dos de porc
21530551_EA/21669038_EA

$5.50



GUSTA VEGGIE BURGERS or **GROUNDS** 300/340 g or **SUMM! SPRING ROLLS** 250/350 g
selected varieties
végéburgers ou simili-viande hachée ou rouleaux de printemps
21114397_EA/21454302_EA

$7.50



SEAQUEST® FISH FILLETS
selected varieties, frozen
400 g
filets de poisson
20036614_EA/20048346_EA

$3.79



SEAQUEST® SURIMI 227 g, **PACIFIC WHITE RAW** 51/70 per lb or **COOKED** 61/90 per lb **SHRIMP** 160 g or **YELLOWFIN TUNA STEAK** 92 g
selected varieties, frozen
surimi ou crevettes ou darnes de thon albacore
20699832_EA/21712209_EA

$3.75



ZIGGY'S® SLICED DELI MEAT 175 g or **MARCANGELO MORTADELLA** 110 g
selected varieties
charcuteries tranchées ou mortadelle
21592461_EA/21707188_EA

$7



TRE STELLE MOZZARELLA BALL, FETA or **BOCCONCINI**
selected varieties
240-340 g
fromage
20189267_EA/21100063_EA

$8.50



PC® PIE or **QUICHE** 550-575 g, **OLYMEL** or **PINTY'S MEAT PROTEINS** 400/450 g
selected varieties
pâté ou quiche ou protéines de viande
21682000_EA/21743906_EA

$2.48



NO NAME® BREAD
selected varieties
675 g
pain
21509822_EA/21509877_EA

$2.50



WONDER BREAD 675 g or **BUNS** 8's
selected varieties
pain
20276296_EA/20297455_EA

$6



FARMER'S MARKET™ MUFFINS 6's or **SQUARES** 400/450 g
selected varieties
muffins ou carrés
21216501_EA/21283356_EA

$5.50



MAPLE LEAF NATURAL SELECTIONS SLICED DELI MEAT
selected varieties
150/175 g
charcuteries tranchées
20009282_EA/20065285_EA

$5.99



SCHNEIDERS SAUSAGES
selected varieties, frozen
375 g
saucisses
20561559_EA/21119317_EA

$11



MAPLE LEAF NATURAL SELECTIONS SLICED DELI MEAT
family size, selected varieties
375/400 g
charcuteries tranchées
20772015_EA/20772016_EA

NFO 3_rad16/11/2026_ON

† Raincheck + PC® OptimumTM Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC® OptimumTM points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC® OptimumTM points is calculated per item on the advertised flyer price . Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC® OptimumTM program members will not be eligible to receive PC® OptimumTM points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

Moredays

Optimum™

Moredays™

NOVEMBER 19 - NOVEMBER 25, 2026

App exclusive offer

Get 4,000 pts For every $8* spent That's $4 value



KELLOGG'S ALL BRAN, RAISIN BRAN, VECTOR, SPECIAL K or MINI-WHEATS CEREAL
selected varieties
306-525 g
céréales
20015041_EA/21652093_EA

App exclusive offer



CHAPMAN'S SUPER PREMIUM PLUS ICE CREAM
selected varieties, frozen
500 mL
crème glacée
21511147_EA

Get 5,000 pts For every $9* spent That's $5 value

App exclusive offer

Get 3,500 pts For every $7* spent That's $3.50 value



D'ITALIANO BREAD 620/675 g or **WONDER BREAD** 675 g
selected varieties
pain
20038335_EA



$6

Get 3,000 pts That's $3 value

GALBANI FRESH MOZZARELLA BALL
selected varieties
227 g
mozzarella
21547228_EA/21547229_EA

Get 1,500 pts For every $7* spent That's $1.50 value



KNORR or LIPTON SOUP MIX
selected varieties
40-912 g
mélange à soupe
20297514001_EA/20315085002_EA

Get 5,000 pts For every $10* spent That's $5 value



BOVRIL BOUILLON 250 mL, **KNORR CUBES** 63/69 g, **STOCK MIX** 160/175 g, **DRY SAUCE MIX** 22-48 g, **OXO BOUILLON** 72/225 g, **VELOUTINE GRAVY MIX** 250 g
selected varieties
bouillon ou mélange à sauce
20311529001_EA/20320060_EA/20323323004_EA

App exclusive offer

Get 4,000 pts For every $10* spent That's $4 value



SILK CREAMERS
selected varieties
890 mL
colorant à café
21743501_EA

Get 3,500 pts For every $10* spent That's $3.50 value



FLEISCHMANN'S YEAST 24-450 g, **BREAD BOOSTER** 100 g, **BAKING POWDER** 340 g, **BAKING SODA** 400 g or **CORNSTARCH** 454 g
selected varieties
levure ou bonifiant de pain ou poudre à pâte ou fécule de maïs
20006692_EA/20102920001_EA/21331074_EA

$4.50

Get 1,000 pts When you buy 2 That's $1 value



ORVILLE REDENBACHER MICROWAVE POPCORN 385-492 g or **KERNEL JAR** 850 g
selected varieties
maïs à éclater ou en pot
20308686_EA/20629332003_EA

$10

Get 1,000 pts That's $1 value



GENERAL MILLS JUMBO CEREAL
selected varieties
823 g-1.3 kg
céréales
20679390_EA/21347133_EA

Get 5,000 pts For every $15* spent That's $5 value



LYSOL CLEANER
selected sizes and varieties
nettoyant
20310677001_EA/21449826_EA

Get 5,000 pts For every $12* spent That's $5 value


LISTERINE
PREVENTS
LISTERINE
PREVENTS
LISTERINE
PREVENTS

LIMITED TIME OFFER!

