



HOT HOT HOT DEALS

Shop a completely remodelled
store with the same great deals!

Get
5,000
pts
When you
spend \$25*

**AVEENO HAIR, BODY
CARE, SKINCARE OR
BABY PRODUCTS**
SELECTED VARIETIES AND SIZES
21505337_EA/20102023001_EA



Optimum

\$5
back in
points

Buy 1, Get 1*
50%
OFF
*OF EQUAL OR LESSER VALUE
5.00-40.00

PC TOWELS
SELECTED VARIETIES
21306987_EA/21306836_EA



LIMIT 2
\$49
OVER LIMIT PAY 65.00 EA

**PC 12 PEICE
DINNERWARE SET**
21487374_EA



\$3

**BEGGIN' STRIPS
DOG TREATS**
SELECTED VARIETIES, 155 G-170 G
20756559_EA/20007880_EA



LIMIT 4
\$17
OVER LIMIT PAY 20.99 EA

**ARM AND HAMMER
CAT LITTER**
SELECTED VARIETIES
6.35- 9.50 KG
21097017_EA



Retails available in select stores.

BACK TO SCHOOL & BACK TO ROUTINE

2⁴⁹

LIMIT 4
OVER LIMIT PAY
4.49 EA

CHRISTIE COOKIES
SELECTED VARIETIES, 224-303 G
21358407_EA/21361508_EA



ONLY
7⁹⁹

NO NAME® PARTY MIX
908 G
20009793_EA



WOW
2²⁸

MADE GOOD CRISPY SQUARES 132 G,
MINI COOKIES 120 G, **CRUNCHY COOKIE** 200 G,
GRANOLA BITES 120-185 G, **MORNINGS** 150 G,
OAT CUPS 175 G, **CRUNCHY SQUARES** 150 G
OR GRANOLA BARS 120 G
SELECTED VARIETIES
21579350_EA/21654072_EA



Optimum

App exclusive offer

ALWAYS
LOW PRICE
\$10

Get
2,000
pts

\$2
back in
points

**BREADED CHICKEN,
MEATBALLS, GROUND POULTRY
OR HORS D'OEUVRES FROZEN**
700 G-1.816 KG, **SOLE OR POLLOCK
FILLETS, SMOKED SALMON,
BREADED SQUID OR POPCORN
SHRIMP, IMITATION CRABMEAT
OR SEAFOOD MEDLEY** 200-908 G
FROZEN

21447587_EA/21669059_EA
21473656_EA/21473698_EA
*Open your PC Optimum™ app or
visit pcoptimum.ca
to get the offer.



**200 G-
1.816 KG**

21⁴⁹

LIMIT 4
OVER LIMIT PAY
23.99 EA

GATORADE SPORTS DRINK
SELECTED VARIETIES, 24X591 ML
20298835002_C24/20325703_C24



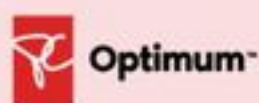
CLUB
SIZE



* Please note that not all items are available in all stores.

ALWAYS LOW PRICE

Find set prices on everyday items.



App exclusive offer

ALWAYS
LOW PRICE

\$3.75

Get

1,000

pts

\$1

back in
points

**ZIGGY'S SLICED
DELI MEATS**
SELECTED VARIETIES, 175 G
21592461_EA/21596554_EA
*Open your PC Optimum™
app or visit pcoptimum.ca
to get the offer.



ALWAYS
LOW PRICE

\$3.75

PC® OR BLUE MENU® TORTILLAS
SELECTED VARIETIES, 342-650 G
21447318_EA/21650045_EA



ALWAYS
LOW PRICE

\$3

**NO NAME® NATURALLY IMPERFECT®
FROZEN FRUIT**
SELECTED VARIETIES, 300/400 G
21545095_EA/21545106_EA



ALWAYS
LOW PRICE

\$4

PC® ORGANICS APPLE SAUCE
SELECTED VARIETIES, 6X100 ML
20320493001_EA/21306828_EA



ALWAYS
LOW PRICE

\$4.50

PC® ORGANICS ANIMAL COOKIES
SELECTED VARIETIES, 250 G
20181028_EA/20304981_EA



Limited-time deals on PC® home & more.

Members Price*
\$20

Non-Members
\$40

Members Save \$20

PC® HYGROCOTTON TOWELS
21639045_EA

3 PIECE SET

**Must be a registered PC Optimum™ member to load and get this offer.

REAL CANADIAN SUPERSTORE

PROUDLY CANADIAN

PORK LOIN COMBINATION CHOPS SIRLOIN, CENTRE-CUT, AND RIB PORTION BONE-IN, CUT IN-STORE
21618256_KG

SALE

2.99
LB
6.59/KG

CLUB SIZE

SALE

99¢
LB
2.18/KG

ORCHARD RUN GALA APPLES
PRODUCT OF WESTERN PROVINCES
21160658001_KG

PRODUCT OF CANADA

HOT DEAL

11.88
LB
26.19/KG

BEEF FLANK STEAK OR SHORT RIBS KOREAN STYLE OR BRAISING CUT FROM CANADA AA OR HIGHER
20810384_KG/20810386_KG/21738830_KG

Optimum®

App exclusive offer

\$10

Get **2,000** (pts)

\$2 back in points

NO NAME® FLOUR
SELECTED VARIETIES, 10 KG
20022248_EA/20306865_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

CLUB SIZE

PREPARED IN CANADA

FREE

WHEN YOU SPEND \$300 OR MORE

in a single transaction, in-store or through PC Express™ online pickup or delivery

UP TO \$25 VALUE

EASY & SIMPLE FAMILY MEAL IDEAS
2.45 KG
21619432_EA

CLUB SIZE

\$6

LIMIT 4
OVER LIMIT PAY 8.49 EA

SEAQUEST® COLOSSAL WHITE SHRIMP
16-20/LB, 300 G,
BASA STEAKS OR WHOLE WILD CHUB MACKEREL
1 KG
FROZEN
20910469_EA/21043887_EA

6.50

LIMIT 6
OVER LIMIT PAY 11.00 EA

MITCHELL'S MEAT STICKS 450 G OR
SCHNEIDERS PEPPERETTES
225-375 G
SELECTED VARIETIES
21337025_EA/21738518_EA

ONLY 8.79

NO NAME® CHEESE BARS
SELECTED VARIETIES, 700 G
20975773_EA

marble farmer's cheese - fromage farmer's marbré
21% M.F./A.L.S. - 44% MOISTURE/HAUMIDE
700 g

PREPARED IN CANADA

SALE

6.97

LIBERTÉ GREEK YOGURT
SELECTED VARIETIES
650/750 G
207043161001_EA
21333457_EA

1.49

LIMIT 4
OVER LIMIT PAY 2.29 EA

CAMPBELL'S BROTH OR CONCENTRATED BROTH
SELECTED VARIETIES
250/900 ML
20322348002_EA
21347245_EA

4.87

LIMIT 4
OVER LIMIT PAY 6.49 EA

GENERAL MILLS FAMILY SIZE CEREAL
SELECTED VARIETIES,
475-778 G
21103492_EA/21103495_EA

1.79

LIMIT 4
OVER LIMIT PAY 2.25 EA

OASIS JUICE, HYDRAFRUIT, DEL MONTE NECTAR OR ARIZONA ICED TEA
SELECTED VARIETIES
960 ML
20336722005_EA
20894117004_EA

SALE

3.99

MELONA ICE BAR
SELECTED VARIETIES
FROZEN, 560 ML
21622818_EA

4.88

LIMIT 4
OVER LIMIT PAY 5.49 EA

NONG SHIM NOODLE SOUP
SELECTED VARIETIES
400-508 G
21503849_EA
21504161_EA

11.99

LIMIT 4
OVER LIMIT PAY 17.99 EA

ROYALE BATHROOM TISSUE
SELECTED VARIETIES
21631084_EA/21691624_EA

PREPARED IN CANADA

16=48 ROLLS

\$11

LIMIT 4
OVER LIMIT PAY 14.99 EA

PURE PROTEIN, ENSURE OR GLUCERNA READY TO DRINK SHAKES
SELECTED VARIETIES AND SIZES
20539046_EA
21333482_EA

President's Choice

Smooth, creamy hummus meets snack-sized naan

Baked with buttermilk and ghee

Optimum®

App exclusive offer

3.50

Get **1,000** (pts)

\$1 back in points

PC® HUMMUS OR NAAN DIPPERS
SELECTED VARIETIES, 200/227 G
20584097_EA/21092033_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

HEALTH, BEAUTY & MORE FOR LESS

**BUY 1
GET 1
FREE**

OGX HAIRCARE
SELECTED VARIETIES
AND SIZES
11.00-12.49
2279693005_EA/21245281_EA
FREE ITEM MUST BE OF
EQUAL OR LESSER VALUE



Optimum

**UP TO
25%
OFF**
11.00-17.00
AFTER SAVINGS

Get
**5,000
pts**
When you
spend \$25*

**\$5
back in
points**

**GARNIER MICELLAR
WATER OR MAYBELLINE
SKY HIGH MASCARA**
SELECTED VARIETIES AND SIZES
700 ML
21344689003_EA/21427468_EA



Optimum

**UP TO
20%
OFF**
6.79-39.99
AFTER SAVINGS

Get
**4,000
pts**
When you
spend \$20*

**\$4
back in
points**

**NIVEA SKINCARE
PRODUCTS**
SELECTED VARIETIES AND SIZES
21302584_EA/21722989_EA



Optimum

**UP TO
25%
OFF**
4.39-9.74
AFTER SAVINGS

Get
**1,500
pts**

**\$150
back in
points**

**PANTENE 255-308 ML
OR HEAD AND
SHOULDERS 613 ML
SHAMPOO OR CONDITIONER**
SELECTED VARIETIES AND SIZES
21431193_EA/21505226_EA



\$4

**LIMIT 6
OVER LIMIT PAY
5.79 EA**

**AXE DEODORANT 76/85 G,
BODY SPRAY 113 G,
BODY WASH OR
HAIR CARE 473 ML**
SELECTED VARIETIES
21042585_EA/21438255_EA

Optimum

\$9
LIMIT 6, OVER LIMIT
PAY 11.49 EA

Get
**1,000
pts**

**\$1
back in
points**

**DOVE BODY
WASH 591-710 ML
OR BAR SOAP 6X106 G**
SELECTED VARIETIES
21221317_EA/21518321_EA



SEPTEMBER

HIT
OF THE
MONTH

MAYNARDS OR SOUR PATCH KIDS CANDY
SELECTED VARIETIES, 230-315 G
20188881_EA/21545809_EA



**PC® KETTLE COOKED OR
RIPPLED KETTLE POTATO CHIPS**
SELECTED VARIETIES, 200 G
21422931_EA/21686985_EA



HARVEST PORK SAUSAGE
SELECTED VARIETIES, 250-500 G
21724040_EA/21724151_EA



**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local areas.
Valid from September 1 - 30, 2026. While quantities last. See in-store for details.

BACK TO SCHOOL

BACK TO ROUTINE

1²⁷

LIMIT 4
OVER LIMIT PAY
1.69 EA

**KD ORIGINAL
MACARONI AND
CHEESE**
200 G
21549526_EA



\$2

LIMIT 4
OVER LIMIT PAY
3.49 EA

**CAMPBELL'S
CHUNKY SOUP**
SELECTED VARIETIES, 515 ML
21480447_EA/21480472_EA



2⁵⁰

LIMIT 4
OVER LIMIT PAY
3.99 EA

**NATURE VALLEY SWEET & SALTY
GRANOLA BARS**
SELECTED VARIETIES, 160-175 G
21714093_EA/21714114_EA



3⁹⁹

LIMIT 4, OVER LIMIT
PAY 5.49 EA

Get
500
pts

KELLOGG'S PREMIUM CEREAL
SELECTED VARIETIES, 210-525 G
20067427_EA/21430734_EA



2⁹⁷

LIMIT 4
OVER LIMIT PAY
3.50 EA

LAY'S POTATO CHIPS
SELECTED VARIETIES, 177-235 G
21241032_EA/21664493_EA



4⁴⁸

LIMIT 4
OVER LIMIT PAY
5.79 EA

CHRISTIE FAMILY COOKIES 374-460 G OR
CAKESTERS 285 G
SELECTED VARIETIES
21014087_EA/21712437_EA



4⁵⁰

LIMIT 6
OVER LIMIT PAY
5.99 EA

**HERSHEY'S, REESE'S, BROOKSIDE OR
OH HENRY! BAGGED CHOCOLATES OR CANDY**
SELECTED VARIETIES, 160-270 G
21717610_EA/21717644_EA



7⁴⁹

LIMIT 4
OVER LIMIT PAY
9.29 EA

**NESCAFÉ GOLD
INSTANT COFFEE**
SELECTED VARIETIES, 90-100 G
21074565_EA/21308018_EA



6⁹⁷

LIMIT 4
OVER LIMIT PAY
8.49 EA

**LYSOL LAUNDRY
DISINFECTANT 1.2 L,
MULTI-PURPOSE
DISINFECTANT
SPRAY 539 G OR
TOILET BOWL
CLEANER 2X710 ML**
SELECTED VARIETIES
21238361_EA/21487308_EA



22⁴⁸

LIMIT 4
OVER LIMIT PAY
29.99 EA

BOUNTY SELECT-A-SIZE PAPER TOWELS
8-24 ROLLS
21670311_EA





GROWN IN CANADA

FROM YOUR FARMERS

Fresh vegetables, even in winter. That's the reality at Big Marble Farms, where more than 220 acres of greenhouses in Alberta produce cucumbers, tomatoes, peppers, eggplants, and lettuce 365 days a year. With over 60 years of growing experience, this family-owned farm helps keep fresh produce on Canadian tables in every season.



