Weekly Sales

All Frozen Pizza, On Sale 25% off *

Fill your freezer with your favourite toppings while they're on sale.

Valid 10/14 - 11/03.



This Week's Top Sales at Cambie Change store

Valid 10/21 - 10/27 SALE



Product of Canada
Organic Lean Ground Beef, 400 g*
$14.99 ea ~~$17.99 ea~~

Valid 10/21 - 10/27 SALE



Medium Avocados*
2 for $3 ~~$2.19 ea~~

Valid 10/21 - 10/27 SALE



Sustainable, Wild Caught
Sockeye Salmon Fillet*
$24.99/lb ~~$29.99/lb~~

Valid 10/21 - 10/27 SALE



Organic
Fuji Apples*
$2.99/lb ~~$3.99/lb~~

Green Bowl Lentil and Barley Fibre Pot, 250 g, On Sale 51% off *

Reg. $7.49 ea

Valid 10/21-10/27. SALE



Valid 10/21 - 10/27 SALE



Four O' Clock
Organic Caffeine Free Rooibos Tea, 16 ct*
50% off ~~$6.99 ea~~

Valid 10/21 - 10/27 SALE



Rise
Organic Kombucha, 1 L*
$6.74 ea ~~$8.99 ea~~

Valid 10/21 - 10/27 SALE



Love Good Protein
Sea Salt & Almond Protein Bar, 40 g*
$2.24 ea ~~$2.99 ea~~

Valid 10/21 - 10/27 SALE



Maison Orphée
Organic Delicate Extra Virgin Olive Oil, 750 ml*
$22.49 ea ~~$29.99 ea~~

SALE

Thomas Reid Farms Organic Boneless Skinless Chicken Thigh, On Sale $13.29/lb*

Reg. $15.99/lb

Valid 10/21 - 10/27.



SALE

Organic Winter Squash, On Sale $1.99/lb*

Reg. $2.49/lb

Valid 10/21 - 10/27.



Valid 10/21 - 10/27 SALE



Diana's Seafood
Miso-Glazed Sablefish, 340 g*
$17.99 ea ~~$21.99 ea~~

Valid 10/21 - 10/27 SALE



Diana's Seafood
Mediterranean Sea Bass, 315 g*
$13.99 ea ~~$16.99 ea~~

Valid 10/21 - 10/27 SALE



Responsibly Farmed
Peeled and Deveined Shrimp, 26/30 ct*
$15.99/lb ~~$18.99/lb~~

Valid 10/21 - 10/27 SALE



Apetina
Cow Milk Feta*
$3.19/100 g ~~$3.99/100 g~~

Valid 10/21-10/27. SALE

Hummingbird Milk Chocolate Peanut Butter Cups, 2 pk, On Sale $3.99 ea
*

Reg. $4.99 ea



Valid 10/21 - 10/27



Organic

Bagged Lemons, 907 g*

$5.99 ea ~~$7.49 ea~~

Valid 10/21 - 10/27



Whole Foods Market

Mini Croissant Multipacks*

15% off Regular prices vary

Valid 10/21 - 10/27



Whole Foods Market

Apple Brown Butter Cookies, 4 or 18 pk*

15% off Regular prices vary

Valid 10/21 - 10/27



Kefirkult

Coconut Yogurt Kefir, 630 g*

50% off ~~$19.99 ea~~

Whole Foods Market Greek Tortellini Salad, On Sale 15% off*

Regular prices vary

Valid 10/21 - 10/27.



Whole Foods Market Family Salads, On Sale 15% off*

Regular prices vary

Valid 10/21 - 10/27.



Valid 10/21 - 10/27



LesserEvil

Organic Himalayan Pink Salt Popcorn, 130 g*

$4.87 ea ~~$6.49 ea~~

Valid 10/21 - 10/27



Koyo

Lemongrass Ginger Ramen, 60 g*

$1.91 ea ~~$2.39 ea~~

Valid 10/21 - 10/27



Bubbies

Kosher Dill Pickles, 1 L*

$9.74 ea ~~$12.99 ea~~

Valid 10/21 - 10/27



Strong Roots

Sweet Potato Fries, 425 g*

$5.59 ea ~~$6.99 ea~~

Eden Organic Cannellini Beans, 398 ml, On Sale $3.19 ea*

Reg. $3.99 ea

Valid 10/21 - 10/27.



Valid 10/21 - 10/27



Natural Calm

Magnesium Supplements*

25% off Regular prices vary

Valid 10/21 - 10/27



joni

Period Care*

20% off Regular prices vary

Valid 10/21 - 10/27



Beekeepers

Wellness Wands*

20% off Regular prices vary

*Disclaimer: All Frozen Pizza: Valid 10/14–11/3/26. Canada and in store only. Excludes Prepared Foods pizza, Last Chance frozen pizza items and pizza dough. Product of Canada Organic Lean Ground Beef, 400 g: Canada and in store only. Medium Avocados: Canada and in store only. Sustainable, Wild Caught Sockeye Salmon Fillet: Previously frozen. Canada and in store only. Organic Fuji Apples: Canada and in store only. Green Bowl Lentil and Barley Fibre Pot, 250 g: Canada and in store only. Four O' Clock Organic Caffeine Free Rooibos Tea, 16 ct: Canada and in store only. Rise Organic Kombucha, 1 L: Canada and in store only. Love Good Protein Sea Salt & Almond Protein Bar, 40 g: Canada and in store only. Maison Orphée Organic Delicate Extra Virgin Olive Oil, 750 ml: Canada and in store only. Thomas Reid Farms Organic Boneless Skinless Chicken Thigh: Canada and in store only. Organic Winter Squash: Canada and in store only. Diana's Seafood Miso-Glazed Sablefish, 340 g: Canada and in store only. Diana's Seafood Mediterranean Sea Bass, 315 g: Canada and in store only. Responsibly Farmed Peeled and Deveined Shrimp, 26/30 ct: Previously frozen. Canada and in store only. Apetina Cow Milk Feta: Canada and in store only. Hummingbird Milk Chocolate Peanut Butter Cups, 2 pk: Canada and in store only. Organic Bagged Lemons, 907 g: Canada and in store only. Whole Foods Market Mini Croissant Multipacks: Canada and in store only. Whole Foods Market Apple Brown Butter Cookies, 4 or 18 pk: Canada and in store only. Kefirkult Coconut Yogurt Kefir, 630 g: Canada and in store only. Whole Foods Market Greek Tortellini Salad: Canada and in store only. Whole Foods Market Family Salads: Canada and in store only. LesserEvil Organic Himalayan Pink Salt Popcorn, 130 g: Canada and in store only. Koyo Lemongrass Ginger Ramen, 60 g: Canada and in store only. Bubbies Kosher Dill Pickles, 1 L: Canada and in store only. Strong Roots Sweet Potato Fries, 425 g: Canada and in store only. Eden Organic Cannellini Beans, 398 ml: Canada and in store only. Natural Calm Magnesium Supplements: Canada and in store only. joni Period Care: Canada and in store only. Beekeepers Wellness Wands: Canada and in store only.
Select sales may be in-store only. Offer varies based on location and location type. While supplies last. Some quantity limits apply. Quantities limited. No rain checks except where required by law.

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