ZWILLING

COLLECT & SAVE!

DOUBLE REDEMPTION

~~40~~ 20 STAMPS

=

Redeem 20 stamps and save 60–85% each on up to TWO eligible ZWILLING knife items.*

ONLY NOVEMBER 12-25



*Offer available at participating Loblaw banner stores and online (excluding Shoppers Drug Mart® online) from September 24, 2026, while supplies last. During the Double Redemption Offer Period: of November 12 to November 25 upon collecting and redeeming 20 stamps, customers may receive 60-85% each off up to two (2) eligible ZWILLING knife items in the same transaction, before applicable taxes. Only 20 stamps are required to receive the applicable discount on up to two (2) eligible items. At participating Grocery banner stores, both eligible items must be purchased in the same transaction. At participating Shoppers Drug Mart® stores, each eligible item must be purchased in a separate transaction. Following the Double Redemption Offer Period, the standard redemption offer of 60-85% off one (1) eligible ZWILLING knife item upon redemption of 20 stamps will resume. Receive 1 stamp for every $20 spent before taxes until January 13, 2027. PC Optimum™ members who opt in through the PC Optimum™ app may receive 8 bonus stamps (limit 1 per household). Conditions, exclusions, redemption deadlines, and item availability apply. Visit pcoptimum.ca/collectandsave for full offer details.

ONL FLAP NFO KNIVES

DELI DEALS

$10





PC® or BLUE MENU® SLICED CHEESE 500 g, **PC® DOUBLE CREAM BRIE** 450 g, **CHICKEN BREAST STRIPS or BITES** 300/375 g or **MASTRO GENOA SALAMI CHUB** 600 g
selected varieties
fromage ou lanières ou bouchées de poulet ou salami
20786418_EA/20787166_EA

$5







MARCANGELO CHARCUTERIE 85 g or **BOURSIN SPREADABLE CHEESE** 150-220 g
selected varieties
charcuteries ou pepperoni ou fromage tartinable
21706089_EA/21706090_EA/20116794 EA

$3





PC® HUMMUS or DIPS 200/227 g or **NAAN DIPPERS** 200 g
selected varieties
hummus ou trempettes ou pains naan
20584097_EA/21092033_EA

$2.50





ZIGGY'S® PASTA 350/360 g or **RESER'S SALADS** 425/454 g
selected varieties
pâtes ou salades
20962398_EA/21521168_EA

FLORAL DEALS

$15

DOZEN ROSES
douzaine de roses
21619089_EA
WHILE QUANTITIES LAST



$7

POINSETTIA
poinsettia
20059979_EA
WHILE QUANTITIES LAST



$10

SMALL MIXED BOUQUET
petit bouquet varié
21619952_EA



$20

DELUXE MIXED BOUQUET
bouquet varié de luxe
21397546_EA



NOVEMBER

HIT OF THE MONTH



$5

Fruit of the Loom
Men's or Women's, 3 pk socks
Selected varieties
Limit: 6, over limit retail $6.99
W6MR078691/ W6WR078690



$2.50

Made in Canada

Pillsbury Pizza Pops 4's
Frozen
Selected varieties
Limit: 6, over limit retail $3.50
21435996_EA / 21436023_EA



$1.88

Prepared in Canada

Christie Mini Cookies
Selected varieties, 144 - 200 g
Limit: 6, over limit retail $3.00
21584976_EA / 21585155_EA



$3

Cook's Boneless Ham Steak
227 g
Limit: 6, over limit retail $4.00
21769703_EA

LOWEST PRICES
BEST DEALS

As compared to other major grocery retailers within your local trade areas. Offer valid November 1st - 30th, 2026 while quantities last. We reserve the right to limit quantities to reasonable family requirements. No rainchecks.

BRANDS YOU LOVE AT LOW PRICES

$3.50



PC® PROBIOTIC YOGURT
selected varieties
650 g
yogourt
21684020_EA/21684254_EA



$6.50

BLACK DIAMOND CHEESTRINGS 252/336 g or **CRACKER BARREL SHREDDED CHEESE** 250-320 g
selected varieties
fromage
20763661_EA/21290616_EA

$4.99



NESTLÉ DRUMSTICK
selected varieties, frozen
4's
friandises glacées
21739610_EA



$4

HEALTHY CHOICE GOURMET or **SIMPLY STEAMERS FROZEN ENTREES**
selected varieties
255-306 g
plats cuisinés
21406269_EA

$4.99



HEINZ KETCHUP
selected varieties
750 mL/1 L
ketchup
20069080_EA

$6.99



STARBUCKS COFFEE ENHANCERS
selected varieties
800/828 mL
rehausseurs pour café
21358473_EA/21686282_EA

$4.50



TROPICANA DRINKS or **PURE LEAF TEA**
selected varieties, refrigerated
1.36/1.75 L
boissons
20755752002_EA/21621950_EA

$3.99



SMARTFOOD POPCORN 150-220 g, **SUNCHIPS** 205 g or **MUNCHIES SNACK MIX** 250 g
selected varieties
maïs soufflé ou grignotines
20972859_EA/21370317_EA