Ryan Cramer
Big Marble Farms
Cypress County, Alberta

3.48

FARMER'S MARKET™ MINI CUCUMBERS
PRODUCT OF CANADA, 11'S
21070679001_EA



**CLUB
SIZE**

1.99

CELERY
PRODUCT OF
WESTERN PROVINCES
20163119001_EA



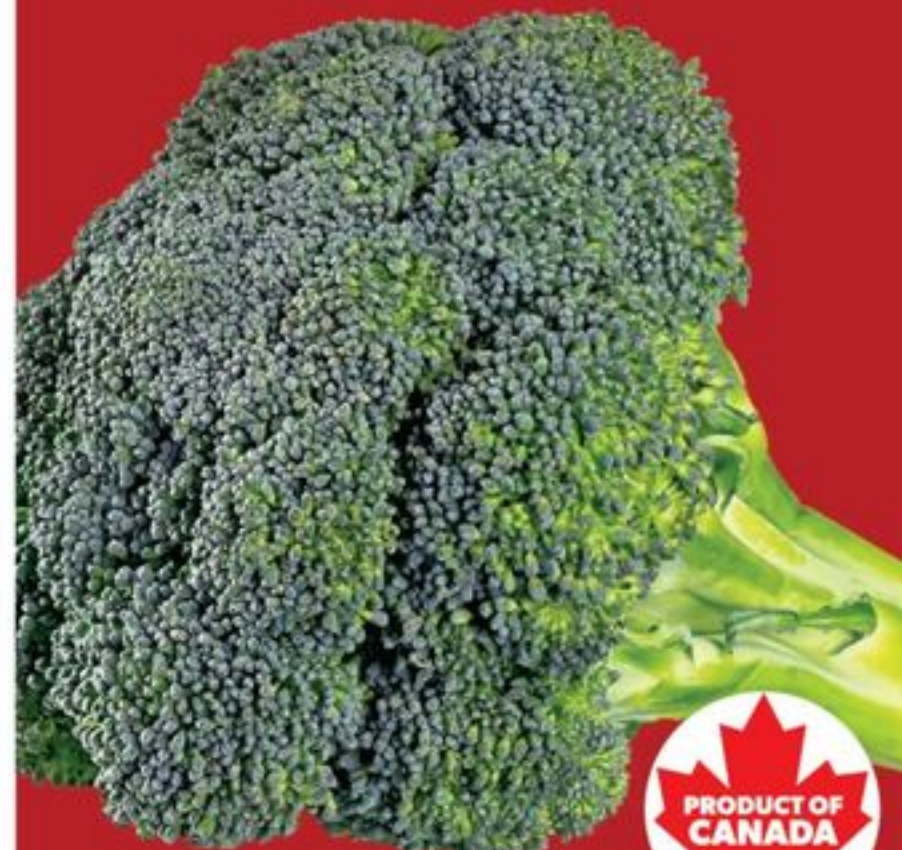
2.99

CAULIFLOWER
PRODUCT OF CANADA
20135377001_EA



3.44

BROCCOLI
PRODUCT OF CANADA
20145621001_EA



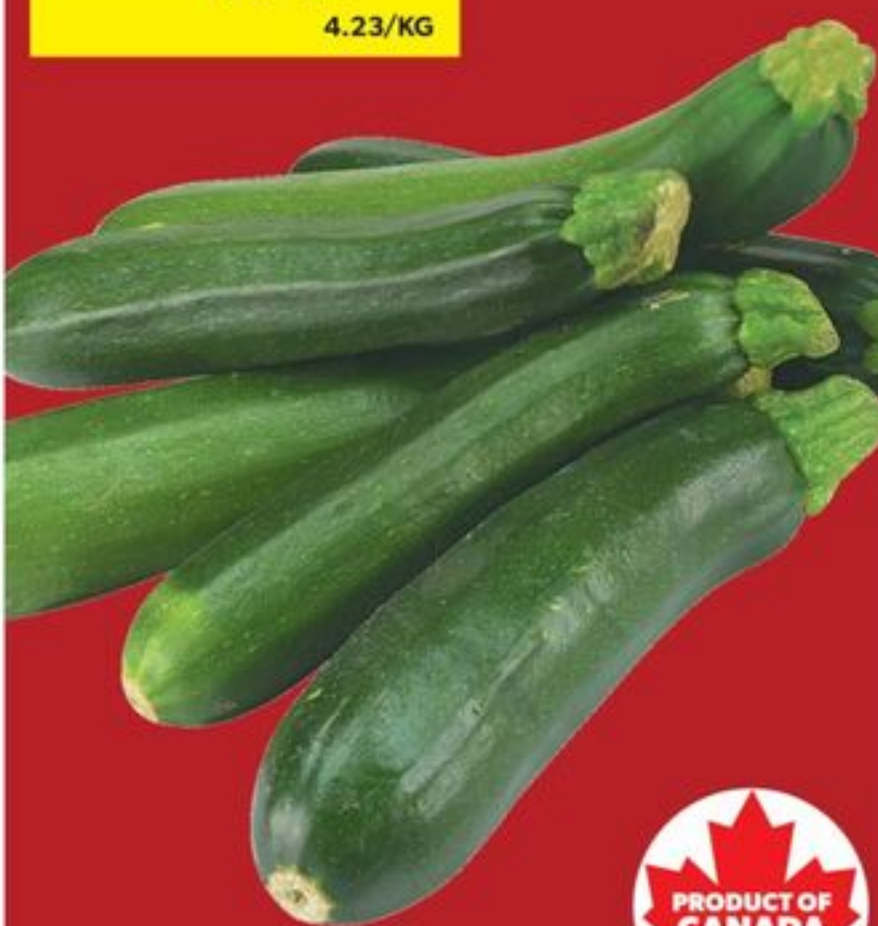
99¢
LB
2.18/KG

GREEN CABBAGE
PRODUCT OF
WESTERN PROVINCES
20793034001_KG



1.92
LB
4.23/KG

GREEN ZUCCHINI
PRODUCT OF CANADA
20426596001_KG



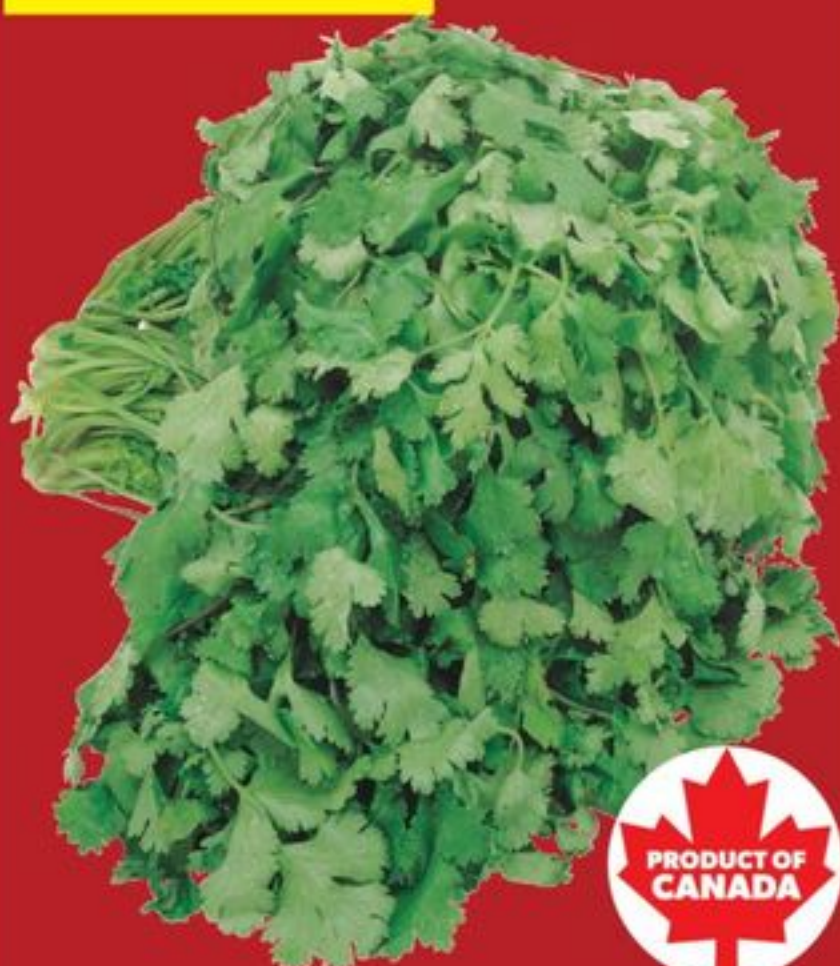
2.98

**PC® LITTLE GEMS™ RED,
YELLOW OR MIXED
MINI POTATOES**
PRODUCT OF CANADA
CANADA NO. 1 GRADE, 680 G
21247299001_EA/21247300001_EA



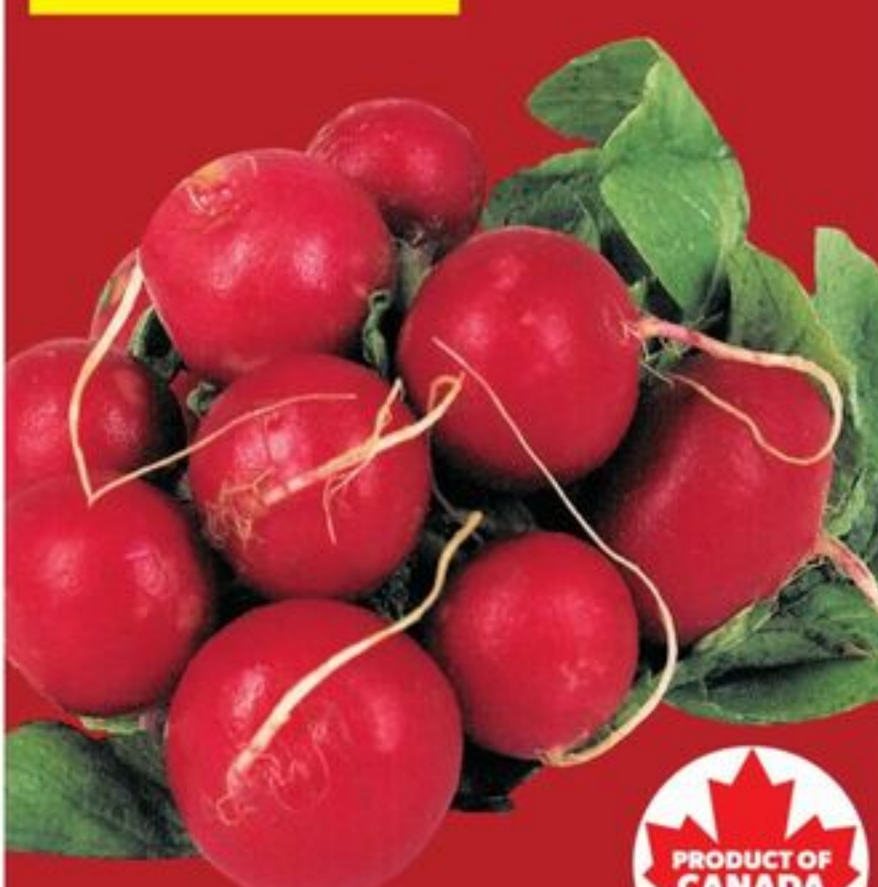
99¢

CILANTRO
PRODUCT OF CANADA
20091825001_EA



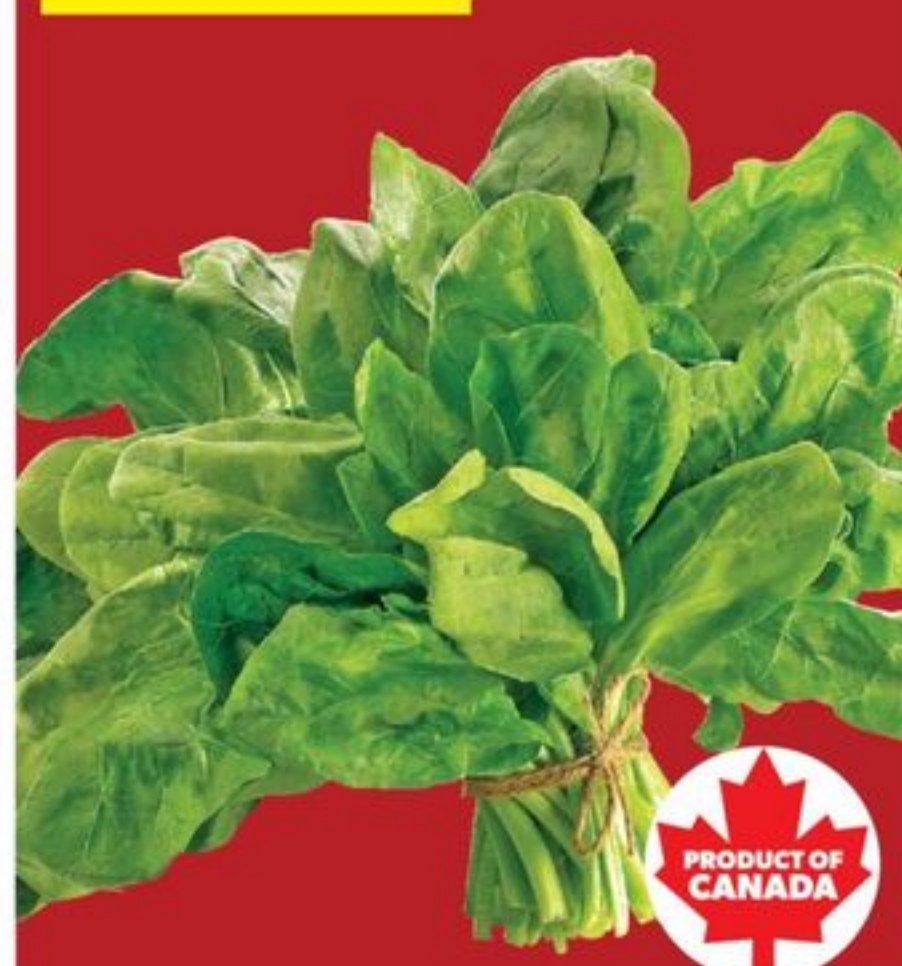
1.49

BUNCHED RADISH
PRODUCT OF CANADA
20032320001_EA



1.99

BUNCHED SPINACH
PRODUCT OF WESTERN
PROVINCES
20162840001_EA



**FRESH
PROMISE**

**If it's not fresh,
it's free.**

\$6

**FARMER'S
MARKET™
LEMONS**
PRODUCT OF
SOUTH AFRICA
20798811001_EA



3 LB

KIWI
PRODUCT OF CHILE, CLUB SIZE
21576456001_EA

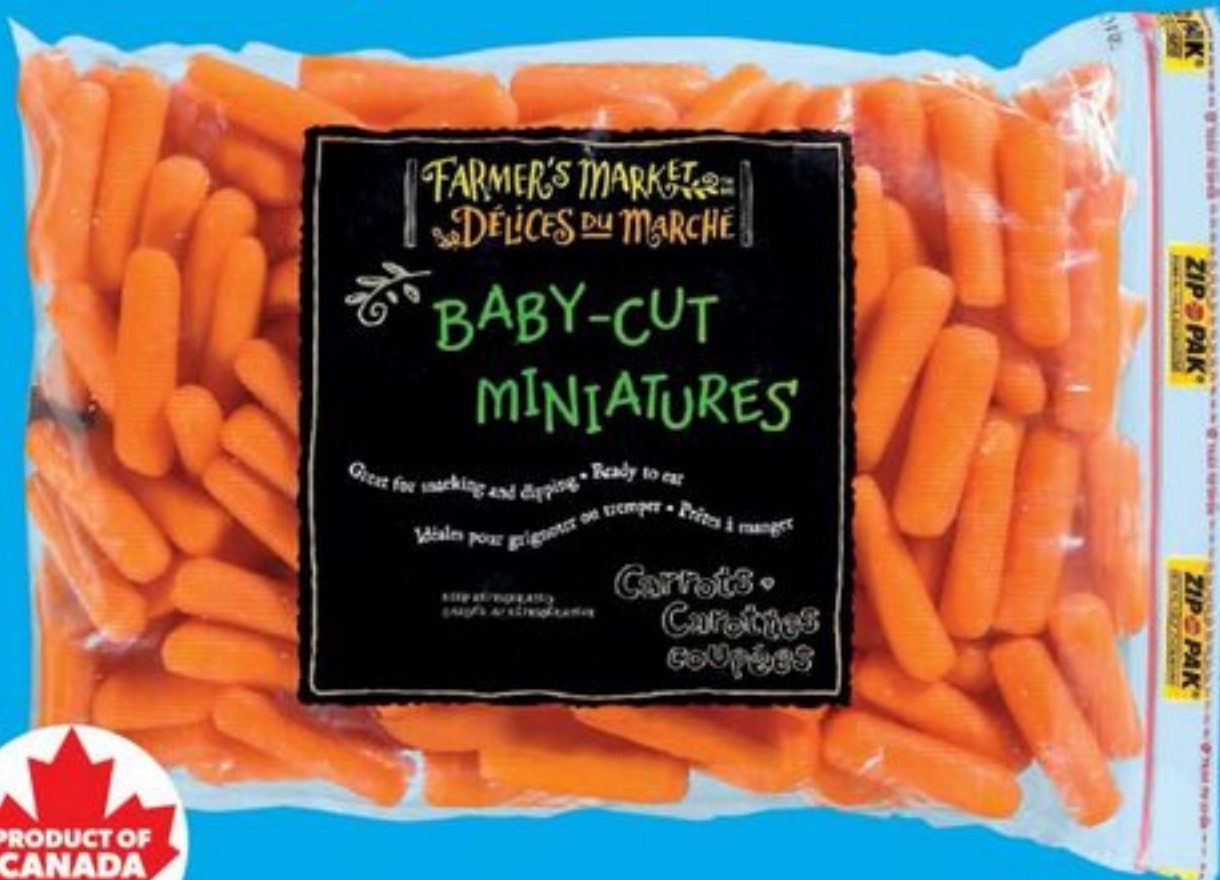
\$9



2 LB

3⁸⁸

**FARMER'S MARKET™
MINI CARROTS**
PRODUCT OF CANADA
CANADA NO. 1 GRADE, 907 G
20031454001_EA



Optimum™
App exclusive offer

549

Get
1,000
pts

\$1
back in
points



PC® MANDARINS
PRODUCT OF PERU
OR SOUTH AFRICA
20864961001_EA
*Open your PC Optimum™ app or
visit pcoptimum.ca to get the offer.