$4

Get 400 pts That's 40¢ value



MINUTE MAID, FIVE ALIVE or **FUZE DRINK BOXES**
selected varieties
8/10x200 mL
boîtes de boisson
21092667_EA/21646710_C10

$4.25



COCA-COLA or **PEPSI SOFT DRINKS**
selected varieties
6x710 mL
boissons gazeuses
20310546002_C06/20313741002_C06

37¢



MR. NOODLES INSTANT NOODLES
selected varieties
85 g
nouilles instantanées
20322658001_EA/20322658004_EA

$5.50



KELLOGG'S FAMILY SIZE CEREAL
selected varieties
450-650 g
céréales
20054727_EA/21651640_EA

$3



LECLERC CÉLÉBRATION COOKIES
selected varieties
200-240 g
biscuits
21680074_EA/21680155_EA

$2



NO NAME® FRUIT 398 mL or **APPLE SAUCE** 620 mL
selected varieties
fruits ou purée de pomme
20628585001_EA/21379698_EA

$1



NO NAME® MUSHROOMS
selected varieties
284 mL
champignons
20299211_EA

$13.99



JASMINE GOLD THAI JASMINE RICE
8 kg
riz
21496274_EA

$3



KRAFT SALAD DRESSING
selected varieties
425 mL
vinaigrette
21584850_EA

$3.50



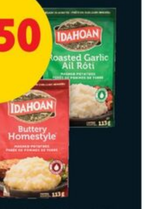
NO NAME® PICKLES
selected varieties
1 L
cornichons
20300473_EA

$6.99



NO NAME® OLIVE OIL
selected varieties
750 mL
huile d'olive
20047715_EA

$1.50



IDAHOAN MASHED POTATOES
selected varieties
113 g
purée de pommes de terre
21537129_EA/21537426_EA

$11.99



KINDER, LINDT or **REESE ADVENT CALENDAR** 128-212 g, or **KINDER CHOCOLATE WITH PLUSH** 116 g
selected varieties
calendriers de l'Avent ou chocolat avec peluche
20697956_EA/21460078_EA

$10.99



TOBLERONE BARS 340-360 g, **TOBLERONE IMPRESS BOX** 200 g or **TOBLERONE TRUFFLES** 180 g
selected varieties
chocolat
21746728_EA/21746767_EA

$6.99



REESE'S PEANUT BUTTER CUPS 226 g, **KINDER SURPRISE** 80-100 g or **HERSHEY'S POT OF GOLD CHOCOLATES** 243-245 g
selected varieties
moules au beurre d'arachide ou chocolats
21547694_EA

$8.99



LINDT CHOCOLATE BOX
selected varieties
108 g
boîte de chocolat
21683055_EA

BRANDS YOU LOVE AT LOW PRICES

$6.99



BECEL MARGARINE
selected varieties
637/800 g
margarine
21747692_EA

NO NAME® CHEESE BARS
selected varieties
700 g
barres de fromage
20975773_EA

$8.79



$2.25



NO NAME® LEMONADE or **ICED TEA**
selected varieties, refrigerated
1.75 L
limonade ou thé glacé
21666536_EA

$11



HIGH LINER PAN SEAR SELECTS or **SIGNATURE CUTS FISH FILLETS**
selected varieties, frozen
425-540 g
filets de poisson
20296596002_EA

$3.99

Get 500 pts That's 50¢ value



HARDBITE POTATO CHIPS
selected varieties
128/150 g
croustilles
21157616_EA

$3.50

Get 500 pts That's 50¢ value



PILLSBURY TOASTER STRUDEL PASTRIES
selected varieties, frozen
326 g
pâtisseries
20172664004_EA

$3.79



GOGO SQUEEZ FRUIT SAUCE
selected varieties
4x90 g
sauces aux fruits
20322697002_EA

$4.99



KRAFT MIRACLE WHIP SPREAD 650/890 mL or **HEINZ MAYONNAISE** 675 mL
selected varieties
tartinade ou mayonnaise
20298681001_EA/21730781_EA

$20.99



PC® LUXURY BISCUIT ASSORTMENT
1 kg
biscuits de luxe
21456468_EA

$5



LA GRILLE SEASONING or **CLUB HOUSE BLENDS**
selected varieties
111-248 g
assaisonnements ou mélanges
20308006001_EA/20321740001_EA

$6



NO NAME® BOUILLON CONCENTRATE 500 mL or **CHOPPED GARLIC** 1 kg
selected varieties
concentré de bouillon ou ail haché
20312337001_EA/21013899_EA

$2.49



ANNIE'S MACARONI & CHEESE
selected varieties
170 g
macaroni au fromage
20316187001_EA

$9.99



CAFE WILLIAM GROUND COFFEE
selected varieties
300 g
café moulu
21358880_EA

$15.99



MAXWELL HOUSE GROUND COFFEE 631-900 g or **COFFEE PODS** 30's
selected varieties
café moulu ou capsules
21308076_EA/21606882_EA

$3



TETLEY TEA
selected varieties
20/24's
thé
20711158_EA/21761446_EA

$7



NATURE'S BAKERY BROWNIE or **FIG BARS**
selected varieties
270/340 g
brownie ou barres aux figues
21549605_EA/21550356_EA

$2



QUAKER DIPPS or **CHEWY GRANOLA BARS**
selected varieties
120-156 g
barres granola
20847582_EA/21359366_EA