3 LB

4⁵⁰

**FARMER'S
MARKET™
RED ONIONS**
PRODUCT OF
CANADA OR U.S.A.,
NO. 1 GRADE
20811362001_EA



3 LB

BEEFSTEAK TOMATOES
PRODUCT OF CANADA OR MEXICO
20426141001_KG

1⁹²
LB
4.23/KG



**CLUB
SIZE**

5⁹⁹

BLUE GRAPES
PRODUCT OF CANADA
NO. 1 GRADE, 2 L
20917963001_EA



3⁹⁹

**TAYLOR FARMS
CHOPPED SALAD KITS**
SELECTED VARIETIES
PRODUCT OF U.S.A., 267-383 G
21335140_EA/21335159_EA



\$20

**FARMER'S MARKET™
MUM PLANTER**
SELECTED VARIETIES, 13 INCH
20214368_EA



ZESTY PEPPERS

Turn up the heat, not the cost.

FRESH PROMISE

5⁹⁸

FARMER'S MARKET™ SWEET PEPPERS
MIXED
PRODUCT OF CANADA
6'S
21030970001_EA



CLUB SIZE

GREEN SWEET PEPPERS
PRODUCT OF WESTERN PROVINCES
20425893001_KG

1⁹²
LB
4.23/KG



\$5

MINI MIXED SEEDLESS PEPPERS
PRODUCT OF CANADA OR MEXICO, 454 G
21646572001_EA



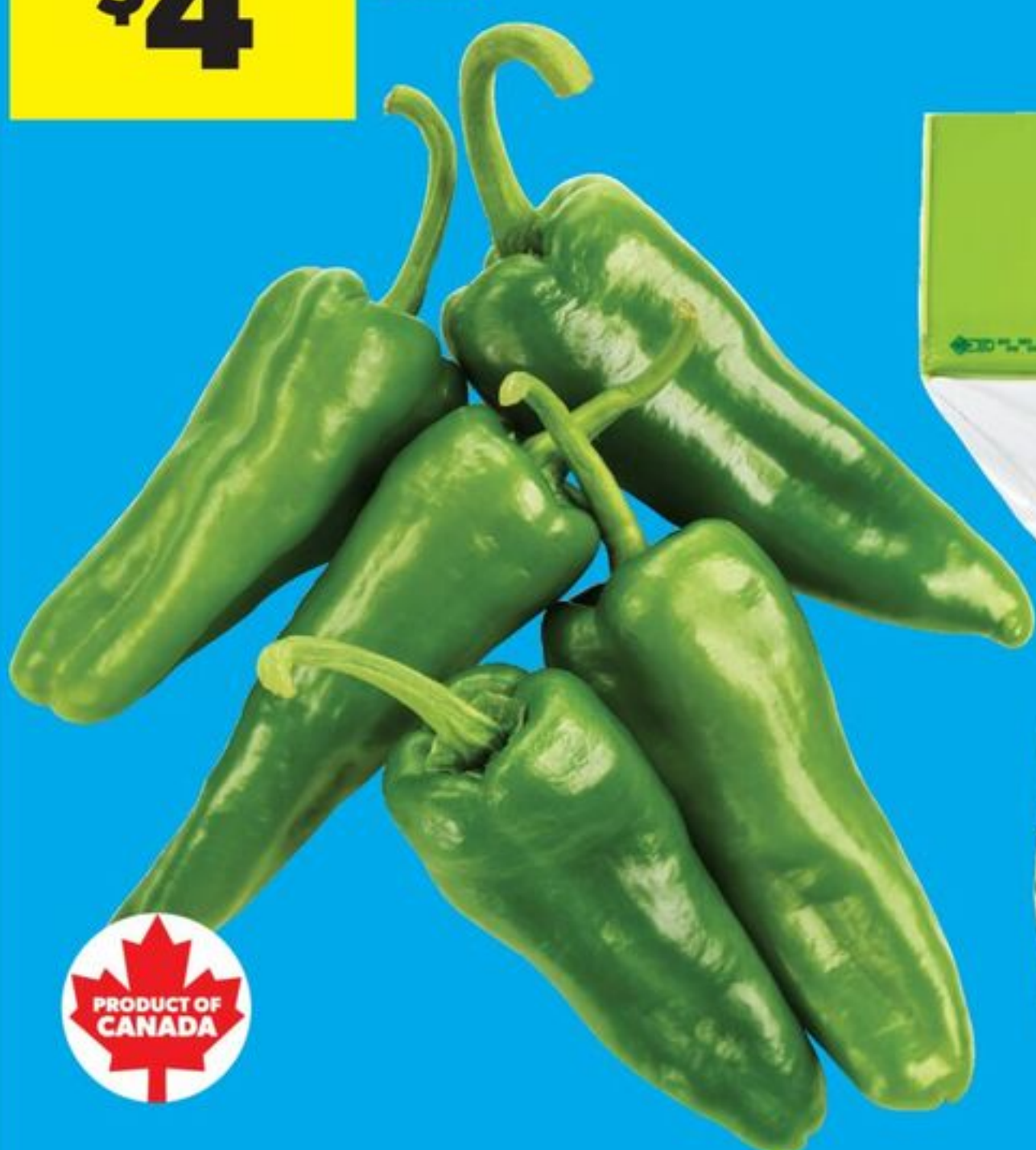
3⁹⁹
LB
8.80/KG

JALAPENO PEPPERS
PRODUCT OF CANADA
OR MEXICO
20098387001_KG



\$4

SHISHITO PEPPERS
PRODUCT OF WESTERN PROVINCES
227 G
21111986001_EA



PC® HOT PEPPERS
PRODUCT OF CANADA, MEXICO
OR VIETNAM, 75-226 G
21454051001_EA / 21454049001_EA

\$4



9⁹⁹
LB
22.02/KG

FARMER'S MARKET™ HOT FINGER PEPPERS
PRODUCT OF CANADA
OR MEXICO
20083681001_KG



\$4

SHISHITO PEPPERS
PRODUCT OF WESTERN PROVINCES
227 G
21111986001_EA

PC® ORGANICS SWEET PEPPERS
PRODUCT OF WESTERN PROVINCES
2'S
20690699001_EA

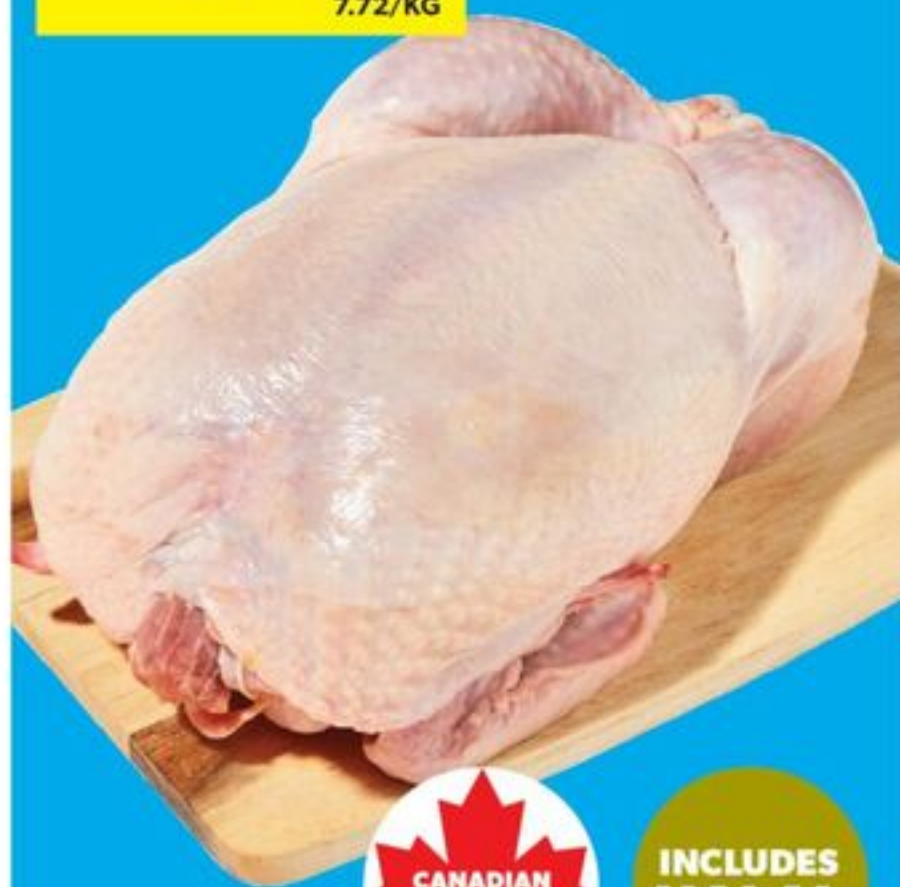
\$5



SUPER FRESH

3.50
LB
7.72/KG

WHOLE CHICKEN
FRESH
20147976_KG/20751661_KG



INCLUDES
HALAL

3.50
LB
7.72/KG

CHICKEN DRUMSTICKS
FRESH
20004494_KG



INCLUDES
HALAL

**CLUB
SIZE**

3.50
LB
7.72/KG

PORK PICNIC HALVES
21614767_KG



4.50
LB
9.92/KG

**MEDIUM
GROUND PORK**
20639981_KG



**CLUB
SIZE**

2.50

**SCHNEIDERS LUNCH
OR SNACK KITS**
SELECTED VARIETIES, 75-120 G
21120891_EA/21310034_EA



PREPARED IN
CANADA

\$12

PC® SMOKIES™
SELECTED VARIETIES, 1 KG
20732535_EA



PREPARED IN
CANADA

**CLUB
SIZE**

\$11

**NO NAME®
CANTONESE-STYLE
EGG ROLL**
SELECTED VARIETIES, FROZEN,
1.25 KG
21607035_EA/21607107_EA



PREPARED IN
CANADA

\$13

**LIMIT 4
OVER LIMIT PAY
17.00 EA**

**JANES BONELESS
CHICKEN BITES,
FILLETS, TENDERS
OR SANDWICH**
SELECTED VARIETIES, FROZEN,
710-750 G
21440340_EA/21740799_EA



\$16

**PC® FREE FROM®
AUSTRALIAN LEAN
GROUND LAMB**
454 G
21352008_EA



INCLUDES
HALAL

\$12
LB
26.45/KG

**FRESH STEELHEAD
TROUT FILLETS**
21587353_KG



**CLUB
SIZE**

\$6

**LIMIT 4
OVER LIMIT PAY
7.99 EA**

**SEAQUEST®
CRAB FLAVOURED
ALASKA POLLOCK**
SELECTED VARIETIES,
READY-TO-EAT, 454 G
20591152_EA/20591951_EA



\$6

**SEAQUEST®
SEAFOOD MEDLEY 340 G
OR VIVASEA COOKED
MUSSELS 500 G, FROZEN**
21592029_EA/21595040_EA



\$3

**YELLOWFIN
TUNA STEAK 92 G,
SEAQUEST® COOKED
SHRIMP 61-90/LB
OR RAW SHRIMP 51-70/LB,
160G, FROZEN**
21694839_EA/21712241_EA



\$8

**LIMIT 4
OVER LIMIT PAY
10.00 EA**

**PC® COOKED
SHRIMP 31-40/LB, 400 G
OR BASA FILLETS 908 G,
FROZEN**
20791381_EA/21473748_EA



\$19

**NANUK SMOKED
COHO SALMON
300 G OR IFC SEAFOOD
CANADIAN
SNOW CRAB
CLUSTERS 500 G, FROZEN,**
20114139_EA/21615011_EA



SUPER FRESH

\$4

**CINNAMON
RAISIN BREAD**
468 G OR **CHOCOLATE
CROISSANTS** 4'S
SELECTED VARIETIES,
BAKED IN-STORE
20729432_EA/21527027_EA



2/\$6
OR 3.49 EA

**D'ITALIANO
BREAD OR BUNS**
SELECTED VARIETIES, 420-675 G
20038335_EA/20626949_EA



4⁵⁰

ACE BISTRO LOAF
SELECTED VARIETIES, 545-640 G
21061516_EA/21707813_EA



2⁹⁵

**VACHON SNACK
CAKES** 250-336 G
OR **HOTNESS CRAZE
SNACK CAKES** 200-324 G
SELECTED VARIETIES
20963606_EA/21741080_EA



\$5

**STRUDELS,
TURNOVERS 6'S
OR MINI DANISHES 8'S**
SELECTED VARIETIES BAKED
IN-STORE
21473146_EA/21476309_EA



**LIMIT 4
OVER LIMIT PAY
6.00 EA**

5⁵⁰

**FARMER'S MARKET™
LOAF CAKE WHOLE OR
SLICED OR SIMPLE JOY
ICED SLICED CAKE**
SELECTED VARIETIES, 344-400 G
20610846_EA/21542157_EA



3⁵⁰
/100 G

**PC® OR BLUE MENU™
TURKEY, CHICKEN
OR SALAMI DELI
SERVICE CASE**
SELECTED VARIETIES, 100G
20302980_KG



\$6

**MAPLE LEAF
NATURAL SELECTIONS
OR SCHNEIDERS
SLICED MEATS**
SELECTED VARIETIES, 150/175 G
20065285_EA/21550982_EA



\$11

**MASTRO GENOA
OR CHORIZO SALAMI,
CHARCUTERIE TRIO
OR GRAN PIATTO
OR SAN DANIELE
SLICED PROSCIUTTO**
SELECTED VARIETIES, 200-600 G
21149932_EA/21554465_EA



\$10

TRE STELLE FETA 375 G
OR **CASTELLO
HAVARTI** 425 G
SELECTED VARIETIES
21527851_EA/21616707_EA



\$10

**SAPUTO PETAL
PARMESAN CHEESE**
300 G
20600090_EA



\$15
LIMIT 4, OVER LIMIT
PAY 16.99 EA

Get
1,000
pts

\$1
back in
points

**TRE STELLE
MOZZARELLA
CHEESE**
750 G
21062477_EA



Members Price™
5⁵⁰

Non-Members
6⁵⁰

Members
Save
\$1

**THE SNACK FACTORY
PRETZEL CRISPS
CHOCOLATE PRETZEL
SNACKS**
SELECTED VARIETIES, 155 G
21576322_EA/21576333_EA

***Must be a registered PC Optimum™ member to load and get this offer.



2/\$10
OR 6.00 EA

**IN-STORE MADE
SOFTIES OR SUB
SANDWICHES**
SELECTED VARIETIES, 180/184 G
20160224_EA/21623796_EA



2/\$17
OR 10.00 EA

**ZEN GOURMET, READY
TO HEAT MEALS**
SELECTED VARIETIES, 450G
21748437_EA/21748771_EA





SHOP THE WORLD IN OUR AISLES*

From bok choy to basmati rice, find
international ingredients at low prices.

SHOP NOW



1⁹⁸
LB
4.37/KG

LONG EGGPLANT
PRODUCT OF MEXICO
20159013001_KG



2⁵⁰
LB
5.51/KG

GINGER ROOT
PRODUCT OF CHINA
201790389001_KG



\$10

PMC SQUID TUBES, SWIMMING CRAB 680 G
OR **SQUID TENTACLES** 400 G,
FROZEN
20809866_EA/21594562_EA



9⁵⁰

SUFRA' HALAL LEAN GROUND BEEF
454 G
21397283_EA



3⁹⁹

SIWIN LONGANISA, TOCINO OR HOTDOGS
SELECTED VARIETIES, 300/375 G
20546965_EA



\$6

PC' MINI VEGETABLE OR CHICKEN SAMOSAS
FROZEN, 288/345 G
20581030_EA/20603356_EA



2/\$5
OR 3.99 EA

SURAJ' NAAN FLATBREADS
SELECTED VARIETIES, 500 G
21050380_EA/21051353_EA



8⁹⁹

TILDA BASMATI RICE
SELECTED VARIETIES, 1.81 KG
20013920_EA

**LIMIT 4
OVER LIMIT PAY
11.99 EA**



4⁹⁹

SURAJ' DRY BEANS, CHICKPEAS OR LENTILS
SELECTED VARIETIES, 1.8/1.81 KG
20558755_EA/20558757_EA



1⁵⁰

PRAN NOODLE SOUP
SELECTED VARIETIES, 280 G
21685517_EA/21685687_EA

**LIMIT 4
OVER LIMIT PAY
1.69 EA**



2⁵⁰

RUBICON JUICE DRINKS
SELECTED VARIETIES,
1L OR 4X200 ML
200239236001_EA/20296770002_EA

**LIMIT 4
OVER LIMIT PAY
2.99 EA**



6⁵⁰

SHER BESAN FLOUR
1.81 KG
20869922_EA

**LIMIT 4
OVER LIMIT PAY
7.99 EA**



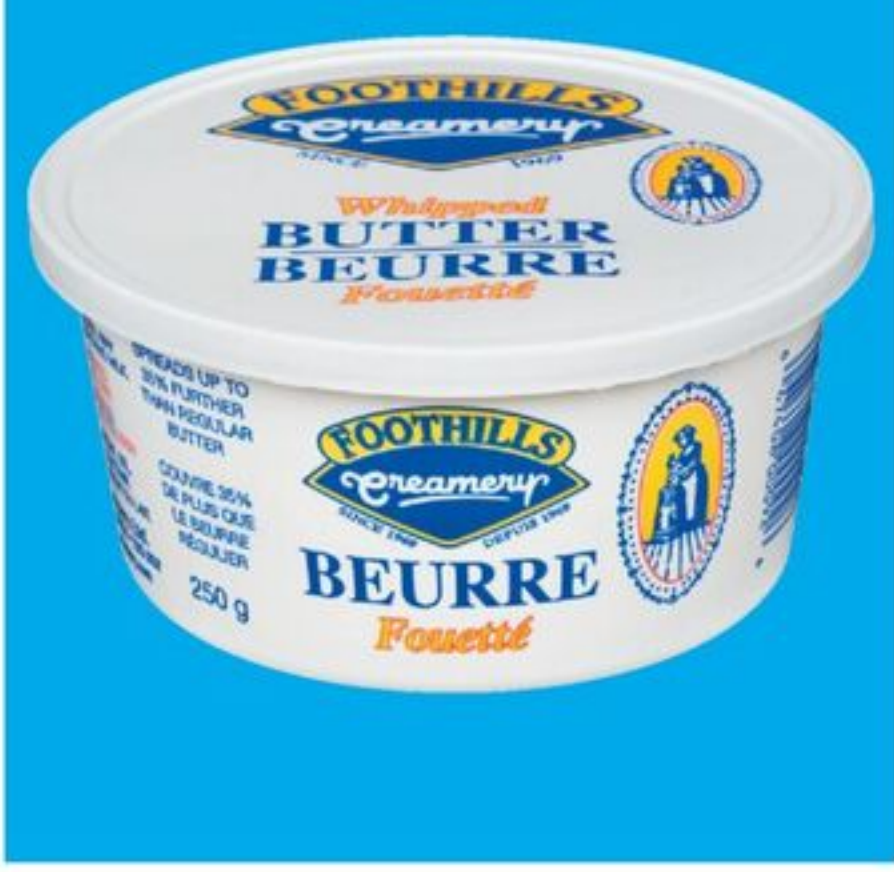
4/\$6
OR 1.99 EA

HALDIRAM'S SNACKS
SELECTED VARIETIES, 90-150 G
20309425_EA/20309977_EA



5⁴⁹

FOOTHILLS WHIPPED BUTTER
250 G
20095484_EA



3⁴⁹

PRAN FROZEN SAMOSAS OR VEGETABLE SPRING ROLLS
SELECTED VARIETIES, FROZEN,
400 G
21054779_EA



HAPPY MID-AUTUMN FESTIVAL



**Celebrate
together and
save on 1100+
East Asian
products**

1⁹⁸
LB
4.37/KG

**BABY BOK
CHOY OR
SHANGHAI
BOK CHOI**
PRODUCT OF
MEXICO, U.S.A.
OR CANADA
20032454001_KG
20082279001_KG



98¢
LB
2.16/KG

**ASIAN
YELLOW
PEARS**
PRODUCT OF CHINA
20035618001_KG



\$3
LB
6.61/KG

**JAPANESE
SWEET YAM**
PRODUCT OF U.S.A.
OR VIETNAM
20524922001_KG



1²⁸
LB
2.82/KG

**CHINESE
JUMBO
CARROT**
PRODUCT OF CHINA
20851084001_KG



4⁴⁹
LB
9.90/KG

GRADE A DUCK
20078881_KG



\$4
LB
8.82/KG

BEEF LIVER
FRESH
20799408_KG



\$3
LB
6.61/KG

**WHOLE DRESSED
TILAPIA OR WILD
CHUB MACKEREL**
FROZEN
20189341_KG/21615951_KG



2⁸⁸

**YUKI & LOVE DESSERT
MOCHI**
SELECTED VARIETIES, 120 G
21732187_EA/21732290_EA



3⁴⁸

**INDOMIE
INSTANT NOODLES**
SELECTED VARIETIES, 400/425 G
20686719_EA/21635892_EA



6⁸⁸

**DANISA BUTTER
COOKIES**
SELECTED VARIETIES, 454 G
21245259_EA

**LIMIT 4
OVER LIMIT PAY
7.79 EA**



2⁹⁹

KJ DUMPLINGS
SELECTED VARIETIES, FROZEN,
300 G
21357897_EA



4⁹⁸

**T&T SHIITAKE
MUSHROOM CRISPS**
150 G
21446094_EA

**LIMIT 4
OVER LIMIT PAY
6.79 EA**



2/⁴⁸⁸
OR 2.89 EA

ROOSTER TOFU
SELECTED VARIETIES, 454 G
21474492_EA/21474765_EA



\$1

MEGA SARDINES
SELECTED VARIETIES, 155 G
20774710_EA/20774942_EA



12⁸⁸

**DIAMOND G
CALROSE RICE**
20218689_EA

**LIMIT 4
OVER LIMIT PAY
17.99 EA**



1⁹⁹

**SPRING HOME
SPRING ROLL PASTRY**
SELECTED VARIETIES, FROZEN,
400 G
20131105_EA



* Please note that not all items are available in all stores.

HAPPY MID-AUTUMN FESTIVAL



**Celebrate
together and
save on 1100+
East Asian
products**

98¢
LB
2.16/KG

TAIWANESE CABBAGE
PRODUCT OF CANADA
20020863001_KG

12⁸⁸
LB
28.40/KG

BEEF RIB FINGER MEAT
BONELESS, CRYOVAC
20142159_KG

3⁸⁸
LB
8.55/KG

PORK HOCKS
21662815_KG

5⁸⁸

SEAQUEST® BAY SCALLOPS 100-150/LB,
400 G OR **TRADITIONS PACIFIC SHRIMP**
91-120/LB, 340 G, FROZEN
21558527_EA/21614892_EA

**LIMIT 4
OVER LIMIT PAY
7.00 EA**

12⁹⁹

T&T MONTHONG DURIAN PULP
FROZEN, 454 G
21541463_EA

4⁹⁸

O'TASTY FROZEN DUMPLINGS
SELECTED VARIETIES, FROZEN,
567 G
20319243004_EA

3⁹⁹

LOTTE MOCHI ICE CONFECTIONERY
SELECTED VARIETIES, FROZEN,
270 G/ML
21246872_EA

5⁴⁹

HEIWA SANUKI-STYLE UDON
FROZEN, 1.25 KG
20570578_EA

7⁹⁹

DELCATO JAPANESE CHEESECAKE
FROZEN, 300 G
21246345_EA

2⁴⁸

T&T ALOE VERA DRINK
SELECTED VARIETIES,
1.5 L
20593585_EA
21007399_EA

1⁷⁷

AROY D COCONUT MILK
SELECTED VARIETIES, 400 ML
20063864_EA/20133960_EA

9⁸⁸

BILLY BEE LIQUID HONEY
1 KG
20528715_EA

9⁹⁸

KNORR CHICKEN BOUILLON
CLUB PACK, 1 KG
20154074_EA

**LIMIT 4
OVER LIMIT PAY
13.99 EA**

6⁸⁸

LEE KUM KEE PURE SESAME OIL
445 ML
20165080_EA

**LIMIT 4
OVER LIMIT PAY
8.99 EA**

8⁴⁸

DAN D PAK CASHEWS
SELECTED VARIETIES, 500 G
21498628_EA/21498672_EA

**LIMIT 4
OVER LIMIT PAY
9.99 EA**

Discover South Asian products for less

Shop the world in our aisles

SHOP NOW



1⁹⁸
LB
4.37/KG

PURPLE YAM
PRODUCT OF CHINA
20849858001_KG



2⁹⁸

COCONUT
PRODUCT OF INDIA OR
DOMINICAN REPUBLIC
20065774001_EA



\$30

SUFRA[®] HALAL
CHICKEN BREAST
BONELESS SKINLESS,
AIR CHILLED, UP TO 1.51 KG
21616967_EA



6⁷⁵

GOLDEN PUNJABI
BISCUITS
SELECTED VARIETIES, 1.136 KG
20694637_EA



2⁶⁹

SURAJ[®] DAHI YOGURT
SELECTED VARIETIES, 750 G
20959052_EA



6⁹⁹

NANAK CUBED PANEER
FROZEN, 400 G
20107519_EA



2⁴⁹

SHANA VEGETABLES
SELECTED VARIETIES, FROZEN
, 300 G
20753995_EA



3⁵⁰

LIMIT 4
OVER LIMIT PAY
4.49 EA

DABUR JUICE
DRINK
SELECTED
VARIETIES, 1L
21399816_EA
21399828_EA



\$1

LIMIT 4
OVER LIMIT PAY
1.49 EA

PARLE-G ORIGINAL
BISCUITS 300 G
OR HIDE & SEEK
FAB COOKIES
SELECTED VARIETIES,
66.64-300 G
20840479_EA/20956495_EA



3⁹⁹

LIMIT 4
OVER LIMIT PAY
4.99 EA

KFI COOKING SAUCES
SELECTED VARIETIES,
375/395 ML
20419490001_EA/20871416_EA



1⁵⁰

LIMIT 4
OVER LIMIT PAY
1.99 EA

KURKURE SNACKS
SELECTED VARIETIES, 115 G
20659742_EA/21361077_EA



\$6

LIMIT 4
OVER LIMIT PAY
6.99 EA

NESTLÉ EVERYDAY
INSTANT TEA MIX
SELECTED VARIETIES, 200 G
21665980_EA/21665987_EA



\$2

LIMIT 4
OVER LIMIT PAY
2.99 EA

SURATI SNACKS
SELECTED VARIETIES, 250-341 G
20303745002_EA/20303745004_EA



* Prices effective at Superstore Vancouver, BC - Marine Dr, Grandview Hwy, Burnaby, BC, Coquitlam, BC - Lougheed Hwy, Surrey, BC - King George Hwy, 104th Ave, Delta, BC, Richmond, BC, Abbotsford, BC, Mission, BC, Langley, BC, Edmonton, AB - Windermere, 23rd Ave, 137th Ave, 17th St, Calgary Trail, Ellerslie, Calgary, AB - Westwinds, Coventry Hills, MacKenzie, Country Hills, Sundridge, Shawnessy, Ft. McMurray, AB, Regina, SK - Prince of Wales, Saskatoon, SK - 8th St, Winnipeg, MB - Bison Dr, Sargent Ave.

SUPER YOUR EVERYDAY

85¢

LIMIT 6
OVER LIMIT PAY
1.00 EA

SAPPORO ICHIBAN
JAPANESE STYLE
NOODLES OR
CHOW MEIN
SELECTED VARIETIES, 100/104 G
20275907001_EA/20275907004_EA



1.25

LIMIT 4
OVER LIMIT PAY
1.99 EA

CLARK CLASSIC BEANS
SELECTED VARIETIES, 398 ML
21235336_EA/21308477_EA



3.99

LIMIT 4
OVER LIMIT PAY
4.99 EA

SPAM LUNCHEON MEAT
SELECTED VARIETIES, 340 G
20968255_EA/20858330_EA



1.77

LIMIT 4
OVER LIMIT PAY
2.49 EA

BARILLA PASTA
SELECTED VARIETIES
340/410 G
21404912_EA
21404963_EA



2.48

LIMIT 4
OVER LIMIT PAY
2.99 EA

BEN'S ORIGINAL BISTRO EXPRESS
SELECTED VARIETIES
240/250 G
21405178_EA
21405476_EA



6.47

HELLMANN'S MAYONNAISE
SELECTED VARIETIES
710-890 ML
20618579002_EA
21518360_EA



9.99

FILIPPO BERIO OLIVE OIL
SELECTED VARIETIES
750 ML
21193731_EA/21193747_EA



3.50

LIMIT 4
OVER LIMIT PAY
3.99 EA

SNYDER'S PRETZELS
SELECTED VARIETIES
240 G
20316052001_EA
20316052004_EA



\$8

LIMIT 6
OVER LIMIT PAY
10.00 EA

HERSHEY'S SNACK SIZE CHOCOLATE
25/35'S, 375-390 G
OR **HARRY POTTER** 267 G
SELECTED VARIETIES
21599604_EA
21599631_EA



3.50

LIMIT 6
OVER LIMIT PAY
4.49 EA

EXCEL GUM OR MINTS 3/4'S, DOUBLEMINT OR JUICY FRUIT GUM 3'S
SELECTED VARIETIES
21434379_EA
21435038_EA



\$4

LIMIT 6
OVER LIMIT PAY
4.89 EA

DENTYNE FIRE OR ICE GUM 60'S OR TRIDENT VIBES OR SPLASH GUM 40'S
SELECTED VARIETIES
21634512_EA
21663970_EA



2/\$10
OR 5.99 EA

LINDT EXCELLENCE OR LINDOR 50-100G OR GHIRARDELLI CHOCOLATE BARS 138 G
SELECTED VARIETIES
21664468_EA
21664615_EA



\$3

LIMIT 4
OVER LIMIT PAY
4.29 EA

LECLERC GO PURE 140-175 G OR MUFFIN MAX BARS 223 G
SELECTED VARIETIES
21221451_EA
21750964_EA



4.99
LIMIT 4, OVER LIMIT PAY 5.99 EA

Get 500 pts

POST FAMILY SIZE CEREAL
SELECTED VARIETIES
525-635 G
21542452_EA
21575229_EA



4.49

LIMIT 4
OVER LIMIT PAY
5.99 EA

NUTELLA HAZELNUT OR PEANUT SPREAD 375 G OR B-READY SNACK BARS 132 G
21457401_EA/21721261_EA



4.99

LIMIT 4
OVER LIMIT PAY
5.49 EA

KELLOGG'S VECTOR PROTEIN GRANOLA
SELECTED VARIETIES
311 G
21670070_EA
21739359_EA



5.77

LIMIT 4
OVER LIMIT PAY
6.79 EA

SMUCKER'S PURE JAM, JELLY OR MARMALADE 500 ML OR NO SUGAR ADDED FRUIT SPREADS 310 ML
SELECTED VARIETIES
20308043001_EA
20308043004_EA