$2.47



NATURE VALLEY GRANOLA BARS, GENERAL MILLS CEREAL BARS or **BETTY CROCKER FRUIT SNACKS**
selected varieties
120-226 g
barres ou collations aux fruits
20315520006_EA/20318474001_EA

$2.25



HARIBO GUMMY CANDIES
selected varieties
170/175 g
friandises
21518077_EA/21519578_EA

$3.50



LIBERTÉ MÉDITERRANÉE 500 g or **SOURCE PROTEIN YOGURT** 650 g
selected varieties
yogourt
20788062001_EA/21720763_EA

$5.50

Get 500 pts That's 50¢ value

Yoplait LIBERTÉ



LIBERTÉ KEFIR 1 L or **MÉDITERRANÉE** 900 g **YOGURT**
selected varieties
yogourt
21216416_EA/21305347_EA

$3

Get 500 pts That's 50¢ value



YOPLAIT TUBES YOGURT
selected varieties
8's
yogourt
21547571_EA/21547595_EA

BRANDS YOU LOVE AT LOW PRICES

$3.99

ALCAN ALUMINUM FOIL 50', **REYNOLDS PARCHMENT PAPER** 35' or **GLAD CLING WRAP** 60 m
selected varieties
papier d'aluminium ou
papier parchemin ou pellicule plastique
20043471_EA/20051862_EA





$7

THE PINK STUFF CLEANING PASTE 500 g or **SPRAY** 750 mL
selected varieties
pâte nettoyante ou vaporisateur
21520258_EA

$9



PC® LAUNDRY DETERGENT 32's or **TOILET CLEANER** 39's
selected varieties
détergent à lessive
21614503_EA/21614582_EA



$11

AIR WICK SCENTED OIL REFILL 2x20 mL, **VIBRANT STARTER KIT** 23.9 mL or **REFILL** 2x23.9 mL or **ESSENTIAL MIST STARTER KIT** 20 mL
selected varieties
huile parfumée ou huile essentielle
20324301001_EA/21661100_EA

$5



WINDEX GLASS CLEANER 765 mL **SCRUBBING BUBBLES** 946/950 mL or **FANTASTIK** 650 mL
selected varieties
nettoyants
20125323001_EA/21666832_EA

$16



PUREX 4.42 L or **SUNLIGHT POWDER** 4.5 kg **LAUNDRY DETERGENT** or **SNUGGLE FABRIC SOFTENER** 3.64 L
selected varieties
détergent à lessive ou feuilles assouplissantes
21738702_EA

$10



OXI CLEAN LAUNDRY STAIN REMOVER
selected varieties
1.28/1.36 kg
détachant pour lessive
20432579_EA

$14



IAMS DRY CAT FOOD
selected varieties
1.36/1.59 kg
nourriture sèche pour chats
21027553_EA

$12.50



PEDIGREE VITALITY+ DRY DOG FOOD
selected varieties
2 kg
nourriture sèche pour chiens
21589011_EA

$10.49



NO NAME® CAT LITTER
selected varieties
18 kg
litière pour chats
20177169002_EA

$6



TEMPTATIONS CAT TREATS
selected varieties
454 g
gâteries pour chats
21012108_EA

$2.50



LADY or **MEN'S SPEED STICK DEODORANT**
selected varieties
45-85 g
déodorant
20348223001_EA/20847071_EA
LIMIT 6, OVER LIMIT PAY $4

$4



LIFE BRAND® FOAMING or **LIQUID HAND SOAP**
selected varieties
240/290 mL
savon moussant ou liquide pour les mains
21743198_EA/21743205_EA
WHILE QUANTITIES LAST

$20



DOVE or **DOVE MEN+ GIFT SETS**
selected varieties
ensembles-cadeaux de savon
21748438_EA/21750834_EA
WHILE QUANTITIES LAST

$20



BATISTE DRY SHAMPOO HOLIDAY GIFT PACK
emballage-cadeau de shampooing sec
21745329_EA
WHILE QUANTITIES LAST

$10.99

Get 1,500 pts That's $1.50 value



ZIPLOC STORAGE BAGS MEGA
selected varieties, 60-270's
sacs de rangement
21196100_EA

$11.50

Get 2,000 pts That's $2 value



VILEDA TWIST MOP or **OSKAR BROOM WITH DUSTPAN**
selected varieties
vadrouille ou balai avec pare-poussière
20001949_EA

BETWEEN NOVEMBER 5TH – 25TH

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Get 20,000 pts when you spend $100* or more in one or more purchases

That's $20 value



PAMPERS DIAPERS, WIPES or **TRAINING PANTS**
selected varieties and sizes
couches ou lingettes ou culottes d'entraînement
21551645_EA/21692756_EA/21089365_EA

no name®

tackle every mess.
save on every clean.

(So switch)

your home of no name®

$3.50



NO NAME® DISINFECTANT WIPES
selected varieties
75's
lingettes désinfectantes
21386771_EA/21386780_EA

$4.50



NO NAME® LAUNDRY DETERGENT
selected varieties
1.92/2.03 L
détergent à lessive
21043473_EA

HOT FINDS

Savings like these are kind of a big deal.

$7



EVERYDAY ESSENTIALS POLYPROPYLENE CUTTING BOARD SET
3 piece set
ensemble de planche à découper en polypropylène
21705809_EA

THANKS A MILLION WEEK



$5.50

GENERAL MILLS FAMILY SIZE CEREAL
selected varieties
317-778 g
céréales
21103493_EA/21213661_EA

$3



FIBRE 1 BROWNIES, DELIGHTS or **SOFT BAKED SNACKS** 125/175 g, **NATURE VALLEY PROTEIN BARS** 148 g, **BISCUITS** 190 g or **SWEET & SALTY BARS** 160/175 g
selected varieties
barres ou brownies ou biscuits
20587504001_EA/20686988001_EA

$9



OLD EL PASO TACO BITES
selected varieties, frozen
368 g
bouchées de tacos
21754633_EA

$1.50



CAMPBELL'S BROTH
selected varieties
250/900 mL
bouillon
20322348001_EA/21347245_EA

$2.29



CAMPBELL'S CHUNKY or **READY TO SERVE SOUP**
selected varieties
510/515 mL
soupe
21479030_EA/21480447_EA

$3.50



KELLOGG'S CEREAL
selected varieties
250-355 g
céréales
21450814_EA/21652128_EA

$6.49



AHA SPARKLING WATER
selected varieties
12x355 mL
eau pétillante
21240797_C12

$7.50



FUZE or **PEACE TEA ICED TEA**
selected varieties
12x341 mL
thé glacé
21645563_C12

$4.25



COCA-COLA SOFT DRINKS
selected varieties
6x222 mL
boissons gazeuses
20354288002_C06

$2.50



PEPPERIDGE FARM GOLDFISH CRACKERS
selected varieties
156-227 g/6x28 g
craquelins
20300320_EA/20306994003_EA

$3



MCCAIN SUPER FRIES or **SPECIALTY FRIES** 454-800 g or **PIZZA POCKETS** 300 g
selected varieties, frozen
frites ou pochettes de pizza
20324328002_EA

$4



CHRISTIE PREMIUM PLUS CRACKERS
selected varieties, 402-481 g
craquelins
21109001_EA/21109004_EA

$2.50



CHRISTIE CRISPERS or **BITS & BITES SNACK MIX**
selected varieties, 145 g
mélange à collation
21358333_EA/21395350_EA

$2.50



CHRISTIE CRACKERS
selected varieties
162-212 g
craquelins
21030647_EA/21547034_EA

THANKS A MILLION WEEK

THE MAGNUM ICE CREAM COMPANY

$5.50 Get 1,000 pts That's $1 value



BEN & JERRY'S 473 mL or **YASSO GREEK YOGURT TUBS** 414 mL or **NOVELTIES** 4's
selected varieties, frozen
yogourt grec ou friandises glacées
21428213_EA/21771815_EA/21771924_EA

Les Pommes Cavendish Farms

$8



CAVENDISH CLUB PACK
selected varieties, frozen
1- 2.25 kg
quartiers de pommes de terre
20728378_EA

PEPSI

$3



CELSIUS or **ALANI ENERGY DRINK**
selected varieties
355 mL
boissons énergisantes
21576466_EA

$6.50



BUBLY 12x355 mL or **MONTELLIER SPARKLING WATER** 10x355 mL
selected varieties
eau pétillante
21096722_C10/21097177_C12

$13.99



PEPSI SOFT DRINKS
selected varieties
24x355 mL
boissons gazeuses
20306687002_C24

Nestlé

$4.50



NESTLÉ CHOCOLATES
selected varieties
76-203 g
chocolat
21080077_EA/21569498_EA



$2.79

NESTLÉ CHOCOLATE BARS
selected varieties
95-105 g
barres de chocolat
21648279_EA/21648521_EA

P&G

$22



TIDE LIQUID 3.46/3.9 L **GAIN** 5.44 L **PODS** or **FLINGS** 45-76's **LAUNDRY DETERGENT** or **DOWNY SCENT BOOSTERS** 751/853 g, selected varieties
détergent à lessive
21593670_EA/21593706_EA

$16



TIDE PODS 32-57's **LAUNDRY DETERGENT, DOWNY** or **GAIN FABRIC SOFTENER** 4.16 L or **SCENT BOOSTERS** 680 g, selected varieties
détergent à lessive ou assouplissant textile ou rehausseur de parfum
21454815_EA/21549939_EA

$11



SWIFFER WET REFILLS 12-24's, **DRY REFILLS** 16-32's or **DUSTER REFILLS** 6-10's
selected varieties
recharges pour vadrouille ou d'époussetage
21627654_EA/21629789_EA

$2.50



DAWN DISHWASHING LIQUID
selected varieties
366-502 mL
détergent liquide à vaisselle
21430590_EA/21735713_EA

$7.99



CHARMIN BATHROOM TISSUE 8=24 ROLLS or **BOUNTY PAPER TOWEL 3=6 ROLLS**
selected varieties
papier hygiénique ou essuie-tout
21670159_EA/21707477_EA

IRVING

$11



ROYALE FACIAL TISSUE
12x100's
mouchoirs
20705292_EA



$5

ROYALE BATHROOM TISSUE 8=16 ROLLS or **TIGER TOWEL 2=4 ROLLS**
selected varieties
papier hygiénique ou essuie-tout
21378574_EA/21702119_EA

CLOROX
from the makers of Clorox® products

$11.49



GLAD GARBAGE BAGS
selected varieties
20-40's
sacs à ordures
21165477_EA



$11.49

PINE-SOL ALL PURPOSE CLEANER
selected varieties
4.25 L
nettoyant tout usage
20021491_EA

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More points

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5. Tap **"Add Offer"** – you're done!