3.99

LIMIT 4
OVER LIMIT PAY
4.49 EA

OCEAN SPRAY CRANBERRY COCKTAILS OR 100% JUICE BLENDS
SELECTED VARIETIES
1.77/1.89 L
20300006003_EA
20300006008_EA



5.99

LIMIT 4
OVER LIMIT PAY
6.99 EA

SANPELLEGRINO NATURALI, LIGHT SPARKLING FRUIT BEVERAGES OR CIAO SPARKLING WATER
SELECTED VARIETIES
6X330 ML
21433205_C06
21590961_C06



SUPER YOUR EVERYDAY

3⁵⁰

EARTH'S OWN NON-DAIRY CHILLED MILK
SELECTED VARIETIES
1.75/1.89 L
20327647_EA
21037796_EA

LIMIT 4 OVER LIMIT PAY 4.79 EA

we dig plants. **EARTH'S OWN**

OAT ALMOND

PREPARED IN CANADA

849

Get **1,000** pts

\$1 back in points

Optimum™

DAIYA PLANT-BASED PIZZA 363-550 G,
OR PERSONALIZE PIZZA 320/316 G
OR FLATBREAD 327/331 G **OR CHEESE CAKE** 170 G, SELECTED VARIETIES, FROZEN
20923827_EA/21759828_EA

UP TO 20% OFF
4.99-5.99 AFTER SAVINGS

PACIFIC FOODS ORGANIC SOUP OR BROTH
SELECTED VARIETIES
946 ML/1 L
2059978600L_EA
21175723_EA

UP TO 20% OFF
19.19-59.59 AFTER SAVINGS

ORGANIKA COLLAGEN ENHANCED, MARINE, VITALITY, COLLAGEN POWDERS 220-504 G,
GUMMIES 90'S
OR CAPSULES 60-180'S
SELECTED VARIETIES
21028366_EA/21619221_EA

647

SIGGI'S SKYR YOGURT TUBS
SELECTED VARIETIES
650/750 G
21353865_EA
21433733_EA

LIMIT 4 OVER LIMIT PAY 7.98 EA

we dig plants. **EARTH'S OWN**

PREPARED IN CANADA

429

OASIS HEALTH BREAK OR SMOOTHIE
REFRIGERATED
SELECTED VARIETIES
1.6 L
21529910_EA
21733169_EA

LIMIT 4 OVER LIMIT PAY 4.79 EA

Get **2,000** pts

\$2 back in points

When you buy 2

Optimum™

MINUTE MAID ZERO SUGAR OR PUNCH OR FRUITOPIA OR PEACE TEA OR SIMPLY DRINKS OR FUZE ICED TEA
SELECTED VARIETIES, 1.54/1.75 L
21434019_EA/21734976_EA

498

NATREL LACTOSE FREE MILK
SELECTED VARIETIES
2 L
21664440_EA
21664502_EA

LIMIT 4 OVER LIMIT PAY 6.55 EA

PREPARED IN CANADA

198

Get **1,000** pts

\$1 back in points

Optimum™

SNACK PACK PUDDING OR JUICY GELS
SELECTED VARIETIES, 4'S
20310707001_EA/20310707006_EA

\$6

LACTANTIA ULTRAPUR MILK
SELECTED VARIETIES
1.5 L
21694529_EA
21694605_EA

399

PHILADELPHIA CREAM CHEESE PRODUCT
SELECTED VARIETIES
227/250 G
20641072_EA
20866924010_EA

LIMIT 4 OVER LIMIT PAY 5.29 EA

699

LACTANTIA BUTTER STICKS OR LACTOSE FREE BUTTER 454 G OR 4X113 G
OR PARKAY MARGARINE 1.28/1.36 KG
SELECTED VARIETIES
20056004_EA
20315960_EA

LIMIT 4 OVER LIMIT PAY 8.99 EA

299

CHEEMO PEROGIES
SELECTED VARIETIES
FROZEN, 745-907 G
20522159_EA
20522369_EA

LIMIT 4 OVER LIMIT PAY 3.99 EA

599

Get **500** pts

Optimum™

RED BARON RISING CRUST OR FULLY LOADED PIZZA
SELECTED VARIETIES, FROZEN, 740-815 G
21736905_EA/21737373_EA

LIMIT 4, OVER LIMIT PAY 8.49 EA

599

PILLSBURY PIZZA POPS 8'S OR PIZZA BITES 693 G
SELECTED VARIETIES
FROZEN
20972958_EA
21435938_EA

LIMIT 4 OVER LIMIT PAY 6.99 EA

\$5

HERSHEY'S CHIPITS
SELECTED VARIETIES
200-270 G
21452844_EA
21452924_EA

LIMIT 4 OVER LIMIT PAY 6.49 EA

279

LANTICOR ROGERS FLAVOURED SUGAR
SELECTED VARIETIES
1 KG
20097405_EA
20169394_EA

LIMIT 4 OVER LIMIT PAY 3.79 EA

PREPARED IN CANADA

699

NESCAFÉ ESPRESSO COFFEE CONCENTRATE
SELECTED VARIETIES
500 ML
21665027_EA
21665148_EA

LIMIT 4 OVER LIMIT PAY 9.99 EA

1099

ILLY K-CUP PODS 119 G
OR RED ROSE TEA BAGS 210'S
SELECTED VARIETIES
21507666_EA
21692175_EA

LIMIT 4 OVER LIMIT PAY 12.49 EA

1597

MAXWELL HOUSE GROUND COFFEE 631-900 G OR **COFFEE PODS** 30'S
SELECTED VARIETIES
21308110_EA/21606882_EA

LIMIT 4 OVER LIMIT PAY 18.99 EA

*Spend \$300 or more in-store or through PC Express™ online pick up before applicable taxes in a single transaction at any Real Canadian Superstore™ location and receive a free Easy & Simple Family Meal Ideas, 2.45 kg. Excludes purchase of tobacco, alcohol products, prescriptions, gift cards, phone cards, lottery tickets, joefresh.com, all third party operations (post office, gas bars, dry cleaners, etc.) and any other products which are provincially regulated. The retail value of up to \$25.00 will be deducted from the total amount of your purchase before sales taxes are applied. Limit one coupon per family and/or customer account. No cash value. Cannot be combined with any other coupons or promotional offers. No substitutions, refunds or exchanges on free item 21770709_EA. **FRESH PROMISE:** Applicable to eligible fresh produce items purchased at Real Canadian Superstore locations or online at realcanadiansuperstore.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original purchase receipt within 7 days of purchase at the Real Canadian Superstore where purchase originated. This promise does not apply to reduced/clearance priced produce. This promise cannot be combined with any other offer. We reserve the right to cancel or change the terms of this promise at any time without notice. **Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and may not be available in all stores.** No rainchecks OR substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Coupons must be presented and redeemed at time of purchase. Applicable taxes are extra. Customer is responsible for the payment of any applicable deposit or product/packaging recycling fee that may apply. No sales to retail outlets. Some items may have "plus deposit and environmental charge" where applicable. ©/™The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw's Inc. and others. All rights reserved. ©2026 Loblaw's Inc. ***We match prices:** Applies only to our major supermarket competitors' flyer items. Major supermarket competitors are determined solely by us based on a number of factors which can vary by store location. We will match the competitor's advertised price only during the effective date of the competitor's flyer advertisement. **WE RESERVE THE RIGHT TO LIMIT QUANTITIES** (note that our major supermarket competitors may not). Due to the fact that product is ordered prior to the time of our Ad Match checks, quantities may be limited. We match identical items (defined as same brand, size, and attributes) and in the case of fresh produce, meat, seafood and bakery, we match a comparable item (as determined solely by us). We will not match: competitor's private label offers on non-identical items, "spend x get x", "Free", "Clearance", discounts or coupons obtained through loyalty programs including PC Optimum™, PC Optimum Member Only Pricing, participating items under the Save it Forward™ program timeframe, or offers related to our third party operations (post office, gas bars, dry cleaners, etc.). We reserve the right to cancel or change the terms of this program at any time. **PC OPTIMUM MEMBERS ONLY:** These offers are only available to valid PC Optimum™ program members. Membership is free. To register, see in-store or visit pc optimum.ca. No cash value. See pc optimum.ca for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaw's Inc. banner. Please see in-store or online at superstore.ca for your particular store's hours.

POWER UP WITH PROTEIN

SHOP NOW

BIG VALUE ON PROTEIN ESSENTIALS

UP TO
25% OFF
26.29-55.99
AFTER SAVINGS

SIX STAR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
20301019001_EA/20301019004_EA



\$28

PURE PROTEIN POWDER
SELECTED VARIETIES AND SIZES
LIMIT 4, OVER LIMIT PAY 32.00 EA
20322070001_EA/20322070002_EA



Members Price
33⁹⁹

Non-Members
39⁹⁹

Members Save \$6

Optimum
PREMIER VANILLA PROTEIN POWDER
SELECTED VARIETIES AND SIZES
21496948_EA



YOUR WORKOUT'S THIRST, QUENCHED.

UP TO
25% OFF
9.29-34.49
AFTER SAVINGS

ALANI NU SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21693625_EA/21693788_EA



\$42

NUTRAPHASE SUPPLEMENTS
SELECTED VARIETIES AND SIZES
LIMIT 4, OVER LIMIT PAY 22.99 EA
21525844_EA/21526662_EA



34⁹⁹

PC CREATINE MONOHYDRATE
600 G
LIMIT 4, OVER LIMIT
PAY 45.99 EA
20696552_EA

President's Choice
-PURE- CREATINE MONOHYDRATE
PHARMACEUTICAL GRADE
QUICK DISSOLVING POWDER



POWER UP. DRINK UP.

\$10

BRÜST PROTEIN COFFEE
SELECTED VARIETIES AND SIZES
LIMIT 4, OVER LIMIT PAY 12.99 EA
21690973_EA/21690982_EA



\$18

SPERRI READY TO DRINK PROTEIN SHAKES
READY TO DRINK
SELECTED VARIETIES AND SIZES
LIMIT 4, OVER LIMIT PAY 22.49 EA
21503768_C04/21503771_C04



\$12

PC ULTRA SHAKES READY TO DRINK SHAKES
SELECTED VARIETIES AND SIZES
LIMIT 4, OVER LIMIT
PAY 13.99 EA
20325953001_C06
20325953003_C06



QUICK & EASY PROTEIN PICKS

3⁵⁰

BUILT PUFFS PROTEIN BARS
SELECTED VARIETIES AND SIZES
LIMIT 4, OVER LIMIT PAY 4.99 EA
21697547_EA/21697713_EA



\$3

TRUBAR PROTEIN BARS
SELECTED VARIETIES AND SIZES
LIMIT 12, OVER LIMIT PAY 3.49 EA
21600538_EA/21708100_EA



\$4

FITZELS PROTEIN PRETZELS
SELECTED VARIETIES AND SIZES
LIMIT 12, OVER LIMIT
PAY 4.99 EA
21705239_EA/21705607_EA



FALL CLEANING

Get all your cleaning needs here!

4⁹⁹

LIMIT 4
OVER LIMIT PAY
6.00 EA



**METHOD ALL-PURPOSE
CLEANER TRIGGER**
828 ML, **DISHWASHING
LIQUID** 473 ML OR **TOILET
BOWL CLEANER** 709 ML
SELECTED VARIETIES
21518332_EA/21736936_EA

4⁹⁹

LIMIT 4
OVER LIMIT PAY
5.49 EA



**DAWN
DISHWASHING LIQUID**
SELECTED VARIETIES
896 ML/1.12 L
21729631_EA/21729593_EA

2/\$8
OR 4.99 EA



FEBREZE AIR EFFECTS
230 G OR **MR. CLEAN
MULTI-SURFACE
LIQUID CLEANER** 1.21 L,
**MAGIC ERASER
PADS** 2'S
SELECTED VARIETIES
21700198_EA/21735410_EA

4²⁹

LIMIT 4
OVER LIMIT PAY
5.49 EA



**VIM CLEANING
TRIGGER** 700 ML
OR **FLOOR CLEANER** 1 L
SELECTED VARIETIES
20939827_EA/21623490_EA

4⁹⁹

LIMIT 4
OVER LIMIT PAY
6.69 EA



**CLOROX
DISINFECTING WIPES**
SELECTED VARIETIES, 75'S
20348537002_EA/21734510_EA

4⁴⁹

LIMIT 4
OVER LIMIT PAY
6.29 EA



**PINE-SOL
MULTI-SURFACE
CLEANER**
SELECTED VARIETIES, 1.41 L
20298679001_EA/20298679002_EA

2⁹⁹

LIMIT 4
OVER LIMIT PAY
3.49 EA

GLAD FOOD WRAP
30 M
20003818_EA



9⁹⁷

LIMIT 4
OVER LIMIT PAY
11.99 EA



**SWIFFER SWEEPER
REFILLS** 12-32'S, **DUSTER**
6/10'S, **POWERMOP** 5'S,
WETJET 12'S OR **LIQUID
REFILL** 1.5 L/2.5 L
SELECTED VARIETIES
21629789_EA/21630025_EA

6⁹⁹

LIMIT 4
OVER LIMIT PAY
7.99 EA



**GLAD GARBAGE BAGS
WHITE**
SELECTED VARIETIES, 30-52'S
20297334001_EA/21359460_EA

11⁴⁷

LIMIT 4, OVER LIMIT
PAY 13.99EA

Get
2,000
pts

\$2
back in
points

**VILEDA OSKAR
BROOM WITH
DUSTPAN, SUPER
TWIST MOP OR
QUICK WRING BUCKET**
SELECTED VARIETIES
20001949_EA/20057952_EA



15⁹⁹

LIMIT 4
OVER LIMIT PAY
19.99 EA



**AIR WICK SCENTED
OIL KITS** 2+5X20 ML
OR **REFILLS** 5'S
SELECTED VARIETIES
21362106_EA/21428270_EA

19⁹⁹

Get
2,000
pts

\$2
back in
points

LYSOL DISINFECTING WIPES
SELECTED VARIETIES, 3X110'S
21751220_EA/21751281_EA



15⁹⁹

LIMIT 4
OVER LIMIT PAY
19.99 EA



**DOWNY
LIQUID FABRIC
ENHANCER**
2.76/4.16 L,
BEADS 598-694 G,
OR **RINSE** 1.8 L
SELECTED VARIETIES
21549939_EA
21738608_EA

20⁹⁹

LIMIT 4, OVER LIMIT
PAY 24.99EA

Get
2,000
pts

\$2
back in
points

PERSIL LIQUID 3.72 L
OR **DISCS** 60/76'S
SELECTED VARIETIES
21658725_EA/21701918_EA



4⁹⁹

LIMIT 4
OVER LIMIT PAY
5.99 EA



**CLOROX
BLEACH**
2.4 L
21283179_EA
21725566_EA

22⁹⁹

LIMIT 4
OVER LIMIT PAY
32.99 EA



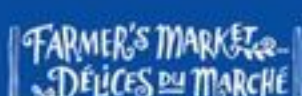
**COTTONELLE
ULTRA
CLEAN OR
ULTRA SOFT
BATHROOM
TISSUE**
SELECTED VARIETIES
21665909_EA
21666035_EA

**24=96
ROLLS**

OUR BRANDS MADE BY US FOR ALL BUDGETS.