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Get 750 pts Until December- 2 - 2026

NO NAME® PIE SHELLS
frozen 350/380 g
croûtes à tarte
20153259_EA



Get 3,000 pts Until December- 2 - 2026

NO NAME® NATURALLY IMPERFECT FROZEN FRUIT
2 kg
fruits surgelés
21289951_EA



Get 1,500 pts Until December- 2 - 2026

PC® THICK & CRISPY BREADED CHICKEN BURGERS
700 g
burgers de poulet pané
21201257_EA



Get 2,000 pts Until December- 2 - 2026

PC® OLD-FASHIONED STYLE BACON
1 kg
bacon
20115704_EA



Get 2,500 pts Until December- 2 - 2026

NO NAME® APPETIZERS
frozen 454-900 g
entrées
21608591_EA



Get 1,000 pts Until December- 2 - 2026

NO NAME® CHEESE BARS
400 g
barres de fromage
21289751_EA



$6

Get 2,000 pts

That's $6 value

PC GOAT CHEESE LOGS
140-142 g
fromage
21755808_EA



Save $1 with digital coupon

PC® FLATBREAD or **PC® BLACK LABEL PIZZA**
all sizes and varieties
pizza
21305085_EA/21531410_EA



Save $1 with digital coupon

NO NAME® PIZZA BUSTER
1L
chaussons-pizza
21748264_EA



Save $1 with digital coupon

PC® SCOOP SHOP ICE CREAM
crème glacée
21706641_EA



Save $1 with digital coupon

PC® BLUE MENU YOGURT BARS
6x80 mL
barres de yogourt
20538592001_EA

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More offers. More points.

CLICK FOR THESE COUPONS AND MORE



Get 500 pts Until December- 2 - 2026

PC® WHOLE WHITE MUSHROOMS
227 g
champignons blancs entiers
20776239_EA



Get 500 pts Until December- 2 - 2026

FARMER'S MARKET MINI CUCUMBERS
6 pk
mini concombres
20737570001_EA



Get 1,000 pts Until December- 2 - 2026

NO NAME® NATURALLY IMPERFECT MIXED SWEET PEPPERS
2.5 lb
poivrons doux
20921434001_EA



Get 500 pts Until December- 2 - 2026

PC® COLESLAW
397 g
salade de chou
21204248_EA



Save $1 with digital coupon

NO NAME® FISH FILLETS, BURGERS or STICKS
454 g
poisson à l'anglaise ou burgers ou bâtonnets
21672264_EA/21672371_EA/21672358_EA



Get 3,000 pts Until December- 2 - 2026

NO NAME® HOT CHOCOLATE MIX
1.8 kg
chocolat chaud mélange
20005589_EA



Get 3,000 pts for every $15* spent

That's $3 value

PC® SOFT DRINKS or SPARKLING SODA
12x355 mL
boissons gazeuses ou soda pétillant
21703732_C12



Save $1.50 with digital coupon

PC® TORTILLA BOWLS
300 g
bols en tortillas
21716545_EA



Get 1,500 pts Until December- 2 - 2026

PC® CHOCOLATE BARS
300 g
barres de chocolat
21689840_EA



Get 3,000 pts Until December- 2 - 2026

PC® SUPER SOFT BATHROOM TISSUE
30 = 100 rolls
papier toilette
21450846_EA



Save $1.50 with digital coupon

DOVE CLINICAL PROTECTION ANTIPERSPIRANT DEODORANT
6x80 mL
déodorant ou antisudorifique
20317764001_EA

BABY ESSENTIALS AT LOW PRICES

$34.99

HUGGIES ECONO PACK DIAPERS
selected varieties
size N-8, 60-208's
couches
21456640_EA/21663768_EA



$28.99

PAMPERS SUPER BIG PACK DIAPERS
38-120's,
selected varieties
couches
21370844_EA



$4.50



GERBER BABY CEREAL
selected varieties
180-227 g
céréales pour bébé
20358339006_EA/20358339007_EA

Get
10,000
pts
For every $50* spent

That's $10 value



DIAPERS, WIPES, FORMULA, FOOD, NEEDS, or ACCESSORIES IN THE BABY DEPARTMENT
all varieties and sizes
couches ou lingettes ou préparation ou aliments ou produits ou accessoires pour bébé
20322414002_EA/20358339007_EA/21172500_EA/21540716_EA/21551645_EA/21699547_EA

HEALTH AND WELLNESS AT LOW PRICES

30% OFF



NATURE'S BOUNTY VITAMINS or **SUPPLEMENTS**
selected varieties and sizes
vitamines ou suppléments
20608015_EA/21337045_EA/21530426_EA

$12



LIQUID I.V. HYDRATION MULTIPLIER ELECTROLYTE DRINK MIX
selected varieties
6's
mélange à boisson d'électrolytes
21592485_EA/21592512_EA

$15



TENA INCONTINENCE UNDERWEAR
selected varieties
10-58's
sous-vêtements
21033611_EA/21099265_EA

PRICE DROP

$2.50



RICOLA REGULAR BAG
selected varieties
17-19's
pastilles
21478713_EA/21478726_EA

$13

Get 1,500 pts That's $1.50 value



NEOCITRAN or **BUCKLEY'S COMPLETE CAPSULES** 24's or **SYRUP** 150 mL
selected varieties, each
médicaments pour le soulagement du rhume
20062201007_EA/21718092_EA