 President's Choice

no name®

 FARMER'S MARKET
DÉLICIES DU MARCHÉ

 SeaQuest

 Ziggy's

\$6

NO NAME® NATURALLY IMPERFECT™ AVOCADO
PRODUCT OF MEXICO, 2.2 LB
21699907001_EA



CLUB SIZE

5⁵⁰

NO NAME® NATURALLY IMPERFECT™ BROWN OR WHITE MUSHROOMS
PRODUCT OF CANADA, 680 G
20938403_EA/20937529_EA



PRODUCT OF CANADA

\$7

NO NAME® NATURALLY IMPERFECT™ MANGOES
PRODUCT OF BRAZIL, CLUB SIZE
21624837001_EA



3 LB

\$17

PC® BLUE MENU® CHICKEN THIGHS, BONELESS, SKINLESS, AIR CHILLED 8'S OR PC® SPLIT CHICKEN WINGS UP TO 810 G
21340973_EA/21341017_EA



CANADIAN POULTRY

9⁵⁰

PC® FREE FROM® LEAN GROUND BEEF
454 G
21218152_EA



\$19

LIMIT 4 OVER LIMIT PAY 22.00 EA

PC® BUTTERMILK BREADED CHICKEN BREAST STRIPS
SELECTED VARIETIES
FROZEN, 907 G
21163489_EA/21163498_EA



PREPARED IN CANADA

\$14

PC® OLD-FASHIONED STYLE BACON
20115704_EA



1 KG

PREPARED IN CANADA

\$8

PC® COCONUT SHRIMP 454 G OR PC® CRAB & LOBSTER BAKE & SERVE DIP 360 G
FROZEN
20135874_EA/21682673_EA



\$18

LIMIT 4 OVER LIMIT PAY 19.99 EA

PC® SALMON WELLINGTON
FROZEN, 725 G
21552109_EA



\$6

PC® DELI CHEESE BLOCKS
SELECTED VARIETIES, 250 G
20770632_EA/20770636_EA

LIMIT 4 OVER LIMIT PAY 7.49 EA



PREPARED IN CANADA

Members Price®
\$6

Non-Members
\$7

Members Save \$1

PC® DIPS OR HUMMUS
SELECTED VARIETIES
454 G
20584001_EA/20584098_EA
**Must be a registered PC Optimum™ member to load and get this offer.



PREPARED IN CANADA

Members Price®
\$13

Non-Members
\$15

Members Save \$2

PC® FREE FROM® SLICED DELI MEAT
SELECTED VARIETIES
375/400 G
20903492_EA/20923814_EA
**Must be a registered PC Optimum™ member to load and get this offer.



CLUB SIZE

PREPARED IN CANADA

\$14

PC® GLUTEN-FREE CAKES, CHOCOLATE OR STRAWBERRY
SELECTED VARIETIES, 553 G
20794367_EA/20794594_EA



PREPARED IN CANADA

11⁵⁰

PC® CHEESECAKE
SELECTED VARIETIES
FROZEN, 600 G
20147627_EA/20318102_EA



\$5

PC® THE DECADENT™ MUFFINS, DOUBLE CHOCOLATE OR COCOLOATE CHIP
41'S
21717326_EA/21717562_EA



OUR BRANDS

MADE BY US FOR ALL BUDGETS.



no name®

2⁵⁰

PC® WORLD OF FLAVOURS OR LOADS OF™ FLAVOUR POTATO CHIPS
SELECTED VARIETIES, 200 G
20840911005_EA/21712110_EA



2/4⁵⁰

OR 3.00 EA

PC® OR BLUE MENU® GRANOLA OR NUT BARS
SELECTED VARIETIES, 120-175 G
20040568002_EA/20912735_EA



\$3

NO NAME® SYRUP 750 ML OR PANCAKE MIX 905 G
20306030_EA/20322949_EA



4⁵⁰

LIMIT 4 OVER LIMIT PAY 5.50 EA

PC® BLUE MENU® GRANOLA BOOST CEREAL
SELECTED VARIETIES, 325 G
20631288003_EA/20631288004_EA



\$6

PC® BLUE MENU® PEANUT BUTTER 750 G OR FRUIT SPREADS 500 ML
SELECTED VARIETIES
20057669001_EA/20057669002_EA



\$11

LIMIT 4 OVER LIMIT PAY 13.00 EA

PC® 100% PURE MAPLE SYRUP 500 ML
20049221_EA



1⁵⁰

PC® OR BLUE MENU® MUSHROOMS
SELECTED VARIETIES
284 ML
20172187_EA/21386702_EA



3⁷⁹

LIMIT 4 OVER LIMIT PAY 4.29 EA

PC® BLUE MENU® BONELESS & SKINLESS WILD PACIFIC PINK SALMON
SELECTED VARIETIES 170 G
21378762_EA/20548711_EA



\$3

NO NAME® PECANS 100 G OR COATING MIX 142-162 G
SELECTED VARIETIES
20304431_EA/21122657_EA



1²⁹

PC® MACARONI AND CHEESE DINNER
SELECTED VARIETIES
200/225 G
21529753_EA



2⁹⁷

LIMIT 4 OVER LIMIT PAY 3.49 EA

PC® OR BLUE MENU® PASTA SAUCE
SELECTED VARIETIES
410/600 ML
21734544_EA/21734585_EA



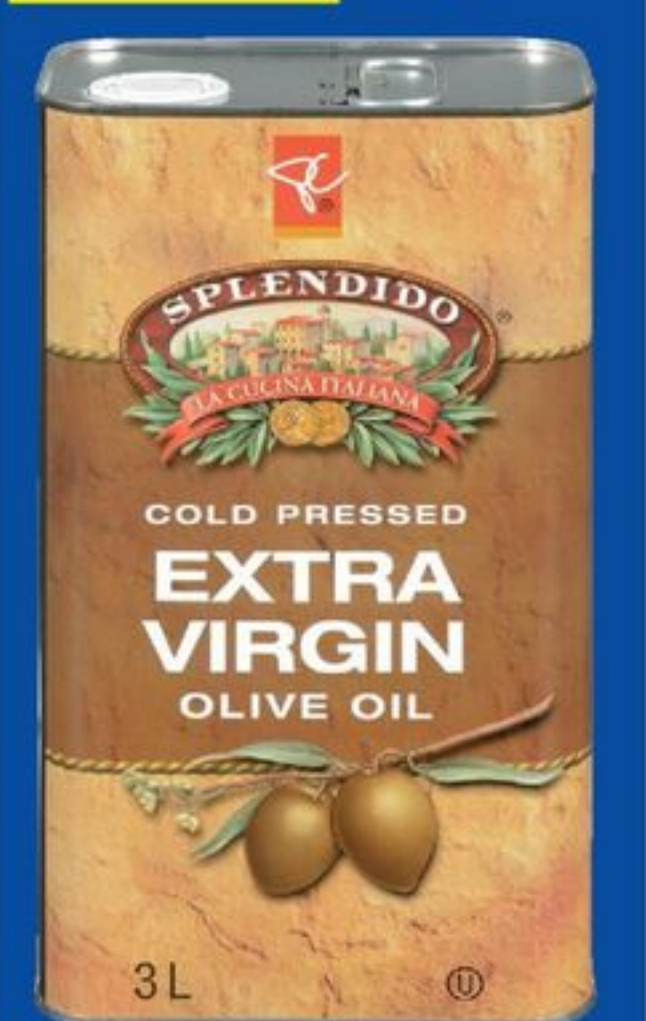
3⁹⁹

PC® TOMATO KETCHUP
SELECTED VARIETIES, 750 ML/1 L
20090124_EA/2031845_EA



\$35

PC® SPLENDIDO® COLD-PRESSED EXTRA VIRGIN OLIVE OIL 3 L
20045250_EA



2⁵⁰

LIMIT 4 OVER LIMIT PAY 3.00 EA

PC® PITA, SCALLOPED CRACKERS OR BUTTER TWISTS
SELECTED VARIETIES
100-225 G
20538543002_EA/20603888003_EA



\$3

PC® CANDY
SELECTED VARIETIES
175/200 G
20878994_EA/21681008_EA



4⁵⁰

PC® THE DECADENT® COOKIES
SELECTED VARIETIES, 280-300 G
20612251_EA/20612257_EA



6⁵⁰

LIMIT 6 OVER LIMIT PAY 7.49 EA

PC® CHOCOLATE COVERED NUTS, RAISINS OR CRANBERRIES
SELECTED VARIETIES, 200-400 G
20000350_EA/20311287_EA



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no name®

3⁵⁰

PC® KEFIR 1L OR
PROBIOTIC YOGURT 650 G
SELECTED VARIETIES
20939815_EA/21684020_EA



6⁹⁸

PC® ORANGE JUICE
SELECTED VARIETIES
REFRIGERATED, 2.5 L
21531644_EA/21531646_EA



4⁹⁹

PC® NATURAL
CHEESE SLICES
SELECTED VARIETIES, 210 G
21405953_EA



\$5

PC® BLUE MENU®
MARGARINE
SELECTED VARIETIES
907 G
20604430_EA



4⁷⁹

PC® PLANT BASED
BUTTER ALTERNATIVE
SELECTED VARIETIES
454 G
21381971_EA



\$5

PC® LAYERED
TORTILLA BOWLS
SELECTED VARIETIES
FROZEN, 300 G
21716545_EA/21717291_EA



ALWAYS
LOW PRICE
\$4⁵⁰

Get
1,000
pts

\$1
back in
points

PC® BLACK LABEL
ICE CREAM
SELECTED VARIETIES
FROZEN, 500 ML
20604543004_EA
21588234_EA



\$4

LIMIT 4
OVER LIMIT PAY
4.79 EA

NO NAME®
FROZEN FISH
SELECTED VARIETIES, 454 G
21672358_EA/21672264_EA



3⁴⁹

LIMIT 4
OVER LIMIT PAY
4.5 EA

PC® FROZEN
VEGETABLES
SELECTED VARIETIES
400-750 G
20308556_EA/21000963_EA



6⁷⁵

PC® SOFT
DRINKS
SELECTED VARIETIES
12X355 ML
20690671001_C12
20218887001_C12



3⁵⁰

LIMIT 4
OVER LIMIT PAY
4.00 EA

PC 100% JUICE
OR BLUE MENU®
DRINK BOXES
SELECTED VARIETIES
8X200 ML
21717537_EA/21718742_EA



1⁷⁵

LIMIT 4
OVER LIMIT PAY
2.19 EA

PC® CARBONATED
SPRING WATER
SELECTED VARIETIES
2 L
20173165001_EA
20173165002_EA



16⁹⁹

LIMIT 4
OVER LIMIT PAY
23.99 EA

PC® PODS
SELECTED VARIETIES
30'S
21035959_EA/21038762_EA



\$12

PC® HEAVY-DUTY
FREEZER BAGS
SELECTED VARIETIES
120/150'S
21160680_EA/21160693_EA



\$8

LIMIT 4
OVER LIMIT PAY
10.00 EA

PC® PLANET
FIRST LAUNDRY
DETERGENT
STRIPS 32'S OR
TOILET BOWL
CLEANER
STRIPS 39'S
SELECTED VARIETIES
21614429_EA/21614528_EA



10⁹⁹

LIMIT 4
OVER LIMIT PAY
13.49 EA

NO NAME®
LIQUID 6L OR
POWDER
4 KG LAUNDRY
DETERGENT
SELECTED VARIETIES
21315345_EA/21529762_EA



7⁹⁹

NO NAME®
FACIAL
TISSUES
6X126'S
20971002_EA



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President's Choice

QUO
BEAUTY

Life
BRAND

ALWAYS
LOW PRICE
\$5

LIFE BRAND® LIQUID
HAND SOAP REFILL
SELECTED VARIETIES, 2L
21357613001_EA/21357613002_EA



ALWAYS
LOW PRICE
\$8

LIFE BRAND® PURAVIDA
BODY WASH
SELECTED VARIETIES, 532ML
21705915_EA/21705948_EA



\$4

LIFE BRAND® FLOSS,
TOOTH PICKS, OR
TOOTHBRUSHES
SELECTED VARIETIES AND SIZES
21201604_EA/21284747_EA



2.50

LIMIT 6
OVER LIMIT PAY
2.79 EA

LIFE BRAND® SHAVE
GEL 200G OR LIQUID
HAND SOAP PUMP
340 ML
SELECTED VARIETIES
21194783_EA/21357542003_EA



UP TO
20%
OFF
2.79-7.99 AFTER SAVINGS

LIFE BRAND® RAZORS
SELECTED VARIETIES, EXCLUDES
TWIN BLADE, 1-32'S
21197687_EA/21198250_EA



ALWAYS
LOW PRICE
\$8

LIFE BRAND® PURAVIDA
SHAMPOO OR
CONDITIONER
SELECTED VARIETIES
AND SIZES, 532 ML
21705300_EA/21705450_EA



UP TO
20%
OFF
2.63-6.39 AFTER SAVINGS

LIFE BRAND® LOTIONS
OR HAND CREAMS
SELECTED VARIETIES AND SIZES
21201372_EA/21201413_EA



UP TO
20%
OFF
4.29-13.29 AFTER SAVINGS

LIFE BRAND® FACE
CLEANSERS OR
MOISTURIZERS
SELECTED VARIETIES AND SIZES
21201412_EA/21201510_EA



ALWAYS
LOW PRICE
\$5

LIFE BRAND® COUGH
SYRUPS
SELECTED VARIETIES
100 ML
21519133_EA
21573334_EA



6.50

LIMIT 4
OVER LIMIT PAY
6.99 EA

LIFE BRAND® PAIN OR
COUGH AND COLD
RELIEF PRODUCTS
SELECTED VARIETIES AND SIZES
21222785_EA/21235542_EA



Members Price
FROM
3.19
3.19-21.62

Non-Members
FROM
3.99
3.99-26.90

Optimum
Members Save Up to 20%

LIFE BRAND® PADS
16-46'S OR LINERS 16-96'S
SELECTED VARIETIES
21203446_EA/21658748_EA
***Must be a registered PC Optimum™
member to load and get this offer.



UP TO
10%
OFF
3.41-31.94 AFTER SAVINGS

LIFE BRAND® VITAMINS
OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21285928_EA/21286476_EA



ALWAYS
LOW PRICE
\$3

LIFE BRAND® 70% RUBBING
ALCOHOL OR
LIFE BRAND® HYDROGEN
PEROXIDE
SELECTED VARIETIES
AND SIZES
21427021_EA
21439259_EA



ALWAYS
LOW PRICE
\$8

LIFE BRAND® UNSCENTED
EPSOM SALTS
SELECTED VARIETIES
4 KG
21668050_EA



OUR BRANDS

MADE BY US FOR ALL BUDGETS.