BABY ESSENTIALS
AT LOW PRICES

$4.20



LOVE CHILD ORGANICS 138/140 g, **EARTH'S BEST** 44-133 g or **BELOV TODDLER SNACKS** 42 g
selected varieties
collations pour tout-petits
21743209_EA/21534911_EA/20944539_EA

UP TO 20% OFF



JOHNSON'S BABY PRODUCTS
selected varieties and sizes
50 mL-1 L
produits pour bébé
21112321_EA/21308244_EA

$26.99





PAMPERS EASY UPS or **NINJAMA'S TRAINING PANTS**
selected varieties
34-74's
couches ou culottes d'entraînement ou lingettes
21089401_EA/21089456_EA

HUGGIES BABY WIPES
selected varieties
560-1152's
lingettes pour bébé
21541191_EA

$26



$2.50



BABY GOURMET SIMPLY GOURMET SNACKS
selected varieties
32 g
collations
21597310_EA/21597336_EA

$2



GET'EMS SNACKS
selected varieties
64/142 g
craquelins
21720371_EA/21720392_EA

$35



SIMILAC POWDER INFANT FORMULA
selected varieties
850 g
préparation pour nourrissons en poudre
20755571002_EA

$10



DOVE BABY WASH or **LOTION**
selected varieties
591 mL
nettoyant ou lotion pour bébé
21017298_EA

Optimum

$56



Get 5,000 pts That's $5 value

GOOD START BABY FORMULA POWDER
selected varieties
942 g/1.02 kg
préparation pour nourrissons en poudre
21599587_EA

$66



ENFAMIL A+ NEUROPRO or **GENTLEASE BABY FORMULA POWDER REFILLS 0-12 MONTHS**
selected varieties, 862/890 g
recharges de préparation pour nourrissons en poudre
21589205_EA

ALWAYS $5



PC® BABY WIPES
scented or unscented
300's
lingettes pour bébé
21540716_EA/21550950_EA

AVAILABLE AT SELECT LOCATIONS ONLY

PRICE DROP

1000s OF LOWERED PRICES EVERYDAY!

$4

SENSODYNE TOOTHPASTE
selected varieties, 75/100 mL
dentifrice
20301179001_EA



COLGATE PREMIUM TOOTHPASTE, 70-150 mL or **MANUAL TOOTHBRUSH** 1 ea
selected varieties
dentifrice ou brosse à dents manuelle
20306410002_EA/21166685_EA

$3.50



$5.50



L'ORÉAL HAIR EXPERTISE SHAMPOO or **CONDITIONER**
selected varieties
150-375 mL
shampooing ou revitalisant
21647134_EA/21647145_EA



$5

IVORY or **OLAY BODY WASH** 364- 621 ml or **IVORY 10-BAR** 90 g **BAR SOAP**
selected varieties
nettoyant pour le corps ou pain de savon
20860346001_EA/21716909_EA

$6.50



SOFTSOAP LIQUID HAND SOAP REFILL
selected varieties
1.47 L
recharge de savon liquide pour les mains
21715457_EA/21715576_EA

$8



DOVE or **DOVE MEN+ DRY SPRAYS** 107/113 g or **DEODORANT** 74/85 g
selected varieties
atomiseurs ou déodorant
20840721_EA/20844533_EA

$11



AVEENO LOTION or **BABY NEEDS**
selected varieties
532/568 mL
lotion ou produits pour bébé
20102023001_EA/20157402002_EA

$10



BENYLIN COUGH SYRUP
100 mL or **COLD & SINUS TABLETS** 20's
selected varieties
sirop pour la toux ou comprimés pour les sinus
20296733001_EA/20315180001_EA

$11.50



ENSURE or **GLUCERNA READY TO DRINK SHAKES**
selected varieties and sizes
boissons frappées prêtes à boire
20180283003_EA/20308731008_C06

$11



ALWAYS LINERS 92-162's, **PADS** 27-46's or **TAMPAX TAMPONS** 28-54's
selected varieties
boissons frappées prêtes à boire
21020073_EA/21661987_EA

$5



LIFE BRAND® LIQUID HAND SOAP REFILL
selected varieties
2 L
recharge de savon liquide pour les mains
21357613003_EA/21357613004_EA

Optimum

$15

Get 4,000 pts That's $4 value



CETAPHIL FACIAL CLEANSER or **MOISTURIZER**
selected varieties and sizes
nettoyant pour le visage ou hydratant
21718816_EA

Member Price $1

Non-Members $1.25

Members Save 25¢



PC® DISTILLED WATER
4 L
eau distillée
20797191_EA

$6

Get 1,000 pts That's $1 value



HEAD & SHOULDERS HAIRCARE
selected varieties
315-370 mL
soins capillaires
21505016_EA/21505044_EA

SOUTH ASIAN FLAVOURS
AT LOW PRICES

$1.99 LB



GINGER ROOT
product of China or
LONG EGGPLANT
product of Mexico, Dominican Republic or Honduras
racine de gingembre ou aubergine longue
4.39/kg
20179038001_KG/20159013001_KG



99¢

MINT product of Mexico or
CILANTRO product of Canada, Mexico or U.S.A.
bunch
menthe ou coriandre
20139326001_KG/20091825001_KG

99¢ EA/LB



CHAYOTE SQUASH
each, product of Mexico or Honduras or **DAIKON**
2.18/kg, product of China
chayote ou daikon
20167837001_EA/20082109001_KG