President's Choice

Life at Home

EVERYDAY ESSENTIALS

\$12

LIFE AT HOME™ CUSHIONS
SELECTED VARIETIES
21703473_EA/21703476_EA

LIMIT 4
OVER LIMIT PAY
20.00 EA



UP TO
25% OFF
22.00-26.00 AFTER SAVINGS

LIFE AT HOME™ TROWS
SELECTED VARIETIES
21703498_EA/21714065_EA



\$7

EVERYDAY ESSENTIALS™ SCENTED CANDLES
SELECTED VARIETIES, 18 OZ
21560081_EA/21560082_EA

LIMIT 6
OVER LIMIT PAY
10.00 EA



Optimum

Members Price*
FROM \$7
7.00-105.00

Non-Members
FROM \$15
15.00-150.00

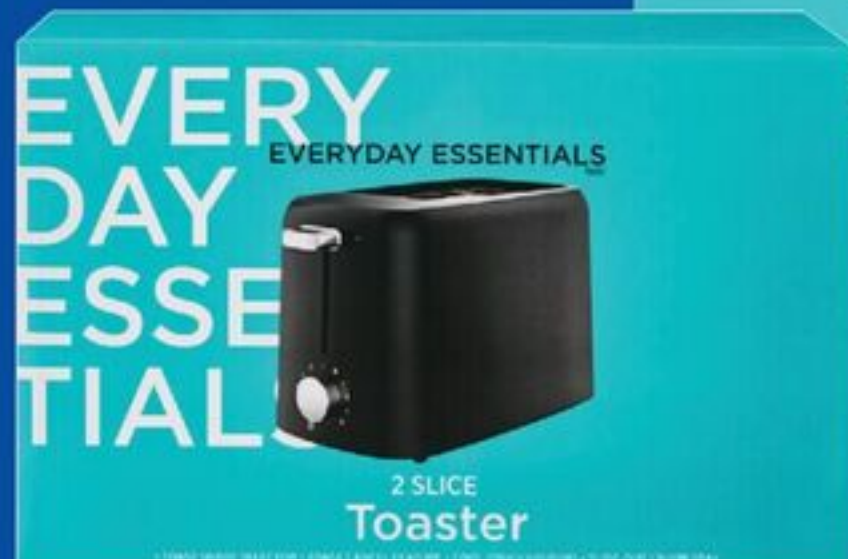
Members
Save Up To
30%

LIFE AT HOME™ FAUX PLANTS OR TREES
SELECTED VARIETIES
21495945_EA/21616960_EA
**Must be a registered PC Optimum™ member to load and get this offer.



FROM
\$15
15.00-90.00

EVERYDAY ESSENTIALS™ APPLIANCES
WHITE OR BLACK
21701350_EA/21701385_EA



BUY 1 GET 1 50% OFF

PC® COOKWARE
SELECTED VARIETIES
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
17.00-140.00
21126978_EA/21413737_EA



\$4

EVERYDAY ESSENTIALS™ RIBBED GLASS PITCHER
20654809_EA



BUY 3 GET 1 FREE

PC® OR LIFE AT HOME™ DINNERWARE, SERVEWARE OR DRINKWARE
SELECTED VARIETIES
FREE ITEM MUST BE OF EQUAL OR LESSER VALUE
4.00-65.00
21704392_EA/21705945_EA/21706044_EA



FROM
\$2
2.00-17.00

EVERYDAY ESSENTIALS™ KITCHEN GADGETS OR TOOLS
SELECTED VARIETIES
21213665_EA/21213860_EA/21214122_EA/21214127_EA/21343405_EA



\$12

PC® FOOD JAR
500 ML
21295347_EA/21295328_EA

LIMIT 4
OVER LIMIT PAY
17.00 EA



\$9

PC® TRITAN LUNCH OR SALAD KIT
SELECTED VARIETIES
21218238_EA/21218244_EA

LIMIT 4
OVER LIMIT PAY
13.00 EA



\$5

PC® DINNER, BEVERAGE OR BUFFET NAPKINS
SELECTED VARIETIES, 40/60'S
21702343_EA/21702363_EA



* Please note that not all items are available in all stores.



119

PC[®] NUTRITION FIRST[™] CAT FOOD
SELECTED VARIETIES, 85 G
21359618_EA/21359624_EA

\$14

PC[®] NUTRITION FIRST[™] CAT OR KITTEN FOOD
SELECTED VARIETIES, 2 KG
21303029_EA/21303268_EA

\$12

PC[®] LIGHTWEIGHT MULTI-CAT CLUMPING CAT LITTER
SELECTED VARIETIES, 3.86 KG
21645146_EA/21645236_EA

LIMIT 4 OVER LIMIT PAY 13.49 EA

\$3

LIMIT 12 OVER LIMIT PAY 3.49 EA

PC[®] NUTRITION FIRST[™] DOG FOOD
SELECTED VARIETIES, 374 G
21359227_EA/21359232_EA

\$8

PC[®] NUTRITION FIRST[™] DOG TREATS
SELECTED VARIETIES
160-283 G
21722109_EA
21722496_EA

Get 1,500 pts

\$150 back in points

Optimum[™]

\$25

PC[®] EXTRA MEATY DRY DOG FOOD
SELECTED VARIETIES, 7 KG
21361753_EA/21361756_EA

\$55

PC[®] NUTRITION FIRST[™] DOG FOOD
SELECTED VARIETIES
14 KG
21304669_EA

Get 10,000 pts

\$10 back in points

Optimum[™]

749

PURINA FRISKIES PARTY MIX CAT TREATS
SELECTED VARIETIES
510 G
21733037_EA
21733038_EA

LIMIT 4 OVER LIMIT PAY 8.49 EA

1199

PURINA ONE DRY CAT FOOD
SELECTED VARIETIES
1.45-1.8 KG
20421881002_EA
21096817_EA

LIMIT 4 OVER LIMIT PAY 14.99 EA

1449

WHISKAS WET CAT FOOD
SELECTED VARIETIES
12'S
20548822_EA

LIMIT 4 OVER LIMIT PAY 16.99 EA

449

MILK-BONE DOG BISCUITS OR SNACKS
SELECTED VARIETIES
750-900 G
21014403_EA
21014695_EA

LIMIT 4 OVER LIMIT PAY 4.99 EA

899

GREENIES DENTAL TREATS
SELECTED VARIETIES
170/228 G
21588818_EA
21588829_EA

LIMIT 4 OVER LIMIT PAY 10.84 EA

1199

PURINA ONE DRY DOG OR PUPPY FOOD
SELECTED VARIETIES
1.45-1.81 KG
20947032_EA
21441048_EA

LIMIT 4 OVER LIMIT PAY 14.99 EA

1647

CESAR WET DOG FOOD
SELECTED VARIETIES
12'S
20548229_EA
20628583002_EA

LIMIT 4 OVER LIMIT PAY 20.99 EA

1949

PURINA FRISKIES WET CAT FOOD
SELECTED VARIETIES
24'S OR
3.74/3.744 KG
21082328_C01
21517462_C01

LIMIT 4 OVER LIMIT PAY 21.99 EA

Neutrogena®

BEAUTY TO A SCIENCE

DISCOVER YOUR FAVOURITE BRANDS HERE

body

Lightweight unscented body cream that absorbs instantly, leaving your skin quenched and clinically proven hydrated and supple.



face

Non-comedogenic, fragrance-free formula to deliver lasting hydration without clogging pores or causing breakouts



cleansers

Effortlessly glide over the face & eyes with Neutrogena cleansing technology & hyaluronic acid for a thorough clean.



acne

Ultra-thin patch removes impurities from skin and Helps pimples look smaller & flatter



UP TO
25% OFF
10.99-18.79 AFTER SAVINGS

**NEUTROGENA
BODY OR FACECARE
PRODUCTS**
SELECTED VARIETIES
AND SIZES
20313268_EA
21573231_EA



\$10

**LIMIT 4
OVER LIMIT PAY
11.49 EA**

**NEUTROGENA
WIPES OR
CLEANSERS**
SELECTED VARIETIES
AND SIZES
21221460_EA/21045027_EA



NEW & NOTEWORTHY

Enhance your beauty routine with the latest & greatest!

Optimum™

Get
3,500
pts

\$3.50
back in
points

**COVERGIRL
SUN & SCULPT SERUM**
21741136005_EA



Optimum™

Get
5,000
pts

\$5
back in
points

When you buy 2

**L'ORÉAL REVITALIFT
TRIPPLE POWER AGE-
CORRECTING CREAMY
SERUM 50 ML OR EYE BAG
INSTANT ERASER 15 ML**
SELECTED VARIETIES
21715555_EA



Optimum™

Get
3,500
pts

\$3.50
back in
points

**TREE HUT SCRUBS, BODY WASH
OR SHAVE OIL**
SELECTED VARIETIES AND SIZES
21735293_EA/21716243_EA



Optimum™

Get
5,000
pts

\$5
back in
points

When you
spend \$25*

**L'ORÉAL
EXTRAORDINARY
HAIR OILS**
100 ML
21753786_EA/21753736_EA



Optimum™

Get
5,000
pts

\$5
back in
points

When you
spend \$20*

**MARC ANTHONY
HAIR CARE**
SELECTED VARIETIES AND SIZES
20549483_EA/20729716_EA



Optimum™

\$10

LIMIT 4, OVER LIMIT
PAY 12.49 EA

Get
500
pts

**EVERY MAN JACK
2 IN 1 SHAMPOO +
CONDITIONER ALL
VARIETIES**
SELECTED VARIETIES AND SIZES
21642738_EA, 21642785_EA



Optimum™

Get
4,000
pts

\$4
back in
points

When you
spend \$20*

**DOVE FALL TREATS
COLLECTION BODY
WASH 591 ML, BODY
SCRUB 425 G OR
DEODORANT 74 G**
SELECTED VARIETIES
21688461_EA/21755181_EA



Optimum™

Get
6,000
pts

\$6
back in
points

When you buy 2

**GILLETTE VENUS
FEMALE INTIMATE
SHAVE OIL 228 ML OR
VENUS INTIMATE
RAZOR 1'S**
SELECTED VARIETIES
21709780_EA/21713084_EA



Optimum™

Get
5,000
pts

\$5
back in
points

**ISO PURE PROTEIN
POWDER OR BLOOM
SUPPLEMENTS**
SELECTED VARIETIES AND SIZES
21717590_EA/21732012_EA



Optimum™

Get
3,000
pts

\$3
back in
points

When you
spend \$15*

**DAISE FRAGRANCE
BODY MIST, BODY
SPRAY & DEODORANT
OR FOAMING
BODY WASH**
SELECTED VARIETIES
AND SIZES
21702397_EA/21702312_EA



LOOK GOOD, FEEL GREAT, SPEND LESS.

Optimum

UP TO **15% OFF**
9.77-24.64 AFTER SAVINGS

Get **2,000 pts**
\$2 back in points

O'KEEFE'S SKINCARE
SELECTED VARIETIES AND SIZES
21062670_EA/21013612_EA

Optimum

Members Price FROM **10.49**
10.49-43.99

Non-Members FROM **12.99**
12.99-54.99

Members Save Up To **20%**

L'ORÉAL FACECARE PRODUCTS
SELECTED VARIETIES AND SIZES
21296358_EA/2123361_EA
**Must be a registered PC Optimum™ member to load and get this offer.

\$8

LIMIT 4 OVER LIMIT PAY 11.99 EA

NICE'N EASY OR NATURAL INSTINCTS HAIR COLOUR
SELECTED VARIETIES
21082764_EA/21165376_EA

\$9

LIMIT 4 OVER LIMIT PAY 10.99 EA

GÖT2B HAIR CARE
SELECTED VARIETIES AND SIZES
21707022_EA/21708540_EA

BUY 1 GET 1 FREE

OGX HAIR CARE
SELECTED VARIETIES AND SIZES
FREE ITEM MUST BE OR EQUAL OR LESSER VALUE, 11.00-12.49
20944694_EA/21008816_EA

\$5

LIMIT 4 OVER LIMIT PAY 7.49 EA

DOVE SHAMPOO OR CONDITIONER 355 ML, HAIRSPRAY OR DRY SHAMPOO
SELECTED VARIETIES
195-273ML, 142-198G
21644891_EA/21018398_EA

6.50

LIMIT 4 OVER LIMIT PAY 7.99 EA

LISTERINE CLASSIC 1L MOUTHWASH OR KIDS SMART RINSE 500 ML
SELECTED VARIETIES
21091222_EA/21356391_EA

1.25

LIMIT 10 OVER LIMIT PAY 1.79 EA

COLGATE TOOTHPASTE 52-95 ML OR MANUAL TOOTHBRUSH 1 EA.
SELECTED VARIETIES
2027761002_EA/20975582_EA

\$12

LIMIT 4 OVER LIMIT PAY 13.99 EA

TRESEMME 'A LIST' STYLING PRODUCTS
40-150 ML, 30-241 G
21705571_EA/21704376_EA

\$23

LIMIT 4 OVER LIMIT PAY 24.99 EA

PEPCID TABLETS 50/60'S OR IMODIUM 20/24'S TABLETS, CAPLETS OR LIQUI-GELS
SELECTED VARIETIES AND SIZES
20297600002_EA/21543953_EA

Optimum

Get **5,000 pts**
\$5 back in points

When you spend \$25*

TYLENOL PAIN, CHILD OR COUGH AND COLD
SELECTED VARIETIES AND SIZES
20218432001_EA/20129494001_EA

\$19

LIMIT 4 OVER LIMIT PAY 19.99 EA

DEPEND OR POISE PADS OR UNDERWEAR
SELECTED VARIETIES AND SIZES
21370989_EA/21301866_EA

UP TO **20% OFF**
16.79-21.99 AFTER SAVINGS

OLLY VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES, 25-90'S
21286195_EA/21286270_EA

UP TO **20% OFF**
11.44-23.59 AFTER SAVINGS

ONE A DAY MULTIVITAMINS 60-130'S OR EMERGEN-C 18-45'S VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES
21595925_EA/21513094_EA

12.50

LIMIT 4 OVER LIMIT PAY 14.49 EA

BOOST READY TO DRINK SHAKES
SELECTED VARIETIES AND SIZES
20986361_C06/20990880_C06



VALUE THAT MAKES YOU GO GAGA



\$2

HUGGIES 1X BABY WIPES
 SELECTED VARIETIES, 56-64'S
 20557596_EA/21084208_EA

LIMIT 6
OVER LIMIT PAY
3.99 EA



2/\$6

OR 3.49 EA

LITTLE BELLIES PICK-ME STICKS
 SELECTED VARIETIES, 16 G
 21540211_EA/21540212_EA



7+ MONTHS

2/\$6

OR 3.49 EA

GERBER LIL ENTREÉE MEALS OR ARROWROOT BISCUITS
 SELECTED VARIETIES, 155-192 G
 20315345002_EA/20720679_EA



12+ MONTHS

\$50

ENFAMIL A+ NEUROPRO OR GENTLEASE BABY FORMULA POWDER TUBS
 SELECTED VARIETIES
 0-12 MONTHS, 553/587 G
 21589117_EA/21589230_EA

LIMIT 4
OVER LIMIT PAY
55.99 EA



\$29

SIMILAC GO & GROW STEP 3 TODDLER ADVANCED FORMULATION
 SELECTED VARIETIES,
 12-36 MONTHS, 850 G
 21702816_EA

LIMIT 4
OVER LIMIT PAY
32.99 EA



65⁵⁰

ENFAMIL A+ NEUROPRO OR GENTLEASE BABY FORMULA POWDER REFILL
 SELECTED VARIETIES
 0-12 MONTHS, 862/890 G
 21589079_EA/21589205_EA

LIMIT 4
OVER LIMIT PAY
72.99 EA



Members Price*

24⁸⁸

Non-Members

34⁸⁸

Members Save \$10

KIDDICARE ECONO PACK DIAPERS
 SELECTED VARIETIES AND SIZES
 21726552_EA/21726965_EA



\$37

HUGGIES PULL-UPS OR PAMPERS EASY UPS TRAINING PANTS
 SELECTED VARIETIES
 SIZES 2T-7T, 58-112'S
 21021427_EA/21371336_EA

LIMIT 4
OVER LIMIT PAY
43.99 EA



\$13

PC SLEEPOVERS NIGHTTIME UNDERWEAR
 SELECTED VARIETIES
 SIZES S-XL, 20/26'S
 20972894_EA/20973260_EA

LIMIT 4
OVER LIMIT PAY
14.99 EA



\$26

PAMPERS 12X BABY WIPES
 SELECTED VARIETIES, 1008'S
 21719427_EA

LIMIT 4
OVER LIMIT PAY
29.99 EA



\$45

PAMPERS SWADDLERS OR CRUISERS 360° ULTRA VALUE PACK DIAPERS
 SELECTED VARIETIES
 SIZES 2-8, 88-192'S
 21719338_EA/21732683_EA