$1.49

METHI LEAF
product of Mexico
bunch
feuilles de fenugrec
20159689001_EA

$9.99



MEDJOOL DATES
product of U.S.A.
dattes
20001686_EA

$13.88



SUFRA® HALAL STEWING BEEF
boneless
454 g
bœuf à ragoût halal
21395711_EA

$16



SUFRA® HALAL WHOLE CHICKEN
air chilled
up to 1.7 kg
poulet entier halal
21542436_EA

$9.99



ZABIHA HALAL FIRE CRISP SPICY CHICKEN BURGERS, NUGGETS or **DRUMSTICKS**
selected varieties, frozen
700-750 g
burgers, pépites ou pilons de poulet
21704617_EA

$4



HAPPY DAIRY PANEER
300 g
paneer
21343632_EA

$2.29



HANS DAIRY DAHI
selected varieties
750 g
dahi
20092811_EA

$1.50



KURKURE SNACKS
selected varieties
115 g
collations
20659742_EA

$2.50



BRITANNIA FIFTY FIFTY COOKIES
372 g
biscuits
21205822_EA

$3.49



SURAJ® WHOLE CLOVES
75 g
clous de girofle entiers
20713454_EA

$3.49



KFI COOKING SAUCE
selected varieties
375 mL
sauces à cuisson
20419490001_EA/20419490002_EA

$7.99



NOOR BASMATI RICE
4.54 kg
riz basmati
20056100_EA

$16.99



AASHIRVAAD WHOLE WHEAT FLOUR or **MULTIGRAIN ATTA**
selected varieties
4.55/9.07 kg
atta
21359688_EA

$1.49



TAMAM CHICKPEAS or **RED KIDNEY BEANS**
796 mL
pois chiches ou haricots rouges
21214487_EA

AVAILABLE AT SELECT LOCATIONS ONLY

Insiders Report™

Snack. Serve. Save.

$10



PC® Our Ultimate Butter-Tart Pie
frozen, 497 g
tarte au beurre
21747382_EA



$6.49

PC® Peanuts
selected varieties
700 g
arachides
20057990003_EA

$9



PC® Blue Menu® ground chicken
454 g
poulet haché
21100091_EA

$9



PC® Blue Menu® minced turkey
454 g
hachis de dinde
21100092_EA

$6



PC® Protein muffins
selected varieties, 4's
muffins protéinés
21739320_EA/21739396_EA

$5



PC® apple cider
product of Canada
3 L
cidre de pomme
20000005_EA

$8



PC® Chocolate bar
selected varieties
300 g
barres de chocolat
21689840_EA/21689854_EA

$7



PC® Orange juice
selected varieties, refrigerated
2.5 L
jus d'orange
21531644_EA

$22



PC® Ground or whole bean coffee
selected varieties
800-930 g
café moulu ou en grains
21393334_EA/21393573_EA

$4.75



PC® Focaccia
selected varieties, frozen
415-456 g
focaccia
21471809_EA

$8



PC® Black Label cheddar
selected varieties
250 g
cheddar
21678876_EA/21679025_EA

$15



PC® Belgian chocolate biscuit collection
500 g
collection de biscuits au chocolat
20967791_EA

$3



PC® Tea
selected varieties
20's
thé
20308417_EA/20627612001_EA

$10



PC® Mini Beef Wellington Bites
frozen
288 g
mini-bouchées de bœuf Wellington
21742294_EA

$9



PC® Black Label pizza
selected varieties
frozen
310-440 g
pizza
21531415_EA

$7.29



PC® Soft drinks
selected varieties
12x355 mL
boissons gazeuses
20690671001_C12

Optimum

App exclusive offer

$5



Get 1,000 pts That's $1 value

PC® Vegetables
selected varieties, frozen
350-500 g
légumes
21753671_EA

App exclusive offer

$5.75



Get 1,250 pts That's $1.25 value

PC® or Blue Menu® Sparkling Water
12x355 mL
eau pétillante
21717425_C12

App exclusive offer

$6



Get 2,000 pts That's $2 value

PC® Goat cheese
selected varieties
140 g
fromage de chèvre
21722565_EA/21755808_EA

ONL NFO HIR

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ENDS DECEMBER 2ND

Unlimited delivery with *PC Express* Pass*

$1/month for your first year*

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BFPASS
to sign up.

Learn more



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STRAIGHT TO YOUR PHONE
Text "OFFER" to 374557 (FRILLS)*



*Standard message and data rates may apply.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price . Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

†Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.

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App exclusive offer

Optimum™

November 19-25, 2026

Get **10,000** pts

That's $10 value

for every $100* spent on Apple Gift Cards.



Limit of $500 per customer in a single transaction. Offer expires after one use and cannot be used on subsequent transactions. Subject to availability; selection may vary by region and store. Please check your local store for availability. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every $100 spent on APPLE GIFT CARDS in a single transaction at any participating Loblaw banner grocery stores; Shoppers Drug Mart and Pharmaprix stores and online at shoppersdrugmart.ca/giftcards and pharmaprix.ca/giftcards. Loblaw banner store locations include: Real Canadian Superstore, Loblaws, Zehrs, Your Independent Grocer, Atlantic Superstore, Dominion, No Frills, Fortinos, Maxi, and Provigo. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards. Must be a registered PC Optimum member. If purchased at a Shoppers Drug Mart or Pharmaprix store, please allow up to 3 weeks for points to be added to your PC Optimum account. All trademarks are the property of their respective owners.

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FRESH GUARANTEE — If your produce isn't fresh, we'll replace AND refund it.

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