LIMIT 4
OVER LIMIT PAY
52.99 EA



\$27

GOODNITES OR PAMPERS NINJAMAS NIGHTTIME UNDERWEAR
 SELECTED VARIETIES
 SIZES XS-XXL, 24-44'S
 20963841_EA/21308932_EA

LIMIT 4
OVER LIMIT PAY
31.99 EA



\$6

JOHNSON'S AND JOHNSON'S BABY NEEDS
 SELECTED VARIETIES, 400 ML
 21112357_EA/21663361_EA

LIMIT 4
OVER LIMIT PAY
6.79 EA



UPTO 20% OFF

4.29-19.99 AFTER SAVINGS

SUDOCREM, PENATEN, ZINCOFAX, BABY BUTZ, DESITIN OR VASELINE PETROLEUM JELLY BABY NEEDS
 SELECTED VARIETIES AND SIZES
 20184304001_EA/20800281_EA



5/\$9

OR 1.99 EA

LOVE CHILD ORGANICS BABY FOOD POUCHES
 128 ML OR LOVED DUCKS PUFFED SNACKS 30 G
 SELECTED VARIETIES
 20944496_EA/20944660_EA



6+ MONTHS

Subscribe & Earn up to

20% back in pts

on baby essentials*



Express

Subscribe online

Schedule your frequency

Earn 20% in points on diapers or 15% on other baby products*

Comfort Starts with Huggies®



**HUGGIES
2 PIECE SET
PINK**
F6GB075945

\$22



\$22

**HUGGIES TEXTURED
BEAR TERRY COZY
PANT SET**
LIGHT SAND
F5GB070144



Up to **100%**
leak-free
protection

**LIMIT 4
\$35**

OVER LIMIT PAY 41.99 EA

**HUGGIES ECONO
PACK DIAPERS**
SIZE N-7, 60-200'S
SELECTED VARIETIES
21579452_EA/21456748_EA



Designed for
**babies on
the move**



Made with **99%**
purified
water

**LIMIT 4
\$24**

OVER LIMIT PAY 29.99 EA

**HUGGIES 16X
BABY WIPES**
SELECTED VARIETIES, 960-1152'S
21541191_EA

**LIMIT 4
\$27**

OVER LIMIT PAY 32.99 EA

**HUGGIES PULL UPS
CLUB PACK
TRAINING PANTS**
SELECTED VARIETIES, 28-74'S
20952214_EA/20952312_EA



Get
2,000
pts

\$2
back in
points



Helps kids learn **wet** from **dry**

SHOP HOME FOR LESS

\$180

LIMIT 3
OVER LIMIT PAY
220.00 EA

**NINJA DUALBREW
HOT & ICED
COFFEE MAKER**
21637276_EA



UP TO
20% OFF
23.09-99.00 AFTER SAVINGS

**FOOD SAVER VACUUM
SEALER OR ROLLS**
SELECTED VARIETIES
21517041_EA/21633826_EA



FROM
\$9
9.00-59.00

**EVERYDAY ESSENTIALS™
COOKWARE**
SELECTED VARIETIES
21345662_EA/21345884_EA
21425509_EA



FROM
\$7
7.00-18.00

**EVERYDAY ESSENTIALS™
METAL BAKEWARE**
SELECTED VARIETIES
20756778_EA/21485407_EA



UP TO
25% OFF
15.00-37.00 AFTER SAVINGS

BRITA WATER FILTER PITCHERS
SELECTED VARIETIES
21439378_EA/21524885_EA



2.50

LIMIT 4
OVER LIMIT PAY
2.99 EA

**NO NAME™
BIRCH CUTLERY**
SELECTED VARIETIES, 30'S
21707041_EA/21707053_EA

no name®
sans nom®
birch forks
fourchettes
en bouleau



no name®
sans nom®
birch cutlery set
couverts
en bouleau



**ALWAYS
LOW PRICE**

\$5.50

**EVERYDAY ESSENTIALS™
JUMBO PILLOW**
21667755_EA



\$12

**LIFE AT HOME™
8 HOUR TEALIGHTS**
21469593_EA



**ALWAYS
LOW PRICE**

\$7

**EVERYDAY ESSENTIALS™
COAT OR CLOTH HANGERS**
SELECTED VARIETIES
20985822_EA/20985841_EA



\$11*

LIMIT 4
OVER LIMIT PAY
14.00* EA

**DURACELL COPPERTOP AAB OR AAA4
ALKALINE BATTERIES**
SELECTED VARIETIES
21696078_EA/21696237_EA
*CUSTOMER IS RESPONSIBLE FOR THE PAYMENT OF ANY APPLICABLE
MUNICIPAL AND/OR PROVINCIAL DEPOSIT OR PRODUCT/
PACKAGING RECYCLING FEE THAT MAY APPLY.



* Please note that not all items are available in all stores.



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PC® Gadgets & Bowls

Bake better with our great selection of PC® gadgets and PC® Bowls! Soft grip handles, non-stick silicone and convenient stacking or nesting make baking easier!

Up to
20% OFF

5.00-27.00 AFTER SAVINGS
**PC® BAKING GADGETS
OR BOWLS**
SELECTED VARIETIES
21345433_EA/21345442_EA/21345405_EA
21345445_EA/21412119_EA/21345385_EA
21345430_EA/21345441_EA
21355654_EA



NON STICK

For all your baking needs, find more in store



20982903_EA

SPOUT & HANDLE FOR EASY POURING



21393987_EA

DURABLE STAINLESS STEEL & DISHWASHER SAFE



21391405_EA

LIDS INCLUDED

* Please note that not all items are available in all stores.

DEAL DROPS FOR FALL

Make the most out of everything the season has to offer, for less.



Optimum™

Members Price™
\$29

Non-Members
\$39

Members Save
\$10

HARVEST WREATHS
SELECTED VARIETIES
21587287_EA/21718025_EA
**Must be a registered PC Optimum™ member to load and get this offer.



\$19

HARVEST HOME DÉCOR
SELECTED VARIETIES
21720757_EA/21721071_EA



\$25

LIMIT 2
OVER LIMIT PAY
29.00 EA

HARVEST GARLAND
SELECTED VARIETIES, 6'
21719162_EA



\$19

HARVEST DÉCOR PILLOWS
SELECTED VARIETIES
21717760_EA/21717797_EA



UP TO
20% OFF
2.00-31.50 AFTER SAVINGS

HARVEST DÉCOR PUMPKINS
SELECTED VARIETIES
21665248_EA/21665940_EA/21717862_EA



\$14

HARVEST CRACKERS
SELECTED VARIETIES, 8'S
21717023_EA/21717024_EA



FROM
\$3
3.00-25.00

HALLOWEEN SKULL & BONES
SELECTED VARIETIES
21591759_EA/21591831_EA



FROM
\$29
29.00-139.00

HALLOWEEN INFLATABLES
SELECTED VARIETIES
21727031_EA/21727392_EA



Buy 1, Get 1

50% OFF

HALLOWEEN DECOR OR PUMPKINS

SELECTED VARIETIES
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE

2.50-39.00

21664817_EA/21667594_EA/21667623_EA
21576581_EA/21576582_EA



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20% off

Children's Footwear*

Regular Price Only
Excludes Brands
Ends September 16



NOW
\$15.20
REG. \$19

Men's Slip-On
Rain Clogs



NOW
\$27.20
REG. \$34

Women's Mary
Jane Flats



NOW
\$31.20
REG. \$39

Women's Cozy
Mules



NOW
\$35.20
REG. \$44

Women's Block
Heel Pumps

Excludes Clearance & Brands
Ends September 16

20% off

Adult Footwear*



20% off

Women's Active Leggings & Sports Bras*



NOW
\$19.20
REG. \$24

Women's Medium Impact
Sports Bra



NOW
\$19.20
REG. \$24

Women's High Impact
Sports Bra



NOW
\$23.20
REG. \$29

Women's Active
Balance Legging



NOW
\$23.20
REG. \$29

Women's Active Balance
7/8 Legging

Excludes Clearance & Brands
Ends September 16

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BRAND

LONDON FOG

— EST. 1923 —



79⁹⁹

LONDON FOG
TRENCH COAT

59⁹⁹

LONDON FOG
CROPPED
TRENCH COAT

NVLT

Novelti
CLASSICS

34⁹⁹

NOVELTI CLASSICS
FLORAL SWEATER

34⁹⁹

NOVELTI CLASSICS
STRIPED SWEATER

49⁹⁹

NVLT QUILTED
COAT

NEW KIDS STYLES!

Bluey

29⁹⁹

TODDLER GIRLS'
BLUEY ZIP-UP HOODIE

MINECRAFT

29⁹⁹

TODDLER BOYS'
MINECRAFT ZIP-UP
HOODIE

Even More Online & In-Store

SHOP NOW



LIMIT 4
5⁹⁹
OVER LIMIT PAY 7.29 EA
Pure Leaf iced tea
(6x340mL, selected varieties)
21723172_EA/21723173_EA



LIMIT 4
3⁴⁹
OVER LIMIT PAY 4.99 EA
PepsiCo Beverages
(6x222mL, selected varieties)
2085756000_EA/21703960_EA



LIMIT 4
3⁴⁹
OVER LIMIT PAY 4.99 EA
bubly™ Sparkling Water Beverage
(6x222mL, selected varieties)
21773411_EA/21773099_EA



LIMIT 4
\$3
OVER LIMIT PAY 4.49 EA
Starbucks® Frappuccino® Coffee Drink
(405-444mL, selected varieties)
20962689_EA/20960837_EA



\$3
Alani Nu Energy Drink/ CELSIUS® Energy Drink
(355mL, selected varieties)
21648842_EA/21570486_EA



6⁵⁰
Gatorade Perform® Sports Drink
(8x355mL, selected varieties)
21164101_EA/21164102_EA

SNACK SIZE TREATS. BIG SMILES.

LIMIT 6
\$14
OVER LIMIT PAY 16.00 EA
KitKat Spooky Break
40's, 328 g
21615127_EA

LIMIT 6
\$23
OVER LIMIT PAY 27.00 EA
Nestlé assorted mini bars
120's, 117 kg
20990703_EA

LIMIT 6
\$15
OVER LIMIT PAY 18.00 EA
Nestlé Turtles
300/350g
2020386_EA/2066106_EA

2/\$5
OR 3.29 EA
Nestlé snack size
selected varieties, 8's
21648546_EA

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Freybe

\$10
PEPPERONI STICKS
selected varieties 500g
20322436_EA

\$12
LYONER SAUSAGE
selected varieties 1kg
20097889_EA/20892688_EA

\$19
SALAMI CHUBS
selected varieties 500g
21551910_EA
21552014_EA/21553365_EA

\$19
EUROPEAN WIENERS
selected varieties 900g
21552782_EA

BACK TO SCHOOL STARTS WITH FRESH FLAVOUR

\$4
Traditional Hummus 260g
20501132_EA

\$7
Roasted Red Pepper Humm! 482g
20872597_EA

TO INFINITY... AND BACK TO SCHOOL

3⁵⁰
Go Go Squeeze or Homestyle Bowls
selected varieties, 4'S
20322697002_EA

LIMIT 4
\$4
OVER LIMIT PAY 5.29 EA
Babybel 6 piece, 120g
20574332_EA

LIMIT 4
\$3
OVER LIMIT PAY 4.29 EA
Cheese Dippers 4 pack, 140g
21201454_EA

LIMIT 4
3⁵⁰
OVER LIMIT PAY 6.49 EA
Kiri 8 piece, 144g
20575221_EA

KEEP THE GRILL FIRED UP ALL SCHOOL YEAR!

Maple Lodge Farms ULTIMATE™
Original & Spicy Frankfurters (900g)
20671791_EA/21023278_EA

Zabiha Halal
Juicy & Spicy Supreme Frankfurters (900g)
21023379_EA/20911445_EA

5⁹⁹

Maple Lodge Farms
Original Wiener (450g)
20062715_EA

Zabiha Halal
Original Chicken Wiener (450g) & Chicken Bologna (375g)
20006571_EA/20088355_EA

1⁹⁹

Zabiha Halal
Cooked & Smoked Chicken Breast Roast (200g)
20911611_EA/20911558_EA

3⁹⁹

Maple Lodge Farms ULTIMATE™
Mild & Spicy Italian Dinner Sausage (500g) & Original & Maple Breakfast Sausage (375g)
21378310_EA/21378346_EA
21539969_EA/21539970_EA

6⁵⁰

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Don't forget to load your offers on your PC Optimum™ app!

Load your exclusive offers on the app before shopping to get more points.

10,501
points, redeem for \$10

Your weekly offers

- 300 points**
For every \$1 spent on Neilson 2% Milk
Add to list
- 800 points**
Olay Micro-Sculpting Cream, Face Moisturizer
Add to list
- 200 points**
The Decadent Chocolate

10,000 pts
is \$10 in FREE stuff

Powered by Gravity™ Core

New!

fresh. dry. protected.

Optimum

Get 2,000 pts

\$2 back in points

U by Kotex Liners 80-129's, Pads 24-44's or Tampons 30/32 selected varieties 21724556_EA

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L.

Period care is GENTLE & POWERFUL

Optimum

Get 5,000 pts

\$5 back in points

For every \$20* spent

L. liners, pads or tampons selected varieties and sizes 21364656_EA/21661753_EA 21661783_EA/21731989_EA

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WHATEVER YOUR DAY THROWS AT YOU. RELIEF THAT SHOWS UP.

CONSTIPATION RELIEF

PAIN RELIEF

ALLERGY RELIEF

UPTO 15% OFF

9.50-27.00 AFTER SAVINGS

DULCOLAX, ALLEGRA, NASACORT OR ICY HOT PRODUCT

SELECTED VARIETIES AND SIZES

21435348_EA/21361052_EA/21392653_EA 20154052001_EA/21366621_EA/21724970_EA/21724997_EA

Opella.

Always read and follow the label.

MAT-CA-2020033 V1 0 120208

HALEON

STAY ONE STEP AHEAD THIS COLD & FLU SEASON.

Discover the right relief for your entire family.

UPTO 20% OFF

8.79-12.79 AFTER SAVINGS

NEOCITRAN, ADVIL PAIN OR ADVIL PEDS

SELECTED VARIETIES AND SIZES

FLU

CHILDREN'S FEVER & PAIN

MULTI-SYMPTOM RELIEF

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after 2 months of service

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NEW Weight Management Program*

Get started at pchealth.ca/weight

*Program available in select provinces.



**AD
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We match prices* so you can just shop

Every week, we actively check our major competitors' flyers and match the price on hundreds of items.

Look for the Ad Match message in store for the items we've actively matched. Plus, we'll match any major competitor's flyer item if you show us!

Since we Ad Match, we may not have sold at the After Limit price (and may not in the future).

*We match prices applies only to our major supermarket competitors' flyer items. Major supermarket competitors are determined solely by us based on a number of factors which can vary by store location. We will match the competitor's advertised price only during the effective date of the competitor's flyer advertisement. WE RESERVE THE RIGHT TO LIMIT QUANTITIES (note that our major supermarket competitors may not). Due to the fact that product is ordered prior to the time of our Ad Match checks, quantities may be limited. We match identical items (defined as same brand, size, and attributes) and in the case of fresh produce, meat, seafood and bakery, we match a comparable item (as determined solely by us). **We will not match:** competitor's private label offers on non-identical items, "spend x get x", "Free", "Clearance", discounts or coupons obtained through loyalty programs including PC Optimum™, PC Optimum Member Only Pricing, participating items under the Save it Forward™ program timeframe, or offers related to our third party operations (post office, gas bars, dry cleaners etc.). We reserve the right to cancel or change the terms of this program at any time.